## West Virginia Board of Pharmacy

Controlled Substance Monitoring Program Monthly Surveillance Report October 2022

## How big is the problem?

In 2021, there was a decrease in the average yearly rate for opioid doses filled, patients with an average of over 90 MME per day, percent of overlapping opioids and benzodiazepines prescribed, number of prescribers who prescribed greater than 50 MME prescriptions, and gabapentin doses, compared to 2020. Also, there was an overall increase in naloxone prescriptions and total MAT prescriptions in 2021.

In October 2022, there was a decrease in the rate of opioid doses, the number of naloxone prescriptions, the number of gabapentin doses, the number of MAT prescriptions, the number of prescribers prescribing  $\geq$  50 MMEs, and the percent of patients prescribed  $\geq 90$  MMEs per day compared to September 2022. There was an increase in the percent of patient prescribed days with overlapping opioid and benzodiazepines.

There was a 29.6% increase in the number of naloxone prescriptions dispensed in October 2022 when compared to the number of naloxone prescriptions dispensed in October 2021.

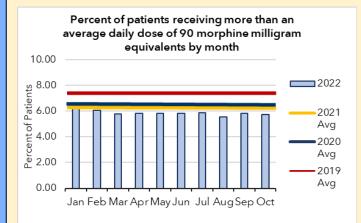
## What is being done?

The West Virginia Board of Pharmacy continues to monitor controlled substances that are dispensed in the state. Efforts are being made to identify high-risk prescribing. County level assessments are also being conducted on a semi-annual basis to identify highburden areas in the state where the West Virginia Academic Detailing team can focus their prescriber education efforts.

Source: West Virginia Controlled Substance Monitoring Program

Rate of opioid doses filled per 1,000 population by month 5,000 Rate per 1,000 Population 4,000 2022 3,000 2021 Avg 2,000 2020 1,000 Avg 2019 0 Avg Jan Feb Mar Apr May Jun Jul Aug Sep Oct





Percent of patient prescribed days with overlapping opioid and benzodiazepines by month

Jan Feb Mar Apr May Jun Jul Aug Sep Oct

2022

2021

Avg

2020

Ava

2019

Avg

16.00

14.00

12.00

10.00

8.00

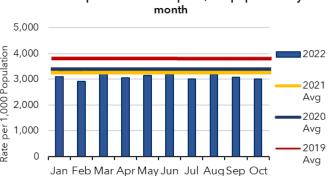
6.00

4.00

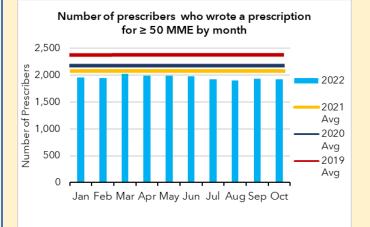
2.00

0.00

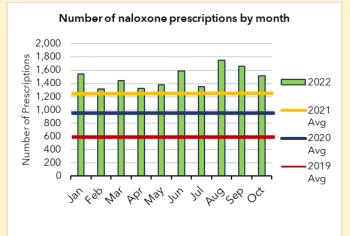
Percent of Patients



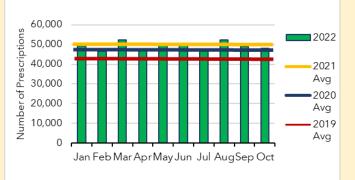




Total number of gabapentin doses dispensed by month 8 7 2022 Total Pills (in Millions) 6 5 2021 4 Avg 3 2020 Avg 2 2019 1 Avg 0 Jan Feb Mar Apr May Jun Jul Aug Sep Oct



Number of MAT prescriptions per month





For more information about county level data, click <u>here</u> to access the West Virginia Board of Pharmacy's Controlled Substance Monitoring Program Dashboard.

## Contact Information:

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