

Parents as Teachers (PAT) 120805

Parents as Teachers (PAT) is a home-visiting parent education program that teaches new and expectant parents skills intended to promote positive child development and prevent child maltreatment. The program can target certain risk factors, or it may be used as an overall preventative program. Families can begin the program prenatally and continue through when their child enters kindergarten. Sessions are typically held for one hour in the family’s home, but can also be delivered in schools, child care centers, or other community spaces. The goals of PAT are:

- increase parent knowledge of early childhood development;
- improve parenting practices;
- promote early detection of developmental delays and health issues;
- prevent child abuse and neglect, and;
- increase school readiness and success.

The four core components are:

- personal home visits;
- supportive group connection events;
- child health and developmental screenings, and;
- community resource networks.

Only in- home setting permitted	Unit= One day 90 units/90 days (3 months)
Admission Criteria:	<ul style="list-style-type: none"> <li>• At least one parent must be pregnant or parenting a newborn.</li> <li>• Family is engaged in an active Child Protective Services case.</li> <li>• Children in foster care (through either abuse/neglect or juvenile justice petition) who are pregnant and/or parenting a newborn.</li> <li>• Service must be referred by a case worker within the Bureau for Children and Families or staff contracted to act in the caseworker role.</li> <li>• Child must remain in their home.</li> <li>• Children in DHHR custody who have returned home for a trial period are eligible to receive this service.</li> <li>• WV DHHR Prevention or Case Plan must be provided, or the service cannot be</li> </ul>

	authorized. A provider plan will not substitute this requirement.
Continued Stay:	NA
Discharge Criteria	<ul style="list-style-type: none"> <li>• Goals have been accomplished.</li> <li>• Family/child is not participating.</li> <li>• No progress has been demonstrated.</li> <li>• Child enters DHHR Custody.</li> <li>• Child reaches age outside the scope of service.</li> </ul>
Service Exclusions:	Targeted Case Management and other parenting education curricula may not be provided concurrently.
Clinical Exclusions:	Parent is in active hospital or residential based treatment without the child(ren).
Documentation:	<p>Documentation must occur within 15 calendar days of delivery of service.</p> <p>Documentation must indicate how often this service is to be provided.</p> <p>There must be a progress note describing each service provided, the relationship of the service to the case, and the families response to the service.</p> <p>Documentation must also include the following:</p> <ul style="list-style-type: none"> <li>• Signature with credentials</li> <li>• Place of service</li> <li>• Date of service</li> <li>• Start-and-Stop times</li> </ul>

Prerequisite/Minimum Provider Qualifications:

- Agencies must sign an affiliate agreement indicating they will adhere to the essential requirements to meet model fidelity.