

Meeting Minutes

Pregnant and Parenting Women

Subcommittee of the Governor's Council on

Substance Abuse Prevention and Treatment

July 23, 2024, Approved

Attendees:

Subcommittee Members: Janine Breyel, Rebecca Crowder, David Didden, Corrine Lalama, Dr. Stefan Maxwell (chair), Cody Smith, Amy Tolliver, Randy Venable
Staff: Bradley McCoy

Opening:

Dr. Stefan Maxwell (chair) provided welcome and opening remarks of this meeting of the Governor's Council on Substance Abuse Prevention and Treatment, Pregnant and Parenting Women Subcommittee. The meeting was called to order on July 23, 2024, and was conducted by Zoom conference. A quorum was present to approve the April, May, and June meeting minutes. Rebecca Crowder made the motion to approve the minutes and Randy Venable seconded the motion. There was no further discussion. The motion passed with all in favor, and none opposed. The purpose of the meeting was to discuss the questions specific to the Pregnant and Parenting Women Breakout Sessions of the 2024 Town Hall Meetings in August.

Agenda:

Review of Town Hall Meeting Questions

- The group discussed what data to include as background information for the PPW breakout session of the Town Hall Meetings and made real time edits. Alcohol use during pregnancy is more prevalent than NAS, so it is important to provide data about that. Data about cannabinoid use during pregnancy was provided by the WV Perinatal Partnership. The group discussed how the increase of concentration/strength of cannabinoids since antiquated studies on effects during pregnancy should be added to the background.
- The group also discussed models of alcohol and cannabinoid cessation that are successful with adults and how that could fit into models specifically working with pregnant women.

Review KPI Progress/General Updates and Plans

- The group also discussed models of alcohol and cannabinoid cessation that are successful with adults and how that could fit into models specifically working with pregnant women.
- The group agreed that there needs to be more education about substance use disorders during pregnancy for substances other than opioids and the difference between Fetal Alcohol Syndrome and Fetal Alcohol Spectrum Disorder. The group suggested webinars for educational purposes that would educate medical providers as a first line of defense. They would use the Perinatal Partnership's list of practicing obstetrics providers. After them, indirect

care providers who see clients in other settings such as nurses, case managers, and PRSSs would also be educated via webinars.

- The WV Perinatal Partnership is still waiting to get back minor edits on their screening/PRSI survey but will begin surveying providers soon.
- Dr. Stefan Maxwell is still collaborating with state leaders on how we can utilize opioid stepdown facilities for babies born to parents using other substances during pregnancy because they are still not in a safe environment even though their parents used substances other than opioids.
- Since using Aegis Labs (last month's guest speaker), FMRS and other facilities have been successfully identifying synthetic urine turned in for drug screening. The information provided by Aegis Labs was well-received and the group would like to further disseminate this information to other state groups in the future.

Reminder of Town Hall Meetings and Fall Planning

- Bradley McCoy provided a reminder about the Town Hall Meetings occurring every Wednesday in August and reminded the group that the meetings will inform the 2025 Plan which will be due by November 15, 2024.

Adjournment:

Dr. Maxwell closed the meeting by thanking all subcommittee members for their attendance. The subcommittee will meet again on August 23, 2024.