

Formula	Infant Foods		
	0-3 months	4-5 months	6-11 months
None	None	None	24 oz of infant cereal 256 oz infant fruits & vegetables 77.50 oz infant meats

Formula	Form	Description	Kcal/oz	Purchase From
Similac Advance OptiGRO	Powder 12.4 oz. cans	Description: Iron-fortified infant formula for routine feeding; Indications: Normal infants with no special dietary requirements.	20	G
Similac Advance OptiGRO	Concentrate 13 oz. cans	Description: Iron-fortified infant formula for routine feeding; Indications: Normal infants with no special dietary requirements.	20	G
Similac Advance OptiGRO	RTF 32 oz. cont	Description: Iron-fortified infant formula for routine feeding; Indications: Normal infants with no special dietary requirements.	20	G
Similac Sensitive (Fussiness & Gas)	Powder 12.5 oz. cans	Description: Lactose-free, corn-free, milk-based, iron-fortified infant formula; Indications: Suspected sensitivity to lactose as indicated by mild diarrhea, bloating, abnormal cramping, gas, etc.; poor tolerance of lactose: galactosemia in most children.	20	G
Similac Soy Isomil	Powder 12.4 oz. cans	Description: Soy-based infant formula for cow's milk protein allergy, easy to digest, for common feeding problems such as fussiness and gas; Indications: Allergy or sensitivity to cow milk, lactose intolerance, or galactosemia.	20	G
Similac Soy Isomil	Concentrate 13 oz. cans	Description: Soy-based infant formula for cow's milk protein allergy, easy to digest, for common feeding problems such as fussiness and gas; Indications: Allergy or sensitivity to cow milk, lactose intolerance, or galactosemia.	20	G
Similac Soy Isomil	RTF 32 oz. cont	Description: Soy-based infant formula for cow's milk protein allergy, easy to digest, for common feeding problems such as fussiness and gas; Indications: Allergy or sensitivity to cow milk, lactose intolerance, or galactosemia.	20	G
Similac Total Comfort	Powder 12.6 oz. cans	Description: Milk based formula with partially broken down protein for easy digestion. Indications: For discomfort due to persistent feeding issues. Suitable for infants with lactose sensitivity.	20	G

* At 6 months, the infant will receive 24 oz of Infant Cereal, and 128 oz. of Infant Fruits & Vegetables; in addition to the infant formula

Formula* (amount will be automatically calculated in Crossroads)	0 Months # Cans Per Month	One to 11 months # Cans Per Month	Description	Kcal/oz	Purchase From
Similac Advance OptiGRO	Powder 12.4 oz. cans	Automatically calculated in Crossroads based on the number of ounces entered in the food prescription.	Description: Iron-fortified infant formula for routine feeding; Indications: Normal infants with no special dietary requirements	20	G
Similac Sensitive (Fussiness & Gas)	Powder 12.5 oz. cans	Automatically calculated in Crossroads based on the number of ounces entered in the food prescription.	Description: Lactose-free, corn-free, milk-based, iron-fortified infant formula; Indications: Suspected sensitivity to lactose as indicated by mild diarrhea, bloating, abnormal cramping, gas, etc.; poor tolerance of lactose: galactosemia in most children.	20	G
Similac Soy Isomil	Powder 12.4 oz. cans	Automatically calculated in Crossroads based on the number of ounces entered in the food prescription.	Description: Soy-based infant formula for cow's milk protein allergy, easy to digest, for common feeding problems such as fussiness and gas; Indications: Allergy or sensitivity to cow milk, lactose intolerance, or galactosemia.	20	G
Similac Total Comfort	Powder 12.6 oz. cans	Automatically calculated in Crossroads based on the number of ounces entered in the food prescription.	Description: Milk based formula with partially broken down protein for easy digestion. Indications: For discomfort due to persistent feeding issues, has partially broken down protein for easy digestion. Suitable for infants with lactose sensitivity.	20	G

* At 6 months, the infant will receive 24 oz of Infant Cereal, and 128 oz. of Infant Fruits & Vegetables; in addition to the infant formula

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Alfamino Infant (Exempt Formula)	Powder 14.1 oz can	Description: Nutritionally-complete; lactose-free; hypoallergenic; amino acid-based; gluten-free. Allowable medical conditions for WIC provision: Cow's milk protein allergy; multiple food allergies; Eosinophilic GI disorders; malabsorptive conditions; Short Bowel Syndrome (SBS). Contraindications: See powder formula caution.2	20	W
Alimentum (Exempt Formula)	Powder 12.1 oz can	Description: Lactose-free, hypoallergenic, term infant formula with MCT oil plus DHA and ARA. Allowable medical conditions for WIC provision: Severe food allergies with sensitivity to intact protein; protein or fat malabsorption due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease; severe protein calorie malnutrition; galactosemia. Contraindications: See powder formula caution.2	20	G/W
Alimentum (Exempt Formula)	RTF 32 oz cont	Description: Lactose-free, hypoallergenic, Lactose-free, gluten-free, corn-free ready to feed formula infant formula with MCT oil plus DHA and ARA. Allowable medical conditions for WIC provision: Severe food allergies with sensitivity to intact protein; protein or fat malabsorption due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease; severe protein calorie malnutrition; galactosemia. Contraindications: See powder formula caution.2	20	G/W
BCAD 1 (Exempt Formula)	Powder 1 lb can	Description: Iron-fortified infant formula and medical food powder that is free of the branched-chain amino acids isoleucine, leucine and valine for the dietary management of infants and young children with documented maple syrup urine disease (MSUD). The product has all other essential amino acids as well as nonessential amino acids, carbohydrates, fats, essential fatty acids, vitamins and minerals. Allowable medical conditions for WIC provision: Dietary management of infants and young children with documented maple syrup urine disease (MSUD). Contraindication: This protein is incomplete since it does not contain the essential amino acids isoleucine, leucine and valine.	20	W
Calcilo XD (Exempt Formula)	Powder 13.2 oz can	Description: Low calcium, vitamin D-free, low iron infant formula; nutritionally complete for all nutrients except calcium, iron and vitamin D. Allowable medical conditions for WIC provision: Infants whose calcium and or vitamin D intakes must be severely restricted, as in hypercalcemia, and who are under strict medical supervision. Contraindications: See powder formula caution 2.	20	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Duocal (WIC Eligible Nutritionals)	Powder 14 oz cans	Description: high calorie, protein-free nutritional supplement added to foods and beverages when additional calories are required.	Determined by MD	W
Elecare (Exempt Formula)	Powder 14.1 oz can	Description: Elemental formula for term infants and children who require an amino acid medical food due to intolerance of intact or hydrolyzed protein. Does not contain milk protein, fructose, galactose, gluten, or soy protein. Allowable medical conditions for WIC provision: Severe food allergies, short bowel syndrome, eosinophilic disorders, gastrointestinal tract impairment, other conditions requiring an elemental diet.	20	W
EnfaCare Neuropro (Exempt Formula)	Powder 12.8 oz can	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 months postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other special medical conditions (e.g. Bronchopulmonary dysplasia or BPD) that increase nutrient needs of protein, vitamin, mineral, calcium, phosphorus. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia. See powder formula caution.2	22	G/W
EnfaCare Neuropro (Exempt Formula)	RTF 2 oz cont	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 months postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other special medical conditions (e.g. Bronchopulmonary dysplasia or BPD) that increase nutrient needs of protein, vitamin, mineral, calcium, phosphorus. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia.	22	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Enfamil AR (Exempt Infant Formula)	Powder 12.9 oz can	Description: Enfamil A.R. formula is specially formulated with added rice starch for a thicker consistency to reduce reflux and spit-up by over 50%* in one week. Allowable medical conditions for WIC provision: Life threatening disorders, diseases and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant's nutrition status. Severe gastrointestinal disorders. GERD. Unallowable Non-specific symptoms such as colic, gas, fussiness, spitting up, constipation, feeding difficulty, intolerance, picky eater, or slow weight gain are not qualifying medical conditions and will not be approved. Contraindications: See powder formula caution 2.	20	G/W
Enfamil Human Milk Fortifier Acidified (Exempt Formula) (Contact State Office)	5 ml, Sachet	Description: Intended for premature and low-birth-weight infants as a nutritional supplement to add to human milk. Contains 4 grams of protein per 100 Cal when mixed with preterm human milk at the 24 Calorie per fluid ounce concentration (when mixed as directed 5 mL HMF + 25 mL preterm human milk). Gluten-free; contains milk and soy ingredients. Allowable medical conditions for WIC provisions: Premature, low-birth-weight breast-fed infants who have reached 2 weeks postpartum. Caution: Nutritionally Incomplete. To be used only under the supervision of a physician.	5 mL HMF + 25 mL preterm human milk = 24 Kcal/oz	W
ON HOLD-Enfamil Human Milk Fortifier (Exempt Formula) (Contact State Office)	Powder 0.025 oz. (0.71 g)	Description: Intended for premature and low-birth-weight infants as a nutritional supplement to add to human milk. Gluten-free; contains milk and soy ingredients. Allowable medical conditions for WIC provisions: Premature, low-birth-weight breast-fed infants who have reached 2 weeks postpartum. Caution: Nutritionally Incomplete. To be used only under the supervision of a physician.	adds 2 calories per fluid ounce for every 50 mL of human milk adds 4 calories per fluid ounce for every 25 mL of human milk	W
Enfamil Liquid Human Milk Fortifier Standard Protein,	5 ml. Sachet	Description: Intended for premature and low-birth-weight infants as a nutritional supplement to add to human milk. Contains 3.4 g of protein per 100 Cal when mixed with preterm human milk at the 24 Calorie per fluid ounce concentration (when mixed as directed 5 mL HMF + 25 mL preterm human milk). Gluten-free; contains milk and soy ingredients. Allowable medical conditions for WIC provisions: Premature, low-birth-weight breast-fed infants who have reached 2 weeks postpartum. Caution: Nutritionally Incomplete, To be used only under the supervision of a physician.	5 mL HMF + 25 mL preterm human milk = 24 Kcal/oz	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Enfamil Liquid Human Milk Fortifier High Protein	5 ml. Sachet	Description: Intended for premature and low-birth-weight infants as a nutritional supplement to add to human milk. Contains 4 g of protein per 100 Cal when mixed with preterm human milk at the 24 Calorie per fluid ounce concentration (when mixed as directed 5 mL HMF + 25 mL preterm human milk). Gluten-free; contains milk and soy ingredients. Allowable medical conditions for WIC provisions: Premature, low-birth-weight breast-fed infants who have reached 2 weeks postpartum. Caution: Nutritionally Incomplete. To be used only under the supervision of a physician.	5 mL HMF + 25 mL preterm human milk = 24 kcal/oz	W
Enfamil 24 calorie (Exempt Formula)	RTF 2 oz cont	Description: Routine feeding for infants needing extra calories, but not needing premature formula. Allowable medical conditions for WIC provision: For infants having difficulty ingesting adequate volume to meet needs.	24	W
Enfamil Premature 20 cal (Exempt Formula)	RTF 2 oz cont	Description: Special 20 calorie per ounce, whey protein infant formula with readily digestible fat and carbohydrate sources, and with or without added iron. Allowable medical conditions for WIC provisions: Rapid growth of low birth weight infants.	20	W
Enfamil Premature 24 cal (Exempt Formula)	RTF 2 oz cont	Description: Special 24 calorie per ounce, whey protein infant formula with readily digestible fat and carbohydrate sources, and with or without added iron. Allowable medical conditions for WIC provisions: Rapid growth of low birth weight infants.	24	W
Enfamil Premature 30 cal (Exempt Formula)	RTF 2 oz cont	Description: Special 30 calorie per ounce, whey protein infant formula with readily digestible fat and carbohydrate sources, and with or without added iron. Allowable medical conditions for WIC provisions: Rapid growth of low birth weight infants.	30	W
Enfaport (Exempt Formula)	RTF 6 oz cont	Description: Enfaport is a 30 Calorie/fl oz, iron-fortified, milk-based infant formula with 84% of fat as MCT oil for infants with chylothorax or LCHAD*. Allowable medical conditions for WIC: Chylothorax or LCHAD deficiency.	30	W
Fortini (Exempt Formula)	RTF 4 oz cont	Description: Special 30 calorie per ounce, infant formula for infants with or at risk of growth failure, increased energy requirements and/or fluid restrictions. Allowable medical conditions for WIC provisions: Failure to thrive, rapid growth of low birth weight infants.	30	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
GA-1 Anamix Early Years (Exempt Formula)	Powder 14.1 oz cont	Description: An amino acid based, lysine-free, low tryptophan powdered infant formula with iron, prebiotics, DHA and ARA for the dietary management of glutaric aciduria type-1 (GA-1) for infants and for nutritional supplementation up to age 3. Allowable medical conditions: Glutamic Acidemia type 1, inadequate levels of an enzyme that helps break down the amino acids lysine, hydroxylysine, and tryptophan Caution: Use only under medical supervision. For oral and tube feeding.	21	W
Gerber Good Start Extensive HA (Exempt Formula)	Powder 14.1 oz. can	Description: Hypoallergenic formula for the management of cow's milk protein allergy. 100% whey protein extensively hydrolyzed. Allowable medical conditions for WIC provision: allergy to milk products, infantile acute/chronic eczema (due to cow's milk protein allergy); allergic and dietetic gastroenteritis and colitis. Contraindications: See powder formula caution.2	20	W
Hypoallergenic-Private Label-Perrigo (Exempt Infant Formula)	Powder Mama Bear 19.8 oz can all others 12.6 oz can	Store Brand iron-fortified Hypoallergenic Infant Formula which provides complete nutrition and is designed for term infants who are allergic to the intact proteins in cow's milk and soy. Lactose-free, sucrose-free, hydrolyzed protein that contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Contains Lactobacillus rhamnosus GG (LGG) and corn. Allowable medical conditions: for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia. Contraindications: See powder formula caution.2	20	G
IVA Anamix Early Years (Exempt Formula)	Powder 14.1 oz. can	Description: A leucine-free powdered metabolic formula for the dietary management of isovaleric acidemia. Allowable medical conditions for WIC provisions: isovaleric acidemia.	38	W
MCT Oil (WIC Eligible Nutritional)	RTF 32 oz (1 QT) cont	Description: Medium chain triglyceride oil, which is a fat source more easily digested and absorbed than conventional food fat. Allowable medical conditions for WIC provisions: As a substitute or supplemental source of fat calories when conventional food fats are poorly digested, absorbed or utilized, as in conditions of decreased pancreatic or bile salts, decreased absorptive surface or defective lymphatic transport.	7.7 per mL	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Monogen (WIC Eligible Nutritionals)	Powder 14.1 oz cans (400 g)	Description: metabolic formula for special medical purposes, suitable as a sole source of nutrition in infants or a supplementary feed for children over the age of one and adults. Low fat, whole whey protein, low in long chain triglycerides (LCT) and high in medium chain triglycerides (MCT), containing linoleic acid and alpha-linolenic acid, supplemented with docosahexaenoic acid (DHA) and arachidonic acid (AA). Allowable medical conditions for WIC provisions: For the dietary management of disorders requiring a low LCT, high MCT intake, such as long chain fatty acid oxidation defects and carnitine palmitoyl transferase deficiency, primary and secondary lipoprotein lipase deficiency, chylothorax, and lymphangiectasia.	30	W
Neocate DHA & ARA (Exempt Formula)	Powder 14.1 oz can	Description: Elemental, hypoallergenic formula for term babies and young children. 100% free amino acids Allowable medical conditions for WIC provision: Severe food allergy to cow's milk and soy milk or multiple food protein intolerance including protein hydrolysate, fish, eggs, and nuts; placebo for diagnosis of cow's milk allergy; maintenance nutrition during elimination diets; short bowel syndrome; eosinophilic esophagitis; gastroesophageal reflux; transition from parenteral to enteral nutrition. Contraindications: See powder formula caution.2	20	W
Neocate Nutra (WIC Eligible Nutritionals)	Powder 14.1 oz can	Description: Amino acid-based, hypoallergenic, high in calcium, good source Vit D and Fe. Allowable medical conditions for WIC provision: Cow and soy milk allergy, multiple food protein intolerance, food protein allergy (GERD, Eosinophilic esophagitis; other medical conditions that require an amino acid-based diet, short bowel syndrome.	44	W
Neocate Syneo (Exempt Formula)	Powder 14.1 oz. can	Description: nutritionally complete, amino acid-based infant hypoallergenic formula. Contains Syneo, a clinically tested synbiotic (prebiotic + probiotic). Protein source is 100% free amino acids, no intact proteins that can cause allergic reaction. Allowable medical conditions for WIC provision: Severe food allergy to cow's milk, multiple food allergies, food protein-induced enterocolitis syndrome, GI conditions. Contraindications: See powder formula caution.2	20	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
NeoSure (Exempt Formula)	RTF 2 oz cont	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 mos postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other medical conditions (e.g. Bronchopulmonary dysplasia or BPD) when higher levels of protein, vitamins, minerals, calcium, and phosphorus are needed. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia. See powder formula caution.2	22	W
NeoSure (Exempt Formula)	Powder 13.1 oz can	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 mos postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other medical conditions (e.g. Bronchopulmonary dysplasia or BPD) when higher levels of protein, vitamins, minerals, calcium, and phosphorus are needed. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia. See powder formula caution.2	22	G/W
NeoSure (Exempt Formula)	RTF 32 oz cont	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 mos postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other medical conditions (e.g. Bronchopulmonary dysplasia or BPD) when higher levels of protein, vitamins, minerals, calcium, and phosphorus are needed. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia. See powder formula caution.2	22	G/W
Nutramigen (Exempt Formula)	Conc 13 oz can	Description: Lactose-free, sucrose-free, hydrolyzed protein, hypoallergenic formula for term infants who are sensitive to intact protein in cow's milk and soy formulas as well as other foods. Contains <i>Lactobacillus rhamnosus GG</i> (LGG). Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia. Contraindications: See powder formula caution.2	20	G/W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Nutramigen Enflora LGG (Exempt Formula)	Powder 12.6 oz can	Description: Lactose-free, sucrose-free, hydrolyzed protein, hypoallergenic formula for term infants who are sensitive to intact protein in cow's milk and soy formulas as well as other foods. Contains <i>Lactobacillus rhamnosus GG</i> (LGG). Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia. Contraindications: See powder formula caution.2	20	G/W
PediaSure Grow & Gain (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Lactose- and gluten-free; Kosher. Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy). Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy.	30	G/W
Periflex Early Years (Exempt Formula)	Powder 14.1 oz can	Description: A phenylalanine-free infant formula with iron, for the dietary management of Phenylketonuria. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA) and prebiotic fiber. Must be consumed in conjunction with a whole protein source, e.g. breast milk or standard infant formula. Allowable medical conditions for WIC provision: Phenylketonuria.	21	W
Pepticate Infant (Exempt Formula)	Powder 13.2 oz	Description: Pepticate is an extensively hydrolyzed whey protein-based powdered infant formula specifically designed for infants with cow milk allergy. Pepticate contains iron, DHA, ARA, nucleotides, lactose and a clinically tested blend of prebiotics (galacto-oligosaccharides and fructo-oligosaccharides). Corn and soy free. Allowable medical conditions: Intact protein intolerance, severe or multiple food allergies, short bowel syndrome. Contraindications: Not suitable for galactosemia,	20	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Phenyl-Free 1 (Exempt Formula)	16 oz. (1 lb.)	Description: An iron-fortified infant formula and medical food that is free of the essential amino acid phenylalanine; designed for infants and toddlers with Phenylketonuria (PKU). Allowable medical conditions for WIC provision: Phenylketonuria.	20	W
OH HOLD-Pregestimil (Exempt Formula)	Powder 16 oz can	Description: Lactose-free, hypoallergenic, term infant formula with 55% fat from MCT oil plus DHA and ARA. Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of reaction. Allowable medical conditions for WIC provision: Food allergies, protein malabsorption; malabsorption or steatorrhea due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease, severe protein calorie malnutrition, galactosemia. Contraindications: See powder formula caution.2	20	G/W
Pregestimil 20 cal (Exempt Formula)	RTF 2 oz cont	Description: Lactose-free, hypoallergenic, term infant formula with 55% fat from MCT oil plus DHA and ARA. Contains milk and soy but extensive hydrolyzed casein reduces possibility of reaction. Allowable medical conditions for WIC provision: Food allergies, protein malabsorption; malabsorption or steatorrhea due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease, severe protein calorie malnutrition, galactosemia.	20	W
Pregestimil 24 cal (Exempt Formula)	RTF 2 oz cont	Description: Lactose-free, hypoallergenic, term infant formula with 55% fat from MCT oil plus DHA and ARA. Contains milk and soy but extensive hydrolyzed casein reduces possibility of reaction. Allowable medical conditions for WIC provision: Food allergies, protein malabsorption; malabsorption or steatorrhea due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease, severe protein calorie malnutrition, galactosemia.	20	W
Pro-Phree (Exempt Formula) (Contact State Office)	Powder 14.1 oz can	Description: Metabolic. Nutrition support of infants and toddlers who require extra calories, minerals, and vitamins, protein restriction; lactose-free, gluten-free. Allowable medical conditions for WIC provision: Infants and toddlers requiring reduced protein intake. Contraindications: See powder formula caution 2.	20	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
PurAmino Infant (Exempt Formula)	Powder 14.1 oz can	Description: PurAmino is a hypoallergenic, amino acid-based formula for infants and toddlers with severe cow's milk protein allergy and/or multiple food protein allergies. The formula includes docosahexaenoic acid (DHA) and arachidonic acid (ARA), nutrients also found in breast milk that promote brain and eye development Allowable medical conditions for WIC provision: The dietary management of infants and toddlers demonstrating symptoms of severe cow's milk protein allergy, including atopic dermatitis, diarrhea, colic, vomiting, reflux, inflammation, or intestinal hyperpermeability, not effectively managed by an extensively hydrolyzed formula. PurAmino is also indicated for the dietary management of infants and toddlers demonstrating multiple food protein allergies. Contraindications: See powder formula caution 2.	20	W
Renastart (WIC Eligible Nutritionals)	Powder 14.11 oz (400 g) cans	Description: A high energy, powdered formula with low levels of protein, calcium, chloride, potassium, phosphorus and vitamin A. A blend of whey protein, carbohydrate, fat, vitamins, minerals and trace elements. Allowable medical conditions for WIC provision: For the dietary management of renal failure.	30	W
Ross Carbohydrate Free (RCF) (Exempt Formula)	Concentrate 13 oz can	Description: Soy protein formula base, low in iron, to which customized carbohydrate source is to be added. Allowable medical conditions for WIC provisions: Intolerance to type or amount of carbohydrate in milk or conventional infant formula.	12	W
Similac 24 Calorie (Exempt Formula)	RTF 2 oz cont	Description: Routine feeding for infants needing extra calories, but not needing premature formula. Allowable medical conditions for WIC provision: For infants having difficulty ingesting adequate volume to meet needs.	24	W
Similac Human Milk Fortifier (Exempt Formula) (Contact State Office)	Powder 0.03 oz (0.9 g)	Description: Intended for premature and low-birth-weight infants as a nutritional supplement to add to human milk. Gluten-free; contains milk and soy ingredients. Allowable medical conditions for WIC provisions: Premature, low-birth-weight breast-fed infants who have reached 3600 g (8 oz.) weight or as directed by MD.	3.5	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Similac Human Milk Fortifier Hydrolyzed (Exempt Formula) (Contact State Office)	Conc 5ml	Description: Intended for premature and low-birth-weight infants as a nutritional supplement to add to human milk. Extensively hydrolyzed protein for easy digestion and absorption. Non-acidified. Allowable medical conditions: Premature, low-birth-weight breast-fed infants who have reached 2 weeks postpartum. Caution: Use under medical supervision. Nutritionally incomplete by itself and designed to be added to human breast milk.	5 mL (1 Packet) =7 calories	W
Similac Human Milk Fortifier (Exempt Formula) (Contact State Office)	Conc 5ml	Description: Intended for premature and low-birth-weight infants as a nutritional supplement to add to human milk. Non-acidified. Allowable medical conditions: Premature, low-birth-weight breast-fed infants who have reached 2 weeks postpartum. Caution: Use under medical supervision. Nutritionally incomplete by itself and designed to be added to human breast milk.	5 mL (1 Packet) =7 calories	W
Similac PM 60/40 (Exempt Formula)	Powder 14.1 oz can	Description: Formula with 60:40 ratio of whey to casein, and physiologic mineral levels approximating those of human milk. Allowable medical conditions for WIC provisions: Those whose renal, digestive or cardiovascular functions would benefit from low mineral levels; infants predisposed to hypocalcemia; infants in lower range of homeostatic capacity.	20	W
Similac Special Care 20 Cal (Exempt Formula)	RTF 2 oz cont	Description: Iron-fortified, 20 calorie per ounce infant formula, containing adequate vitamin E to help prevent hemolytic anemia, and calcium and phosphorus at concentrations necessary to achieve intrauterine accretion rates; designed for low birth weight and premature infants. Allowable medical conditions for WIC provisions: Premature infants until they reach a weight of 3600 gm. (approx. 8 pounds).	20	W
Similac Special Care 24 Cal (Exempt Formula)	RTF 2 oz cont	Description: Iron-fortified, 24 calorie per ounce infant formula, containing adequate vitamin E to help prevent hemolytic anemia, and calcium and phosphorus at concentrations necessary to achieve intrauterine accretion rates; designed for low birth weight and premature infants. Allowable medical conditions for WIC provisions: Premature infants until they reach a weight of 3600 gm. (approx. 8 pounds).	24	W

Formula*1 (Amount will automatically be calculated in Crossroads)	Form	Description	Kcal/oz	Purchase From
Similac Special Care 30 Cal (Exempt Formula)	RTF 2 oz cont	Description: Iron-fortified, 30 calorie per ounce infant formula, containing adequate vitamin E to help prevent hemolytic anemia, and calcium and phosphorus at concentrations necessary to achieve intrauterine accretion rates; designed for low birth weight and premature infants. Allowable medical conditions for WIC provisions: Premature and low birth weight infants until they reach a weight of 3600 gm. (approx. 8 pounds).	30	W
Similac Special Care 24 High Protein (Exempt Formula)	RTF 2 oz cont	Description: Iron-fortified, 24 calorie per ounce infant formula, containing adequate vitamin E for infants who may need extra protein to help support growth. Allowable medical conditions for WIC provisions: Premature infants and low birth weight infants until they reach a weight of 3600 gm. (approx. 8 pounds).	24	W

* At 6 months, the infant will receive 24 oz of Infant Cereal, and 128 oz. of Infant Fruits & Vegetables; in addition to the infant formula

1Infants 6-11 months of age may receive the same monthly maximum as infants 4 through 5 months of age when infant foods are contraindicated for medical reasons.

2Reported infant cases with serious infections secondary to *Enterobacter sakazakii* have been reported in the literature that were traced back to powdered infant formulas contaminated with this organism. Preterm infants and those with underlying medical conditions may be at higher risk of developing infection. FDA recommends sterile, commercial Ready-to-Feed (RTF) formulas for immunocompromised infants including preterm infants. WIC routinely provides powdered formula.

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Alfamino Junior (WIC-Eligible Nutritionals)	Powder 14.1 oz. cans	Description: Nutritionally-complete, hypoallergenic; amino acid-based formula for children ages 1-13 years. Lactose-free, gluten-free. Allowable medical conditions for WIC provision: Cow's milk protein allergy; multiple food allergies; Eosinophilic GI disorders; malabsorptive conditions; Short Bowel Syndrome (SBS).	30	W
Alimentum (Exempt Formula)	Powder 12.1 oz cans	Description: Lactose-free, hypoallergenic, term infant formula with MCT oil plus DHA and ARA. Allowable medical conditions for WIC provision: Severe food allergies with sensitivity to intact protein; protein or fat malabsorption due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease; severe protein calorie malnutrition; galactosemia. Contraindications: See powder formula caution.2	20	G/W
Alimentum (Exempt Formula)	RTF 32 oz cont	Description: Lactose-free, hypoallergenic, term infant formula with MCT oil plus DHA and ARA. Allowable medical conditions for WIC provision: Severe food allergies with sensitivity to intact protein; protein or fat malabsorption due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease; severe protein calorie malnutrition; galactosemia. Contraindications: See powder formula caution.2	20	G/W
Beneprotein (WIC Eligible Nutritionals) (Contact state agency)	Powder 0.25 oz (7 g) packets	Description: 100% whey protein, contains no fillers, sweeteners or artificial flavors. Can be administered through a feeding tube. Suitable for lactose intolerance, gluten-free, low-residue, kosher. Allowable medical conditions for WIC provision: Medical conditions creating increased caloric and nutrient requirements or requiring low-residue diets; cancer; recovery from major surgery; Failure to Thrive. Contraindications: Galactosemia; milk protein allergy.	25 kcal/packet	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Boost (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Lactose- and gluten-free, low residue. Allowable medical conditions for WIC provision: Medical conditions creating increased caloric and nutrient requirements or requiring modified or low-residue diets; cancer; recovery from major illness or surgery; low-residue diets post bowel surgery; acute phases of Crohn’s Disease, ulcerative colitis, or diverticulitis; Celiac disease (including celiac sprue, non tropical sprue and gluten sensitive enteropathy). Contraindications: Milk protein allergy, galactosemia	30	G/W
Boost Breeze (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Fruit-flavored, clear-liquid nutritional beverage. Allowable medical conditions for WIC provisions: Prep for surgery, radiation therapy, lactose intolerance, severe malnutrition.	30	W
Boost Kids Essentials 1.0 (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Lactose- and gluten-free; Kosher. Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy). Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy.	30	W
Boost Kids Essentials 1.5 (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Lactose- and gluten-free; Kosher. Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy). Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy.	45	W
Boost Kids Essentials 1.5 with Fiber (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Lactose- and gluten-free; Kosher. Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy). Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy.	45	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Boost Very High Calorie (VHC) (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Lactose- and gluten-free; Kosher; fluid restricted. Allowable medical conditions for WIC provision: Medical conditions resulting in increased energy needs, fluid restriction, volume sensitivity, malnutrition. Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy, soy allergy.	66	W
ON HOLD-Boost High Protein (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Protein-packed mini-meal or snack with 27 vitamins & minerals including vitamins C & D, zinc, iron and selenium, key nutrients for immune support. Allowable medical conditions: Medical conditions resulting in increased energy needs, fluid restriction, volume sensitivity, malnutrition. Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy, soy allergy.	30	W
Calcilo XD (Exempt Formula)	Powder 13.2 oz cans	Description: Low calcium, vitamin D-free, low iron infant formula; nutritionally complete for all nutrients except calcium, iron and vitamin D. Allowable medical conditions for WIC provision: Infants whose calcium and or vitamin D intakes must be severely restricted, as in hypercalcemia, and who are under strict medical supervision.	20	W
Carnation Breakfast Essentials (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Complete nutritional drink with 240 calories, rich in calcium and vitamin D. Gluten-free, low-residue, kosher, cholesterol-restricted. Allowable medical conditions for WIC provision: For use in children and adults with a medical condition or disease resulting in decreased food intake or increased nutrient requirements. Can be used to meet energy or protein needs associated with malnutrition, celiac disease or impaired growth. Suitable for patients with lactose intolerance. Contraindications: Not for patients with galactosemia.	30	G/W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Compleat Pediatric Organic Blend - Chicken Garden Blend (WIC Eligible Nutritionals)	RTF 10.1 oz cont	Description: Nutritionally complete tube- feeding formula that includes a blend of organic whole foods plus vitamins and minerals for children age 1 to 13 years old. Contains no dairy, soy or corn. Allowable medical conditions for WIC provision: Conditions in children age 1 to 13 years which require tube feeding.	38	W
Compleat Pediatric Organic Blend - Plant Based Blend (WIC Eligible Nutritionals)	RTF 10.1 oz cont	Description: Nutritionally complete tube-feeding formula an oral nutrition drink that includes a blend of organic whole foods plus vitamins and minerals for children age 1 to 13 years old. Contains no dairy, soy or corn. Allowable medical conditions for WIC provision: Conditions in children age 1 to 13 years which require tube feeding.	38	W
Compleat Pediatric (WIC Eligible Nutritionals)	RTF 8.45 oz cont	Description: Nutritionally balanced, lactose-free, blenderized tube feeding formulated from natural foods to meet nutritional needs of children 1 to 10 years of age. Allowable medical conditions for WIC provision: Conditions in children age 1 to 10 years which require tube feeding. Contraindications: patients with galactosemia.	30	W
Compleat Pediatric Peptide 1.5 (WIC Eligible Nutritionals)	RTF 8.45 oz conc.	Description: Compleat® Pediatric Original 1.5 Fruit Medley is a calorically dense, real food ingredient & plant-based tube feeding formula, offering a delicious fruit flavor for drinking as well. Intended for the nutritional management of a variety of feeding issues, intolerance and/or mild malabsorption that are not resolved on standard tube feeding formulas in children 1-13 years. Vegan and contains no soy, nut or other common food allergen; no corn ingredients. Contains Hydrolyzed pea protein, 40% of fat source as MCT to promote absorption and tolerance, soluble and insoluble fiber to help support digestive health and normal bowel function. Allowable medical conditions: Conditions in children age 1 -10 years which require tube feeding. Contraindication: Patients with galactosemia.	45	W
Compleat Pediatric Reduced Calorie (WIC Eligible Nutritionals)	RTF 8.45 oz cont	Description: Reduced calorie Enteral Nutrition Formula for pediatric patients with decreased caloric needs. Gluten-free, appropriate for lactose intolerance. Contraindications: patients with galactosemia.	18	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Compleat Pediatric Standard 1.4 Vanilla (WIC Eligible Nutritionals)	RTF 8 oz conc.	Description: Nutritionally complete tube feeding or oral nutrition drink rooted in wholesome ingredients. Vegan and contains no soy, nut or other common food allergen; no corn ingredients. Contains Hydrolyzed pea protein. Dairy-free, lactose-free, gluten-free, and kosher. Allowable medical conditions: Short or long-term vegan tube feeding, multiple food allergies, fluid restriction, volume intolerances, malnutrition, inadequate oral intake, Contraindications: Patients with galactosaemia.	42	W
Duocal (WIC Eligible Nutritionals)	Powder 14 oz cans	Description: high calorie, protein-free nutritional supplement added to foods and beverages when additional calories are required.	5 gm scoop = 25 Kcal	W
EleCare Jr (any flavor) (Exempt Formula)	Powder 14.1 oz cans	Description: a nutritionally complete hypoallergenic, amino acid-based medical food for children (ages 1 & up) who cannot tolerate intact or hydrolyzed protein. Allowable medical conditions for WIC provision: Severe food allergies, protein maldigestion, malabsorption, short bowel syndrome, eosinophilic GI disorders, gastrointestinal tract impairment, other conditions requiring elemental diet.	30	W
EleCare Jr (unflavored) (Exempt Formula)	Powder 14.1 oz cans	Description: a nutritionally complete hypoallergenic, amino acid-based medical food for children (ages 1 & up) who cannot tolerate intact or hydrolyzed protein. Allowable medical conditions for WIC provision: Severe food allergies, protein maldigestion, malabsorption, short bowel syndrome, eosinophilic GI disorders, gastrointestinal tract impairment, other conditions requiring elemental diet.	30	W
EnfaCare Neuropro (Exempt Formula)	Powder 12.8 oz cans	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 months postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other special medical conditions (e.g. Bronchopulmonary dysplasia or BPD) that increase nutrient needs of protein, vitamin, mineral, calcium, phosphorus. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia. See powder formula caution.	22	G/W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
EnfaCare Neuropro (Exempt Formula)	RTF 2 oz cont	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 months postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other special medical conditions (e.g. Bronchopulmonary dysplasia or BPD) that increase nutrient needs of protein, vitamin, mineral, calcium, phosphorus. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia.	22	W
Enfamil AR (Exempt Infant Formula)	Powder 12.9 oz can	Description: Enfamil A.R. formula is specially formulated with added rice starch for a thicker consistency to reduce reflux and spit-up by over 50%* in one week. Allowable medical conditions for WIC provision: Life threatening disorders, diseases and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant's nutrition status. Severe gastrointestinal disorders. GERD. Unallowable Non-specific symptoms such as colic, gas, fussiness, spitting up, constipation, feeding difficulty, intolerance, picky eater, or slow weight gain are not qualifying medical conditions and will not be approved. Contraindications: See powder formula caution 2.	20	G/W
Enfamil 24 cal (Exempt Formula)	RTF 2 oz cont	Description: Routine feeding for infants needing extra calories, but not needing premature formula. Allowable medical conditions for WIC provision: For infants having difficulty ingesting adequate volume to meet needs.	24	W
Enfamil Premature 20 cal (Exempt Formula)	RTF 2 oz cont	Description: Special 20 calorie per ounce, whey protein infant formula with readily digestible fat and carbohydrate sources. Allowable medical conditions for WIC provisions: Rapid growth of low birth weight infants.	20	W
Enfamil Premature 24 cal (Exempt Formula)	RTF 2 oz cont	Description: Special 24 calorie per ounce, whey protein infant formula with readily digestible fat and carbohydrate sources. Allowable medical conditions for WIC provisions: Rapid growth of low birth weight infants.	24	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Ensure (WIC Eligible Nutritional)	RTF 8 oz cont	Description: Lactose- and gluten-free, low residue. Allowable medical conditions for WIC provision: Cancer; recovery from major illness or surgery; low-residue diets post bowel surgery; acute phases of Crohn’s Disease, ulcerative colitis, diverticulitis; Celiac disease (including celiac sprue, non tropical sprue and gluten sensitive Unallowable reasons: Manage body weight without an underlying medical condition Contraindications: Milk protein or soy allergy, galactosemia.	27.5	G/W
Ensure Clear (WIC Eligible Nutritional)	RTF 8 oz cont	Description: Gluten-free, low residue, suitable for lactose intolerance. Allowable medical conditions for WIC provision: malnutrition, at nutritional risk, involuntary weight loss. Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Milk protein or galactosemia.	22.5	W
Ensure Mixed Berry (WIC Eligible Nutritional)	RTF 8 oz cont	Description: Gluten-free, low residue, suitable for lactose intolerance. Allowable medical conditions for WIC provision: malnutrition, at nutritional risk, involuntary weight loss. Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Milk protein or galactosemia.	30	W
Ensure High Protein (WIC Eligible Nutritional)	RTF 8 oz cont	Description: High protein and low fat nutrition supplement. For individuals who need protein but not extra calories. Nutritionally complete, suitable for lactose intolerance, gluten-free. Excellent source of 23 essential vitamins and minerals. Allowable medical conditions for WIC provision: People who need extra protein and other nutrients in their diet. People recovering from surgery. Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Not for those with galactosemia.	20	W
Ensure Plus (WIC Eligible Nutritional)	RTF 8 oz cont	Description: Gluten-free, suitable for lactose intolerance. High in calories and excellent source of protein. Contraindications: milk protein or soy allergy, galactosemia.	44.5	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
ON HOLD-Glucerna 1.0 (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Nutritionally complete, high fiber, low CHO formula for oral or tube feeding, designed to enhance blood glucose control in patients with abnormal glucose tolerance. Allowable medical conditions for WIC provisions: Tube feeding or oral supplement for patients with Type I or Type II diabetes mellitus and stress induced hyperglycemia.	30	W
Glucerna 1.2 (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: calorically dense formula with unique blend of CHO. Designed to minimize blood glucose response. Allowable medical conditions for WIC provisions: Type 1 or Type 2 diabetes, hyperglycemia/abnormal glucose tolerance. Tube or oral feeding. Contraindications: galactosemia.	36	W
Glutarade Essential GA 1 (WIC Eligible Nutritionals)	Powder 14.1 oz cans	Description: A lysine-free, low tryptophan medical formula containing a balanced mix of essential and non-essential amino acids, carbohydrates, fat, vitamins, and trace minerals for the dietary management of glutaric aciduria type 1 (GA-1) for children, teens and adults. Allowable medical conditions: Glutaric Aciduria Type 1 (GA-1), Pyridosine Dependent Epilepsy (PDE). Caution: Must only be used under medical supervision. For oral or tube feedings. Not suitable as a sole source of nutrition. Only suitable for individuals over 1 year of age with proven Glutaric Aciduria Type 1 (GA-1) or Pyridoxine-Depenedent Epilepsy (PDE).	1 scoop = 680 calories	W
Glutarade Jr GA-1 (WIC Eligible Nutritionals)	Powder 14.1 oz cans	Description: A lysine-free, low tryptophan powdered medical food containing a balanced mix of essential and non-essential amino acids, carbohydrates, fat, vitamins, minerals and trace elements. Not indicated for infant use. Allowable medical conditions: Glutaric Aciduria Type 1. Caution: Only suitable for individuals over 1 year of age.	<ul style="list-style-type: none"> • 1 scoop + 2 fl oz. water = 20 kcal/oz • 14.6 g powder + 2 fl. oz water = 30 kcal/oz 	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Hypoallergenic-Private Label-Perrigo (Exempt Infant Formula)	Powder Mama Bear 19.8 oz can all others 12.6 oz can	Store Brand iron-fortified Hypoallergenic Infant Formula which provides complete nutrition and is designed for term infants who are allergic to the intact proteins in cow's milk and soy. Lactose-free, sucrose-free, hydrolyzed protein that contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Contains Lactobacillus rhamnosus GG (LGG) and corn. Allowable medical conditions: for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia. Contraindications: See powder formula caution.2	20	G
IVA Anamix Next (WIC Eligible Nutritinals)	Powder 14.1 oz. (400 g) can	Description: A leucine-free powdered metabolic formula for the dietary management of isovaleric acidemia. Allowable medical conditions for WIC provisions: isovaleric acidemia.	30	W
I-Valex-1 (WIC Eligible Nutritinals)	Powder 14.1 oz cans	Description: Amino Acid-modified medical food (metabolic), gluten-free, lactose-free. Allows greater intake of intact protein. For infants and toddlers with a disorder of leucine catabolism. Allowable medical conditions for WIC provisions: Isovaleric acidemia or other disorders of leucine catabolism.	20	W
I-Valex-2 (WIC Eligible Nutritinals)	Powder 14.1 oz cans	Description: Amino Acid-modified medical food (metabolic). Allows greater intake of intact protein. For children and adults with a disorder of leucine catabolism. Allowable medical conditions for WIC provisions: Isovaleric acidemia or other disorders of leucine catabolism.	33	W
Jevity 1 Cal with Fiber (WIC Eligible Nutritinals)	RTF 8 oz cont	Description: Nutritionally complete, isotonic, high fiber liquid diet. Suitable for lactose intolerance. Allowable medical conditions for WIC provisions: To promote normal bowel function in tube fed patients, as in long term disability and patients intolerant to low residue feedings.	31	W
Kate Farms Pediatric Peptide 1.5 - Vanilla (WIC Eligible Nutritinals)	RTF 8.45 oz cont	Description: Plant-based, organic, calorically dense nutrition made with hydrolyzed pea protein for oral or tube feeding use in children age 1 to 13 years. Made without dairy, soy, gluten, corn, peanuts, or tree nuts. Allowable medical conditions for WIC provisions: gastrointestinal disorders, malabsorption syndromes or immune disorders.	45	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Kate Farms Pediatric Peptide 1.0 - Vanilla (WIC Eligible Nutritionals)	RTF 8.45 oz cont	Description: Plant-based, organic nutrition made with hydrolyzed pea protein for oral or tube feeding use in children age 1 to 13 years. Made without dairy, soy, gluten, corn, peanuts, or tree nuts. Allowable medical conditions for WIC provisions: gastrointestinal disorders, malabsorption syndromes or immune disorders.	30	W
Kate Farms Pediatric Standard 1.2 (WIC Eligible Nutritionals)	conc. 8.45 oz carton	Description: Kate Farms Pediatric Standard 1.2 contains a unique blend of 12 grams of organic plant-based protein derived from yellow peas, prebiotic fiber, and carbohydrates to help support healthy growth and development which can be used for oral and tube feedings as a sole source or supplement for children ages 1 - 13. Allowable medical conditions: Food allergies, shortened feeding schedule/volume restriction, protein-calorie malnutrition/FTT, intact protein intolerance, eosinophilic esophagitis, celiac disease, Chron's disease. Caution: Not suitable for infants less than 1 years old.	36	W
Ketocal 3:1 (WIC Eligible Nutritionals)	Powder 300 g cans	Description: nutritionally complete 3 to 1 (fat: CHO+Protein) ratio med food. Allowable medical conditions for WIC provisions: intractable epilepsy, Pyruvate dehydrogenase deficiency, and other conditions where the ketogenic diet is indicated.	30 (standard dilution)	W
Ketocal 4:1 (WIC Eligible Nutritionals)	Powder 300 g cans	Description: Nutritionally complete, ketogenic formula 4:1 ratio (fat: CHO+Protein) for individuals over the age of 1 year. Allowable medical conditions for WIC provisions: intractable epilepsy, Pyruvate dehydrogenase deficiency, Glucose transporter type-1 deficiency, other medical conditions where a ketogenic diet is indicated.	30 (standard dilution)	W
Ketocal 4:1 (WIC Eligible Nutritionals)	RTF 8.5 oz cont	Description: Nutritionally complete, ready-to-feed ketogenic formula 4:1 ratio (fat: CHO+Protein) for individuals over the age of 1 year. Allowable medical conditions for WIC provisions: intractable epilepsy, Pyruvate dehydrogenase deficiency, Glucose transporter type-1 deficiency, other medical conditions where a ketogenic diet is indicated.	30 (standard dilution)	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Ketovie 4:1 (WIC Eligible Nutritionals)	RTF 8.5 oz cont	Description: Nutritionally complete, ready-to-feed ketogenic formula 4:1 ratio (fat: CHO+Protein) for individuals over the age of 1 year. Allowable medical conditions for WIC provisions: intractable epilepsy, Pyruvate dehydrogenase deficiency, Glucose transporter type-1 deficiency, other medical conditions where a ketogenic diet is indicated.	45	W
Ketovie Peptide 4:1 (WIC Eligible Nutritionals)	RTF 8.5 oz cont	Description: Nutritionally complete, ready-to-feed ketogenic formula with extensively hydrolyzed whey protein, 4:1 ratio (fat: CHO+Protein) for individuals over the age of 1 year. Allowable medical conditions for WIC provisions: intractable epilepsy, Pyruvate dehydrogenase deficiency, Glucose transporter type-1 deficiency, severe GI intolerance and whole protein sensitivities. other medical conditions where a ketogenic diet is indicated. Unallowable medical conditions: Not suitable for those with severe cow milk protein allergy.	45	W
Lipistart	Powder 14.11 oz cont	Description: Nutritionally complete powdered formula containing whey protein, carbohydrate, fat (high in medium chain triglycerides (MCT) and low in long chain triglycerides (LCT)), vitamins, minerals and trace elements. Allowable medical conditions for WIC provisions: Complete nutritional support or supplementary feeding for the dietary management of long chain fatty acid oxidation disorders, fat malabsorption and other disorders requiring dietary management using a high MCT, low LCT formula. Suitable for individuals from 1 year of age.	20	W
MCT Oil (WIC Eligible Nutritionals)	RTF 32 oz (1 QT) cont	Description: Medium chain triglyceride oil, which is a fat source more easily digested and absorbed than conventional food fat. Allowable medical conditions for WIC provisions: As a substitute or supplemental source of fat calories when conventional food fats are poorly digested, absorbed or utilized, as in conditions of decreased pancreatic or bile salts, decreased absorptive surface or defective lymphatic transport.	7.7/mL	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
MCT Pro-Cal (WIC Eligible Nutritionals) (Contact State Agency)	Powder 16 g packet	Description: A powdered medical food high in medium chain triglycerides (MCT). Contains milk; gluten-free. Allowable medical conditions for WIC provisions: For use in the dietary management of disorders of long chain fatty acid oxidation, fat malabsorption and other disorders requiring a high MCT, low long chain triglyceride (LCT) supplement from 1 year of age. Contraindications: Not suitable for people with lactose intolerance or milk protein intolerance/allergy.	105/packet	W
Monogen (WIC Eligible Nutritionals)	Powder 14.1 oz cans (400 g)	Description: metabolic formula for special medical purposes, suitable as a sole source of nutrition in infants or a supplementary feed for children over the age of one and adults. Low fat, whole whey protein, low in long chain triglycerides (LCT) and high in medium chain triglycerides (MCT), containing linoleic acid and alpha-linolenic acid, supplemented with docosahexaenoic acid (DHA) and arachidonic acid (AA). Allowable medical conditions for WIC provisions: For the dietary management of disorders requiring a low LCT, high MCT intake, such as long chain fatty acid oxidation defects and carnitine palmitoyl transferase deficiency, primary and secondary lipoprotein lipase deficiency, chylothorax, and lymphangiectasia.	30	W
Neocate Splash (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: An elemental medical food formulated to provide complete or supplemental nutritional support for children with severe impairment of the gastrointestinal tract. Allowable medical conditions for WIC provisions: Management of gastrointestinal conditions of pediatric patients over one year of age, when there is impaired digestion and absorption or sensitivity to whole protein.	30	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Neocate Junior (WIC Eligible Nutritentials)	Powder 14.1 oz cans	Description: Elemental medical food containing free amino acids; therefore it is suitable for those who cannot tolerate protein hydrolysates. Formulated to provide complete or supplemental nutritional support Allowable medical conditions for WIC provision: Management of gastrointestinal conditions of pediatric patients over one year of age, when there is impaired digestion and absorption or sensitivity to whole protein.	30	W
Neocate Junior with Prebiotics (WIC Eligible Nutritentials)	Powder 14.1 oz cans	Description: Nutritionally complete, amino acid-based medical food for children over one year. Allowable medical conditions for WIC provision: Cow milk allergy, soy allergy, multiple food protein intolerance, food allergy associated conditions, GERD, eosinophilic esophagitis, short bowel syndrome and other GI disorders.	30	W
Neocate Nutra (WIC Eligible Nutritentials)	Powder 14.1 oz cans	Description: Amino acid-based, hypoallergenic, high in calcium, good source of Vitamin D and Fe. Allowable medical conditions for WIC provision: Cow and soy milk allergy, multiple food protein intolerance, food protein allergy (GERD, Eosinophilic esophagitis; other medical conditions that require an amino acid-based diet, short bowel syndrome.	44	W
NeoSure (Exempt Formula)	RTF 2 oz cont	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 mos postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other medical conditions (e.g. Bronchopulmonary dysplasia or BPD) when higher levels of protein, vitamins, minerals, calcium, and phosphorus are needed. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia. See powder formula caution.2	22	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
NeoSure (Exempt Formula)	Powder 13.1 oz cans	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 mos postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other medical conditions (e.g. Bronchopulmonary dysplasia or BPD) when higher levels of protein, vitamins, minerals, calcium, and phosphorus are needed. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia. See powder formula caution.2	22	G/W
NeoSure (Exempt Formula)	RTF 32 oz cont	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 mos postnatal adjusted age. Allowable medical conditions for WIC provision: Prematurity and other medical conditions (e.g. Bronchopulmonary dysplasia or BPD) when higher levels of protein, vitamins, minerals, calcium, and phosphorus are needed. Unallowable: General use for term infants as concentrated calorie formula to gain weight. Contraindications: Cow's milk allergy, lactose intolerance, galactosemia. See powder formula caution.2	22	G/W
Nourish Original	RTF 12 oz	Description: Nourish is an organic, 100% GMO-free, no added sugar, dairy-free, tree nut-free, gluten-free, soy-free, corn-free plant-based, whole foods feeding tube formula and oral meal replacement optimized for children. Formulated to help maintain healthy weight and provide complete nutrition. Allowable medical conditions: For tube feeding or oral food replacement. Unallowable medical conditions: Manage body weight without an underlying medical condition. Caution: For use with 6 French or larger.	400 Kcal 12 oz pouch	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Nutramigen (Exempt Formula)	Concentrate 13 oz cans	Description: Lactose-free, sucrose-free, hydrolyzed protein, hypoallergenic formula for term infants who are sensitive to intact protein in cow's milk and soy formulas as well as other foods. Contains <i>Lactobacillus rhamnosus GG</i> (LGG). Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia. Contraindications: See powder formula caution.2	20	G/W
Nutramigen (Exempt Formula)	RTF 32 oz cont	Description: Lactose-free, sucrose-free, hydrolyzed protein, hypoallergenic formula for term infants who are sensitive to intact protein in cow's milk and soy formulas as well as other foods. Contains <i>Lactobacillus rhamnosus GG</i> (LGG). Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia. Contraindications: See powder formula caution.2	20	G/W
Nutramigen Enflora LGG (Exempt Formula)	Powder 12.6 oz cans	Description: Lactose-free, sucrose-free, hydrolyzed protein, hypoallergenic formula for term infants who are sensitive to intact protein in cow's milk and soy formulas as well as other foods. Contains <i>Lactobacillus rhamnosus GG</i> (LGG). Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia. Contraindications: See powder formula caution.2	20	G/W
ON HOLD-Nutramigen w/Enflora Toddler (Exempt Formula)	Powder 12.6 oz. cans	Description: Hypoallergenic, iron-fortified formula for toddlers who are allergic to the intact proteins in cow's milk or allergic to soy formulas. Contains <i>Lactobacillus rhamnosus GG</i> (LGG), to help support digestive health. Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia.	20	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Nutren 1.5 (WIC Eligible Nutritionals)	RTF 8.45 oz cont	Description: Nutritionally complete, high calorie, lactose-free, gluten-free, low residue, tube feeding formula for increased energy requirements and/or restricted fluid volume. Allowable medical conditions for WIC provisions: Increased energy needs, malnutrition, fluid restriction. Contraindications: Not for individuals with galactosemia.	44	W
Nutren Junior (WIC Eligible Nutritionals)	RTF 8.45 oz cont	Description: Nutritionally complete, high calorie, lactose-free, gluten-free, low residue, low osmolality, oral or tube feeding formula designed to meet nutrition needs of children ages 1-10 years. Allowable medical conditions for WIC provisions: Standard tube feeding for children 1-10 years.	30	W
Nutren Junior w/ Fiber (WIC Eligible Nutritionals)	RTF 8.45 oz cont	Description: Nutritionally complete, high calorie, lactose-free, gluten-free, low residue, low osmolality, oral or tube feeding formula designed to meet nutrition needs of children ages 1-10 years. Allowable medical conditions for WIC provisions: Standard tube feeding for children 1-10 years.	30	W
Osmolite 1.5 (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Complete, balanced nutrition, low-residue for tube-feeding with increased calorie and protein needs and those with limited volume tolerance. Allowable medical conditions for WIC provision: Tube-fed individuals, malabsorption. Contraindications: Galactosemia.	44.5	W
PediaSure Grow & Gain (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Lactose- and gluten-free; Kosher. Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy). Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy.	30	G/W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
PediaSure Grow & Gain w/ Fiber (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Supports a healthy digestive system; lactose-free, gluten-free; Kosher. Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy). Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy.	30	G/W
PediaSure Harvest (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Nutritionally complete, milk-free, gluten-free and lactose-free, organic fruits and vegetables supplemental or total liquid nutrition for oral or tube feeding of children 1-13 years of age. Children under the care of a physician may use this product as a sole source of nutrition or as a supplement. It is also a non-GMO product. Product does contain soy. Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy), need for a tube feeding product.	30	W
PediaSure 1.5 (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Higher caloric density product designed for pediatric patients who require higher caloric concentrated feedings; suitable for lactose-intolerance; gluten-free; low residue. Allowable Medical Conditions for WIC Provisions: children with malnutrition, children who have fluid restrictions, or children who have poor tolerance to large volume feeds. Contraindications: Galactosemia.	44	W
PediaSure 1.5 w/Fiber (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Lactose- and gluten-free; Kosher. Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy). Unallowable reasons: Manage body weight without an underlying medical condition. Contraindications: Galactosemia, milk allergy.	44	G/W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
PediaSure Enteral (WIC Eligible Nutritentials)	RTF 8 oz cont	Description: Nutritionally complete, gluten-free, isotonic, supplemental or total liquid nutrition for oral or tube feeding of children 1-10 years of age. It is a lower osmolality formula than PediaSure Grow & Gain, and is designed for children who are fed by tube, but has shown to be tolerated as oral feeding. Allowable medical conditions for WIC provisions: Children aged 1-10 years who require extra or easy to feed nutrition, such as recovery from trauma or severe illness, pre- and post-surgery, failure to thrive, and for tube feedings.	30	W
PediaSure Enteral w/ Fiber (WIC Eligible Nutritentials)	RTF 8 oz cont	Description: Nutritionally complete, gluten-free, isotonic, supplemental or total liquid nutrition for oral or tube feeding of children 1-10 years of age. It is a lower osmolality formula than PediaSure Grow & Gain and is designed for children who are fed by tube, but has shown to be tolerated as oral feeding. Allowable medical conditions for WIC provisions: Children aged 1-10 years who require extra or easy to feed nutrition, such as recovery from trauma or severe illness, pre- and post-surgery, failure to thrive, and for tube feedings.	30	W
PediaSure Peptide 1.0 (WIC Eligible Nutritentials)	RTF 8 oz cont	Description: Nutritionally complete, peptide-based formula for the nutritional needs of children ages 1-13 years with malabsorption, maldigestion, and other GI conditions. Oral or tube feeding. Allowable medical conditions for WIC provisions: inflammatory bowel disease (ulcerative colitis, crohn's), cystic fibrosis, celiac disease, pancreatic disorders, short-bowel syndrome, diarrhea, bowel resection, cerebral palsy, early enteral feeding, transitioning from TPN and special health needs.	30	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
PediaSure Peptide 1.5 (WIC Eligible Nutritionals)	RTF 8 oz cont	Description: Nutritionally complete, peptide-based formula for the nutritional needs of children 1-13 years with malabsorption, maldigestion, and other GI conditions. It is designed to meet the nutritional and caloric needs of children who require higher caloric density, fluid restrictions, and at risk for malnutrition. Allowable Medical Conditions for WIC Provisions: inflammatory bowel disease (ulcerative colitis, crohn's), cystic fibrosis, celiac disease, pancreatic disorders, short-bowel syndrome, diarrhea, bowel resection, cerebral palsy, early enteral feeding, transitioning from TPN and special health needs.	44	W
PediaSure Peptide 1.5 (WIC Eligible Nutritionals)	RTF 1.1 QT cont	Description: Nutritionally complete, peptide-based formula for the nutritional needs of children 1-13 years with malabsorption, maldigestion, and other GI conditions. It is designed to meet the nutritional and caloric needs of children who require higher caloric density, fluid restrictions, and at risk for malnutrition. TUBE FEEDING. Allowable Medical Conditions for WIC Provisions: inflammatory bowel disease (ulcerative colitis, crohn's), cystic fibrosis, celiac disease, pancreatic disorders, short-bowel syndrome, diarrhea, bowel resection, cerebral palsy, early enteral feeding, transitioning from TPN and special health needs.	44	W
PediaSure Reduced Calorie Vanilla (WIC Eligible Nutritionals)	RTF 8 oz Cans	Description: PediaSure Reduced Calorie with 37% fewer calories than PediaSure Grow and Gain helps support the growth of children requiring complete, low-calorie oral feeding or tube feeding. Allowable medical conditions: Medical condition requiring complete, low-calorie oral feeding or tube feedings. Unallowable reasons: Manage body weight without an underlying medical condition. Caution: Not intended for infants under 1 year of age unless specified by a physician. Not for children with galactosemia	150 calories 8 oz can	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Peptamen (WIC Eligible Nutritious)	RTF 8.45 oz cont	Description: Nutritionally complete, lactose-free, peptide-based, isotonic, elemental diet for tube feeding . Allowable medical conditions for WIC provisions: Nutritional support for patients with gastrointestinal impairment due to conditions such as Crohn’s disease, cystic fibrosis, HIV/AIDS, pancreatitis, and short bowel syndrome.	30	W
Peptamen 1.5 (WIC Eligible Nutritious)	RTF 8.45 oz cont	Description: Nutritionally complete, lactose-free, peptide-based, isotonic, elemental diet for tube feeding . Allowable medical conditions for WIC provisions: Nutritional support for patients with gastrointestinal impairment due to conditions such as Crohn’s disease, cystic fibrosis, HIV/AIDS, pancreatitis, and short bowel syndrome.	45	W
Peptamen Junior (WIC Eligible Nutritious)	RTF 8.45 oz cont	Description: Nutritionally complete, lactose-free, peptide-based, isotonic, elemental diet for tube feeding for children 1-10 years . Allowable medical conditions for WIC provisions: Nutritional support for children 1-10 years with gastrointestinal impairment due to conditions such as Crohn’s disease, cystic fibrosis, HIV/AIDS, pancreatitis, and short bowel syndrome.	30	W
Peptamen Junior w/ Fiber (WIC Eligible Nutritious)	RTF 8.45 oz cont	Description: Nutritionally complete, lactose-free, peptide-based, isotonic, elemental diet for tube feeding for children 1-10 years . Allowable medical conditions for WIC provisions: Nutritional support for children 1-10 years with gastrointestinal impairment due to conditions such as Crohn’s disease, cystic fibrosis, HIV/AIDS, pancreatitis, and short bowel syndrome.	30	W
Peptamen Junior w/ Prebiotics (WIC Eligible Nutritious)	RTF 8.45 oz cont	Description: Nutritionally complete, lactose-free, peptide-based, isotonic, elemental diet for tube feeding for children 1-10 years . Allowable medical conditions for WIC provisions: Nutritional support for children 1-10 years with gastrointestinal impairment due to conditions such as Crohn’s disease, cystic fibrosis, HIV/AIDS, pancreatitis, and short bowel syndrome.	30	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Peptamen Junior 1.5 (WIC Eligible Nutritionals)	RTF 8.45 oz cont	Description: Nutritional management of impaired GI function in children. Lactose-free, gluten-free. Allowable medical conditions for WIC provisions: Impaired GI function, critical illness; transplant patients, oxidative stress, Cystic Fibrosis, Crohn's Disease, Cerebral Palsy, Short bowel syndrome, Malabsorption, Chronic diarrhea. Contraindications: Cow milk protein allergy, galactosemia.	44	W
Periflex Early Years (Exempt Formula)	Powder 14.1 oz can	Description: A phenylalanine-free infant formula with iron, for the dietary management of Phenylketonuria. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA) and prebiotic fiber. Must be consumed in conjunction with a whole protein source, e.g. breast milk or standard infant formula. Allowable medical conditions for WIC provision: Phenylketonuria.	21	W
Phenyl-Free 1 (Exempt Formula)	16 oz. (1 lb.)	Description: An iron-fortified infant formula and medical food that is free of the essential amino acid phenylalanine; designed for infants and toddlers with Phenylketonuria (PKU). Allowable medical conditions for WIC provision: Phenylketonuria.	20	W
Portagen (WIC Eligible Nutritionals)	Powder 14.46 oz cans	Description: Nutritionally complete, low residue, high protein, low fat, lactose-free, gluten-free liquid diet for oral or tube feeding. Allowable medical conditions for WIC provisions: Nutritional management of impaired absorption of conventional fats, as in pancreatic insufficiency, bile acid deficiency, intestinal resection or lymphatic anomalies.	30	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
ON HOLD-Pregestimil (Exempt Formula)	Powder 16 oz cans	Description: Lactose-free, hypoallergenic, term infant formula with 55% fat from MCT oil plus DHA and ARA. Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of reaction. Allowable medical conditions for WIC provision: Food allergies, protein malabsorption; malabsorption or steatorrhea due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease, severe protein calorie malnutrition, galactosemia.	20	G/W
Pregestimil 20 cal (Exempt Formula)	RTF 2 oz cont	Description: Lactose-free, hypoallergenic, term infant formula with 55% fat from MCT oil plus DHA and ARA. Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of reaction. Allowable medical conditions for WIC provision: Food allergies, protein malabsorption; malabsorption or steatorrhea due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease, severe protein calorie malnutrition, galactosemia.	20	W
Pregestimil 24 cal (Exempt Formula)	RTF 2 oz cont	Description: Lactose-free, hypoallergenic, term infant formula with 55% fat from MCT oil plus DHA and ARA. Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of reaction. Allowable medical conditions for WIC provision: Food allergies, protein malabsorption; malabsorption or steatorrhea due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease, severe protein calorie malnutrition, galactosemia.	24	W
Pro-Phree (Exempt Formula) (Contact State Office)	Powder 14.1 oz cans	Description: Metabolic. Nutrition support of infants and toddlers who require extra calories, minerals, and vitamins, protein-free; lactose-free, gluten-free. Allowable medical conditions for WIC provision: Infants and toddlers requiring reduced protein intake.	20	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
ProViMin (WIC Eligible Nutritionals) (Contact State Office)	Powder 5.3 oz cans	Description: Metabolic. High quality source of protein, virtually CHO-free and fat-free, lactose-free, gluten-free. Allowable medical conditions for WIC provision: Inborn errors of metabolism: Nutrition support for disorders of: abeta and hypo betalipoproteinemia, cholestasis, chylothorax, chylous ascites, fatty acid oxidation defects (mitochondrial), glutaric aciduria type II, hyperlipoproteinemia type I, lipodystrophy.	Determined by MD	W
PurAmino Infant (Exempt Formula)	Powder 14.1 oz cans	Description: PurAmino is a hypoallergenic, amino acid–based formula for infants and children up to 24 months old with severe cow's milk protein allergy and/or multiple food protein allergies. The formula includes docosahexaenoic acid (DHA) and arachidonic acid (ARA), nutrients also found in breast milk that promote brain and eye development. Allowable medical conditions for WIC provision: The dietary management of infants and toddlers demonstrating symptoms of severe cow's milk protein allergy, including atopic dermatitis, diarrhea, colic, vomiting, reflux, inflammation, or intestinal hyperpermeability, not effectively managed by an extensively hydrolyzed formula. PurAmino is also indicated for the dietary management of infants and children up to 24 months old demonstrating multiple food protein allergies. Contraindications: See powder formula caution 2.	20	W
PurAmino Jr. (WIC Eligible Nutritionals)	Powder 14.1 oz (400 g) cans	Description: PurAmino Jr. is a hypoallergenic, amino acid–based formula for children age 1 to 13 years old with severe cow's milk protein allergy and/or multiple food protein allergies or other gastrointestinal conditions. The formula includes docosahexaenoic acid (DHA). Allowable medical conditions for WIC provision: The dietary management of children demonstrating symptoms of severe cow's milk protein allergy, including atopic dermatitis, diarrhea, colic, vomiting, reflux, inflammation, or intestinal hyperpermeability, not effectively managed by an extensively hydrolyzed formula. Nutramigen PurAmino Jr. is also indicated for the dietary management of children up to age 13 demonstrating multiple food protein allergies or other gastrointestinal conditions. Contraindications: See powder formula caution 2.	30	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Renastart (WIC Eligible Nutritional)	Powder 14.11 oz (400 g) cans	Description: A high energy, powdered formula with low levels of protein, calcium, chloride, potassium, phosphorus and vitamin A. A blend of whey protein, carbohydrate, fat, vitamins, minerals and trace elements. Allowable medical conditions for WIC provision: For the dietary management of renal failure.	30	W
RCF (Ross Carbohydrate Free) (Exempt Formula)	Concentrate 13 oz cans	Description: Soy protein formula base, low in iron, to which customized carbohydrate source is to be added. Allowable medical conditions for WIC provisions: Intolerance to type or amount of carbohydrate in milk or conventional infant formula.	12	W
Similac Advance OptiGRO (Infant Formula)	Powder 12.4 oz cans	Description: Iron-fortified infant formula for routine feeding. Indications: Normal infants with no special dietary requirements.	20	G
Similac Advance OptiGRO (Infant Formula)	Concentrate 13 oz cans	Description: Iron-fortified infant formula for routine feeding; Indications: Normal infants with no special dietary requirements.	20	G
Similac Advance OptiGRO (Infant Formula)	RTF 32 oz cont	Description: Iron-fortified infant formula for routine feeding; Indications: Normal infants with no special dietary requirements.	20	G
Similac Sensitive Fussiness & Gas (Infant Formula)	Powder 12.5 oz cans	Description: Lactose-free, corn-free, milk-based, iron-fortified infant formula; Indications: Suspected sensitivity to lactose as indicated by mild diarrhea, bloating, abnormal cramping, gas, etc.; poor tolerance of lactose: galactosemia in most children.	20	G
Similac Soy Isomil (Infant Formula)	Powder 12.4 oz. cans	Description: Soy-based infant formula for cow's milk protein allergy, easy to digest, for common feeding problems such as fussiness and gas; Indications: Allergy or sensitivity to cow milk, lactose intolerance, or galactosemia.	20	G

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Similac Soy Isomil (Infant Formula)	Concentrate 13 oz. cans	Description: Soy-based infant formula for cow's milk protein allergy, easy to digest, for common feeding problems such as fussiness and gas; Indications: Allergy or sensitivity to cow milk, lactose intolerance, or galactosemia.	20	G
Similac Soy Isomil (Infant Formula)	RTF 32 oz. cont	Description: Soy-based infant formula for cow's milk protein allergy, easy to digest, for common feeding problems such as fussiness and gas; Indications: Allergy or sensitivity to cow milk, lactose intolerance, or galactosemia.	20	G
Similac Total Comfort (Infant Formula)	Powder 12.6 oz cans	Description: Milk based formula with partially broken down protein for easy digestion. Indications: For discomfort due to persistent feeding issues. Suitable for infants with lactose sensitivity.	20	G
Similac PM 60/40 (Exempt Formula)	Powder 14.1 oz cans	Description: Formula with 60:40 ratio of whey to casein, and physiologic mineral levels approximating those of human milk. Allowable medical conditions for WIC provisions: Those whose renal, digestive or cardiovascular functions would benefit from low mineral levels; infants predisposed to hypocalcemia; infants in lower range of homeostatic capacity.	20	W
Similac Special Care 20 Cal (Exempt Formula)	RTF 2 oz cont	Description: Iron-fortified, 20 calorie per ounce infant formula, containing adequate vitamin E to help prevent hemolytic anemia, and calcium and phosphorus at concentrations necessary to achieve intrauterine accretion rates; designed for low birth weight and premature infants. Allowable medical conditions for WIC provisions: Premature infants until they reach a weight of 3600 gm. (approx. 8 pounds).	20	W
Similac Special Care 24 Cal (Exempt Formula)	RTF 2 oz cont	Description: Iron-fortified, 24 calorie per ounce infant formula, containing adequate vitamin E to help prevent hemolytic anemia, and calcium and phosphorus at concentrations necessary to achieve intrauterine accretion rates; designed for low birth weight and premature infants. Allowable medical conditions for WIC provisions: Premature and low birth weight infants until they reach a weight of 3600 gm. (approx. 8 pounds).	24	W

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
Similac Special Care 30 Cal (Exempt Formula)	RTF 2 oz cont	Description: Iron-fortified, 30 calorie per ounce infant formula, containing adequate vitamin E to help prevent hemolytic anemia, and calcium and phosphorus at concentrations necessary to achieve intrauterine accretion rates; designed for low birth weight and premature infants. Allowable medical conditions for WIC provisions: Premature and low birth weight infants until they reach a weight of 3600 gm. (approx. 8 pounds).	30	W
Suplena (WIC Eligible Nutritional)	RTF 8 oz cont	Description: Low protein, high calorie, low electrolyte, lactose-free, supplemental or total diet for persons with chronic or acute renal failure who are not undergoing dialysis. Allowable medical conditions for WIC provisions: Chronic or acute renal failure when patients are not undergoing dialysis and diets are restricted in protein, electrolytes and fluids.	59	W
Tolorex (WIC Eligible Nutritional) (Contact State Agency)	Powder 2.82 oz packets	Description: 100% free amino acids, can be used for tube feeding or orally. Appropriate for lactose-free, gluten-free, low-residue and kosher diets. Contains low quantities of fat. Allowable medical conditions for WIC provisions: Severely impaired GI function, severe protein and fat malabsorption.	300 kcal/packet	W
Vivonex Pediatric (WIC Eligible Nutritional)	Powder 1.7 oz packet	Description: Nutritionally complete, 100% free amino acid formula, low osmolality, elemental diet for children ages 1 to 13 years. Allowable medical conditions for WIC provisions: Nutritional support of children aged 1 to 13 years with gastrointestinal impairment such as Crohn's disease, short bowel syndrome, AIDS, intact protein allergy, malabsorption syndrome, intestinal failure, burn injuries, and intractable diarrhea.	200 kcal/packet	W

2Reported infant cases with serious infections secondary to *Enterobacter sakazakii* have been reported in the literature that were traced back to powdered infant formulas contaminated with this organism. Preterm infants and those with underlying medical conditions may be at higher risk of developing infection. FDA recommends sterile, commercial Ready-to-Feed (RTF) formulas for immunocompromised infants including preterm infants. WIC routinely provides powdered formula.

Formula (Amount will automatically be calculated in Crossroads).	Form	Description	Kcal/oz	Purchase From
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Category	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Buter	Fruit/Vegetable
12-23 months: Milk No Cheese No Yogurt (Default package)	Whole Milk-All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Milk With Cheese No Yogurt	Whole Milk-All Authorized: 3.25 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Milk No Cheese with Yogurt	Whole Milk-All Authorized: 3.75 gallons	None	Whole Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Milk with Cheese and Yogurt	Whole Milk-All Authorized: 3 gallons	Cheese-all authorized: 1 pound	Whole Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Lactose Reduced No Cheese No Yogurt	Whole Lactose Red-Free 1/2 Gal-All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Lactose Reduced With Cheese No Yogurt	Whole Lactose Red-Free 1/2 Gal-All Authorized: 3.25 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00

Category	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Buter	Fruit/Vegetable
12 to 23 months: Lactose Reduced No Cheese with Yogurt	Whole Lactose Red-Free 1/2 Gal-All Authorized: 3.75 gallons	None	Whole Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Lactose Reduced with Cheese and Yogurt	Whole Lactose Red-Free 1/2 Gal-All Authorized: 3 gallons	Cheese-all authorized: 1 pound	Whole Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Soy Milk No Cheese No Yogurt	Soy Milk - All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Soy Milk with Cheese No Yogurt	Soy Milk - All Authorized: 3.25 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Soy Milk No Cheese with Yogurt	Soy Milk - All Authorized: 3.75 gallons	None	Whole Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
12 to 23 months: Soy Milk with Cheese and Yogurt	Soy Milk - All Authorized: 3 gallons	Cheese-all authorized: 1 pound	Whole Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00

Category	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Buter	Fruit/Vegetable
12 to 23 months: Homeless Package (does not include benefits that require refrigeration)	Evaporated Whole Milk Concentrate: 4 gallons (12 cans of Evaporated Whole Milk in 12 oz container)	None	None	Adult Cereal-All Authorized: 36 Ounces	None	None	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Milk No Cheese No Yogurt (Default package)	Low Fat/Skim Milk-All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz.	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Milk with Cheese No Yogurt	Low Fat/Skim Milk-All Authorized: 3.25 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Milk No Cheese with Yogurt	Low Fat/Skim Milk-All Authorized: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Milk with Cheese and Yogurt	Low Fat/Skim Milk-All Authorized: 3 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Lactose Reduced No Cheese No Yogurt	Lowfat Lactose Red-Free 1/2 Gal-All Auth: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Lactose Reduced with Cheese No Yogurt	Lowfat Lactose Red-Free 1/2 Gal-All Auth: 3.25 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00

Category	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Buter	Fruit/Vegetable
2 to 5 Years: Lactose Reduced No Cheese with Yogurt	Lowfat Lactose Red-Free 1/2 Gal-All Auth: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Lactose Reduced with Cheese and Yogurt	Lowfat Lactose Red-Free 1/2 Gal-All Auth: 3 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Soy Milk No Cheese No Yogurt	Soy Milk - All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Soy Milk with Cheese No Yogurt	Soy Milk - All Authorized: 3.25 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Soy Milk No Cheese with Yogurt	Soy Milk - All Authorized: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00
2 to 5 Years: Soy Milk with Cheese and Yogurt	Soy Milk - All Authorized: 3 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 Ounces	Adult Cereal-All Authorized: 36 Ounces	64 oz. Juice-All Authorized: 2 Containers 64 oz. or 1 container 128 oz.	Eggs-All Authorized: 1 dozen	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 1 pound bag of Dry beans or 4 cans of 15-16 oz canned beans or 1 container of 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00

Category	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Buter	Fruit/Vegetable
2 to 5 Years: Homeless Package (does not include benefits that require refrigeration)	Nonfat Dry Milk: 4 gallons (2 [25.6 oz] Boxes of Nonfat Dry Milk [1 Box = 8 Qts])	None	None	Adult Cereal-All Authorized: 36 Ounces	None	None	Whole Grains-All Authorized: 32 ounces	Legumes-All Authorized: 2 container (including 2 of 4 cans 15-16 oz canned beans [8 cans total] or 1 container 16-18 oz. peanut butter	Fruit and Veg-CVB: \$26.00

Category: Pregnant	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant (Singleton) Milk No Cheese No Yogurt (Default food package)	Low Fat/Skim Milk-All Authorized: 5.50 Gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Milk with Cheese No Yogurt	Low Fat/Skim Milk-All Authorized: 4.75 Gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Milk No Cheese with Yogurt	Low Fat/Skim Milk-All Authorized: 5.25 Gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Milk with Cheese and Yogurt	Low Fat/Skim Milk-All Authorized: 4.50 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Lactose Reduced Milk No Cheese No Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 5.50 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Lactose Reduced with Cheese and No Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 4.75 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Lactose Reduced No Cheese with Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 5.25 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00

Pregnant (Singleton) Lactose Reduced with Cheese and Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 4.5 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Soy Milk No Cheese No Yogurt	Soy Milk - All Authorized: 5.50 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Soy Milk with Cheese No Yogurt	Soy Milk - All Authorized: 4.75 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Soy Milk No Cheese with Yogurt	Soy Milk - All Authorized: 5.25 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Soy Milk with Cheese and Yogurt	Soy Milk - All Authorized: 4.5 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Singleton) Homeless Package (Does not include any benefits that require refrigeration)	Nonfat Dry Milk: 5.50 gallons (2 [25.6-oz] Box(es) Nonfat Dry Milk + 2 [9.6oz] boxes nonfat dry milk)	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	None	None	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 3 of 4-15 to 16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant (Multiples) Milk No Extra Cheese (1 pound) No Yogurt (Default Food Package)	Low Fat/Skim Milk-All authorized: 6 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Milk No Extra Cheese (1 pound) and Yogurt	Low Fat/Skim Milk-All authorized: 5.75 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Pregnant (Multiples) Milk With Extra Cheese (2 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 5.25 gallons	Cheese-all authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Milk With Extra Cheese (2 pounds) and Yogurt	Low Fat/Skim Milk-All authorized: 5 gallons	Cheese-all authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Milk With Extra Cheese (3 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 4.5 gallons	Cheese-all authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Lactose Reduced No Extra Cheese (1 pound) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 6 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Lactose Reduced No Extra Cheese (1 pound) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.75 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Lactose Reduced with Extra Cheese (2 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.25 gallons	Cheese-all authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Lactose Reduced with Extra Cheese (2 pounds) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5 gallons	Cheese-all authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Lactose Reduced With Extra Cheese (3 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4.50 gallons	Cheese-all authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Pregnant (Multiples) Soy Milk No Extra Cheese (1 pound) No Yogurt	Soy Milk - All Authorized: 6 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Soy Milk No Extra Cheese (1 pound) and Yogurt	Soy Milk - All Authorized: 5.75 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Soy Milk with Extra Cheese (2 pounds) and Yogurt	Soy Milk - All Authorized: 5.25 gallons	Cheese-All authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Soy Milk with Extra Cheese (2 pounds) and Yogurt	Soy Milk - All Authorized: 5 gallons	Cheese-All authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant (Multiples) Soy Milk with Extra Cheese (3 pounds) No Yogurt	Soy Milk - All Authorized: 4.50 gallons	Cheese-All authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Fully Breastfeeding (Singleton) Milk No Extra Cheese (1 pound) No Yogurt (Default Food Package)	Low Fat/Skim Milk-All authorized: 6 Gallons Milk	Cheese-All Authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Milk No Extra Cheese (1 pound) and Yogurt	Low Fat/Skim Milk-All authorized: 5.75 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Milk Extra Cheese (2 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 5.25 gallons	Cheese-all authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Milk Extra Cheese (2 pounds) and Yogurt	Low Fat/Skim Milk-All authorized: 5 gallons	Cheese-all authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Milk Extra Cheese (3 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 4.5 gallons	Cheese-all authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Lactose Reduced No Extra Cheese (1 pound) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 6 gallons	Cheese-All Authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Fully Breastfeeding (Singleton) Lactose Reduced No Extra Cheese (1 pound) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.75 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Lactose Reduced with Extra Cheese (2 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.25 gallons	Cheese-all authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Lactose Reduced with Extra Cheese (2 pounds) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5 gallons	Cheese-all authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Lactose Reduced with Extra Cheese (3 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4.5 gallons	Cheese-all authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Soy Milk No Extra Cheese (1 pound) No Yogurt	Soy Milk - All Authorized: 6 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Soy Milk No Extra Cheese (1 pound) and Yogurt	Soy Milk - All Authorized: 5.75 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Soy Milk with Extra Cheese (2 pounds) No Yogurt	Soy Milk - All Authorized: 5.25 gallons	Cheese-All authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Fully Breastfeeding (Singleton) Soy Milk with Extra Cheese (2 pounds) and Yogurt	Soy Milk - All Authorized: 5 gallons	Cheese-All authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Singleton) Soy Milk with Extra Cheese (3 pounds) No Yogurt	Soy Milk - All Authorized: 4.50 gallons	Cheese-All authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Fully Breastfeeding (Multiples) Milk No Extra Cheese (1.5 pounds) No Yogurt (Default Food Package)	Low Fat/Skim Milk-All authorized: 9 Gallons Milk	Cheese-all authorized: 1.50 pounds	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Milk No Extra Cheese (1.5 pounds) and Yogurt	Low Fat/Skim Milk-All authorized: 8.75 Gallons Milk	Cheese-all authorized: 1.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Milk with Extra Cheese (2.5 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 8.25 Gallons Milk	Cheese-all authorized: 2.50 pounds	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Milk with Extra Cheese (2.5 pounds) and Yogurt	Low Fat/Skim Milk-All authorized: 8 Gallons Milk	Cheese-all authorized: 2.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Fully Breastfeeding (Multiples) Lactose Reduced Milk No Extra Cheese (1.5 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 9 gallons	Cheese-all authorized: 1.50 pounds	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Lactose Reduced Milk No Extra Cheese (1.5 pounds) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 8.75 gallons	Cheese-all authorized: 1.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Lactose Reduced Milk with Extra Cheese (2.5 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 8.25 gallons	Cheese-all authorized: 2.50 pounds	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Lactose Reduced Milk with Extra Cheese (2.5 pounds) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 8 gallons	Cheese-all authorized: 2.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Soy Milk No Extra Cheese (1.5 pounds) No Yogurt	Soy Milk - All Authorized: 9 gallons	Cheese-all authorized: 1.50 pounds	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces (alternate quantities)	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Soy Milk No Extra Cheese (1.5 pounds) and Yogurt	Soy Milk - All Authorized: 8.75 gallons	Cheese-all authorized: 1.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces (alternate quantities)	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Fully Breastfeeding (Multiples) Soy Milk with Extra Cheese (2.5 pounds) No Yogurt	Soy Milk - All Authorized: 8.25 gallons	Cheese-all authorized: 2.50 pounds	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces (alternate quantities)	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Fully Breastfeeding (Multiples) Soy Milk with Extra Cheese (2.5 pounds) and Yogurt	Soy Milk - All Authorized: 8 gallons	Cheese-all authorized: 2.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate (alternating quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces (alternate quantities)	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Pregnant/Partially Breastfeeding (<=MMA) (Singleton or Multiples) Milk No Extra Cheese (1 pound) No Yogurt	Low Fat/Skim Milk-All authorized: 6 Gallons Milk	Cheese-All Authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (<=MMA) (Singleton or Multiples) Milk No Extra Cheese (1 pound) and Yogurt	Low Fat/Skim Milk-All authorized: 5.75 Gallons Milk	Cheese-All Authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding(<=MMA) (Singleton or Multiples) Milk Extra Cheese (2 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 5.25 gallons	Cheese-All Authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding(<=MMA) (Singleton or Multiples) Milk Extra Cheese (2 pounds) and Yogurt	Low Fat/Skim Milk-All authorized: 5 gallons	Cheese-All Authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Partially Breastfeeding(<=MMA) (Singleton or Multiples) Milk Extra Cheese (3 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 4.50 gallons	Cheese-All Authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (<=MMA) (Singleton or Multiples) Lactose Reduced No Extra Cheese	Lowfat Lactose Red-Free 1/2 gal-All Auth: 6 gallons	Cheese-All Authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (<=MMA) (Singleton or Multiples) Lactose Reduced No Extra Cheese	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.75 gallons	Cheese-All Authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (<=MMA) (Singleton or Multiples) Lactose Reduced with Extra Cheese	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.25 gallons	Cheese-All Authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (<=MMA) (Singleton or Multiples) Lactose Reduced With Extra Cheese (2 pounds) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5 gallons	Cheese-All Authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (<=MMA) (Singleton or Multiples) Lactose Reduced With Extra Cheese	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4.5 gallons	Cheese-All Authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Partially Breastfeeding (≤MMA) (Singleton or Multiples) Soy Milk No Extra Cheese (1 pound) No Yogurt	Soy Milk - All Authorized: 6 gallons	Cheese-All Authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (≤MMA) (Singleton or Multiples) Soy Milk No Extra Cheese (1 pound) and Yogurt	Soy Milk - All Authorized: 5.75 gallons	Cheese-All Authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (≤MMA) (Singleton or Multiples) Soy Milk with Extra Cheese (2 pounds) No Yogurt	Soy Milk - All Authorized: 5.25 gallons	Cheese-All Authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (≤MMA) (Singleton or Multiples) Soy Milk With Extra Cheese (2 pounds) and Yogurt	Soy Milk - All Authorized: 5 gallons	Cheese-All Authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Partially Breastfeeding (≤MMA) (Singleton or Multiples) Soy Milk With Extra Cheese	Soy Milk - All Authorized: 4.50 gallons	Cheese-All Authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Milk No Cheese No Yogurt (Default Food Package)	Low Fat/Skim Milk-All Authorized: 5.5 Gallons Milk	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Milk With Cheese (1 pound) No Yogurt	Low Fat/Skim Milk-All Authorized: 4.75 gallons	Cheese-All Authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Lactose Reduced No Cheese with Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.25 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Milk With Cheese (1 pound) and Yogurt	Low Fat/Skim Milk-All Authorized: 4.5 gallons	Cheese-All Authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Lactose Reduced No Cheese No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.5 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Lactose Reduced With Cheese (1 pound) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4.75 gallons	Cheese-All Authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Lactose Reduced No Cheese with Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.25 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00

Category: Pregnant and Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Lactose Reduced With Cheese (1 pound) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4.5 gallons	Cheese-All Authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Soy Milk No Cheese No Yogurt	Soy Milk - All Authorized: 5.5 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Soy Milk with Cheese (1 pound) No Yogurt	Soy Milk - All Authorized: 4.75 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Soy Milk with Yogurt No Cheese	Soy Milk - All Authorized: 5.25 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Pregnant/Minimally Breastfeeding (>MMA) (Singleton or Multiples) Soy Milk With Cheese (1 pound) and Yogurt	Soy Milk - All Authorized: 4.5 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz Shelf-Stable Concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00

Category: Fully Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Fully Breastfeeding (Singleton) Milk No Extra Cheese (1 pound) No Yogurt (Default Food Package)	Low Fat/Skim Milk-All authorized: 6 Gallons	Cheese- all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Milk No Extra Cheese (1 pound) and Yogurt	Low Fat/Skim Milk-All authorized: 5.75 Gallons	Cheese- all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Milk with Extra Cheese (2 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 5.25 Gallons	Cheese- all authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Milk with Extra Cheese (2 pounds) and Yogurt	Low Fat/Skim Milk- All authorized: 5 gallons	Cheese-all authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Milk with Extra Cheese (3 pounds) No Yogurt	Low Fat/Skim Milk- All authorized: 4.50 gallons	Cheese-all authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Lactose Reduced No Extra Cheese (1 pound) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 6 gallons	Cheese- all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Fully Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Fully Breastfeeding (Singleton) Lactose Reduced No Extra Cheese (1 pound) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.75 gallons	Cheese- all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Lactose Reduced with Extra Cheese (2 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.25 gallons	Cheese- all authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Lactose Reduced with Extra Cheese (2 pounds) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5 gallons	Cheese-all authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Lactose Reduced With Extra Cheese (3 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4.50 gallons	Cheese-all authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Soy Milk No Extra Cheese (1 pound) No Yogurt	Soy Milk - All Authorized: 6 gallons	Cheese-all authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Soy Milk No Extra Cheese (1 pound) and Yogurt	Soy Milk - All Authorized: 5.75 gallons	Cheese-all authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Fully Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Fully Breastfeeding (Singleton) Soy Milk with Extra Cheese (2 pounds) No Yogurt	Soy Milk - All Authorized: 5.25 gallons	Cheese-all authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Soy Milk with Extra Cheese (2 pounds) and Yogurt	Soy Milk - All Authorized: 5 gallons	Cheese-all authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Singleton) Soy Milk with Extra Cheese (3 pounds) No Yogurt	Soy Milk - All Authorized: 4.50 gallons	Cheese-all authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Fully Breastfeeding (Multiples) Milk No Extra Cheese (1.50 pound) No Yogurt (Default Food Package)	Low Fat/Skim Milk-All authorized: 9 Gallons Milk	Cheese-all authorized: 1.50 pound	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate (alternate quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Milk No Extra Cheese (1.50 pound) and Yogurt	Low Fat/Skim Milk-All authorized: 8.75 Gallons Milk	Cheese-all authorized: 1.50 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate (alternate quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Milk with Extra Cheese (2.50 pound) No Yogurt	Low Fat/Skim Milk-All authorized: 8.25 Gallons Milk	Cheese-all authorized: 2.50 pound	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate (alternate quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00

Category: Fully Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Fully Breastfeeding (Multiples) Milk with Extra Cheese (2.50 pounds) and Yogurt	Low Fat/Skim Milk-All authorized: 8 Gallons Milk	Cheese-all authorized: 2.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate (alternate quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Lactose Reduced No Extra Cheese (1.50 pound) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 9 gallons	Cheese-all authorized: 1.50 pound	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate (alternate quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Lactose Reduced No Extra Cheese (1.50 pound) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 8.75 gallons	Cheese-all authorized: 1.50 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate (alternate quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Lactose Reduced with Extra Cheese (2.50 pounds) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 8.25 gallons	Cheese-all authorized: 2.50 pounds	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate (alternate quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Lactose Reduced with Extra Cheese (2.50 pounds) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 8 gallons	Cheese-all authorized: 2.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate (alternate quantities)	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00

Category: Fully Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Fully Breastfeeding (Multiples) Soy Milk No Extra Cheese (1.50 pound) No Yogurt	Soy Milk - All Authorized: 9 gallons	Cheese-all authorized: 1.50 pound	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate <i>(alternate quantities)</i>	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Soy Milk No Extra Cheese (1.5 pounds) and Yogurt	Soy Milk - All Authorized: 8.75 gallons	Cheese-all authorized: 1.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Soy Milk with Extra Cheese (2.5 pounds) No Yogurt	Soy Milk - All Authorized: 8.25 gallons	Cheese-all authorized: 2.50 pounds	None	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00
Fully Breastfeeding (Multiples) Soy Milk with Extra Cheese (2.5 pounds) and Yogurt	Soy Milk - All Authorized: 8 gallons	Cheese-all authorized: 2.50 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 54 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 4.50 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 3 Dozen	Whole Grains-All Authorized: 24 ounces	Legumes-All Authorized: 3-1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 45 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$78.00

Category: Partially (Mostly) Breastfeeding (≤MMA)	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Partially Breastfeeding (≤MMA) Singleton Milk No Cheese No Yogurt (Default Food Package)	Low Fat/Skim Milk-All authorized: 5.50 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Milk with Cheese (1 pound) No Yogurt	Low Fat/Skim Milk-All authorized: 4.75 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Milk No Cheese with Yogurt	Low Fat/Skim Milk-All authorized: 5.25 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Milk with Cheese (1 pound) and Yogurt	Low Fat/Skim Milk-All authorized: 4.5 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Lactose Reduced Milk No Cheese No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.50 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Lactose Reduced Milk With Cheese (1 pound) No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4.75 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00

Category: Partially (Mostly) Breastfeeding (≤MMA)	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Partially Breastfeeding (≤MMA) Singleton Lactose Reduced No Cheese with Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 5.25 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Lactose Reduced Milk With Cheese (1 pound) and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4.5 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Soy Milk No Cheese No Yogurt	Soy Milk - All Authorized: 5.50 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Soy Milk With Cheese (1 pound) No Yogurt	Soy Milk - All Authorized: 4.75 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Soy Milk with Yogurt No Cheese	Soy Milk - All Authorized: 5.25 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Singleton Soy Milk With Cheese (1 pound) and Yogurt	Soy Milk - All Authorized: 4.5 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$52.00

Category: Partially (Mostly) Breastfeeding (≤MMA)	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Partially Breastfeeding (≤MMA) Multiples Milk No Extra Cheese (1 pound) No Yogurt (Default Food Package)	Low Fat/Skim Milk-All authorized: 6 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Milk No Extra Cheese (1 pound) and Yogurt	Low Fat/Skim Milk-All authorized: 5.75 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Milk with Extra Cheese (2 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 5.25 gallons	Cheese-All authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Milk with Extra Cheese (2 pounds) and Yogurt	Low Fat/Skim Milk-All authorized: 5 gallons	Cheese-All authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Milk with Extra Cheese (3 pounds) No Yogurt	Low Fat/Skim Milk-All authorized: 4.50 gallons	Cheese-All authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Lactose Reduced Milk No Extra Cheese (1 pound) No Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 6 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Partially (Mostly) Breastfeeding (≤MMA)	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Partially Breastfeeding (≤MMA) Multiples Lactose Reduced Milk No Extra Cheese (1 pound) and Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 5.75 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Lactose Reduced Milk with Extra Cheese (2 pounds) No Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 5.25 gallons	Cheese-All authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Lactose Reduced Milk with Extra Cheese (2 pounds) and Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 5 gallons	Cheese-All authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Lactose Reduced Milk with Extra Cheese (3 pounds) No Yogurt	Lowfat Lactose Red/Free 1/2 gal-All Auth: 4.50 gallons	Cheese-All authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Soy Milk No Extra Cheese (1 pound) No Yogurt	Soy Milk - All Authorized: 6 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Soy Milk No Extra Cheese (1 pound) and Yogurt	Soy Milk - All Authorized: 5.75 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Partially (Mostly) Breastfeeding (≤MMA)	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Partially Breastfeeding (≤MMA) Multiples Soy Milk with Extra Cheese (2 pounds) No Yogurt	Soy Milk - All Authorized: 5.25 gallons	Cheese-All authorized: 2 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Soy Milk with Extra Cheese (2 pounds) and Yogurt	Soy Milk - All Authorized: 5 gallons	Cheese-All authorized: 2 pounds	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00
Partially Breastfeeding (≤MMA) Multiples Soy Milk with Extra Cheese (3 pounds) No Yogurt	Soy Milk - All Authorized: 4.50 gallons	Cheese-All authorized: 3 pounds	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 3 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 2 Dozen	Whole Grains-All Authorized: 16 ounces	Legumes-All Authorized: 2- 1 pound bags of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container of 16-18 oz Peanut Butter	Fish-All Authorized: 30 oz Canned Tuna or Pink Salmon	Fruit and Vegetable-CVB: \$52.00

Category: Minimally Breastfeeding (>MMA)	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Minimally Breastfeeding (>MMA) Singleton or Multiples Milk No Cheese No Yogurt (Default Food Package)	Low Fat/Skim Milk-All Authorized: 4 Gallons Milk	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singelton or Multiples Milk No Cheese with Yogurt	Low Fat/Skim Milk-All Authorized: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singelton or Multiples Milk with Cheese No Yogurt	Low Fat/Skim Milk-All Authorized: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singelton or Multiples Milk with Cheese and Yogurt	Low Fat/Skim Milk-All Authorized: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singleton or Multiples Lactose Reduced Milk No Cheese No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singleton or Multiples Lactose Reduced Milk No Cheese with Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00

Category: Minimally Breastfeeding (>MMA)	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Minimally Breastfeeding (>MMA) Singleton or Multiples Lactose Reduced Milk with Cheese No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singleton or Multiples Lactose Reduced Milk with Cheese and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singleton or Multiples Soy Milk No Cheese No Yogurt	Soy Milk - All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singleton or Multiples Soy Milk with Yogurt No Cheese	Soy Milk - All Authorized: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singleton or Multiples Soy Milk with Cheese (1 pound) No Yogurt	Soy Milk - All Authorized: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Minimally Breastfeeding (>MMA) Singleton or Multiples Soy Milk with Cheese (1 pound) and Yogurt	Soy Milk - All Authorized: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00

Category: Non-Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Non-Breastfeeding (Singleton or Multiples) Milk No Cheese No Yogurt (Default Food Package)	Low Fat/Skim Milk-All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Milk No Cheese with Yogurt	Low Fat/Skim Milk-All Authorized: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Milk with Cheese No Yogurt	Low Fat/Skim Milk-All Authorized: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Milk with Cheese and Yogurt	Low Fat/Skim Milk-All Authorized: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced No Cheese No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced No Cheese with Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00

Category: Non-Breastfeeding	Milk	Cheese	Yogurt	Cereal	Juice	Eggs	Whole Grains	Beans/Peanut Butter	Fish	Fruit/Vegetable
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced with Cheese No Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Lactose Reduced with Cheese and Yogurt	Lowfat Lactose Red-Free 1/2 gal-All Auth: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Soy Milk No Cheese No Yogurt	Soy Milk - All Authorized: 4 gallons	None	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Soy Milk No Cheese with Yogurt	Soy Milk - All Authorized: 3.75 gallons	None	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Soy Milk with Cheese No Yogurt	Soy Milk - All Authorized: 3.25 gallons	Cheese-All authorized: 1 pound	None	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00
Non-Breastfeeding (Singleton or Multiples) Soy Milk with Cheese and Yogurt	Soy Milk - All Authorized: 3 gallons	Cheese-All authorized: 1 pound	Low Fat/Non-Fat Yogurt-All Authorized: 32 ounces	Adult Cereal-All Authorized: 36 Oz Cereal	Frozen/Concentrated Juice-All Authorized: 2 - 12 oz Container(s) Frozen Juice OR 11.5 oz shelf-stable concentrate	Eggs-All Authorized: 1 Dozen	None	Legumes-All Authorized: 1 pound bag of Dry Beans or 4 cans of 15-16 oz canned Beans or 1 container 16-18 oz Peanut Butter	None	Fruit and Vegetable-CVB: \$47.00