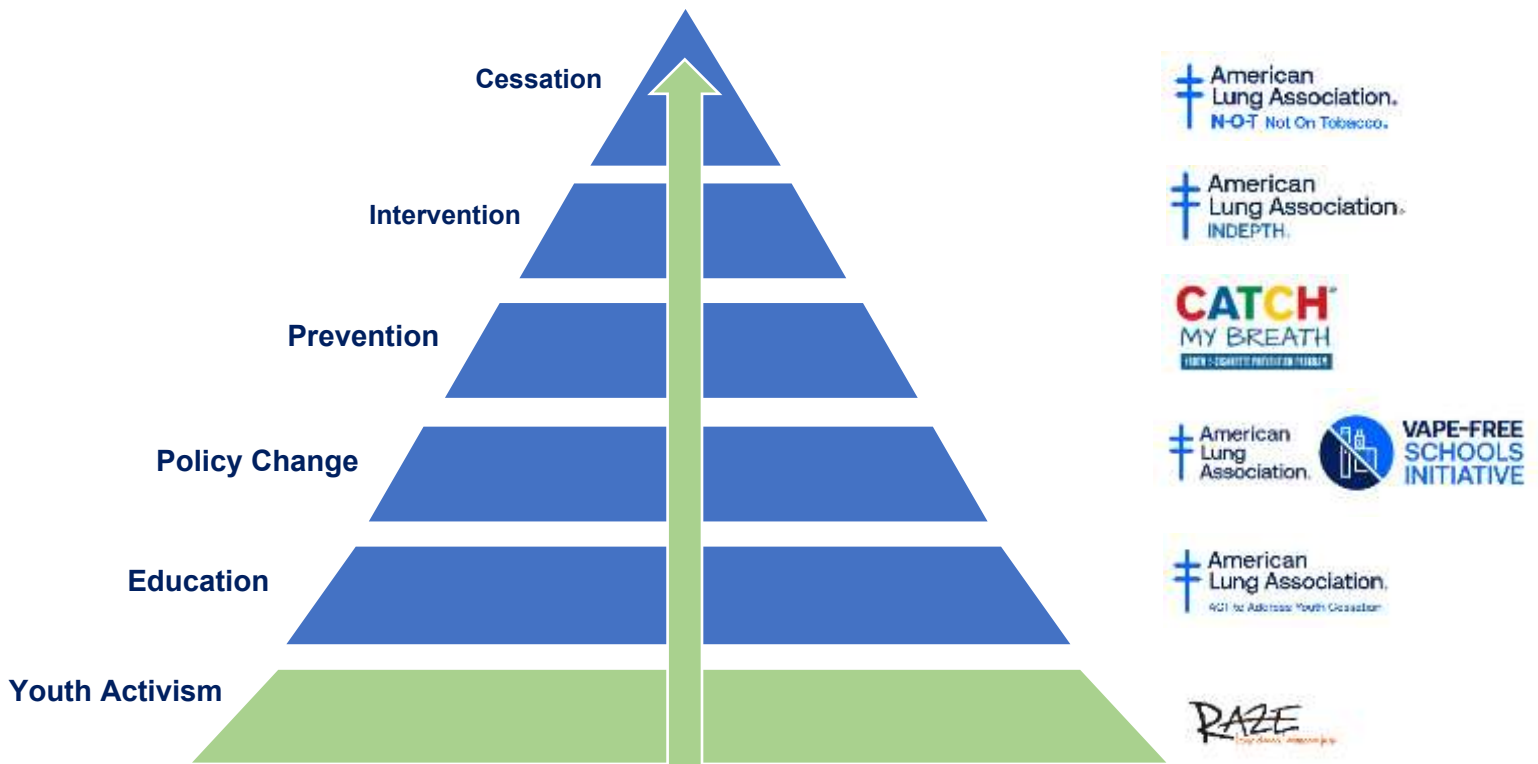


West Virginia's Comprehensive Approach to Ending the Youth Vaping Epidemic

The American Lung Association recommends a multi-component comprehensive public health approach to addressing the youth vaping epidemic through strategies inclusive of systems change, education, intervention and cessation.



Component 1: Promoting youth activism through student engagement in [Raze](#) youth-led movement to work towards creating tobacco-free futures for all. RAZE members are between the ages of 11 and 18 and include students who care about the impact of tobacco use on public health and seek to stay informed about the real dangers of smoking and vaping and find creative ways to share that knowledge with the world.

Component 2: Educating all school counselors, teachers, coaches and administration in the American Lung Association's ACT to Address Youth Cessation Training, a one-hour on-demand, online course that provides an overview for school personnel in youth/adolescent supportive roles in conducting a brief intervention for teens who use tobacco. Based on the American Academy of Pediatrics' Youth Tobacco Cessation: Considerations for Clinicians, the session outlines the steps of Ask, Counsel, Treat, and provides guidance, support and best practices for effectively delivering ACT as a brief intervention for adolescents who identify as tobacco users, including e-cigarettes. Complete the course here: <https://lung.training/courses/act-to-address-youth-cessation.html>

Component 3: **Conduct an assessment** of your current tobacco-free campus policy at all school building locations through American Lung Association's Vape Free Schools Initiative to identify gaps that may exist in your current policies on school buildings and campuses grades K-12 through American Lung Association's Vape Free Schools Initiative and determine strategies for strengthening it to provide a comprehensive public health approach to countering the e-cigarette epidemic. Take the assessment here: <https://lung.training/courses/policy-assessment-and-toolkit.html>

Component 4: **Prevention education** for grades 5-12 through the evidence-based vaping prevention program [CATCH My Breath](#). You can learn more here: <https://catch.org/program/vaping-prevention/>

Component 5: **Intervention programming** for identified teen tobacco users and tobacco-free campus policy student violators through [American Lung Association's INDEPTH® program](#), an evidence-based alternative to suspension/citation program for grades 5-12. Training is available through <https://lung.training/courses/indepth.html>.

Component 6: **Cessation programming** for teen tobacco users wanting to quit made available through [American Lung Association's Not-On-Tobacco®](#), a voluntary cessation program tailored specifically for youth ages 14-19 and available either via a [trained and certified](#) adult-facilitator-led group class in-person or virtually or self-paced online at [NOTforMe.org](#).