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#### **BACKGROUND**

General dentists, specialty dentists, and dual degree practitioners who possess both a dental, Doctor of Osteopathic Medicine (DO) and medical, Doctor of Medicine (MD) licenses, may provide a variety of covered dental services in accordance with their license and the West Virginia State Code Chapter 30, <a href="Article 4">Article 4</a> and <a href="Article 4">Article 4A</a>. Coverage decisions are based upon the member's age, medical necessity, and the member's need. Services may be provided in a practitioner's office, ambulatory surgical center, and outpatient or inpatient hospital setting. Please refer to <a href="Chapter 522 Federally Qualified Health Center">Chapter 522 Federally Qualified Health Center</a> (FQHC) and Rural Health Clinic (RHC) Services for additional information on provision of dental services within the FQHC or RHC.

#### **POLICY**

#### 505.1 COVERED SERVICES

Medicaid members under 21 years of age are eligible for covered diagnostic, preventive, restorative, periodontic, prosthodontics, maxillofacial prosthetics, oral and maxillofacial surgery, and orthodontics. Dental periodic screenings are based on the recommended guidelines set forth by the American Academy of Pediatric Dentistry (AAPD) and Bright Futures. Prior authorization may be required for specific services and when service limits are exceeded.

Orthodontic services for members under 21 years of age must be medically necessary and requires prior authorization before services are provided. Clinical documentation to include a treatment plan of care, radiograph results, and photographs must be available to the Utilization Management Contractor (UMC) for prior authorization review and final determination of approval. One treatment of comprehensive orthodontia procedure codes per lifetime per member is covered. See <u>Chapter 505</u>, <u>Appendix A Covered Dental Orthodontics and Oral Health Services – Children Under Age 21</u>. If more than one comprehensive orthodontic procedure code is billed, the claim will deny.

Orthognathic surgical procedures with orthodontic treatment is covered beyond 21 years of age if the needed surgery is documented in the original orthodontic plan of care and request and the service began prior to the 21<sup>st</sup> birthday. Orthodontic services require prior authorization from the UMC regardless of primary insurance.

Covered dental services for enrolled adults 21 years of age and older are divided into two levels of service:1) emergent procedures to treat fractures, reduce pain, or eliminate infection and 2) diagnostic, preventative, and restorative services. Prior authorization may be required for specific emergent services and when service limits are exceeded. See <a href="Chapter 505">Chapter 505</a>, <a href="Appendix B Covered Emergent Oral Health Services For Adults Age 21 And Older">And Older</a> for more information. Beginning January 1, 2021, services classified as diagnostic, preventative, and restorative in nature will require authorization prior to services being rendered and have a coverage limit of \$1,000 per member per calendar year. Members are responsible for payment of service cost exceeding the \$1,000 yearly limit. See <a href="Chapter 505">Chapter 505</a>, <a href="Appendix C Covered Preventative And Restorative Services For Adults Age 21 And Older">Covered Preventative And Restorative Services For Adults Age 21 And Older</a> for covered services and prior authorization requirements. Remaining balances at the end of the year CANNOT be carried over to the following year. Services classified as cosmetic in nature are not covered for adults over the age of 21.





# 505.2 PRACTITIONER ENROLLMENT AND PARTICIPATION REQUIREMENTS

West Virginia Medicaid recognizes Doctor of Dental Surgery (DDS), Doctor of Dental Medicine (DDM), and Doctor of Oral Maxillofacial Surgery (OMS) as eligible practitioners to provide general dental, orthodontic, and oral and maxillofacial surgery services to enrolled Medicaid members. See <u>Chapter 300</u>, <u>Provider Participation Requirements</u> for additional information.

## 505.3 DENTAL HYGIENIST/DENTAL ASSISTANT

Enrolled and licensed dental providers may assign intra-oral tasks to employed dental hygienists or dental assistants. Refer to <a href="West Virginia State Code §30-4-11">West Virginia State Code §30-4-11</a> for dental hygienists and dental assistants scope of practice. Dental hygienists and dental assistants are not eligible to enroll individually as a Medicaid provider or receive direct reimbursement for services rendered. Services are to be billed under the dentist's national provider identifier (NPI). Please refer to <a href="Chapter 522 Federally Qualified Health Center (FQHC)">Chapter 522 Federally Qualified Health Center (FQHC)</a> and <a href="Rural Health Clinic (RHC)">Rural Health Clinic (RHC)</a> for additional information on provision of dental services within the FQHC or RHC by the dental hygienist/dental assistant.

#### 505.4 ANESTHESIA

Anesthesia in the form of general anesthesia, conscious sedation, or anxiolysis is covered when basic behavior guidance techniques have not been successful, or for members who cannot cooperate due to lack of psychological or emotional maturity and/or mental, physical, or medical disability. In addition, it may be required for members where the use of sedation may protect the developing psyche and/or reduce medical risk. Anesthesia is only covered when performed in collaboration with other covered services.

No dentist may induce central nervous system anesthesia without first having obtained an anesthesia permit and/or certificate from the West Virginia Board of Dental Examiners or from the State Board of Dental Examiners in the state in which they practice for the level of anesthesia being used. Local anesthesia and oral sedation are considered part of the treatment procedures and may not be billed separately.

#### 505.5 FLUORIDE VARNISH SERVICES BY PRIMARY CARE PRACTITIONERS

The Bureau for Medical Services (BMS) reimburses enrolled primary care providers for fluoride varnish application to members under 21 years of age. The application of the fluoride varnish should include communication with and counseling of the child's caregiver, including a referral to a dentist.

BMS recognizes the following types of primary care providers to be eligible for payment of this service:

- Pediatrician
- General and Family Practice Doctor
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA)

The BMS allows coverage of four fluoride varnish applications per calendar year. Two may be performed by a dental provider and two may be performed by a non-dental provider as specified above. The

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applications performed by non-dental providers must be provided and billed in conjunction with a comprehensive well child exam, using the appropriate Current Procedural Terminology (CPT) code. The applications performed by a dental provider may be reimbursed during dental visit using the appropriate Current Dental Terminology (CDT) code. Billing both CPT and CDT procedure codes for the same procedure on the same date of service is prohibited and monies will be recouped by the BMS.

**Note**: CPT codes must be billed on the Centers for Medicare and Medicaid Services (CMS) CMS-1500 claim form or an 837 electronic claim format with the rendering provider's NPI. CDT codes must be billed on the current American Dental Association (ADA) claim form or an 837 electronic format with the rendering dental provider's NPI.

## 505.6 EARLY AND PERIODIC SCREENING, DIAGNOSIS, AND TREATMENT

West Virginia Medicaid's Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) program offers screenings and other preventive health services at regularly scheduled intervals to Medicaid members less than 21 years of age. These services target early detection of disease and illness to correct or ameliorate a physical or mental condition, and provide referral of members for necessary diagnostic and treatment services. Based on medical necessity, prior authorization is required when service limits are exceeded.

Dental screenings are covered for members under the age of 21 years per the recommended guidelines set forth by the AAPD and Bright Futures. Refer to <a href="https://www.aapd.org">www.aapd.org</a> for the AAPD periodicity schedule.

See West Virginia Healthcheck for detailed information regarding EPSDT.

#### 505.7 RESIDENTIAL SERVICES

Any service required by a member in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) or Psychiatric Residential Treatment Facility (PRTF) is reimbursed as an all-inclusive rate. However, if the ICF/IID or PRTF does not provide the required dental service(s) on-site, a written agreement between the ICF/IID or PRTF and an outside source must be developed and implemented to provide these services. The ICF/IID or PRTF is responsible for reimbursement of dental services to the provider. Services provided by outside source(s) are included in the ICF/IID or PRTF rate and must not be billed separately. Refer to Chapter 511, Intermediate Care Facilities for Individuals with Intellectual Disabilities or Chapter 531, Psychiatric Residential Treatment Facility Services for more information.

Dental services required in a nursing facility by the member must meet the requirements of this Chapter. Please refer also to *Chapter 514*, *Nursing Facility Services*.

#### 505.8 PRIOR AUTHORIZATION

Medical necessity review criteria may be based on adaptations of dental standards developed by the Periodicity and Anticipatory Guidance Recommendations by the AAPD, the American Academy of Pediatrics (AAP), the ADA, research-based, nationally accredited medical appropriateness criteria, OR other appropriate criteria approved by the BMS. Prior authorization requests are available for electronic or paper submittal on the BMS' appropriate utilization management contractor's (UMC) website. Prior authorization does not guarantee approval or payment.

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If a CDT code requires prior authorization, the service requires prior authorization regardless of place of service. All inpatient hospitalizations require prior authorization by the appropriate UMC. Inpatient hospitalization shall not be reimbursed when the service could be provided in an outpatient setting. Requests for prior authorization do not guarantee approval or payment.

Refer to <u>Chapter 505, Appendix A</u> and <u>Chapter 505, Appendix B</u> for the list of covered services, specific procedure codes requiring prior authorization, and service limits.

Retrospective authorization is available by the UMC in the following circumstances:

- A procedure/service denied by the member's primary payer, providing all requirements for the primary payer have been followed, including appeal processes; or
- Retroactive Medicaid eligibility.

Refer to Chapter 100, General Administration and Information for additional information.

### 505.9 BILLING AND REIMBURSEMENT

Dual-degree practitioners, such as an MD or DO with DDS/OMS license, may bill CPT or CDT procedure codes for dental/oral maxillofacial facial services within their scope of practice. The practitioner may bill a combination of the appropriate CPT and CDT codes for the services provided. However, duplicate billing of a service or part of a service by billing CPT and CDT codes for the same service is not allowed. These practitioners are assigned both a medical and dental provider number.

Reimbursement for general and specialty dental services is based on:

- American Dental Association Survey of Dental Fees for Southern Atlantic Regional Norms;
- American Society of Anesthesiology guidelines;
- Lesser of the established fees or the provider's usual customary charge to the general public; and
- Unaltered cost invoice.

For reimbursement of Fluoride Varnish, refer to Section 505.5 of this Chapter.

Refer to <u>Chapter 100 General Administration and Information</u> and <u>Chapter 600, Reimbursement Methodologies</u> for additional information.

#### 505.10 DOCUMENTATION REQUIREMENTS

Documentation requirements for dental services include, but are not limited to:

- A referral for treatment
- The primary diagnosis and appropriate CDT code for service to be provided
- A treatment plan (Orthodontics)
- Radiographs
- Photos, when appropriate
- Dental molds, when appropriate
- Documentation to justify medical necessity
- Prior Authorization, when applicable

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• ADA claim form submitted for payment consideration, when appropriate.

In addition to documentation requirements in <u>Chapter 100 General Administration and Information</u> and <u>Chapter 300 Provider Participation Requirements</u>.

## 505.11 NON-COVERED SERVICES

Non-Covered services include, but are not limited to:

- Experimental/investigational or services for research purposes
- Removal of primary teeth whose exfoliation is imminent
- Dental services for which prior authorization has been denied or not obtained
- Dental services for the convenience of the member, the member's caretaker or the provider of service
- Procedures for cosmetic purposes
- Temporomandibular Joint (TMJ) for adults
- Anesthesia services when solely for the convenience of the member, the member's caretaker, or the provider of services (See <u>Section 505.4</u> of this Chapter)
- Local anesthesia and oral sedation are considered part of the treatment procedures and may not be billed separately
- Dental services for residents of an ICF/IID or PRTF
- Dental services for participants enrolled in the Division of Rehabilitation Services or when services are covered under a Workers Compensation plan
- Dental services provided by providers not enrolled with West Virginia Medicaid
- Use of an unlisted code when a national CDT code is available
- Unbundled CDT codes

Non-covered services are not eligible for a West Virginia Department of Health and Human Resources (DHHR) Fair Hearing or a Desk/Document review. See <u>42 § 431.220 when a hearing is required</u> for more information.

#### **GLOSSARY**

Definitions in <u>Chapter 200, Definitions and Acronyms</u> apply to all West Virginia Medicaid services, including those covered by this chapter. Definitions in this glossary are specific to this chapter.

**Abscess:** An acute or chronic localized inflammation, probably with a collection of pus, associated with tissue destruction and frequently, swelling; usually secondary to infection.

**Bicuspid:** A premolar tooth; a tooth with two cusps.

Bitewing radiograph: An interproximal radiographic view of the coronal portion of the tooth/teeth.

**Complete series:** An entire set of intra-oral radiographs usually consisting of 14 to 22 periapical and posterior bitewing images intended to display the crowns and roots of all teeth, periapical areas, and alveolar bone.

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**Comprehensive Orthodontic Treatment:** A phrase indicating multiple phases of treatment provided at different stages of dentofacial development.

**Cosmetic Services:** Dental work that improves the appearance of the teeth, gums, or bite, including, but not limited to, inlays or unlays, composite bonding, dental veneers, teeth whitening, or braces.

#### Crown:

- An abutment (artificial crown serving for the retention or support of a dental prosthesis);
- Anatomical (that portion of tooth normally covered by, and including, enamel);
- Artificial (restoration covering or replacing the major part, or the whole of the clinical crown of a tooth); and
- Clinical (that portion of a tooth not covered by tissues).

**Current Dental Terminology (CDT):** A listing of procedure codes and descriptive terms published by the American Dental Association (ADA) for reporting dental services and procedures.

**Current Procedural Terminology (CPT):** A listing of descriptive terms and identifying codes developed by the American Medical Association (AMA) for reporting practitioner services and procedures to medical plans and Medicare.

**Cuspid:** A single cusped tooth located between the incisors and bicuspids.

**Dentition:** The teeth in the dental arch:

- Adolescent (refers to the stage of permanent dentition prior to cessation of growth)
- Deciduous (refers to the deciduous or primary teeth in the dental arch)
- Permanent (adult, refers to the permanent teeth in the dental arch)
- Transitional (refers to a mixed dentition; begins with the appearance of the permanent first molars and ends with the exfoliation of the deciduous teeth)

**Dental Assistant:** An individual qualified by education, training, and experience who assists a dentist in the delivery of patient care in accordance with delegated procedures or who may perform intra-oral tasks in the dental office. No occupational title other than dental assistant shall be used to describe this individual.

**Dental Auxiliary Personnel:** Dental hygienists and dental assistants who assist the dentist in the provision of oral health care services to patients.

**Dental Hygienist:** A person licensed by the West Virginia Board of Dental Examiners who provides preventive oral health care services to patients in the dental office and in a public health setting. No occupational title other than dental hygienist may be used to describe this individual. State dental regulations determine dental hygienist duties.

Dentures: An artificial substitute for some or all of the natural teeth and adjacent tissues:

 Complete: A prosthetic for the edentulous maxillary or mandibular arch, replacing the full dentition.





- Fixed partial: A prosthetic replacement of one or more missing teeth cemented or otherwise attached to the abutment teeth.
- Removable partial: A removable prosthetic device that replaces missing teeth.

**Diagnostic and Preventative Services:** Dental work that maintains good oral health and includes oral evaluations, routine cleanings, x-rays, fluoride treatments, fillings, and extractions.

**Direct Supervision:** Supervision of dental auxiliary personnel provided by a licensed dentist who is physically present in the dental office or treatment facility when procedures are being performed.

**Emergent Oral Health Procedures:** Covered services provided as quickly as the situation warrants necessary to relieve pain, eliminate infection, or reduce fractures.

**Endodontist:** A dental specialist who limits his/her practice to treating disease and injuries of the pulp and associated periradicular conditions.

**Extraction:** The process or act of removing a tooth or tooth parts.

**Fracture:** The breaking of a part, especially of a bony structure; breaking of a tooth.

**General Dentist:** A dentist who is not considered a specialist and can perform examinations, evaluations, diagnosing of diseases, disorder and conditions of the oral cavity, maxillofacial area and adjacent and associated structures. They can treat diseases, disorders and conditions of the oral cavity, maxillofacial area and the adjacent and associated structures, fabricate, repair and alter dental prosthesis, administer anesthesia in accordance with <a href="West Virginia Code Chapter 30">West Virginia Code Chapter 30</a>, <a href="Article 4a">Article 4a</a>, and prescribe drugs necessary for dentistry.

**General Supervision:** A dentist is not required to be in the office or treatment facility when procedures are being performed by the auxiliary dental personnel, but has personally diagnosed the condition to be treated, has personally authorized the procedures and will evaluate the treatment provided by the dental auxiliary personnel.

**Impacted tooth:** An unerupted or partially erupted tooth that is positioned against another tooth, bone, or soft tissue so that complete eruption is unlikely.

Malocclusion: Improper alignment of biting or chewing surfaces of upper and lower teeth:

- Class I malocclusion: The relationship of the first molars is normal and the upper and lower
  jaws are in a normal relationship to each other, but the other teeth are crowded, irregularly
  spaced, or overlapped.
- Class II malocclusion: The lower first molar is distally positioned relative to the upper first molar.
- Class III malocclusion: The lower molar mesially positioned relative to the upper molar.

**Molar:** Teeth posterior to the premolars (bicuspids) on either side of the jaw; grinding teeth, having large crowns and broad chewing surfaces.

**Occlusion:** Any contact between biting or chewing surfaces of maxillary (upper) and mandibular (lower) teeth.

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**Oral and Maxillofacial Surgeon:** A dental specialist whose practice is limited to the diagnosis, surgical and adjunctive treatment of diseases, injuries, deformities, defects and esthetic aspects of the oral and maxillofacial regions.

**Orthodontist:** A dental specialist whose practice is limited to the interception and treatment of malocclusion and other neuromuscular and skeletal abnormalities of the teeth and their surrounding structures.

**Orthognathic:** The functional relationship of maxilla and mandible.

**Pediatric Dentist (Pedodontist—old terminology):** A dental specialist whose practice is limited to treatment of children from birth through adolescence (including those with special health care needs, at any age), providing primary and comprehensive preventive and therapeutic oral healthcare.

**Periapical:** The area surrounding the end of the tooth root.

**Periodontist:** A dental specialist whose practice is limited to the treatment of diseases of the supporting and surrounding tissues of the teeth.

**Preventive dentistry:** The aspects of dentistry concerned with promoting good dental care and function by preventing or reducing the onset and/or development of oral diseases or deformities and the occurrence of orofacial injuries.

Primary: A current term used to describe the older verbiage of deciduous or baby teeth.

**Primary Dentition:** The teeth that erupt first (baby teeth) and are usually replaced by the permanent teeth.

**Prosthodontist:** A dental specialist whose practice is limited to the restoration of the natural teeth and/or the replacement of missing teeth with artificial substitutes.

**Quadrant:** One of the four equal sections into which the dental arches can be divided; begins at the midline of the arch and extends distally to the last tooth.

**Radiograph:** An image or picture produced on a radiation sensitive film emulsion or digital sensor by exposure to ionizing radiation.

**Restorative Services**: Dental work that involves tooth replacement, including, but not limited to dentures, dental implants, bridges, crowns, or corrective procedures such as root canals

**Root canal:** The portion of the pulp cavity inside the root of a tooth; the chamber within the root of the tooth that contains the pulp.

**Sealant:** A resinous material designed to be applied to the occlusal surfaces of posterior teeth to prevent occlusal caries.

Space maintainer: A passive appliance, usually cemented in place that holds teeth in position.

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**Specialty:** The practice of a certain branch of dentistry.

**Supernumerary teeth:** Extra erupted or unerupted teeth that resemble teeth of normal shape.

**Symptomatic impacted tooth:** Pain and/or infection or demonstrated malocclusion causing a shifting of existing dentition.

**Transitional Dentition:** Begins with the appearance of the permanent first molars and ends with the exfoliation of the deciduous (baby) teeth.

#### REFERENCES

West Virginia State Plan references <u>3.1-A(10)</u>, <u>3.1-B(10)</u>, <u>supplement 2 to attachments 3.1-A and 3.1-B(10)</u> Dental Services and (5) Medical and Surgical Services Provided by a Dentist and <u>4.19-B(10)</u>.

**American Dental Association** 

West Virginia Dental Association

## **CHANGE LOG**

REPLACE	TITLE	EFFECTIVE DATE
Entire Chapter	Dental, Orthodontics, and Oral Health Services	September 9, 2015
505.5	Infant and Child Oral Health Fluoride Varnish Program for Primary Care Practitioners	December 1, 2016
Entire Chapter	The title of the chapter was changed to Oral Health Services. Section 505.5 was retitled Fluoride Varnish Services by Primary Care Practitioners and changes were made to the age limit as well as updated terminology on who could apply Fluoride varnish in the Primary care setting.	October 1, 2019
Entire Chapter	505.1 Added language on the expansion of the Adult benefit coverage.  505.4 Anesthesia is only covered when performed in collaboration with other covered services.  Definitions: Added definition for Diagnostic and Preventative Services  Definitions: Added definition for Restorative services	January 1, 2021