



## West Virginia WIC Program

Dear WIC Participant,

We are deeply sorry for your loss. Experiencing the death of an infant or losing a pregnancy is an immensely painful challenge. Please know that you do not have to go through this alone—WIC is here to support you during this time. Grieving is a completely natural process that affects both your emotional and physical well-being.

As your body heals, WIC will continue to support you. Mothers remain eligible to receive WIC food benefits for up to 6 months postpartum to support physical recovery and nutritional needs.

In addition to nutrition benefits, community and national resources are available for you, your partner, and your family:

- **Emotional & Peer Support:** The West Virginia Chapter of [Postpartum Support International](#) offers peer mentors, lived experience specialists, and statewide support groups.
- **Bereavement Resources:** [Share Pregnancy & Infant Loss Support](#) provides online support groups and local loss resources.
- **Financial Assistance:** For help with funeral services or memorial gatherings, [The TEARS Foundation](#) offers financial assistance through its West Virginia chapter.
- **Lactation & Family Guidance:** Resources and supportive care are available for lactating mothers experiencing loss, as well as mental health support for partners and family members.

- **Burial Assistance:** [Burial Assistance Program](#) assists with payment up to \$1000 toward the cost of funeral expenses for an indigent adult or child.

Please reach out to your local WIC office if you have questions, need assistance with your benefits, or would like help connecting with support resources. We are keeping you and your family in our thoughts.

With heartfelt sympathy,

West Virginia WIC Program

This institution is an equal opportunity provider.