

Meeting Minutes

Governor's Council on Substance Abuse Prevention and Treatment

Wednesday, March 13, 2019

Start Time: 5:00 p.m.

Location: One Davis Square, 321 Capitol Street, Offices of the Secretary, Conference Room 100, Charleston, WV 25301

Present: Thomas Plymale, Sheriff Bohrer, Matt Boggs, Betsy Jividen, Dr. Becker, Dr. Kilkenny, Amy Saunders, Brian Gallagher, Kim Barber Tieman, Dr. Coben, Secretary Crouch, Secretary Sandy, Christina Mullins, Dr. Shapiro, Dr. Boisvert, Michael Stuart, Bob Hansen, Joe Peal, Gary Thompson, Gary Krushansky, Dora Radford, Sonia Chambers

Absent: Dr. Berry, Diana Whitlock, Dr. Petrany, Dr. Mock, Dr. Marsh, Senator Maroney, Delegate Ellington

Approval of Minutes

It was MOVED, SECONDED, AND CARRIED that the minutes of the February 27, 2019 meeting be approved.

Update on Legislation

The Chair gave the group an overview of the status of legislative initiatives.

Open discussion to define what constitutes "success" for purposes of guiding development of the strategic plan

The Chair opened the floor to discussion on what constitutes "success..."

- **Availability of Services:**
 - Available (within 24 hours of request) to every West Virginian who needs them;
 - Offered to anyone who suffers an overdose and receives treatment for that overdose.

- **Treatment:**
 - That allows for multidimensional outcomes;
 - That matches those with SUD to the type of treatment that works best for them personally;
 - That makes many avenues to recovery available with measurable outcomes tracked;
 - Needs specialized treatments for certain specialized populations.

- **Prevention:**
 - Implementation of evidence-based practices statewide;
 - USA HEAT (Heroin Education Action Team) program, focuses on teen drug abuse and gives a greater measure of success of prevention over time;
 - Focus in schools on vaping and JUUL, 2nd hand vaping, COPD;
 - Take back our Health Initiative – Prevention Toolkit needs to be used statewide;
 - Start in elementary schools;
 - Focus on at-risk families;
 - Mountaineer Challenge Academy.

- **Measurable indicators can include:**
 - Measures of Success: We can measure numbers of overdoses and numbers of overdose deaths and can see some impact there but we can also look at intermediary measures like at-risk youth;
 - Using surrogate markers such as:
 - Return to families/children;
 - Employment;
 - People who can successfully pass a drug test;
 - Lower rate of young people developing SUD – can measure school attendance, high school graduation.
 - Decrease death rate, decrease overdoses, don't get hung up on failures, be prepared for push back;
 - List of objectives could include reducing hospitalization and reducing re-admissions
 - **Data**
 - Need a dashboard, we can track NAS, ODs, OD deaths, communicable disease, don't waste time on a perfect dashboard, can come up with some indicators to inform, don't base on emotion and hyperbole;
 - Secretary Crouch emphasized the importance of data;
 - We have to be brutally honest with our data.

- **Best practices for prescribing of opioids:**
 - Most are already in law;
 - Use CSMP data to determine if they are in compliance;
 - Need to Monitor outliers;
 - Need to make sure there are other treatment opportunities for those with chronic pain.

- **Law Enforcement perspective:**
 - DRC and home confinement concerned with focusing exclusively on opioids;
 - Arresting and jailing less addicts and more dealers;

- Get to prison and not jail where you can get your programs/this doesn't apply to federal corrections.
- **Employment:**
 - Number of people in recovery who have and keep job;
 - How many employers would work with those in recovery (there are tax incentives for employers);
 - Day Report – first part of time they start coming to work;
 - SUD specific social enterprises and SBA work plans;
 - Workforce Investment Boards (WIB) put an employment coach in offices and are looking at funding;
 - Number of pilots that will take;
 - Looking at barriers like transportation:
 - Work with Lyft;
 - Also could use this for MAT;
 - Social determinants for health based on Maslow's Hierarchy of Needs.
 - Expungement;
 - Getting certifications back.
- **Cross-Linking:**
 - Link up things that work with each other that can be tracked through the system e.g. Naloxone with QRT.

Adjournment of Meeting

There being no further business, the chair adjourned the meeting at 6:15 p.m.