



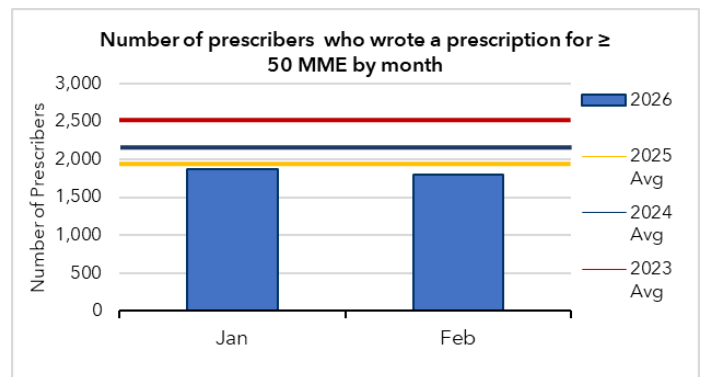
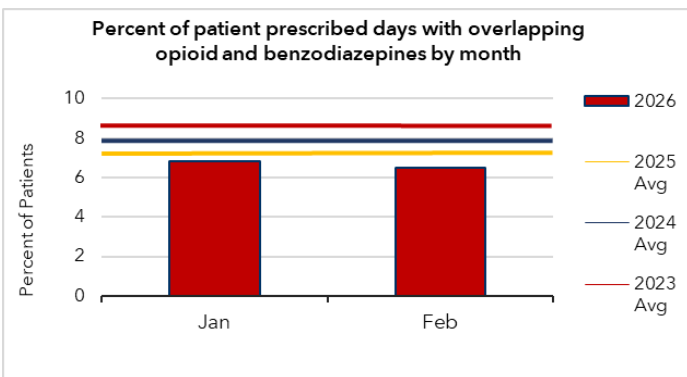
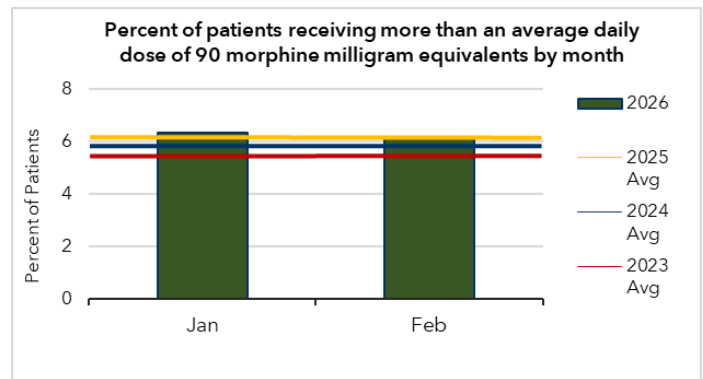
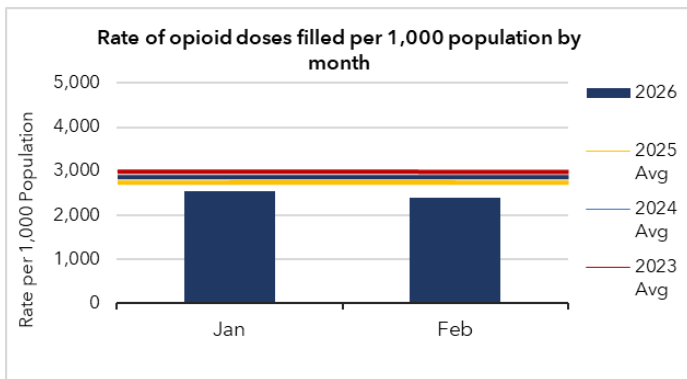
## February 2026

### Controlled Substance Prescribing Trends

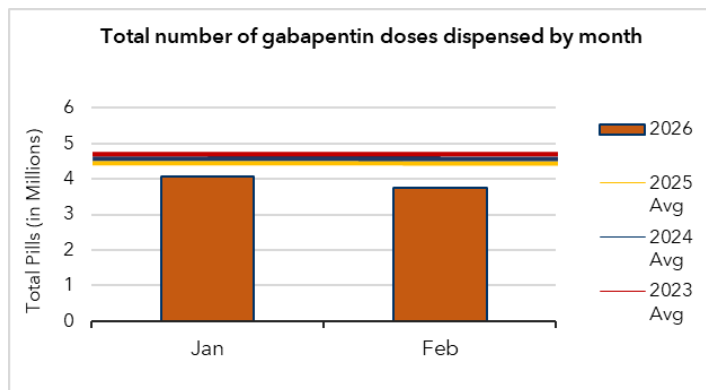
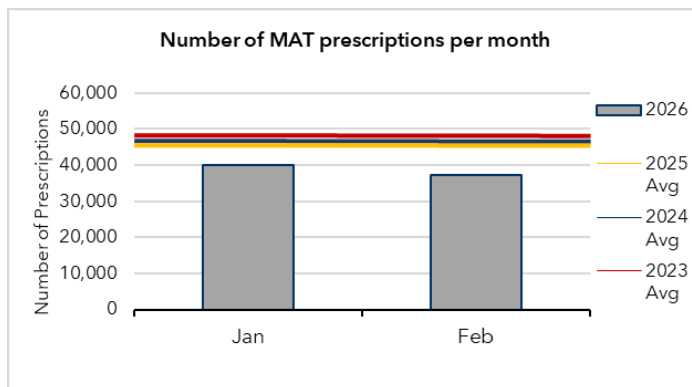
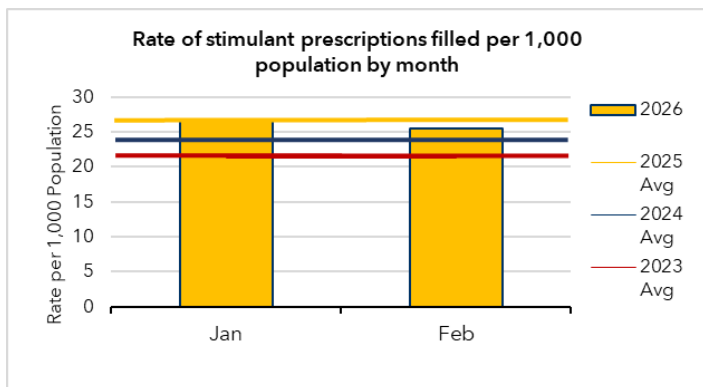
In 2025, there was a **decrease** in the average yearly rate for opioid doses filled, number of prescribers who wrote a prescription for  $\geq 50$  MMEs, percentage of overlapping opioids and benzodiazepines prescribed, number of gabapentin doses, and MAT prescriptions, compared to 2024. There was an overall **increase** in patients with an average of over 90 MMEs per day and in the average yearly rate for stimulant prescriptions dispensed in 2025.

In February 2026, there was a **decrease** in the rate of opioid doses, the percentage of patients prescribed  $\geq 90$  MMEs per day the percentage of patient prescribed days with overlapping opioid and benzodiazepines, the number of gabapentin doses, the rate of stimulant prescriptions, the number of prescribers prescribing  $\geq 50$  MMEs, and the number of MAT prescriptions dispensed, compared to January.

No indicators saw an **increase** in February.



Source: West Virginia Controlled Substance Monitoring Program



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## Prevention Efforts

The West Virginia Board of Pharmacy continues to monitor controlled substances that are dispensed in the state. Efforts are continually made to identify high-risk prescribing. County level assessments are also being conducted on a semi-annual basis to identify high-burden areas in the state, where the West Virginia Academic Detailing team can focus their prescriber education efforts.

**For more information about county level data, [click here](#) to access the West Virginia Board of Pharmacy’s Controlled Substance Monitoring Program Dashboard.**

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