# **Meeting Minutes**

# Pregnant and Parenting Women Subcommittee of the Governor's Council on Substance Abuse Prevention and Treatment May 29, 2024, Approved

#### **Attendees:**

Dr. Stefan Maxwell (chair), Carly Glover, Corrine Lalama, Anna Haque, Cody Smith, Randy Venerable, David Didden, Bradley McCoy

# **Opening:**

Dr. Stefan Maxwell (chair) provided welcome and opening remarks of this meeting of the Governor's Council on Substance Abuse Prevention and Treatment, Pregnant and Parenting Women Subcommittee. The meeting was called to order on Wednesday May 29, 2024 at 10:00 AM, and was conducted by Zoom conference. A quorum was not present to approve the Friday April 26, 2024 meeting minutes, so they were tabled until the next meeting. The purpose of the meeting was to update the group on the planned Town Hall Meeting in June and how that information will be added to the August Town Hall Meetings due to Subcommittee scheduling conflicts for June. The subcommittee instead met to review 2024 KPI Implementation Planning.

### Agenda:

#### Virtual Listening Sessions - Update

Dr. Maxwell informed the group that the Town Hall Meeting focused on PPW that was
previously scheduled for June 27<sup>th</sup> has been canceled. Instead, the group will incorporate
targeted questions into annual Town Hall Meetings that are already scheduled for August.
There will be specific questions relating to Strategy 2, KPI 3 as one component of their breakout
session.

#### **2024 KPI Implementation Planning**

- There will be a guest speaker on the next month's meeting on June 25<sup>th</sup> who will discuss prenatal risk assessment instruments.
- There is difficulty in finding an exhaustive list of obstetrical providers at the local level so sometimes national lists are used which may not be as accurate. The West Virginia Perinatal Partnership has an accurate list of OB providers they are continuously following up on and updating.
- The West Virginia Perinatal Partnership plans to send a short survey to obstetricians to gather data on if and how they screen for substance use disorder.
- Due to the overlap of goals with the Housing Subcommittee, the group agreed to work with them to address recovery housing so this group can focus on education and the Town Hall Meetings.

#### 2024 Town Hall Meeting Discussion

- The August Town Hall meetings were discussed in regard to how the June PPW Town Hall was canceled, so the PPW breakout will now have additional questions related to Strategy 2, KPI 3.
- Carly provided an update on how the meetings will be similar to previous years with the qualitative analysis and general questions about successes, barriers, general landscape, and what participants recommend be considered as priorities for the 2025 plan.

#### **Additional Discussion**

- Dr. Maxwell plans to meet with Dr. Koester and Dr. Persily to discuss funding for the education campaign in Strategy 3.
- The group discussed the prevalence of Xylazine in urine results across the state. Furthermore, they discussed labs having difficulty in detecting synthetic drugs.
- The group also discussed how babies whose moms engaged in polysubstance use may need novel drug combinations for withdrawal symptoms.
- David Didden proposed that the West Virginia Perinatal Partnership could help in getting
  provider contact information to host a venue of providers to discuss emerging drug trends such
  as those discussed today.

## Adjournment:

Dr. Maxwell closed the meeting by thanking all subcommittee members for their attendance. The subcommittee will meet again on Tuesday June 25 at 10:00 AM.