

Adapting **Wraparound** for Families with Caregiver SUD



Overview

The Wraparound Program (“Wrap”) is an intensive, individualized care management process for families. Traditionally, it is for youths with complex emotional, behavioral needs, and multiple agency involvement. Two programs, one in **New Hampshire** and one in **West Virginia** have been **adapting Wrap for families with caregiver SUD**. These are the major adaptations that both teams have made to best deliver the service to a combined **278 families with addiction and child welfare involvement**, with early results of **decreased caregiver substance use and depression and increased family stability**.

10 Wrap Principles

1. Family Voice & Choice
2. Team Based
3. Natural Supports
4. Collaboration
5. Community Based
6. Culturally Competent
7. Individualize
8. Strengths Based
9. Unconditional Care
10. Outcome Based

Adaptation 1

Focus surrounds adult needs

- Wrap components (orientation, family visions, identified supports, etc.) tend to be from perspective of adult needs
- Linkages to needed services for child still provided

Adaptation 2

Anticipate smaller teams

- Families tend to have fewer natural supports
- Caregiver with SUD sometimes does *not* want all professional supports at the same table to control who knows what
- Especially true if in early recovery

Adaptation 3

Ensure staff is recovery-friendly

- Wrap Coordinators should have recovery and substance use stigma training
- Peer support who is a recovery specialist is ideal
- Both build trust between client and staff better and faster

Adaptation 4

Allow for longer enrollment period

- Longer time needed for family to build trust with staff before committing to program
- Consistent communication can be challenging
- Early recovery/active addiction can slow the process as well

Adaptation 5

Expect shorter engagement time

- Early recovery can lead to shorter engagement and/or irregular engagement
- Later in recovery Wrap gives family a boost, but family may be closer to not wanting/needing more engagement

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