

# West Virginia Board of Pharmacy

Controlled Substance Monitoring Program

## Monthly Surveillance Report

March 2022



### How big is the problem?

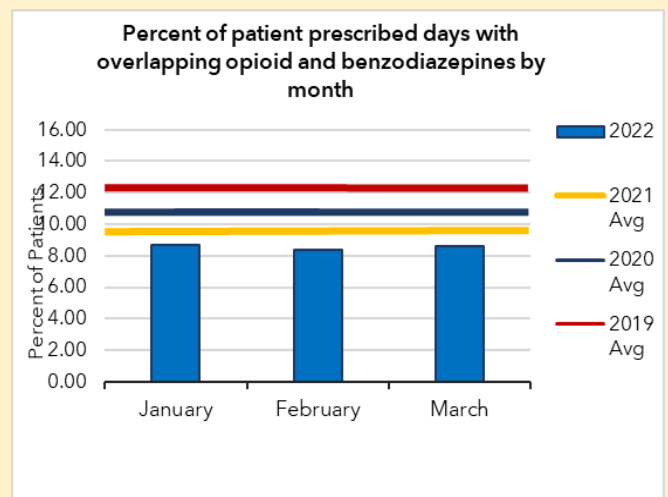
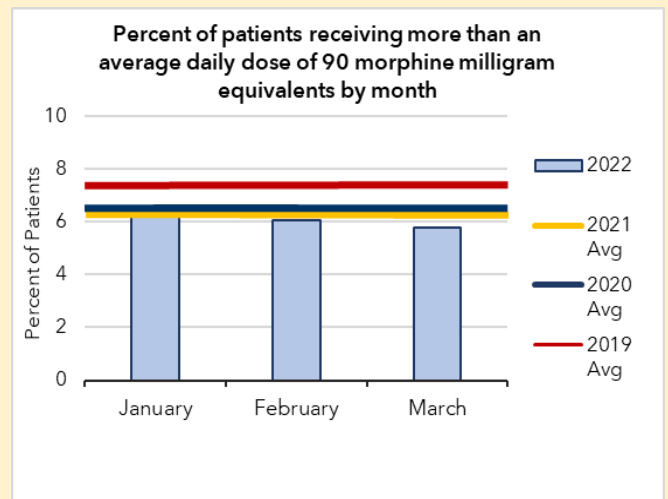
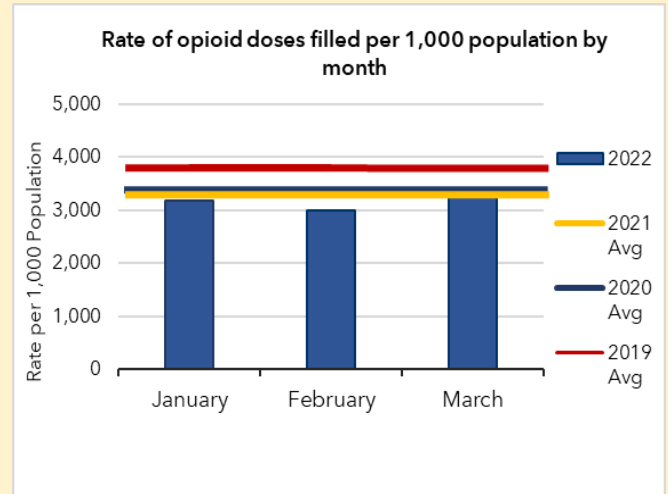
In 2021, there was a decrease in the average yearly rate for opioids doses filled, patients with an average of over 90 MME per day, percent of overlapping opioids and benzodiazepines prescribed, number of prescribers who prescribed greater than 50 MME prescriptions, and gabapentin doses, compared to 2020. Also, there was an overall increase in naloxone prescriptions and total MAT prescriptions in 2021.

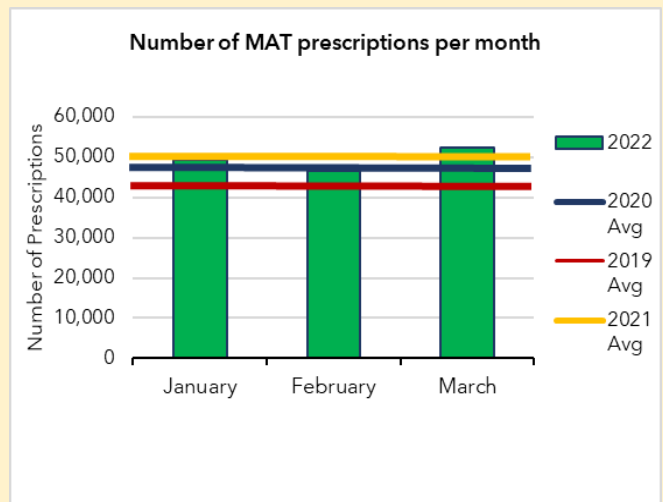
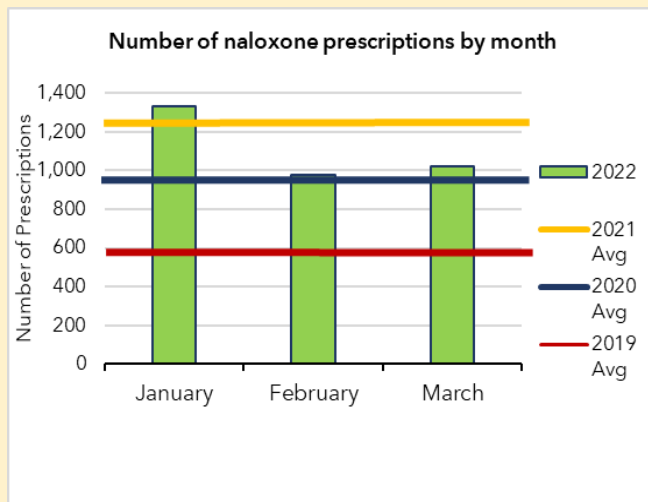
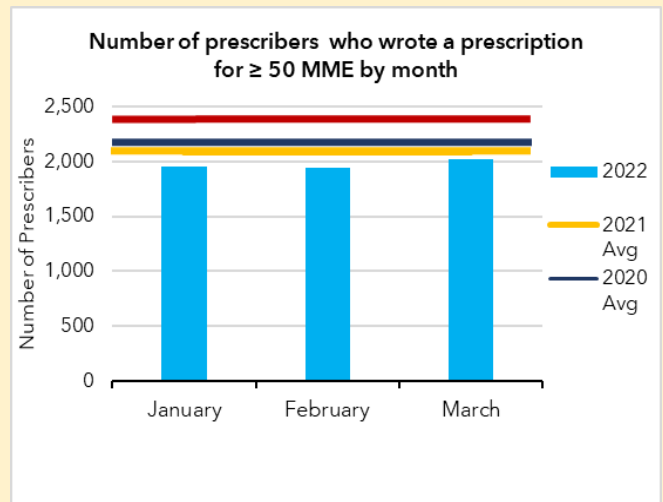
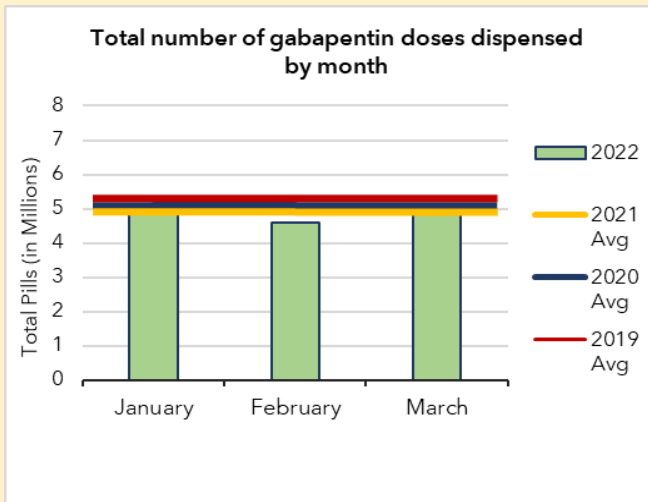
In February 2022, there was an increase in the rate of opioid doses, overlapping opioid and benzodiazepines, gabapentin doses, and the number of prescribers prescribing  $\geq 50$  MMEs compared to February 2022. Naloxone and MAT prescriptions were both higher in March compared to February. Additionally, there was a 12.2% decrease in the number of naloxone prescriptions dispensed in March 2022 when compared to the number of naloxone prescriptions dispensed in March 2021. However, the percent of patients with  $\geq 90$  MMEs per day decreased from February 2022.

### What is being done?

The West Virginia Board of Pharmacy continues to monitor controlled substances that are dispensed in the state. Efforts are being made to identify high-risk prescribing. County level assessments are also being conducted on a semi-annual basis to identify high-burden areas in the state where the West Virginia Academic Detailing team can focus their prescriber education efforts.

Source: West Virginia Controlled Substance Monitoring Program





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**For more information about county level data, click [here](#) to access the West Virginia Board of Pharmacy's Controlled Substance Monitoring Program Dashboard.**

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