

		• Discuss notifications and					
S	M	Т	W	т	F	S	 expectations with your workplace and/or schools. Install carbon monoxide detectors. Keep OUTSIDE generator at
					1 New Year's Day/ Resolve to be Ready	2	 least 20 feet from any door, window, or vent. Make specific plans for how you will avoid driving. Be alert to weather conditions using local
3	4	5	6	7	8	9	 alerts and news sources. Stay indoors. If the power goes out, close off unused rooms to consolidate heat.
10	11	12	13	14	15	16	 Wear layered clothing and use blankets or sleeping bags to stay warm. Bring pets inside.
17	18 Martin Luther King Jr. Day	19	20	21	22	23	 NEVER use generators, outdoor heating or cooking equipment indoors. NEVER heat a home with a stove.
24	25	26	27	28	29	30	 Keep disaster supplies in your vehicle, make sure your vehicle is properly equipped, and use extra precaution on the roads.
31							 Limit your time outdoors. If you are outside and wear several layers of warm, loose-fitting, light-weight clothing.

- g pets inside.
- 'ER use generators, loor heating or cooking ipment indoors.

- ER heat a home with a e.
- o disaster supplies in vehicle, make sure vehicle is properly ipped, and use extra aution on the roads.
- t your time outdoors. If are outside and wear eral layers of warm, e-fitting, light-weight hing.



February	20	016
----------	----	-----

S	Μ	Т	W	т	F	S	
							•
	1	2 Groundhog Day	3	4	5	6	•
7	8	9	10	11	12	13	•
14 Valentine's Day	15 President's Day	16	17	18	19	20	•
21	22	23	24	25	26	27	•
28	29						•

Flooding

- Know your area's flood risk and consider flood insurance, visit www.floodsmart.gov or call 1-800-427-2419.
- Make an itemized list of personal property, furnishings, clothing, and valuables.
- Fill out a Household Emergency Plan containing important contacts for you and your family.
- Prepare an Emergency Kit with a portable AM/FM radio that you can grab if you need to evacuate.
- Learn the safest route to higher ground from your home or place of business.
- If you live in a floodsusceptible area, keep materials, such as sandbags, plywood, plastic sheeting, and lumber, to help protect your home. Never walk across flood waters, just six inches of moving water can knock you off your feet. Avoid flooded roadways and do not attempt to drive through flood waters, just two feet of moving water can sweep a Sport Utility Vehicle (SUV) off the road.



March 2016

S	М	Т	W	Т	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13 Daylight Savings Time Begins	14	15	16	17 St. Patrick's Day	18	19
20 Palm Sunday	21	22	23	24	25	26
27	28	29	30	31		
Easter						

Tornadoes

- Determine a place where
 you will take shelter. The
 basement or the lowest
 point of your home provides
 the best protection.
- If underground shelter is not available, go to an interior room or hallway without any windows.
- Stay away from windows, doors and outside walls. Go to the center of the room.
 Stay away from corners because they attract debris.
- If you cannot find shelter, lie flat in a ditch or other lowlying area. Do not take cover under an overpass or bridge.
- During a tornado watch, stay

tuned to local radio and TV stations or a National Oceanographic and Atmospheric Administration (NOAA) Weather Radio for further weather information.

 Never touch or go near downed power lines, even if you think they are safe.



			Emergency Kit				
S	M	Т	W	Т	F	S	 Copies of important documents, such as insurance cards, photo IDs and proof of address. Extra set of keys.
					1 April Fool's Day	2	 Credit and ATM cards. Cash, especially in small bit (ones, fives and tens). Bottled water and ready-t eat foods.
3	4	5	6	7	8	9	 Flashlights, radios and extra batteries. Medication or a list of the medications and dosages
10	11	12	13	14	15	16	each member of your household needs. Also kee copies of prescriptions, yo doctors' and pharmacist's contact information.
17	18	19	20	21	22	23 Passover Begins	 First-aid kit. Sturdy, comfortable shoes lightweight rain gear, and Mylar blanket. A copy of your Emergency
24	25	26	27	28	29	30 National PrepareAthon! Day/Passover Ends	 Plan with contacts and meeting place information A small regional map. Personal care items: hand sanitizer, feminine product toothbrush and toothpast toilet paper and wipes.

- shoes, r, and a
- rgency ind mation.
- p.
- : hand oroducts, thpaste, bes.



	May 2016										
S	Μ	Т	W	T	F	S					
1	2	3	4	5 Cinco De Mayo	6	7					
8 Mother's Day	9	10	11	12	13	14					
15 Hurricane Preparedness Week	16	17	18	19	20	21					
22	23	24	25	26	27	28					
29	30	31									
	Memorial Day										

Hurricanes

- Develop an Emergency Plan and give copies to everyone in your household.
- Know your evacuation route and where you will go if you need to evacuate. Consider staying with friends or family outside any flood prone areas.
- Put together a disaster supply kit, including a flashlight, batteries, cash, first aid supplies, and copies of your critical information.
- Sign up for local emergency alerts.
- If it's safe to stay home, have flashlights, blankets,

water and easy-to-prepare non-perishable food in case you lose water or power.

- Keep all trees and shrubs well-trimmed to reduce wind debris.
- Secure loose rain gutters and downspouts. Clear any clogged areas or debris to prevent water damage.
- Secure and reinforce the roof, windows and doors.
- Keep generators at least 20 feet away from windows and doors and protected from moisture.



		Ju	ne 20	16			Pet Preparedness Include pets in your emergency
S	Μ	Т	W	Τ	F	S	plan. If you must evacuate, bring your pets, too – it's not safe to leave them behind. Create a Pet Emergency Kit with
			1	2	3	4	 the following items: At least a three-day supply of food and water. Manual can opener for wet food.
5	6	7	8	9	10	11	 Copies of your animal's health records, registration, license number, microchip number, and vaccinations. Medications for your pet. Or,
12	13	14 Flag Day	15	16	17	18	 a list of the medications your pet takes regularly, including the type of medication, dosage. Contact list of veterinarian
19 Father's Day	20	21	22	23	24	25	 and local animal clinics. Animal first-aid kit, including flea and tick treatment. Extra collar, leash and muzzle.
26	27	28	29	30			 Recent photos of your pet for identification. Toys and treats. Litter, litter box and scoop. Plastic bags, paper towels, and cleaning supplies for clean-up. Collapsible carrier and cover sheet.

- an
- ıding
- et
- op.
- ls, r
- over



		Ju	ly 20	16			F ● Spar
S	Μ	Т	W	Т	F	S	spar 1800 • Child be s • Child
					1	2	 that Never four Leaver of the
3	4 Independence Day	5	6	7	8	9	 Prop mus
10	11	12	13	14	15	16	stru com • Insp use.
17	18	19	20	21	22	23	 Nev tank insid Stor Do r
24	25	26	27	28	29	30	 tank Allor penemini Nev
31							 a fire Keep wate Do r cloth

Fireworks Safety

- Sparklers can produce hot sparks and temperatures of 1800F degrees.
- Children using sparklers must be supervised by adults.
- Children should be taught that fireworks are dangerous.
- Never pick up fireworks found on the ground.
- Leave fireworks in the hands of the professionals.

BBQ Safety

- Propane and charcoal grills must only be used outdoors.
- Grills should be 15 feet from structures and 3 feet from combustible materials.
- Inspect the grill before each use. Replace damaged parts.
- Never store spare propane tanks under or near a grill or inside the home.
- Store propane tanks upright.
- Do not transport propane tanks in the trunk of a car.
- Allow lighter fluid to penetrate charcoals for 5-10 minutes before lighting.
- Never add starter fluid, once a fire has been started,
- Keep a small spray can of water handy to douse flames.
- Do not wear loose fitting clothing while cooking.



		 Heat Safety Stay out of the sun and wear 					
S	Μ	Т	W	Т	F	S	 sunscreen (at least SPF 15). Avoid being in the heat between 10 a.m. and 2 p.m. To prevent sunburn, wear lightweight, light-colored,
	1	2	3	4	5	6	 loose-fitting clothes that cover your skin. Use drapes, shades, louvers or awnings in your home. (Outdoor awnings or louvers
7	8	9	10	11	12	13	 can reduce the heat in your home by up to 80 percent.) Use a hat, visor, or an umbrella for shade. Slow down. Rest in the shade
14	15	16	17	18	19	20	 or a cool place. Drink plenty of water. Avoid alcohol and caffeine. Maintain a normal diet. Use air conditioners and fans.
21	22	23	24	25	26	27	If you use a fan, make sure your windows are open to release trapped hot air.Visit a friend with air
28	29	30	31				 conditioning or go someplace cool like a mall or library. Take a cool shower or bath. Read your medication labels. Some medications can cause adverse reactions to heat. Never leave children, pets, or those who require special care in a parked car during hot weather.

Heat Safety

- ay out of the sun and wear nscreen (at least SPF 15).
- void being in the heat tween 10 a.m. and 2 p.m.
- prevent sunburn, wear htweight, light-colored, ose-fitting clothes that ver your skin.
- se drapes, shades, louvers awnings in your home. utdoor awnings or louvers n reduce the heat in your ome by up to 80 percent.)
- se a hat, visor, or an nbrella for shade.
- ow down. Rest in the shade a cool place.
- ink plenty of water. Avoid cohol and caffeine.
- aintain a normal diet. se air conditioners and fans.



		Septe	mbei	2016	5		•
S	M	Т	W	Т	F	S	•
				1	2	3	•
4	5 Labor Day	6	7	8	9	10	•
11	12	13	14	15	16	17	•
18	19	20	21	22	23	24	•
25	26	27	28	29	30 National PrepareAthon! Day		

Be Prepared

- Create an emergency plan with important contacts for your household.
- Be ready to shelter in your home for at least 72 hours.
- Have an emergency kit.
- Know the local Evacuation Routes.
- Decide on two emergency meeting places - one right outside or close to your home and another outside your neighborhood.
- Practice evacuating from your home and getting to your meeting places.
- Ask a friend or relative who lives outside of the area to be your family's emergency contact. If local phone lines are busy, long distance calls may be easier to make.
 Plan for everyone in your family including pets.
 Twice a year - check your emergency plan and the expiration dates of your emergency supplies when you change your clocks and smoke alarm batteries during Daylight Saving Time.

EARTHQUAKE PREPAREDNESS

		Octo	bber a	2016			
S	Μ	Т	W	T	F	S	Indoo
						1	 DR Tal tak HC tak
2	3 Rosh Hashanah	4	5	6	7	8	Outsid • STA • Mo str
9	10 Columbus Day	11	12 Yom Kippur	13	14	15	 On un In a V ST
16	17	18	19	20 Great ShakeOut	21	22	pe • ST/ • AV un ov
23	24	25	26	27	28	29	In Bec • ST • CC
30	31 Halloween						— wi

Earthquakes

- to the ground.
- COVER under a study or desk.
- ON to the leg of the until the shaking stops.
- Outdoors.
- E AWAY from buildings, tlights and utility wires.
- in the open, STAY there the shaking stops.

cle:

- as quickly as safety its.
- in the vehicle.
- D STOPPING near or buildings, trees, basses and utility wires.

- there.
- R your head and neck pillow.

WINTER IS COMING PREPARE NOW

November 2016

							1
S	Μ	Т	W	Т	F	S	i f t
		1	2	3	4	5	
6 Daylight Savings Time Ends	7	8 Election Day	9	10	11 Veteran's Day	12	
13	14	15	16	17	18	19	
20	21	22	23	24 Thanksgiving	25	26	
27	28	29	30				

Thanksgiving Safety

According to the U.S. Fire Administration, there is an increased incidence of cooking fires during the holidays. Follow these tips to stay safe:

- Stay in the kitchen when you are frying, grilling, or broiling food. If you leave the kitchen, turn off the stove.
- If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the home, and use a timer to remind you that you're cooking.
- Stay alert! To prevent cooking fires, you have to be alert.
- Keep anything that can catch

fire - potholders, oven mitts, wooden utensils, paper or plastic bags, food packaging, towels, or curtains - away from your stovetop.

- Keep the stovetop, burners, and oven clean.
- Wear short, close-fitting or tightly rolled sleeves when cooking. Loose clothing can dangle onto stove burners and catch fire.
- Keep children and pets away from cooking areas



	December 2016								
S	Μ	Τ	W	Τ	F	S			
				1	2	3			
4	5	6	7 Pearl Harbor Day	8	9	10			
11	12	13	14	15	16	17			

Holiday Safety

- All decorations should be nonflammable or flameretardant and placed away from heat vents. If you are using an artificial tree, make sure it is flame retardant.
- Don't Block Exits: Ensure that trees and other holiday decorations do not block an exit way.
- Never put wrapping paper in the fireplace. It can throw off sparks and embers that may result in a chimney fire.
- Avoid using candles. Consider using battery-operated candles.
- If you do use lit candles, make sure they are in stable

18	19	20	21	22	23	24	
							•
						Christmas Eve	
25	26	27	28	29	30	31	•
Christmas/							
Hanukkah						New Year's	
Begins	Kwanza Begins					Eve	

holders and place them where they cannot be easily knocked down. Never leave the house with candles burning.

- Never put lit candles on a tree.
- Do not go near a tree with an open flame – candles, lighters or matches.