

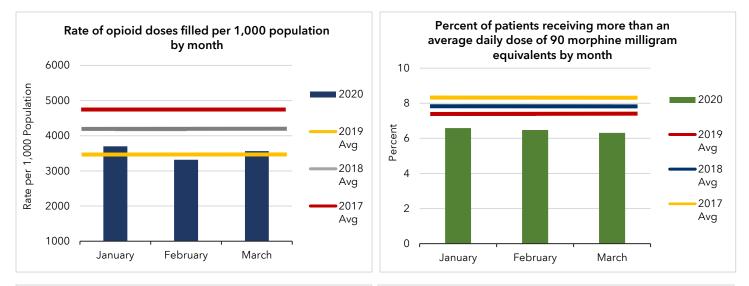
West Virginia Board of Pharmacy Controlled Substance Monitoring Program (CSMP) Monthly Surveillance Report

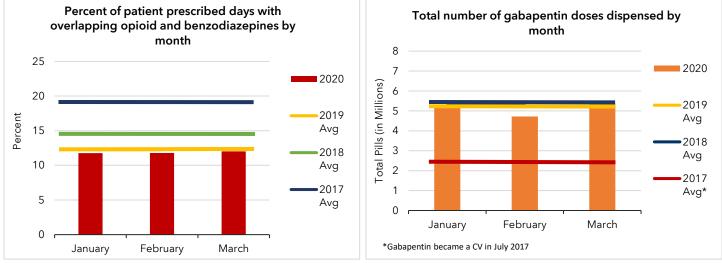
## March 2020

## How big is the problem?

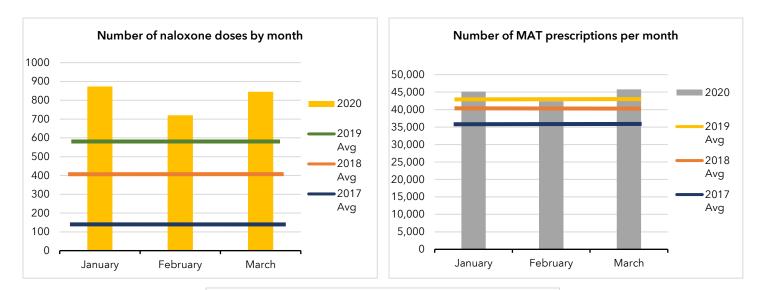
In 2019, there was a decrease in the average yearly rate of opioids doses filled, patients with an average of over 90 MME per day, percent of overlapping opioids prescribed and number of prescribers who prescribed greater than 50 MME prescriptions, compared to 2018. There was an overall increase gabapentin doses, naloxone prescriptions, and total MAT prescriptions, compared to 2018.

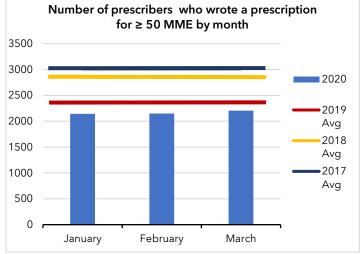
For the month of March, there was an increase in the rate of opioid doses prescribed, overlapping opioid and benzodiazepines, gabapentin doses, naloxone doses, MAT prescriptions, and prescribers who wrote a prescription for  $\geq$ 50 MME compared to February 2020. However, there was a decrease in the percent of patients with  $\geq$ 90 MME and overlapping opioid and benzodiazepines.





Source: West Virginia Controlled Substance Monitoring Program





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## What is being done?

The West Virginia Board of Pharmacy continues to monitor controlled substances that are dispensed in the state. Efforts are being made to identify high-risk prescribing. County level assessments are also being conducted on a semi-annual basis to identify high-burden areas in the state where the West Virginia Academic Detailing team can focus their prescriber education efforts.

## **Contact Information:**

Mike Goff, Board of Pharmacy Director Phone: (304) 558-0558 E-mail: <u>Michael.L.Goff@wv.gov</u>

Tim Dotson, CSMP Epidemiologist Phone: (304) 356-4465 E-mail: <u>Timothy.S.Dotson@wv.gov</u> Nathan Wood, CSMP Epidemiologist Phone: (304) 356-4359 E-mail: <u>Nathan.G.Wood@wv.gov</u>