

5.08 Guidelines for Providing Drug/Substance Use Information and Referral

POLICY:

The Local Agency will provide drug and other harmful substance abuse information to all pregnant, postpartum, and breastfeeding women and to parents, guardians or caretakers of infants and children participating in the Program.

DEFINITION:

Drug: A drug means: a beverage containing alcohol; a controlled substance (having the meaning given it in section 102(6) of the Controlled Substance Act (21 U.S.C. 802(6))); or a controlled substance analogue (having the meaning given it in section 102(32) of the Controlled Substance Act (21 U.S.C. 802(32))).

PROCEDURE:

A. Required Information to be Provided

1. During the certification appointment, the Nutritionist or Nutrition Associate (CPA) will provide information on drug/substance abuse.
 - a. WIC staff can utilize the “Alcohol, Tobacco, and Drugs” handout, available as a hard copy (NE 004/W 037) or on the West Virginia WIC website.
 - b. The Nutritionist/Nutrition Associate (CPA) will document on the **Crossroads Referral Screen** that information on drug/substance abuse was given during the certification.
2. The information must be integrated into the certification appointment as part of nutrition education.

B. Referral to Drug/Substance Abuse Clinics

1. Participants with suspected drug problems are to be offered the opportunity for referral to drug/substance abuse clinics, treatment programs, counselors, or other drug abuse professionals.
 - a. The Local Agency Outreach Coordinator will maintain an updated list of drug and substance abuse treatment services available within the Local Agency service area. This information will be reviewed and updated annually.
2. The referral will be documented on the **Crossroads Referral Screen**.

REFERENCES:

1. WIC Regulation 7 CFR.4 State Plan
2. WIC Regulations 7 CFR 246.7 Certification of Participants
3. WIC Regulations 7 CFR 246.11 Nutrition Education
4. USDA, A Study of Appropriate Methods of Drug Abuse Education for Use in the WIC Program, 1990

5. USDA Nutrition Service Standards, Standard 7 Nutrition Education and Counseling