



WEST VIRGINIA DEPARTMENT OF

**HUMAN  
SERVICES**



# **DIFFERENCE MAKER CONFERENCE 2024**

DIVISION OF FAMILY SUPPORT

## **CONFERENCE GUIDE**

JUNE 3 - JUNE 5, 2024  
CHARLESTON CIVIC CENTER



# 2024 DIFFERENCE MAKER CONFERENCE



**Monday, June 3<sup>rd</sup>**



**12:00 - 1:00**

[Atrium]

**Registration and Pick up Conference Packets**

**1:00 – 2:30**

[Ballroom C]

**Welcome**

WV Department of Human Services, Bureau for Family Assistance. Presenters: Bureau for Family Assistance Commissioner Janie Cole and National Responsible Fatherhood Clearinghouse Director Kenneth Braswell

**Difference Makers: The Puzzle Pieces of Family Support, Child Abuse Prevention and Social Determinants of Health**

WV Department of Human Services. Bureau for Family Assistance. Presenter: Division of Family Support Director Tina Faber

**2:30 – 2:45**

[Atrium]

**Break**

**2:45 – 3:45**

[Ballroom C]

**Measuring Family Support and Child Abuse Prevention with the WV Family Survey**

Public Consulting Group. Presenters: Evaluation Supervisor Kim Magoon and Evaluation Analyst Jill Johnson

**3:45 – 5:00**

[Ballroom C]

**Who are the Difference Makers?**

Panel Presentation presented by Division of Family Support with the following representatives available to answer questions:

- Deanna Palmer, Family Resource Network Association
- Deena Ellison, WV Family Planning Program
- Tammy Belmont, WV WORKS
- Melissa Coffman, Legal Aid of WV
- Team for WV Children, Our Babies Safe and Sound
- Sandra Anderson, Family Support Center Association
- LeeAnna Edgell/Tina Faber, Good News Mountaineer Garage
- Robert James, WV Alliance for Sustainable Families, WV Earned Income Tax Credit Coalitions
- TEAM for WV Children, Connections Matter, Darkness to Light: Stewards of Children, Strengthening Families and Mandated Reporter Training
- Chris Overstreet, Kanawha Institute for Social Research and Action Healthy Relationships Initiative
- Dianna Toler, West Virginia Community and Technical Colleges
- TEAM for West Virginia Children, Circle of Parents
- Sandra Adkins, WV Department of Education. Assessment and SPOKES for WV WORKS
- Team for WV Children, Lean on Me
- Samantha McCoy, Partners in Community Outreach
- Jessica Dianellos, Partners in Prevention
- Jim McKay, WV Children's Trust Fund
- April Knight, WV 211

**5:00**

[Ballroom C]

**Closing**

WV Department of Human Service, Bureau for Family Assistance. Presenter: Deputy Commissioner for Programs and Policy, Kent Nowvskie



**AGENDA**

# Tuesday, June 4th



**9:00 - 10:00**

[Ballroom C]

## **Welcome**

WV Department of Human Services, Bureau for Family Assistance. Presenter: Deputy Commissioner for Field Operations Tina Mitchell

## **The Importance of Fatherhood Engagement**

National Responsible Fatherhood Clearinghouse. Presenter: Director Kenneth Braswell ([www.fatherhood.gov](http://www.fatherhood.gov))

**10:00 – 11:00**

[Ballroom C]

## **Budgeting and Cost Allocations**

Legal Aid of WV. Presenters: Chief Financial Officer Tammy Mullins and Grants Manager/Attorney Elizabeth Wehner

**11:00 – 11:15**

[Atrium]

## **Break**

**11:15 – 12:15**

[Rooms 215-217]

## **Working Together Creatively for WV Families: Networking in Our Communities**

**12:15 – 1:25**

[Ballroom C]

## **Buffet Lunch**

**1:30 – 2:50**

Workshops by assigned groups. All attendees will rotate through each workshop, so please stay in your assigned group to avoid overcrowding.

[Ballroom C – **Groups A & B**]

## **Helping Fathers Affected by Substance Use Disorders**

Co-Presenters: National Fatherhood Clearinghouse Manager Patrick Patterson and Amazing Father and Fatherhood Practitioner Joseph Stiltner

[Rooms 215-217– **Groups C & D**]

## **Introduction to Mobility Mentoring**

WV Department of Human Services, Bureau for Family Assistance. Presenter: Director of the Division of Professional Development Joshua Woodard

**2:50 – 3:05**

[Atrium]

## **Break**

**3:05 – 4:30**

Workshops by assigned groups. All attendees will rotate through each workshop, so please stay in your assigned group to avoid overcrowding.

[Ballroom C – **Groups C & D**]

## **Working with Fathers: Promising Practices for Female Leaders and Staff**

National Responsible Fatherhood Clearinghouse. Presenter: Fatherhood Expert/Trainer Patricia Littlejohn

[Rooms 215-217– **Groups A & B**]

## **Introduction to Mobility Mentoring**

WV Department of Human Services, Bureau for Family Assistance. Presenter: Director of the Division of Professional Development Joshua Woodard

**4:30 – 5:00**

[Ballroom C]

## **Family Support Recognition and Awards**

Valley Health Care, Aetna Better Health and West Virginia Department of Human Services. Presenters: Commissioner Janie Cole, Jim Smallridge, Todd White, Mary Beth Brubeck, Sandra Anderson



# AGENDA

**Wednesday, June 5th**



**9:00 – 10:30**

Workshops by assigned groups. All attendees will rotate through each workshop, so please stay in your assigned group to avoid overcrowding.

[Rooms 215-217 – **Groups A & B**]

**Working with Fathers: Promising Practices for Female Leaders and Staff**

National Responsible Fatherhood Clearinghouse. Presenter: Fatherhood Expert/Trainer Patricia Littlejohn

[Room 210 – **Group C**]

**Lean on Me: Supporting Instead of Reporting**

Team for WV Children. Presenter: Jim McKay

[Room 212-213 – **Group D**]

**Grants Best Practices**

West Virginia Department of Human Services, Bureau for Family Assistance. Presenter: Tina Faber

**10:30 – 10:45**

[Atrium]

**Break**

**10:45 – 12:15**

Workshops by assigned groups. All attendees will rotate through each workshop, so please stay in your assigned group to avoid overcrowding.

[Rooms 215-217 – **Groups C & D**]

**Helping Fathers Affected by Substance Use Disorders**

Co-Presenters: National Fatherhood Clearinghouse Manager Patrick Patterson and Amazing Father and Fatherhood Practitioner Joseph Stiltner

[Room 210 – **Group A**]

**Lean on Me: Supporting Instead of Reporting**

Team for WV Children. Presenter: Jim McKay

[Room 212-213 – **Group B**]

**Grants Best Practices**

West Virginia Department of Human Services, Bureau for Family Assistance. Presenter: Tina Faber

**12:15**

[Rooms 215-217]

**Closeout and Conference Evaluation**



**AGENDA**

**2024  
DIFFERENCE MAKER  
CONFERENCE**





## SESSION DESCRIPTIONS

**DIFFERENCE MAKERS:** THE PUZZLE PIECES OF FAMILY SUPPORT, CHILD ABUSE PREVENTION AND SOCIAL DETERMINANTS OF HEALTH WV DEPARTMENT OF HUMAN SERVICES. BUREAU FOR FAMILY ASSISTANCE.

**PRESENTER: DIVISION OF FAMILY SUPPORT DIRECTOR TINA FABER**

THIS SESSION WILL PROVIDE PARTICIPANTS WITH DEFINITIONS OF FAMILY SUPPORT, CHILD ABUSE PREVENTION, AND SOCIAL DETERMINANTS OF HEALTH. PARTICIPANTS WILL GAIN AN UNDERSTANDING OF THE THEORETICAL UNDERPINNINGS AND APPLY CONCEPTS ACROSS UNITS. VARIOUS TYPES OF TRAUMA WILL BE EXAMINED, AND PARTICIPANTS WILL GAIN KNOWLEDGE OF HOW THEIR ROLES IN THEIR AGENCIES, AS INDIVIDUALS AND ACROSS SOCIETY WORK INTERDEPENDENTLY TO CREATE STRONGER AND HEALTHIER FAMILIES.

**WHO ARE THE DIFFERENCE MAKERS?** PANEL PRESENTATION PRESENTED BY DIVISION OF FAMILY SUPPORT WITH THE FOLLOWING REPRESENTATIVES AVAILABLE TO ANSWER QUESTIONS:

**DEANNA PALMER, FAMILY RESOURCE NETWORK ASSOCIATION**

**DEENA ELLISON, WV FAMILY PLANNING PROGRAM**

**TAMMY BELMONT, WV WORKS**

**MELISSA COFFMAN, LEGAL AID OF WV**

**TEAM FOR WV CHILDREN, OUR BABIES SAFE AND SOUND**

**SANDRA ANDERSON, FAMILY SUPPORT CENTER ASSOCIATION**

**LEANN EDGEL/TINA FABER, GOOD NEWS MOUNTAINEER GARAGE**

**ROBERT JAMES, WV ALLIANCE FOR SUSTAINABLE FAMILIES, WV EARNED INCOME TAX CREDIT COALITIONS**

**TEAM FOR WV CHILDREN, CONNECTIONS MATTER, DARKNESS TO LIGHT: STEWARDS OF CHILDREN, STRENGTHENING FAMILIES AND MANDATED REPORTER TRAINING**

**CHRIS OVERSTREET, KANAWHA INSTITUTE FOR SOCIAL RESEARCH AND ACTION HEALTHY RELATIONSHIPS INITIATIVE**

**DIANNA TOLER, WEST VIRGINIA COMMUNITY AND TECHNICAL COLLEGES**

**TEAM FOR WEST VIRGINIA CHILDREN, CIRCLE OF PARENTS**

**SANDRA ADKINS, WV DEPARTMENT OF EDUCATION. ASSESSMENT AND SPOKES FOR WV WORKS**

**APRIL KNIGHT, WV 211**

**TEAM FOR WV CHILDREN, LEAN ON ME**

**SAMANTHA MCCOY, PARTNERS IN COMMUNITY OUTREACH**

**JESSICA DANIELLOS, PARTNERS IN PREVENTION**

**JIM MCKAY, WV CHILDREN'S TRUST FUND**

THIS SESSION WILL BE A BRIEF OVERVIEW OF ALL OF THE ORGANIZATIONS AND SERVICES REPRESENTED AT THE DIFFERENCE MAKER CONFERENCE. PARTICIPANTS WILL HEAR A BRIEF OVERVIEW OF EACH PROGRAM AND BE OFFERED THE OPPORTUNITY TO ASK QUESTIONS FROM THE REPRESENTATIVES OF EACH OF THE PROGRAMS ABOUT THEIR INDIVIDUAL SERVICES AND FUNCTIONS. PARTICIPANTS WILL GAIN KNOWLEDGE OF THE DOHS' BROAD ARRAY OF PROGRAMS AND INITIATIVES THAT COMPRISE THE DIVISION OF FAMILY SUPPORT. PARTICIPANTS WILL BUILD OFF THIS SESSION DURING THE WORKING CREATIVELY TOGETHER FOR WV FAMILIES: NETWORKING IN OUR COMMUNITIES SESSION THE NEXT DAY.





## SESSION DESCRIPTIONS

### **MEASURING FAMILY SUPPORT AND CHILD ABUSE PREVENTION WITH THE WV FAMILY SURVEY:** PUBLIC CONSULTING GROUP

**PRESENTERS: EVALUATION SUPERVISOR KIM MAGOON AND EVALUATION ANALYST JILL JOHNSON**

THIS SESSION WILL REVIEW THE HISTORY AND OVERVIEW OF THE WV FAMILY SURVEY, WHICH MEASURES PROTECTIVE FACTORS AND CUSTOMER PERCEPTIONS OF VARIOUS PREVENTION PROGRAMS. OUR EVALUATORS WILL BE REVIEWING THE HISTORY OF THE SURVEY AND THE CHANGES THAT WILL BRIDGE THE GAP BETWEEN PREVENTION AND OUR CORE FAMILY SUPPORT AUDIENCE OF WV WORKS PROGRAM PARTICIPANTS.

### **THE IMPORTANCE OF FATHERHOOD ENGAGEMENT:** NATIONAL RESPONSIBLE FATHERHOOD CLEARINGHOUSE

**PRESENTER: DIRECTOR KENNETH BRASWELL ([WWW.FATHERHOOD.GOV](http://WWW.FATHERHOOD.GOV))**

SHARING THE IMPORTANCE AND STRUGGLE OF FATHERS IN THE APPALACHIAN CONTEXT WILL BE THE KEY FOCUS OF DIRECTOR KENNETH BRASWELL'S KEYNOTE SESSION. AS THE DIRECTOR OF THE NATIONAL RESPONSIBLE FATHERHOOD CLEARINGHOUSE, KENNETH BRASWELL WILL BRING FORTH WISDOM AND INSIGHT ABOUT THE NUANCES, CHALLENGES AND STRENGTHS MEN IN TODAY'S FAMILIES ENCOUNTER.

### **BUDGETING AND COST ALLOCATIONS:** LEGAL AID OF WV

**PRESENTERS: TAMMY MULLINS AND ELIZABETH WEHNER**

EXPERIENCED CPA AND CHIEF FINANCIAL OFFICER OF LEGAL AID OF WV WILL BRING HER PERSPECTIVE OF WORKING WITH MULTIPLE FUNDING STREAMS FROM SMALL COMMUNITY GRANTS TO LARGE FEDERAL GRANTS WITH MULTIPLE TERMS AND CONDITIONS TO THIS SESSION. ASSISTED BY GRANTS MANAGER ELIZABETH WEHNER, TAMMY WILL DISCUSS THE DELICATE BALANCE OF SEPARATING FUNDING AND ENSURING PROPER ACCOUNTING AND RECORD KEEPING EXAMPLES TO OFFER STRATEGIES AND EXPERTISE TO SESSION PARTICIPANTS. THIS SESSION IS CONSIDERED A PEER-TO-PEER LEARNING SESSION AND INDIVIDUAL GRANTEEES OF DOHS SHOULD ALWAYS REFER TO THEIR GRANTS/PROGRAM SPECIALISTS WITH QUESTIONS.

WORKING TOGETHER CREATIVELY FOR OUR FAMILIES: NETWORKING IN OUR WV COMMUNITIES PARTICIPANTS WILL RECEIVE SOME BRIEF DIRECTIONS ON INCORPORATING THE NEW MEMORANDUM OF UNDERSTANDING (MOU) GRANT AGREEMENT REQUIREMENTS AND THEN WILL BE HAVING CONVERSATIONS WITH OTHER AGENCIES AND STAKEHOLDERS IN THEIR COUNTIES. THIS SESSION WILL ALLOW FOR FURTHER EXPLORATION OF AGENCIES AND PROGRAMS AVAILABLE FROM THE DIVISION OF FAMILY SUPPORT'S GRANTEEES TO NETWORK AND BEGIN TO CONSIDER ACTIVITIES AND EXPERTISE THAT CAN BE SHARED FOR THE BENEFIT OF FAMILIES IN THOSE COMMUNITIES.

### **HELPING FATHERS AFFECTED BY SUBSTANCE USE DISORDERS**

**CO-PRESENTERS: NATIONAL FATHERHOOD CLEARINGHOUSE MANAGER PATRICK PATTERSON, FATHERHOOD EXPERT/TRAINER NIGEL VANN, AND AMAZING FATHER AND FATHERHOOD PRACTITIONER JOSEPH STILNER**

THIS ENGAGING SESSION WILL EQUIP PARTICIPANTS WITH A FRAMEWORK OF EVIDENCE-BASED PRACTICES AND TOOLS TO SUPPORT FATHERS AFFECTED BY SUBSTANCE ABUSE DISORDERS. SESSION ATTENDEES WILL ALSO GAIN AN UNDERSTANDING OF THE UNIQUE CHALLENGES FACED BY FATHERS WITH SUBSTANCE USE DISORDERS, INCLUDING SOCIETAL STIGMAS, FAMILY DYNAMICS AND PERSONAL BARRIERS TO RECOVERY.





## SESSION DESCRIPTIONS

### **INTRODUCTION TO MOBILITY COACHING**

**PRESENTING:** WEST VIRGINIA DEPARTMENT OF HUMAN SERVICES PROFESSIONAL DEVELOPMENT

MOBILITY COACHING IS AN EVIDENCE-BASED, TRAUMA INFORMED APPROACH TO WORKING WITH FAMILIES TO SET GOALS AND MOVE TOWARDS ECONOMIC MOBILITY. HOLISTIC IN NATURE, PARTICIPANTS WILL GAIN AN UNDERSTANDING OF HOW THE TRAUMA OF POVERTY AFFECTS EXECUTIVE FUNCTIONING AND THE IMPORTANCE OF A COACHING RELATIONSHIP WHEN WORKING WITH FAMILIES. PARTICIPANTS WILL EXAMINE COACHING TECHNIQUES AND DEVELOP A BROAD FOUNDATION FOR FURTHER EXPLORATION INTO MOBILITY MENTORING.

**WORKING WITH FATHERS:** PROMISING PRACTICES FOR FEMALE LEADERS AND STAFF NATIONAL

**RESPONSIBLE FATHERHOOD CLEARINGHOUSE PRESENTERS: FATHERHOOD EXPERT AND TRAINER  
PATRICIA LITTLEJOHN**

THIS SESSION WILL EXPLORE PRACTICAL STRATEGIES AND PROMISING PRACTICES THAT FEMALE LEADERS AND STAFF CAN EMPLOY IN THEIR INTERACTIONS AND WORK WITH FATHERS. THIS SESSION RECOGNIZES THE UNIQUE POSITION OF FEMALE STAFF IN RELATION TO FATHERS AND AIMS TO EQUIP THEM WITH THE SKILLS TO FOSTER POSITIVE RELATIONSHIPS AND PROVIDE EFFECTIVE SERVICES.

### **LEAN ON ME TEAM FOR WV CHILDREN**

THIS SESSION EXPLORES THE IMPORTANCE OF SUPPORTING FAMILIES EXPERIENCING CHALLENGES BY LISTENING, AND USING EMPATHY, AFFIRMATION, AND NONJUDGMENTAL SUPPORT. PARTICIPANTS WILL EXPLORE THE DIFFERENCES BETWEEN POVERTY AND NEGLECT.

**GRANTS BEST PRACTICES:** WEST VIRGINIA DEPARTMENT OF HUMAN SERVICES, DIVISION OF FAMILY SUPPORT

**PRESENTER: DIVISION DIRECTOR TINA FABER AND SUPPORTED BY GRANTS MANAGEMENT STAFF**

THIS SESSION WILL EXPLORE THE TERMS AND CONDITIONS OF THE GRANT AGREEMENT AND INFORM PARTICIPANTS, THE IMPORTANCE OF PROPER GRANT MANAGEMENT. RESOURCES FOR FURTHER EXPLORATION WILL BE PROVIDED. PARTICIPANTS WILL DISCUSS BEST PRACTICES AND ENGAGE IN PEER LEARNING WITH ONE ANOTHER.





# COMPONENTS OF A MOU

**ALL DIVISIONS OF FAMILY SUPPORT GRANTS HAVE HAD THE REQUIREMENT TO ESTABLISH TWO MEMORANDUM OF UNDERSTANDING EACH QUARTER WITH OTHER PROGRAMS HERE THIS WEEK. PROGRAMS CAN USE THE TEMPLATE OF THEIR CHOICE TO DEVELOP THESE.**

SOME KEY POINTS TO KEEP IN MIND:

- CLEARLY OUTLINE WHAT EACH AGENCY/PROGRAM EXPECTS TO GET OUT OF THE PARTNERSHIP AND WHAT THEY WILL PROVIDE TO THE PARTNERSHIP.
- THINK OUTSIDE OF THE BOX. HOW CAN YOU MAKE THINGS BETTER FOR THE CLIENTS YOU ARE ENCOUNTERING IN YOUR SPACES WITH THESE NEW/EXISTING PARTNERS?
- AN ACTIVITY ISN'T REQUIRED EVERY MONTH/QUARTER FOR YOUR PARTNERSHIPS, BUT DON'T LET THEM GET DUSTY. PLAN OUT HOW AND WHEN ARE THE BEST TIMES TO SHARE YOUR EXPERTISE/RESOURCES.
- KEEP YOUR LOCAL BFA COMMUNITY SERVICE MANAGER INVOLVED. WHILE THEY AREN'T SIGNING MOUS WITH YOU, THERE ARE MANY ACTIVITIES AND OPPORTUNITIES THEY CAN HELP GUIDE AND SUPPORT YOUR PARTNERSHIPS WITH.







## **CREATIVE NETWORKING IN OUR COMMUNITIES CONVERSATION STARTERS**

- 1. WHAT KIND OF COLLABORATIONS DO YOU SEE BEING FORMED AT THIS TABLE?**
- 2. WHAT DO YOU FEEL THE UNMET NEEDS ARE FOR OUR FAMILIES IN OUR COUNTIES/COMMUNITIES?**
- 3. HOW ARE YOU COLLABORATING WITH OTHERS NOW?**
- 4. WHAT IS SOMETHING UNIQUE THAT YOU DO AT YOUR AGENCY?**
- 5. WHAT WOULD BE YOUR NEXT STEPS?**
- 6. WHAT'S THE FIRST THING YOU ARE GOING TO DO WHEN YOU GET BACK?**
- 7. WHAT ORGANIZATION OR PERSON IS THE FIRST COLLABORATION THAT YOU ARE GOING TO INITIATE THAT YOU HAVEN'T WORKED WITH BEFORE TODAY?**



HB 2006

# DHHR REORGANIZATION



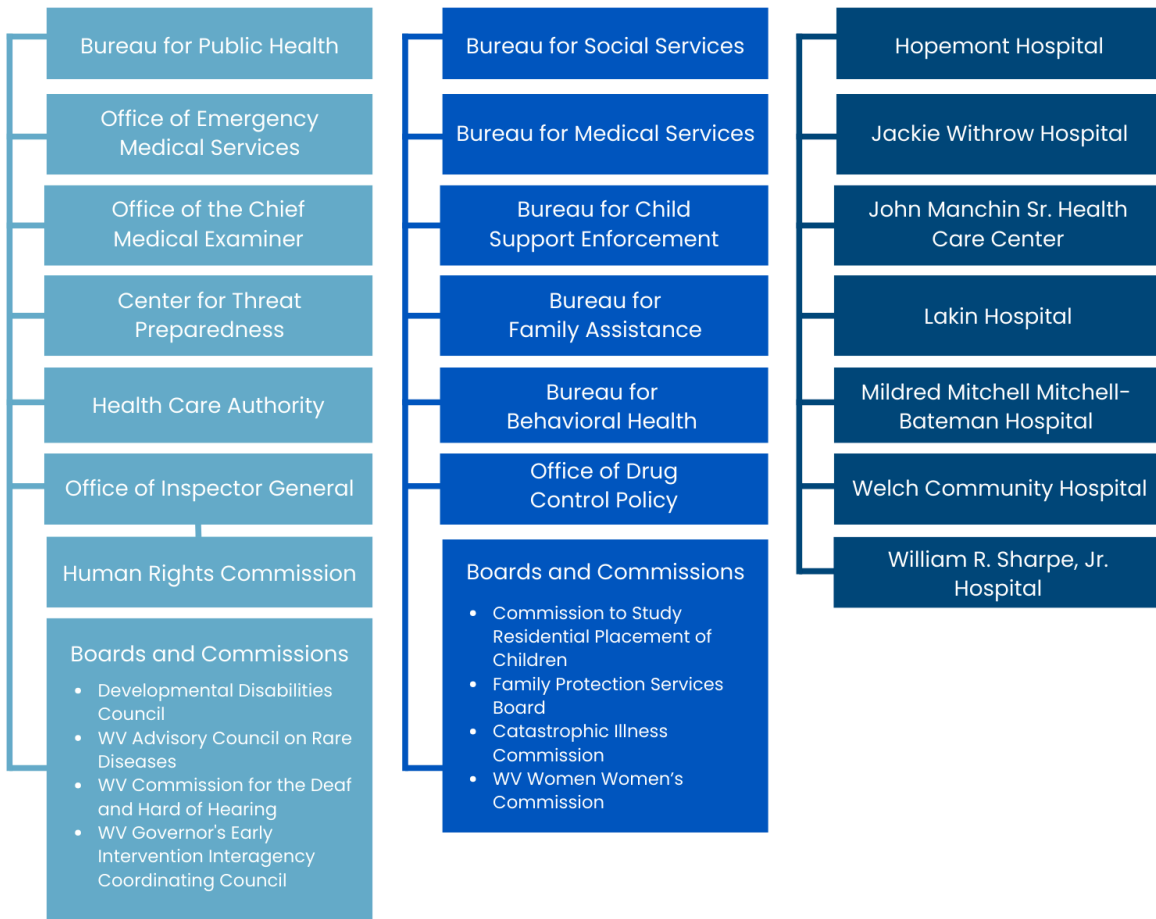
**Sherri A. Young, D.O., MBA, FAAFP**  
Cabinet Secretary



**Cynthia A. Persily, Ph.D.**  
Cabinet Secretary

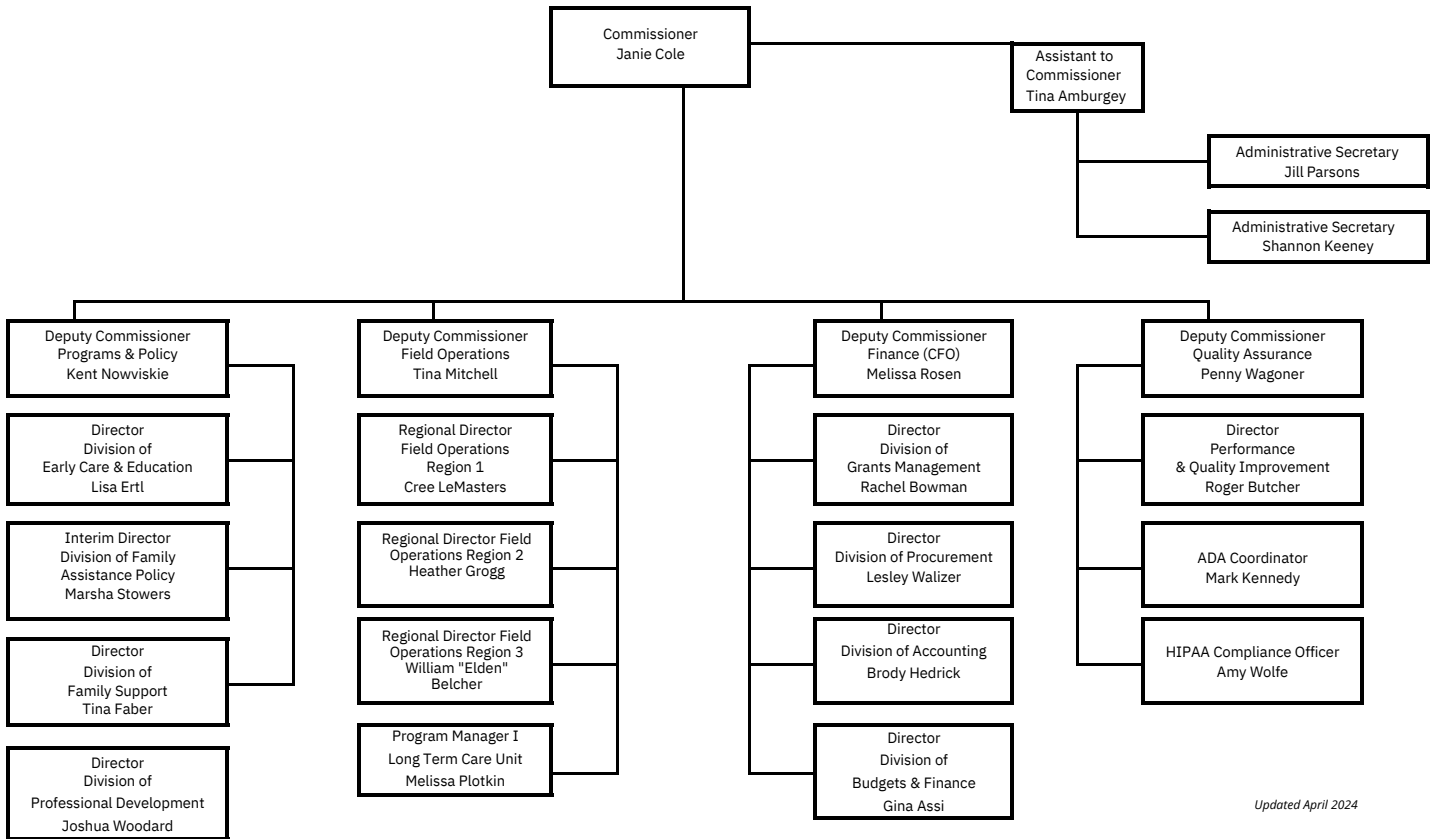


**Michael J. Caruso**  
Cabinet Secretary



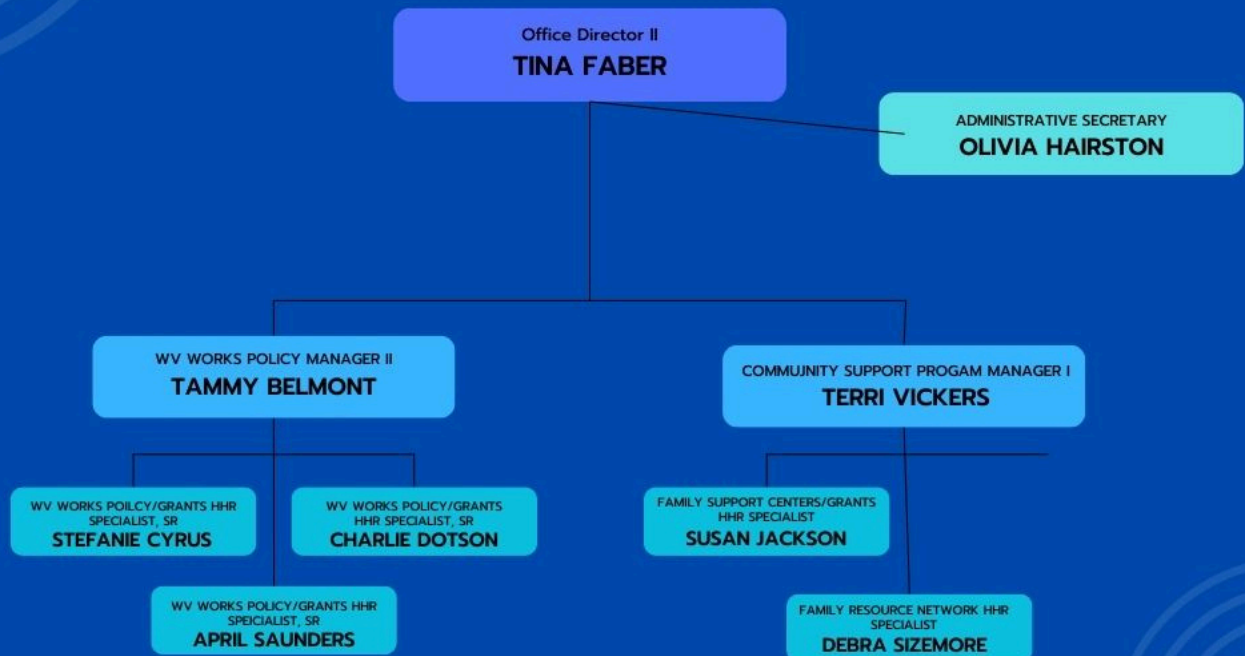
Office of Shared Administration

WEST VIRGINIA DEPARTMENT OF HUMAN SERVICES  
Bureau for Family Assistance



# BUREAU FOR FAMILY ASSISTANCE

DIVISION OF FAMILY SUPPORT



## **DIVISION OF FAMILY SUPPORT**

### **DIRECTOR**

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### **ADMINISTRATIVE SECRETARY**

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# DIVISION OF FAMILY SUPPORT FSC, FRN, GRANTS & TANF

## TANF FACILITATORS

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### **REGION 3**

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## FAMILY SUPPORT CENTER FACILITATORS

### **REGION 1**

VACANT  
TBD

### **REGION 2**

VACANT  
TBD

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## **REGION 3**

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## **BFA FIELD COMMUNITY SERVICE MANAGERS**

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## **BFA FIELD COMMUNITY SERVICE MANAGERS**

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#### **KANAWHA**

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#### **CALHOUN/JACKSON/ROANE/WIRT**

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## **BFA FIELD COMMUNITY SERVICE MANAGERS**

### **REGION 3**

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#### **MCDOWELL/WYOMING**

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#### **MERCER**

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TERRY.D.DEEL@WV.GOV  
350 DAVIS STREET  
PRINCETON, WV 24739  
PHONE: 425-8738 / FAX: 487-3589

## FAMILY SUPPORT CENTERS (FSCS) BY COUNTY

### **BARBOUR**

TAYLOR COLLABORATIVE FRN  
122 CRIM AVENUE  
BELLINGTON, WV  
**CATHY COONTZ GRIFFIN**  
TCCFRN1@GMAIL.COM

### **BERKELEY**

CHILDREN'S HOME SOCIETY  
100 SOUTH QUEEN STREET  
MARTINSBURG, WV  
**JENNA ORSINI**  
JORSINI@CHILDHSWV.ORG

### **BOONE**

COMMUNITY CONNECTIONS  
179 MEMORIAL DRIVE  
NELLIS, WV  
**DAKOTA SMITH**  
DAKOTA@BOONEFSC.ORG

### **BRAXTON**

MOUNTAIN CAP  
626 ELK STREET  
GASSAWAY, WV  
**APRIL LLOYD**  
ALLOYD@MOUNTAINCAPWV.ORG

### **BROOKE**

BROOKE HANCOCK FRN  
1447 MAIN STREET, 2ND FLOOR  
WELLSBURG, WV  
**WUELA HECETA**  
WHECETA@BROOKEHANCOCKFRN.ORG

### **CABELL (1)**

CHILDREN'S HOME SOCIETY  
203 SIXTH AVENUE  
HUNTINGTON, WV  
**BELINDA CHAPMAN**  
BCHAPMAN@CHILDHSWV.ORG

### **CABELL (2)**

HUNTINGTON HOUSING AUTHORITY  
816 ST LOUIS AVENUE  
HUNTINGTON, WV  
**JESSIE GADD**  
JGADD@HWVHA.ORG

### **CALHOUN**

CALHOUN FRN  
364 MAIN STREET  
GRANTSVILLE, WV  
**TINA PERSINGER**  
CALHOUNFRN@GMAIL.COM

### **CLAY**

COMMUNITY CONNECTIONS  
682 MAIN STREET  
CLAY, WV  
**DONNA SALISBURY**  
DONNA.KAY.SALISBURY@GMAIL.COM

### **DODDRIDGE**

DODDRIDGE CO STARTING POINTS  
1171 WV RTE 18 N  
WEST UNION, WV  
**DORIS WISEMAN**  
DSPC1@FRONTIER.COM

**FAYETTE**

NICHOLAS CO EMPOWERMENT  
#2 GREYHOUND LANE SUITE F  
SMITHERS, WV

**KELLY GLADWELL**

KLGLADWELL@FRONTIER.COM

**GILMER**

GILMER CO FRN  
206 E MAIN STREET  
GLENVILLE, WV

**BRITTANI KOSAN**

BKULTSCHIZKY@TCCFWV.ORG

**GRANT**

EASTERN WV COMMUNITY ACTION  
101 ALT AVENUE  
PETERSBURG, WV

**KELLY MOWERY**

KLMOWERY@EASTERNACTION.ORG

**GREENBRIER**

COMMUNITY CONNECTIONS  
138 CRANBERRY AVENUE  
RUPERT, WV

**LESLEY TOLIVER**

FSCGREENBRIERLJT@GMAIL.COM

**HAMPSHIRE**

EASTERN WV COMMUNITY ACTION  
24986 NORTHWESTERN PIKE  
ROMNEY, WV

**TANYA HORNAGOLD**

TAHORNAGOLD@EASTERNACTION.ORG

**HANCOCK**

BROOKE HANCOCK FRN  
598 CAROLINA AVENUE  
CHESTER, WV

**HANNAH HEBROCK**

HHEBROCK@BRROKEHANCOCKFRN.ORG

**HARDY**

EASTERN WV COMMUNITY ACTION  
228 CLAY STREET  
MOOREFIELD, WV

**KELIA BARR**

KCBARR@EASTERNACTION.ORG

**HARRISON**

LEWIS CO FRN  
110 NORTH 6TH STREET  
CLARKSBURG, WV

**HANNAH DODSON**

HARRISONFAMILYSUPPORT@LEWISCOUNT  
YFRN.ORG

**JEFFERSON**

CHILDREN'S HOME SOCIETY  
114 EAST 3RD AVENUE  
RANSON, WV

**TONI GUE**

AGUE@CHILDHSWV.ORG

**KANAWHA (1)**

NICHOLAS CO EMPOWERMENT  
5118 CABIN CREEK ROAD  
MIAMI, WV

**DIANE HUGHES**

DCHUGHES1603@YAHOO.COM

**KANAWHA (2)**

STEP BY STEP  
1401 4TH AVENUE  
CHARLESTON, WV  
**CASSIDY BAILEY**  
CBAILEY@STEPBYSTEPWV.ORG

**LEWIS**

LEWIS CO FRN  
240 COURT AVENUE  
WESTON, WV  
**LESLEY SLAUGHTER**  
LESLEY@LEWISCOUNTYFRN.ORG

**LINCOLN**

STEP BY STEP  
BIG UGLY COMM CTR  
15 ROSEWOOD ROAD  
HARTS, WV  
**TAMI BOLING**  
LINCOLNFSC@STEOBYSTEPWV.ORG

**LOGAN**

STEP BY STEP  
214 DINGESS STREET  
LOGAN, WV  
**CAROLYN FARLEY**  
LOGANFSC@STEPBYSTEP.ORG

**MARION**

MARION CO FRN  
300 WASHINGTON ST  
FAIRMONT, WV  
**AMANDA SMITH**  
FSCDIRECTOR23@GMAIL.COM

**MARSHALL**

MARSHALL CO FRN  
1501 SECOND STREET  
MOUNDSVILLE, WV  
**TRACI KINNEY**  
MCFRN@COMCAST.NET

**MASON**

COMMUNITY CONNECTIONS  
615 VIAND STREET  
POINT PLEASANT, WV  
**JASSICA LEGG**  
JLEGGFSC@GMAIL.COM

**MCDOWELL**

BIG CREEK PEOPLE IN ACTION  
17586 ROCKET BOYS DRIVE  
CARETTA, WV  
**DYANNE SPRIGGS**  
BCPIA3418@NETSCAPE.NET

**MERCER**

CHILD PROTECT OF WV  
169 SHAKER LANE  
PRINCETON, WV  
**TONYA MILAM**  
TONYA@MERCERCHILDPROTECT.COM

**MINERAL**

MINERAL CO FRN  
251 1/2 W PIEDMONT STREET  
KEYSER, WV  
**JESSICA MORELAND**  
MINCOFSC@GMAIL.COM

**MINGO**

COMMUNITY CONNECTIONS  
1350 ARMORY ROAD  
WILLIAMSON, WV

***CODY JUSTICE***

MINGOFSCPA@GMAIL.COM

**MONONGALIA**

SHACK NEIGHBORHOOD HOUSE  
537 BLUE HORIZON DRIVE  
MORGANTOWN, WV

***LORI HALVERSON***

TESSANDI@COMCAST.COM

**MONROE**

MONROE COALITION FOR CHILDREN  
130 NORTH STREET  
UNION, WV

***REGINA SHORT***

MONROEFRN@FRONTIER.COM

**MORGAN**

SHENANDOAH VALLEY MED SYS  
106 SAND MINE ROAD SUITE 106  
BERKELEY SPRINGS, WV

***AUDREY MORRIS***

AMORRIS@STARTING-POINTS.ORG

**NICHOLAS**

NICHOLAS CO EMPOWERMENT  
44 E MAIN STREET  
RICHWOOD, WV

***MARLA SHORT***

NCECSTARTINGPOINTS@GMAIL.COM

**OHIO**

OHIO CO FRN  
141 KEY AVENUE COTTAGE A  
WHEELING, WV

***CLAUDIA RAYMER***

CLAUDIA@OCFRN.COM

**PENDLETON**

EASTERN COALITION  
204 GAMBLE ROAD  
FRANKLIN, WV

***TONIUE DYER***

TMDYER@EASTERNACTION.ORG

**PLEASANTS**

WETZEL CO CENTER FOR CHILDREN  
303 WASHINGTON STREET  
ST. MARYS, WV

***BRIANNA KULTSCHIZKY***

BKULTSCHIZKY@TCCFWV.ORG

**POCAHONTAS**

POCAHONTAS FRN  
821-A THIRD AVENUE  
MARLINTON, WV

***REBECCA CAMPBELL***

POCAHONTASFOEC@HOTMAIL.COM

**PRESTON**

PRESTON CO CARING COUNCIL  
105 W HIGH STREET  
KINGWOOD, WV

***TRACY SHANNON***

TMSHANNON70@LIVE.COM

**PUTNAM**

COMMUNITY CONNECTIONS  
28 MISSION WAY SUITE 100  
SCOTT DEPOT, WV  
**ANGIE WILLIAMS**  
ANGIE@REGIONALFRN.ORG

**RALEIGH**

COMMUNITY CONNECTIONS  
1038 N EISENHOWER DRIVE  
PMB #206  
BECKLEY, WV  
**JENNIFER MCMEEKING**  
JENNIFER.MCMEEKIN@STRONG  
COMMUNITIES.ORG

**RANDOLPH**

YOUTH HEALTH SERVICES  
2285 BEVERLY PIKE  
ELKINS, WV  
**ROSA SCARANGELLO**  
ROSASCARANGELLO@YOUTH-HEALTH.ORG

**RITCHIE**

RITCHIE CO FRN  
888 E MAIN STREET  
HARRISVILLE, WV  
**KELSEYMARIE GRIFFIN**  
KELSEYRCFSC@GMAIL.COM

**SUMMERS**

REACHH FRC  
411 TEMPLE ST  
HINTON, WV  
**MIKE YANCEY**  
MICHAEL.YANCEY@REACHHFRC.ORG

**TAYLOR**

TAYLOR COLLABORATIVE FRN  
105 BEECH STREET  
GRAFTON, WV  
**LISA WOTRING**  
LISAWOTRING@GMAIL.COM

**TUCKER**

TUCKER CO FRN  
100 EDUCATION LANE  
PARSONS, WV  
**SANDRA BOHON**  
TUCKERFAMILYRESOURCES@GMAIL.COM

**TYLER**

WETZEL CO CENTER FOR CHILDREN  
250 CHARLES STREET  
SISTERSVILLE, WV  
**CHRISTINA WILKINSON**  
CWILKINSON@MOUNTAINCAPWV.ORG

**UPSHUR**

MOUNTAIN CAP  
30 EAST MAIN STREET  
BUCKHANNON, WV  
**LISE VANNOSTRAND**  
LVANNOSTRAND@MOUNTAINCAPWV.ORG

**WAYNE**

WAYNE CO COMMUNITY SERVICE  
44289 ROUTE 52  
CRUM, WV  
**LISA SALMONS**  
LISASALMONS@HOTMAIL.COM

**WEBSTER**

NICHOLAS CO COMMUNITY SERVICE  
25 MILL STREET  
COWEN, WV  
**SHARLET JARVIS**  
WCSTARTINGPOINTS@HOTMAIL.COM

**WETZEL**

WETZEL CO CENTER FOR CHILDREN  
128 MAIN STREET  
NEW MARTINSVILLE, WV  
**ASHLEY FRYE**  
AFRYE@TCCFWV.ORG

**WIRT**

WIRT CO FRN  
50 SENIOR CIRCLE  
ELIZABETH, WV  
**KATHY MASON-DUNBAR**  
WIRTCOUNTYFRN@FRONTIER.COM

**WOOD**

CHILDREN'S HOME SOCIETY  
1717 ST MARY'S AVENUE  
PARKERSBURG, WV  
**LISA WEAVER**  
LWEAVER@CHILDHSWV.ORG

**WYOMING**

COMMUNITY CONNECTIONS  
19 BANK STREET  
PINEVILLE, WV  
**LIZ COCHRANE**  
LCOCHRANE.38@GMAIL.COM

**RURAL OHIO/BROOKE**

WEST LIBERTY LIONS CLUB  
840 VAN METER WAY  
WEST LIBERTY, WV  
**WENDY ROBINSON**  
GWENSPATI@GMAIL.COM



## FAMILY RESOURCE NETWORKS (FRNS) BY COUNTY

### **BARBOUR**

BARBOUR COUNTY FRN  
*DIRECTOR: CATHY COONTZ GRIFFIN*  
TCCFRN1@GMAIL.COM

### **BERKELEY**

FRN OF THE PANHANDLE  
BERKELEY, JEFFERSON & MORGAN  
*DIRECTOR: TBD*  
DIRECTOR@FRNOTP.ORG

### **BOONE**

BOONE, KANAWHA & PUTNAM FRN  
*DIRECTOR: DARYANN WASHINGTON*  
DARYNANN@REGIONALFRN.ORG

### **BRAXTON**

BRAXTON COUNTY FRN  
*DIRECTOR: AMANDA CRINER*  
BCC11@HOTMAIL.COM

### **BROOKE**

BROOKE/HANCOCK FRN  
*DIRECTOR: JANNA GORDON*  
JGORDON@BROOKEHANCOCKFRN.ORG

### **CABELL**

CABELL COUNTY FRN  
FAITH HEALTH APPALACHIA  
*DIRECTOR: RORY CHAPMAN*  
RORY.CHAPMAN@MHNETWORK.ORG

### **CALHOUN**

CALHOUN COUNTY FRN  
*DIRECTOR: TINA PERSINGER*  
CALHOUNFRN@GMAIL.COM

### **CLAY**

CLAY COUNTY FRN  
*DIRECTOR: MELINDA SAMPLES*  
MELINDASIZEMORE@HOTMAIL.COM

### **DODDRIDGE**

DODDRIDGE COUNTY FRN  
*DIRECTOR: LAURA DYE*  
DODDRIDGECOUNTYFRN@YAHOO.COM

### **FAYETTE**

FAYETTE COUNTY FRN  
*DIRECTOR: DIANE CALLISON*  
FAYETTEFRN@GMAIL.COM

### **GILMER**

GILMER COUNTY FRN  
*DIRECTOR: JESSICA GREENLIEF*  
GILLMERCOUNTYFRN@GMAIL.COM

### **EASTERN REGIONAL FRN**

GRANT, HAMPSHIRE, HARDY & PENDLETON  
*DIRECTOR: JOANNA KUHN*  
DIRECTOR@EFRN.INFO

**GREENBRIER**

GREENBRIER COUNTY FRN  
*DIRECTOR: LISA SNEDEGAR*  
GREENBRIERFRN@YAHOO.COM

**HARRISON**

HARRISON COUNTY FRN  
*DIRECTOR: MELISSA LEHMAN*  
MELISSA@WVPREVENTIONSOLUTIONS.ORG

**LEWIS**

LEWIS COUNTY FRN  
*DIRECTOR: DEANNA PALMER*  
HELLO@LEWISCOUNTYFRN.ORG

**LINCOLN**

LINCOLN COUNTY FRN  
*DIRECTOR: AUDREY ROBINETTE*  
AUDREYROBINETTECFRN@OUTLOOK.COM

**LOGAN**

LOGAN COUNTY FRN  
*DIRECTOR: LOGAN ADKINS*  
LOGANCOUNTYFRN.WV@GMAIL.COM

**MARION**

MARION COUNTY FRN  
*DIRECTOR: SHANNON HOGUE*  
MARIONCOUNTYFRN@GMAIL.COM

**MARSHALL**

MARSHALL COUNTY FRN  
*DIRECTOR: KIMBERLI GREEN*  
MCFRN.DIRECTOR@GMAIL.COM

**MASON**

MASON COUNTY FRN  
*DIRECTOR: GREG FOWLER*  
FRNOFMASONCOUNTY@HOTMAIL.COM

**MCDOWELL**

MCDOWELL COUNTY FRN - FACES  
*DIRECTOR: GINGER DAY*  
FACESFRN@YAHOO.COM

**MERCER**

MERCER COUNTY FRN  
*DIRECTOR: GREG PUCKETT*  
DRUGFREE@STRONGCOMMUNITIES.ORG

**MINERAL**

MINERAL COUNTY FRN  
*DIRECTOR: DAYLA HARVEY*  
MINERALFAMILYRESOURCENETWORK@GMAIL.COM

**MINGO**

MINGO COUNTY FRN  
*DIRECTOR: AMY DEARFIELD-HANNAH*  
FRNDIRECTOR@HOTMAIL.COM

**MONONGALIA**

MONONGALIA COUNTY FRN  
*DIRECTOR: COURTNEY SUMMERS*  
FRN@UNITEDWAYMPC.ORG

**MONROE**

MONROE COUNTY FRN  
*DIRECTOR: MICHELLE GROVES MCFALL*  
MONROEFRN@FRONTIER.COM

**NICHOLAS**

NICHOLAS COUNTY FRN  
*DIRECTOR: ROBIN BROWN*  
NICHOLASFRN@FRONTIER.COM

**OHIO**

OHIO COUNTY FRN  
*DIRECTOR: CLAUDIA RAYMER*  
OHIOCOUNTYFRN@YAHOO.COM

**PLEASANTS**

PLEASANTS COUNTY FRN  
*DIRECTOR: DEBBIE THOMPSON*  
DEBBIETHOMPSON2187@GMAIL.COM

**POCAHONTAS**

POCAHONTAS COUNTY FRN  
*DIRECTOR: STACY VANDEVANDER*  
POCAHONTASFRN@OUTLOOK.COM

**PRESTON**

PRESTON COUNTY FRN  
*DIRECTOR: NIA LAREW*  
PRESTONFRN@GMAIL.COM

**RALEIGH**

RALEIGH COUNTY FRN  
*DIRECTOR: DEBORAH WILLIAMS*  
RALEIGHFRN@FRONTIER.COM

**RANDOLPH**

RANDOLPH COUNTY FRN  
*DIRECTOR: KARINA SHREVE*  
RCFRNDIRECTOR@GMAIL.COM

**RITCHIE**

RITCHIE COUNTY FRN  
*DIRECTOR: PAM WEST*  
PAMRCFRN@GMAIL.COM

**ROANE**

ROANE COUNTY FRN  
*DIRECTOR: CASEY HICKS*  
ROANECOUNTYFRN@FRONTIER.COM

**SUMMERS**

SUMMERS COUNTY FRN  
*DIRECTOR: DORIS SELKO*  
DORIS.STARCHER.SELKO@REACHHFRC.ORG

**TAYLOR**

TAYLOR COUNTY FRN  
*DIRECTOR: CATHY COONTZ-GRIFFITH*  
TCCFRN1@GMAIL.COM

**TUCKER**

TUCKER COUNTY FRN  
*DIRECTOR: APRIL MILLER*  
TAYLORCOUNTYFRN1@GMAIL.COM

**TYLER**

TYLER COUNTY FRN  
*DIRECTOR: JILL ASH*  
TYLERCOUNTYFRN1@GMAIL.COM

**UPSHUR**

UPSHUR COUNTY FRN  
*DIRECTOR: LORI ULDERICH HARVEY*  
UPSHURFRN@YAHOO.COM

**WAYNE**

WAYNE COUNTY FRN  
*DIRECTOR: CAROL DAMRON*  
WAYNEFRN@FRONTIERNET.NET

**WEBSTER**

WEBSTER COUNTY FRN  
*DIRECTOR: TODD FARLOW*  
WEBSTERFRN@YAHOO.COM

**WETZEL**

WETZEL COUNTY FRN  
*DIRECTOR: ELIZABETH SECKMAN*  
ESECKMAN@TCCFWV.ORG

**WIRT**

WIRT COUNTY FRN  
*DIRECTOR: KATHY MASON*  
WIRTCOUNTYFRN@FRONTIER.COM

**WOOD**

WOOD COUNTY FRN  
*DIRECTOR: ASHLEY WAY-FRANKHAUSER*  
WOODCOUNTYFRN@FRONTIER.COM

**WYOMING**

WYOMING COUNTY FRN  
*DIRECTOR: TINA ACCORD*  
WYOMINGFRN@GMAIL.COM

## LOCAL LEGAL AID OF WV (LAWV) OFFICES

### TANF LEGAL ASSISTANCE

#### STATEWIDE INTAKE:

CALL OR VISIT LEGAL AID OF WEST VIRGINIA'S WEBSITE  
TO APPLY FOR SERVICES  
PHONE: 1-866-255-4370  
FAX: 304-414-0418

#### BECKLEY/PRINCETON SERVICE AREA

SERVING: FAYETTE, MCDOWELL, MERCER, NICHOLAS,  
RALEIGH, WYOMING  
1519 NORTH WALKER STREET  
PRINCETON, WV 24740

#### **MATTHEW MCGRADY**

1-800-319-4202

304-487-1863

#### CHARLESTON/LOGAN SERVICE AREA

SERVING: LOGAN, KANAWHA, MINGO  
922 QUARRIER STREET  
FOURTH FLOOR  
CHARLESTON, WV 25301

#### **JERI BRADLEY**

1-800-642-8279

304-343-4481

#### CLARKSBURG/MORGANTOWN SERVICE AREA

SERVING: BERKELEY, DOODRIDGE, GILMER, HARDY,  
HARRISON, HAMPSHIRE, LEWIS, TAYLOR  
110 SOUTH THIRD STREET  
CLARKSBURG, WV 26301

#### **CHRISTINA RUMBACH**

1-866-401-6439

304-623-6649

#### ELKINS SERVICE AREA

SERVING: BARBOUR, GRANT, PENDLETON, RANDOLPH,  
TUCKER, UPSHUR  
PO BOX 229  
ELKINS, WV 26241

#### **RAYMOND LAMORA**

1-866-400-0196

304-635-7600

#### HUNTINGTON SERVICE AREA

SERVING: CABELL, MASON, WAYNE  
418 8TH STREET  
SECOND FLOOR  
HUNTINGTON, WV 25701

#### **RUSSELL COOK**

1-866-313-6129

304-697-2070

# LOCAL LEGAL AID OF WV (LAWV) OFFICES

## TANF LEGAL ASSISTANCE

### **LEWISBURG SERVICE AREA**

SERVING: GREENBRIER, MONROE, POCAHONTAS,  
SUMMERS

125 GREEN LANE  
LEWISBURG, WV 24901

**EMILY ISAACS**

1-866-401-9391  
304-645-3131

### **PARKERSBURG SERVICE AREA**

SERVING: CALHOUN, JACKSON, PLEASANTS, RITCHIE,  
ROANE, WIRT, WOOD

327 NINTH STREET  
PARKERSBURG, WV 26101

**JOHN WILLIAMS**

1-800-675-7970  
304-485-7522

### **WHEELING SERVICE AREA**

SERVING: BROOKE, HANCOCK, MARSHALL, OHIO, TYLER,  
WETZEL

THE MULL CENTER  
1025 MAIN STREET  
SUITE 716  
WHEELING, WV 26003

**KIRA MAUNZ**

1-866-401-5460  
304-232-1260

## **EARNED INCOME TAX CREDIT COALITIONS (EITC)**

### **ALLIANCE FOR SUSTAINABLE FAMILIES**

SERVING: STATEWIDE  
1637 4TH AVENUE CHARLESTON, WV 25387  
JENNIFER THACKER - JTHACKER@WVASF.ORG  
ROBERT JAMES - RJAMES@WVASF.ORG

### **NORTHERN PANHANDLE EITC COALITION CHANGE INC.**

SERVING: BROOKE, HANCOCK, OHIO, MARSHALL  
3158 WEST STREET  
WEIRTON, WV 26262  
JIM BOINEY - JIMBONIEY@CHANGEINC.ORG  
JORDAN SAVAGE - JSAVAGE@CHANGEINC.ORG

### **MOUNTAIN HEART SOUTH: SOUTHERN WV EITC COALITION**

SERVING: FAYETTE, GREENBRIER, MCDOWELL, MERCER, MONROE, NICHOLAS,  
POCAHONTAS, RALEIGH, SUMMERS, WYOMING  
PO BOX 1509  
OCEANA, WV 24870  
DREAMA PADGETT - DPADGETT@MHTWV.ORG  
PJ ESTEP - PESTEP@MHTWV.ORG

### **MOUNTAINHEART NORTH: EASTERN PANHANDLE EITC COALITION**

SERVING: BERKELEY, GRANT, HAMPSHIRE, HARDY, JEFFERSON, MINERAL, MORGAN,  
PENDLETON  
PO BOX 1590  
OCEANA, WV 24870  
WILLETTA BOLINGER - WBOLINGER@MHTWV.ORG  
KATHRINA "KAT" HAGEDORN - KHAGEDORN@MHTWV.ORG

### **COMMUNITY RESOURCES INC.: MID-OHIO VALLEY EITC**

SERVING: CALHOUN, DODDRIDGE, GILMER, JACKSON, PLEASANTS, RITCHIE, ROANE, TYLER,  
WETZEL, WIRT, WOOD  
1037 MARKET STREET PARKERSBURG, WV 26101  
MICHELLE BARBER - MBARBER@CRICAP.ORG  
SHAYLA MCGUIRE - SMCGUIRE@CRICAP.ORG  
VICKI MONTGOMERY - VMONTGOMERY@CRICAP.ORG

## **EARNED INCOME TAX CREDIT COALITIONS (EITC)**

### **NORTH CENTRAL COMMUNITY ACTION**

SERVING: BARBOUR, BRAXTON, HARRISON, LEWIS, MARION, MONONGALIA, PRESTON,  
RANDOLPH, TAYLOR, TUCKER, UPSHUR, WEBSTER  
146 TERRACE MANOR FAIRMONT, WV 26554  
JENNIFER PARR - JBENEDUMPARR@NCWVCAA.ORG  
CHRIS BURKY - CBURKY@NCWVCAA.ORG  
PATRICIA MCFARLAND - PMCFARLAND@NCWVCAA.ORG  
SUREE SARCEÑO - SSARCEÑO@NCWVCAA.ORG

### **UNITED WAY RIVER CITIES: SOUTHWEST WV COALITION**

SERVING: CABELL, LINCOLN, MASON, WAYNE  
820 MADISON AVENUE HUNTINGTON, WV 25704  
STEVE CLINE - STEVE.CLINE@UNITEDWAYRIVERCITIES.ORG

### **UNITED WAY CENTRAL WV: CENTRAL WV EITC COALITION**

SERVING: BOONE, CLAY, KANAWHA, LOGAN, MINGO, PUTNAM  
1 UNITED WAY SQUARE CHARLESTON, WV 25301  
CASSANDRA CURTIS - CCURTIS@UNITEDWAYCWV.ORG  
MONEAL@UNITEDWAYCWV.ORG



# **SPOKES PROGRAM AND ASSESSMENT TESTING**

## FOR WV WORKS PARTICIPANTS

### **SPOKES & EXCEL SPOKES**

DEPARTMENT OF EDUCATION  
1900 KANAWHA BOULEVARD EAST  
CHARLESTON, WV 25305-0330

CONTACT:

**SANDRA ADKINS**

SANDRA.ADKINS@K12.WV.US

## **COMMUNITY & TECHNICAL COLLEGES**

SERVING WV WORKS PARTICIPANTS

### **BLUE RIDGE CTC**

SERVING: BERKELEY, JEFFERSON, MORGAN  
13650 APPLE HARVEST DRIVE  
MARTINSBURG, WV 25403  
304-260-4380  
CONTACT:  
JHOLLIDA@BLUERIDGECTC.EDU  
AMICHAEL@BLUERIDGECTC.EDU

### **BRIDGEVALLEY CTC**

SERVING: CLAY, FAYETTE, KANAWHA, NICHOLAS, PUTNAM, RALEIGH, WAYNE  
2001 UNION CARBIDE DRIVE  
SOUTH CHARLESTON, WV 25303  
CONTACT:  
KAY.COOK@BRIDGEVALLEY.EDU  
CAROL.RAMKEY@BRIDGEVALLEY.EDU  
CARLA.BLANKENBUEHLER@BRIDGEVALLEY.EDU

### **EASTERN WV CTC**

SERVING: HAMPSHIRE, HARDY, GRANT, MINERAL, PENDLETON, TUCKER  
316 EASTERN DRIVE  
MOOREFIELD, WV 26836  
CONTACT:  
DEBI.LAYTON@EASTERNWV.EDU  
MONICA.WILSON@EASTERNWV.EDU

### **MOUNTWEST CTC**

SERVING: CABELL, KANAWHA, MASON, PUTNAM, WAYNE  
ONE MOUNTWEST WAY  
HUNTINGTON, WV 25701  
304-710-3140  
CONTACT:  
MCDOUGLE@MCTC.EDU  
MCWAIN@MCTC.EDU

### **NEW RIVER CTC**

SERVING: FAYETTE, GREENBRIER, MERCER, MONROE, NICHOLAS,  
POCAHONTAS, RALEIGH, SUMMERS, WEBSTER  
280 UNIVERSITY DRIVE  
BEAVER, WV 25813  
304-929-5027  
CONTACT:  
WRHODES@NEWRIVER.EDU  
SLACEK@NEWRIVER.EDU

## COMMUNITY & TECHNICAL COLLEGES

SERVING WV WORKS PARTICIPANTS

### **MOUNTWEST CTC**

SERVING: CABELL, KANAWHA, MASON, PUTNAM, WAYNE  
ONE MOUNTWEST WAY  
HUNTINGTON, WV 25701  
304-710-3140  
CONTACT:  
MCDOUGLE@MCTC.EDU  
MCWAIN@MCTC.EDU

### **WV NORTHERN**

SERVING: BROOKE, HANCOCK, MARSHALL, OHIO, TYLER, WETZEL  
1704 MARKET STREET  
WHEELING, WV  
304-233-5900  
CONTACT:  
KWORKMAN1@WVNCC.EDU  
ISOLY@WVNCC.EDU

### **WVU PARKERSBURG**

SERVING: JACKSON, PLEASANTS, RITCHIE, ROANE, TYLER, WIRT, WOOD  
300 CAMPUS DRIVE  
PARKERSBURG, WV 26104  
304-424-8283  
CONTACT:  
KURT.KLETTNER@WVUP.EDU  
KROBER14@WVUP.EDU

### **PIERPONT CTC**

SERVING: BARBOUR, BRAXTON, CALHOUN, DODDRIDGE, GILMER, HARRISON, LEWIS, MARION,  
MONONGALIA, PRESTON, RANDOLPH, TAYLOR, UPSHUR  
500 GALLIHER DRIVE  
FAIRMONT, WV 26554  
304-367-4073  
CONTACT:  
JMARSHALL16@PIERPONT.EDU

### **SOUTHERN WVCTC**

SERVING: BOONE, LINCOLN, LOGAN, MCDOWELL, MINGO, WYOMING  
PO BOX 2900  
MOUNT GAY, WV 25637  
CONTACT:  
DIANNA.TOLER@SOUTHERN WV.EDU  
MICHELE.MORE@SOUTHERN WV.EDU  
HATTIE.EVANS@SOUTHERN WV.EDU

## **PARTNERS IN PREVENTION**

### **COUNTY TEAM LEADERS**

#### **BARBOUR**

*CATHY COONTZ-GRIFFITH*  
BARBOUR COUNTY FRN  
105 BEECH STREET  
GRAFTON, WV 26354  
304-265-6838 OR 304-613-8836  
TCCFRN1@GMAIL.COM

#### **BERKELEY**

*AMI SIRBAUGH*  
CHILDREN'S HOME SOCIETY OF WV  
100 S QUEEN STREET  
MARTINSBURG, WV 25401  
304-264-4658  
ASIRBAUGH@CHILDHSWV.ORG

#### **BRAXTON**

*AMI COOK*  
WVU-EXTENSION SERVICE  
307 MAIN STREET SUITE 301  
SUTTON, WV 26601  
304-765-2809  
AMI.COOK@MAIL.WVU.EDU

#### **BROOKE**

*RHONDA STUBBS*  
EXECUTIVE DIRECTOR  
A CHILD'S PLACE CASA, LTD.  
613 MAIN STREET  
FOLLANSBEE, WV 26037  
304-737-4444  
CHILDSPLACECASA@COMCAST.NET

#### **CABELL**

*JESSIE GADD CABELL*  
FAMILY SUPPORT CENTER  
816 ST. LOUIS STREET  
HUNTINGTON, WV 25722  
304-751-5137  
JGADD@HWVHA.ORG

#### **CALHOUN**

*TINA PERSINGER*  
CALHOUN FAMILY RESOURCE NETWORK  
PO BOX 620  
GRANTSVILLE, WV 26147  
304-354-7177  
CALHOUNFRN@GMAIL.COM

#### **CLAY**

*MELINDA SAMPLES*  
CLAY COUNTY FAMILY RESOURCE NETWORK  
452 MAIN STREET  
CLAY, WV 25043  
304-651-4389  
MELINDASIZEMORE@HOTMAIL.COM

#### **FAYETTE**

*EADIN MILLER*  
FAYETTE COUNTY STARTING POINTS FRC  
PO BOX 793  
SMITHERS GATEWAY CENTER  
#2 GREYHOUND LANE  
SMITHERS, WV 25186  
304-442-0043  
MILLERREADIN@GMAIL.COM

#### **GILMER**

*JESSICA GREENLEIF*  
GILMER COUNTY FRN  
PO BOX 115  
208 MAIN STREET  
GLENVILLE, WV 26351  
304-462-7545  
GILMERCOUNTYFRN@GMAIL.COM

#### **GRANT**

*ALEX COFFMAN MATHIAS*  
WVU EXTENSION  
114 NORTH GROVE STREET  
PETERSBURG, WV 26847  
304-257-4688  
ALEXANDRIA.COFFMAN@MAIL.WVU.EDU

## **PARTNERS IN PREVENTION**

### **COUNTY TEAM LEADERS**

#### **GREENBRIER**

*DEVIN PRESTON*  
HIGH ROCKS EDUCATIONAL CORPORATION  
232 JEFFERSON STREET N BLDG C  
LEWISBURG, WV 24901  
304-647-4994  
DEVIN@HIGHROCKS.ORG

#### **HAMPSHIRE**

*JOANNA KUHN*  
EASTERN REGIONAL FRN  
108 SOUTH FORK ROAD, SUITE 103  
MOOREFIELD, WV 26836  
304-530-5480 EXT 1  
JOANNA.KUHN@EFRN.INFO

#### **HANCOCK**

*JANNA GORDON*  
BROOKE HANCOCK FRN  
1300 POTOMAC AVENUE  
WEIRTON, WV 26062  
304-748-7850 EXT 1016  
JGORDON@BROOKEHANCOCKFRN.ORG

#### **HARDY**

*JOANNA KUHN*  
EASTERN REGIONAL FRN  
108 SOUTH FORK ROAD, SUITE 103  
MOOREFIELD, WV 26836  
304-530-5480 EXT 1  
JOANNA.KUHN@EFRN..INFO

#### **HARRISON**

*KELLY BOWMAN*  
HERO'S HAVEN CHILD ADVOCACY CENTER  
229 WEST MAIN STREET, SUITE 500  
CLARKSBURG, WV 26301  
304-622-0375  
K.BOWMAN@CACWV.COM

#### **JEFFERSON**

*AMI SURBAUGH*  
CHILDREN'S HOME SOCIETY OF WV  
100 S. QUEEN STREET  
MARTINSBURG, WV 25401  
304-264-4658  
ASIRBAUGH@CHILDHSWV.ORG

#### **KANAWHA**

*DIANE HUGHES*  
KANAWHA CO STARTING POINTS FRC  
ATTN: NICHOLAS COUNTY EMPOWERMENT CORP, INC.  
PO BOX 682  
EAST BANK, WV 25067  
304-993-6919  
DCHUGHES1603@YAHOO.COM

#### **LEWIS**

*SUSAN HARSH*  
MOUNTAIN CAP OF WV INC.'S CHILD  
ADVOCACY CENTER  
26 N. KANAWHA STREET  
BUCKHANNON, WV 26201  
304-678-0001  
SHARSH@MOUNTAINCAPWV.ORG

#### **LINCOLN**

*TAMI BOLING*  
BIG UGLY COMMUNITY CENTER  
STEP BY STEP INC  
15 ROSEWOOD ROAD  
HARTS, WV 25524  
304-855-5402  
TBOLING@STEPBYSTEPWV.ORG

#### **LOGAN**

*TASHA GIBSON*  
STEP BY STEP, INC.  
212 DINGESS STREET  
LOGAN, WV 25601  
681-280-4177  
TGIBSON@STEPBYSTEPWV.ORG

## PARTNERS IN PREVENTION

### COUNTY TEAM LEADERS

#### **MARION**

*SHANNON HOGUE*  
MARION COUNTY FAMILY RESOURCE AND  
SUPPORT NETWORK  
200 FAIRMONT AVENUE, SUITE 106  
FAIRMONT, WV 26554  
304-366-4445  
304-677-3301  
MARIONCOUNTYFRN@GMAIL.COM

#### **MARSHALL**

*SUSAN HARRISON*  
CASA FOR CHILDREN  
407 MORTON AVENUE  
MOUNDSVILLE, WV 26041  
304-233-0333  
EXECUTIVEDIRECTOR@WVCASAFORCHILDREN.COM

#### **MASON**

*JASSICA LEGG*  
MASON COUNTY FAMILY SUPPORT CENTER  
624 MAIN  
POINT PLEASANT, WV 25550  
304-807-5557  
JLEGGFSC@GMAIL.COM

#### **MCDOWELL**

*BROOKE BISHOP*  
STOP THE HURT, INC.  
601 BELCHER MOUNTAIN ROAD  
WELCH, WV 24801  
304-320-8775  
BROOKEBISHOPSTH@GMAIL.COM

#### **MERCER**

*MICHELLE HALE*  
CHILDLAW SERVICES INC.  
1709 WEST MAIN STREET  
PRINCETON, WV 24740  
304-425-9973  
MICHELLE.CHILDLAWSERVICES@GMAIL.COM

#### **MINERAL**

*DAYLA HARVEY*  
MINERAL COUNTY FRN  
251 1/2 WEST PIEDMONT STREET  
KEYSER, WV 26726  
304-788-9099  
MINERALFAMILYRESOURCENETWORK@GMAIL.COM

#### **MINGO**

*AMY HANNAH*  
MINGO COUNTY FRN  
PO BOX 2080  
WILLIAMSON, WV 25661  
304-235-5607  
FRNDIRECTOR@HOTMAIL.COM

#### **MONONGALIA**

*COURTNEY SUMMERS*  
MONONGALIA COUNTY FRN  
278C SPRUCE STREET  
MORGANTOWN, WV 26505  
304-296-7525  
304-322-2064  
FRN@UNITEDWAYMPC.ORG

#### **MONROE**

*MICHELLE GROVES MCFALL*  
MONROE COUNTY COALITION FOR  
CHILDREN AND FAMILIES  
PO BOX 737  
UNION, WV 24983  
304-722-5960  
MICHELLEMCFALL@MONROEFRN.COM

#### **MORGAN**

*AUDREY MORRIS*  
MORGAN COUNTY STARTING POINTS FSC  
106 SAND MINE RD, SUITE 6  
BERKELEY SPRINGS, WV 25411  
304-258-5600  
AMORRIS@STARTING-POINTS.ORG

## PARTNERS IN PREVENTION

### COUNTY TEAM LEADERS

#### **NICHOLAS**

*BARBIE RADCLIFF*  
NICHOLAS COUNTY EMPOWERMENT CORP  
PO BOX 168  
RICHWOOD, WV 26261  
304-846-4479  
RADCLIFFBARB@YAHOO.COM

#### **PRESTON**

*SUSIE DAVIS*  
PRESTON/TAYLOR PARENTS AS TEACHERS  
113 WEST HIGH STREET  
KINGWOOD, WV 26537  
304-698-4008  
PRESTONPARENTSASTEACHERS10@YAHOO.COM

#### **OHIO**

*CLAUDIA RAYMER*  
OHIO COUNTY FRN  
PO BOX 6117  
WHEELING, WV 26003  
304-232-5600  
OHIOCOUNTYFRN@YAHOO.COM

#### **PUTNAM**

*MEADOW WILLIAMS*  
HEARTBEAT OF THE VALLEY  
28 MISSION WAY, SUITE 100  
SCOTT DEPOT, WV 25560  
681-235-2097  
HEARTBEATOFTHEVALLEY@OUTLOOK.COM

#### **PENDLETON**

*TONIUE DYER*  
EASTERN ACTION  
FAMILY SUPPORT CENTER DIRECTOR  
228 CLAY STREET  
MOOREFIELD, WV 26836  
304-538-7711  
TMDYER@EASTERNACTION.ORG

#### **RALEIGH**

*DEANEE JOHNSON*  
JUST FOR KIDS CHILD ADVOCACY CENTER  
611 NORTH KANAWHA STREET  
BECKLEY, WV 25801  
304-255-4834  
MDJOHNSON@JFKWV.COM

#### **PLEASANTS**

*DEBBIE THOMPSON*  
PLEASANTS COUNTY COMMITTEE ON FAMILY ISSUES  
213 SECOND STREET  
ST. MARY'S, WV 26170  
304-684-3962  
DEBBIETHOMPSON2187@GMAIL.COM

#### **RANDOLPH**

*KARINA SHREVE*  
RANDOLPH COUNTY FRN  
PO BOX 689  
ELKINS, WV 26241  
304-636-4454  
RCFRNDIRECTOR@GMAIL.COM

#### **POCAHONTAS**

*BECKY CAMPBELL*  
POCAHONTAS COUNTY FRN  
PO BOX 3  
MARLINTON, WV 24954  
304-799-6847  
POCAHONTASFOEC@HOTMAIL.COM

#### **RITCHIE**

*PAM WARD*  
RITCHIE COUNTY FRN  
888 E. MAIN STREET  
HARRISVILLE, WV 26362  
304-643-2022  
PAMRCFRN@GMAIL.COM

## **PARTNERS IN PREVENTION**

### **COUNTY TEAM LEADERS**

#### **SUMMERS**

*DORIS SELKO*  
REACHH FAMILY RESOURCE CENTER  
411 TEMPLE STREET  
HINTON, WV 25951  
304-466-2226  
DORIS.STARCHER.SELKO@REACHHFRC.ORG

#### **TAYLOR**

*CATHY COONTZ-GRIFFITH*  
TAYLOR COUNTY FAMILY RESOURCES  
105 BEECH STREET  
GRAFTON, WV 26354  
304-265-6838  
TCCFRN1@GMAIL.COM

#### **TUCKER**

*SANDRA BOHON & APRIL MILLER*  
TUCKER COUNTY FSC/FRN  
100 EDUCATION LANE  
PARSONS, WV 26287  
304-906-9602  
TUCKERFAMILYRESOURCES@GMAIL.COM  
TUCKERFRN@HOTMAIL.COM

#### **TYLER**

*CHRISTINA WILKINSON*  
TYLER CO FAMILY SUPPORT CENTER  
THE CENTER FOR CHILDREN & FAMILIES  
250 CHARLES STREET  
SISTERSVILLE, WV 26175  
304-652-4070  
CWILKSINSON@TCCFWV.ORG

#### **UPSHUR**

*LORI ULDERICH HARVEY*  
UPSHUR COUNTY FRN  
PO BOX 2115  
BUCKHANNON, WV 26201  
304-473-1051  
UPSHURFRN@YAHOO.COM

#### **WAYNE**

*CAROL DAMRON*  
WAYNE FAMILY RESOURCE NETWORK, INC  
PO BOX 250  
WAYNE, WV 25570  
304-272-6003  
WAYNEFRN@FRONTIERNET.NET

#### **WEBSTER**

*SHARLET JARVIS*  
WEBSTER COUNTY STARTING POINTS FSC  
25 MILL STREET COWEN, WV 26206  
304-22-5000  
WCSTARTINGPOINTS@HOTMAIL.COM

#### **WETZEL**

*MARSHA CROASMUN*  
WETZEL COUNTY CENTER FOR  
CHILDREN & FAMILIES  
128 MAIN STREET  
NEW MARTINSVILLE, WV 26155  
304-455-2468  
MCROASMUN@TCCFWV.ORG

#### **WOOD**

*LISA WEAVER*  
CHILDREN'S HOME SOCIETY OF WV  
1717 ST. MARY'S AVENUE  
PARKERSBURG, WV 26101  
304-485-0650  
LWEAVER@CHILDHSWV.ORG

#### **WYOMING**

*LIZ COCHRANE*  
WYOMING COUNTY FSC  
PO BOX 1802  
PINEVILLE, WV 24871  
304-923-9933



# CIRCLE OF PARENTS

## WHAT IS CIRCLE OF PARENTS?

CIRCLE OF PARENTS IS A NATIONAL NETWORK OF PARENT-LED GROUPS, WHERE PARENTS AND CAREGIVERS SHARE IDEAS, CELEBRATE SUCCESSES, AND ADDRESS THE CHALLENGES SURROUNDING PARENTING. CIRCLE OF PARENTS BEGAN IN 2000 AND NOW HAS GROUPS IN TWO DOZEN STATES. WEST VIRGINIA LAUNCHED CIRCLE OF PARENTS IN 2012 WITH FIVE PILOT ORGANIZATIONS, WHICH HAVE SINCE GROWN TO MORE THAN A DOZEN SPONSORING ORGANIZATIONS HOLDING GROUPS ACROSS THE STATE.

CIRCLE OF PARENTS GROUPS CAN BE OPEN TO THE GENERAL COMMUNITY OR TAILORED TO PEOPLE WHO SHARE PARTICULAR INTERESTS OR CIRCUMSTANCES. ALL GROUPS INCLUDE THESE SEVEN ELEMENTS:

- 1. INCLUSIVENESS:** ALL GROUPS ARE FREE OF CHARGE. ANYONE IN A PARENTING ROLE CAN PARTICIPATE. THE ONLY EXCEPTIONS WOULD BE PEOPLE WITH PROBLEMS THAT JEOPARDIZE THE SAFETY OF GROUP MEMBERS OR CHILDREN.
- 2. TRUST:** GROUP MEMBERS COUNT ON EACH OTHER TO LISTEN OPENLY, RESPOND HONESTLY AND ACT WITH COMPASSION. THEY KNOW THAT ALL INFORMATION SHARED IN THE GROUP IS CONFIDENTIAL AND NEVER DISCUSSED OUTSIDE THE GROUP, WITHIN THE LIMITS OF THE LAW.
- 3. RESPECT:** GROUP MEMBERS CAN EXPECT TO HAVE THEIR FEELINGS HEARD IF THEY CHOOSE TO SHARE THEM. THEY CAN ALSO COUNT ON HAVING ENOUGH TIME FOR EVERYONE TO SPEAK. PARENTS, FACILITATORS, AND PARENT LEADERS HONOR CULTURAL TRADITIONS, BOUNDARIES, AND THE NEEDS OF GROUP MEMBERS.
- 4. EXPERIENCE-BASED:** PARENTS ARE THE EXPERTS ABOUT THEIR OWN FAMILIES AND THEIR OWN CHILDREN. TOGETHER, PARENTS LEARN FROM ONE ANOTHER ABOUT WAYS TO STRENGTHEN THEIR FAMILIES. GROUP MEMBERS PROVIDE NON-JUDGMENTAL SUPPORT TO ONE ANOTHER.
- 5. OWNERSHIP:** THE GROUP BELONGS TO THE PARENTS WHO ATTEND. GROUP MEMBERS DETERMINE THE CONTENT OF MEETINGS AND THE AGENDA, DEFINE THEIR OWN GOALS IN THE GROUP, MODEL HEALTHY INTERACTIONS, ASSURE THAT MEETINGS TAKE PLACE CONSISTENTLY, SET INDIVIDUAL GOALS AND ACT ON THEIR DECISIONS.
- 6. POSITIVE PARENTING:** GROUP MEMBERS ASSIST ONE ANOTHER IN DEVELOPING POSITIVE METHODS OF PROBLEM-SOLVING AND RECOGNIZE THAT VIOLENCE AT ANY LEVEL IS NOT AN ACCEPTABLE FORM OF DEALING WITH PROBLEMS AND ISSUES.
- 7. SHARED LEADERSHIP:** PARENTS AND GROUP FACILITATORS BUILD A PARTNERSHIP TO SHARE RESPONSIBILITY, EXPERTISE AND LEADERSHIP ROLES. MEMBERS OF THE GROUP HOLD EACH OTHER ACCOUNTABLE FOR THE ABOVE VALUES, ASK FOR CLARIFICATION IF THERE IS SOMETHING THEY DON'T UNDERSTAND, AND REACH OUT IF SOMEONE SEEMS TO BE STRUGGLING.

# PROGRAMS

## IN HOME FAMILY EDUCATION

### **TEAM WV/PCAWV**

1002 3RD AVENUE, 3RD FLOOR  
HUNTINGTON, WV 25701  
CONTACT: LAURIE MCKEOWN  
LAURIE@TEAMWV.ORG

### **ABLE FAMILIES**

100 LINCOLN STREET  
KERMIT, WV 25674  
CONTACT: MARLENE SPAULDING  
MSPAULDING@ABLEFAMILIES.ORG

### **BROOKE HANCOCK FRN**

1300 POTOMAC AVENUE UPPER  
WEIRTON, WV 26062  
CONTACT: ARYN CARR  
ACARR@BROOKEHANCOCKFR.ORG

### **MARSHALL COUNTY FRN**

1501 2ND STREET  
MOUNDSVILLE, WV 26041  
CONTACT: JANNA GORDON  
JGORDON@BROOKEHANCOCKFRN.ORG

### **MONROE COUNTY FRN**

9875 WILLOWBEND ROAD  
UNION, WV 24983  
CONTACT: JEANA CARR  
JLCARR@K12.WV.US

### **NORTHERN PANHANDLE HEAD START, INC.**

1 ORCHARD ROAD  
WHEELING, WV  
CONTACT: KATIE VIZYAK  
KVIZYAK@NPHEADSTART.ORG

### **PRESTON COUNTY CARING COUNCIL**

113 WEST HIGH STREET  
KINGWOOD, WV 26537  
CONTACT: SUSAN DAVIS  
PRESTONPARETNSASTEACHERS10@YAHOO.COM

# PROGRAMS

## IN HOME FAMILY EDUCATION

### **RAINELLE MEDICAL CENTER**

3474 N JEFFERSON STREET  
SUITE 107  
LEWISBURG, WV 24901  
CONTACT: RACHEL WINGFIELD  
LARME\_3@YAHOO.COM

### **REACHH FSC**

411 TEMPLE STREET  
HINTON, WV 25951  
CONTACT: JENNIFER ADKINS  
JENNIFER.ADKINS@REACHHFRC.ORG

### **SHACK NEIGHBORHOOD HOUSE**

547 BLUE HORIZON DRIVE  
PURSGLOVE, WV 26546  
CONTACT: LORI HALVERSON  
TESSANDI@COMCAST.NET

### **TEAM WV/HEALTHY FAMILIES**

1002 3RD AVENUE, 3RD FLOOR  
HUNTINGTON, WV 25701  
CONTACT: JEN FREEMAN  
JEN@TEAMWV.ORG

### **TUCKER COUNTY FRN**

410 RAILROAD STREET  
PARSONS, WV 26287  
CONTACT: ANGIE DAVIS  
FOREVERDAVIS@HOTMAIL.COM

### **NICHOLAS EMPOWERMENT/KANAWHA COUNTY**

CONTACT: DIANE HUGHES  
DCHUGHES@KCS.KANA.K12.WV.US

### **WETZEL COUNTY CENTER FOR CHILDREN AND FAMILIES**

128 MAIN STREET  
NEW MARTINSVILLE, WV  
CONTACT: MARSHA CROASMUN  
MCROASMUN@TCCFWV.ORG

## **PROGRAMS**

# **KISRA**

## **RELATIONSHIP EDUCATION**

STATEWIDE INITIATIVE

131 PERKINS AVENUE  
DUNBAR, WV 25064  
304-768-8924

CLINTON ARNOLD  
CEO@KISRA.ORG

CHRIS OVERSTREET  
COVERSTREET@KISRA.ORG

## **PROGRAMS**

# **GOOD NEWS MOUNTAINEER GARAGE**

## **DONATED VEHICLES**

STATEWIDE INITIATIVE

1637 4TH AVENUE  
CHARLESTON, WV 25387  
304-344-8445

JENNIFER THACKER  
J.THACKER@GOODNEWSMOUNTAINEERGARAGE.COM

RON WILES  
GOODNEWS.RON@GMAIL.COM

## PROGRAMS

# WEST VIRGINIA 211

## INFORMATION AND REFERRAL

STATEWIDE INITIATIVE

1 UNITED WAY SQUARE  
CHARLESTON, WV 25301  
681-710-1970

APRIL KNIGHT  
APRIL@WV311.ORG

WV211.ORG

# NOTES

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# NOTES



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# NOTES

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# LOCAL RESTAURANTS

## Charleston, WV

---

**HALE HOUSE** (BOURBON STYLE BISTRO)  
212 HALE ST, CHARLESTON, WV 25301

**PIES & PINTS** (PIZZERIA)  
222 CAPITOL ST, CHARLESTON, WV 25301

**BLACK SHEEP BURRITOS & BREWS**  
702 QUARRIER ST, CHARLESTON, WV 25301

**ADELPHIA SPORTS BAR & GRILL**  
218 CAPITOL ST, CHARLESTON, WV 25301

**FIRST WATCH** (BREAKFAST/BRUNCH/LUNCH)  
164 SUMMERS ST, CHARLESTON, WV 25301

**SOHO'S** (ITALIAN/MEDITERRANEAN/AMERICAN)  
800 SMITH ST, CHARLESTON, WV 25301

**RECOVERY SPORTS GRILL**  
600 VIRGINIA ST E, CHARLESTON, WV 25301

**SAM'S UPTOWN** (PUB STYLE FOOD)  
28 CAPITOL ST, CHARLESTON, WV 25301



# LOCAL RESTAURANTS

## Charleston, WV

---

### **COZUMEL EXPRESS (MEXICAN)**

241 CAPITOL ST, CHARLESTON, WV 25301

### **ICHIBAN (PAN-ASIAN CUISINE)**

103 CAPITOL ST, CHARLESTON, WV 25301

### **KARUBEES JAMAICAN RESTAURANT**

714 LEE ST E, CHARLESTON, WV 25301

### **SITAR OF INDIA (AUTHENTIC INDIAN CUISINE)**

702 LEE ST E, CHARLESTON, WV 25311

### **GRAZIANO'S PIZZA (SMALL PIZZERIA)**

243 CAPITOL ST, CHARLESTON, WV 25301

### **BEAR'S DEN (PUB STYLE FOOD)**

405 CAPITOL ST, CHARLESTON, WV 25301

### **SWIFTWATER CAFE (BREAKFAST AND LUNCH)**

405 CAPITOL ST #105, CHARLESTON, WV 25301

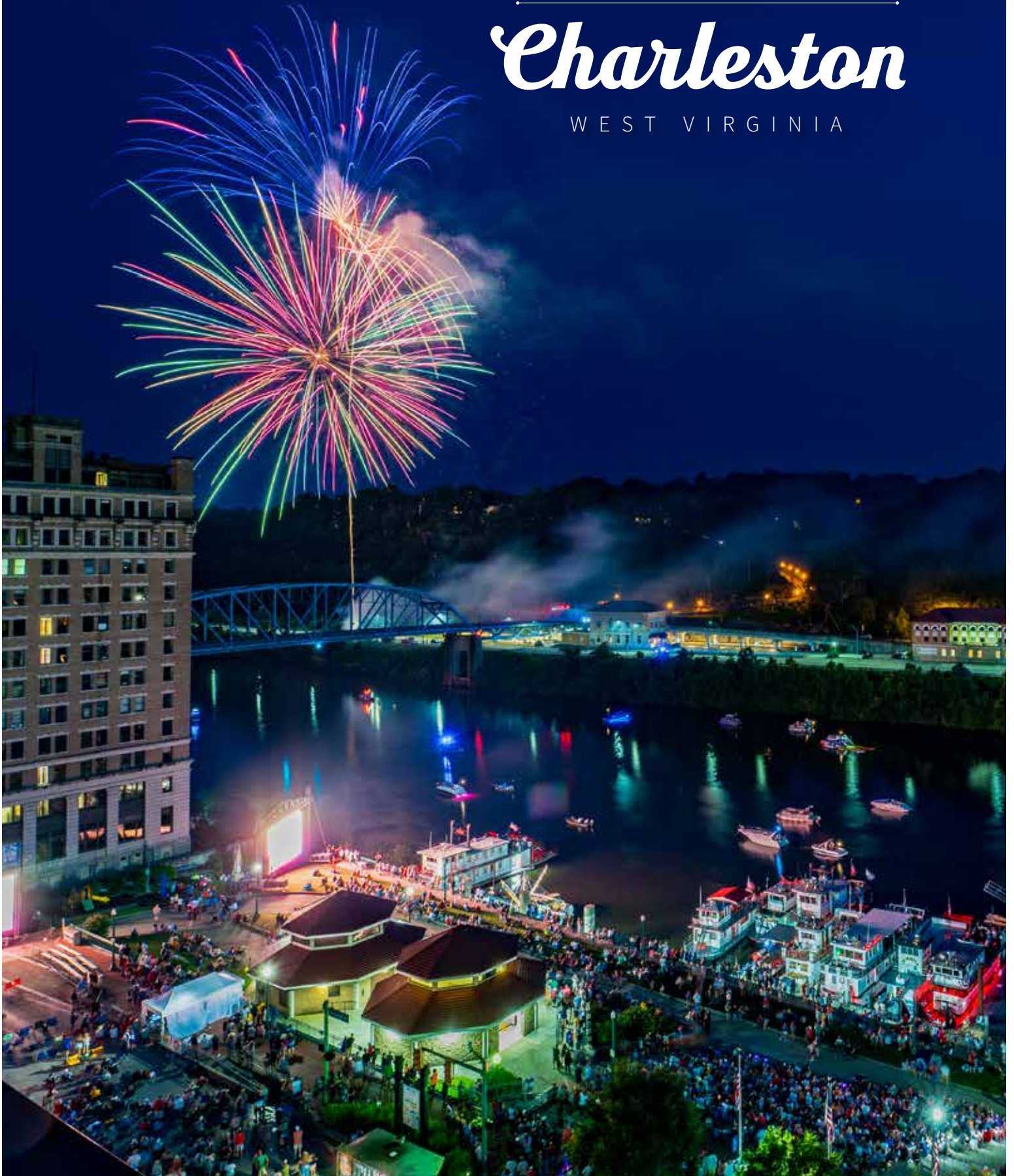


Official Travel Guide

Discover the Undiscovered

# *Charleston*

WEST VIRGINIA



# DISCOVER



**ART**



**SCIENCE**



**MUSIC**

**AND MORE!**

**MAKE MEMORIES** AT THE

[WWW.THECLAYCENTER.ORG](http://WWW.THECLAYCENTER.ORG)  
(304)561-3570



**Clay  
Center**

# Charleston

WEST VIRGINIA

## Discover the Undiscovered.

Welcome to Charleston, West Virginia, the state capital of Almost Heaven! Whether you're a resident, frequent visitor, or a newcomer, we encourage you to Discover the Undiscovered Charleston. There are more than 20 other places named Charleston in the United States, so here are a few things that make Charleston, W.Va. special. The most visible reason we stand out from the others is our shiny, gold Capitol dome. Yes, it's real.

Our location is a winner! Charleston is nestled snugly in the Appalachian Mountains where two rivers and three interstates meet. Two-thirds of the U.S. population can drive here within a day. The area is served by West Virginia International Yeager Airport, named for "local boy" and national hero Chuck Yeager, the first pilot to break the sound barrier.

Finding a path, trail, or stream to quench your thirst for the great outdoors is super easy in the Charleston area. There is an abundance of outdoor recreational opportunities, including the nation's newest National Park just an hour's drive south of the city.

Charleston likes to throw a party, and does so as often as possible! Live on the Levee, FestivALL, the Sternwheel Regatta, and USA Cycling are just a few of the festivals and signature events that get people dancing in the streets.

Flip through these pages to find out more about our distinctive neighborhoods. We also encourage you to explore, dine and play in our neighboring cities of South Charleston, Dunbar, Nitro, and St. Albans.

We'll see you soon in the Undiscovered Charleston!

**Before you get here, visit our website, and download our app to plan your #CWV visit.**



- 5** Travel Tool Kit
- 8** Explore Outdoor Recreation
- 16** Discover CWV
- 28** Friendly Neighbors

# Get Here

CRW



Hercules, Wildlife Patrol

## West Virginia International Yeager Airport (CRW)

West Virginia International Yeager Airport (CRW) offers competitive airfare to destinations worldwide with nonstop flights to leisure and business destinations aboard American, Delta, United, and Breeze Airlines. Convenient parking within walking distance of the terminal and security lines with short waiting times make CRW one of the most passenger-friendly airports in the nation. CRW is a breeze to get to, it's just minutes from downtown Charleston and the intersection of three major interstates.

As the largest airport in the state and continually growing, CRW is on a mission to become the most important economic engine in the State of West Virginia through advances in aerospace and education. With the addition of Marshall University's Bill Noe Flight school on airport grounds and the newly opened international Customs facility, CRW is setting the bar for the future of all things aviation. Whether it's increasing military training operations, exploring emerging technology, or educating the next generation of pilots, it's all happening at CRW - and it starts at home.

[yeagerairport.com](http://yeagerairport.com)

**Fly into West Virginia International Yeager Airport and meet Hercules, the Wildlife Patrol employee who helps keep everyone safe for take offs and landings. Once in the airport, you can see Herc and his pals roaming around saying hi.**



## Getting Here

Charleston is within a day's drive for two-thirds of the U.S. population. The city sits where three interstates meet (64, 77, 79) and is served by West Virginia International Yeager Airport. Amtrak's Cardinal provides easy access for travelers from Chicago to Washington, DC.

## Getting Around

Kanawha Rapid Transit (KRT) provides looped transportation throughout the area via bus and trolley, and the valley is served by several ride share services, including C & H Taxi. All major car rental services are available at the airport and a variety of locations throughout the area.

## Stay Up to Date



Be sure to visit [charlestonwv.com](http://charlestonwv.com) or download our Visit CWV app, to help you find the best things around Charleston.

## Where to Stay

Whether you prefer to get your reward points from national lodging brands, being within walking distance to the happenings of the city, a relaxed bed and breakfast, or a cozy AirBnB, you will find what you are looking for in Kanawha County.

## Tag us in your photos! #CWV

### Follow Us

-  [Facebook.com/charlestonwvcvb](https://www.facebook.com/charlestonwvcvb)
-  [Instagram.com/charlestonwv](https://www.instagram.com/charlestonwv)

### Tell Us About It

While you are out and about, be sure to tag us and use #CWV, so we can follow your adventures and share with others!

[charlestonwv.com](http://charlestonwv.com)

## Capitol Market

Make your first stop in town at Capitol Market, the Gateway to all things CWV. Located inside the Kanawha and Michigan Railroad Depot built in the 1800s, this re-imagined location has become a new kind of hub for the modern era – a tourist attraction and retail complex - that draws thousands of visitors and hosts a variety of community events throughout the year.

Visit the official Charleston Information Station, which offers an interactive kiosk and brochures to make your stay in CWV a huge success. Grab a delicious cup of coffee, salad, sandwich or sushi, or sit down for the Bourbon Sriracha Salmon and Shrimp at Soho's. No trip to Capitol Market is complete without a taste of Holl's Chocolate and a West Virginia-made souvenir.



Capitol Market





shop. eat. chat.

- Seasonal Outdoor Market
- Indoor Specialty Shops
- Lunch and Dinner Options
- Hip, Historic, Social Hub
- Free Parking, Wifi & Visitors Center
- Voted Charleston's Favorite Attraction



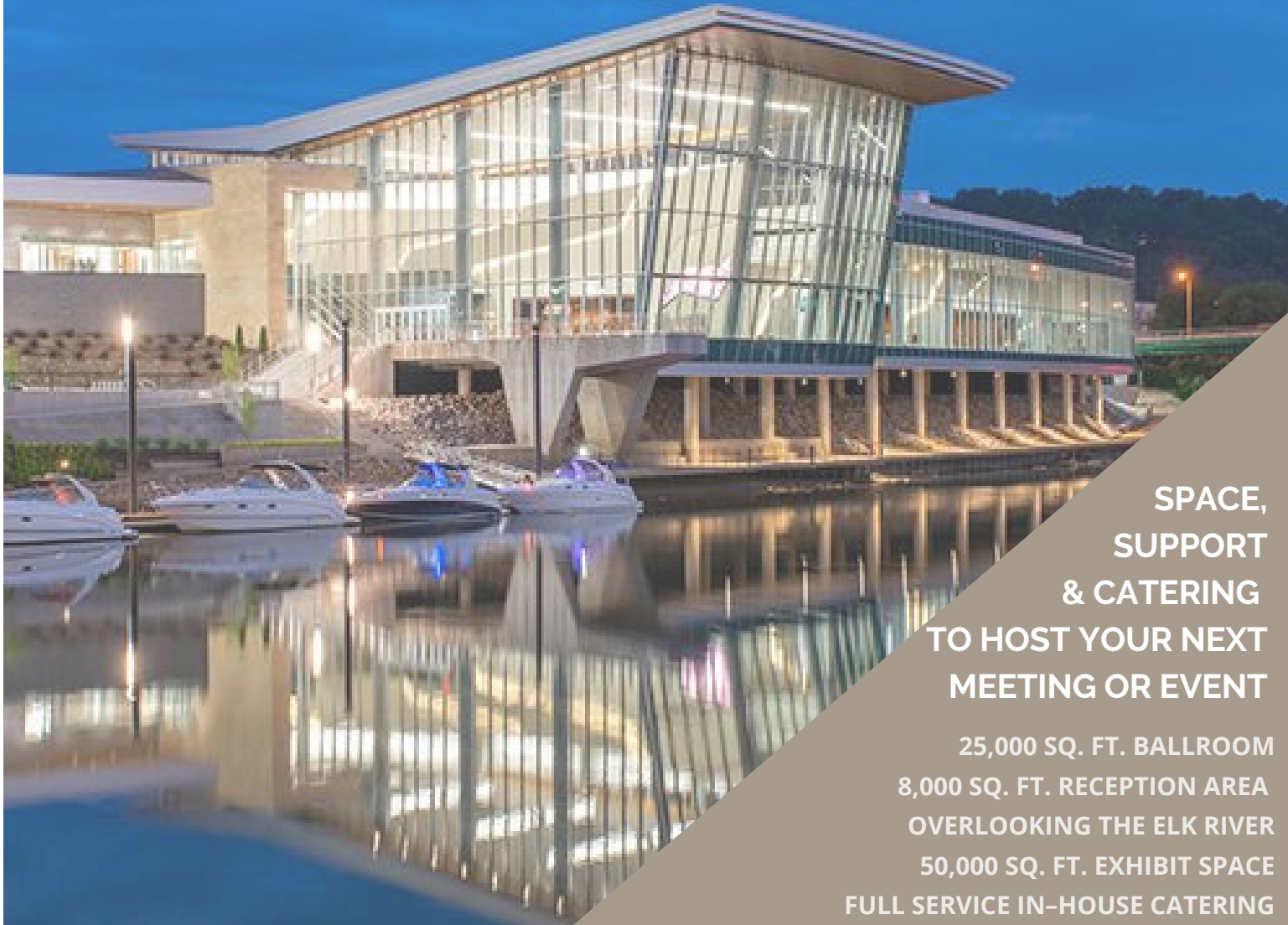
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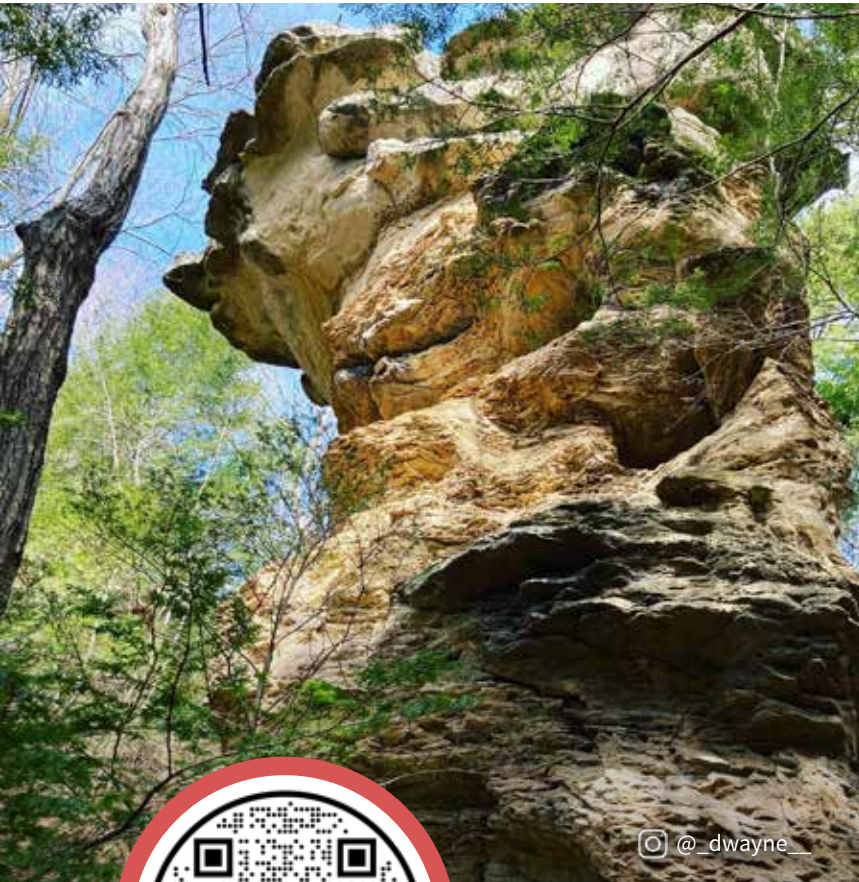
[WWW.CHASWVCCC.COM](http://WWW.CHASWVCCC.COM)   



## Hiking, Biking & Kayaking Opportunities

One of the best things about Charleston is the easy access to amazing hiking and biking opportunities. Just moments from downtown, Kanawha State Forest offers nine trails covering more than 25 miles. “The Spotted Salamander” is a paved, level walkway with braille interpretive nature stations designed for both visually impaired and physically challenged guests. Encourage the kiddos to look for (but not touch!) frogs’ eggs in the vernal pools next to the trail. Maps are available at the park office, and naturalists regularly lead guided hikes and wildlife programs for visitors.





@\_dwayne\_



*“Take only pictures,  
leave only footprints.”*

Coonskin Park and Little Creek Park are just short drives from downtown. Little Creek Park is full of trails, including the Loop Trail that takes you past the Devil’s Tea Table, a beautiful rock formation and great place to snap a few photos.

Explore woodland and riverside trails by foot or bike at Coonskin Park. Find the grotto, a perfect spot for pictures.

If you prefer to stay in town, head across the South Side Bridge to the Sunrise Carriage Trail. The Carriage Trail begins at the foot of the hill behind the Chesapeake & Ohio Railroad Depot, which itself is listed on the National Register of Historic Places. Drivers can park at the bottom of the hill or at the top. Along the way you’ll find several historical gems, including the graves of two female Civil War spies and a memorial to Christa McAuliffe, American teacher and astronaut.



Greg Sava



Greg Sava



@gooddoodtucker



## Kayaking

If kayaking is on your agenda, be sure to join the Tour de Coal community float. This annual event takes place in June to highlight and support the work of the Coal River Group, an environmental organization with the goal of restoring the Coal. The float starts at the Coal River Group’s Science & Education Center at Meadowood Park in Tornado. Float leisurely – it’s not a race – for 12 miles along the Coal River to the city of St. Albans, where finishers can celebrate at Yak Fest in Olde Main Plaza.

The Elk River Rail Trail offers several river access points for kayaking, boating, and fishing along the roughly 37-mile course. A kayak launch at the Charleston Coliseum & Convention Center is one of the more unique access points along the trail.

*The Tour de Coal takes place on the Coal River “Walhonde” Water Trail.*





# CWV: Gateway to Newest National Park

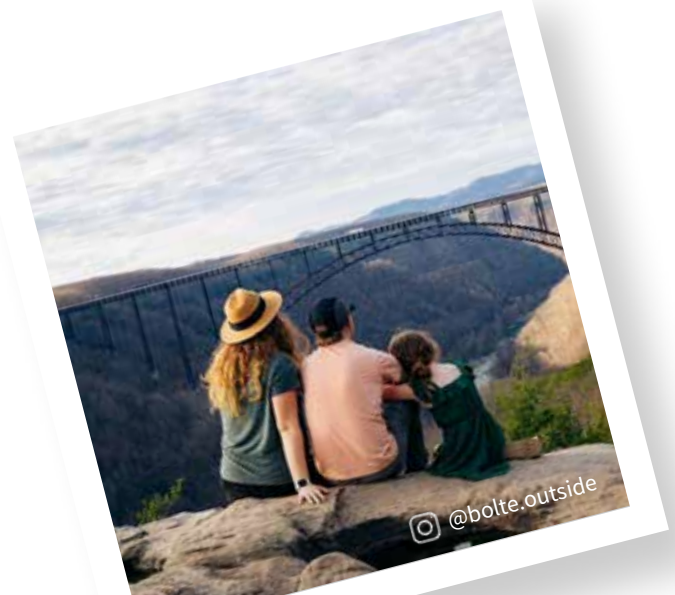


## *“Introducing the nation’s newest National Park”*

An hour’s drive south of Charleston is the nation’s newest national park. The New River Gorge National Park and Preserve was named one of the World’s Greatest Places 2021 by Time Magazine. With more than 70,000 acres of land along the New River, this natural playground features world-class whitewater rafting, hiking, biking, fishing, and hunting. The New River is one of the oldest rivers on the North American continent, with fossil evidence leading geologists to estimate the New River could be as old as 320 million years. The New River Gorge National Park and Preserve is the nation’s 63rd national park. Links to commercial outfitters, trail maps, and basic information are available on the park’s website.



Adjacent to the national park, Adventures on the Gorge, ACE Adventure Resort, and River Expeditions provide unparalleled outdoor activities both on water and land. Water-based activities in the New River Gorge include whitewater rafting, kayak tours, stand up paddle boarding, and guided float fishing trips. Land-based fun includes zipline tours, mountain biking, guided rock climbs, and bridge tours. AOTG’s zipline is one of the longest in America and reaches up to 65 mph, and a one-of-a-kind experience awaits under the New River Gorge Bridge. Take your turn on the explore the entire 3,030 foot length of the bridge – all while securely fastened to a safety harness.





## New River Gorge National Park— 1 Hour Away

Discover rafting in America’s newest National Park: New River Gorge National Park and Preserve. This nearby outdoor adventure hub features some of the best rafting on the planet - from scenic, gentle family float trips to classic whitewater rafting excitement. Experience history, nature, culture and adventures on West Virginia’s New and Gauley rivers.

Children ages 6 and up, as well as older adults, can enjoy a low-impact adventure on the majestic and awe-inspiring New River Canyon. This trip is perfect for multi-generational families looking for a soft adventure and an introduction to rafting. On this section of the New River there is an option to paddle an inflatable kayak, also known as a “duckie,” for an added challenge.

The Lower New River is appropriate for first-time rafters, ages 12 and up. This section of the New River constricts and narrows forming rugged whitewater suited for beginners to advanced paddlers. Guided expeditions feature equipment and instruction for tackling one of the oldest rivers on the continent. Experience incredible vistas and exhilarating rapids from May to October. Let River Expeditions be your host for this one-of-a-kind adventure in nature. Other outfitters providing outdoor adventures adjacent to the New River Gorge National Park and Preserve include ACE Adventure Resort and Adventures on the Gorge.



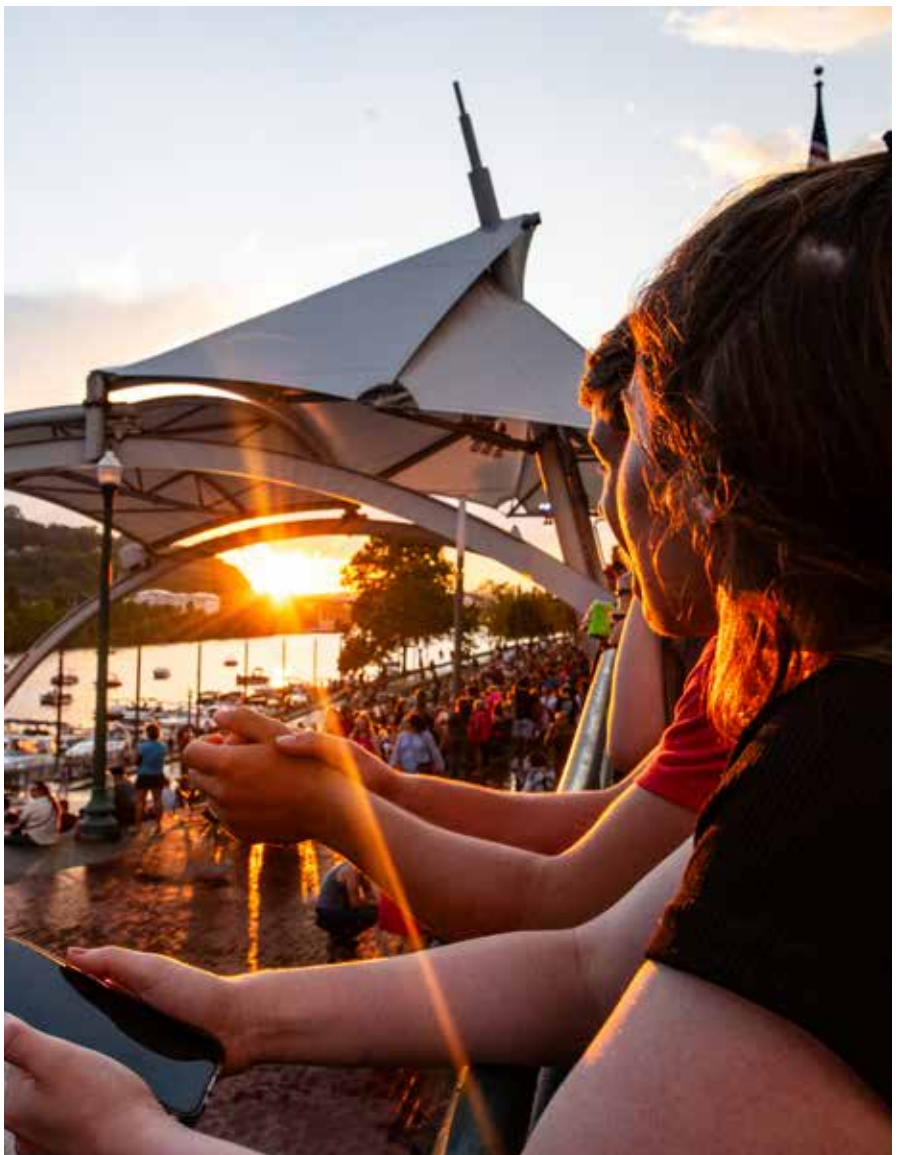


# Charleston

WEST VIRGINIA



# Ya Gotta *Regatta!*





## Discover Downtown Charleston

Charleston’s vibrant downtown district is home to attractions, small shops, local dining, and signature events. The Charleston Sternwheel Regatta, one of the city’s signature events, is a five-day festival featuring free concerts, Regatta Pro Wrestling, Weiner Dog Races, carnival, and, of course, Sternwheel Boat Races.

Spring of 2024 brings the newest event to the city’s streets, USA Cycling Pro Road National Championships. Cyclists from all over the United States will come to compete for the opportunity to wear the Stars and Stripes jersey in the 2024 and 2028 Olympic Games.

### Signature Events

- ArtWalk – Mar-Dec
- USA Cycling – Spring
- Live on the Levee – Summer
- FestivALL – June
- WV Pride Festival – June
- Sternwheel Regatta – July
- MultiFest – August
- West Virginia Book Festival – Oct





Taylor Books



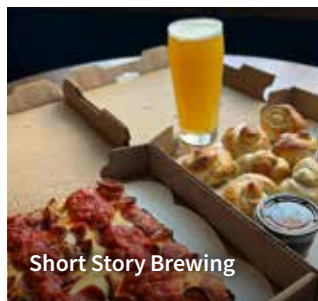
Summers Street is home to the award-winning Brewers Row, where you can earn a free commemorative pint glass. Drink three (or more, we won't judge) beers at each of these three breweries, Bad Shepherd Beer Company, Fife Street Brewing, and Short Story Brewing, get the stamps to prove it, and present your card at any participating brewery for your hard-earned swag.

City Center at Slack Plaza is a revitalized area featuring greenspace, relaxing swings, a performance stage, and larger-than-life public art. City Center hosts a variety of events throughout the year, including concerts, professional wrestling, and the holiday season's most beloved event – Holly Jolly Brawley. This seasonal event includes over 100 decorated Christmas trees, a light show, holiday music, and more. Opening Black Friday, it is a great way to start the holiday season with friends and family.

*The first brick street in the world was laid in Charleston on Summers Street – and you can still see and walk on it.*



The Peanut Shoppe



Short Story Brewing



Mortar Man



Ellen's Homemade Ice Cream

### Hometown Haunts

- City Center at Slack Plaza
- Haddad Riverfront Park
- The Peanut Shoppe
- Mortar Man
- Taylor Books
- Art Emporium

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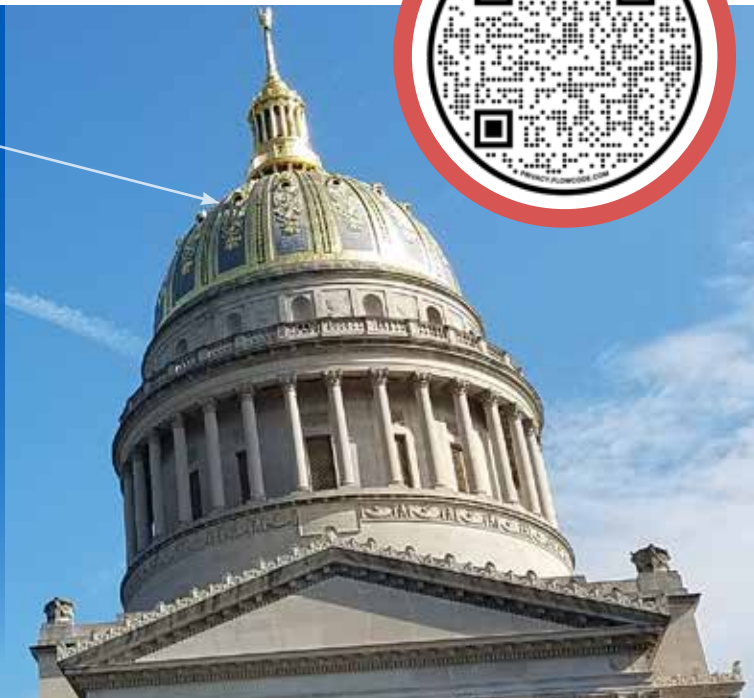


23.5 Karat Gold

# The Capitol Complex

& WV State Museum

FYI: It would take you 24 hours to read all the facts at the State Museum.



*“Some say it is the most beautiful state capitol in the country —*

## The East End—a treat for visitors and the locals

One of the most iconic landmarks in Charleston is the 23.5 karat gold dome of the West Virginia State Capitol. In addition to the picturesque dome, the State Capitol complex is a perfect destination for those who love architecture, history, art, or slowing down and relaxing outdoors. Take a free indoor tour of the Capitol Building, and, on the second floor be sure to look at the ceiling tiles that are hand carved to represent items from around the state.

The Capitol Complex also is home to the West Virginia State Museum, a free, interactive and informative museum for all ages. Highlights include the Talking Soldier, history of the Floating Capitol, and a remake of Capitol Street from the 1950s.

For more than 40 years, Mountain Stage has been the home of live music on public radio. The show is recorded in front of a live audience at the State Culture Center on the Capitol Grounds. Hear seasoned legends and emerging stars from across the musical spectrum. Each two-hour episode is heard weekly on nearly 300 stations across America, and around the world via NPR Music and [mountainstage.org](http://mountainstage.org).



The East End is more than just the history of the state. It is also home to the Empty Glass, THE place for live music in Charleston. The post-Mountain Stage Jam sessions are a must-see. The Empty Glass is more than just a music venue...it's iconic.



The Clay Center is way more than just music. The Juliet Art Museum on the third floor houses a rotating collection of national and local artists. The Avampato Discovery Museum houses three floors of hands-on discovery exhibits featuring more than 12,000 square feet of non-stop fun. Splash around in WaterWorks, learn about the science of sound in The Maier Foundation Music

**Serving Charleston for 100+ Years!**



*we're biased, but we agree!"*

Studio, and get your body in motion in Healthy Me!! Check out real life exploration in My Town and climb to new heights on Ashton's Climbing Sculpture. The Mylan Explore-atory gallery plays host to limited time exhibits from all over the country. Trust us, your child and your inner child will love this place!

Hear the crack of a bat? The East End is home to GoMart Ballpark and the Charleston Dirty Birds! Enjoy traditional snacks and local favorites while you join the "You are TOAST!" chants as opposing batters strike out.



## The East End Neighborhood

### Signature Events:

- Foam at the Dome – Spring
- East End Yard Sale – May
- Vandalia Gathering – May
- Joyful Night – December

### Hometown Haunts:

- WV State Capitol
- Clay Center
- Empty Glass
- GoMart Ballpark
- Red Carpet Lounge
- Leonoro's





# West Side / Elk City



## West Side / Elk City

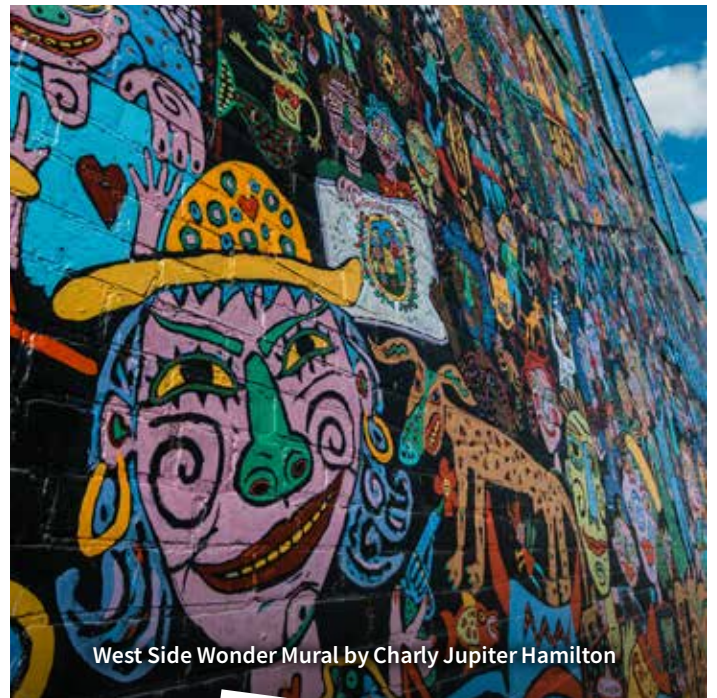
Charleston's Elk City district offers an eclectic assortment of shopping, restaurants, and signature events. Kinship Goods is known for its quirky shirt designs that have been worn by everyone from Mindy Kaling to Charleston's own Jennifer Garner. In addition, Kinship is involved in the community. You can always find Dan and Hillary supporting a local cause that is close to their hearts, especially if it deals with animals.

Echo-Lit in Elk City is a print shop offering unique designs on classic literature and local favorites. Whether you're searching for inspirational quotes or a Mothman WV State Seal, Echo-Lit has a design for you. In fact, when shopping instore or online, you might see posters that have been used in films and television shows, like "Spider-Man: Homecoming," "Mr. Harrigan's Phone," "The Fosters," and "Pretty Little Liars."





Echo Lit



West Side Wonder Mural by Charly Jupiter Hamilton



The Bullock Distillery, located in the heart of Charleston's Elk City Historic District, offers bourbon, gin, moonshine, and vodka. In 2023, Bullock's Karst Water Select Straight Bourbon Whiskey won a rare Double Gold designation at the San Francisco World Spirits Competition. Visit the distillery to sample the spirits, tour the production room and shop for a variety of local products.

In addition to food, spirits, and shopping, you can find one of Charleston's signature events, OktoberWest. Every fall, OktoberWest brings the streets of Elk City alive with music and beer plus fun activities like the stein holding challenge. During the summer you can also find Ice Cream and the Arts during FestivALL.

One of the newest additions to Elk City is the Skate Park. The first skate park in the city opened in 2021, with the help of the skating community. The park includes two bank ramps, 15 quarter pipers, four half pipes, grind ledges, slant pads, and more.

## Elk City Neighborhood

### Signature Events:

Ice Cream & The Arts – Summer  
OktoberWest – Fall

### Hometown Haunts:

Kinship Goods  
Echo-Lit  
The Grill  
Bullock Distillery



Carriage Trail

## South Hills—great food, spirits and shopping

A stately mansion on the hill overlooking Charleston has long been the most visible landmark of the South Hills neighborhood. The mansion, home of a former governor, was known to generations of children as the Sunrise Museum. Today, it is the cornerstone of the historic and hip neighborhood that is home to trendy boutiques and an amazing urban trail.

The best view of the city is accessed by a quick hike along the Sunrise Carriage Trail. The view from the top is breathtaking!

If you prefer a more relaxing form of self-care, the Bridge Road Shops are more your speed. This quaint area of the city is home

to the most unique boutiques in the area. Yarid's Shoes is a family owned and operated shoe store established in 1918. They offer the finest collection of footwear, handbags, scarves and jewelry for ladies, gentlemen, and children. Eggplant is an exclusive gift boutique offering unique West Virginia items, bath and body products, jewelry, purses, home décor, custom invitations, and more.

South Hills is also home to 1010 Bridge Restaurant & Catering and the delicious culinary delights crafted by Chef Paul Smith. In 2024, Chef Paul was nominated for the James Beard Foundation Award Best Chef: Southeast. This was his second consecutive nomination.



Fernbank

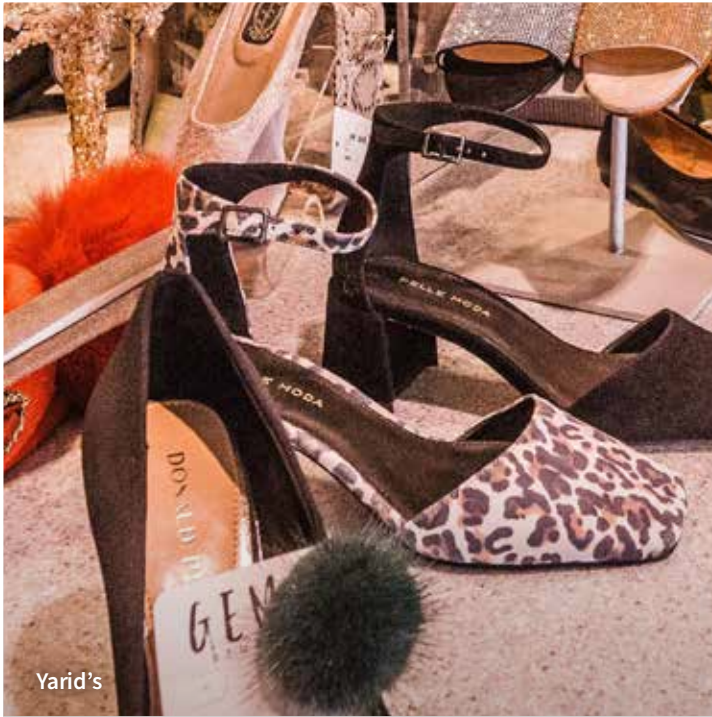


Eggplant



1010

@nicholas\_jo\_morris



No trip to South Hills is complete without stopping by Lola's for pizza and sangria. Lola's isn't your typical pizzeria. This charming restaurant offers gourmet brick oven pies such as Fig Jam & Rosemary and Spicy Shrimp & Sausage. Top off the meal with homemade gelato from nearby Caffé Romeo.



*"Tasty, Trendy, Friendly"*



**South Hills Neighborhood**

**Signature Events:**

- Bridgefest – Summer
- Carriage Trail Walk – June / Oct
- Holiday Open House – Nov / Dec

**Hometown Haunts:**

- Eggplant
- Bridge Road Bistro
- Yarid's
- Caffé Romeo



Charleston Bicycle Center



University of Charleston



Budget Tapes &amp; Records

## Kanawha City

Ask locals of a certain age about Kanawha City, and they, no doubt, will get a nostalgic twinkle in their eyes. For decades MacCorkle Avenue, aka the Kanawha City Strip, was a weekend destination for teenagers – the place to see and be seen. Today, Kanawha City retains a few old favorites from those years and is home to specialty retailers, local eateries, West Virginia’s largest hospital, and the city’s namesake college, the University of Charleston.

**Fun Fact:** The University of Charleston’s Men’s Soccer team won NCAA Division II National Championships in 2017 and 2019! Go Golden Eagles!

Biking is one of the fastest growing sports – Charleston hosts the USA Pro Road Championships 2024-2028 – and one of the go-to spots for bikes and equipment is Charleston Bicycle Center. Tucked away on 53rd street, you will find bikes for all riders. Walking in the shop, you are greeted by friendly, expert staff who will help you pick the perfect ride from children’s bikes to big kid mountain biking and street riding models. Charleston Bicycle Center also has a huge selection of apparel, repair items, helmets and more.

Their passion for riding doesn’t stop in the shop. Charleston Bicycle Center, which was established in 1988, is heavily involved in local youth mountain biking programs.

Cruise on over to Budget Tapes and Records, the state’s “hippest record store and lifestyle emporium.” Budget has been cranking

rock ‘n’ roll in its storefront for over 50 years. Shop for vinyl, tie-dye and “lifestyle accessories” and you’ll leave with a traditional hand-written bill of sale.

A hidden gem located on the back roads of Kanawha City is M&M Mart. This deli counter serves up massive made to order sandwiches that everyone in the community talks about. If you prefer something a little more Italian, Pepperoni Grill is a few blocks away. From artisan pizzas, wings, paninis, and fresh cut salads, to hotdogs, pulled pork sandwiches and delicious desserts this pizzeria will take care of any cravings.

### Kanawha City Neighborhood

#### Signature Events:

Annual Vintage Market – May  
WVSO Symphony Sunday – June  
Kanawha City Yard Sale – June

#### Hometown Haunts:

Budget Tapes and Records  
Charleston Bicycle Center  
Donut Connection  
Trivillians Pharmacy and Soda Bar  
University of Charleston



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# South Charleston

## Our Next Door Neighbor

Many people view South Charleston as the Mayberry of the Kanawha Valley. This small town offers world cuisine with flavors from Asia, Mexico, the Middle East, and, of course, Appalachia. The antique mall brings back memories of childhood and beyond. Plus, South Charleston is full of

opportunities to get outside and play. Little Creek Park offers multiple trails for hiking and mountain biking and the only lighted Soap Box Derby Track in the area.

Be sure to make a stop at Spring Hill Pastry Shop for a dozen of their world famous Spring Hill Hotdogs. We highly recommend adding the chocolate drizzle!

### South Charleston

#### Signature Events:

Armed Forces Day Parade – May  
 SummerFest – August  
 Arts & Crafts Mound Festival – Sept

#### Hometown Haunts:

Adena Indian Mound  
 LaBelle Theater  
 Olive Tree



Café Appalachia



## Home of the Shawnee Sports Complex

“Come out and play the Dunbar way!” is the slogan for this small community west of Charleston. What that means is riding bikes through the city streets, exploring beautiful parks, fishing in the quiet lake atop Wine Cellar Park, and playing competitive sports at Shawnee Sports Complex.

Shawnee Sports Complex has quickly become the premier sporting facility in the state for outdoor sports. Open year-round, the complex hosts soccer tournaments, football games, baseball and softball teams, and local kickball games. In between the athletic action, teams and fans can cool off in the pool or fuel up for the next round at The Pitch.

Located on the Shawnee Campus, The Pitch is a destination in itself. This family friendly sports bar has an amazing menu, serving fan favorite pepperoni balls, “The Mound” nachos (go with the pulled pork, you will thank us later) and the Bases Loaded pizza made with WV sausage. Little sports enthusiasts love the griddled PB & J!

Wine Cellar Park is one of the undiscovered gems of the Kanawha Valley featuring the ruins of antebellum wine cellars and a seven-acre lake. Explore the wine cellar ruins built in 1860 before taking a leisurely hike through the park up to Laura Anderson Lake. Along the way, check out the disc golf course.

### Dunbar

#### Signature Events:

WVFC Capital Cup – April  
National Kids to Parks Days – June  
Fall Festival – Sept

#### Hometown Haunts:

Wine Cellar Park  
Ridgeview BBQ





# Saint Albans

Yak Fest

## Check out the Tour de Coal

Bordered by two rivers, the Kanawha and the Coal, St. Albans is perfectly situated for outdoor recreation. The Tour de Coal, an annual community kayak float, and the associated two-day Yak Fest, fill the river and Olde Main Plaza each June with aquatic enthusiasts and locals alike. This 12-mile float draws thousands of participants each year and because of the world-class flat water, the Tour de Coal is one of the most popular floats in the nation.

Olde Main Plaza is the city's unofficial "town square," featuring local hangouts like Drummy's, The Café, and The Tap. Spend an afternoon exploring antiques, home furnishings, and specialty shops, and be sure to stop for a locally brewed coffee or handmade ice cream. The Alban Theater on Olde Main is home to Alban Arts Center performances, so check the schedule for current productions.

For a different perspective on St. Albans, drive up the mountain – all the way to the top – to City Park. This hub for outdoor activities also is home to the Festival of Lights, the largest display of Christmas lights in the region. It is a must see!

### St. Albans

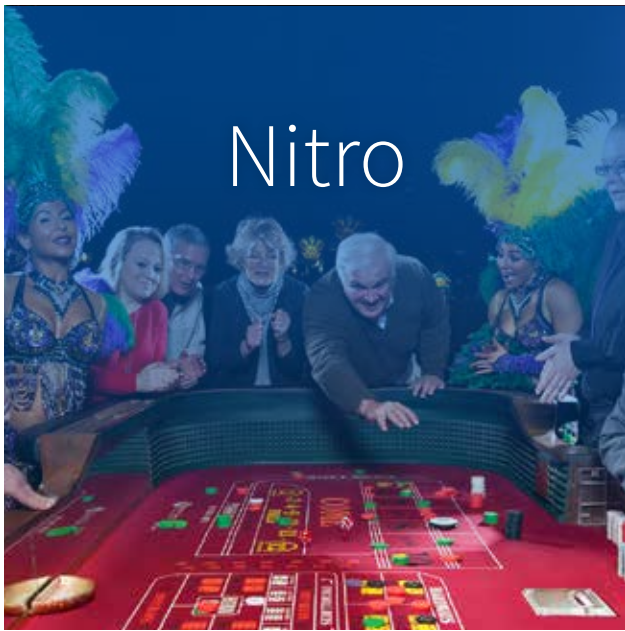
#### Signature Events:

Yak Fest & Tour de Coal – June  
Festival of Lights – Nov-Dec

#### Hometown Haunts:

City Park  
Alban Theater





## Welcome to Boomtown

Born as a World War I boomtown to manufacture gun powder for war efforts, Nitro supplied American Soldiers, also known as Doughboys, with ammunition that helped win the war. Doughboys stand watch today over Nitro in the form of patriotic statues, and on Nov 10, residents join area veterans' groups to commemorate the end of WWI and honor the service of all veterans who paid the ultimate price protecting our country. The 13 American flags at a monument located between First Avenue and Bank Street are lowered that evening, then raised again at sunrise on Nov 11.

Nitro is a great place for adults to have a little fun! Enjoy a couple's night any day of the week at Mardi Gras Casino and Resort. Wine and dine yourselves, then chance your luck on slots, table games, sportsbook, or live greyhound racing. Come for the evening or spend the night at the resort that adjoins the casino.

If you're wanting to test your luck but not into the casino scene, drop by Katherine's Café on Bank Street for travel keno and some of the best bar food in the area. Period. Choose from a military-themed menu that includes Detonation Nachos, the Boomtown Burger, and an Infantry Sub, plus fresh hot fries,

onion rings, and other pub grub. Wash it down with the signature Bloody Mary. They've been in business since 1960, so you know they're doing something right. Because of lottery rules, Katherine's Café is for those 21 and over.

### Nitro

**Signature Events:**

- Run for the Wall Motorcycle Event – May
- City of Nitro Fishing Tour. – July-Sept
- Veterans Day Ceremony – Nov

**Hometown Haunts:**

- Dough Boy Statues & Military Monuments
- Ridenour Lake and Facilities
- Mardi Gras Caino



## Wild & Wonderful

The Charleston area was once covered by a pre-historic ocean. Today, the deposits left behind are harvested to create award-winning artisanal salt at JQ Dickinson Salt-Works in Malden. Seventh-generation sibling saltmakers use solar harvesting methods at the 200-year-old farm and offer free tours. The onsite shop is the best place to stock up on salt and salt-seasoned products, including a tasty Bloody Mary Salt Mix (and a hangover helper if you overdo it) and the unbelievably decadent Salted Caramel Sauce. JQD also hosts farm-to-table dinners featuring regional chefs and an annual salt festival. A beautiful garden is perfect for outdoor weddings.

### Golf Courses / Ranges

#### Golf Courses

Big Bend Golf Course  
 Little Creek Country Club  
 Coonskin Park  
 Cato Park

#### Driving Ranges

Bogey's Driving Range  
 Southridge Golf Range

## Golf & More

Tornado is a great destination for a round of golf, time on the driving range, and a smoked barbecue feast. Yes, the name of the town is the same as a storm system. At Big Bend Golf Course, golfers can rent a cart to get around the greens or hone their skills at Bogey's Driving Range. Bogey's also features a barbecue joint serving your favorite brews with plenty of room for the kids and dogs to play. You'll usually find at least one or two local dogs with tails wagging waiting for a taste from your plate. Bogey's hosts outdoor concerts, so check their calendar to catch the next show. If you're floating or boating on the Coal River near Bogey's, give them a call to check availability of waterfront delivery.

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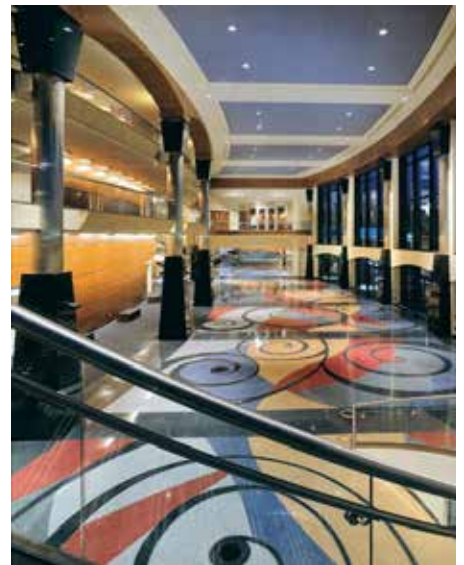
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