

# LHD Management Guidelines for Pain Clinic

## Phone Triage

### When patients call in about testing:

1. When patients call in for an appointment, explain that counseling and testing is recommended for patients who had a procedure (needle under the skin) at the facility before October 31, 2013.  
QUESTIONS TO ASK:
  - a. Did the patient have an injection (needle under the skin) or procedure (cut or incision in the skin) at the facility?
  - b. Did they have the injection at any time at that location prior to October 31, 2013?
2. If NO TO EITHER OR BOTH QUESTIONS: patients do not meet those criteria, reassure them that the public notification does not apply to them. Offer them resources to get their questions answered:
  - a. Website: [www.dide.wv.gov](http://www.dide.wv.gov)
  - b. Hotline: (800) 642-8244
  - c. Other locally available resources to counsel about hepatitis or HIV risk
3. If YES TO BOTH QUESTIONS, recommend that they go to their primary care provider. They can also make an appointment for counselling and testing at the local health department.

## Patient Initial Visit for Counseling and Testing

**BE PREPARED to offer printed materials from [www.dide.wv.gov](http://www.dide.wv.gov), including the FAQ, information on hepatitis B, hepatitis C and HIV.**

### When patients arrive for counseling and testing:

1. Give patients a copy of the FAQ.
2. Offer them information about hepatitis B, hepatitis C and HIV.
3. Share with them what we know about the risk from the clinic procedures (See FAQ):
  - a. Procedures where there is known to be a small risk:
    - i. Epidural injections
    - ii. Selective nerve blocks
    - iii. Adhesiolysis
    - iv. Some facet injections
    - v. Some SI joint injections
  - b. Procedures where risk is unknown. The risk may be low or there may be no risk.
    - i. peripheral joint injection
    - ii. trigger point injection
    - iii. peripheral nerve block
    - iv. radiofrequency ablation
    - v. spinal cord stimulation

- c. Some patients will not know what procedure(s) they had. Such patients may have a low risk or no risk, but the risk cannot be known with certainty.
  - d. There also may have been other procedures performed at the clinic. The risk associated with other procedures is unknown.
4. Explain the purpose of testing: to detect silent infections with hepatitis B, hepatitis C or HIV so that patients can get counseling and/or treatment. A positive test in a patient does not mean that the infection came from facility.
5. Offer testing. If patients accept testing:
- a. Label 2 clean SST tubes (red and grey tube tops).
  - b. Collect venous blood into the 2 SST tubes, filling each 2/3.
  - c. Label the tube with the full name of the patient and the date of collection.
  - d. Complete the diagnostic immunology form provided by the Office of Laboratory Services for this project.
  - e. Mail specimens in accordance with OLS instructions.

### Additional Laboratory Information for Health Departments

1. OLS has created Hepatitis and HIV forms for each Health Department. The forms are labeled with the project code for this event (D14-40) and have many pre-filled fields to make documentation easier for your facility.
2. Starting the Week of July 7<sup>th</sup>, OLS will send out kits to each Health Department with supplies designated for this project. The kit will contain the following items:
  - a. 100 blood tubes.
  - b. 50 needle hubs.
  - c. 12 canisters with attached UPS return labels.
  - d. 1 copy of the Hepatitis and HIV forms for the specific county.
  - e. 1 copy of the supply order form with the project code noted on it.
3. If the Health Department does not receive the supply kit by July 16, 2014, please contact the lab at (304) 558-3530 ext.0. Ask to speak with Dondeena McGraw or Elizabeth Arthur.
4. After the initial supply kit is received, it is the responsibility of the Health Department to order supplies to continue this project.
  - a. When ordering supplies for this event, please make sure that the project code is noted on the supply order form.
5. Helpful Hints
  - a. It is recommended that each form should be copied onto a different color paper for easier identification. This will allow clinicians an easy way to keep project paperwork separate from "regular" paperwork.
  - b. Canisters can hold up to 8 blood tubes.
  - c. **Reminder:** UPS return labels are to only be used for project samples from this event. Return label abuse will result in sites being ineligible to receive UPS labels for this project.
  - d. Any questions should be directed to:
    - i. Dondeena McGraw (304) 558-3530 ext. 2001
    - ii. Sharon Cibrik (304) 558-3530 ext.2001

## Patient Return Visit for Laboratory Results

### When a patient returns for negative results

1. Explain that no evidence of infection with hepatitis B, hepatitis C or HIV was detected.
2. Answer any questions and reiterate the resources available if they have further questions:
  - a. [www.dide.wv.gov](http://www.dide.wv.gov)
  - b. Hotline: (800) 642-8244
  - c. Other locally available resources to counsel about hepatitis or HIV risk

### When a patient returns for any positive result

1. Consult with DIDE if needed: (800) 423-1271, extension 1.
2. Explain the results to the patient.
3. Explain how the disease(s) can be transmitted and offer information about the disease(s). Explain how to prevent transmission to others. Follow disease investigation and prevention protocols at [www.dide.gov](http://www.dide.gov)
4. Refer the patient to a physician for evaluation and possible treatment.
5. Answer any questions and reiterate the resources available if they have further questions:
  - a. [www.dide.wv.gov](http://www.dide.wv.gov)
  - b. Hotline: (800) 642-8244
  - c. Other locally available resources to counsel about hepatitis or HIV risk

## Testing Resources

### Testing Resources:

OLS Diagnostic immunology form:

<http://www.wvdhhr.org/labservices/shared/docs/Serology/DI%20Request%20Form.pdf>

Collection instructions for hepatitis B and C testing:

<http://www.wvdhhr.org/labservices/shared/docs/Serology/bloodinstructions.pdf>

Collection instructions for HIV testing:

<http://www.wvdhhr.org/labservices/shared/docs/Serology/HIV%20instructions.pdf>