

# 2021 AFB Specimen Collection Procedure

The public health nurse will provide you with a collection kit. The collection kit includes a plastic collection tube, Biohazard bag with pad, 95 kPa Biohazard bag, cold pack, request form, a foam box, an outer shipping box, and a prepaid, preaddressed shipping label. Please freeze the ice pack so that it is cold when needed for shipping.



## Step 1:

Early in the morning take 3 deep breaths and cough on the third breath into the plastic container to at least line 5.0 and not more than 10. **Sputum from the lungs** (NOT spit or saliva) is needed to perform the test for tuberculosis.



## Step 2:

Place the cap on the container and tighten it so it will not leak.



## Step 3:

Wash the outside of the container with soap and water and dry it.



## Step 4:

Write your name and date of collection on the container if it is not pre-labeled.



## Step 5:

Place the blue top tube and absorbent sheet into the clear plastic bag. Press out as much air as possible when sealing.



## Step 6:

Roll up the tube in the Biohazard bag and place inside the 95 kPa Biohazard bag. Remove the white adhesive cover and fold over the flap to seal the 95 kPa bag. Place the folded submission form into the outer pocket of the 95 kPa bag.



## Step 7:

Place the 95 kPa Biohazard bag with the specimen inside the foam box. Add the frozen cold pack to the foam box.



## Step 8:

Place the lid on the foam container.



## Step 9:

Close the lid of the outer container and tape with one strip of shipping tape to seal. Ensure pre-paid, pre-addressed shipping label is on the package.



## Step 10:

**Provide to public health nurse, drop off to health department, or arrange FedEx pickup (1-800-463-3339). Postage is pre-paid.**