



West Virginia HealthCheck

9 Month Visit

What to Expect at the 9 Month Visit

At the 9 month visit, expect your health care provider to focus on your baby's developmental gains and increasing independence. Some questions your provider may ask include:

How is your baby getting around now?

What changes have you made around your home to ensure your baby's safety?

Has your baby developed **stranger anxiety**?

What are your thoughts on discipline?

- Your baby's length and weight along with **head circumference** will be measured.
- Your baby will have a complete head-to-toe physical examination.
- Your provider will use a **standardized developmental screening tool** to evaluate your baby's overall development.
- Throughout the visit, you will have opportunities to talk with your provider about questions and concerns you may have about your baby. In addition, your provider will give you information on discipline, safety, and early oral health care.
- Poison Help: **1-800-222-1222**

Preventive Care Tips: Your Baby's Medical Home

In a medical home, a child's health care provider works with the family to make certain that all the health needs of the child are met.

Children who have a medical home -- that is, a **family physician, pediatrician, nurse practitioner (NP) or physician's assistant (PA)** they see regularly -- are more likely to have their medical, dental, social and emotional needs met.

A child's medical home will:

- Know the child's health history,
- Understand the child's ongoing health care needs,
- Listen to the parent's and child's concerns and involve them in decision making, and
- Share a trusting relationship with the child and family.

Additionally, children who have a medical home are able to get referrals when needed; and receive help in coordinating health care needs, such as for a child with chronic illness or special needs who sees multiple specialists.

Children in medical homes are more likely to have annual preventive care visits.

Children without a medical home may not receive the care they need for medical and dental problems. Children who move from provider to provider and don't establish a medical home may:

- Receive fragmented care.
- Not have a complete medical record with all pertinent patient and family medical history and information.
- Not have proper follow-up care for laboratory tests.
- Have unidentified chronic conditions or special health care needs that are difficult to diagnosis in a single visit.

What To Expect At The 12 Month Visit

- Your provider will talk with you about your baby's continued development and what to expect over the next three months.
- Your baby will have lab tests for **anemia** and to check for **lead exposure**.
- Your baby will receive one or more immunizations.

**West Virginia
HealthCheck Program
1-800-642-9704**

www.dhhr.wv.gov/healthcheck

**Transportation Assistance
Contact MTM to schedule a ride
1-844-549-8353**

www.mtm-inc.net/west-virginia