

**West Virginia Managed Care Behavioral Health Provider Network Standards
For Vulnerable Youth
Updated January 2019**

The Bureau for Medical Services (BMS) has established MCO provider network standards to ensure appropriate access to behavioral health services in compliance with federal regulations. These standards, initially developed in preparation for the Medicaid expansion population, have been updated to reflect the needs of the Medicaid vulnerable youth population.

This document summarizes the methodology and network standards for behavioral health providers, based on benchmarks from the MHT population behavioral health utilization under Medicaid fee-for-service (FFS). The information provided represents minimum standards for vulnerable youth beneficiaries. However, the State encourages MCOs to make their networks more accessible and convenient beyond the minimum standards wherever possible.

Overview of Methodology

To develop the standards, counties were assessed in small regions for FFS service patterns and migration. A map showing the regions used for this analysis is included following the methodology. Due to the rural nature of the state, many beneficiaries travel beyond county lines to receive care. Thus, for some of the regions in this analysis, providers in contiguous counties were also included in the benchmarks.

In most cases, beneficiaries are primarily using providers within the region or bordering counties. Beneficiaries may also sometimes travel greater distances for services; however, providers in non-contiguous counties were not included in order to focus on development of the most geographically accessible provider network. If an MCO serves only one county in a region, as opposed to the complete group that is used in this analysis, BMS will provide individual county benchmarks upon request.

Appendix A contains the FFS behavioral health benchmarks and network criteria, including allowable contiguous counties. To determine the FFS benchmarks, BMS established thresholds to identify providers who served FFS beneficiaries residing in each designated region. Behavioral health providers (i.e., psychologists, psychiatrists) who treated at least 25 patients were considered in the calculation of the network standard. The providers who met the threshold for each provider type were selected using FFS claims data from State Fiscal Year 2013. The threshold is used to calculate a member-to-provider ratio for psychologists and psychiatrists in each region.

In addition to individual provider counts, we also determined utilization of behavioral health facilities. We analyzed the patient volume and claims cost associated with each facility that provided services for at least one percent of the beneficiaries in the region, for each of the facility types listed below. In general, the MCO must contract with *all* high-volume facilities for each provider type. High-volume facilities are defined as providers that had a higher number of unique patient visits than the established thresholds, based on statewide utilization, as follows:

Facility Type	Definition of High-Volume (Unique Patients)
Behavioral health clinics	50
Behavioral health rehabilitation facilities	100
Psychiatric units for individuals under age 21 (free standing and carved out) and adults	20

MCOs must contract with all Psychiatric Residential Treatment Facilities (PRTFs), behavioral health clinics, behavioral health rehab facilities, and inpatient psych under 21 facilities.

Review of MCO Provider Networks

To determine if an MCO network is adequate to serve a particular region in West Virginia, BMS will use the FFS counts by region provided in Appendix A as a benchmark for behavioral health access. These standards ensure that the MCO provides equal or better access to behavioral health providers than FFS Medicaid in terms of both geographic location and provider mix. In addition, BMS will review the MCO’s contract arrangements with behavioral health facilities, as detailed above.

While the benchmarks only include providers within the given region or contiguous areas, MCOs must ensure that members have access to all necessary behavioral health services, even if these services are only available several counties away from a beneficiary’s county of residence. If any provider type cannot be provided within the MCO network, the MCO must demonstrate how it will ensure access to this type of specialty care for its enrollees (e.g., allowing out-of-network referrals when appropriate).

Network Approval Process

Once MCOs have adequate behavioral health networks in place, they should submit a statewide network file to BMS electronically via email. Network files should include information on individual providers as well as facilities. If providers have more than one office location, all locations should be provided. All providers listed in the network submission must be under contract to the MCO. Letters of intention are not sufficient.

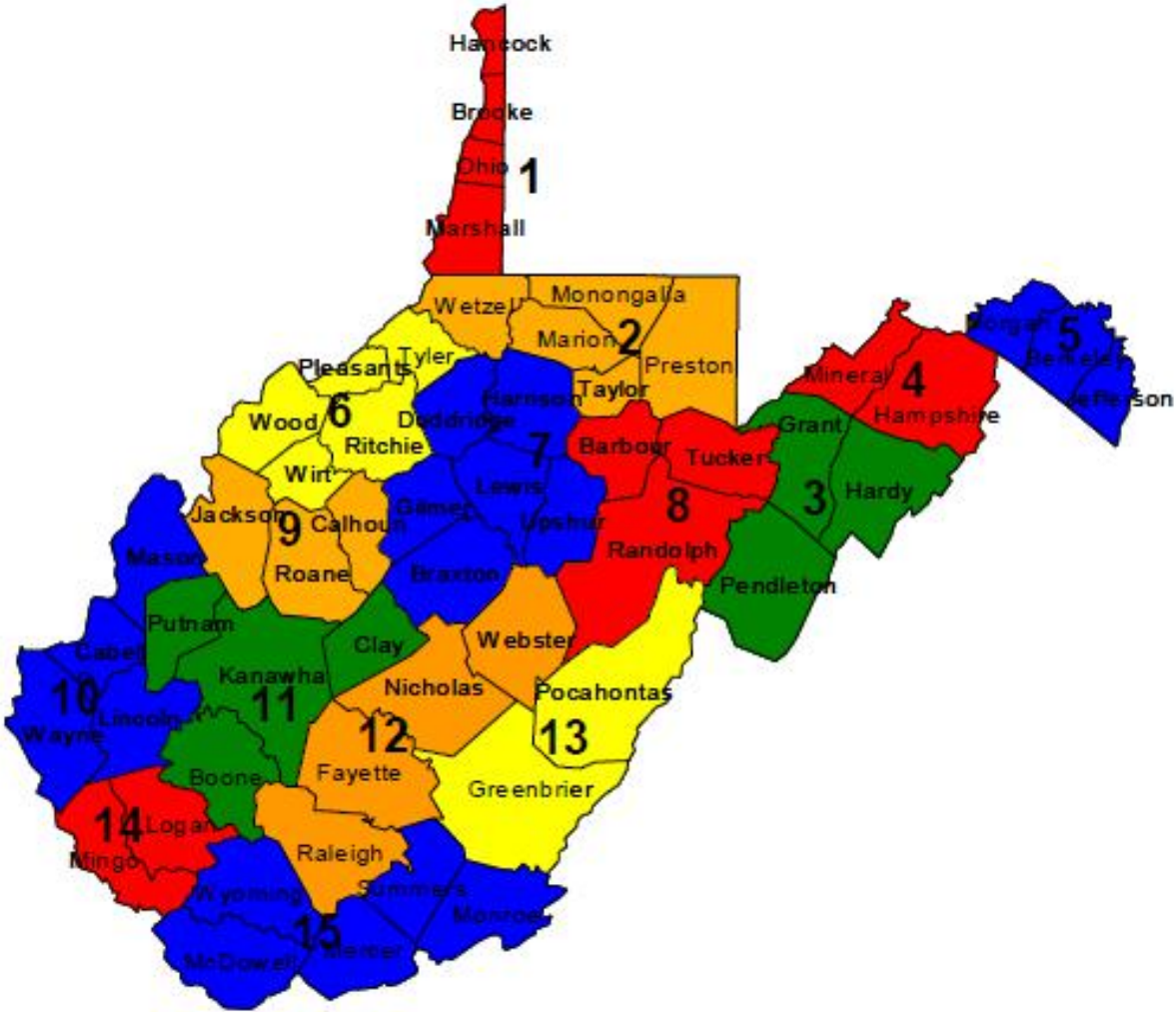
BMS or its contractor will assess the network against the established benchmarks and provide the assessment of network adequacy to the MCO in a timely manner. If the network is deficient, the MCO will be provided with details as to where the network

needs improvement. The MCO may submit the network for reassessment once those deficiencies have been addressed.

Once BMS approves the behavioral health networks for a region or county, the MCO must submit the current provider directory, along with any relevant supplements, for the county for final review.

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West Virginia Mountain Health Trust
Behavioral Health Network Regions



Appendix A
Network Evaluation Benchmarks

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Table 1. Regional Standards for Psychologists

Region	Counties	# of FFS Providers
1	Hancock, Brooke, Ohio, Marshall	7
2	Wetzel, Monongalia, Marion, Taylor, Preston	18
3	Grant, Hardy, Pendleton	0
4	Mineral and Hampshire	0
5	Morgan, Berkeley, Jefferson	2
6	Wood, Wirt, Pleasants, Ritchie, Tyler	6
7	Doddridge, Harrison, Gilmer, Lewis, Upshur, Braxton	2
8	Barbour, Randolph, Tucker	2
9	Jackson, Roane, Calhoun	18
10	Mason, Cabell, Wayne, Lincoln	6
11	Putnam, Kanawha, Boone, Clay	21
12	Raleigh, Fayette, Nicholas, Webster	5
13	Greenbrier and Pocahontas	1
14	Logan and Mingo	1
15	Wyoming, McDowell, Mercer, Summers, Monroe	4

Notes on providers included in regional standards:

- Region 8 also includes providers in Harrison County
- Region 9 also includes providers in Kanawha County

Table 2. Regional Standards for Psychiatrists

Region	Counties	# of FFS Providers
1	Hancock, Brooke, Ohio, Marshall	1
2	Wetzel, Monongalia, Marion, Taylor, Preston	9
3	Grant, Hardy, Pendleton	0
4	Mineral and Hampshire	2
5	Morgan, Berkeley, Jefferson	1
6	Wood, Wirt, Pleasants, Ritchie, Tyler	5
7	Doddridge, Harrison, Gilmer, Lewis, Upshur, Braxton	7
8	Barbour, Randolph, Tucker	5
9	Jackson, Roane, Calhoun	14
10	Mason, Cabell, Wayne, Lincoln	5
11	Putnam, Kanawha, Boone, Clay	16
12	Raleigh, Fayette, Nicholas, Webster	8
13	Greenbrier and Pocahontas	4
14	Logan and Mingo	3
15	Wyoming, McDowell, Mercer, Summers, Monroe	7

Notes on providers included in regional standards:

- Region 8 also includes providers in Harrison County
- Region 9 also includes providers in Kanawha County

Table 3. Behavioral Health Carve-Out Psych Units <21 – Total Statewide

Provider Name	Provider County
WV ARH INC DBA BECKLEY APP REG HLTH/CR (PHOSP)	Raleigh
OHIO VALLEY MEDICAL CTR PHOSP B1	Ohio
TRINITY HEALTH SYS-PSY (PHOSP)	State of Ohio
FAIRMONT GENERAL PSYCH	Marion
ST MARYS ADOLESCNT	Cabell
PRINCETON COMMUNITY HOSP PSYCH UNIT	Mercer
Grand Total	

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Table 4. Behavioral Health Freestanding Psych Units <21 – Total Statewide

Provider Name	Provider County
HIGHLAND HOSPITAL PHOSP	Kanawha
SOUTHWOOD PSYCHIATRIC HOSP (< 21)	State of Pennsylvania
BROOK LANE HEALTH SERVICES, INC.	State of Maryland
WILLIAM R SHARPE JR HOSP PSYHOSP	Lewis
KIDSPEACE CHILDREN'S HOSPITAL, INC	State of Pennsylvania
MILDRED MITCHELLBATEMAN HOSP PHOSP	Cabell
Grand Total	

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Table 5. Behavioral Health Psych Unit Adult – Total Statewide

Provider Name	Provider County
BECKLEY ARH HOSP (PHOSP)	Raleigh
PRINCETON COMMUNITY HOSP ADULT PSY	Mercer
FAIRMONT GENERAL PSYCH AD	Marion
ST MARYS BEH ADULT	Cabell
H J THOMAS MEM HOSP APSYCH	Kanawha
OHIO VALLEY MEDICAL CTR PHOSP A1	Ohio
HIGHLAND HOSPITAL HOSP	Kanawha
Grand Total	

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Table 6. Behavioral Health Clinic – Total Statewide

Provider Name	Provider County
SO HIGHLNDS COMM MENTAL HLTH CLINIC	Mercer
POTOMAC HI MENTL HL INC (CLINIC)	Grant
FAM COUNSELING CONN INC CLINIC	Kanawha
FMRS MEN HLTH COUNCIL (CLINIC)	Raleigh
HEALTHWAYS INC (CLINIC)	Hancock
LOGAN-MINGO AREA MENTAL HEALTH INC (CLINIC)	Logan
FAMILY SERV MARION HARR CLINIC	Marion
POTOMAC COMPREH D-G CTR	Hampshire
UNITED SUMMIT CENTER INC CLINIC	Harrison
VALLEY COMP COMM MENTAL HLTH CLINIC	Monongalia
YOUTH HEALTH SERVICE INC	Randolph
PRESTERA CENTER MH SERVICE (CLINIC)	Cabell
APPALACHIAN COMMUNITY HEALTH CENTER	Randolph
LENFEST CO ELKINS FAM CO CLINIC	Randolph
WESTBROOK HEALTH SERVICE CLINIC	Wood
Grand Total	

Table 7. Behavioral Health Rehabilitation Facilities – Total Statewide

Provider Name	Provider County
PRESTERA CENTER MH SERVICE REHAB	Cabell
WESTBROOK HEALTH SERVICE REHAB	Wood
SENECA HEALTH SERVICE INC (REHAB)	Nicholas
UNITED SUMMIT CENTER INC (REHAB)	Harrison
EASTERN PANHANDLE MENTAL HLTH REHAB	Berkeley
FLORENCE CRITTENTON HOME (REHAB)	Ohio
FMRS MEN HLTH COUNCIL (REHAB)	Raleigh
YOUTH HLTH SERVICE INC REHAB	Randolph
VALLEY COMPR COMM MENTA	Monongalia
LOGAN-MINGO AREA MENTAL HEALTH INC (REHAB)	Logan
APPALACHIAN MENTAL HEALTH CTR (REHAB)	Randolph
NORTHWOOD HEALTH SYSTEMS (REHAB)	Ohio
CHILDREN'S HOME SOC WV (REHAB)	Kanawha
BARBOUR CO HLTH DEPT REHAB	Barbour
LENFEST CO ELKINS FAM CO REHAB	Randolph
FAMILY CONNECTIONS REHAB	Hancock
NATIONAL YOUTH ADVOCATE PROGRAM (REHAB)	Marion
HEALTHWAYS INC (REHAB)	Hancock

Provider Name	Provider County
POTOMAC HI MENTL HL INC (REHAB)	Grant
YOUTH SERVICE SYSTEM INC (REHAB)	Ohio
BRALEY & THOMPSON INC (REHAB)	Kanawha
BURLINGTON FAM SERV INC REHAB	Mineral
TRY AGAIN HOMES INC REHAB	Marion
SO HIGHLNDS COMM MENTAL HLTH REHAB	Mercer
PRESSLEY RIDGE SCHOOLS (REHAB)	Harrison
Grand Total	

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Appendix B
Psychiatric Residential Treatment Facilities

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Provider Name	Provider County
River Park Hospital	Cabell
Chestnut Ridge Hospital	Monongalia

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