West Virginia Department of Health and Human Resources Bureau for Medical Services

Substance Use Disorder (SUD)
Waiver

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Agenda



- SUD Waiver Overview
- Billing Overview
- SUD Waiver Services



SUD Waiver Overview

SUD Waiver Overview



- Approved by the Centers for Medicare and Medicaid Services (CMS) in October 2017.
- West Virginia is one of five states with 1115 SUD demonstrations approved by CMS (others are California, Maryland, Massachusetts and Virginia).
- West Virginia will use the Medicaid Section 1115 Waiver to develop and implement a continuum of SUD treatment benefits designed to address the immediate physical, mental, and social needs of substance-using individuals and to promote and sustain long-term recovery.

SUD Waiver Description



The 1115 SUD Waiver allows Medicaid to pay for some services not previously covered. These include:

- Implementing statewide use of the Screening, Brief Intervention, and Referral to Treatment (SBIRT) tool as a documentation requirement to identify SUD treatment needs.
- Implementing coverage of Methadone treatment and required support services.
- Launching a statewide Naloxone initiative.
- Implementing peer recovery support services.
- Implementing Medicaid coverage of all American Society of Addiction Medicine (ASAM®) Residential Treatment levels, including withdrawal management.

SUD Waiver Treatment Criteria



- West Virginia Medicaid offers a comprehensive scope of medically necessary SUD services to diagnose and treat eligible members.
- The SUD Waiver benefits include a continuum of care that ensures members can enter SUD treatment at a level appropriate to their needs and go up or down to a different intensity of treatment levels.
- SUD treatment services follow the ASAM® criteria continuum of care. All Medicaid providers of SUD treatment services must follow the ASAM® criteria.

SUD Waiver Implementation



The West Virginia Medicaid Section 1115 SUD Waiver was implemented in two phases:

- Phase One began January 14, 2018:
 - SBIRT
 - Opioid Treatment Programs (Methadone)
 - Naloxone Initiative
- Phase Two began July 1, 2018:
 - Adult Residential Treatment Services
 - Withdrawal Management
 - Peer Recovery Support Services



Billing Overview

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All SUD Waiver services are currently billed as Fee-for-Service (FFS) for all members.

- KEPRO is the FFS utilization manager.
- Molina is the FFS fiscal agent.

Chapter 504, Substance Use Disorder Services (the SUD Waiver Manual) can be found on the Bureau for Medical Services (BMS) website:

dhhr.wv.gov/bms/Pages/Manuals.aspx



SUD Waiver Services

SUD Waiver Services Phase One



The SBIRT is now a required documentation component regardless of the suspected diagnosis of the following Current Procedural Terminology (CPT) and Healthcare Common Procedure Coding System (HCPCS) codes for ages 10 and up:

- 90791 Psychiatric Diagnostic Evaluation (no medical services)
- 90792 Psychiatric Diagnostic Evaluation with Medical Services (includes prescribing of medications)
- H0031 Mental Health Assessment by Non-Physician

Under the Waiver, the SBIRT is required for all initial evaluations under these codes.

SUD Waiver Services Phase One (Cont.)



Opioid Treatment Programs:

Under the Waiver, West Virginia Medicaid covers Methadone for opioid treatment, its administration and related required services in compliance with state regulations.

The Naloxone Initiative:

West Virginia Medicaid will reimburse Emergency Medical Services (EMS) providers for:

- Naloxone, including two atomizers and an administration fee; and
- Referral to treatment a "Warm Handoff" referral to Licensed Behavioral Health Centers (LBHC) or other SUD service providers for assessment and possible referral to treatment while on the scene.

SUD Waiver Services Phase One (Cont.)



While on the scene, after the member has received Naloxone or it has been determined the member has a possible SUD but did not require Naloxone, the EMS attendant gives the member a pamphlet with information about the HELP4WV helpline and local SUD treatment providers and asks if they are interested in treatment.

If the member is willing to enter treatment, the EMS attendant calls the HELP4WV helpline to make a referral.

1-844-**HELP4WV**

If the member is not interested in a referral to treatment at this time, the EMS attendant leaves the pamphlet with the member.

SUD Waiver Services Phase Two



Residential Treatment Services:

- Under the Waiver, West Virginia Medicaid will pay for all levels of short-term residential treatment based upon the ASAM® criteria including:
 - 3.1 Clinically Managed Low-Intensity Residential.
 - 3.3 Clinically Managed Population-Specific High-Intensity Residential.
 - 3.5 Clinically Managed High Intensity Residential.
 - 3.7 Medically Monitored High Intensive Inpatient.

Residential Adult Services



- Residential adult services are available to all Medicaid members 18 years of age or older who have a diagnosis of substance use disorder and/or co-occurring disorder that cannot be treated on an outpatient basis.
- Each West Virginia Medicaid residential level contains a group of services for that specific level. As the level increases, the amount of services and hours of clinical services also increase.
- Medication-Assisted Treatment (MAT) is available to members in conjunction with their residential treatment. All MAT requirements in Chapter 503 continue to apply.



West Virginia Service Code for Level 3.1: H2036U1HF

- Offers a supportive living environment with 24-hour staff and integration with clinical services. Requires a minimum of five clinical service hours per week.
- Program duration typically exceeds that of 3.3 or 3.5 programs to allow for longer exposure to monitoring, permit practicing of basic living skills, and to allow application of coping/recovery skills in a safe environment.
- Physician and emergency services available 24 hours/day, 7 days/week for telephone or in-person consultation. Includes trained and credentialed medical, addiction and mental health professionals.



West Virginia Service Code for Level 3.3: H2036U3HF

- Offers a structured recovery environment in combination with medium intensity clinical services. Requires a minimum of 10 clinical service hours per week.
- Services are provided in a deliberately repetitive fashion to address the special needs of individuals. Such individuals often are elderly, cognitively impaired or developmentally disabled.
- Treatment is directed towards overcoming the individual's lack of awareness of, or ambivalence about, the effects of substance use on their lives and preventing relapse and/or continued use.



West Virginia Service Code for Level 3.5: H2036U5HF

- Designed to treat members who have significant social and psychological problems and whose addiction is so out of control that they need 24-hour supportive treatment. Requires a minimum of 15 clinical service hours per week.
- These members often need safe and stable living environments in order to develop sufficient recovery skills so that they do not immediately relapse or continue to use in an imminently dangerous manner upon release.
- Members may have extensive treatment and/or criminal justice histories, limited work and/or educational experiences, and disaffiliation from mainstream values.



West Virginia Service Code for Level 3.7: H2036U7HF

- Professional 24-hour directed evaluation, observation, medical monitoring and addiction treatment in an inpatient setting by an interdisciplinary staff of nurses, counselors, social workers, addiction specialists, etc., under the direction of a physician. Requires a minimum of 22 clinical service hours per week.
- Members with subacute biomedical and emotional, behavioral or severe cognitive problems that require individual treatment but do not require the full resources of an acute care hospital or medically managed individual program.
- Psychiatric services are available on-site.

Residential Program Certification



The West Virginia Department of Health and Human Resources (DHHR), through the Bureau for Medical Services (BMS) is required to designate the ASAM® level of care for all licensed residential treatment facilities.

- An application is required to be filled out for each licensed facility.
- Information provided and submitted with the application will allow DHHR to review information regarding the overall program integrity, description of population, treatment services, and qualification of staff, organizational structure, environment and setting and to assign an ASAM® level for the program.

The provider must complete the entire application found in Chapter 504, Appendix B, available at https://dhhr.wv.gov/bms/Pages/Chapter-504-Substance-Use-Disorder-Services.aspx and email the application to: BMSSUDWaiver@wv.gov.

Withdrawal Management



- West Virginia Medicaid provides ASAM® Level One Withdrawal Management as an outpatient service and ASAM® Level Two Withdrawal Management as an outpatient service in eight crisis stabilization units across the state.
- Under the Waiver, West Virginia Medicaid will also be able to provide ASAM® Level 3.2 Withdrawal Management services in ASAM® Residential Level 3.7 settings as part of the course of treatment. ASAM Level 3.2 Withdrawal Management is for members who cannot complete detoxification on an outpatient basis.

Peer Recovery Support Services



- West Virginia Medicaid is now able to pay for Peer Recovery Support Services. West Virginia Medicaid will work to create a system of Peer Recovery Support Specialists, including training, certification and reimbursement for services provided.
- A peer is an individual who shares the direct experience of addiction and recovery. Peer Recovery Support Services are nonclinical services that assist individuals to recover from alcohol or drug problems.
- A **Peer Recovery Support Specialist** (PRSS) is a person who uses his or her own lived experience of recovery from addiction, in addition to skills learned in a formal training, to deliver services in Substance Use Disorder settings to promote mind-body recovery and resiliency.

Peer Recovery Support Specialist Certification



- Effective July 1, 2018, to be certified as a PRSS for Medicaid reimbursement, you must complete the BMS PRSS webinar and pass the examination with an 80% score or higher. You should print and give the certificate of successful completion to your employer to keep along with your West Virginia PRSS Certification application.
- The PRSS application is included on the SUD Waiver webpage under SUD forms:
 - dhhr.wv.gov/bms/Programs/WaiverPrograms/SUDWaiver/Pages/SUD-Forms.aspx.
- The BMS Peer Recovery Support Specialist Webinar: www.onlinelearning.wv.gov/student/home.html
- Email completed certificates to: <u>BMSSUDWaiver@wv.gov</u>

Resources



Information on SUD Waiver services can be found in Chapter 504 of the West Virginia Medicaid Provider Manual:

<u>dhhr.wv.gov/bms/Pages/Chapter-504-Substance-Use-Disorder-Services.aspx</u>

- The BMS SUD Waiver webpage:
 <u>dhhr.wv.gov/bms/Programs/WaiverPrograms/SUDWaiver/Pages/default.aspx</u>
- Information about the ASAM® criteria:
 <u>www.asam.org/resources/the-asam-criteria/about</u>

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