



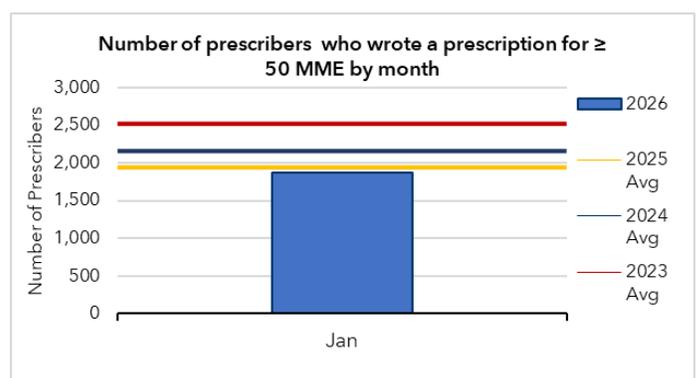
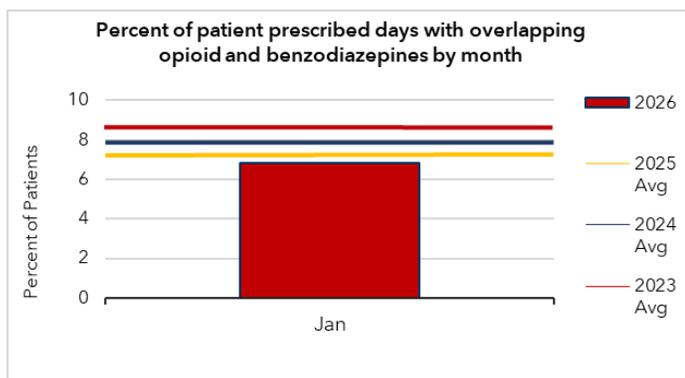
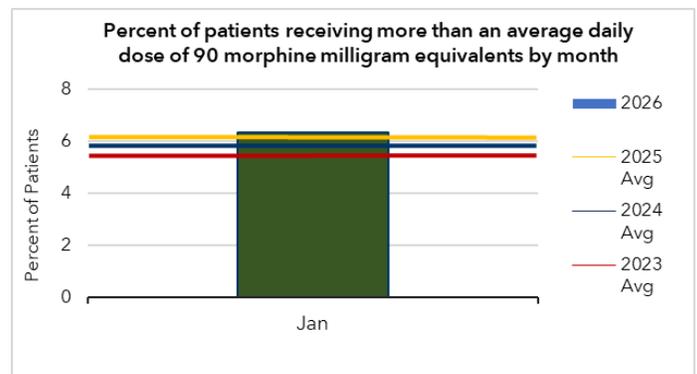
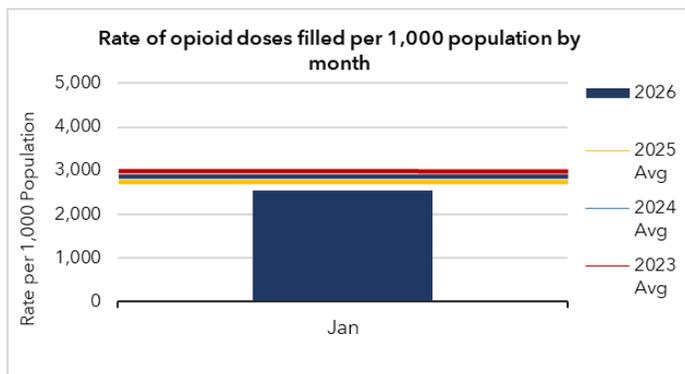
January 2026

Controlled Substance Prescribing Trends

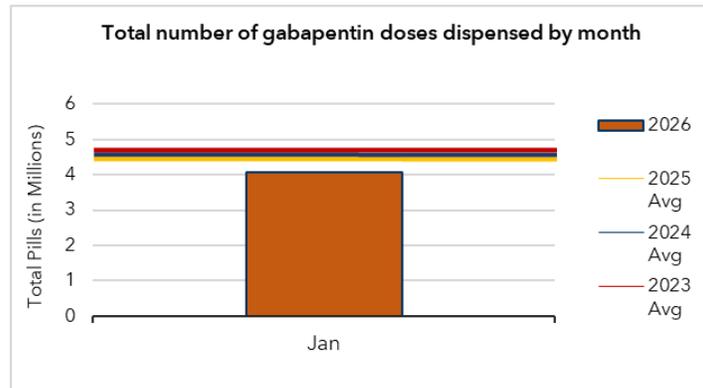
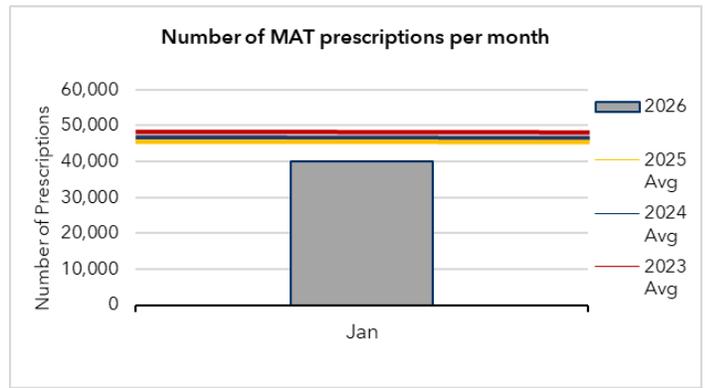
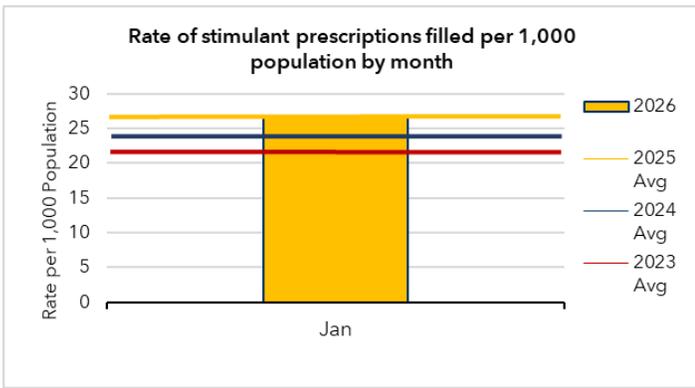
In 2025, there was a **decrease** in the average yearly rate for opioid doses filled, number of prescribers who wrote a prescription for ≥ 50 MMEs, percentage of overlapping opioids and benzodiazepines prescribed, number of gabapentin doses, and MAT prescriptions, compared to 2024. There was an overall **increase** in patients with an average of over 90 MMEs per day and in the average yearly rate for stimulant prescriptions dispensed in 2025.

In January 2026, there was a **decrease** in the rate of opioid doses, the percentage of patient prescribed days with overlapping opioid and benzodiazepines, the number of gabapentin doses, the rate of stimulant prescriptions, the number of prescribers prescribing ≥ 50 MMEs, and the number of MAT prescriptions dispensed, compared to December 2025.

However, there was an **increase** in the percentage of patients prescribed ≥ 90 MMEs per day.



Source: West Virginia Controlled Substance Monitoring Program



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Prevention Efforts

The West Virginia Board of Pharmacy continues to monitor controlled substances that are dispensed in the state. Efforts are continually made to identify high-risk prescribing. County level assessments are also being conducted on a semi-annual basis to identify high-burden areas in the state, where the West Virginia Academic Detailing team can focus their prescriber education efforts.

For more information about county level data, [click here](#) to access the West Virginia Board of Pharmacy’s Controlled Substance Monitoring Program Dashboard.

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