



**Office of Pharmacy Services  
Prior Authorization Criteria**

**Treatment of Psoriasis and Psoriatic Arthritis  
with Humira or Enbrel**

Enbrel and Humira will be authorized for the treatment of psoriasis or psoriatic arthritis if the following criteria are met:

1. Patient is 18 year of age or older
2. Diagnosis of moderate to severe psoriasis (  $\geq 10\%$  of the body affected)
3. Initial treatment plan is done in consultation with a dermatologist or rheumatologist
4. Prior treatment with a potent topical corticosteroid plus calcipotriol
5. Prior treatment with a Vitamin D analogue
6. Prior treatment with phototherapy
7. Prior treatments with a disease-modifying agent (DMARD) such as methotrexate, cyclosporine, acitretin, etc.

Agency for Healthcare Research and Quality

Guideline Title

Diagnosis and management of psoriasis and psoriatic arthritis in adults. A national guideline

Bibliographic Sources(s)

Scottish Intercollegiate Guidelines Network (SIGN). Diagnosis and management of psoriasis and psoriatic arthritis in adults. A national clinical guideline. Edinburgh (Scotland) Scottish Intercollegiate (SIGN), 2010 Oct (SIGN publication, no. 121 (217 references)

Reviewed and Approved by

DUR Board 11/16/2011