

# THRIVE TILL 5 WITH WIC.

DID YOU KNOW? Your child is eligible for WIC healthy foods, education and other services until age 5!



## THERE'S MORE TO WIC THAN YOU KNOW

Most families don't realize how long they're eligible to take part in the WIC program. With services available from pregnancy until your child's 5th birthday, the more time you spend in the program, the more your family can gain!

## WIC SERVICES AND BENEFITS

- Personalized nutrition counseling
- Breastfeeding counseling and support
- Healthy food
- Referrals to childcare and health insurance programs
- Medical and dental care referrals
- Health and social service resources
- Immunization screenings
- Tips on healthy eating

## CONTACT US

- **Call** 1-844-601-6881 or 304-558-0030
- **Email** [dhhrrwic@wv.gov](mailto:dhhrrwic@wv.gov)
- **Visit** <https://dhhrr.wv.gov/wic>
- **Participant Portal** <https://www.ichousehold.wvdhhr.org>

This institution is an equal opportunity provider.  
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