



WEST VIRGINIA  
 WIC WEST VIRGINIA

# WIC-APPROVED ADDITIONS / DELETIONS

Effective Date October 1, 2022



**NEW INFORMATION INSIDE!**

WIC-02 (6/2022)

This institution is an equal opportunity provider.  
 program.intake@usda.gov  
 email:  
 (833) 256-1665 or (202) 690-7442; or  
 fax:  
 Washington, D.C. 20250-9410; or  
 Office of the Assistant Secretary for Civil Rights  
 U.S. Department of Agriculture  
 mail:

form or letter will be submitted to USDA by:  
 Secretary for Civil Rights [ASCR] about the nature and date of an alleged civil rights violation. The completed AD-3027  
 number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant  
 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone  
 USDA-0ASCR%20F-Complaint-Form-0508-0002-508-11-28-17ra2Mail.pdf, from any USDA office, by calling (866)  
 Discrimination Complaint Form which can be obtained online at: [https://www.usda.gov/sites/default/files/documents/](https://www.usda.gov/sites/default/files/documents/USDA-0ASCR%20F-Complaint-Form-0508-0002-508-11-28-17ra2Mail.pdf)  
 To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program

Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.  
 Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET  
 alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American  
 Program information may be made available in languages other than English. Persons with disabilities who require

gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.  
 In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and  
 policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including

Just call 304-558-0030 or  
 contact your local WIC clinic at:

**QUESTIONS?**

## ADDITIONS

### WHOLE MILK YOGURT - 32 OUNCE CONTAINERS

For children age 12-23 months only



### LOW-FAT OR NON-FAT YOGURT - 32 OUNCE CONTAINERS

For women and children age 2-5 only



### SKIPJACK TUNA



### BREAKFAST CEREAL



**Post**  
Honey Bunches  
of Oats  
Maple & Pecans

**Kellogg's**  
All-Bran  
Original Cereal -  
18 ounce

**Kellogg's**  
Frosted Mini-Wheats,  
Cinnamon Roll -  
14.3 ounce & 22 ounce

### INFANT CEREAL - 16 OUNCE

### BROWN EGGS



### SPECIALTY EGGS -

low-cholesterol, cage-free, stress-free, free-range, vitamin-enriched, antibiotic-free, vegetarian-fed-hen, no-growth-hormones, fertile or organic eggs



### WHOLE GRAIN BREAD

20 ounces

22 ounces

24 ounces



**IGA**  
100% Whole  
Wheat



**Kroger**  
CARBMaster  
Whole Wheat



**Pepperidge Farm**  
Whole Wheat  
Thin Sliced



**Essential Everyday**  
100% Whole  
Wheat



**Nature's Promise**  
Whole Wheat  
Bread

### WHOLE WHEAT BUNS

13 ounces

15 ounces



**Nature's Choice**  
100% Whole Wheat  
Hotdog Buns



**Nature's Choice**  
100% Whole Wheat  
Hamburger Buns

### WHOLE WHEAT TORTILLAS



**Food Club**  
6" White Corn Tortillas,  
Taco Style - 18 ct.



**Food Club**  
6" White Corn Tortillas,  
Fajita Style - 21 ct.

## DELETIONS

### LOW-FAT OR NON-FAT YOGURT 32 OUNCE CONTAINERS

For women and children age 2-5 only



### WHOLE GRAIN BREAD

20 ounces



**Pepperidge Farm**  
Whole  
Grain Soft  
Sprouted Grain

### BREAKFAST CEREAL



**Kellogg's**  
Mini-Wheats  
Touch of  
Fruit Raspberry -  
Discontinued



**Post**  
Honey Bunches  
of Oats  
Pecan Maple  
Brown Sugar



**Malt-O-Meal**  
Mini Spooners Blueberry  
- Discontinued