

# STATE OF WEST VIRGINIA DEPARTMENT OF HEALTH AND HUMAN RESOURCES BUREAU FOR MEDICAL SERVICES



Office of Pharmacy Services
Prior Authorization Criteria
Verquvo® (Vericiguat)
Effective 5/26/2021

#### Prior Authorization Request Form

**Verquvo** is a soluble guanylate cyclase (sGC) stimulator, indicated to reduce the risk of cardiovascular death and heart failure (HF) hospitalization following a hospitalization for heart failure or need for outpatient IV diuretics, in adults with symptomatic chronic HF and ejection fraction less than 45%.

#### **CRITERIA FOR APROVAL:**

- 1. The patient must have a diagnosis of symptomatic chronic heart failure (New York Heart Association [NYHA] class II-IV); AND
- 2. Patient must be  $\geq$  18 years of age; **AND**
- 3. Patient must have a left ventricular ejection fraction (LVEF) less than 45%; AND
- 4. Verguvo must be prescribed by, or in consultation with, a cardiologist; AND
- Documentation of recent hospitalization (within the past 6 months) due to CHF or a demonstrated need for outpatient IV diuretics (within the past 3 months) must be provided; AND
- **6.** Women of childbearing potential must have a negative pregnancy test collected prior to therapy initiation; **AND**
- 7. The patient may not use Verquvo with another soluble guanylate cyclase (sGC) stimulator or a phosphodiesterase-5 (PDE-5) inhibitor; AND
- **8.** The patient must have been optimized on combination therapy consisting of **ONE** agent from **EACH** of the following classes, unless contraindicated:
  - a. ACE inhibitor, ARB, or Angiotensin Receptor-Neprilysin Inhibitor (ARNI)
  - b. Beta-blocker
  - Mineralocorticoid receptor antagonist (Aldosterone antagonist) (where indicated\*)



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\* For patients with persistent symptoms on initial therapy – For patients with HFrEF who have symptomatic HF (New York Heart Association [NYHA] class II, III, or IV and an LVEF ≤35 percent on optimal initial pharmacologic therapy, addition of an MRA is recommended

For patients post-myocardial infarction with LVEF ≤40 percent – For patients post myocardial infarction (MI) with an LVEF ≤40 percent who are already receiving a renin angiotensin system inhibitor and have either symptomatic HF or diabetes mellitus (DM), addition of MRA is recommended.

# **Approval Duration:**

Initial approval: will be for 6 months.

## Criteria for reauthorization:

- 1. Patient must continue to meet initial approval criteria; AND
- 2. Demonstrate continued documented compliance; AND
- Documentation is provided that indicated the patient has experienced positive clinical benefit while taking Verquvo (such as a decrease in hospitalizations, improvement in heart failure symptoms, reduction in need of IV diuretics).

Continuation of therapy approvals will be granted for 12 months.

### References:

- 1). Lexi-Comp Clinical Application accessed 5/2021
- 2). Verquvo Package Insert 5/2021
- 3). UpToDate Article: Secondary pharmacologic therapy in heart failure with reduced ejection fraction (HFrEF) in adults. Accessed 5/2021
- 4). 2021 Update to the 2017 ACC Expert Consensus Decision Pathway for Optimization of Heart Failure Treatment: Answers to 10 Pivotal Issues About Heart Failure With Reduced Ejection Fraction: A Report of the American College of Cardiology Solution Set Oversight Committee. J Am Coll Cardiol 2021;Jan 11:[Epub ahead of print]