

**Purpose:** The Wood County Board of Education is committed to providing school environments that promote and protect student health, well-being, and ability to learn by supporting healthy eating behaviors and regular physical activity.

**Regulatory Requirements:**

Federal Public Law PL 108.265 Section 204 – Child Nutrition and WIC Reauthorization Act of 2004

West Virginia State Code §18-2-7a – Legislative Findings; Required Physical Education; Program in Physical Fitness

West Virginia Board of Education Policy 2510 – Assuring the Quality of Education: Regulations for Education Programs

21<sup>st</sup> Century Wellness Pre-K–4 Content Standards for West Virginia Schools (WV BOE Policy 2520.55)

21<sup>st</sup> Century Health Education 5-12 Content Standards for West Virginia Schools (WV BOE Policy 2520.5)

21<sup>st</sup> Century Physical Education 5-12 Content Standards for West Virginia Schools (WV BOE Policy 2520.6)

West Virginia Board of Education Policy 4321.1 – Standards for School Nutrition

West Virginia Board of Education Procedural Rule Title 125 Series 85 – Policies of Operation Child Nutrition Programs (4320)

**Scope:** The policy will allow for the formulation of goals for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness. It will also provide nutrition guidelines for foods available during the school day with the objectives of promoting student health.

Therefore, it is the policy of the Wood County Board of Education that:

1. The school district will form a local wellness committee comprised of students, parents, school administrators, food service professionals, health professionals, Board members, and other interested community members to develop, implement, monitor, and review district-wide nutrition and physical activity policies.
2. All students in Wood County Schools will have opportunities, support, and encouragement to be physically active on a regular basis beyond the minimum school requirements.
3. Foods and beverages sold or served at school during the school day will meet the nutrition standards in West Virginia Board of Education Policy 4321.1 and in addition Wood County Schools will not sell soft drinks during the school day. School day is defined as the time between the arrival of the first child at school and the end of the last instructional period.
4. Qualified child nutrition professionals will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students and will provide clean, safe, and pleasant settings and adequate time for students to eat.
5. Wood County Schools will participate in available federal school meal programs that apply to the student population and may include the School Breakfast Program, National School Lunch Program, After School Snack Program, After School Supper Program, and the Summer Food Service Program.
6. Schools will provide nutrition education and physical education to foster lifelong habits of healthy eating and physical activity, and health education, school meal programs, and related community services.

Adopted: June 27, 2006

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Reviewed: September 25, 2012, October 14, 2014