



## Preferred Drug List Updates

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The West Virginia Pharmaceutical and Therapeutics Committee has recently approved changes to the Preferred Drug List (PDL) effective January 1, 2015. The approved changes will result in certain agents requiring a prior authorization. This newsletter addresses specific changes to the PDL that are likely to affect your clinical practice.

### **ANALGESICS, NARCOTICS LONG ACTING (NON-PARENTERAL)**

Hydromorphone ER and Xartemis™ XR (oxycodone/acetaminophen) will be considered non-preferred. The preferred agents remain fentanyl transdermal and morphine ER tablets.

PA criteria require a six (6) day trial of each of the preferred agents and a six (6) day trial of the generic formulation of a brand preferred agent, if available, with the *exception* of methadone, oxycodone ER, and oxymorphone ER, which will be authorized without a trial of preferred agents if a diagnosis of cancer is submitted.

### **ANDROGENIC AGENTS**

Testosterone gel will be non-preferred effective January 1, 2015. The non-preferred agents will be authorized only if one (1) of the exceptions on the PA form is present.

### **ANGIOTENSIN MODULATORS**

The generic ARB valsartan will be non-preferred. The brand AZOR® (olmesartan/amlodipine) will be a preferred ARB combination agent.

### **ANTI-ALLERGENS, ORAL**

GRASTEK® (timothy grass pollen allergen extract) and RAGWITEK™ (short ragweed pollen allergen extract) will be non-preferred. For specific PA criteria, you may refer to <http://www.dhhr.wv.gov/bms/Pharmacy/Pages/pac.aspx>.

### **ANTIPARASITICS, TOPICAL**

Natroba™ (spinosad) will be a preferred agent. The generic permethrin 5% cream will be a non-preferred agent.

Trials of the preferred agents, which are age and weight appropriate, are required before non-preferred agents will be authorized.

### **ANTIPSORIATICS, TOPICAL**

Calcipotriene ointment will be a preferred agent. The brand Dovonex® (calcipotriene) will be a non-preferred agent.

Thirty (30) day trials of two (2) preferred unique chemical entities are required before a non-preferred agent will be authorized.

### **ANTIPSYCHOTICS, ATYPICAL**

Brand RISPERDAL® CONSTA® (risperidone) will be a preferred agent. It should be noted that all injectable antipsychotic products require a clinical PA and will be approved on a case-by-case basis.

### **BETA BLOCKERS**

Inderal® XL (propranolol) will be a non-preferred agent.

The criteria require a 14-day trial of each of three (3) chemically distinct preferred agents, including the generic formulation of a requested non-preferred agent, before a non-preferred agent will be authorized.

### **BONE RESORPTION SUPPRESSION AND RELATED AGENTS**

The generic risedronate will be a non-preferred agent.

The criteria require a 30-day trial of alendronate, the only preferred agent.

### **COPD AGENTS**

ANORO™ ELLIPTA™ (umeclidinium/vilanterol) will be a non-preferred agent.

For specific PA criteria, you may refer to <http://www.dhhr.wv.gov/bms/Pharmacy/Pages/pac.aspx>.

### **CYTOKINE & CAM ANTAGONISTS**

Simponi® (golimumab) will be a non-preferred ANTI-TNF agent.

The criteria require a 90-day trial of each of the preferred agents, HUMIRA® and Enbrel®, before a non-preferred ANTI-TNF agent will be authorized.

Otezla® (apremilast) will be a non-preferred agent.

For specific PA criteria, you may refer to <http://www.dhhr.wv.gov/bms/Pharmacy/Pages/pac.aspx>.

### **FLUOROQUINOLONES (ORAL)**

The generic ciprofloxacin suspension will be a non-preferred agent.

A five (5) day trial of a preferred agent (CIPRO® SUSPENSION, ciprofloxacin, or levofloxacin) is required before a non-preferred agent will be authorized.

**GLUCOCORTICOIDS, INHALED**

Flovent<sup>®</sup> HFA (fluticasone), Flovent<sup>®</sup> Diskus<sup>®</sup> (fluticasone), and Pulmicort Flexhaler<sup>®</sup> (budesonide) will be non-preferred agents.

The criteria require a 30-day trial of each of the preferred agents (Asmanex<sup>®</sup>, Pulmicort RESPULES<sup>®\*</sup>, and QVAR<sup>®</sup>) before a non-preferred agent will be authorized.

\*Pulmicort RESPULES are preferred for children up to nine (9) years of age. A PA is required for children nine (9) years of age or older and for individuals unable to use an MDI. Brand Pulmicort RESPULES are preferred over the generic formulation.

**HEPATITIS B TREATMENTS**

Tyzeka<sup>®</sup> (telbivudine) will be a preferred agent.

**HYPERPARATHYROID AGENTS**

The generic paricalcitol will be a preferred agent.

ZEMPLAR<sup>®</sup> (paricalcitol) will be a non-preferred agent.

The criteria require a 30-day trial of a preferred agent before a non-preferred agent will be authorized.

**HYPOGLYCEMICS, INCRETIN MIMETICS/ENHANCERS**

There is no change to the preferred and non-preferred injectable agents. The oral agent Jentaduo<sup>®</sup> (linagliptin/metformin) will be preferred.

The following criteria changes will apply:

- All agents (preferred and non-preferred) require a previous 30-day trial of metformin.
- For concurrent insulin use, all agents will be approved in six (6) month intervals. For re-authorizations, documentation that HgBA1C levels have decreased by at least 1% or are maintained at ≤ 8% is required. HgBA1 levels submitted must be for the most recent 30-day period.

**IMMUNE GLOBULINS, IV**

Gammalex<sup>®</sup> (human immunoglobulin gamma) will be a preferred agent.

**IMMUNOMODULATORS, TOPICAL & GENITAL WART AGENTS**

Condylox<sup>®</sup> Solution (podofilox) will be a non-preferred agent.

The criteria require a 30-day trial of both preferred agents, Aldara<sup>®</sup> and Condylox<sup>®</sup> Gel, before a non-preferred agent will be authorized.

**IMMUNOSUPPRESSIVES, ORAL**

The generic sirolimus will be a preferred agent.

## INTRANASAL RHINITIS AGENTS

The brand antihistamine Astepro® (azelastine) will be a preferred agent.

The generic corticosteroid budesonide will be a non-preferred agent. The criteria require a 30-day trial of each of the preferred agents, generic fluticasone propionate and brand NASONEX®.

## IRRITABLE BOWEL SYNDROME

This is a new class to the PDL.

Amitiza® (lubiprostone) and Linzess® (linaclotide) are the preferred agents in this class.

LOTRONEX® (alosetron) is the non-preferred agent.

The criteria require a trial of a preferred agent before a non-preferred agent will be authorized.

## LAXATIVES

This is a new class to the PDL.

### Preferred Agents

Colyte®

GoLYTELY®

NuLYTELY®

PEG-3350

### Non-preferred Agents

HalfLytely®-Bisacodyl Kit

MoviPrep®

OsmoPrep®

Prepopik®

SUPREP®

The criteria require a 30-day trial of each of the preferred agents before a non-preferred agent will be authorized.

## LIPOTROPICS

### Non-statins

TriCor® (fenofibrate nanocrystallized) and Trilipix™ (fenofibric acid) will be non-preferred agents.

**The criteria require a 12-week trial each of one (1) of the preferred agents before a non-preferred agent will be authorized.**

### Statins

CRESTOR® (rosuvastatin) will be a preferred agent.

Lescol® and Lescol® XL will be non-preferred agents.

The criteria require a 12-week trial each of two (2) of the preferred statins, including the generic formulation of a requested non-preferred agent, before a non-preferred agent will be authorized.

**Statin Combinations**

Advicor® (lovastatin/niacin), SIMCOR® (simvastatin/niacin ER), and generic amlodipine/atorvastatin will be non-preferred agents.

The criteria require 30-day concurrent trials of the appropriate single agents before a statin combination will be authorized.

**MACROLIDES/KETOLIDES**

Biaxin® XL (clarithromycin) will be a preferred agent.

**MULTIPLE SCLEROSIS AGENTS, INTERFERONS**

EXTAVIA® Kit (interferon beta-1b) will be a preferred agent, whereas EXTAVIA® vials will be non-preferred.

The non-preferred agents are:

- BETASERON® Kit (interferon beta-1b)
- Rebif® (interferon beta-1a)
- Rebif® Rebidose® (interferon beta-1a)
- EXTAVIA® vial (interferon beta-1b)

The criteria require a diagnosis of multiple sclerosis and a 30-day trial of a preferred agent in the corresponding class (interferon or non-interferon) before a non-preferred agent will be authorized.

**NEUROPATHIC PAIN**

Lidoderm® (lidocaine) will be a preferred agent and will only be authorized for a diagnosis of post-herpetic neuralgia.

**NSAIDS, TOPICAL**

Voltaren® Gel (diclofenac) is the only preferred topical agent and will be authorized if the following criteria are met:

- 30-day trial of two (2) of the preferred oral NSAIDS
- The patient is on anticoagulant therapy or the patient has had a GI bleed or ulcer diagnosed in the last two (2) years

There will be a limit of 100 grams per month.

The generic diclofenac solution will be non-preferred.

The criteria require a 30-day trial of each of the preferred oral NSAIDS before a topical NSAID gel or solution will be authorized.

**OPHTHALMICS, ANTI-INFLAMMATORIES-IMMUNOMODULATORS**

Restasis® (cyclosporine) is the only drug in this class, and it is a non-preferred agent.

For specific PA criteria, you may refer to <http://www.dhhr.wv.gov/bms/Pharmacy/Pages/pac.aspx>.

## PAH AGENTS, PROSTACYCLINS

Orenitram® ER (treprostinil) will be a non-preferred agent.

The criteria require a 30-day trial of a preferred agent, including the preferred generic form of the non-preferred agent, before a non-preferred agent will be authorized.

## TOPICAL STEROIDS

### Medium Potency

The generic clocortolone cream will be non-preferred.

### Low Potency

The generic fluocinolone oil will be non-preferred.

The criteria require a five (5) day trial of one (1) form of each preferred unique active ingredient in the corresponding potency group before a non-preferred agent will be authorized.

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## COMPLETE PDL AVAILABLE ONLINE

The intent of this newsletter is to inform you of the key changes to the West Virginia Medicaid PDL, which will take effect January 1, 2015. It is not intended to serve as a comprehensive list of changes. To access the current list of preferred and non-preferred agents, visit the following website:

<http://www.dhhr.wv.gov/bms/Pharmacy/Pages/pac.aspx>.

The DUR Capsules is a quarterly newsletter published for West Virginia Medicaid Providers. Information concerning West Virginia Medicaid can be accessed online at <http://www.dhhr.wv.gov/bms/>.

Bureau for Medical Services  
Cynthia Beane, Commissioner  
Bureau for Medical Services  
Office of Pharmacy Services  
Vicki Cunningham, RPh, Pharmacy Director  
Brian Thompson, PharmD, DUR Coordinator

