

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State: West Virginia

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Rehabilitative Services

Certified Community Behavioral Health Clinic (CCBHC) Services

CCBHC services must include a comprehensive set of outpatient, community-based behavioral health services and supports for individuals across the life span that are delivered in an integrated, whole-person approach, including consideration for the needs of Veterans and uniformed officers, through coordination across behavioral health, physical health, and social service providers. All CCBHC services are furnished by qualified practitioners affiliated with West Virginia’s CCBHCs. The service(s) must actively benefit the member and be described in the member’s treatment plan.

CCBHCs may contract with Designated Collaborative Organizations (DCO) that provide CCBHC services as permitted by West Virginia Department of Human Services (DoHS). A DCO is a distinct entity that is not under the direct supervision of a CCBHC but has a formal contractual relationship with a CCBHC to provide an authorized CCBHC service. The CCBHC must ensure the DCO provides the same quality of care as those required by CCBHC certification. The CCBHC maintains ultimate clinical responsibility for the services provided to CCBHC members by the DCO under this agreement. To the extent that services are required that cannot be provided by either the CCBHC directly or by a DCO, referrals may be made to other providers or entities. The CCBHC retains responsibility for the overall coordination of a member’s care including services provided by the DCO or those to which it refers an individual. Providers within the DCOs comply with provider qualifications as outlined in the State Plan.

Services Provided by CCBHC

1. Crisis Services
2. Person and/or Family-Centered Treatment Planning
3. Screening, Assessment, Diagnosis, and Risk Assessment
4. Outpatient Mental Health and Substance Use Services
5. CCBHC Targeted Case Management
6. Outpatient Primary Care Screening and Monitoring

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7. Peer, Family Support, and Counselor Services

8. Psychiatric Rehabilitation Services

Provider Qualifications

CCBHCs must be non-profit organizations, Licensed Behavioral Health Clinics (LBHCs), and meet applicable organizational and staff licensure and CCBHC certification requirements as defined by the West Virginia DoHS.

CCBHC Service Descriptions

The following table describes each CCBHC service and State Plan authorization references.

All services must be medically necessary as determined by a licensed behavioral health practitioner or other healthcare professional operating within their scope of practice, consistent with state law, regulation, and policy and delivered in accordance with the member’s person-centered or family-centered care plan.

<u>CCBHC Services Defined in WV Medicaid State Plan</u>		
<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
<u>Mental Health Crisis Services</u>	<u>Crisis response services include crisis assessment, crisis intervention, crisis stabilization and community intervention</u>	<u>Rehabilitative Services: Supp 2 Attachment 3.1A/3.1B: page 5</u>
<u>Screening, Assessment, Diagnosis, and</u>	<u>Comprehensive outpatient behavioral health services to screen, assess, and diagnose behavioral health disorders.</u>	<u>Medical and Remedial Services: 9.b: Supp 2 to Attachment 3.1A, 3.1B page 3aa Clinic Services</u>

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<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
<u>Risk Assessment</u> <u>Treatment Planning</u> <u>Outpatient Behavioral Health Services</u>	<u>Services may be preventive, diagnostic, therapeutic, or palliative and include screening, assessment, and diagnosis, including risk assessment for behavioral health conditions.</u> <u>Medication-Assisted Treatment</u>	<u>Medication-Assisted Treatment: 9.b</u> <u>Medical and Remedial Services Clinic Services: Section 9.b; Supp 2 to Att. 3.1.A/3.1.B; page 3aa; Clinic Services</u> <u>Medication-Assisted Treatment: Supp 3 to Attachment 3.1A Pg 1</u> <u>Rehabilitative Services: Supp 2 Attachment 3.1A/3.1B: pages 5.1 – 5.3; 5a- 5c</u> <u>Physician Services: Supp 2 to Attachment 3.1A, 3.1B page 2a</u> <u>Other Practitioners: Supp 2 to Attachment 3.1A, 3.1B page 2a</u> <u>Day Programming: Attachment 4.39 page 1</u>

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<u>CCBHC Services Defined in WV Medicaid State Plan</u>		
<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
<u>Primary Care Screening and Monitoring</u>	<p><u>Primary care screening and monitoring of key health indicators and health risks</u></p> <p><u>Laboratory Services</u></p>	<p><u>Medical and Remedial Services:</u> Att. 3.1-A, pages 1-2</p> <p><u>Other Laboratory and X-ray Services</u></p> <p><u>EPSDT:</u> Att. 3.1-A, page 2</p> <p><u>Medical and Remedial Services:</u> Supp 2 to Attachment 3.1A, 3.1B page 3aa:</p> <p><u>Clinic Services</u></p> <p><u>Physicians Services:</u> Supp 2 to Attachment 3.1A, 3.1B page 2a</p>

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<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
<u>Psychiatric Rehabilitation</u>	<p><u>Behavioral Health Services under the Rehabilitation option include any medical or remedial service recommended by a physician or other healthcare professional operating within their scope of practice, for the purpose of reducing physical or mental disability and restoration of a member to his/her best possible functional level. These services are designed for all individuals with conditions associated with mental illness and/or substance use disorder. The need for these services will be certified by a physician or other healthcare professional operating within their scope of practice. Services include:</u></p> <p><u>Behavioral Health Services</u> <u>Crisis Services</u> <u>Rehabilitative Support Services:</u> <u>Counseling</u> <u>Behavioral Management Services</u> <u>Basic Living Skills Development</u> <u>Evaluations and Treatment Plan Development</u></p>	<u>Rehabilitative Services: Supp 2 Attachment 3.1A/3.1B: pages 5.1 – 5.3; 5a- 5c</u>

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<u>CCBHC State Plan Services</u>		
<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
<u>CCBHC Targeted Case Management</u>	<p><u>Targeted case management (TCM) is an intensive service designed to meet the needs of children and adults with complex and/or chronic conditions. The target population consists of children, youth, and adults with diagnosed serious emotional disturbance or behavioral health disorder(s) and documented, substantial functional impairments that can inhibit their ability to access or engage in services without support. TCM is not available to all CCBHC enrolled members.</u></p> <p><u>CCBHC enrolled members must have a serious emotional disorder, serious mental illness and/or a substance use disorder and substantial functional impairment, as follows:</u></p> <ol style="list-style-type: none"> 1. <u>Diagnosis(es) of a serious emotional disturbance, a major mental illness, and/or a substance use disorder per the most current Diagnostic and Statistical Manual of Mental Disorders for chronic mental illness or substance abuse and:</u> <ol style="list-style-type: none"> a. <u>Demonstrated substantial functional limitations in two or more (2) major life areas. Major life areas are considered based on the age of the child, youth, or adult and may include substantial functional impairment in areas such as ability to work or maintain employment; attend school, study, or learn;</u> 	<p><u>All staff that provide TCM Services shall have appropriate training and supervision and meet one of the following qualifications:</u></p> <p><u>Case Manager I</u></p> <ul style="list-style-type: none"> • <u>Associate degree in a human services field or</u> • <u>High school diploma and two years' experience working in a behavioral health setting or as a certified peer support provider and</u> • <u>Completion of a state approved TCM training that consists of core TCM concepts, such as:</u> <ul style="list-style-type: none"> ○ <u>Plan Implementation and Coordination</u> ○ <u>Monitoring and Reassessment</u> ○ <u>Engagement and Facilitation Skills</u>

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<u>CCBHC State Plan Services</u>		
<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
	<p><u>make or maintain social, interpersonal or family relationships; capacity for routine self-care, self-regulation and control; ability to live independently; and/or</u></p> <p>b. <u>Individual is homeless or at risk of homelessness; has had two or more inpatient admissions or use of emergency department services in last 12 months due to behavioral health disorder, or two or more incidents of law enforcement or corrections involvement due to behavioral health disorder in the past 12 months; or is transitioning from an inpatient, residential, transitional, or corrections settings and/or at increased risk of voluntary or involuntary hospitalization due to behavioral health needs, or at risk of poor health or poor behavioral health outcomes without additional support.</u></p> <p>2. <u>Individuals must be reassessed at least annually for functional limitation status in order to determine continuing medical need.</u></p> <p><u>CCBHC TCM services assist CCBHC members in gaining access to needed behavioral, medical, social, educational, and</u></p>	<ul style="list-style-type: none"> ○ <u>Regulation: Privacy, Confidentiality, Client Rights, Documentation</u> <p><u>Works under the supervision of and receives regularly scheduled supervision from a Case Manager II with at least two years of full time experience as a case manager in a behavioral health setting.</u></p> <p><u>Case Manager II</u></p> <ul style="list-style-type: none"> • <u>A psychologist with a masters' or doctoral degree from an accredited program</u> • <u>A licensed social worker</u> • <u>A licensed registered nurse</u> • <u>A master's or bachelor's degree granted by an accredited college or university in one of the following human services fields:</u> <ul style="list-style-type: none"> ○ <u>Psychology;</u>

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<u>CCBHC State Plan Services</u>		
<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
	<p><u>other health-related services, as described in the individual's person- or family-centered centered treatment plan. Services in the treatment plan may be services delivered by the CCBHC, a DCO, or an external agency.</u></p> <p><u>CCBHC TCM services consist of supporting the assessment and development of person or family-centered treatment plan; linkage, and referral; and monitoring, and follow-up activities and may include:</u></p> <p><u>Assessment and Treatment Planning:</u> <u>Supporting member assessment and the development of the person and/or family-centered treatment plan, under the supervision of a licensed clinician.</u></p> <p><u>Linkage, Referral and Advocacy:</u></p> <ol style="list-style-type: none"> <u>Activities that help link the individual and/or family with needed behavioral, medical, social, educational, and other health-related services, or other programs and services that are capable of providing needed services to address identified needs and achieve goals specified in the treatment plan;</u> <u>Activities that facilitate the individual's and/or family's access to the care, services and resources through</u> 	<ul style="list-style-type: none"> ○ <u>Criminal Justice;</u> ○ <u>Board of Regents with health specialization;</u> ○ <u>Recreational Therapy;</u> ○ <u>Political Science;</u> ○ <u>Nursing;</u> ○ <u>Sociology;</u> ○ <u>Social Work;</u> ○ <u>Counseling;</u> ○ <u>Teacher Education;</u> ○ <u>Behavioral Health;</u> ○ <u>Liberal Arts or other Degrees approved by the West Virginia Board of Social Work.</u>
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<u>CCBHC State Plan Services</u>		
<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
	<p><u>coordination, communication, and consultation with other providers and community resources;</u></p> <p>3. <u>Evaluating, coordinating, and arranging immediate services or treatment needed in situations that appear to be emergent in nature or which require immediate attention or resolution in order to avoid, eliminate or reduce a crisis situation for a specific individual; and</u></p> <p>4. <u>Acquainting the individual, his or her parent(s), caregiver, or legal guardian with resources in the community and providing information.</u></p> <p>5. <u>Documented communication with the member and/or the member's family, legal representative, caregivers, service providers, and other relevant people to help member problem-solve, identify and address barriers, and assist the individual in choosing and accessing services.</u></p> <p><u>These activities are accomplished through in-person and telephone contacts with the individual, parent(s), caregiver or legal guardian, and with service providers and other individuals relevant to the individual's care plan on behalf of the individual.</u></p>	

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	<p><u>In-person meetings will occur as necessary, but at least every 90 days.</u></p> <p><u>Monitoring and follow-up activities:</u></p> <p><u>The targeted case manager shall conduct regular monitoring and follow-up activities with the individual, their legal representative, or with other related service providers, including the following:</u></p> <ol style="list-style-type: none"> 1. <u>Activities and contacts (either in-person or telephonic) that are necessary to ensure the treatment plan is implemented and adequately addresses the eligible individual's needs, and which may be with the individual, family members, service providers, or other entities or individuals and conducted as frequently as necessary, and including at least every 90 days, to determine whether the following conditions are met:</u> <ol style="list-style-type: none"> a. <u>services are being furnished in accordance with the individual's treatment plan;</u> b. <u>services in the treatment plan are adequate;</u> c. <u>changes in the needs or status of the individual are reflected in the treatment plan. The treatment plan is updated to include any necessary</u> 	

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	<p><u>adjustments to goals or services to reflect changing needs or status;</u></p> <p>d. <u>The individual continues to make progress on the treatment plan goals and objectives and services continue to be appropriate and effective.</u></p> <p>e. <u>The targeted case manager ensures appropriate quality, quantity, and effectiveness of services in accordance with the treatment plan.</u></p> <p>2. <u>Documented communication with the member and the member's family, legal representative, caregivers, service providers, and other relevant people identified as necessary to ensure the implementation, update, and/or monitoring of the goals of the individual's treatment plan.</u></p> <p><u>Review may result in revision or continuation of the plan, or termination of TCM services if they are no longer appropriate.</u></p>	
<u>Peer Recovery Support Services for Mental Health (PRSS - MH)</u>	<u>Peer recovery support services facilitate recovery from mental illness. Services are delivered pursuant to the person-centered care plan by trained and certified peers who have been successful in their own recovery process and can extend the reach of treatment beyond the clinical setting into a member's</u>	<p><u>CCBHC SPA Service</u></p> <p><u>PRSS providers are employed by delivering services and receive supervision through a CCBHC.</u></p>

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<u>CCBHC State Plan Services</u>		
<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
	<p><u>community and home environment to support and assist a member with staying engaged in the recovery process.</u></p> <p><u>Services include:</u></p> <ul style="list-style-type: none"> • <u>Advocacy and self-advocacy support for people in recovery</u> • <u>Sharing resources</u> • <u>Skill-building</u> • <u>Crisis support</u> • <u>Building community and relationships</u> • <u>Leading recovery groups</u> • <u>Mentoring and helping to identify and set goals</u> 	<p><u>MH PRSS providers are in recovery and share common life experiences with the target population, have a high school diploma or equivalency. PRSS providers must have a state or nationally recognized peer certification or credential and/or training to provide these services, as defined by the West Virginia DoHS.</u></p>
<u>Family Support Services (FSS)</u>	<p><u>FSS partner with individuals who have a family member experiencing significant behavioral health challenges.</u></p> <p><u>Services include:</u></p> <ul style="list-style-type: none"> • <u>Advocacy and self-advocacy support for individual families affected by behavioral health disorders</u> • <u>Sharing resources</u> 	<p><u>CCBHC SPA Service</u></p> <p><u>FSS providers are employed by, deliver services, and receive supervision through a CCBHC.</u></p>
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<u>CCBHC State Plan Services</u>		
<u>CCBHC Service</u>	<u>Service Description</u>	<u>Provider Qualifications</u>
	<ul style="list-style-type: none"> • <u>Skill-building</u> • <u>Crisis support</u> • <u>Building community and relationships</u> • <u>Leading family groups that provide information, education, and training</u> <p><u>Mentoring and helping to identify and set goals</u></p>	<p><u>FSS providers share common life experiences with the target population, have a high school diploma or equivalent. FSS providers must have a state or nationally recognized family support/family peer certification or credential and/or training to provide these services, as defined by the West Virginia DoHS.</u></p>

Service Limitations

1. Services must be delivered in accordance with an individual’s CCBHC person- and family-centered comprehensive treatment plan.
2. CCBHCs will not receive reimbursement for services that duplicate other services received by the member.

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