Category: Non-Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Non-Breastfeeding (Singleton or Multiples) Milk No Cheese No Yogurt (Default Food Package)	Low Fat/Skim Milk- All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Milk No Cheese with Yogurt	Low Fat/Skim Milk- All Authorized: 3.75 gallons	None	Low Fat/Non- Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Butter Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Milk with Cheese No Yogurt	Low Fat/Skim Milk- All Authorized: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Milk with Cheese and Yogurt	Low Fat/Skim Milk- All Authorized: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non- Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced No Cheese No Yogurt	Lowfat Lactose Red- Free 1/2 gal-All Auth: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced No Cheese with Yogurt	Lowfat Lactose Red- Free 1/2 gal-All Auth: 3.75 gallons	None	Low Fat/Non- Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced with Cheese No Yogurt	Lowfat Lactose Red- Free 1/2 gal-All Auth: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced with Cheese and Yogurt	Lowfat Lactose Red- Free 1/2 gal-All Auth: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non- Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$11.00

Non-Breastfeeding	Soy Milk - All	None	None	Adult Cereal-All	Frozen/Concentrated	Eggs-All	None	Legumes-All Authorized:	None	Fruit and Vegetable-CVB:
(Singleton or Multiples)	Authorized:			Authorized:	Juice-All Authorized:	Authorized:		1 pound bag of Dry Beans		\$11.00
Soy Milk	4 gallons			36 Oz Cereal	2 - 12 oz Container(s)	1 Dozen		or 4 cans of 15-16 oz		
No Cheese No Yogurt					Frozen Juice OR 11.5 oz			canned Beans or 1		
					shelf-stable concentrate			container 16-18 oz Peanut		
								Butter		
Non-Breastfeeding	Soy Milk - All	None	Low Fat/Non-	Adult Cereal-All	Frozen/Concentrated	Eggs-All	None	Legumes-All Authorized:	None	Fruit and Vegetable-CVB:
(Singleton or Multiples)	Authorized:		Fat Yogurt-All	Authorized:	Juice-All Authorized:	Authorized:		1 pound bag of Dry Beans		\$11.00
Soy Milk No Cheese with	3.75 gallons		Authorized:	36 Oz Cereal	2 - 12 oz Container(s)	1 Dozen		or 4 cans of 15-16 oz		
Yogurt			32 ounces		Frozen Juice OR 11.5 oz			canned Beans or 1		
					shelf-stable concentrate			container 16-18 oz Peanut		
								Butter		
Non-Breastfeeding	Soy Milk - All	Cheese-All	None	Adult Cereal-All	Frozen/Concentrated	Eggs-All	None	Legumes-All Authorized:	None	Fruit and Vegetable-CVB:
(Singleton or Multiples)	Authorized:	authorized:		Authorized:	Juice-All Authorized:	Authorized:		1 pound bag of Dry Beans		\$11.00
Soy Milk with Cheese	3.25 gallons	1 pound		36 Oz Cereal	2 - 12 oz Container(s)	1 Dozen		or 4 cans of 15-16 oz		
No Yogurt					Frozen Juice OR 11.5 oz			canned Beans or 1		
					shelf-stable concentrate			container 16-18 oz Peanut		
								Butter		
Non-Breastfeeding	Soy Milk - All	Cheese-All	Low Fat/Non-	Adult Cereal-All	Frozen/Concentrated	Eggs-All	None	Legumes-All Authorized:	None	Fruit and Vegetable-CVB:
(Singleton or Multiples)	Authorized:	authorized:	Fat Yogurt-All	Authorized:	Juice-All Authorized:	Authorized:		1 pound bag of Dry Beans		\$11.00
Soy Milk with Cheese and	3 gallons	1 pound	Authorized:	36 Oz Cereal	2 - 12 oz Container(s)	1 Dozen		or 4 cans of 15-16 oz		
Yogurt			32 ounces		Frozen Juice OR 11.5 oz			canned Beans or 1		
					shelf-stable concentrate			container 16-18 oz Peanut		
								Butter		