

William R. Sharpe, Jr. Hospital

Weston, WV

Psychology Services

The Psychology Department provides a wide range of services. Individual and group therapy, psychological evaluation, neuropsychological assessment, biofeedback and behavioral management are available and provided as part of hospital treatment.

Psychology is instrumental in the evaluation and treatment of forensic patients. Individuals are referred to Sharpe Hospital due to concerns as to their competency to stand trial. Psychology provides individual and group therapies to restore their ability to assist in their defense and receive a fair trial. For those found Not Guilty by Reason of Mental Illness and sent to Sharpe Hospital, therapy is geared to maximize their functional level toward the goal of discharge when they are stable and a safe placement can be structured.

Being a training/research facility, the Psychology department staff participates in the education and supervision of students and in conducting research studies within the hospital.

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Social Work Services

The Social Work Department works closely with the patients to assist with discharge planning, to secure financial help if needed, contact families and arranging follow-up appointments. They work with the community behavioral health centers to provide a continuity of care that maximizes the patients' chance for recovery and long term stability. The clinical social workers provide individual and group therapy for patients at the hospital. Individual and family therapy are also available to patients based on a referral by the patient's psychiatrist.

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Medical Services

William R. Sharpe, Jr. Hospital is a 150 bed acute care psychiatric facility with full accreditation from the Joint Commission on Accreditation of Healthcare Organizations. Sharpe Hospital offers a wide range of services to patients either involuntarily committed to the hospital through civil commitment or, in the case of forensic patients, ordered through the judicial system.

The hospital Medical Service, with twelve full-time physicians and two Physician Assistants, is pivotal to patient care and virtually all clinical interventions provided at Sharpe Hospital. From a thorough physical and mental status exam at the time of admission, to directing the treatment team in providing a variety of treatment modalities, to ordering and subsequently evaluating pertinent tests, to supervision of discharge planning. The Medical staff provides oversight for patient care at Sharpe Hospital. In all instances, provision of high quality care in a timely manner is the highest priority of the Medical staff.

During the admission process, the referred individual's psychiatric and general medical history is sought, current psychiatric status is assessed, social factors relating to the admission are explored, and the level of care/treatment is established. After legal issues and status are reviewed with respect to protection of patient rights under the law, the individual is admitted to one of six treatment units according to bed availability, clinical characteristics, and level of care required. Patients determined to be in need of acute or intense general medical care are referred to an appropriate medical facility.

Once admitted, the patient's overall care/treatment is provided by a team of professionals who specifically define the individual's medical, psychological, and social needs, a comprehensive plan for treatment, and the means by which the plan will be accomplished. Factors taken into account in this process include current level of intellectual and psychiatric functioning, psychosocial strengths and limitations, and the patient's own goals for treatment.

The attending psychiatrist coordinates the evaluation, treatment, and rehabilitation activities of the patient's treatment team. As the designated leader of the treatment team, the psychiatrist advocates on behalf of the patient and the treatment team with hospital administration and the community. The hospital's Medical Staff Bylaws, Rules and

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Nursing Services

The Nursing Department provides professional nursing services 24 hours a day. Our patients, who are hospitalized for psychiatric illnesses, reside on one of six units. The patients' ages encompass the entire life span, beginning with the young adult. Our department is dedicated to providing quality services on an equal basis for all patients, respectful of personal rights and dignity, as well as maintaining a respectful environment for staff. Nursing is a dynamic process which nurtures the patient's ability to effect change in his or her health through self-care practices that improve the quality of life. The focus of nursing care is holistic, including interventions with families and/or significant others. Nursing Leadership continues to strive to exceed expectations, as we focus on implementing and evaluating our structures and processes to ensure we are developing them through the eyes of the patient. In implementing strategies which preserve the patients' dignity and respect, encourages their active participation in their care, communicates important information, and affirms our compassion and understanding as we move forward.

Services are provided by Registered Professional Nurses, Licensed Practical Nurses, Health Service Assistants, Workers, and Trainees with support from Unit Clerks and Secretaries. The unit nursing services are under the direction of a nurse manager, Nursing assists the patient to integrate the services of all other providers of care.

Nursing therapeutic modalities used to provide care include the following:

- Ongoing nursing assessment
- Problem identification
- Participation in multidisciplinary treatment and discharge planning
- Safety monitoring and evaluation
- Therapeutic communication
- Milieu management to facilitate activities of daily living in the patient community
- Nursing led, psycho-education groups
- On unit recreation activities
- Medication management and education
- Patient and family education
- Monitoring the patient's response to interventions

Use of electronic medical records, BCMA (bar code medication administration)

The Department is supported by the services of the Continuous Quality Improvement Nurse, BCMA Nurse and 24 hours coverage by the Nurse Clinical Coordinators. The Department provides clinical affiliations for numerous registered professional nursing and licensed practical nursing schools.

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Weston, WV

REHABILITATION SERVICES

Rehabilitation Services are available to every patient, and are designed to address social, emotional, physical, spiritual, and cognitive domains of care. Various groups, classes, services and therapies may be accessed by referral, or as a free choice activity that provides a normal setting for patients to practice skills from the previously mentioned domains that may have been disrupted by illness.

Rehabilitation Services has several different areas to help patients work on their goals while here at William R. Sharpe Jr. Hospital. We have classroom setting as well as an Expressive therapy Center, Exercise Room, therapy Pool, Music therapy Room, a Multipurpose and Game room area.

Rehabilitation services provides programs, classes and services that include but are not limited to vocational training, work program, assertiveness training, computer skills, expressive communication, current events, task skills, focus group, young adult group, fitness skills, aquatic therapies, experiential therapy, music groups, and memory group.

Rehabilitation Services provides services all year long, including evening activities that range from outdoor recreation, dances, bingo, movies, game competitions and tailgate parties. All activities provide a venue for patients to practice social skills, teamwork and problem solving abilities, while having fun.

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Weston, WV

Pharmacy Services

The Pharmacy Department at William R. Sharpe, Jr. Hospital provides many important services to the staff and patients. The pharmacy hours are 7:30 am to 4:30 pm Monday through Friday and 7:30 am to 11:30 am on Saturday and Sunday. The pharmacists are also on-call after hours. The pharmacy operates with three pharmacists and three technicians to service all of our patients.

The pharmacy strategically manages daily filling operations in conjunction with clinical duties. Weekly carts are filled and exchanged for each of the units and are updated on a daily basis to reflect new and changed orders. To effectively complete this process, the staff constantly monitors for drug-drug, drug-disease, checks for appropriate dosages and directions, monitors drug allergies, and consults with the medical staff and nurses on a daily basis. The staff completes monthly unit inspections of medication rooms. Also, the pharmacy acts as a reliable source of information for staff and patients on medications and disease states.

William R. Sharpe, Jr. Hospital utilizes an Electronic Health Record (EHR) that includes Computerized Provider Order Entry (CPOE) that requires clinicians to electronically enter, review, confirm and sign medication orders. This system requires pharmacist verification of the order prior to dispensing or administration of medications. This system also uses a Bar Code Medication Administration (BCMA) module that identifies both the patient and the medication using bar code technology to promote the confirmation of the five rights of medication administration. The pharmacy department maintains the drug file that is utilized by this system. The drug file is shared by all three state hospitals as well as five long term care facilities operated by the state.

Clinical duties include monitoring of laboratory values, especially values that are directly related to medications such as clozapine and warfarin. The pharmacy distributes an informational newsletter that updates staff of changes in medications, committee decisions, and reinforces policies within the hospital.

The goal of this department is to provide excellent medication services, to share knowledge with staff and patients so we can provide the best of care to our patients.

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Weston, WV



Chaplain Services

Chaplain's Regular Schedule:

Sunday: 7:15 – 10:15am / 2:30 – 5:30pm

Monday: 8:00am – 6:00pm

Tuesday – Thursday: 8:00am – 4:00pm

Worship Services Schedule:

Sunday Worship Services: 9:15 – 10:15am

Geriatrics Sunday Afternoon Service: 3:45 – 4:30pm

Monday morning worship Service for forensic patients: 10:00am

Monday Bible Study: 4:30 -5:15pm

Catholic Mass 1st Saturday of each month (held by local priest): 10:30 – 11:30am

Individual Pastoral Discussion/Counseling:

Patients receive pastoral counseling to better understand the help, comfort, and strength that may be found in religious symbols and resources.

Grief Discussion/Counseling:

Patients are afforded the opportunity to discuss grief issues. These sessions lead the patient through the grief process. Patients are assisted in expressing their feelings, in learning to live with the loss, and in gaining emotional stabilization.

Individual family Discussion/Counseling:

These sessions help the patient deal with various problems related to family dynamics.

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Advocacy Services

Legal Aid of West Virginia's Behavioral Health Advocacy Project provides advocacy services to individuals across the Mountain State who lives with behavioral health challenges. One location where individuals receive intensive advocacy is at William R. Sharpe Jr. Hospital.

Two full-time behavioral health advocates serve patient needs in a variety of individualized and systemic ways, including advocacy on their behalf at Treatment Team Staffing's, providing patients information regarding their rights, providing Patient Rights Training to Sharpe Hospital staff, assisting patients with the grievance procedure and investigating abuse and neglect allegations.

For more information you can contact the advocates' office at 304-269-1210 Extension 306 or 374 or toll free at 1-888-269-1210.

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MICA

The MICA program (mentally ill / chemically addicted) at William R. Sharpe, Jr. Hospital is provided to treat the dually diagnosed patient. A person who has both an alcohol or drug problem and an emotional / psychiatric problem is said to have a dual diagnosis.

The philosophy of our program is to treat the dually diagnosed patient implementing an integrated treatment approach. This approach treats both disorders as primary disorders and teaches the patient how one can influence the other.

Our goal is to work with the patient providing new skills and information essential for a successful recovery.

The services offered by our program include the following:

- **Education groups on mental illness and substance use / abuse and recovery**
- **Group therapy / self-awareness**
- **Individual therapy**
- **12 step recovery groups**
- **AA attendance at the hospital**
- **Relapse Prevention**
- **Medication education**
- **HIV and Hepatitis education**