

# West Virginia Behavioral Risk Factor Surveillance System Report 2018



Health Statistics Center Statistical Services Section Epidemiology Unit

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### Introduction

Each year since 1984, the West Virginia Behavioral Risk Factor Surveillance System has measured a range of risk factors that can affect our health. This report presents state survey results for the year 2018 as well as county data combined for the latest available five years (2014 through 2018).

The survey is conducted by telephone and represents a collaborative effort between the West Virginia Department of Health and Human Resources' Health Statistics Center (HSC) and the Centers for Disease Control and Prevention (CDC) in Atlanta. Standardized survey methods are provided by the CDC. All 50 states, the District of Columbia, and several U.S. territories now participate in the system, known as the Behavioral Risk Factor Surveillance System (BRFSS).

The information in this document serves as a resource for governments, business leaders, schools, and community groups, all of which are helping to shape the health of West Virginia.

### **Highlights of Findings**

### **Health Status**

- West Virginia ranked 2<sup>nd</sup> highest nationally in the prevalence of general health of adults as either fair or poor.
- More than one-fourth of West Virginia adults (26.3%) considered their health to be either fair or poor.
- Fair or poor health was most common among groups of adults aged 55-64, those with less than a high school education, and those who have an annual household income of less than \$15,000.
- The prevalence of fair or poor health was highest in Boone, Fayette, Lincoln, Logan, McDowell, Mercer, Mingo, and Wyoming counties.
- West Virginia ranked the highest in the nation for the prevalence of poor physical health, poor mental health, and activity limitations due to poor physical or mental health.

### Impairment

- The prevalence of difficulty concentrating, remembering, or making decisions was 17.9% among West Virginians, compared to 11.5% nationally, which ranked the state 2<sup>nd</sup> highest nationally.
- More than one-fifth (23.3%) of West Virginians had serious difficulty walking or climbing stairs.
- Approximately 6.5% of West Virginia adults had difficulty bathing or dressing.
- The prevalence of having difficulty doing errands alone among West Virginians was 12.4%, significantly higher than the national prevalence of 7.1%.
- Approximately 9.0% of West Virginia adults are blind or have serious vision impairment, the 2<sup>nd</sup> highest in the nation.
- The prevalence of deafness or serious hearing impairment was 14.8%, which was highest in the nation.

### **Health Care Access**

- The prevalence of no health care coverage among West Virginia adults aged 18-64 was 10.1%, compared to 14.9% nationally.
- Nearly half of West Virginia adults have private insurance (42.7%), followed by Medicare (24.3%) and Medicaid (17.6%).
- Nearly one-fifth (18.6%) of all adults do not have a personal doctor or health care provider.
- Approximately 14.9% of West Virginia adults could not afford needed medical care in the past year.
- More than one-fifth (18.8%) of West Virginia adults did not have a routine checkup in the past year.

### Weight Status

- The prevalence of obesity in West Virginia was 39.5%, which was the highest in the nation.
- The prevalence of obesity was significantly higher in Morgan county than the rest of the state.
- More than two-thirds (72.0%) of West Virginia adults were overweight or obese, the 2<sup>nd</sup> highest in the U.S.
- The prevalence of overweight or obese was highest among men, those aged 45-54, those with a high school education, and those with an annual household income of \$35,000-\$49,999.

### **Physical Activity**

- More than one-fourth of West Virginia adults (28.2%) did not participate in leisure-time physical activity or exercise, which ranked West Virginia 10<sup>th</sup> highest for inactivity in the nation.
- The prevalence of physical inactivity was significantly higher among females than males.
- Physical inactivity was highest among those aged 65 and older, those with less than a high school education, and those with annual household income of less than \$15,000.
- The prevalence of physical inactivity was significantly higher in Logan, McDowell, Mingo, and Wyoming counties than the rest of the state.

### Tobacco Use

- Over one-fourth of adults (25.2%) currently smoke cigarettes every day or some days, which ranked West Virginia the highest nationally.
- The prevalence of current smoking was highest among those aged 25-34, those with less than a high school education, and those with an annual household income of less than \$15,000.
- Approximately 52.1% of current smokers had tried to quit smoking in the past year, which was the 4<sup>th</sup> lowest in the nation.
- West Virginia ranked the 3<sup>rd</sup> highest in the nation in the prevalence of smokeless tobacco use (8.3%) among adults.
- The prevalence of smokeless tobacco use was highest in Boone, Lincoln, and Wyoming counties.

### Marijuana Use

- Less than one-tenth of adults (6.9%) have used marijuana in the past 30 days.
- The prevalence of marijuana use was significantly higher among men, those aged 25-34, those with less than a high school education, and those with a household annual income less than \$25,000 a year.

### **Alcohol Consumption**

- The West Virginia heavy drinking prevalence was 4.2%, which was the 3<sup>rd</sup> lowest in the nation.
- The prevalence of binge drinking among West Virginia adults was 12.1%, the 2<sup>nd</sup> lowest in the nation.
- Binge drinking was highest among men, those aged 25-34, college graduates, and those with a household income of \$75,000 or more per year.
- The prevalence of binge drinking was significantly higher in Brooke, Jefferson, and Monongalia counties than the rest of the state.

### Seat Belt Use

- Approximately 4.0% of West Virginia adults seldom or never wear a seat belt when they drive or ride in a car.
- Men had a significantly higher prevalence of seldom or never wear a seat belt when they drive or ride in a car than women.
- The prevalence of seldom or never wear a seatbelt was highest among those aged 25-34, those with less than a high school or high school education, and those with an annual household income of less than \$15,000.

### Falls

- More than one-fourth (31.4%) of West Virginia adults over age 45 reported falling at least once in the past year.
- The prevalence of falling at least once in the past year was highest among those aged 55-64, those with less than a high school education, and those earning less than \$15,000 per year.
- Among those who fell in the past year, the prevalence of having an injury from that fall was 43.6%.

### Sleep

• More than one-third (41.4%) of West Virginia adults get an inadequate amount of sleep.

### Sunburn

- More than one-third of West Virginia adults (38.1%) had at least one sunburn in the past year.
- The prevalence of sunburn was highest among men, those aged 18-24, college graduates, and those with an annual household income of \$50,000 or more.

### EXECUTIVE SUMMARY

### **Tooth Loss**

- More than half of West Virginia adults (58.1%) had one or more teeth removed because of gum disease, the 2<sup>nd</sup> highest in the nation.
- Approximately 28.6% of West Virginia adults have six or more missing teeth, which was the highest in the nation.
- The prevalence of six or more missing teeth was highest among those aged 65 and older, those with less than a high school education, and those with an annual household income of \$15,000 or less.
- About 26.3% of West Virginia adults aged 65 and older have all their teeth missing, which was the highest in the nation.
- The prevalence of all teeth missing among those aged 65 and older was highest among those with less than a high school education and among those with an annual income of \$15,000 or less.

### **HIV Risk**

- Few West Virginia adults are at high risk for developing HIV (5.2%), the 10<sup>th</sup> lowest in the nation.
- The prevalence of high risk for HIV was highest among men, those aged 18-24, and those with some post high school education.

### **Dental Visit**

- More than half of West Virginia adults had a dental visit in the past year (55.3%), which was the 2<sup>nd</sup> lowest in the nation.
- The prevalence of a dental visit in the past year was highest among women, those aged 18-24, college graduates, and those earning \$75,000 or more per year.

### **Diabetes Testing**

- Among West Virginia adults who do not have diabetes, 62.8% have had a diabetes test in the past 3 years.
- The prevalence of had a diabetes test in the past 3 years was highest among those aged 65 and older, college graduates, and those with an annual income of \$35,000-\$49,999.

### **HIV Testing**

- More than one-third of West Virginia adults (30.5%) have been tested for HIV.
- The prevalence of HIV testing was highest among those aged 35-44, those with some post high school education, and those earning less than \$15,000 per year.

### Immunization

- About 42.6% of all adults and 63.4% of seniors had a flu vaccination in the past 12 months.
- The prevalence of ever had a pneumonia vaccination was 38.9% among all adults and 73.0% among those aged 65 and older.

### **Cancer Screening**

- The prevalence of West Virginian adults who have received screening for lung cancer was 4.0%.
- The prevalence of had a mammogram in the past 2 years among women aged 50-74 was 75.0%, similar to the U.S. prevalence.
- The prevalence of had a Pap test in the past 3 years among women aged 21-65 was 80.2%, similar to the U.S. prevalence.
- Among West Virginia men aged 40 and older, 48.3% discussed the advantages of the prostate specific antigen (PSA) test with a doctor, 28.3% discussed the disadvantages of the PSA test with a doctor, 48.0% had a doctor who recommended having the PSA test, and 38.4% had a PSA test in the past 2 years.
- Among adults aged 50-75, 9.7% had a Fecal Occult Blood Test (FOBT) test in the past year and 15.4% had a FOBT test in the past 3 years.
- Among adults aged 50-75, 63.2% had a colonoscopy in the past 10 years, similar to the U.S. prevalence.
- More than two-thirds of West Virginia adults aged 50-75 had at least one of the recommended colorectal cancer screenings (68.1%), which was similar to the U.S. prevalence.

### Cardiovascular Disease

- West Virginia ranked the highest in the nation in the prevalence of heart attack (8.6%) and coronary heart disease (8.3%).
- West Virginia ranked the 4<sup>th</sup> highest in the nation in the prevalence of stroke (4.4%).
- The overall cardiovascular disease prevalence was the highest in the nation at 15.5%.
- The prevalence of cardiovascular disease was highest among men, those aged 65 and older, those with less than a high school education, and those with an annual household income less than \$15,000.
- The prevalence of cardiovascular disease was significantly higher in Logan, McDowell, Mingo, and Wyoming counties than the state as a whole.

### Diabetes

- More than 1 in 10 (16.2%) West Virginia adults had diabetes, which ranked West Virginia the highest nationally.
- The prevalence of diabetes was highest among those aged 65 and older, those with less than a high school education, and those with an annual household income of less than \$15,000.
- The prevalence of diabetes was significantly higher in Logan and Wayne counties than the state as a whole.
- Approximately 11.8% of West Virginia adults had borderline or pre-diabetes.
- The prevalence of borderline or pre-diabetes was highest among those aged 65 and older and those with less than a high school education.

### Cancer

- Approximately 7.7% of West Virginia adults ever had skin cancer and 8.0% ever had some other type of cancer.
- About 1 in 7 West Virginia adults had been diagnosed with cancer (14.1%), which ranked West Virginia the 6<sup>th</sup> highest for overall cancer prevalence.
- Cancer prevalence was highest among adults aged 65 or older, those with less than a high school education, and those with an annual household income of less than \$15,000.

### **Respiratory Diseases**

- Approximately 16.3% of West Virginia adults have ever been diagnosed with asthma and 12.3% of West Virginia adults currently had asthma.
- Women had significantly higher prevalence of both lifetime and current asthma than men.
- The prevalence of both lifetime asthma and current asthma was highest among those with less than a high school education and those with an annual household income of less than \$15,000.
- The prevalence of current asthma was significantly higher in Mercer and Mingo counties than the rest of the state.
- The prevalence of chronic obstructive pulmonary disease or COPD among West Virginia adults was 15.3%, which was the highest in the nation.
- The prevalence of COPD was highest among adults aged 65 or older, those with less than a high school education, and those with an annual household income of less than \$15,000.
- The prevalence of COPD was significantly higher in Fayette, Logan, Mason, McDowell, and Mingo counties than the rest of the state.

### Arthritis

- More than 1 in 3 West Virginia adults had arthritis (40.1%), which ranked West Virginia the highest in the nation.
- Arthritis prevalence was highest among those aged 65 and older, those with less than a high school education, and those with an annual household income of less than \$15,000.
- The prevalence of arthritis was highest in Barbour, Braxton, Fayette, Logan, Mason, McDowell, Raleigh and Wyoming counties.

### **Kidney Disease**

- The prevalence of kidney disease in West Virginia was 4.6% and was the highest in the nation.
- Kidney disease prevalence was highest among seniors, those with less than high school education, and those earning an annual household income less than \$15,000.

### Depression

- About 26.6% of West Virginia adults had depression, which ranked the state the highest in the nation.
- The prevalence of depression was significantly higher among women than men.
- The prevalence of depression was highest among those aged 45-54, those with less than a high school education, and those with an annual household income less than \$15,000.
- The prevalence of depression was significantly higher in Fayette, Logan, and Wyoming counties than the rest of the state.

### Comorbidities

- Approximately 1 in 5 West Virginia adults (19.2%) were both obese and had arthritis.
- About 1 in 6 West Virginia adults (16.1%) had arthritis and did not exercise.
- About 1 in 8 West Virginia adults (13.0%) were obese and did not exercise.
- About 1 in 10 West Virginia adults (9.9%) were obese and had diabetes.
- Approximately 1 in 20 West Virginia adults (5.9%) had both cardiovascular disease and diabetes.
- About 1 in 10 West Virginia adults (10.0%) were current smokers who and have depression.

### ESTIMATED NUMBER OF PERSONS WITH DISEASE OR RISK FACTOR

Table ES.1 below shows selected risk factor or disease prevalence and the corresponding number of West Virginians who are estimated to have the risk factor or disease.

Table ES.1 Percentage and Number of Persons Estimated with Disease or Risk Factor (Among Adults Aged 18 and Older or Appropriate Subset): WVBRFSS 2018

Risk Factor/Chronic Disease/Health- Related Factor	Prevalence Estimate (%)	Estimated Number of Adults	Risk Factor/Chronic Disease/Health- Related Factor	Prevalence Estimate (%)	Estimated Number of Adults
General Health Is Fair or Poor	26.3	377,402	Fall in Past Year	31.4	257,005
Poor Physical Health	19.2	271,085	Injury from a Fall in Past Year	43.6	110,870
Poor Mental Health	18.9	269,126	Inadequate Sleep	41.4	587,186
Cognitive Difficulty	17.9	251,808	Sunburn in Past Year	38.1	464,451
Difficulty Walking	23.3	328,962	Dental Visit	55.3	784,637
Difficulty Dressing or Bathing	6.5	91,673	Diabetes Test	62.8	700,930
Difficulty Doing Errands Alone	12.4	174,278	HIV Test	30.5	402,130
Vision Impairment	9.0	128,148	Flu Vaccine	42.6	594,579
Hearing Impairment	14.8	209,695	Pneumonia Vaccination (ages 65 and older)	73.0	253,905
No Health Care Coverage (Ages 18-64)	10.1	107,427	(ages 65 and older) Mammogram	71.1	338,127
No Personal Doctor or	18.6	266,237	Pap Test	93.0	663,716
Health Care Provider Unable to Afford	14.9		Fecal Occult Blood Test (FOBT)	9.7	57,747
Needed Medical Care	14.9	213,931	Colonoscopy	63.2	376,772
No Routine Medical Checkup in Past Year	18.8	268,077			403,287
Overweight (BMI 25.0-29.9)	32.5	439,019	Recommendation	68.1	
Obesity (BMI 30.0+)	39.5	534,344	Heart Attack	8.6	123,765
Overweight or Obese (BMI 25.0+)	72.0	973,363	Coronary Heart Disease	8.3	118,875
No Leisure-Time			Stroke	4.8	69,492
Physical Activity	28.2	405,282	Cardiovascular Disease	15.5	221,701
Current Cigarette Smoking	25.2	354,990	Diabetes	16.2	232,336
Smoking Cessation	52.1	184,409	Borderline or Pre- Diabetes	11.8	134,995
Smokeless Tobacco	8.3	116,689	Cancer	14.1	202,323
Use Marijuana Uso			Current Asthma	12.3	175,368
Marijuana Use Heavy Drinking	6.9 4.2	91,354 58,496	Chronic Obstructive Pulmonary Disease	15.3	219,706
		,	Arthritis	40.1	574,680
Binge Drinking Seldom or Never	12.1	167,897	Kidney Disease	4.6	66,058
Wear a Seatbelt	4.0	56,195	Depression	26.6	380,521



#### **Risk Factor**

A risk factor is a health-related behavior or practice that has been shown to increase the probability of developing a condition or disease. This report presents West Virginia prevalence estimates for selected risk factors.

#### Prevalence

Prevalence is the percentage of the population having a particular condition or characteristic or practicing a certain health-related behavior. This report presents the results of the Behavioral Risk Factor Surveillance System (BRFSS) in West Virginia as a series of prevalence estimates for selected risk factors, chronic diseases, ad health practices. Prevalence can also be calculated as a rate or frequency.

#### **Confidence Intervals**

Confidence intervals (CIs) reflect sampling error. They are presented as upper and lower boundary values surrounding the prevalence estimate; the true value of the estimate can be expected to fall within this range with a confidence of 95%.

#### Significant

Significant is the term used to describe two prevalence estimates that have been statistically tested and compared and found to be statistically different from one another. In this report, a difference is said to be significant when the 95% confidence intervals (CIs) associated with each of the prevalence estimates do not overlap. In other words, it can be stated with 95% certainty that the difference found between the two prevalence estimates is not a random occurrence. Identifying differences as significant can detect changes in prevalence over time and direct attention to characteristics associated with a particular health condition or risk behavior. In this report, adjectives such as slight, minor, and little may be used to describe less reliable differences, those for which the confidence intervals do overlap. See Methodology on page 3 for additional discussion.

### TABLE OF CONTENTS

Executive Summary	iii
TABLE OF CONTENTS	x
Introduction	1
Methodology	3
SECTION 1 : HEALTH INDICATORS	
CHAPTER 1 : Health Status	
General Health	10
Physical Health	13
Mental Health	16
Poor Health Limitations	19
CHAPTER 2 : Impairment	
Cognitive Difficulty	26
Difficulty Walking	29
Difficulty Dressing or Bathing	32
Difficulty Doing Errands Alone	35
Vision Impairment	38
Hearing Impairment	41
CHAPTER 3 : Health Care Access	
No Health Care Coverage	44
Primary Health Care Coverage	47
No Personal Doctor or Health Care Provider	55
Could Not Afford Needed Medical Care	58
No Routine Checkup In Past Year	61
SECTION 2 : RISK BEHAVIORS	
CHAPTER 4 : Weight Status	
Overweight	65
Obesity	68
Overweight or Obese	71
CHAPTER 5 : Physical Activity	
No Leisure-Time Physical Activity or Exercise	74
CHAPTER 6 : Tobacco Use	
Current Cigarette Smoking	77
Smoking Cessation	80

۰.

### TABLE OF CONTENTS

Smokeless Tobacco Use	83
CHAPTER 7 : Marijuana Use	
Marijuana Use	. 86
CHAPTER 8 : Alcohol Consumption	
Heavy Drinking	. 88
Binge Drinking	
CHAPTER 9 : Injury	
Seldom or Never Wear Seatbelt	. 94
Falls in Past Year	. 97
Fall Injury	
CHAPTER 10 : Sleep	
Inadequate Sleep	103
CHAPTER 11 : Sunburn	
Sunburn in Past Year	106
CHAPTER 12 : Tooth Loss	
One or More Missing Teeth	108
Six or More Missing Teeth	111
All Teeth Missing, Aged 65 and Older	114
CHAPTER 13 : HIV Risk	
High Risk for HIV	117
SECTION 3 : PREVENTIVE PRACTICES	
CHAPTER 14 : Oral Health	
Dental Visit	121
CHAPTER 15 : Diabetes Testing	
Diabetes Testing	124
CHAPTER 16 : HIV Testing	
HIV Test	127
CHAPTER 17 : Immunization	
Flu Vaccine	130
Flu Vaccine, Ages 65 and Older	133
Pneumonia Vaccine	136
Pneumonia Vaccine, Ages 65 and Older	139

### TABLE OF CONTENTS

CHAPTER 18 : Cancer Screening	
Lung Cancer Screening 14	2
Breast Cancer Screening	14
Cervical Cancer Screening	19
Prostate Cancer Screening 15	54
Colorectal Cancer Screening 15	8
SECTION 4 : CHRONIC DISEASE	
CHAPTER 19 : Cardiovascular Disease	
Heart Attack	'1
Angina or Coronary Heart Disease	<i>י</i> 4
Stroke	77
Cardiovascular Disease	<i>י</i> 9
CHAPTER 20 : Diabetes	
Diabetes	33
Pre-Diabetes or Borderline Diabetes	36
CHAPTER 21 : Cancer	
Skin Cancer	39
Other Cancer	<i>}2</i>
Overall Cancer	<i></i> 95
CHAPTER 22 : Respiratory Disease	
Lifetime Asthma	<i>9</i> 8
Current Asthma	)1
Chronic Obstructive Pulmonary Disease	)4
CHAPTER 23 : Arthritis	
Arthritis	)7
CHAPTER 24 : Kidney Disease	
Kidney Disease	0
CHAPTER 25 : Depression	
Ever Diagnosed with Depression	.3
CHAPTER 26 : Comorbidities	
21 Comorbid Health Conditions and Risk Factors	6
Appendix A 21	8
Appendix B	9

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### Introduction

Personal health practices have been shown to be important determinants of overall health. Unhealthy behaviors such as smoking, overeating, or lack of exercise can lead to the chronic diseases that cause more than 50% of all deaths in the United States. Other practices, such as getting vaccinated or preventive screenings, have a positive effect by preventing disease and unintentional injury. It is clear that the adoption of healthier lifestyles can reduce the suffering, disability, and economic burden imposed by illness and extend life expectancy in West Virginia and the nation.

The Behavioral Risk Factor Surveillance System (BRFSS) was established by the U.S. Centers for Disease Control and Prevention (CDC) in order to permit states to determine the prevalence of certain health risk factors and health conditions among their adult population. West Virginia, through the West Virginia Department of Health and Human Resources (DHHR), Bureau for Public Health (BPH), Health Statistics Center (HSC) became one of the 15 initial participants in 1984. Since then, the system has expanded to include all 50 states, the District of Columbia, Guam, the Virgin Islands, and Puerto Rico.

The technique of interviewing a random sample of state residents by telephone offers quality control advantages and is a faster, more cost-effective way of obtaining this information than in-person interviews. Over time, trends that occur in risk factors can be monitored. Participation in the BRFSS has the additional benefit of permitting states to compare their data to each other and to the nation with estimates derived using the same methodologies. The data can be used by public health professionals and researchers to identify high-risk groups, establish health policy and priorities, and monitor the impact of health promotion efforts.

Twenty-nine reports have been published by the HSC presenting survey results of the State's participation in the BRFSS since 1984. This report focuses on the 2018 risk factor prevalence estimates and compares them to the years 1984 through 2017. Table I.1 on the following page shows topics that have been included in the last 10 years of surveillance, many of which are examined in the present report.

#### WHAT'S NEW FOR 2018

In 2018, West Virginia opted to ask several Optional Modules including: Pre-Diabetes, Marijuana Use, Excess Sun Exposure, and Lung Cancer Screening. State-added questions for 2018 included type of insurance. Additionally, this report includes trend analysis for each indicator as well as analysis of 5 year combined county prevalence estimates.

### Table I.1 Topics Administered in the Survey: WVBRFSS, 2008-2018

Торіс	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Adverse Childhood Events							х				x
AIDS/HIV	Х	х	х	х	х	х	х	х	х	х	х
Alcohol Consumption	Х	х	х	х	х	х	х	х	х	х	х
Arthritis		х	х	х	х	х	х	х	х	х	х
Asthma	Х	х	х	х	х	х	х	х	х	х	х
Cancer		х	х	х	х	х	х	х	х	х	х
Cancer Screenings	Х		х		х		х		х		х
Cardiovascular Disease	Х	х	х	х	х	х	х	х	х	х	х
Cholesterol		х		х		х		х		х	
Diabetes	х	х	х	х	х	х	х	х	х	х	х
Disability	Х	х	х	х	х	х	х	х			
Emotional Support/ Life Satisfaction	х	х	х								
Falls	Х		Х		Х		Х		Х		х
Fruits & Vegetables		Х		Х		Х		Х		Х	
Health Insurance	Х	х	х	х	х	х	х	х	х	х	х
Health Status	Х	Х	Х	х	Х	х	Х	Х	Х	х	х
HPV Vaccine	Х		Х		Х			Х	Х		
Hypertension		Х		х		х		Х		х	
Immunization	Х	Х	Х	х	х	х	Х	Х	Х	х	х
Leisure-Time Physical Activity	х	х	х	х	х	х	х	х	х	х	х
Obesity	Х	Х	х	х	Х	х	х	Х	х	х	х
Oral Health	Х		х		х		х		х		х
Osteoporosis	Х				х						
Routine Checkup	Х	Х	х	х	х	х	х	Х	х	х	х
Seatbelt Use	Х		х	х	х	х	х	х	х	х	х
Sexual Violence	Х										
Sleep		х	х			х	х		х		х
Sunburn									х	х	х
Tobacco Use	Х		х	х	х	х	х	х	х	х	х
Weight Control		х		х	1	1	1			1	

### Methodology

The survey is conducted by the method known as Computer Assisted Telephone Interviewing (CATI) and represents a collaborative effort between HSC and the CDC. HSC provides telephones, computer-assisted telephone interviewing software, office space, interviewers, and supervision of the data collection. Approximately 50% of the cost is supported through financial assistance from the CDC. A standardized set of core questions and optional modules, survey protocols, data processing services, and analytic consultation are also provided by the CDC.

A prepared introductory statement and the core questions were developed and tested in the field by the CDC. The interviews take approximately 15-20 minutes. In addition to behavioral risk factors and certain health conditions, the survey covers standard demographic characteristics and selected preventive health practices. A very limited number of questions of topical interest may be added by individual states to the survey.

Phone calls and interviews are conducted by HSC for approximately a two-week to three-week period each month. The monthly interview schedule reduces the possibility of bias because of seasonal variations in certain lifestyles. To assure maximum response rates, calls are made weekdays from noon to 9:00 p.m., Saturdays from 10:00 a.m. to 7:00 p.m., and Sundays from 2:00 p.m. to 6:00 p.m.

### SAMPLE SELECTION

The sample was selected by random digit dialing (RDD). Telephone directories are not relied upon since they do not include unlisted or new numbers. From 1984 through 1998, sampling was conducted in a multistage cluster design based on the Mitofsky-Waksberg Sampling Method for Random Digit Dialing. Since 1999, the sampling method known as Disproportionate Stratified Sampling (DSS) has been used. Both methods eliminate many unassigned and business phone numbers from the selection process.

According to 2017 state-level estimates from the National Health Interview Survey, 96.9% of West Virginia households have telephones, with 44.1% of households having landline telephones. In addition, a growing number of adults (82.3%) live in wireless-only households. In order to better represent the latter residents, the 2018 West Virginia dataset includes data from interviews conducted by cell phone. The addition of cell phone only households improves coverage of certain population groups including the young and those with lower socioeconomic status. CDC provides banks of telephone numbers (landline and cell phone) that are presumed to contain household numbers. Calls were made until each number resulted in a completed interview, a refusal, or a disgualification. A number was disgualified if it was nonresidential or nonworking, if there was no eligible respondent available during the survey, or if the selected respondent was unable to communicate. Additionally, a landline number was disgualified if it had been called at least 15 times without success (encompassing a minimum of three attempts each during afternoons, evenings, and weekends). Within each household, the actual respondent was chosen randomly to avoid possible biases related to the time of day and household telephone answering preferences. Since the number of adult residents and the number of telephone lines may differ from household to household, resulting in different probabilities of being selected, data were weighted to compensate for this bias.

### DEMOGRAPHIC CHARACTERISTICS OF THE WVBRFSS SAMPLE

The demographic characteristics of the samples in 2018, both unweighted and weighted to the West Virginia population, are presented in Table M.1. Data were weighted according to the process described later in this chapter in order to more accurately estimate the actual prevalence of behavioral risk factors in the adult population of West Virginia.

Demographic Characteristic	Number of Interviews	Percent of Unweighted Sample	Percent of Weighted Sample
Total	4,896	100.0	100.0
<u>Sex</u> Male Female	2,130 2,766	43.5 56.5	49.1 50.9
<u>Race/Ethnicity</u> White, Non-Hispanic Black, Non-Hispanic Other, Non-Hispanic Multiracial, Non-Hispanic Hispanic	4,536 110 68 84 48	93.6 2.3 1.4 1.4 0.99	93.0 3.3 1.3 1.2 1.3
<u>Age</u> 18-24 25-34 35-44 45-54 55-64 65+	219 396 560 751 1,087 1,832	4.52 8.2 11.6 15.5 22.4 37.8	11.5 14.7 15.1 15.5 17.9 25.2
Education < High School (HS) HS or GED Some College College Degree	475 1,725 1,272 1,417	9.72 35.3 26.0 29.0	14.0 40.1 27.3 18.5
Household Income <\$15,000 \$15,000-\$24,999 \$25,000-\$34,999 \$35,000-\$49,999 \$50,000-\$74,999 \$75,000+	527 822 650 668 574 965	12.5 19.5 15.5 15.9 13.7 22.9	12.3 21.4 16.1 14.9 13.9 21.4
Marital Status Married Divorced Widowed Separated Never Married Unmarried Couple	2,479 854 730 87 589 138	50.8 17.5 15.0 1.8 12.1 2.8	52.2 12.8 9.2 1.7 19.1 5.0
Employment Status Employed for wages Self-Employed Unemployed (>1 year) Unemployed (<1 year) Homemaker Student Retired Unable to Work	1,778 275 82 72 277 98 1,609 672	36.6 5.7 1.7 1.5 5.7 2.0 33.1 13.8	42.0 5.6 2.3 2.4 7.3 4.2 22.6 13.6

#### LIMITATIONS

The target population consists of civilian, non-institutionalized persons 18 years of age and older who reside in households with telephones, including those with landlines and/or cell phones. Some questions in the questionnaire also pertain to children who live in such households. State residents who do not fit the target population are not represented in prevalence estimates.

Self-reported behavior obtained by telephone must be interpreted with caution. The validity of survey results depends on the accuracy of the responses given by the persons interviewed. This may be affected by the ability to recall past behavior. For example, individuals may not accurately recall fruit and vegetable intake or exercise levels. In addition, respondents may have a tendency to understate behaviors known to be unhealthy, socially unacceptable, or illegal. For example, a person may not accurately report their weight. These biases may vary depending on the specific risk factor.

Other sources of bias may result from greater difficulty in contacting some persons, from higher refusal rates, or from lower telephone coverage (including either landlines or cell phones). Given the possibility that persons not interviewed for these reasons may behave differently from the general population, estimates for the population based on the survey sample may be biased. Weighting of the data is conducted in order to correct for overrepresentation or underrepresentation of these groups.

Finally, breaking down the data into smaller categories decreases the sample size of the individual strata, thereby decreasing the power to determine statistically significant differences. Prevalence rates based on denominators of fewer than 50 responses are considered statistically unreliable.

#### ESTIMATES, CONFIDENCE INTERVALS, SIGNIFICANCE, AND RELIABILITY

The prevalence rates presented in this report are derived from surveying a sample of adults rather than all adults in the population; therefore, the rates are estimates of the true values. For this reason, estimates are presented together with their associated confidence intervals (CIs). A CI is a range of values around an estimate, which reflects sampling error and represents the uncertainty of the estimate. This report presents 95% CI. Therefore, one can be 95% confident that the CI contains the true value that is being estimated.

Significant is the term used in this report to describe when two or more prevalence estimates have been compared and found to be significantly different from each other. Statistically significant differences between estimates are traditionally determined using statistical tests such as a t-test or chi-square test. However, this report uses the following, more conservative method for determining significance. Two prevalence estimates are said to be "significantly" different when the 95% CI associated with each of the estimates do not overlap.

Reliability refers to the precision of an estimate. If an estimate is termed reliable, there is confidence that the same, or a very similar, estimate would be obtained if the survey were to be repeated within the same time period. Estimates that are determined to be unreliable may not reflect the true prevalence and should be reported and interpreted with caution. Throughout this report, unreliable estimates are noted with this message: "Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7."



Based on CDC recommendations, estimates in this report were termed unreliable if any of the three following conditions were met:

- The estimate is based on responses from fewer than 50 respondents in the subsample or denominator of the prevalence estimate calculation.
- The 95% confidence interval of the estimate has a width or range greater than 20 (e.g., 95% CI = 10.0-30.5).
- The estimate has a relative standard error (RSE) of 30.0% or higher. The RSE is obtained by dividing the standard error of the estimate by the estimate itself.

#### WEIGHTING OF 2018 DATA RESULTS

Beginning in 2011, CDC changed the weighting procedures for the WVBRFSS. Prior to 2011, weights for the BRFSS data were calculated based on the sex and age distribution of the West Virginia population using a method known as post-stratification. For 2011 and future years, BRFSS weights are calculated using a method known as iterative proportional fitting or raking. This weighting method takes into account additional demographic factors allowing for a better fit to West Virginia's socio-demographic profile. The additional factors used in the raking method include age group by sex, detailed race/ethnicity, education, marital status, tenure (rent or own home), gender by race/ethnicity, age group by race/ ethnicity, and telephone sample source (landline or cell phone). Due to the addition of cell phone data and the new weighting methodology, 2011 and later results are not comparable to previous years of data. Although time trend graphs for state prevalence estimates are included in this report, they should be interpreted with caution as no direct comparison can be made between 1984-2010 and 2011-2018 statistics. Any changes between 2011 and previous years' statistics cannot be directly interpreted due to unknown comparability ratios. This is noted in time trend graphs in this report as a break in the line between 2010 and 2011 statistics.

#### **COUNTY-LEVEL DATA**

County prevalence rates were calculated by using five years of aggregated BRFSS data. The data were reweighted to be representative of West Virginia's Census 2010 age and sex population distribution by county. In previous years, some counties were grouped due to small sample sizes, however, beginning in 2011 all counties have an individual prevalence estimate. In this report, county estimates were compared to the total West Virginia estimate for the same time period. This method better identifies disparities between counties. It also clearly identifies counties in need of health promotion interventions. The county maps included in this report classify counties according to the degree of difference from the West Virginia prevalence. County estimates, rankings, and statistical comparison to overall West Virginia estimates B.

#### **PRESENTATION OF RESULTS**

In the sections that follow, the prevalence estimates are presented in a variety of ways, including by state rank, yearly state and national prevalence, and demographic variables. It should be stressed that the risk factor prevalence estimates for the demographic variables (age, sex, education, and income) show the percentages of persons **within the group** – not in the total survey sample – who report the behavior being examined.

This method of presenting risk factor prevalence facilitates identification of at-risk populations for health promotion efforts. Each demographic table in this report shows the weighted frequency or estimated number of West Virginia adults who exhibit a behavior or condition, the weighted prevalence estimate (%), and the 95% CI.

Prevalence estimates were calculated by excluding unknown and/or refused responses from the denominators. Consequently, estimates may be slightly higher than would have been the case had the unknown/refused responses been included. In editions of this report before 2003, many estimates representing the years 1984 through 1996 were calculated by including unknown responses. In the present report, all such rates have been re-calculated to exclude unknown responses. Therefore, discrepancies may exist between the time trends and appendices in this report and those in older editions.

The risk factor sections also include West Virginia's rank among the BRFSS participants. For example, if diabetes-related questions were administered by all 54 BRFSS participants, ranking 1<sup>st</sup> in diabetes would mean having the highest prevalence of diabetes among all the U.S. states and territories while ranking 54<sup>th</sup> would mean having the lowest prevalence. Some questions are not asked of all BRFSS participants. In these cases, the rankings are not presented. In addition, readers should note that differences between states are often less than one percentage point and that statistical significance was not tested when determining rankings. The prevalence estimates and rankings by state were calculated by HSC staff using the U.S. dataset provided by the CDC. State and county prevalence estimates and rankings for many risk factors are presented in Appendices A and B.



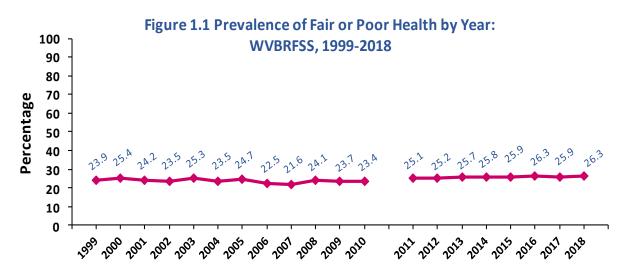
# SECTION 1: Health Indicators

### **General Health**

Definition	Responding "Fair" or "Poor" to the question, "Would you say that in general your health is: Excellent, Very Good, Good, Fair, or Poor?"
Prevalence	WV: 26.3% (95% CI: 24.8-27.8) U.S.: 18.6% (95% CI: 18.3-18.8) West Virginia's prevalence of fair or poor health was significantly higher than the U.S. prevalence. West Virginia ranked the 2 <sup>nd</sup> highest among 54 BRFSS participants.
Gender	Men: 26.4% (95% CI: 24.2-28.7) Women: 26.1% (95% CI: 24.1-28.1) There was no gender difference in the prevalence of fair or poor health.
Age	The prevalence of fair or poor health was significantly higher among adults aged 45 and older than among those aged 44 and younger.
Education	The prevalence of fair or poor health was significantly higher among those with less than a high school education (53.2%) than all other educational attainment levels.
Household Income	The prevalence of fair or poor health was significantly higher among adults with an annual household income of \$15,000 or less (55.3%) than among all other annual household income levels.
Trend	There was no change in the prevalence of fair to poor health from 1999 to 2010. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years. There was a small increase in the prevalence of fair or poor health from 2011 to 2018 among West Virginia adults.
County	The 2014-2018 West Virginia state prevalence of fair or poor health was 26.0%. There were 6 counties with a significantly lower prevalence compared to the state; Berkeley, Kanawha, Monongalia, Ohio, Preston, and Putnam counties. There were 9 counties with a significantly higher prevalence compared to the state; Boone, Fayette, Lincoln, Logan, McDowell, Mercer, Mingo, Summers, and Wyoming counties.

## Table 1.1 Prevalence of Fair or Poor Health by Demographic Characteristics: WVBRFSS, 2018

Men				Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	186,218	26.4	24.2-28.7	191,185	26.1	24.2-28.1	377,402	26.3	24.8-27.8
Age									
18-24	6,557	7.7	1.3-14.1	5,582	7.1	1.8-12.4	12,138	7.4	3.2-11.6
25-34	16,947	15.8	9.8-21.7	11,416	11.1	6.5-15.8	28,363	13.5	9.7-17.3
35-44	19,963	18.4	12.6-24.3	20,575	19.2	14.2-24.2	40,538	18.8	15.0-22.7
45-54	30,978	27.9	22.3-33.6	40,698	36.8	31.3-42.4	71,676	32.4	28.4-36.4
55-64	48,252	38.2	33.3-43.1	45,772	35.5	30.9-40.1	94,024	36.8	33.5-40.2
65+	62,408	38.4	34.2-42.5	65,692	33.6	30.2-36.9	128,100	35.7	33.1-38.4
Education									
Less than H.S.	53,062	55.6	47.2-64.1	53,849	51.1	43.7-58.5	106,911	53.2	47.6-58.8
H.S. or G.E.D.	79,750	26.7	23.3-30.2	78,415	28.3	25.0-31.6	158,165	27.5	25.1-29.9
Some Post-H.S.	38,121	20.7	17.0-24.5	42,511	20.4	17.3-23.6	80,632	20.6	18.1-23.0
College Graduate	14,857	11.8	9.1-14.4	16,024	11.5	9.0-13.9	30,881	11.6	9.8-13.4
Income									
Less than \$15,000	33,238	61.6	52.8-70.3	50,193	51.8	45.3-58.3	83,431	55.3	50.0-60.6
\$15,000 - 24,999	53,675	43.9	37.5-50.4	47,524	33.5	28.5-38.4	101,199	38.3	34.3-42.3
\$25,000 - 34,999	26,915	28.2	22.1-34.3	26,004	25.4	20.0-30.7	52,919	26.7	22.7-30.7
\$35,000 - 49,999	23,431	23.1	17.5-28.8	1,344	16.3	11.4-21.2	36,875	20.1	16.2-23.9
\$50,000 - 74,999	11,056	11.7	7.8-15.6	11,591	15.0	10.4-19.5	22,647	13.2	10.2-16.1
\$75,000+	13,736	9.5	6.5-12.5	9,069	7.6	4.7-10.4	22,805	8.6	6.6-10.7

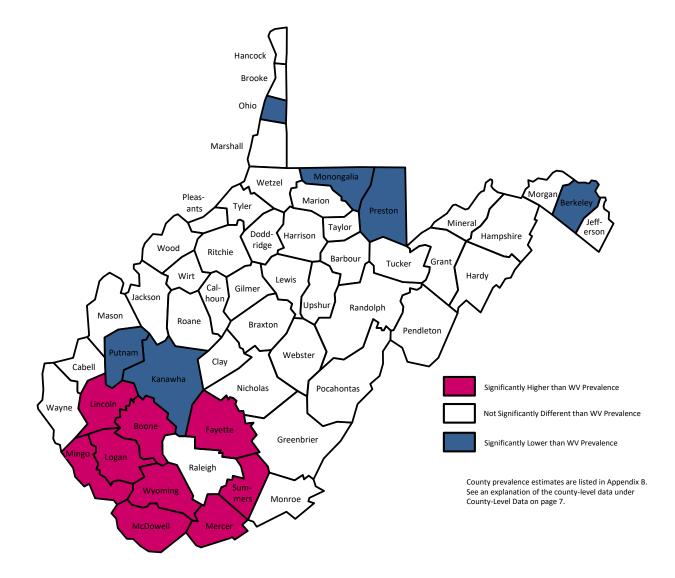


\*Due to changes in sample composition and weighting methodology, 2011-2018 results are not directly comparable to previous years.

### **CHAPTER 1: HEALTH STATUS**

### Figure 1.2 Prevalence of Fair or Poor Health by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 26.0%

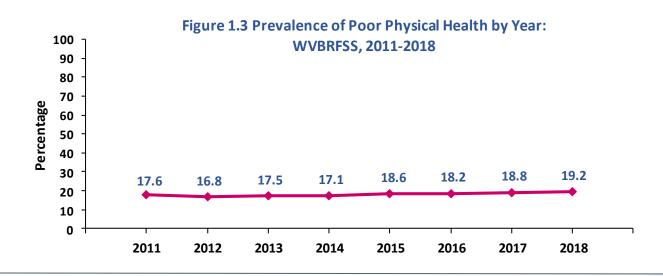


### **Physical Health**

Definition	Responding at least "14 days" or more to the question, "Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?"
Prevalence	WV: 19.2% (95% CI: 17.9-20.5) U.S.: 12.6% (95% CI: 12.4-12.8) West Virginia ranked the highest among 54 BRFSS participants. West Virginia's prevalence of poor physical health was significantly higher than the U.S. prevalence.
Gender	Men: 17.6% (95% CI: 15.7-19.6) Women: 20.7% (95% CI: 18.9-22.6) There was no significant gender difference in the prevalence of poor physical health.
Age	The prevalence of poor physical health was significantly higher among adults aged 45 and older than all other age groups.
Education	The prevalence of poor physical health was significantly higher among adults with less than an high school education (37.6%) than any other educational attainment level. The prevalence of poor physical health was significantly lower among college graduates (8.4%) than all other educational attainment levels.
Household Income	The prevalence of poor physical health was significantly higher among adults with an annual household income of \$15,000 or lower (45.1%) than all other annual household income levels.
Trend	There was no change in the prevalence of poor physical health from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of poor physical health was 18.4%. There were 6 counties with a significantly lower prevalence compared to the state; Hardy, Jefferson, Kanawha, Mineral, Monongalia, and Putnam counties. There were 5 counties with a significantly higher prevalence compared to the state; Boone, McDowell, Mingo, Morgan, and Nicholas counties.

# Table 1.2 Prevalence of Poor Physical Health by Demographic Characteristics:WVBRFSS, 2018

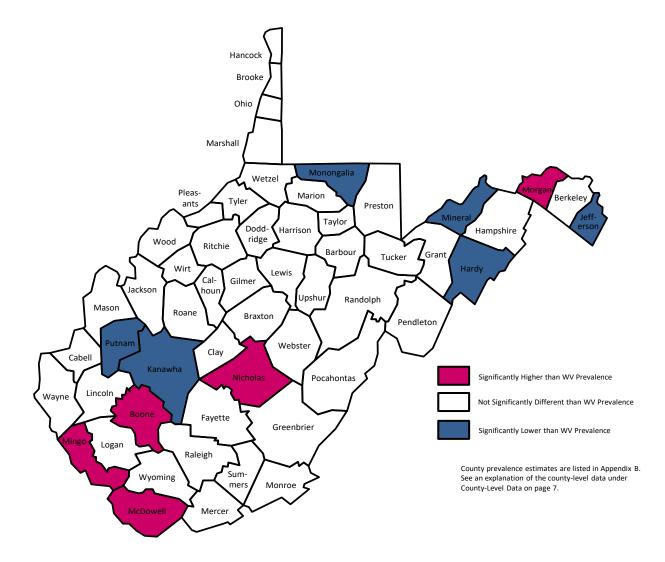
	Men				Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	121,900	17.6	15.7-19.6	149,186	20.7	18.9-22.6	271,085	19.2	17.9-20.5	
Age										
18-24	5,861	7.0	1.6-12.3	5,392	6.9	1.8-12.0	11,253	6.9	3.2-10.7	
25-34	8,421	7.9	3.6-12.2	11,293	11.2	6.5-15.8	19,714	9.5	6.3-12.6	
35-44	10,429	9.7	5.1-14.3	15,289	14.3	9.8-18.8	25,717	12.0	8.8-15.2	
45-54	22,692	20.7	15.6-25.8	32,328	29.5	24.2-34.8	55,021	25.1	21.4-28.8	
55-64	37,651	30.6	25.8-35.3	39,156	30.5	26.0-35.0	76,807	30.5	27.3-33.8	
65+	36,404	23.3	19.7-27.0	45,001	23.9	20.7-27.0	81,406	23.6	21.3-26.0	
Education										
Less than H.S.	33,641	36.2	28.3-44.0	40,272	38.9	31.8-45.9	73,913	37.6	32.3-42.9	
H.S. or G.E.D.	49,067	16.9	14.1-19.7	60,658	22.4	19.3-25.5	109,724	19.6	17.4-21.7	
Some Post-H.S.	29,036	16.0	12.5-19.6	34,906	17.0	14.0-20.0	63,942	16.5	14.2-18.8	
College Graduate	9,729	7.8	5.5-10.0	12,415	8.9	6.8-11.1	22,144	8.4	6.8-9.9	
Income										
Less than \$15,000	26,608	50.9	41.7-60.2	39,440	41.9	35.4-48.4	66,047	45.1	39.8-50.5	
\$15,000 - 24,999	35,766	29.8	24.1-35.6	35,257	25.3	20.8-29.9	71,023	27.4	23.8-31.0	
\$25,000 - 34,999	16,569	17.8	1.4-23.2	19,623	19.2	14.4-24.1	36,193	18.6	14.9-22.2	
\$35,000 - 49,999	12,149	12.1	8.1-16.1	10,723	13.1	8.6-17.6	22,872	12.5	9.5-15.5	
\$50,000 - 74,999	8,515	9.1	5.6-12.6	8,293	10.8	6.6-15.0	16,808	9.9	7.2-12.6	
\$75,000+	8,344	5.8	3.5-8.2	8,916	7.5	4.7-10.2	17,259	6.6	4.8-8.4	



### **CHAPTER 1: HEALTH STATUS**

Figure 1.4 Prevalence of Poor Physical Health by County: WVBRFSS, 2014-2018



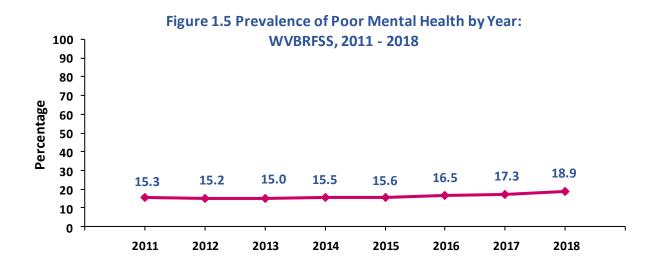


### **Mental Health**

Definition	Responding at least "14 days" or more to the question, "Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"
Prevalence	WV: 18.9% (95% CI: 17.5-20.4) U.S.: 12.7% (95% CI: 12.5-12.9) The WV prevalence of poor mental health was significantly higher than the U.S. prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 16.0% (95% CI: 14.0-18.0) Women: 21.9% (95% CI: 19.7-23.9) The prevalence of poor mental health was significantly higher among women than men.
Age	The prevalence of poor mental health was significantly lower in adults aged 65 and older (11.3%) than all other age groups.
Education	The prevalence of poor mental health was significantly higher among adults with less than an high school education (30.3%) than all other educational attainment levels. The prevalence of poor mental health was significantly lower among college graduates (12.4%) than all other educational attainment levels.
Household Income	The prevalence of poor mental health was significantly higher among adults with an annual household income less than \$25,000 than all other annual household income levels.
Trend	There was no change in the prevalence of poor mental health from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of poor mental health was 17.6%. There were 5 counties with a significantly lower prevalence compared to the state; Doddridge, Grant, Monongalia, Ohio, and Pendleton counties. There were 3 counties with a significantly higher prevalence compared to the state; Nicholas, Raleigh, and Wyoming counties.

# Table 1.3 Prevalence of Poor Mental Health by Demographic Characteristics: WVBRFSS, 2018

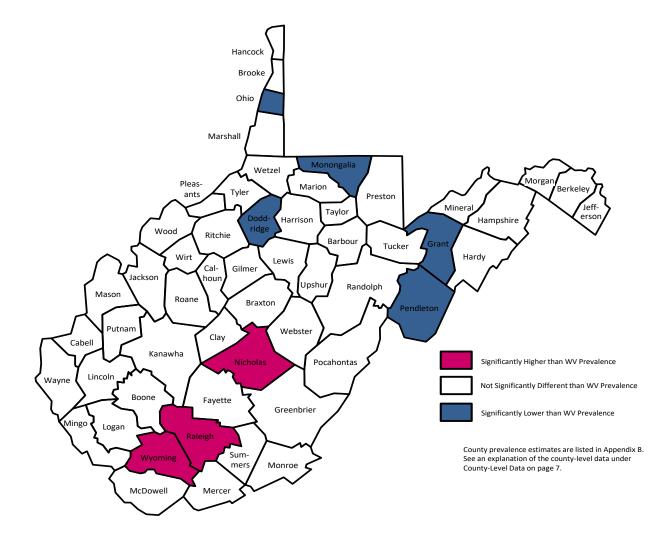
Characteristic	Men			Women			Total		
	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	111,512	16.0	14.0-18.0	157,614	21.8	19.7-23.9	269,126	18.9	17.5-20.4
Age									
18-24	22,176	25.9	16.9-35.0	22,145	28.1	17.8-38.4	44,321	27.0	20.1-33.8
25-34	13,613	12.7	7.9-17.6	29,135	29.0	22.2-35.8	42,748	20.6	16.4-24.9
35-44	18,143	16.8	11.3-22.4	18,899	17.8	13.1-22.4	37,042	17.3	13.7-20.9
45-54	21,116	19.4	14.3-24.4	30,604	27.8	22.8-32.8	51,720	23.6	20.0-27.1
55-64	21,419	17.2	13.2-21.1	31,247	24.6	20.5-28.8	52,666	20.9	18.0-23.8
65+	14,809	9.3	6.9-11.6	24,858	12.9	10.5-15.4	39,667	11.3	9.5-13.0
Education									
Less than H.S.	23,974	26.0	18.6-33.4	35,359	34.1	26.7-41.5	59,334	30.3	30.0-35.6
H.S. or G.E.D.	49,110	16.6	13.4-19.8	59,891	21.9	18.4-25.4	109,002	19.1	16.8-21.5
Some Post-H.S.	27,717	15.1	11.3-18.9	39,022	19.0	15.7-22.3	66,740	17.2	14.7-19.7
College Graduate	10,283	8.2	5.6-10.7	22,406	1.2	13.1-19.3	3,269	12.4	10.3-14.4
Income									
Less than \$15,000	17,761	33.8	24.6-43.0	36,678	38.3	32.0-44.7	54,439	36.7	31.5-41.9
\$15,000 - 24,999	33,331	27.6	21.7-33.6	37,166	26.5	21.6-31.5	70,497	27.0	23.2-30.9
\$25,000 - 34,999	12,740	13.4	8.5-18.4	21,015	20.9	14.2-27.6	33,755	17.3	13.0-21.5
\$35,000 - 49,999	10,913	10.8	6.8-14.8	12,549	15.4	10.5-20.2	23,461	12.8	9.7-15.9
\$50,000 - 74,999	8,781	9.3	4.0-14.6	10,645	13.8	9.2-18.3	19,426	11.3	7.8-14.9
\$75,000+	14,762	10.3	6.9-13.7	15,625	13.1	9.2-16.9	30,387	11.5	9.0-14.1



### **CHAPTER 1: HEALTH STATUS**

Figure 1.6 Prevalence of Poor Mental Health by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 17.6%



### **Poor Health Limitations**

Definition	Responding "14 to 30 days" or "30 days" to the question, "During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?"						
Prevalence	At least 14 days WV: 23.1% (95% CI: 21.3-25.0) U.S.: 16.3% (95% CI: 16.0-16.6) West Virginia ranked the highest among 54 BRFSS participants and was significantly higher than the U.S. prevalence.						
	Every day WV: 13.1% (95% CI: 1.7-14.5) U.S.: 8.0% (95% CI: 7.8-8.2) West Virginia ranked the highest among 54 BRFSS participants and was significantly higher than the U.S. prevalence.						
Gender	At least 14 days Men: 22.7% (95% CI: 19.9-25.5) Women: 23.5% (95% CI: 21.0-25.9) There was no gender difference in the prevalence of poor health limitations for at least 14 days in the past 30 days.						
	Every day Men: 12.7% (95% CI: 10.6-14.8) Women: 13.4% (95% CI: 11.5-15.4) There was no gender difference in the prevalence of poor health limitations every day in the past 30 days.						
Age	At least 14 days The prevalence of poor health limitations at least 14 days in the past 30 days was significantly higher among adults aged 45 and older than among those aged 44 and younger.						
	<i>Every day</i> The prevalence of poor health limitations every day in the past 30 days was significantly higher among adults aged 45 and older than other age groups.						
Education	At least 14 days The prevalence of poor health limitations at least 14 days in the past 30 days was significantly higher among adults with less than a high school education (40.9%) than all other educational attainment levels.						

### **Poor Health Limitations**

# Education (cont.)Every dayThe prevalence of poor health limitations every day in the past 30 days was<br/>significantly higher among adults with less than a high school education<br/>(27.0%) than all other educational attainment levels.

Household Income At least 14 days The prevalence of poor health limitations at least 14 days in the past 30 days was significantly higher among adults with an annual household income of less than \$25,000 than among those with an annual household income of \$25,000 or more.

### Every day

The prevalence of poor health limitations every day in the past 30 days was significantly higher among those with an annual household income less than \$25,000 than among those with an annual household income of \$25,000 or more.

Trend

County

### At least 14 days

There was no change the prevalence of poor health limitations at least 14 days in the past 30 days from 2011 to 2018.

### Every day

There was no change in prevalence of poor health limitations every day in the past 30 days from 2011 to 2018.

#### At least 14 days

The 2014-2018 West Virginia state prevalence for at least 14 days in the past 30 days of poor health limitations was 23.6%. There were 6 counties with a prevalence significantly lower than the state; Hardy, Jackson, Jefferson, Mineral, Monongalia, and Taylor counties. There were 8 counties that were significantly higher than the state; Boone, Fayette, Lincoln, Logan, Mercer, Mingo, McDowell, and Wyoming counties.

### Every day

The 2014-2018 West Virginia state prevalence for everyday in the past 30 days poor health limitations was 13.5%. There were 5 counties with a prevalence significantly lower prevalence compared to the state; Doddridge, Gilmer, Monongalia, Morgan, and Tucker counties. There were 3 counties with a significantly higher prevalence compared to the state; Fayette, Logan, and Mingo counties.

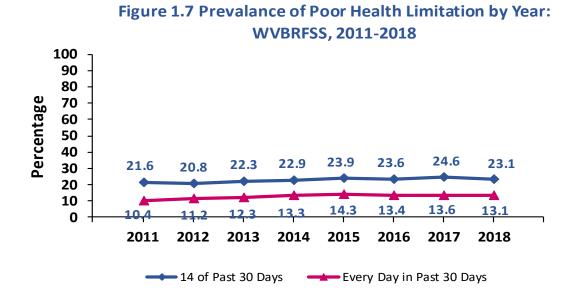
Table 1.4 Prevalence of Poor Health Limitations at Least 14 Days in the Past 30 Days by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	88,131	22.7	19.9-25.5	107,368	23.5	21.0-25.9	195,498	23.1	21.3-25.0
Age									
18-24	7,068	13.5	4.0-23.0	3,809	7.5	1.2-13.7	10,878	10.5	4.7-16.3
25-34	4,852	8.1	3.1-13.1	9,163	13.3	7.3-19.4	14,016	10.9	6.9-14.9
35-44	6,110	9.4	4.7-14.1	12,871	19.6	13.5-25.8	18,982	14.5	10.6-18.5
45-54	17,768	30.2	22.4-37.9	22,714	30.0	23.8-36.1	40,482	30.1	25.2-35.0
55-64	29,274	39.3	32.9-45.8	26,370	29.8	24.2-35.3	55,645	34.1	29.9-38.4
65+	22,822	30.0	24.4-35.5	31,712	30.1	25.7-34.6	54,534	30.0	26.6-33.6
Education									
Less than H.S.	25,195	40.5	30.8-50.3	30,597	41.2	32.7-49.7	55,792	40.9	34.5-47.3
H.S. or G.E.D.	37,391	22.3	18.1-26.6	39,994	23.1	19.2-26.6	77,384	22.8	19.9-25.6
Some Post-H.S.	17,978	17.9	13.4-22.5	24,112	19.2	15.2-23.3	42,090	18.7	15.6-21.7
College Graduate	7,567	13.1	8.9-17.2	11,639	13.9	10.4-17.4	19,207	13.6	10.9-16.2
Income									
Less than \$15,000	21,515	52.6	42.2-63.0	29,000	38.9	31.9-46.0	50,515	43.8	37.9-49.7
\$15,000 - 24,999	27,120	31.1	24.3-37.9	28,185	29.6	23.8-35.4	55,305	30.3	25.8-34.8
\$25,000 - 34,999	8,019	15.5	9.7-21.3	12,969	19.8	13.3-26.3	20,988	17.9	13.4-22.4
\$35,000 - 49,999	9,821	18.0	11.4-24.7	6,529	13.8	7.9-19.7	16,350	16.0	11.6-20.5
\$50,000 - 74,999	6,975	14.9	6.8-23.0	5,204	11.0	5.8-16.2	12,178	12.9	8.1-17.8
\$75,000+	5,498	8.8	4.6-12.9	6,758	10.8	5.7-15.8	12,256	9.8	6.5-13.0

## Table 1.5 Prevalence of Poor Health Limitations Every Day in the Past 30 Days by Demographic Characteristics: WVBRFSS, 2018

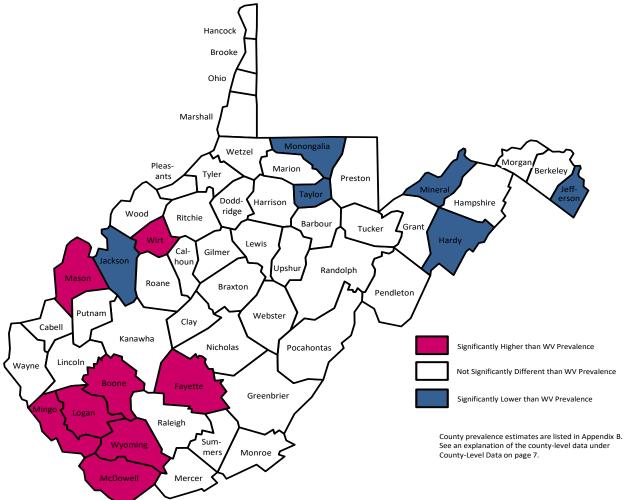
	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	49,235	12.7	10.6-14.8	61,570	13.4	11.5-15.4	110,805	13.1	1.7-14.5
Age									
18-24	1,129	2.2	0.0-6.3	1,555	3.0	0.0-7.3	2,684	2.6	0.0-5.6
25-34	2,577	4.3	0.4-8.2	4,879	7.1	2.6-11.6	7,456	5.8*	2.8-8.8
35-44	3,058	4.7*	1.2-8.2	5,670	8.7	4.1-13.2	8,728	6.7	3.8-9.6
45-54	11,379	19.4	12.4-26.3	12,045	15.9	108-21.0	23,424	17.4	13.2-21.6
55-64	17,695	23.8	18.0-29.6	14,012	15.8	11.2-20.4	31,707	19.5	15.8-23.1
65+	13,397	17.6	13.1-22.1	22,683	21.6	17.4-25.7	36,080	19.9	16.8-22.9
Education									
Less than H.S.	16,778	27.0	18.5-35.5	19,999	26.9	19.6-34.2	36777	27.0	21.4-32.5
H.S. or G.E.D.	20,457	12.2	9.1-15.3	21,641	12.5	9.6-15.5	42,098	12.4	10.2-14.5
Some Post-H.S.	8,837	8.8	5.8-11.8	13,142	10.5	7.3-13.7	21,980	9.7	7.5-12.0
College Graduate	3,163	5.5	3.0-7.9	5,763	6.9	4.3-9.4	8,925	6.3	4.5-8.1
Income									
Less than \$15,000	14,127	34.6	24.9-44.2	15,257	20.5	15.0-26.0	29,384	25.5	20.5-30.5
\$15,000 - 24,999	14,906	17.1	11.5-22.6	17,920	18.8	13.7-23.9	32,826	18.0	14.2-21.7
\$25,000 - 34,999	4,076	7.9	3.7-12.0	7,229	11.1	6.0-16.1	11,305	9.6	6.3-13.0
\$35,000 - 49,999	5,559	10.2	5.1-15.3	4,111	8.7	3.3-14.1	9,671	9.5	5.8-13.2
\$50,000 - 74,999	3,061	6.5	2.7-10.3	2,411	5.1	1.0-9.2	5,472	5.8	3.0-8.6
\$75,000+	2,962	4.7*	1.5-8.0	2,712	4.3*	0.9-7.7	5,674	4.5	2.2-6.9

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



### **CHAPTER 1: HEALTH STATUS**

Figure 1.8 Prevalence of Poor Health Limitations At Least 14 Days in the Past 30 Days by County: WVBRFSS, 2014-2018

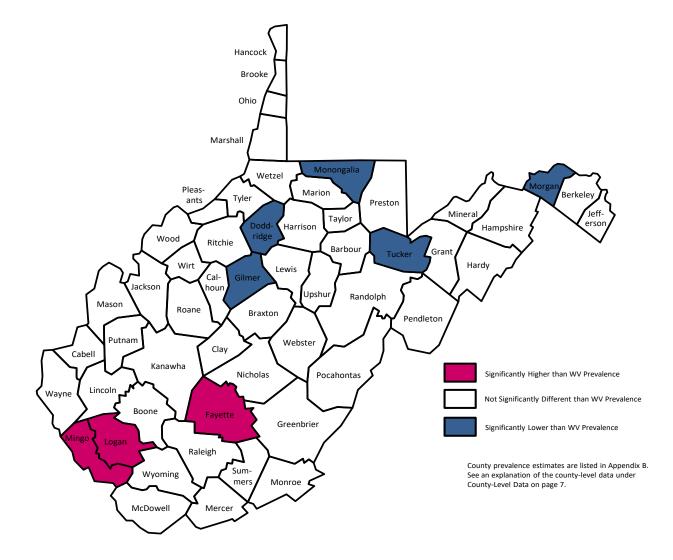


WV Prevalence (2014-2018) - 23.6%

### **CHAPTER 1: HEALTH STATUS**

Figure 1.9 Prevalence of Poor Health Limitations Every Day in the Past 30 Days by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 13.5%

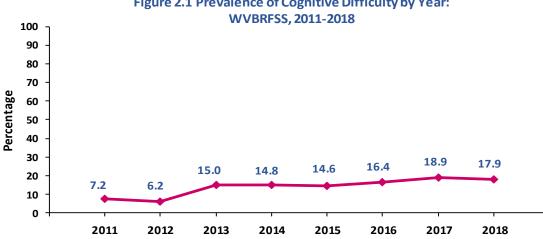


### **Cognitive Difficulty**

Definition	Responding "Yes" to the question, "Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?"
Prevalence	WV: 17.9% (95% CI: 16.5-19.3) U.S.: 11.5% (95% CI: 11.3-11.7) The West Virginia prevalence of cognitive difficulty was significantly higher than the U.S. prevalence. West Virginia ranked 2 <sup>nd</sup> highest among the 54 BRFSS participants.
Gender	Men: 16.8% (95% CI: 14.8-18.8) Women: 18.9% (95% CI: 17.0-20.8) There was no gender difference in the prevalence of cognitive difficulty.
Age	There were no age difference in the prevalence of cognitive difficulty.
Education	The prevalence of cognitive difficulty was significantly higher among those with less than a high school education (37.4%) than among all other educational attainment levels. The prevalence of cognitive difficulty was significantly lower among those with a college degree (8.0%) than among all other educational attainment levels.
Household Income	The prevalence of cognitive difficulty was significantly higher among those with an annual household income of less than \$25,000 than among all other annual household income levels.
Trend	There was no significant change in the prevalence of cognitive difficulty 2011-2018.
County	The 2014-2018 West Virginia state prevalence of cognitive difficulty was 16.5%. There were 6 counties with a significantly lower prevalence compared to the state; Gilmer, Hancock, Jefferson, Monongalia, Ohio, and Preston counties. There were 3 counties with a significantly higher prevalence compared to the state; Mingo, Raleigh, and Wyoming counties.

### Table 2.1 Prevalence of Cognitive Difficulty by Demographic Characteristics: WVBRFSS, 2018

		Men			Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	115,709	16.8	14.8-18.8	136,099	18.9	17.0-20.8	251,808	17.9	16.5-19.3	
Age										
18-24	14,279	17.8	9.9-25.7	14,710	19.0	10.3-27.7	28,989	18.4	12.5-24.3	
25-34	8,930	8.4	4.4-12.5	18,310	17.9	12.0-23.8	27,240	13.1	9.5-16.7	
35-44	25,223	23.8	17.2-30.3	18,392	17.6	12.9-22.2	43,615	20.7	16.6-24.7	
45-54	23,053	21.0	15.6-26.4	27,577	25.5	20.6-30.5	50,630	23.3	19.6-26.9	
55-64	19,599	15.8	12.2-19.5	26,266	20.5	16.6-24.5	45,864	18.2	15.5-20.9	
65+	24,420	15.3	12.2-18.4	30,511	15.8	13.1-18.5	54,931	15.6	13.5-17.6	
Education										
Less than H.S.	32,488	35.8	27.6-44.0	40,172	28.7	31.6-45.9	72,660	37.4	32.0-42.8	
H.S. or G.E.D.	47,311	16.3	13.4-19.3	54,845	20.2	17.0-23.5	102,156	18.2	16.0-20.4	
Some Post-H.S.	25,316	13.9	10.3-17.5	30,016	14.6	11.6-17.5	55,332	14.2	11.9-16.5	
College Graduate	10,167	8.1	5.6-10.6	10,975	8.0	5.8-10.1	21,142	8.0	6.4-9.7	
Income										
Less than \$15,000	20,338	39.1	29.9-48.2	38,041	39.7	33.4-46.0	58,379	39.5	34.2-44.7	
\$15,000 - 24,999	34,337	28.3	22.5-34.1	37,736	26.8	22.0-31.6	72,113	27.5	23.8-31.2	
\$25,000 - 34,999	12,463	13.2	8.3-18.1	11,587	11.3	7.2-15.4	24,050	12.2	9.0-15.4	
\$35,000 - 49,999	12,158	12.1	7.6-16.5	8,880	10.8	6.1-15.6	21,037	11.5	8.3-14.8	
\$50,000 - 74,999	11,144	12.2	7.1-17.2	6,752	8.9	5.3-12.4	17,896	10.7	7.4-13.9	
\$75,000+	10,520	7.3	4.2-10.5	8,201	6.9	4.3-9.5	18,721	7.1	5.0-9.2	

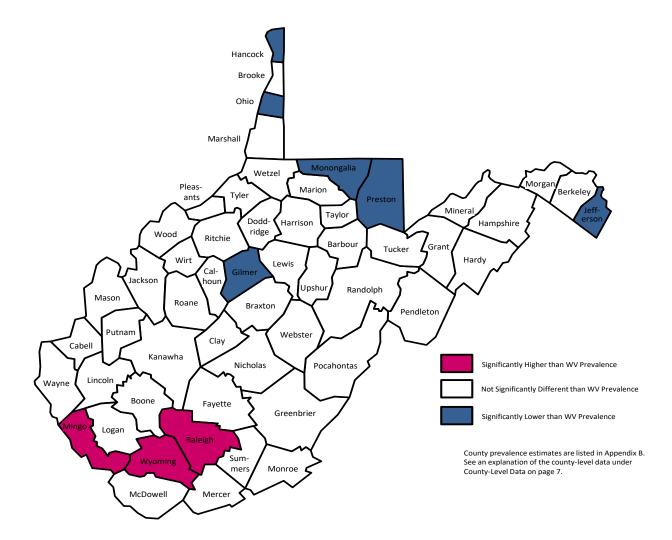


### Figure 2.1 Prevalence of Cognitive Difficulty by Year:

#### **CHAPTER 2: IMPAIRMENT**

Figure 2.2 Prevalence of Cognitive Difficulty by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 16.5%

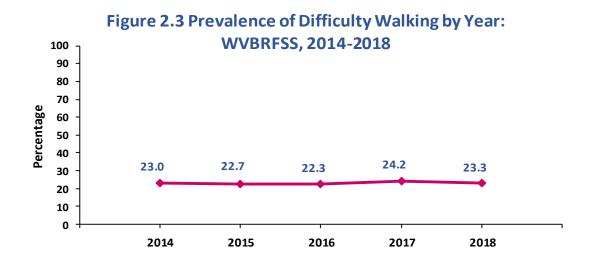


### **Difficulty Walking**

Definition	Responding "Yes" to the question, "Do you have serious difficulty walking or climbing stairs?"
Prevalence	WV: 23.3% (95% CI: 21.9-24.6) U.S.: 13.7% (95% CI: 13.5-14.0) The West Virginia prevalence of difficulty walking was significantly higher than the U.S. prevalence. West Virginia ranked the highest among the 54 BRFSS participants.
Gender	Men: 21.2% (95% CI: 19.2-23.2) Women: 25.3% (95% CI: 23.4-27.2) The prevalence of difficulty walking was significantly higher among women than men.
Age	The prevalence of difficulty walking was significantly higher among adults aged 55 and older than among those aged 54 and younger.
Education	The prevalence of difficulty walking was significantly higher among adults with less than a high school education (45.9%) than all other educational attainment levels. The prevalence of difficulty walking was significantly lower among college graduates (12.0%) than all other educational attainment levels.
Household Income	The prevalence of difficulty walking was significantly higher among those with an annual household income less than \$15,000 (48.3%) than all other annual household income levels.
Trend	There was no change in the prevalence of difficulty walking from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of difficulty walking was 23.1%. There were 10 counties with a significantly lower prevalence compared to the state; Berkeley, Hardy, Jefferson, Marion, Monongalia, Ohio, Pocahontas, Putnam, Preston, and Tucker counties. There were 6 counties with a significantly higher prevalence compared to the state; Fayette, Logan, McDowell, Mingo, Nicholas, and Wyoming counties.

## Table 2.2 Prevalence of Difficulty Walking by Demographic Characteristics: WVBRFSS, 2018

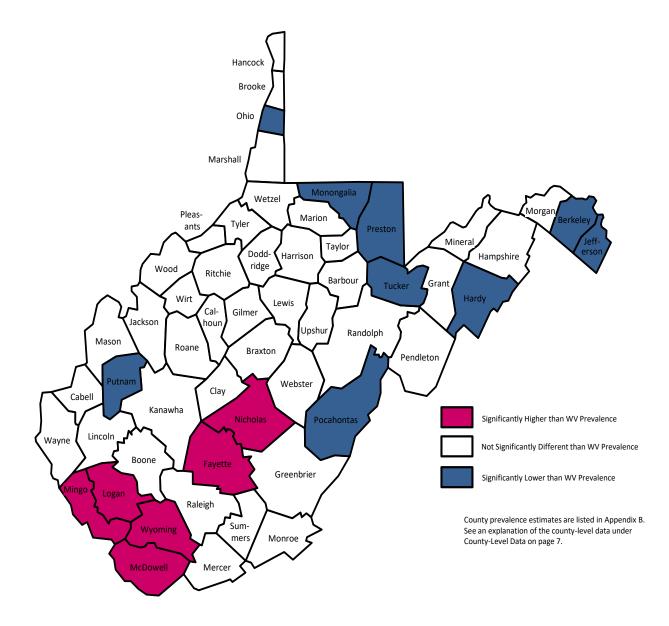
	Men			Women			Total		
Characteristic	Weighted Frequen- cy	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	146,220	21.2	19.2-23.2	182,741	25.3	23.4-27.2	328,962	23.3	21.9-24.6
Age									
18-24	3,153	3.9	0.0-8.3	3,073	4.0	0.0-8.0	6,226	3.9	1.0-6.9
25-34	4,998	4.7	1.7-7.7	5,660	5.5	2.0-9.0	10,659	5.1	2.8-7.4
35-44	11,005	10.3	5.7-14.9	12,897	12.3	8.2-16.5	23,902	11.3	8.2-14.4
45-54	25,506	23.3	17.8-28.7	35,055	31.9	26.4-37.3	60,560	27.6	23.7-31.5
55-64	41,510	33.4	28.7-38.1	49,937	39.0	34.3-43.6	91,448	36.2	32.9-39.5
65+	59,842	37.3	33.2-41.5	75,254	38.9	35.5-42.3	135,096	38.2	35.5-40.8
Education									
Less than H.S.	39,527	43.7	35.3-52.1	49,899	47.8	40.4-55.1	89,427	45.9	40.3-51.4
H.S. or G.E.D.	59,625	20.5	17.5-23.5	73,339	26.9	23.8-30.1	132,964	23.6	21.4-25.8
Some Post-H.S.	32,152	17.6	14.3-21.0	42,136	20.4	17.3-23.5	74,288	19.1	16.8-21.4
College Graduate	14,489	11.5	9.1-13.9	17,277	12.5	10.1-14.9	31,765	12.0	10.3-13.8
Income									
Less than \$15,000	27,508	52.1	42.9-61.3	44,459	46.2	39.8-52.6	71,966	48.3	43.0-53.5
\$15,000 - 24,999	39,468	32.7	26.8-38.5	46,196	32.8	28.0-37.6	85,664	32.7	29.0-36.5
\$25,000 - 34,999	21,183	22.4	17.1-27.8	24,225	23.5	18.5-28.6	45,408	23.0	19.3-26.7
\$35,000 - 49,999	19,155	18.9	14.3-23.5	15,730	19.3	14.0-24.5	34,886	19.1	15.6-22.5
\$50,000 - 74,999	9,424	10.3	6.5-14.0	11,559	15.2	10.9-19.4	20,983	12.5	9.6-15.3
\$75,000+	10,900	7.6	4.9-10.3	10,261	8.6	5.7-11.5	21,161	8.1	6.1-10.0



#### **CHAPTER 2: IMPAIRMENT**

Figure 2.4 Prevalence of Difficulty Walking by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 23.1%



### Difficulty Dressing or Bathing

Definition	Responding "Yes" to the question, "Do you have difficulty dressing or bathing?"
Prevalence	WV: 6.5% (95% CI: 5.7-7.3) U.S.: 3.8% (95% CI: 3.7-3.9) The West Virginia prevalence of difficulty dressing or bathing was significantly higher than the U.S. prevalence. West Virginia ranked the highest among the 54 BRFSS participants.
Gender	Men: 6.6% (95% CI: 5.4-7.8) Women: 6.4% (95% CI: 5.4-7.4) There was no gender difference in the prevalence of difficulty dressing or bathing.
Age	The prevalence of difficulty dressing or bathing was significantly higher among those aged 45 and older than among those aged 44 and younger.
Education	The prevalence of difficulty dressing or bathing was significantly higher among adults with less than a high school education (11.8%) than all other educational attainment levels. The prevalence of difficulty dressing or bathing was significantly lower among adults with a college degree (2.9%) than all other educational attainment levels.
Household Income	The prevalence of difficulty dressing or bathing was significantly higher among adults with an annual household income of less than \$15,000 (16.9%) than all other income levels.
Trend	There was no change in the prevalence of difficulty dressing or bathing from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of difficulty dressing or bathing was 6.0%. There were 11 counties with a significantly lower prevalence compared to the state; Brooke, Hampshire, Harrison, Jefferson, Marion, Monongalia, Pleasants, Preston, Putnam, Taylor, and Wood counties. There were 5 counties with a significantly higher prevalence compared to the state; Boone, Clay, Logan, Mingo, and Wyoming counties.

### Table 2.3 Prevalence of Difficulty Dressing or Bathing by Demographic Characteristics: WVBRFSS, 2018

	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	45,387	6.6	5.4-7.8	46,286	6.4	5.4-7.4	91,673	6.5	5.7-7.3	
Age										
18-24	725.5	0.9	0.0-2.7	948.5	1.2	0.0-3.6	1,674	1.1	0.0-2.5	
25-34	1,801	1.7	0.0-3.7	2,804	2.7	0.4-5.1	4,605	2.2	0.7-3.8	
35-44	4,362	4.1	1.4-6.7	4,008	3.8	1.5-6.2	8,369	4.0	2.2-5.7	
45-54	12,655	11.5	7.4-15.7	10,215	9.3	6.1-12.6	22,870	10.4	7.8-13.1	
55-64	12,126	9.8	6.8-12.8	11,298	8.8	6.2-11.5	23,424	9.3	7.3-11.3	
65+	13,717	8.5	6.2-10.9	17,014	8.8	6.8-10.8	30,731	8.7	7.2-10.2	
Education										
Less than H.S.	9,678	10.7	5.8-15.5	13,280	12.7	8.4-17.0	22,958	11.8	8.5-15.0	
H.S. or G.E.D.	20,738	7.1	5.3-9.0	18,950	7.0	5.3-8.6	39,688	7.1	5.8-8.3	
Some Post-H.S.	11,124	6.1	4.1-8.1	9,818	4.7	3.2-6.3	20,942	5.4	4.1-6.7	
College Graduate	3,419	2.7	1.4-4.0	4,238	3.1	1.7-4.4	7,658	2.9	2.0-3.9	
Income										
Less than \$15,000	10,927	20.7	14.1-27.3	14,283	14.8	10.9-18.8	25,210	16.9	13.4-20.4	
\$15,000 - 24,999	14,072	11.6	7.5-15.6	11,841	8.4	5.6-11.2	25,913	9.9	7.4-12.3	
\$25,000 - 34,999	4,599	4.9	2.4-7.3	6,669	6.5	3.8-9.2	11,268	5.7	3.9-7.6	
\$35,000 - 49,999	4,863	4.8	2.4-7.3	2,564	3.1	1.2-5.1	7,428	4.1	2.5-5.7	
\$50,000 - 74,999	2,004	2.2	0.4-4.0	310.3	0.4	0.0-1.0	2,314	1.4	0.3-2.4	
\$75,000+	3,666	2.6	1.0-4.1	1,208	1.0	0.1-1.9	4,874	1.9	0.9-2.8	

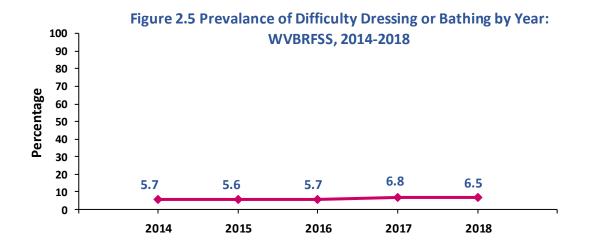
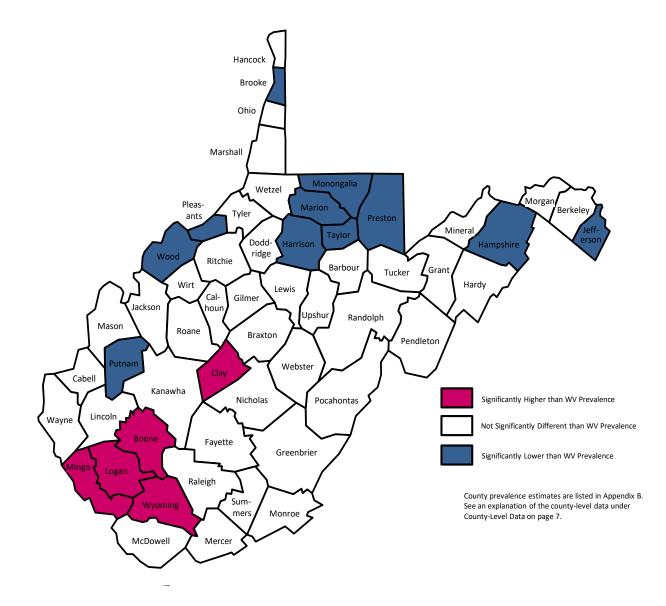


Figure 2.6 Prevalence of Difficulty Dressing or Bathing by County: WVBRFSS, 2014 -2018

WV Prevalence (2014-2018) - 6.0%

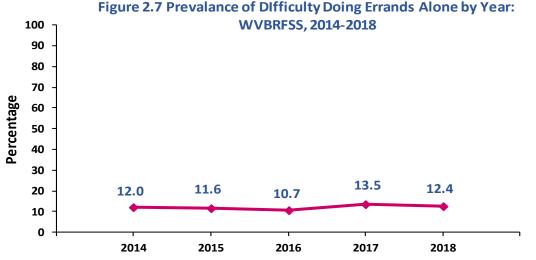


### **Difficulty Doing Errands Alone**

Definition	Responding "Yes" to the question, "Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?"
Prevalence	WV: 12.4% (95% CI: 11.3-13.5) U.S.: 7.1% (95% CI: 6.9-7.2) The West Virginia prevalence of difficulty doing errands alone was significantly higher than the U.S. prevalence. West Virginia ranked the highest among the 54 BRFSS participants.
Gender	Men: 10.4% (95% CI: 8.8-11.9) Women: 14.3% (95% CI: 12.7-15.9) The prevalence of difficulty doing errands alone was significantly higher among women than among men.
Age	The prevalence of difficulty doing errands alone was significantly higher among adults aged 45 years and older than among those aged 34 and younger.
Education	The prevalence of difficulty doing errands alone was significantly higher among adults with less than a high school education (26.3%) than all other educational attainment groups. The prevalence was significantly lower among college graduates (5.4%) than among all other education groups.
Household Income	The prevalence of difficulty doing errands alone was significantly higher among adults with an annual household income less than \$15,000 (30.9%) than all other income levels.
Trend	There was no change in the prevalence of difficulty doing errands alone from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of difficulty doing errands alone was 12.0%. There were 5 counties with a significantly lower prevalence compared to the state; Berkeley, Hardy, Jefferson, Monongalia, and Putnam counties. There were 4 counties with a significantly higher prevalence compared to the state; Fayette, McDowell, Mingo, and Wyoming counties.

### Table 2.4 Prevalence of Difficulty Doing Errands Alone by DemographicCharacteristics: WVBRFSS, 2018

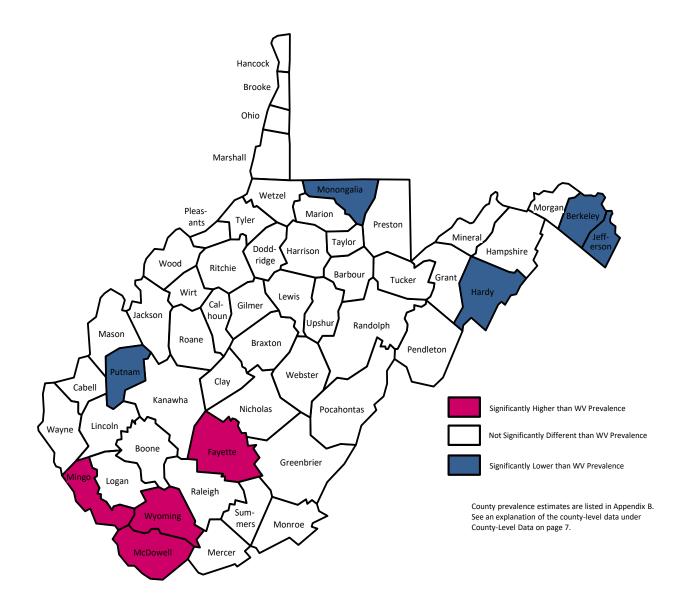
	Men				Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	71,359	10.4	8.8-11.9	102,919	14.3	12.7-15.9	174,278	12.4	11.3-13.5	
Age										
18-24	1,895	2.4	0.0-5.1	6,712	8.7	2.8-14.6	8,607	5.5	2.2-8.7	
25-34	3,274	3.1	0.5-5.6	7,613	7.5	3.5-11.4	10,887	5.2	2.9-7.6	
35-44	12,202	11.5	6.6-16.3	9,039	8.6	5.2-12.0	21,242	10.1	7.1-13.0	
45-54	13,835	12.7	8.5-16.9	18,624	17.1	12.9-21.3	32,459	14.9	12.0-17.9	
55-64	18,080	14.6	10.8-18.3	22,434	17.5	13.7-21.3	40,514	16.1	13.4-18.8	
65+	22,073	13.8	10.6-16.9	37,823	19.6	16.7-22.4	59,896	16.9	14.8-19.1	
Education										
Less than H.S.	21,178	23.4	16.6-30.2	30,029	28.8	22.5-35.2	51,207	26.3	21.7-31.0	
H.S. or G.E.D.	28,591	9.9	7.6-12.1	42,808	15.8	13.2-18.4	71,399	12.7	11.0-14.5	
Some Post-H.S.	15,278	8.4	5.7-11.0	21,756	10.5	8.1-13.0	37,034	9.5	7.7-11.3	
College Graduate	5,885	4.7	2.9-6.5	8,234	6.0	4.2-7.8	14,117	5.4	4.1-6.6	
Income										
Less than \$15,000	18,020	34.6	25.8-43.4	27,630	28.9	23.3-34.5	45,650	30.9	26.1-35.7	
\$15,000 - 24,999	24,783	20.4	15.5-25.3	29,195	20.8	16.6-25.0	53,977	20.6	17.4-23.8	
\$25,000 - 34,999	6,698	7.1	3.7-10.5	10,669	10.4	6.4-14.4	17,367	8.8	6.2-11.5	
\$35,000 - 49,999	5,444	5.4	2.4-8.4	8,224	10.1	5.5-14.6	13,668	7.5	4.8-10.1	
\$50,000 - 74,999	4,717	5.2	2.1-8.2	2,453	3.2	0.9-5.5	7,170	4.3	2.3-6.2	
\$75,000+	4,482	3.1	1.5-4.8	2,951	2.5	1.1-3.9	7,433	2.8	1.7-3.9	



### Figure 2.7 Prevalance of Difficulty Doing Errands Alone by Year:

Figure 2.8 Prevalence of Difficulty Doing Errands Alone by County: WVBRFSS, 2014-2018





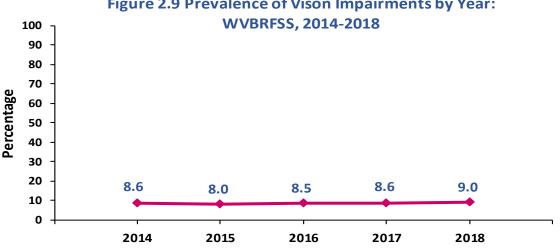
### Vision Impairment

Definition	Responding "Yes" to the question, "Are you blind or do you have serious difficulty seeing, even when wearing glasses?"
Prevalence	WV: 9.0% (95% CI: 8.1-10.0) U.S.: 5.3% (95% CI: 5.1-5.4) The West Virginia prevalence of vision impairment was significantly higher than the U.S. prevalence. West Virginia ranked the 2 <sup>nd</sup> highest among 54 BRFSS participants.
Gender	Men: 10.4% (95% CI: 9.0-11.9) Women: 7.6% (95% CI: 6.3-8.9) The prevalence of vision impairment was significantly higher among men than women.
Age	The prevalence of vision impairment was significantly higher among adults aged 45 and older than among adults aged 44 and younger.
Education	The prevalence of vision impairment was significantly higher among adults with less than a high school education (21.4%) than among all other educational attainment levels. The prevalence was significantly lower among adults with a college degree (4.8%) than among all other education attainment levels.
Household Income	The prevalence of vision impairment was significantly higher among adults with an annual household income of less than \$15,000 (21.6%) than all other annual household income levels.
Trend	There was no change in the prevalence of vision impairment from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of vision impairment was 8.6%. There were 4 counties with a significantly lower prevalence compared to the state; Jefferson, Monongalia, Putnam, and Tyler counties. There were 3 counties with a significantly higher prevalence compared to the state; McDowell, Randolph, and Wyoming counties.

## Table 2.5 Prevalence of Vision Impairment by Demographic Characteristics:WVBRFSS, 2018

	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	52,513	7.6	6.3-8.9	75,634	10.4	9.0-11.9	128,148	9.0	8.1-10.0	
Age										
18-24	1,443	1.8*	0.0-4.3	3,028	3.9*	0.4-7.4	4,472	2.8	0.7-5.0	
25-34	4,402	4.1*	1.2-7.1	6,815	6.6*	2.7-10.6	110,217	5.4	2.9-7.8	
35-44	5,612	5.3*	2.0-8.5	5,772	5.5	2.4-8.7	11,384	5.4	3.1-7.6	
45-54	8,477	7.7	4.3-11.1	17,497	15.9	11.7-20.2	25,973	11.8	9.1-14.6	
55-64	13,124	10.5	7.2-13.8	17,327	13.5	9.8-17.3	30,451	12.0	9.5-14.5	
65+	19,456	12.1	9.3-14.9	24,761	12.7	10.3-15.2	44,217	12.5	10.6-14.3	
Education										
Less than H.S.	16,053	17.7	11.7-23.7	25,654	24.6	18.5-30.6	41,708	21.4	17.1-25.7	
H.S. or G.E.D.	19,994	6.8	5.0-8.7	25,243	9.2	7.1-11.4	45,238	8.0	6.6-9.4	
Some Post-H.S.	9,914	5.4	3.4-7.5	18,395	8.9	6.5-11.2	28,310	7.3	5.7-8.8	
College Graduate	6,552	5.2	3.3-7.1	6,251	4.5	3.0-6.1	12,802	4.8	3.6-6.0	
Income										
Less than \$15,000	11,993	22.7	15.3-30.1	20,128	20.9	15.7-26.2	32,121	21.6	17.3-25.8	
\$15,000 - 24,999	12,682	10.4	6.7-14.2	18,422	13.1	9.5-16.7	31,104	11.9	9.2-14.5	
\$25,000 - 34,999	7,151	7.6	4.4-10.7	9,872	9.6	5.9-13.3	17,023	8.6	6.2-11.1	
\$35,000 - 49,999	8,362	8.2	4.7-11.8	6,474	7.9	3.7-12.1	14,836	8.1	5.4-10.8	
\$50,000 - 74,999	3,014	3.3*	0.9-5.6	5,180	6.8	3.2-10.3	8,194	4.9	2.8-6.9	
\$75,000+	3,105	2.2*	0.9-3.5	3,744	3.1*	1.1-5.2	6,849	2.6	1.4-3.8	

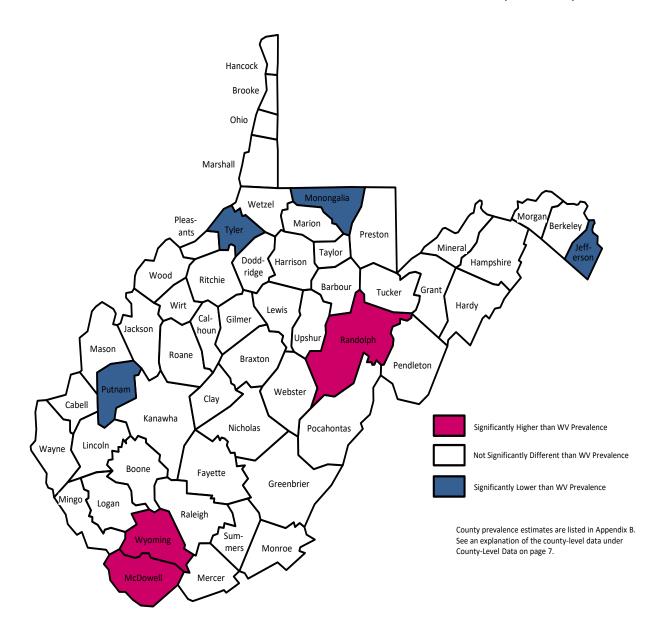
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



# Figure 2.9 Prevalence of Vison Impairments by Year:

#### **CHAPTER 2: IMPAIRMENT**

Figure 2.10 Prevalence of Vision Impairment by County: WVBRFSS, 2014-2018



WV Prevalence (2014-2018) - 8.5%

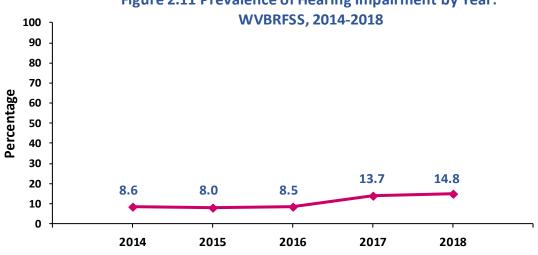
### Hearing Impairment

Definition	Responding "Yes" to the question, "Are you deaf or do you have serious difficulty hearing?"
Prevalence	WV: 14.8% (95% CI: 13.6-16.0) U.S.: 6.6% (95% CI: 6.5-6.8) The West Virginia prevalence of hearing impairment was significantly higher than the U.S. prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 18.1% (95% CI: 16.2-20.0) Women: 11.6% (95% CI: 10.2-13.2) The prevalence of hearing impairment was significantly higher among males than among females.
Age	The prevalence of hearing impairment was significantly higher among adults aged 65 and older (29.9%) than among all other age groups.
Education	The prevalence of hearing impairment was significantly higher among adults with less than a high school education (24.8%) than adults who graduated from college (7.8%).
Household Income	The prevalence of hearing impairment was significantly higher among adults with an annual household income of less than \$15,000 (19.1%) than adults with an annual household income of \$75,000 or more per year (8.6%).
Trend	There was an increase in the prevalence of hearing impairment from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of hearing impairment was 14.0%. There were 10 counties with a significantly lower prevalence compared to the state; Berkeley, Cabell, Doddridge, Jefferson, Kanawha, Mercer, Monongalia, Ohio, Pendleton, and Ritchie counties. There were 4 counties with a significantly higher prevalence compared to the state; Clay, McDowell, Nicholas, and Summers counties.

## Table 2.6 Prevalence of Hearing Impairment by Demographic Characteristics: WVBRFSS, 2018

		Men			Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	125,446	18.1	16.2-20.0	84,249	11.6	10.2-13.1	209,695	14.8	13.6-16.0	
Age										
18-24	1,433	1.8*	0.0-4.2	4,636	6.0*	0.0-12.2	6,069	3.8*	0.5-7.2	
25-34	7,095	6.6*	2.5-10.8	2,094	2.0*	0.1-3.9	9,190	4.4	2.1-6.7	
35-44	11,844	11.1	6.5-15.7	4,245	4.1*	1.3-6.9	16,089	7.6	4.9-10.3	
45-54	16,570	15.1	10.2-19.9	9,433	8.6	5.5-11.6	26,002	11.8	8.9-14.7	
55-64	28,708	23.0	18.8-27.3	16,683	13.0	9.6-16.5	45,391	18.0	15.2-20.7	
65+	59,679	37.1	33.0-41.2	46,472	24.0	21.0-27.0	106,151	29.9	27.4-32.5	
Education										
Less than H.S.	26,074	28.6	21.5-35.7	22,373	21.4	16.0-26.9	48,447	24.8	20.4-29.2	
H.S. or G.E.D.	54,786	18.7	15.7-21.7	37,448	13.7	11.0-16.4	92,235	16.3	14.3-18.3	
Some Post-H.S.	31,884	17.4	13.9-21.0	16,070	7.8	6.0-9.6	47,954	12.3	10.4-14.3	
College Graduate	12,275	9.8	7.5-12.1	8,267	6.0	4.2-7.8	20,542	7.8	6.4-9.2	
Income										
Less than \$15,000	13,202	24.8	17.7-31.9	15,339	16.0	11.6-20.4	28,542	19.1	15.3-22.9	
\$15,000 - 24,999	29,454	24.2	18.9-28.6	18,993	13.5	10.2-16.9	48,447	18.5	15.4-21.6	
\$25,000 - 34,999	17,828	18.9	13.7-24.0	10,612	10.3	7.0-13.7	28,440	14.4	11.4-17.5	
\$35,000 - 49,999	19,265	19.0	14.2-23.9	81,619	12.1	7.9-16.3	29,134	15.9	12.6-19.2	
\$50,000 - 74,999	12,981	14.0	9.4-18.6	4,729	6.2	3.3-9.1	17,710	10.5	7.7-13.4	
\$75,000+	17,182	11.9	8.4-15.4	5,576	4.7	2.6-6.7	22,758	8.6	6.5-10.8	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

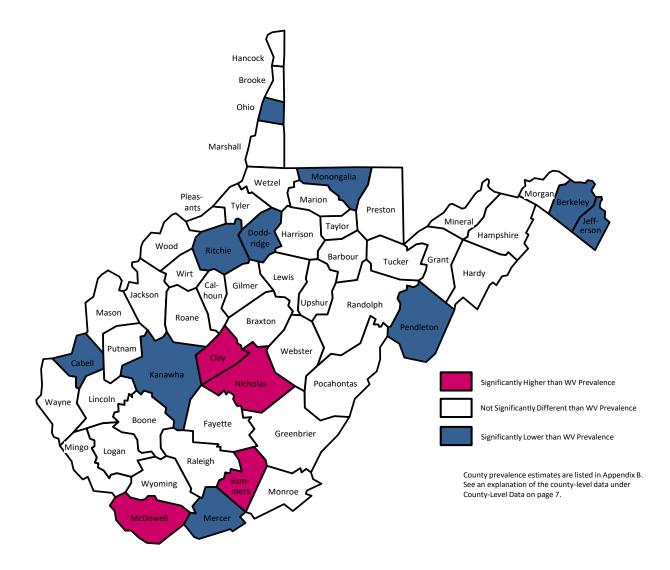




#### **CHAPTER 2: IMPAIRMENT**

Figure 2.12 Prevalence of Hearing Impairment by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 14.0%



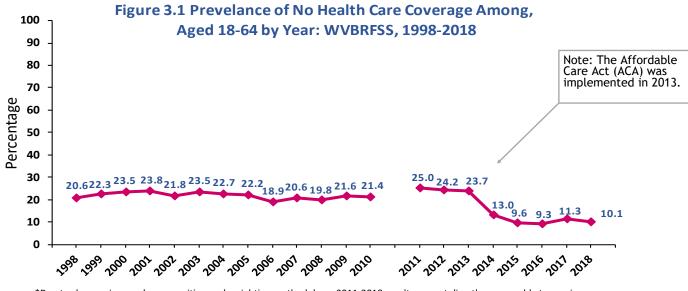
#### No Health Care Coverage (among adults aged 18-64)

Definition	Responding "No" to the question, "Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare, or Indian Health Service?" The results reported for this indicator have been limited to adults aged 18-64.
Prevalence	WV: 10.1% (95% CI: 8.7-11.5) U.S.: 14.9% (95% CI: 14.6-15.2) The prevalence of no health care coverage among those aged 18-64 was significantly lower in West Virginia than in the U.S. West Virginia ranked the 41 <sup>st</sup> highest among 54 BRFSS participants.
Gender	Men: 12.8% (95% CI: 10.5-15.0) Women: 7.4% (95% CI: 5.8-9.0) The prevalence of no health care coverage among adults aged 18-64 was significantly higher among men than women.
Age	The prevalence of no health care coverage among adults 18-64 was significantly higher among adults aged 18-25 (16.0%) than adults aged 55-64 (8.1%).
Education	The prevalence of no health care coverage among adults 18-64 was significantly higher among adults with less than a high school education (13.6%) than among college graduates (4.7%).
Household Income	The prevalence of no health care coverage among those aged 18-64 was significantly higher among adults with an annual household income of \$15,000-\$24,999 than among adults with an annual household income of \$75,000 or more (4.7%).
Trend	The prevalence of no health care coverage among adults 18-64 declined between 2013 and 2015. After 2015, there was no change in prevalence of no health care coverage among adults 18-64. It is also important to note, in 2013, the Affordable Health Care Act (ACA) was implemented. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of no health care coverage among adults 18-64 was 10.8%. There were 3 counties with a significantly lower prevalence compared to the state; Hardy, Mason, and Putnam counties.

### Table 3.1 Prevalence of No Health Care Coverage Among Adults Aged 18-64 by Demographic Characteristics: WVBRFSS, 2018

	Men				Women		Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	68,282	12.8	10.5-15.0	39,146	7.4	5.8-9.0	107,427	10.1	8.7-11.5
Age									
18-24	18,117	21.6	12.7-30.5	2,559	10.0*	3.9-16.1	26,020	16.0	10.5-21.5
25-34	12,994	12.2	7.5-16.9	7,904	8.1	4.1-12.1	21,338	10.2	7.1-13.3
35-44	12,072	11.3	6.6-15.9	8,548	8.0	4.7-11.3	20,620	9.6	6.8-12.5
45-54	13,402	12.1	8.0-16.2	5,412	4.9	2.7-7.2	18,814	8.5	6.2-10.9
55-64	11,696	9.3	6.1-12.5	8,939	6.9	4.4-9.5	20,635	8.1	6.1-10.1
Education									
Less than H.S.	14,822	21.8	13.1-30.5	4,042	5.7	1.3-10.1	18,864	13.6	8.7-18.5
H.S. or G.E.D.	34,624	15.5	11.6-19.4	18,049	9.7	6.7-12.7	52,673	12.9	10.3-15.4
Some Post-H.S.	13,456	9.4	6.0-12.8	12,393	8.0	4.9-11.2	25,849	8.7	6.4-11.0
College Graduate	5,380	5.4	2.9-7.9	4,661	4.0	2.1-6.0	10,041	4.7	3.1-6.2
Income									
Less than \$15,000	3,273	8.1	2.4-13.8	2,633	3.5	0.6-6.5	5,906	5.1	2.4-7.9
\$15,000 - 24,999	20,481	22.4	15.7-29.2	10,274	11.0*	6.7-15.4	30,755	16.6	12.6-20.7
\$25,000 - 34,999	10,805	16.0	9.0-23.0	6,797	9.7	4.6-14.8	17,602	12.8	8.4-17.1
\$35,000 - 49,999	8,173	11.7	6.3-17.0	5,611	9.6	4.0-15.3	13,784	10.7	6.8-14.6
\$50,000 - 74,999	9,819	13.1	5.8-20.4	4,143	6.7	2.4-11.0	13,962	10.2	5.7-14.7
\$75,000+	6,012	4.8	2.0-7.5	4,825	4.6*	1.7-7.4	10,837	4.7	2.7-6.7

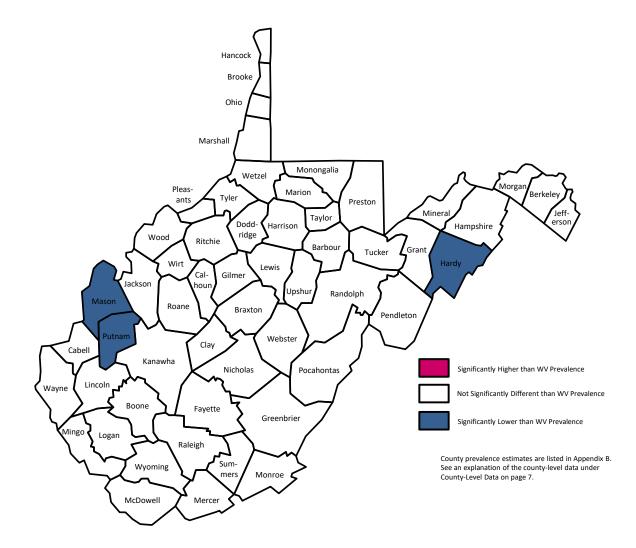
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



\*Due to changes in sample composition and weighting methodology, 2011-2018 results are not directly comparable to previous years.

Figure 3.2 Prevalence of No Health Care Coverage Among Adults Aged 18-64 by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 10.8%



#### Primary Health Care Coverage

Definition	Responding "Yes" to the question, "Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare, or Indian Health Service?" and responding as follows to the state-added question, "What type of health care coverage do you use to pay for most of your medical care?" Private: Your employer, someone else's employer, or a plan that you or someone else buys on your own Medicare Medicaid Other: The military, CHAMPUS, TriCare, or VA, or some other source None (no coverage)
Prevalence	Private: 42.7% (95% CI: 40.8-44.5) Medicare: 24.3% (95% CI: 22.9-25.6) Medicaid: 17.6 (95% CI: 16.0-19.1) Other: 6.3% (95% CI: 5.5-7.2) None: 9.2% (95% CI: 8.0-10.3) This question was part of a state-added set of questions and national data are not available, therefore, a U.S. comparison was not conducted.
Gender	<ul> <li>Private:</li> <li>There was no gender difference in the prevalence of private insurance.</li> <li>Medicare:</li> <li>The prevalence of Medicare insurance was significantly higher among women than men.</li> <li>Medicaid:</li> <li>The prevalence of Medicaid insurance was significantly higher among women than men.</li> <li>Other:</li> <li>The prevalence of having other insurance was significantly higher among men than women.</li> <li>None:</li> <li>The prevalence of no insurance was significantly higher among men than women.</li> </ul>
Age	<ul> <li>Private:</li> <li>The prevalence of private insurance was significantly higher among adults aged 54 years or younger than adults aged 55 years and older.</li> <li>Medicare:</li> <li>The prevalence of Medicare insurance was significantly higher among adults aged 65 or older (70.5%) than all other age groups.</li> </ul>

Age (cont.)	<ul> <li>Medicaid:</li> <li>The prevalence of Medicaid insurance was significantly higher among adults aged 34 years or younger than adults aged 55 or older.</li> <li>Other:</li> <li>There was no age difference in the prevalence of adults with other insurance.</li> <li>None:</li> <li>The prevalence of no insurance was significantly higher among adults aged 18-24 (18.7%) than adults aged 45 and older.</li> </ul>
Education	<ul> <li>Private:</li> <li>The prevalence of private insurance was significantly higher among college graduates (64.9%) than all other educational attainment levels.</li> <li>Medicare:</li> <li>The prevalence of Medicare insurance was significantly higher among adults with less than an high school education (33.2%) than college graduates (16.7%).</li> <li>Medicaid:</li> <li>The prevalence of Medicaid insurance was significantly higher among adults with less than a high school education (33.5%) than all other educational attainment levels.</li> <li>Other:</li> <li>There was no education difference in the prevalence of having other insurance.</li> <li>None:</li> <li>The prevalence of no insurance was significantly higher among adults with less than a high school education (11.0%) than college graduates (4.7%).</li> </ul>
Household Income	<ul> <li>Private:</li> <li>The prevalence of private insurance was significantly higher among adults with an annual household income of \$75,000 or more (79.3%) than all other annual household income levels.</li> <li>Medicare:</li> <li>The prevalence of Medicare insurance was significantly higher among adults with an annual household income of less than \$15,000 (33.9%) than adults with an annual household income of \$75,000 or more (8.9%).</li> <li>Medicaid:</li> <li>The prevalence of Medicaid insurance was significantly higher among adults with an annual household income of less than \$15,000 (48.9%) than adults with an annual household income of less than \$15,000 (48.9%) than adults with an annual household income of \$50,000 or higher.</li> <li>Other:</li> <li>There was no annual household income difference in the prevalence of having other insurance.</li> <li>None:</li> <li>The prevalence of no insurance was significantly higher among adults with an annual household income of \$15,000-\$24,999 (14.4%) than adults with an annual household income of \$15,000 or higher (4.9%).</li> </ul>

Trend	Private:
	There was no change in the prevalence of private insurance from 2014 to 2018.
	Medicare:
	There was no change in the prevalence of Medicare insurance from 2014 to 2018. <i>Medicaid:</i>
	There was no change in the prevalence of Medicaid insurance from 2014 to 2018. <i>Other:</i>
	There was no change in the prevalence of having other insurance from 2014 to 2018.
	None:
	There was no change in the prevalence of no insurance from 2014 to 2018.
County	Private:
	The 2014-2018 West Virginia state prevalence of private insurance coverage was 45.0%. There were 6 counties with a significantly lower prevalence compared to

45.0%. There were 6 counties with a significantly lower prevalence compared to the state; Fayette, McDowell, Mercer, Roane, Upshur, and Wyoming counties. There were 10 counties with a significantly higher prevalence compared to the state; Berkeley, Doddridge, Hancock, Jefferson, Kanawha, Marion, Marshall, Monongalia, Pleasants, Putnam, and Taylor counties.

#### Medicare:

The 2014-2018 West Virginia state prevalence of Medicare insurance coverage was 24.0%. There were 6 counties with a significantly lower prevalence compared to the state; Berkeley, Cabell, Harrison, Jefferson, Monongalia, and Preston counites. No counties were significantly higher than the state prevalence.

#### Medicaid:

The 2014-2018 West Virginia state prevalence of Medicaid insurance coverage was 16.3%. There were 7 counties with a significantly lower prevalence when compared to the state; Doddridge, Hancock, Jefferson, Monongalia, Pleasants, Pocahontas and Putnam counties. There were 7 counties with a significantly higher prevalence when compared to the state; Barbour, Fayette, Lincoln, Logan, McDowell, Summers, and Wyoming counties.

#### **Other:**

The 2014-2018 West Virginia state prevalence of other insurance coverage was 5.1%. There were 3 counties with a significantly lower prevalence when compared to the state; Gilmer, Hancock, and Wirt counties. Upshur County had a significantly higher prevalence than the state.

### Table 3.2 Prevalence of Primary Health Care Coverage by Demographic Characteristics: WVBRFSS, 2018

	Private		Medicare		Medicaid		Other		None	
Characteristic	%	95% CI	%	95% CI	%	95% CI	%	95% CI	%	95% CI
TOTAL	42.7	40.8-44.5	24.3	22.9-25.6	17.6	16.0-19.1	6.3	5.5-7.2	9.2	8.0-10.3
Gender										
Male	45.3	42.5-48.1	22.3	20.3-24.3	12.6	10.7-14.5	7.9	6.5-9.3	11.8	9.9-13.8
Female	40.1	37.7-42.5	26.2	24.3-28.0	22.3	20.0-24.6	4.8	3.7-5.8	6.6	5.3-7.9
Age										
18-24	45.2	37.1-53.3	3.7	1.0-6.5	24.8	17.6-31.9	7.6	3.6-11.5	18.7	12.4-25.1
25-34	51.0	45.3-56.8	3.8	1.6-6.0	25.3	20.2-30.4	6.8	3.8-9.7	13.1	9.3-16.9
35-44	59.9	55.0-64.8	4.2	2.0-6.4	21.0	16.8-25.1	3.9	2.1-5.6	11.1	7.9-14.3
45-54	52.2	47.9-56.6	9.2	6.6-11.9	22.0	18.3-25.8	7.4	5.0-9.7	9.1	6.6-11.6
55-64	51.5	47.9-55.1	17.6	14.9-20.4	16.2	13.6-18.9	5.4	3.9-6.8	9.3	7.1-11.5
65+	14.4	12.4-16.3	70.5	67.9-73.0	6.6	5.2-8.0	7.1	5.6-8.5	1.5	0.7-2.2
Education										
Less than H.S.	17.7	12.7-22.7	33.2	28.2-38.2	33.5	27.9-39.1	4.5	2.1-6.9	11.0	7.2-14.8
H.S. or G.E.D.	36.6	33.6-39.6	27.2	24.9-29.6	18.7	16.2-21.1	6.1	4.6-7.5	11.5	9.3-13.6
Some Post-H.S.	49.2	45.8-52.7	20.6	18.3-22.9	14.8	12.2-17.3	7.6	5.8-9.4	7.8	5.8-9.8
College Graduate	64.9	62.0-67.9	16.7	14.8-18.7	7.2	5.4-9.0	6.4	4.9-7.9	4.7	3.3-6.2
Income										
Less than \$15,000	7.8	4.7-10.9	33.9	25.9-38.9	48.9	43.3-54.5	4.7	2.4-7.0	4.7	2.3-7.0
\$15,000 - 24,999	18.8	15.1-22.4	33.9	30.1-37.7	27.1	23.1-31.2	5.9	3.9-7.8	14.4	11.1-17.6
\$25,000 - 34,999	35.5	30.6-40.3	25.4	21.6-29.2	20.1	15.6-24.7	7.6	5.0-10.1	11.4	7.9-14.9
\$35,000 - 49,999	52.8	48.0-57.7	22.0	18.5-25.5	8.3	5.3-11.2	8.0	5.1-10.9	8.9	5.9-11.9
\$50,000 - 74,999	64.2	57.2-69.3	18.0	14.7-21.4	2.1	0.5-3.8	6.6	4.1-9.1	9.0	5.1-13.0
\$75,000+	79.3	76.1-82.4	8.9	7.2-10.6	1.4	0.0-2.7	5.5	3.8-7.3	4.9	3.0-6.9

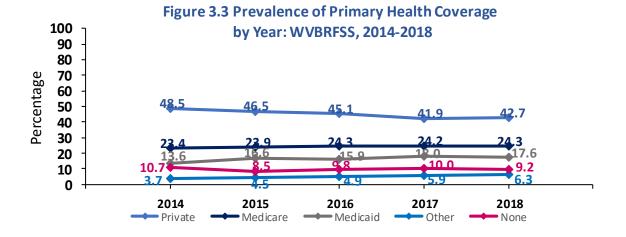


Figure 3.4 Prevalence of Private Insurance by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 45.0%

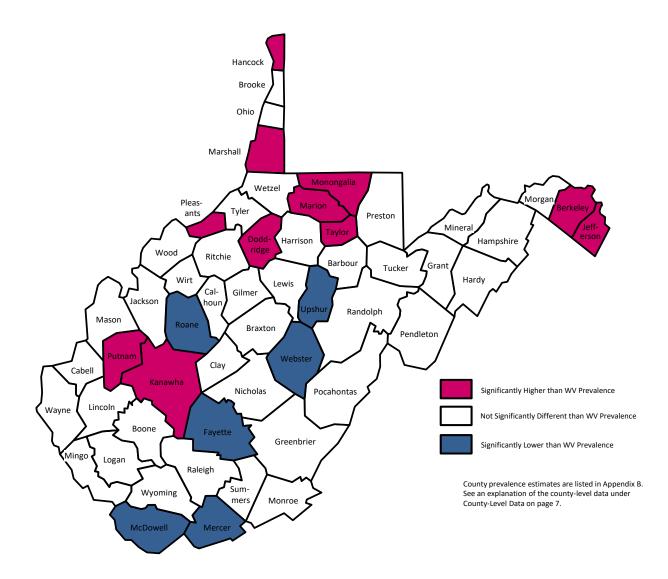


Figure 3.5 Prevalence of Medicare Insurance by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 24.0 %

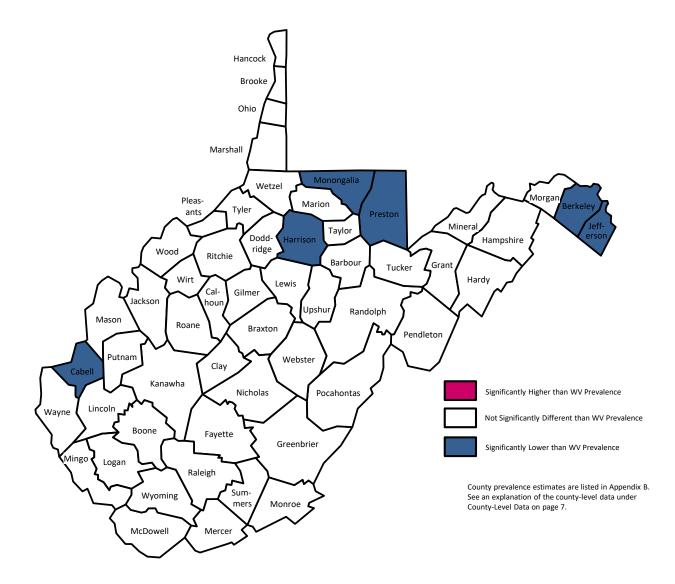


Figure 3.6 Prevalence of Medicaid Insurance by County: WVBRFSS, 2014-2018



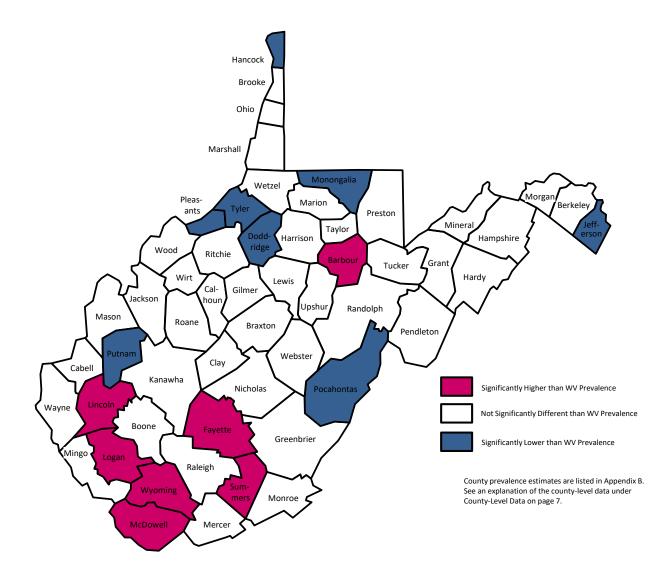
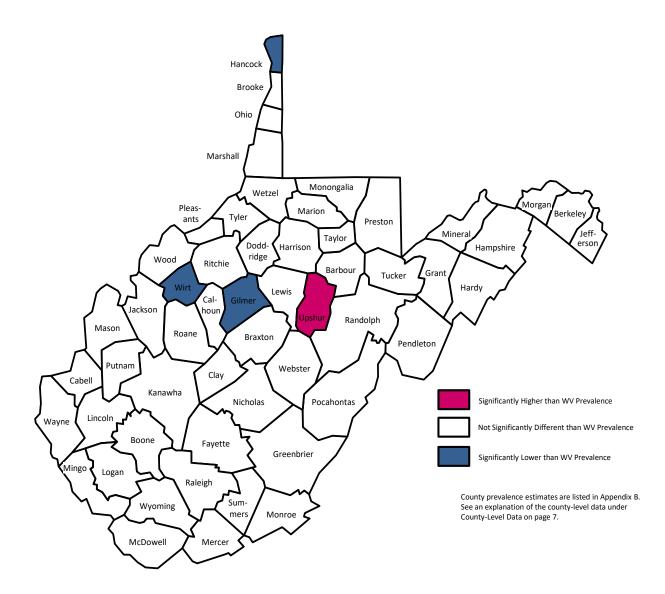


Figure 3.7 Prevalence of Other Insurance by County: WVBRFSS, 2014-2018





#### No Personal Doctor or Health Care Provider

Definition	Responding "No" to the question, "Do you have one person you think of as your personal doctor or health care provider?"
Prevalence	WV: 18.6% (95% CI: 17.1-20.1) U.S.: 22.8% (95% CI: 22.5-23.0) West Virginia ranked the 38 <sup>th</sup> highest among 54 BRFSS participants. The West Virginia prevalence of no personal doctor or health care provider was significantly lower than the U.S. prevalence.
Gender	Men: 25.3% (95% CI: 22.8-27.7) Women: 12.2% (95% CI: 10.5-13.8) The prevalence of no personal doctor or health care provider was significantly higher among men than women.
Age	The prevalence of no personal doctor or health care provider was significantly higher among adults under the age of 35 than adults agreed 35 and older.
Education	There was no education difference in prevalence of no personal doctor or health care provider.
Household Income	There was no annual household income difference in the prevalence of not having a personal doctor or health care provider.
Trend	There was a decline in the prevalence of no personal doctor or health care provider from 2011 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of no personal doctor or health care provider was 20.3%. There were 5 counties with a significantly lower prevalence compared to the state; Brooke, Braxton, Grant, Mason, and Putnam counties. Gilmer County and Monongalia County had a significantly higher prevalence than the state prevalence.

### Table 3.3 Prevalence of No Personal Doctor or Health Care Provider by Demographics: WVBRFSS, 2018

	Men				Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	177,546	25.3	22.8-27.7	88,690	12.2	10.5-13.8	266,237	18.6	17.1-20.1	
Age										
18-24	41,870	50.7*	39.9-61.4	13,189	16.7	9.2-24.3	55,058	34.1	27.1-41.1	
25-34	52,470	48.9	41.0-56.8	25,590	25.1	18.6-31.7	78,060	37.3	32.0-42.6	
35-44	29,651	27.4	21.1-33.7	19,576	18.3	13.3-23.4	49,227	22.9	18.9-26.9	
45-54	27,209	24.5	19.2-29.9	12,788	11.7	8.0-15.5	39,998	18.2	14.9-21.5	
55-64	12,180	9.7	6.6-12.7	8,867	6.9	4.4-9.4	21,048	8.3	6.3-10.2	
65+	13,184	8.1	5.8-10.4	8,223	4.2	2.8-5.6	21,407	6.0	4.6-7.3	
Education										
Less than H.S.	21,589	22.9	15.5-30.2	15,355	14.8	9.2-20.4	36,944	18.6	14.0-23.2	
H.S. or G.E.D.	23,992	28.3	24.2-32.3	34,462	12.5	9.7-15.2	118,454	20.6	18.1-23.2	
Some Post-H.S.	44,134	24.1	19.4-28.8	26,946	13.0	9.7-16.2	71,080	18.2	15.4-21.0	
College Graduate	27,832	22.1	17.8-26.3	11,926	8.5	6.1-11.0	39,759	15.0	12.5-17.4	
Income										
Less than \$15,000	14,416	26.8	18.4-35.2	13,324	14.0	9.1-18.8	27,739	18.6	14.2-23.0	
\$15,000 - 24,999	33,734	27.6	21.3-33.9	17,476	12.3	8.6-16.0	51,210	19.4	15.8-23.0	
\$25,000 - 34,999	24,587	25.8	18.8-32.7	11,788	11.6	7.0-16.2	36,375	18.4	14.2-22.7	
\$35,000 - 49,999	23,436	23.3	17.4-29.2	8,862	10.8	6.2-15.4	32,298	17.7	13.8-21.6	
\$50,000 - 74,999	26,790	28.3	20.8-35.9	9,753	12.6	7.4-17.7	36,544	21.2	16.3-26.2	
\$75,000+	30,425	21.0	16.3-25.8	12,861	10.7	6.7-14.8	43,286	16.4	13.1-19.6	

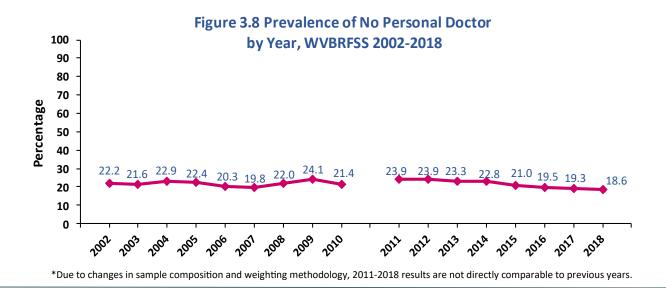
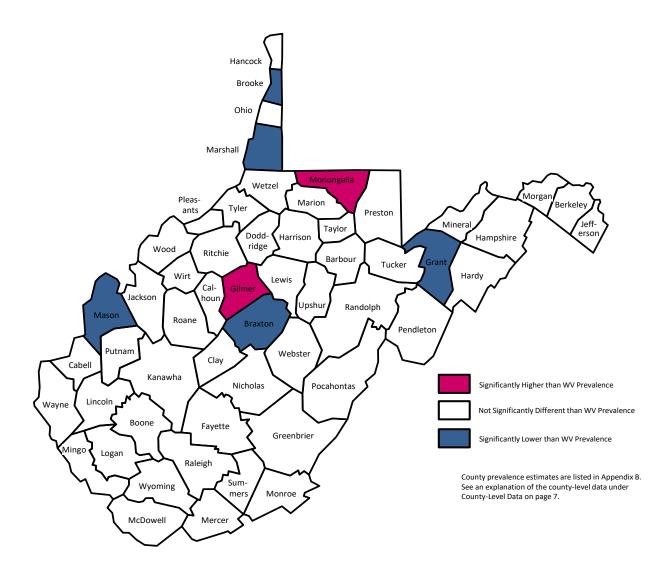


Figure 3.9 Prevalence of No Personal Doctor or Health Care Provider by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 20.3%

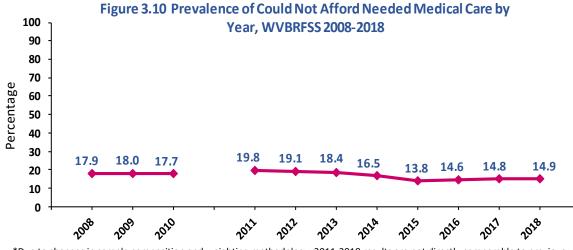


#### Could Not Afford Needed Medical Care

Definition	Responding "Yes" to the question, "Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?"
Prevalence	WV: 14.9% (95% CI: 13.6-16.2) U.S.: 13.0% (95% CI: 12.7-13.2) The West Virginia prevalence of could not afford needed medical care was significantly higher than the U.S. prevalence. West Virginia ranked the 11 <sup>th</sup> highest among 54 BRFSS participants.
Gender	Men: 16.0% (95% CI: 14.0-18.1) Women: 13.8% (95% CI: 12.2-15.5) There was no gender difference in the prevalence of could not afford needed medical care.
Age	There was no age difference in prevalence of could not afford needed medical care.
Education	The prevalence of could not afford needed medical care was significantly higher among adults with less than a high school education (20.9%) than college graduates (10.7%).
Household Income	The prevalence of could not afford needed medical care was significantly higher among adults with an annual household income of less than \$35,000 than adults with an annual household income of \$35,000 of more.
Trend	There was a decrease in the prevalence of could not afford needed medical cost from 2011 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of could not afford needed medical care was 14.9%. There were 5 counties with a significantly lower prevalence compared to the state; Grant, Hancock, Mason, Mineral, and Preston counties. There were 6 counties with a significantly higher prevalence compared to the state; Fayette, Logan, McDowell, Mingo, Nicholas, and Wyoming counties.

### Table 3.4 Prevalence of Could Not Afford Needed Medical Care by Demographic Characteristics: WVBRFSS, 2018

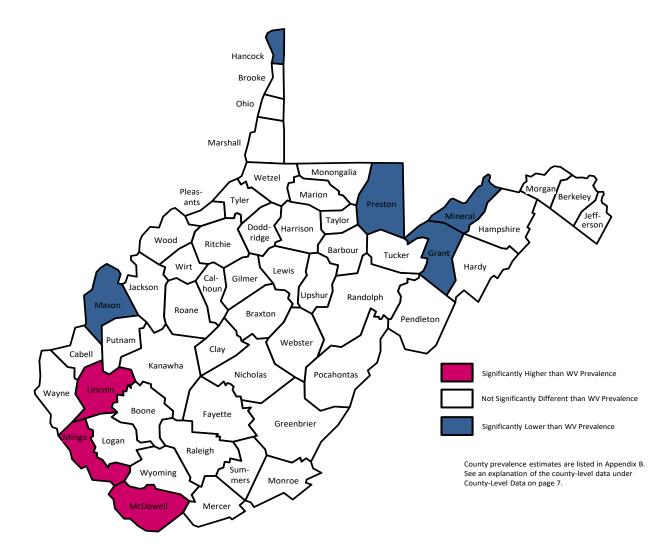
	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	112,915	16.0	14.0-18.1	101,016	13.8	12.2-15.5	213,931	14.9	13.6-16.2
Age									
18-24	13,510	15.8	8.2-23.4	7,997	10.2	4.0-16.3	21,507	13.1	8.2-18.0
25-34	25,686	24.1	17.2-30.9	20,205	19.9	14.0-25.7	45,891	22.0	17.4-26.6
35-44	23,255	21.5	15.6-27.3	15,960	14.9	10.6-19.3	39,215	18.2	14.6-21.9
45-54	18,739	17.0	12.2-21.6	23,013	20.9	16.2-25.6	41,753	18.9	15.6-22.2
55-64	19,488	15.5	11.7-19.2	19,877	15.4	11.8-19.0	39,365	15.4	12.8-18.0
65+	11,415	7.0	4.8-9.3	13,361	6.8	5.0-8.6	24,776	6.9	5.5-8.3
Education									
Less than H.S.	20,981	22.1	15.1-29.1	20,952	19.8	14.2-25.4	41,933	20.9	16.4-25.4
H.S. or G.E.D.	51,845	17.4	14.1-20.7	39,507	14.3	11.4-17.2	91,352	15.9	13.7-18.1
Some Post-H.S.	25,999	14.2	10.5-17.8	26,182	12.6	9.8-15.3	52,181	13.3	11.1-15.6
College Graduate	14,090	11.2	8.1-14.2	14,375	10.3	7.7-12.9	28,465	10.7	8.7-12.7
Income									
Less than \$15,000	13,281	24.8	16.1-33.5	17,048	17.5	12.9-22.2	30,329	20.1	15.7-24.5
\$15,000 - 24,999	32,103	26.3	20.4-32.3	28,976	20.4	15.9-24.9	61,079	23.1	19.5-26.8
\$25,000 - 34,999	21,109	22.2	15.9-28.5	14,301	14.1	9.5-18.7	35,409	18.0	14.1-21.9
\$35,000 - 49,999	9,175	9.0	5.6-12.5	10,509	12.8	7.9-17.6	19,684	10.7	7.8-13.6
\$50,000 - 74,999	15,385	16.4	10.4-22.3	8,400	10.9	6.7-15.1	23,784	13.9	10.1-17.7
\$75,000+	12,070	8.4	5.3-11.4	7,516	6.3	3.4-9.2	19,586	7.4	5.3-9.5



### **CHAPTER 3: HEALTH CARE ACCESS**

Figure 3.11 Prevalence of Could Not Afford Needed Medical Care by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 14.9%



### No Routine Checkup in Past Year

Definition	Responding "More than a year ago" to the question, "About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition."
Prevalence	WV: 18.8% (95% CI: 17.3-20.3) U.S.: 23.3% (95% CI: 23.0-23.6) The West Virginia prevalence of no checkup in the past year was significantly lower than the national prevalence. West Virginia ranked the 51 <sup>st</sup> highest among 54 BRFSS participants.
Gender	Men: 23.6% (95% CI:21.2-26.0) Women: 14.1% (95% CI: 12.4-15.9) The prevalence of no checkup in the past year was significantly higher among men than among women.
Age	The prevalence of no checkup in the past year was significantly higher among adults aged 34 and younger than adults aged 45 and older.
Education	There was no education difference in the prevalence of no checkup in the past year.
Household Income	There was no annual household income difference in the prevalence of no checkup in the past year.
Trend	There was a decline in prevalence of no routine checkup in the past year from 2011 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of no routine check up in the past year was 21.4%. The prevalence of no checkup in the past year in Mason County was significantly lower than the state prevalence. There were 3 counties with a significantly higher prevalence compared to the state; Jefferson, Monongalia, and Wyoming counties.

### Table 3.5 Prevalence of No Checkup in the Past Year by DemographicCharacteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	165,532	23.6	21.2-26.0	102,546	14.1	12.4-15.9	268,077	18.8	17.3-20.3
Age									
18-24	37,836	45.2*	34.7-55.7	15,949	20.4	12.0-28.9	53,785	33.2	26.2-40.2
25-34	44,057	41.2	33.4-48.9	30,281	30.3	23.3-37.3	74,338	35.9	30.6-41.2
35-44	30,699	28.6	22.2-34.9	21,841	20.5	15.4-25.6	52,540	24.5	20.5-28.6
45-54	25,983	23.6	18.4-28.7	12,653	11.5	8.0-15.0	38,636	17.5	14.4-20.7
55-64	14,276	11.3	8.2-14.4	11,335	8.8	5.9-11.7	25,611	10.1	7.9-12.2
65+	11,110	6.8	4.7-9.0	9,812	5.1	3.6-6.5	20,922	5.9	4.6-7.1
Education									
Less than H.S.	18,411	19.4	12.3-26.4	13,694	13.1	7.9-18.3	32,105	16.1	11.7-20.4
H.S. or G.E.D.	70,029	23.7	19.9-27.5	36,142	13.2	10.3-16.2	106,171	18.7	16.2-21.1
Some Post-H.S.	48,703	26.5	21.7-31.4	33,063	16.0	12.4-19.6	81,766	21.0	18.0-23.9
College Graduate	27,962	22.2	18.1-26.4	19,647	14.1	11.2-17.1	47,609	18.0	15.4-20.5
Income									
Less than \$15,000	12,682	23.6	15.5-31.8	15,665	16.3	10.7-21.9	28,347	18.9	14.3-23.6
\$15,000 - 24,999	28,962	23.7	17.8-29.6	22,401	15.9	11.5-20.3	51,363	19.5	15.9-23.2
\$25,000 - 34,999	20,353	21.5	14.9-28.1	15,674	15.5	10.4-20.7	36,027	18.4	14.3-22.6
\$35,000 - 49,999	20,179	20.1	14.6-25.6	10,024	12.3	7.7-16.9	30,203	16.6	12.9-20.3
\$50,000 - 74,999	25,994	27.5	20.2-34.8	9,931	12.8	7.8-17.8	35,925	20.9	16.1-25.6
\$75,000+	35,160	24.4	19.5-29.4	16,742	14.0	9.8-18.2	51,902	19.7	16.4-23.0

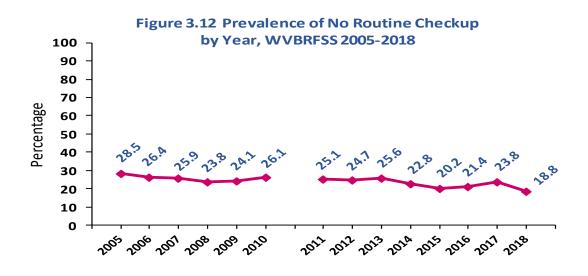
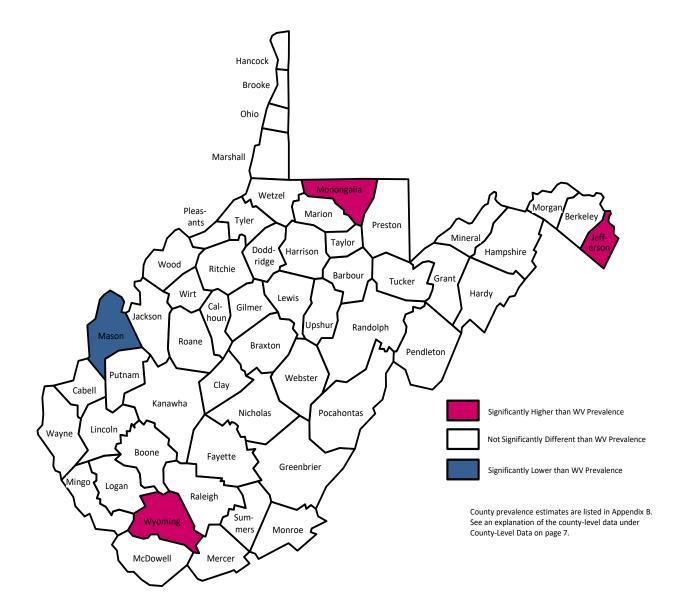
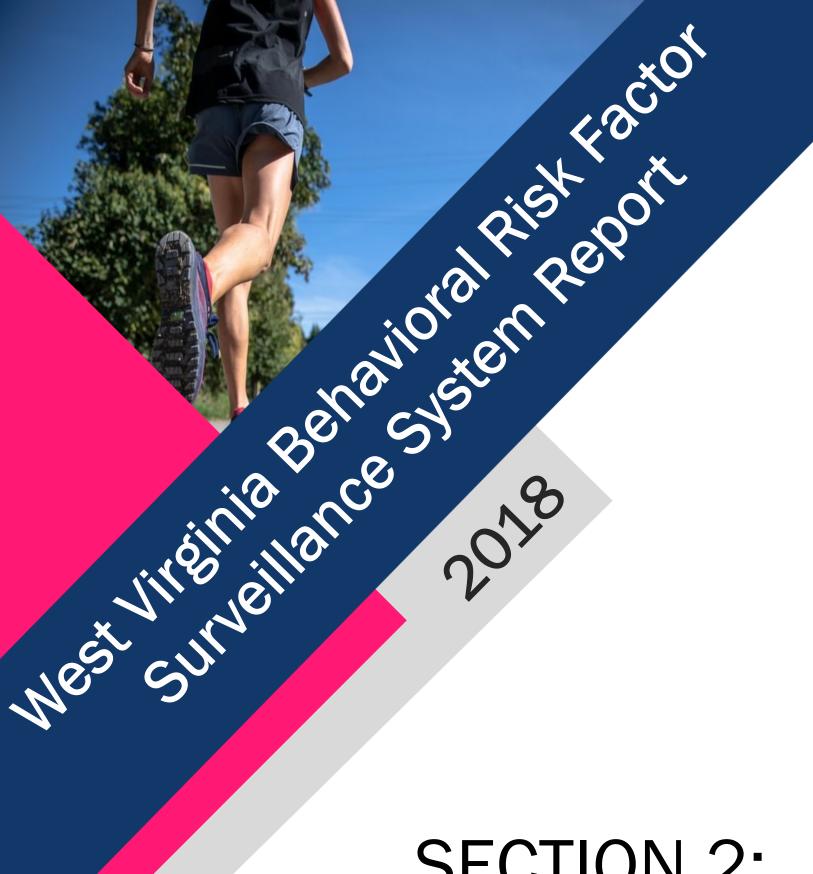


Figure 3.13 Prevalence of No Checkup in the Past Year by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 21.4%





# SECTION 2: Risk Behaviors

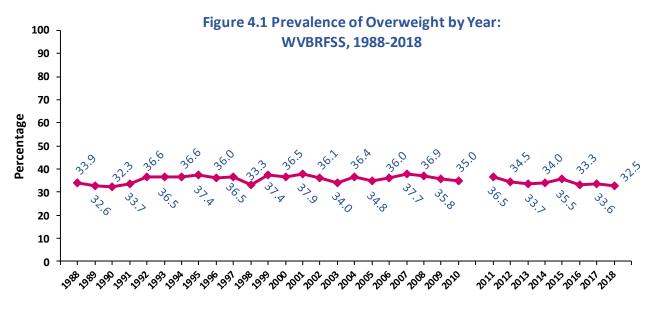
### Overweight

Definition	Body Mass Index (BMI) is a calculation that standardizes the meaning of the terms obese and overweight, thereby improving the accuracy of comparisons. BMI is body weight in kilograms divided by height in meters squared (BMI=kg/m <sup>2</sup> ). Overweight is defined as a BMI of 25.0-29.9.
Prevalence	WV: 32.5% (95% CI: 30.8-34.2) U.S.: 35.0% (95% CI: 34.7-35.3) The prevalence of overweight in West Virginia was significantly lower than the U.S. prevalence. West Virginia ranked the 49 <sup>th</sup> highest among 54 BRFSS participants.
Gender	Men: 35.2% (95% CI: 32.8-37.7) Women: 28.6% (95% CI: 27.4-31.8) The prevalence of overweight was significantly higher among men than women.
Age	There was no age difference in the prevalence of overweight.
Education	There is no educational attainment difference in prevalence of overweight.
Household Income	There was no annual household income difference in the prevalence of overweight.
Trend	There is no change in the prevalence of overweight between 2011 and 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of overweight was 33.8%. Grant County and Tucker County had a significantly higher prevalence compared to the state. No counties were lower than the state.

#### **CHAPTER 4: WEIGHT STATUS**

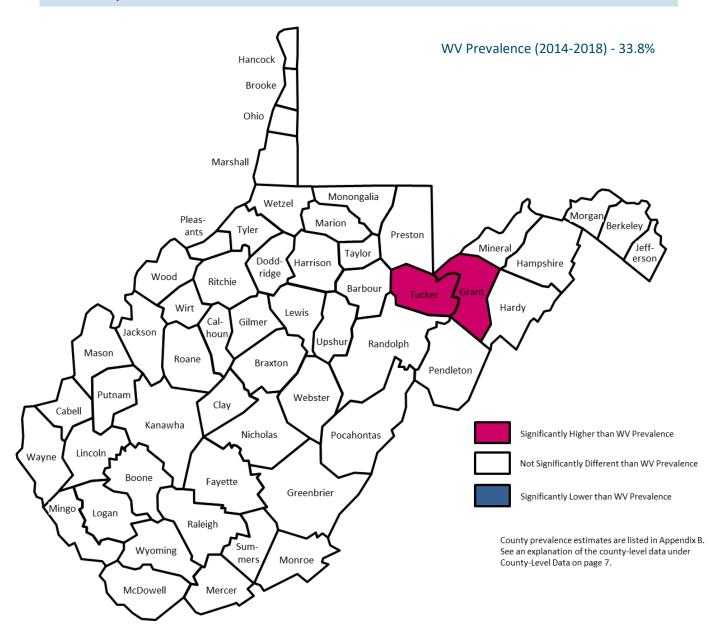
# Table 4.1 Prevalence of Overweight by Demographic Characteristics: WVBRFSS,2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	242,083	35.2	32.8-37.7	196,936	29.6	27.4-31.8	439,019	32.5	30.8-34.2
Age									
18-24	21,819	27.7	18.3-37.1	17,383	26.1*	15.6-36.7	39,202	27.0	20.0-34.0
25-34	32,572	30.4	23.3-37.5	26,823	29.0	21.9-36.0	59,395	29.7	24.7-34.8
35-44	38,077	36.0	29.0-43.0	26,136	25.9	20.3-31.4	64,213	31.1	26.5-35.6
45-54	39,066	35.8	29.8-41.8	24,719	23.9	19.2-28.8	63,785	30.1	26.1-34.0
55-64	44,375	35.9	31.2-40.7	41,711	34.5	30.2-39.4	87,432	35.3	29.8-39.1
65+	64,482	40.3	36.2-44.4	58,597	33.2	29.8-36.6	123,079	36.6	33.9-39.2
Education									
Less than H.S.	28,361	31.3	23.2-39.3	27,304	29.0	21.7-36.3	55,665	30.1	24.7-35.5
H.S. or G.E.D.	99,377	34.3	30.4-38.3	71,982	28.8	25.1-32.4	17,1359	31.8	29.1-34.5
Some Post-H.S.	65,264	36.0	31.1-40.8	54,007	28.6	24.5-32.7	11,9271	32.2	29.1-35.4
College Graduate	48,192	38.9	34.3-43.5	43,643	33.5	29.5-37.6	91,835	36.1	33.1-39.2
Income									
Less than \$15,000	18,510	34.8	25.7-44.0	21,228	23.7	18.2-29.1	39,738	27.8	22.9-32.7
\$15,000 - 24,999	33,646	27.7	21.8-33.7	35,739	26.9	22.1-31.7	69,384	27.3	23.5-31.1
\$25,000 - 34,999	33,138	35.9	29.0-42.9	36,161	38.3	31.3-45.3	69,298	37.1	32.2-42.1
\$35,000 - 49,999	35,684	35.8	29.4-42.1	26,210	34.6	27.7-41.5	61,894	35.3	30.6-40.0
\$50,000 - 74,999	33,433	36.3	29.5-43.0	20,795	29.3	23.2-35.4	54,228	33.3	28.6-37.9
\$75,000+	55,371	38.4	33.2-43.5	35,568	31.6	26.5-36.7	90,939	35.4	31.7-39.1



#### **CHAPTER 4: WEIGHT STATUS**

Figure 4.2 Prevalence of Overweight (Body Mass Index of 25.0-29.9) by County: WVBRFSS, 2014-2018

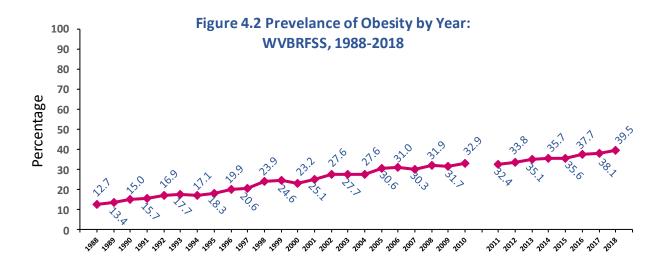


### Obesity

Definition	Body Mass Index (BMI) is a calculation that standardizes the meaning of the terms obesity and overweight, thereby improving the accuracy of comparisons. BMI is body weight in kilograms divided by height in meters squared (BMI=kg/m <sup>2</sup> ). Obese is defined as a BMI of 30.0 or higher.
Prevalence	WV: <b>39.5%</b> (95% CI: 37.8-41.3) <b>U.S.: 30.9%</b> (95% CI: 30.6-31.2) The prevalence of obesity was significantly higher in West Virginia than in the U.S. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 40.6% (95% CI: 38.0-43.2) Women: 38.5% (95% CI: 36.1-40.8) There was no gender difference in the prevalence of obesity.
Age	The prevalence of obesity was significantly higher among adults aged 45-54 (48.4%) than adults aged 18-24 (22.3%).
Education	There was no educational attainment difference in the prevalence of obesity.
Household Income	There was no annual household income difference in the prevalence of obesity.
Trend	There was a significant increase in the prevalence of obesity between 2011 and 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of obesity was 37.3%. There were 5 counties with a significantly lower prevalence compared to the state; Cabell, Marion, Monongalia, Monroe, and Ohio counties. Clay County and McDowell County had a significantly higher prevalence of obesity than the state.

#### Table 4.2 Prevalence of Obesity by Demographic Characteristics: WVBRFSS, 2018

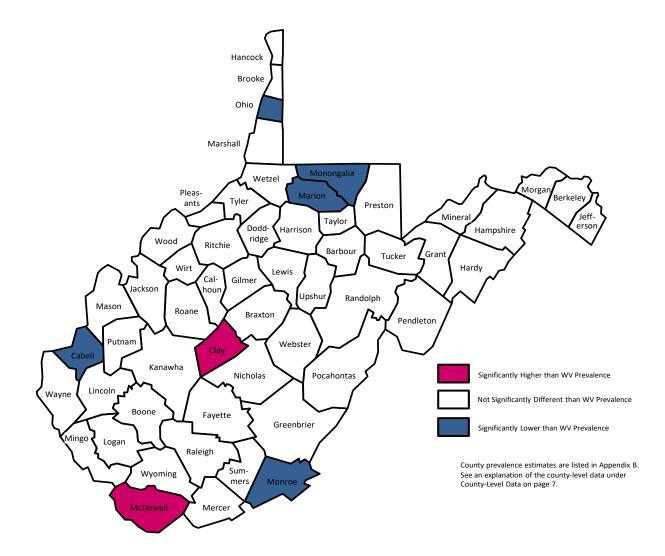
		Men		Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	278,689	40.6	38.0-43.2	25,655	38.5	36.1-40.8	534,344	39.5	37.8-41.3
Age									
18-24	17,965	22.8	12.8-32.8	14,408	21.7	12.3-31.0	32,373	22.3	15.4-29.2
25-34	46,938	43.9*	36.0-51.8	34,434	37.2	29.7-44.6	81,372	40.8	35.3-46.3
35-44	50,335	47.6	40.5-54.7	45,254	44.8	38.4-51.2	95,590	46.2	41.4-51.0
45-54	51,521	47.2	41.0-53.3	51,138	49.6	43.9-55.4	102,659	48.4	44.1-52.6
55-64	56,706	45.9	40.9-51.0	49,551	40.9	36.2-45.7	106,257	43.5	40.0-47.0
65+	54,518	34.1	30.1-38.0	60,117	34.1	30.6-37.5	114,635	34.1	31.4-36.7
Education									
Less than H.S.	38,485	42.4	34.0-50.8	38,789	41.2	33.8-48.7	77,274	41.8	36.2-47.4
H.S. or G.E.D.	11,6811	40.4	36.2-44.6	102,655	41.0	37.0-45.0	219,466	40.7	37.8-43.6
Some Post-H.S.	73,732	40.6	35.6-45.7	71,248	37.7	33.3-42.1	144,980	39.2	35.8-42.5
College Graduate	49,233	39.7	35.1-44.3	42,234	32.5	28.4-36.5	91,467	36.0	32.9-39.1
Income									
Less than \$15,000	22,150	41.7	32.7-50.6	42,900	47.8	41.2-54.4	65,050	45.5	40.2-50.9
\$15,000 - 24,999	51,091	42.1	35.6-48.6	56,869	42.8	37.2-48.3	107,960	42.4	38.2-46.7
\$25,000 - 34,999	34,687	37.6	30.6-44.6	33,703	35.7	29.2-42.2	118,366	36.6	31.8-41.4
\$35,000 - 49,999	44,676	44.8	38.1-51.4	27,354	36.1	29.6-42.6	72,030	41.0	36.3-45.8
\$50,000 - 74,999	34,690	37.6	30.7-44.6	30,503	43.0	36.1-50.0	68,390	40.0	35.0-45.0
\$75,000+	62,234	43.1	37.8-48.5	34,817	30.9	25.6-36.2	97,051	37.8	33.9-41.6



### **CHAPTER 4: WEIGHT STATUS**

Figure 4.2 Prevalence of Obesity (Body Mass Index of 30.0 or Higher) by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 37.3%

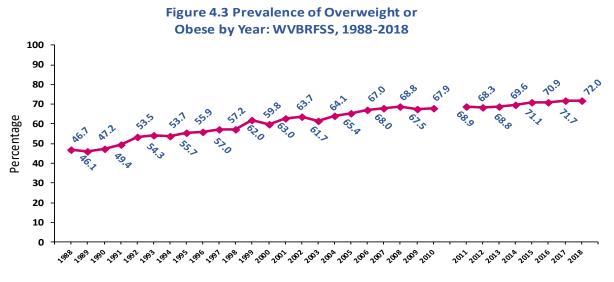


### Overweight or Obese

Definition	Body Mass Index (BMI) is a calculation that standardizes the meaning of the terms obesity and overweight, thereby improving the accuracy of comparisons. BMI is body weight in kilograms divided by height in meters squared (BMI=kg/m <sup>2</sup> ). Overweight or obese is defined as a BMI of 25.0 or higher.
Prevalence	WV: 72.0% (95% CI: 70.4-73.7) U.S.: 66.0% (95% CI: 65.7-66.3) The prevalence of overweight or obese in West Virginia was significantly higher than the U.S. prevalence. West Virginia ranked the 2 <sup>nd</sup> highest among 54 BRFSS participants.
Gender	Men: 75.8% (95% CI: 73.5-78.2) Women: 31.9% (95% CI: 29.6-34.2) The prevalence of overweight or obese was significantly higher among men than women.
Age	The prevalence of overweight or obese was significantly higher among adults aged 25-64 than those aged 18-24 (49.3%).
Education	There was no educational attainment difference in prevalence of overweight or obese.
Household Income	There was no annual household income difference in prevalence of overweight or obese.
Trend	There was no change in the prevalence of overweight or obese from 2011 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of overweight or obese was 71.1%. There were 4 counties with a significantly lower prevalence compared to the state; Calhoun, Marion, Monongalia, and Monroe counties. There were 7 counties with a significantly higher prevalence compared to the state; Boone, Gilmer, Grant, McDowell, Ritchie, Webster, and Wyoming counties.

# Table 4.3 Prevalence of Overweight or Obese by Demographic Characteristics: WVBRFSS, 2018

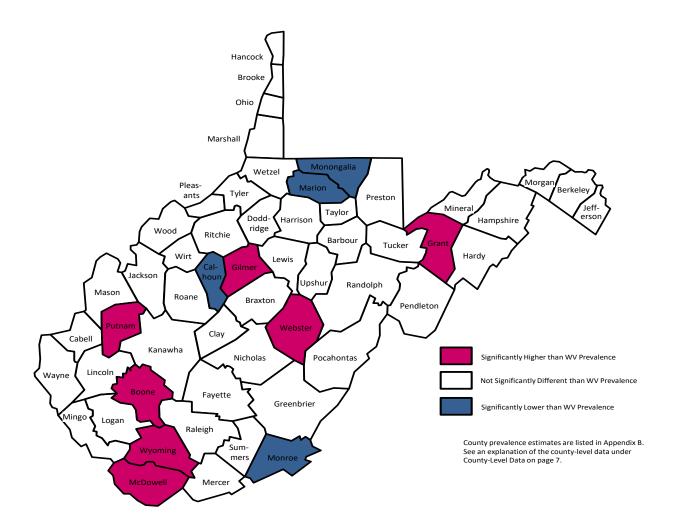
	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	52,0772	75.8	73.5-78.2	452,591	31.9	65.8-70.4	97,3363	72.0	70.4-73.7
Age									
18-24	39,784	50.5	39.7-61.3	31,791	47.8*	36.4-59.2	71,,576	49.3	41.4-57.1
25-34	79,510	74.3*	67.4-81.2	61,257	66.1	58.8-73.5	140,768	70.5	65.5-75.5
35-44	88,412	83.6	78.6-88.6	71,390	70.7	64.6-76.7	159,803	77.3	73.3-81.3
45-54	90,587	82.9	78.2-87.7	75,857	73.6	68.6-78.7	166,444	78.4	75.0-81.9
55-64	101,082	81.9	77.9-85.9	91,262	75.4	71.3-79.6	192,344	78.7	75.8-81.5
65+	119,000	74.3	70.5-78.1	118,714	67.3	63.8-70.6	237,714	70.6	68.1-73.2
Education									
Less than H.S.	66,846	73.7	65.9-81.5	66,093	70.2	62.9-77.5	138,939	71.9	66.6-77.2
H.S. or G.E.D.	216,188	74.7	71.0-78.4	174,637	69.8	66.0-73.6	390,825	72.4	69.8-75.1
Some Post-H.S.	138,996	76.6	72.1-81.1	125,255	66.4	62.0-70.7	264,251	71.4	68.2-74.5
College Graduate	97,425	78.6	74.7-82.6	85,877	66.0	61.8-70.2	183,302	72.2	69.2-75.1
Income									
Less than \$15,000	40,660	76.5	69.4-83.6	64,128	71.5	65.5-77.5	104,788	73.4	68.7-78.0
\$15,000 - 24,999	84,736	69.8	63.7-75.9	92,608	69.7	64.3-75.0	177,344	69.7	65.7-73.8
\$25,000 - 34,999	67,825	73.5	66.8-80.2	69,864	74.0	68.2-79.8	137,688	73.8	69.4-78.2
\$35,000 - 49,999	80,360	80.5	75.0-86.1	53,568	70.7	64.2-77.3	133,924	76.3	72.1-80.6
\$50,000 - 74,999	68,123	73.9	66.7-81.0	51,298	72.4	65.6-79.2	119,421	73.2	68.2-78.2
\$75,000+	117,605	81.5	77.2-85.8	70,385	62.5	56.9-68.1	187,990	73.2	69.7-76.7



#### **CHAPTER 4: WEIGHT STATUS**

Figure 4.4 Prevalence of Overweight or Obese (Body Mass Index of 25.0 or Higher) by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 70.8%

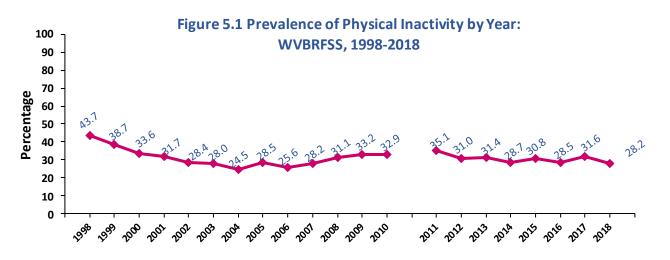


#### No Leisure-Time Physical Activity or Exercise

Definition	Responding "No" to the question, "During the past month, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?"
Prevalence	WV: 28.2% (95% CI: 26.7-29.7) U.S.: 24.5% (95% CI: 24.2-24.8) The prevalence of physical inactivity was significantly higher in West Virginia than in the U.S. West Virginia ranked the 10 <sup>th</sup> highest among 54 BRFSS participants.
Gender	Men: 25.3% (95% CI: 23.0-27.5) Women: 31.0% (95% CI: 28.9-33.1) The prevalence of physical inactivity was significantly higher among women than men.
Age	The prevalence of physical inactivity was significantly higher among adults aged 45 and older than adults aged 44 and younger.
Education	The prevalence of physical inactivity was significantly higher among those with less than a high school education (46.2%) than all other educational attainment levels. The prevalence of physical inactivity was significantly lower among college graduates (15.3%) than all other educational attainment groups.
Household Income	The prevalence of physical inactivity was significantly higher among adults with an annual household income of less than \$15,000 (47.7%) than all other income levels. The prevalence of physical inactivity was significantly lower among adults with an annual household income of \$75,000 or more (14.8%) than among all other income levels.
Trend	There was a decline in the prevalence of physical inactivity among adults between 2011 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of physical inactivity was 29.5%. There were 4 counties with a significantly lower prevalence compared to the state; Jefferson, Marion, Monongalia, and Roane counties. There were 4 counties with a significantly higher prevalence compared to the state; Logan, McDowell, Mingo, and Wyoming counties.

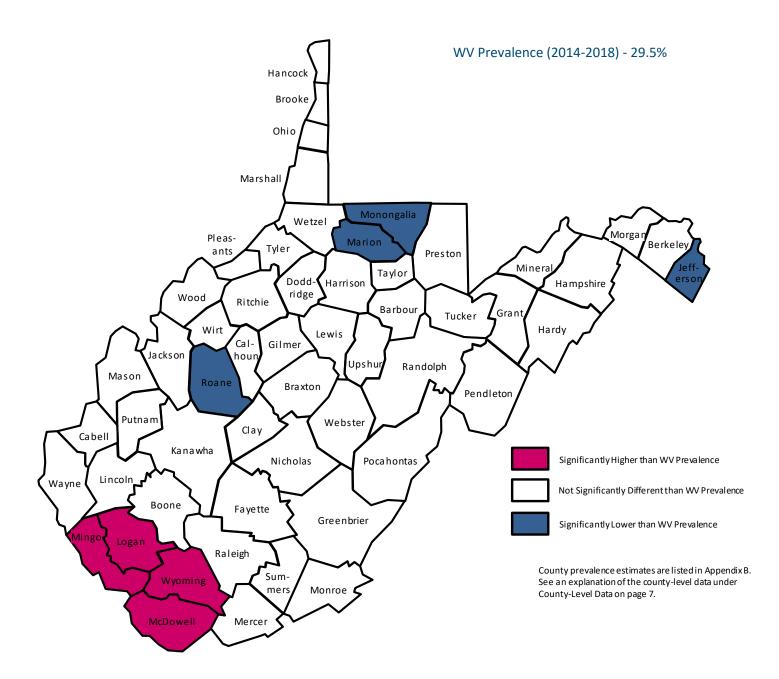
# Table 5.1 Prevalence of Physical Inactivity by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	178,247	25.3	23.0-27.5	227,035	31.0	28.9-33.1	405,282	28.2	26.7-29.7
Age									
18-24	14,621	17.1	9.0-25.2	9,470	12.0	4.7-19.4	24,091	14.7	9.1-20.2
25-34	15,043	14.0	8.7-19.4	19,399	18.9	13.2-24.6	34,442	16.4	12.5-20.3
35-44	19,073	17.6	12.4-22.8	25,314	23.7	18.3-29.0	44,387	20.6	16.9-24.4
45-54	35,146	31.7	25.9-37.5	40,378	36.9	31.5-42.3	75,524	34.3	30.3-38.3
55-64	40,557	32.1	27.4-36.9	46,907	36.3	31.7-41.0	87,463	34.3	30.9-37.6
65+	52,943	32.4	28.5-36.4	83,565	42.5	39.1-46.0	136,508	37.9	35.3-40.6
Education									
Less than H.S.	38,482	40.4	32.2-48.5	53,794	51.4	44.0-58.8	92,276	46.2	40.7-51.6
H.S. or G.E.D.	79,102	26.5	23.0-30.0	98,165	35.4	31.7-39.0	177,267	30.8	28.2-33.3
Some Post-H.S.	41,990	22.8	18.7-26.9	51,797	24.9	21.5-28.3	93,787	23.9	21.3-26.6
College Graduate	17,782	14.1	11.0-17.1	22,892	16.4	13.5-19.3	40,675	15.3	13.2-17.4
Income									
Less than \$15,000	22,248	41.2	32.5-49.9	49,341	51.4	44.9-57.9	71,589	47.7	42.5-53.0
\$15,000 - 24,999	42,210	34.5	28.3-40.8	48,232	34.7	29.7-39.6	91,441	34.6	30.7-38.6
\$25,000 - 34,999	24,933	26.1	19.7-32.5	23,825	23.2	18.0-28.5	48,759	24.6	20.5-28.7
\$35,000 - 49,999	21,773	21.5	16.3-26.6	22,124	26.9	21.1-32.8	43,897	23.9	20.0-27.8
\$50,000 - 74,999	20,599	21.8	16.2-27.4	17,665	22.8	17.4-28.2	38,264	22.2	18.3-26.2
\$75,000+	19,594	13.6	9.9-17.2	19,657	16.4	12.5-20.3	39,250	14.8	12.2-17.5



#### **CHAPTER 5: PHYSICAL ACTIVITY**

#### Figure 5.2 Prevalence of Physical Inactivity by County: WVBRFSS, 2014-2018

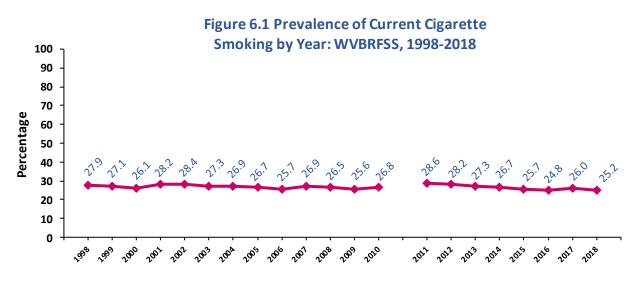


### Current Cigarette Smoking

Definition	Current cigarette smoking is defined as smoking at least 100 cigarettes in one's lifetime and currently smoking every day or some days.
Prevalence	WV: 25.2% (95% CI: 23.6-26.9) U.S.: 15.5% (95% CI: 15.3-15.7) The West Virginia prevalence of current cigarette smoking was significantly higher than the national prevalence. West Virginia ranked the highest among the 54 BRFSS participants.
Gender	Men: 25.7% (95% CI: 23.3-28.1) Women: 24.8% (95% CI: 22.6-27.0) There was no gender difference in the prevalence of current cigarette smoking.
Age	The prevalence of current cigarette smoking was significantly lower among adults aged 65 and older (13.9%) than all other age groups.
Education	The prevalence of current cigarette smoking was significantly higher among adults with less than a high school degree (44.2%) than all other educational attainment levels. The prevalence of current cigarette smoking was significantly lower among college graduates (11.3%) than all other educational attainment levels.
Household Income	The prevalence of current cigarette smoking was significantly higher among adults with an annual household income of less than \$25,000 than all other income levels.
Trend	There was no change in prevalence of current cigarette smoking between 2011 and 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of current cigarette smoking was 25.7%. Monongalia County and Putnam County had a significantly lower prevalence when compared to the state. Fayette County and Mingo County had a significantly higher prevalence when compared to the state.

### Table 6.1 Prevalence of Current Cigarette Smoking by DemographicCharacteristics: WVBRFSS, 2018

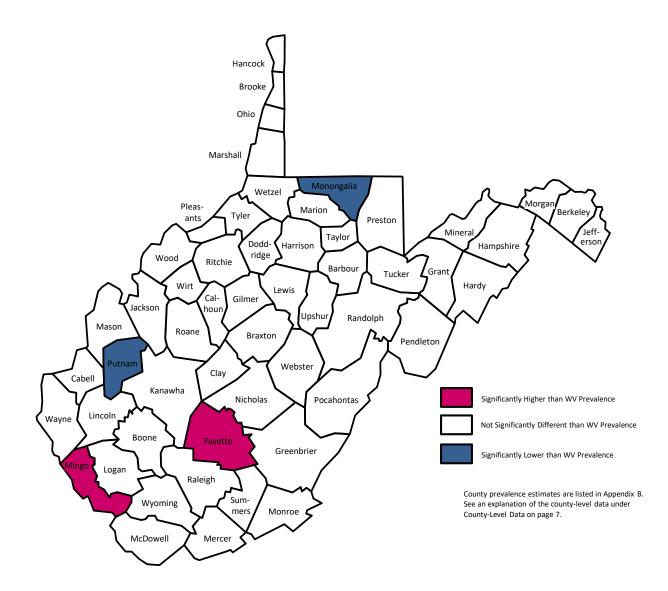
		Men		Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	176,879	25.7	23.3-28.1	178,110	24.8	22.6-27.0	354,990	25.2	23.6-26.9
Age									
18-24	19,068	23.8	14.7-32.8	17,350	22.4	12.8-32.0	36,418	23.1	16.5-29.7
25-34	36,610	34.8	27.1-42.6	35,368	34.8	27.7-42.0	71,977	34.8	29.5-40.1
35-44	33,729	31.7	25.1-38.4	34,470	33.0	26.7-39.3	68,199	32.4	27.8-36.9
45-54	28,201	25.8	20.3-31.4	32,212	29.9	24.7-35.1	60,414	27.9	24.1-31.6
55-64	33,950	27.5	23.0-32.1	34,017	26.6	22.4-30.9	68,158	26.7	23.7-29.8
65+	24,620	15.4	12.2-18.6	24,241	12.6	10.1-15.1	48,861	13.9	11.9-15.8
Education									
Less than H.S.	36,995	41.0	32.4-49.7	48,254	46.9	39.4-54.4	85,249	44.2	38.5-49.9
H.S. or G.E.D.	83,569	28.9	25.1-32.8	71,762	26.6	23.0-30.1	155,331	30.8	28.2-30.4
Some Post-H.S.	42,166	23.2	18.9-27.5	42,027	20.33	16.8-23.9	84,192	21.7	18.9-24.4
College Graduate	13,722	10.9	8.1-13.8	16,067	11.7	9.0-14.4	29,790	11.3	9.4-13.3
Income									
Less than \$15,000	19,543	37.0	28.3-45.8	41,318	44.1	37.6-50.6	60,861	41.5	36.3-46.8
\$15,000 - 24,999	45,309	37.6	31.1-44.2	47,980	34.1	28.7-39.5	93,288	35.7	31.5-39.9
\$25,000 - 34,999	26,671	28.6	21.5-35.6	20,714	20.3	14.0-26.6	47,384	24.3	19.5-28.9
\$35,000 - 49,999	26,333	26.1	19.7-32.5	16,460	20.2	14.2-26.3	42,793	23.5	19.0-28.0
\$50,000 - 74,999	17,790	19.5	13.4-25.6	12,033	15.8	10.4-21.3	29,823	17.8	13.7-22.0
\$75,000+	20,355	14.2	10.4-18.0	15,533	13.0	9.4-16.6	35,888	13.7	11.0-16.3



#### **CHAPTER 6: TOBACCO USE**

Figure 6.2 Prevalence of Current Cigarette Smoking by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 25.7%



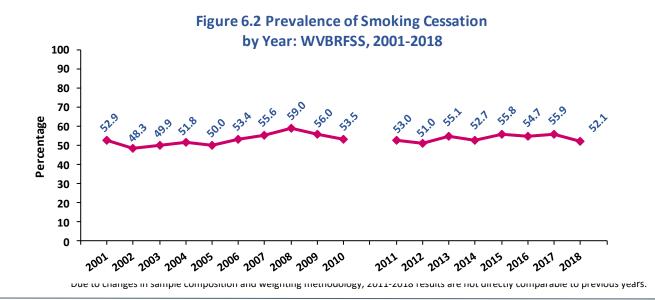
### **Smoking Cessation**

Definition	Current smokers responding "Yes" to the question, "During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?"
Prevalence	WV: 52.1% (95% CI:48.4-55.9) U.S.: 57.3% (95% CI: 56.5-58.1) The West Virginia prevalence of smoking cessation was significantly lower than the U.S. prevalence. West Virginia ranked the 51 <sup>st</sup> highest among 54 BRFSS participants.
Gender	Men: 54.2% (95% CI: 48.8-59.7) Women: 50.1% (95% CI: 44.8-55.3) There was no gender difference in the prevalence of smoking cessation.
Age	There was no age difference in the prevalence of smoking cessation.
Education	There was no educational attainment difference in the prevalence of smoking cessation.
Household Income	There was no annual household income difference in the prevalence of smoking cessation.
Trend	There was no change in the prevalence of smoking cessation between 2011 and 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of smoking cessation was 54.2%. Tyler County had a significantly lower prevalence of smoking cessation than the state. No county had a higher prevalence than the state.

# Table 6.2 Prevalence of Smoking Cessation by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	95,484	54.2	48.8-59.7	88,925	50.1	44.8-55.3	184,409	52.1	48.4-55.9
Age									
18-24	14,665	76.9*	58.6-95.2	9,206	53.1*	28.4-77.8	23,871	65.5*	50.3-80.8
25-34	21,890	60.2*	46.0-74.3	19,652	55.6*	42.7-68.5	41,542	57.9	48.3-67.5
35-44	21,850	64.8*	52.9-76.7	14,216	41.7*	29.6-53.8	36,065	53.2	44.4-61.9
45-54	10,317	36.6*	25.0-48.2	16,682	51.8*	41.4-62.2	27,463	44.7	36.8-52.6
55-64	17,146	51.5	41.6-61.3	17,095	50.3	40.9-59.6	34,241	50.9	44.1-57.7
65+	9,413	38.2*	27.6-48.9	11,621	48.1*	37.3-58.9	21,034	43.1	35.5-50.8
Education									
Less than H.S.	19,823	53.6*	39.4-67.7	25,364	52.6*	40.8-64.4	45,187	53.0	43.9-62.1
H.S. or G.E.D.	44,066	53.1	45.2-61.1	34,483	48.2	40.3-56.1	78,550	50.8	45.2-56.5
Some Post-H.S.	24,802	58.8*	48.7-69.0	20,925	49.9	40.1-59.7	45,726	54.4	47.3-61.5
College Graduate	6,793	50.3*	36.4-64.3	8,153	51.2*	38.7-63.7	14,946	50.8	41.5-60.1
Income									
Less than \$15,000	12,560	64.3*	50.4-78.1	14,965	36.2	26.5-45.9	27,525	45.2	36.9-53.6
\$15,000 - 24,999	24,952	55.1*	43.8-66.3	28,225	59.1	48.9-69.3	53,177	57.1	49.6-64.7
\$25,000 - 34,999	14,215	53.3	38.3-68.3	11,950	57.7*	40.7-74.7	26,166	55.2*	43.9-66.6
\$35,000 - 49,999	13,305	50.5*	35.6-65.5	7,891	47.9*	30.7-65.2	21,196	49.5*	38.2-60.9
\$50,000 - 74,999	9,522	54.2*	36.8-71.7	6,278	52.2*	33.2-71.2	15,800	53.4*	40.4-66.3
\$75,000+	9,621	47.3*	32.8-61.7	6,617	43.0*	28.1-57.9	16,238	45.4*	35.0-55.9

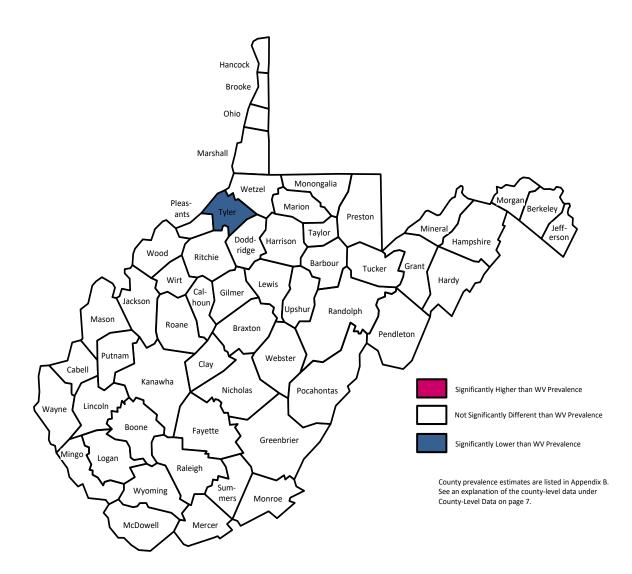
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



### **CHAPTER 6: TOBACCO USE**

Figure 6.2 Prevalence of Smoking Cessation by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 54.2%



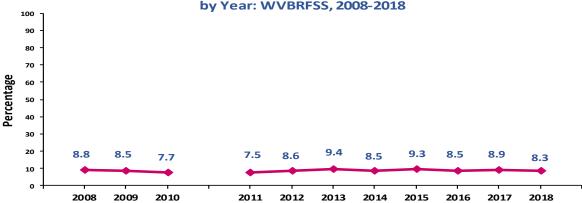
#### Smokeless Tobacco Use

Definition	Responding "Every day" or "Some days" to the question, "Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?"
Prevalence	<b>WV: 8.3%</b> (95% CI: 7.2-9.4) <b>U.S.: 3.6%</b> (95% CI: 3.5-3.7) The West Virginia prevalence of smokeless tobacco use was significantly higher than the U.S. prevalence. West Virginia ranked the 3 <sup>rd</sup> highest among 54 BRFSS participants.
Gender	Men: 15.5% (95% CI: 13.5-17.6) Women: 1.4% (95% CI: 0.7-2.0) The prevalence of smokeless tobacco use was significantly higher among men than women.
Age	There was no age difference in the prevalence of smokeless tobacco use.
Education	The prevalence of smokeless tobacco use was significantly higher among adults with less than a high school education and high school graduates than among adults with some college and college graduates.
Household Income	There was no annual household income difference in the prevalence of smokeless tobacco use.
Trend	The was no change in prevalence of smokeless tobacco use. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of smokeless tobacco was 8.7%. There were 5 counties with a significantly lower prevalence compared to the state; Berkeley, Cabell, Kanawha, Monongalia, and Taylor counties. There were 3 counties with a significantly higher prevalence compared to the state; Boone, Lincoln, and Wyoming counties.

### Table 6.3 Prevalence of Smokeless Tobacco Use by Demographic Characteristics: WVBRFSS, 2018

		Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	106,925	15.5	13.5-17.6	9,763	1.4	0.7-2.0	116,689	8.3	7.2-9.4	
Age										
18-24	8,685	10.8	2.9-18.8	3,611	4.7*	0.4-8.9	12,297	7.8	3.2-12.4	
25-34	17,457	16.5	10.4-22.6	1,006	1.0*	0.0-2.5	18,463	8.9	5.6-12.2	
35-44	19,428	18.3	12.5-24.0	872.5	0.8*	0.0-2.2	20,300	9.6	6.5-12.7	
45-54	26,238	24.0	18.5-29.4	2,014	1.8*	0.0-4.1	28,252	12.9	9.8-15.7	
55-64	16,163	13.1	9.8-16.5	1,073	0.8*	0.0-1.6	17,236	6.9	5.1-8.6	
65+	18,669	11.6	8.6-14.7	1,187	0.6*	01.2	19,856	5.6	4.1-7.1	
Education										
Less than H.S.	23,413	25.9	18.5-33.3	2,275	2.2*	0.0-4.8	25,687	13.2	9.3-17.1	
H.S. or G.E.D.	50,562	17.5	14.0-20.9	6,609	2.4*	1.0-3.9	57,170	10.2	8.2-12.2	
Some Post-H.S.	23,476	12.9	9.4-16.4	606.3	0.3*	0.0-0.9	24,082	6.2	4.5-7.9	
College Graduate	9,048	7.2	4.6-9.8	273.9	0.2*	0.0-0.5	9,322	3.5	2.3-4.8	
Income										
Less than \$15,000	11,549	22.0	13.5-30.5	3,533	3.7*	05-6.9	15,082	10.2	6.4-14.1	
\$15,000 - 24,999	22,258	18.3	13.4-23.3	2,321	1.7*	0.0-3.5	24,580	9.4	6.8-12.0	
\$25,000 - 34,999	10,883	11.5	6.6-16.4	475.5	0.5*	0.0-1.4	11,359	5.8	3.3-8.3	
\$35,000 - 49,999	11,483	11.4	7.2-15.6	685.6	0.8*	0.0-2.5	12,169	6.7	4.2-9.2	
\$50,000 - 74,999	10,201	11.2	6.6-15.7	125.7	0.2*	0.0-0.5	10,327	6.2	3.6-8.7	
\$75,000+	25,458	17.8	13.4-22.2	1,401	1.2*	0.0-2.5	26,859	10.2	7.6-12.8	

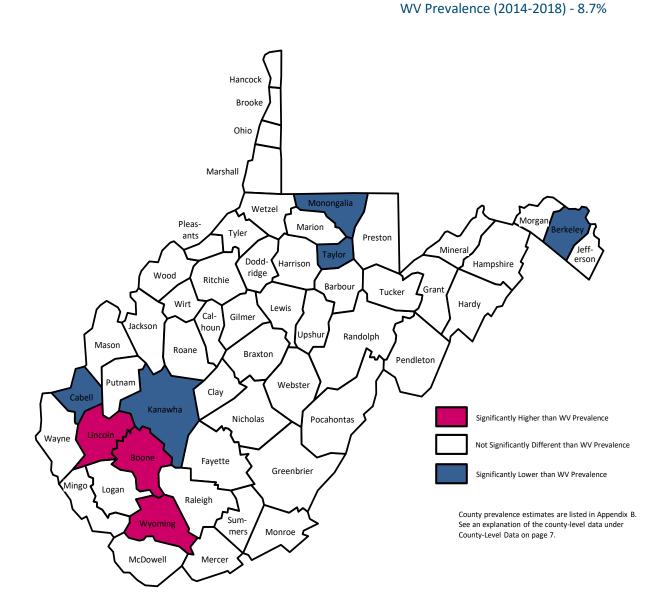
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 6.



#### Figure 6.3 Prevalence of Smokeless Tobacco Use by Year: WVBRFSS, 2008-2018

#### **CHAPTER 6: TOBACCO USE**

Figure 6.5 Prevalence of Smokeless Tobacco Use by County: WVBRFSS, 2014-2018



WVBRFSS 2018 Report

### Marijuana Use

Definition	Responding "1" or more to the question "During the past 30 days, on how many days did you use marijuana or hashish?"
Prevalence	WV: 6.9% (95% CI: 5.9-7.9 ) Because this question is part of a state selected optional module and complete national data are not available, a U.S. comparison was not conducted.
Gender	Men: 9.1 (95% CI: 7.4-10.8) Women: 4.8% (95% CI: 3.7-5.9) The prevalence of marijuana use in the past 30 days was significantly higher among men than women.
Age	The prevalence marijuana use in the past 30 days was significantly higher among adults aged 25-34 (14.8%) than adults aged 35 and older. The prevalence of marijuana use in the past 30 days was significantly lower among those aged 65 and older (1.7%) than among all other age groups.
Education	There was no educational attainment difference in the prevalence of marijuana use in the past 30 days.
Household Income	The prevalence of marijuana use in the past 30 days was significantly higher among adults with an annual household income of less than \$25,000 than among those earning \$25,000-\$49,999 and those earning more than \$75,000.
Trend	Because of the lack of data from previous years, a trendline for marijuana use could not be created.
County	No county estimates are available for marijuana use due to lack of data from previous years.

### Table 7.1 Prevalence of Marijuana Use in the Past Month: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	58,606	9.1	7.4-10.8	32,749	4.8	3.7-5.9	91,354	6.9	5.9-7.9
Age									
18-24	11,671	16.2	8.0-24.4	5,878	8.7	3.0-14.4	17,549	12.5	7.5-17.6
25-34	18,147	18.9	12.3-25.5	9,627	10.5	5.7-15.3	27,774	14.8	10.7-19.0
35-44	7,474	7.5	3.5-11.5	5,091	5.2	2.7-7.6	12,565	6.4	4.0-8.7
45-54	10,581	10.2	6.3-14.2	6,460	6.2	3.3-8.9	17,041	8.2	5.8-10.6
55-64	7,762	6.6	4.2-9.1	2,563	2.1	1.0-3.2	10,325	4.3	3.0-5.6
65+	2,769	1.8	0.8-2.8	2,938	1.6	0.7-2.4	5,707	1.7	1.0-2.3
Education									
Less than H.S.	5,452	6.5	1.4-11.6	1,840	1.8	0.0-3.9	7,292	4.0	1.4-6.6
H.S. or G.E.D.	10,460	4.1	2.1-6.2	5,038	2.0	0.8-3.3	15,498	3.1	1.9-4.3
Some Post-H.S.	5,095	3.2	1.1-5.2	4,142	2.2	0.8-3.6	9,237	2.6	1.4-3.9
College Graduate	1,986	1.8	0.6-3.1	1,366	1.1	0.2-2.0	3,353	1.5	0.7-2.2
Income									
Less than \$15,000	7,323	14.9	7.4-22.5	9,286	10.2	5.8-14.6	16,609	11.9	7.9-15.8
\$15,000 - 24,999	19,668	17.2	11.9-22.6	7,142	5.5	2.8-8.1	26,810	11.0	8.0-13.9
\$25,000 - 34,999	6,203	6.8	2.7-10.8	3,928	4.0	1.2-6.8	10,131	5.3	2.9-7.8
\$35,000 - 49,999	6,339	6.6	2.7-10.4	3,101	4.0	1.2-6.7	9,439	5.4	3.0-7.9
\$50,000 - 74,999	6,971	8.5	3.3-13.6	2,775	3.9	0.9-6.9	9,746	6.4	3.2-9.5
\$75,000+	5,050	3.9	1.7-6.0	4,567	4.1	2.0-6.3	9,617	4.0	2.5-5.5

### **CHAPTER 8: ALCOHOL CONSUMPTION**

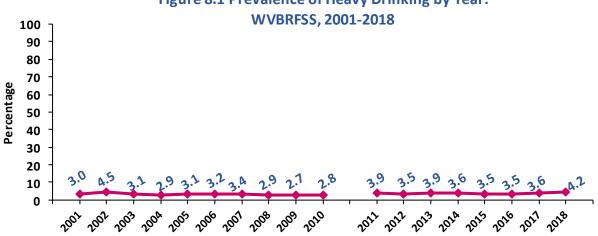
#### Heavy Drinking

Definition	Defined as the consumption of more than two drinks per day for men and more than one drink per day for women during the past month.
Prevalence	WV: 4.2% (95% CI: 3.5-5.0) U.S.: 6.3% (95% CI: 6.2-6.5) The West Virginia prevalence of heavy drinking was significantly lower than the U.S. prevalence. West Virginia ranked 52 <sup>nd</sup> highest among the 54 BRFSS participants.
Gender	Men: 6.5% (95% CI: 5.1-7.9) Women: 2.1% (95% CI: 1.5-2.7) The prevalence of heavy drinking was significantly higher among men than among women.
Age	There was no age difference in the prevalence of heavy drinking.
Education	There was no educational attainment difference in the prevalence of heavy drinking.
Household Income	There was no annual household income difference in the prevalence of heavy drinking.
Trend	There was a no change in prevalence of heavy drinking between 2011 and 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia prevalence for heavy drinking was 3.7%. There were 10 counties with a prevalence significantly lower than the state; Doddridge, Grant, Mercer, Mingo, Pleasant, Ritchie, Roane, Summer, Upshur, and Wyoming. Monongalia County had a significantly higher prevalence than the state.

# Table 8.1 Prevalence of Heavy Drinking by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	43,588	6.5	5.1-7.9	14,908	2.1	1.5-2.7	58,496	4.2	3.5-5.0
Age									
18-24	7,326	9.4*	3.3-15.4	1,620	2.1*	0.0-4.6	8,946	5.8	2.4-9.2
25-34	10,211	9.8	4.9-14.7	2,954	3.0*	0.5-5.6	13,166	6.5	3.7-9.4
35-44	6,104	6.0*	2.1-9.8	2,939	2.9*	1.1-4.7	9,043	4.4	2.3-6.6
45-54	7,619	7.3	3.8-10.7	2,927	2.7*	0.9-4.6	10,546	4.9	3.0-6.9
55-64	7,521	6.2	4.1-8.4	2,561	2.0*	0.8-3.2	10,081	4.1	2.8-5.3
65+	4,604	2.9	1.6-4.3	1,907	1.0	0.4-1.6	6,511	1.9	1.2-2.5
Education									
Less than H.S.	4,048	4.6*	0.8-8.5	1,272	1.2*	0.0-2.9	5,320	2.8	0.8-4.8
H.S. or G.E.D.	21,998	7.8	5.4-10.2	3,748	1.4*	0.5-2.3	25,746	4.7	3.4-6.0
Some Post-H.S.	12,211	6.9	4.0-9.8	4,722	2.3	1.1-3.6	16,932	4.5	2.9-6.0
College Graduate	5,331	4.3	2.6-6.0	5,166	3.8	2.1-5.4	10,497	4.0	2.8-5.2
Income									
Less than \$15,000	5,575	11.2*	4.6-17.7	2,179	2.3*	0.4-4.2	7,755	5.4	2.7-8.1
\$15,000 - 24,999	8,108	6.8	3.4-10.1	2,104	1.5*	0.3-2.8	10,212	4.0	2.3-5.7
\$25,000 - 34,999	5,531	6.1*	2.3-9.8	3,785	3.8	0.9-6.6	9,316	4.9	2.5-7.2
\$35,000 - 49,999	4,458	4.5*	1.7-7.3	725.5	0.9*	0.1-1.7	5,184	2.9	1.3-4.5
\$50,000 - 74,999	5,116	5.7*	1.5-9.8	2,368	3.1*	1.0-5.3	7,484	4.5	2.0-7.0
\$75,000+	10,614	7.5	4.4-10.6	3,589	3.0	1.5-4.5	14,203	5.5	3.6-7.3

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

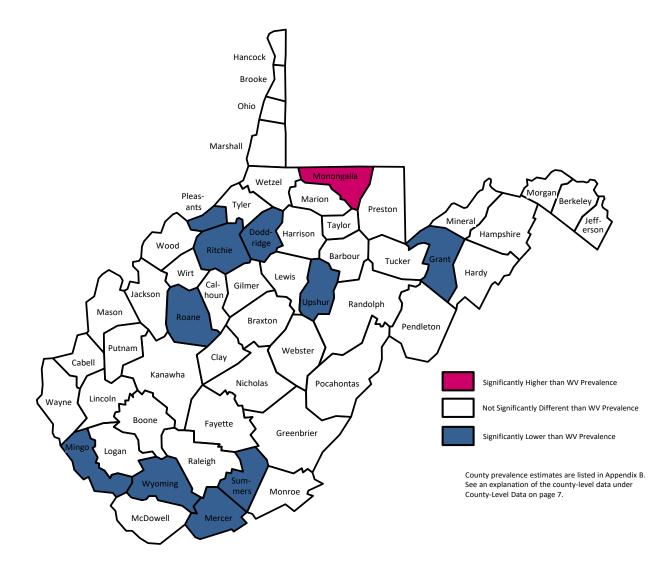


# Figure 8.1 Prevalence of Heavy Drinking by Year:

### **CHAPTER 8: ALCOHOL CONSUMPTION**

#### Figure 8.3 Prevalence of Heavy Drinking by County: WVBRFSS, 2014-2018

#### WV Prevalence (2014-2018) - 3.7%



### **CHAPTER 8: ALCOHOL CONSUMPTION**

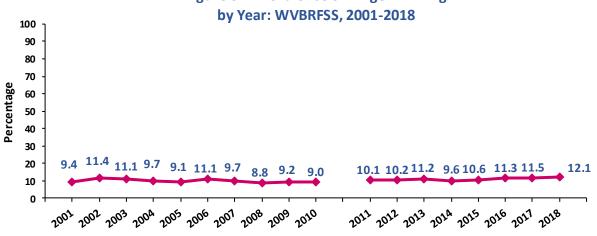
### **Binge Drinking**

Definition	Defined as the consumption of five or more alcoholic drinks for males and four or more alcoholic drinks for females on a single occasion during the past month.
Prevalence	WV: 12.1% (95% CI: 10.9-13.4) U.S.: 16.4% (95% CI: 16.2-16.6) The West Virginia prevalence of binge drinking was significantly lower than the U.S. prevalence. West Virginia ranked the 53 <sup>rd</sup> highest among 54 BRFSS participants.
Gender	Men: 16.8% (95% CI: 15.1-18.5) Women: 6.2% (95% CI: 5.2-7.2) The prevalence of binge drinking was significantly higher among men than among women.
Age	The prevalence of binge drinking was significantly higher among adults aged 18-24 (19.7%) than adults aged 45 and older. The prevalence of binge drinking was significantly lower among adults aged 65 and older (2.8%) than all other age groups.
Education	The prevalence of binge drinking was significantly higher among college graduates (14.3%) than adults with less than a high school education (8.1%).
Household Income	The prevalence of binge drinking was significantly higher among adults with an annual household income of \$75,000 or more (18.7%) than adults with an income of less than \$50,000 per year.
Trend	There was no change in the prevalence of binge drinking between 2011 and 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of binge drinking was 11.0%. There were 7 counties with a significantly lower prevalence compared to the state; Doddridge, Mercer, Mingo, Raleigh, Roane, Webster, and Wyoming. There were 3 counties with a significantly higher prevalence compared to the state; Brooke, Jefferson, and Monongalia.

# Table 8.2 Prevalence of Binge Drinking by Demographic Characteristics: WVBRFSS, 2018

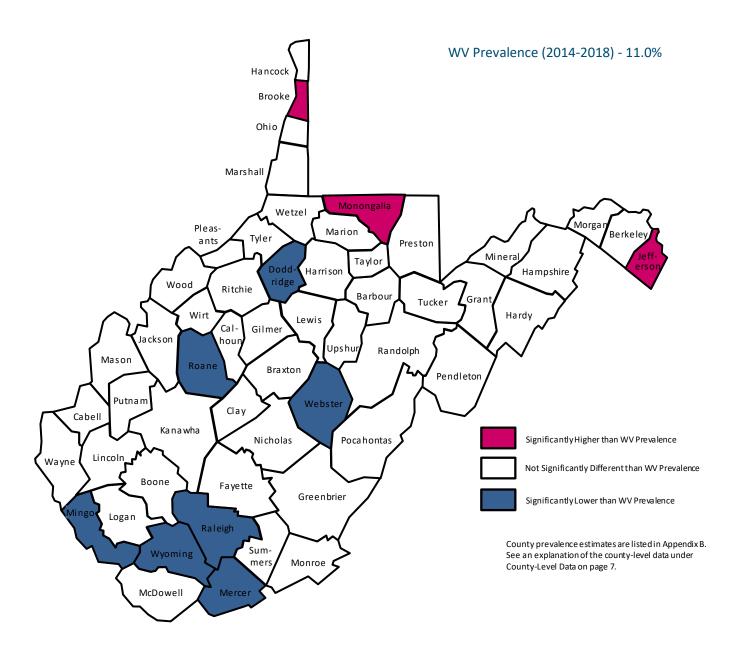
	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	126,372	18.7	16.5-20.9	41,525	5.8	4.7-7.0	167,897	12.1	10.9-13.4	
Age										
18-24	21,206	27.3	18.1-36.5	9,068	11.9	5.9-17.9	30,273	19.7	14.0-25.3	
25-34	34,600	33.0	25.5-40.5	11,179	11.4	6.7-16.2	45,779	22.6	17.9-27.3	
35-44	26,451	25.6	19.2-32.0	9,619	9.3	5.8-12.8	36,069	17.4	13.7-21.2	
45-54	18,851	17.7	12.8-22.6	5,143	4.8	2.6-7.0	23,994	11.2	8.5-14.0	
55-64	15,915	13.1	9.9-16.3	5,486	4.3	2.5-6.2	21,401	8.6	6.8-10.5	
65+	8,566	5.4	3.6-7.3	1,030	0.5*	0.2-0.9	9,596	2.8	1.9-3.7	
Education										
Less than H.S.	13,687	15.5	8.9-22.2	1,957	1.9*	0.0-4.0	15,644	8.1	4.8-11.5	
H.S. or G.E.D.	53,205	18.9	15.4-22.4	12,664	4.7	2.9-6.5	65,869	12.0	10.0-14.0	
Some Post-H.S.	34,637	19.4	15.0-23.9	14,519	7.2	4.6-9.8	49,156	13.0	10.4-15.5	
College Graduate	24,844	20.0	15.9-24.1	12,384	9.1	6.5-11.7	37,228	14.3	11.8-16.7	
Income										
Less than \$15,000	10,172	20.3	11.6-29.1	3,951	4.2*	1.5-6.9	14,123	9.8	6.1-13.6	
\$15,000 - 24,999	21,699	18.0	12.7-23.2	6,559	4.8	2.4-7.2	28,258	10.9	8.1-13.8	
\$25,000 - 34,999	13,717	15.0	9.0-21.0	7,795	7.8	3.6-11.9	21,512	11.2	7.6-14.8	
\$35,000 - 49,999	13,962	14.0	9.3-18.7	4,118	5.1*	1.7-8.5	18,080	10.0	7.0-13.0	
\$50,000 - 74,999	18,769	20.8	14.2-27.4	6,013	8.0	3.8-12.1	24,782	15.0	10.8-19.1	
\$75,000+	37,010	26.4	21.4-31.3	11,390	9.6	6.5-12.7	48,401	18.7	15.6-21.8	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



# Figure 8.2 Prevalence of Binge Drinking

#### Figure 8.3 Prevalence of Binge Drinking by County: WVBRFSS, 2014-2018



#### Seldom or Never Wear Seatbelt

Definition	Responding "Seldom" or "Never" to the question, "How often do you use seat belts when you drive or ride in a car?"
Prevalence	WV: 4.0% (95% CI: 3.3-4.8) U.S.: 3.1% (95% CI: 3.0-3.2) The West Virginia prevalence of seldom or never wear a seat belt was significantly higher than the U.S. prevalence. West Virginia ranked the 15 <sup>th</sup> highest among the 54 BRFSS participants.
Gender	Men: 5.9% (95% CI: 4.6-7.2) Women: 2.2% (95% CI: 1.5-3.0) The prevalence of seldom or never wear a seat belt was significantly higher among men than women.
Age	There was no age difference in prevalence of seldom or never wear a seat belt.
Education	There was no educational attainment difference in the prevalence of seldom or never wear a seatbelt.
Household Income	There was no annual household income difference in the prevalence of seldom or never wear a seatbelt.
Trend	There was a no change in prevalence of seldom or never wear a seatbelt from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of seldom or never wear a seatbelt was 4.1%. Mason County and Putnam County had a significantly lower prevalence when compared to the state. There were no counties with a significantly higher prevalence than the state.

#### Table 9.1 Prevalence of Seldom or Never Wear a Seatbelt: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	40,244	5.9	4.6-7.2	15,951	2.2	1.5-3.0	56,195	4.0	3.3-4.8
Age									
18-24	4,372	5.5*	0.6-10.4	1,740	2.2*	0.0-5.4	6,112	3.9*	0.9-6.8
25-34	8,704	8.2	3.7-12.7	2,628	2.6*	0.3-4.9	11,333	5.5	2.9-8.1
35-44	5,697	5.5	2.3-8.6	2,259	2.2*	0.5-3.8	7,956	3.8	2.0-5.6
45-54	7,603	7.0	3.6-10.4	2,332	2.1*	0.7-3.6	9,935	4.6	2.7-6.5
55-64	6,905	5.6	3.5-7.8	4,243	3.3*	1.1-5.6	11,148	4.5	2.9-6.0
65+	6,464	4.0	2.3-5.8	2,749	1.4*	0.5-2.4	9,213	2.6	1.7-3.6
Education									
Less than H.S.	5,431	6.0	2.5-9.6	4,903	4.8*	1.4-8.1	10,334	5.4	2.9-7.8
H.S. or G.E.D.	21,702	7.6	5.2-9.9	5,841	2.2	1.1-3.3	27,543	5.0	3.6-6.3
Some Post-H.S.	9,181	5.1	2.6-7.5	2,863	1.4*	0.2-2.6	12,044	3.1	1.8-4.4
College Graduate	3,929	3.1	1.7-4.6	2,344	1.7	0.7-2.7	6,273	2.4	1.5-3.2
Income									
Less than \$15,000	3,439	6.7	3.0-10.4	5,183	5.5	2.4-8.7	8,622	5.9	3.5-8.4
\$15,000 - 24,999	5,936	4.9	2.3-7.5	2,730	1.9*	0.3-3.5	8,666	3.3	1.8-4.8
\$25,000 - 34,999	6,703	7.2	3.3-11.0	3,423	3.3*	0.5-6.2	10,125	5.2	2.8-7.5
\$35,000 - 49,999	5,881	5.8	2.5-9.2	646.4	0.8*	0.0-1.7	6,528	3.6	1.7-5.5
\$50,000 - 74,999	8,423	9.3	4.1-14.4	821.3	1.1*	0.0-2.4	9,244	5.5	2.6-8.5
\$75,000+	7,272	5.1	2.6-7.7	1,032	0.9*	0.0-1.7	8,304	3.2	1.7-4.7

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

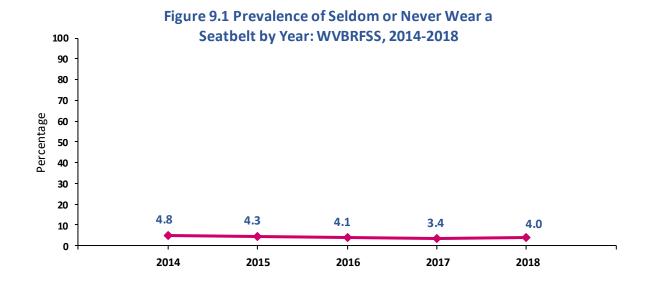
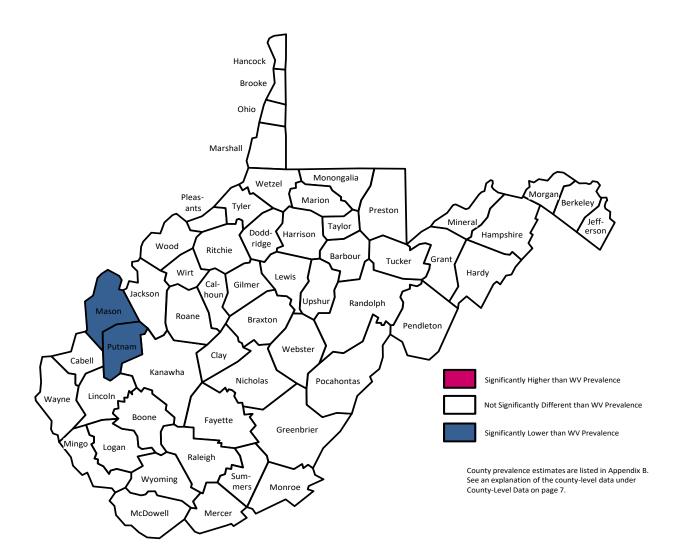


Figure 9.1 Prevalence of Seldom or Never Wear Seatbelt by County: WVBRFSS, 2014-2018





#### Fall in Past Year

Definition	Responding "1" or more to the question, "In the past 12 months, how many times have you fallen? By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level." Asked among those aged 45 and older.
Prevalence	WV: 31.4% (95% CI: 29.6-33.2) U.S.: 25.3% (95% CI: 25.3-25.7) The West Virginia prevalence of at least one fall in the past year was significantly higher than the U.S. prevalence. West Virginia ranked the 2 <sup>nd</sup> highest among the 54 BRFSS participants.
Gender	Men: 30.5% (95% CI: 27.7-33.2) Women: 32.3% (95% CI: 29.9-34.7) There was no gender difference in the prevalence of at least one fall in the past year among adults aged 45 and older.
Age	There was no age difference in the prevalence of at least one fall in the past year among adults aged 45 and older.
Education	There was no education attainment difference in prevalence of at least one fall in the past year among adults aged 45 and older.
Household Income	The prevalence of least one fall in the past year among adults aged 45 and older was significantly higher among adults with an annual household income of less than \$25,000 than all other annual household income levels.
Trend	There was an increase in prevalence of at least one fall in the past year among adults aged 45 and older from 2012 to 2018.
County	The 2010-2018 West Virginia state prevalence of at least one fall in the past year among adults aged 45 and older was 26.8%. There were 4 counties with a significantly lower prevalence compared to the state; Cabell, Kanawha, Marshall, and Putnam. There were 5 counties with a significantly higher prevalence compared to the state; Gilmer, Mingo, Nicholas, Roane, and Wyoming.

## **CHAPTER 9: INJURY**

## Table 9.2 Prevalence of At Least One Fall in the Past Year Among Adults Aged 45 and Older: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	117,910	30.5	27.7-33.2	139,096	32.3	29.9-34.7	257,005	31.4	29.6-33.2
Age									
45-54	32,697	30.9	25.0-36.9	38,131	35.8	30.4-41.2	70,828	33.4	29.3-37.4
55-64	44,325	36.7	31.7-41.7	40,449	32.0	27.5-36.6	84,774	34.3	30.9-37.7
65+	40,053	25.4	21.7-29.0	58,793	30.9	27.7-34.2	98,846	28.4	26.0-30.8
Education									
Less than H.S.	24,102	42.9	33.9-51.9	29,213	41.0	33.6-48.4	53,315	41.8	36.1-47.6
H.S. or G.E.D.	50,703	29.4	25.2-33.5	56,943	32.4	28.5-36.2	107,646	30.9	28.0-33.7
Some Post-H.S.	26,627	27.8	22.8-32.7	34,945	30.5	26.2-34.8	61,572	29.3	26.0-32.5
College Graduate	15,623	25.6	21.0-30.2	17,904	26.2	22.0-30.3	33,527	25.9	22.8-29.0
Income									
Less than \$15,000	16,844	48.1	38.2-58.0	25,237	45.3	38.1-52.4	42,080	46.4	40.6-52.2
\$15,000 - 24,999	29,342	43.0	35.6-50.5	31,569	36.8	31.1-42.5	60,912	39.6	35.0-44.2
\$25,000 - 34,999	15,403	27.3	20.2-34.5	18,188	30.0	23.5-36.4	33,591	28.7	23.9-33.5
\$35,000 - 49,999	17,437	27.2	20.9-33.5	12,234	23.4	16.9-29.8	29,671	25.5	21.0-30.0
\$50,000 - 74,999	9,062	21.7	15.1-28.2	13,289	29.9	23.0-36.8	22,351	25.9	21.1-30.7
\$75,000+	15,521	20.5	15.3-25.6	15,115	24.7	19.1-30.2	30,636	22.4	18.6-26.1

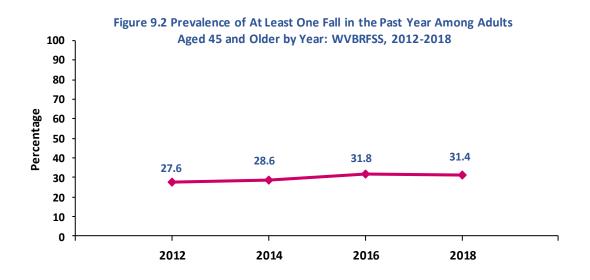
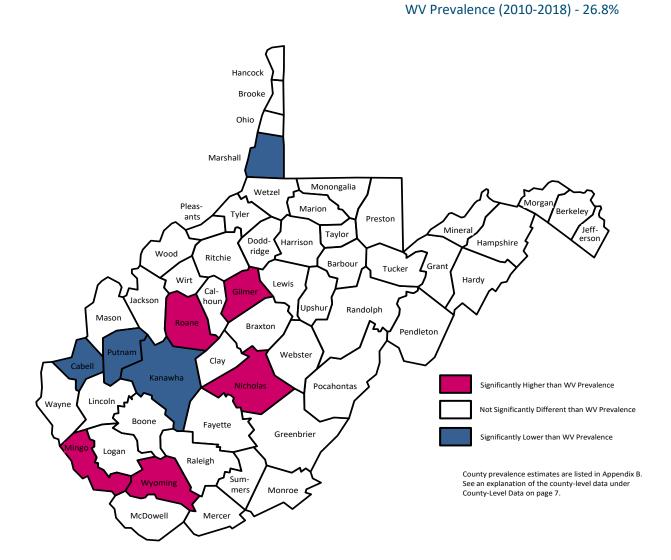


Figure 9.1 Prevalence of At Least One Fall in the Past Year Among Adults Aged 45 and Older by County: WVBRFSS, 2010-2018



## Fall Injury

Definition	Responding "1" or more to the question, "How many of these falls caused an injury? By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor." Asked among adults aged 45 and older who had responded they had fallen at least once in the past year.
Prevalence	WV: 43.6% (95% CI: 40.1-47.0) U.S.: 40.4% (95% CI: 39.6-41.2) The West Virginia prevalence of injured from a fall in the past year was equivalent to the U.S. prevalence. West Virginia ranked the 7 <sup>th</sup> highest among the 54 BRFSS participants.
Gender	Men: 36.0% (95% CI: 30.8-41.2) Women: 49.9% (95% CI: 45.4-54.4) The prevalence of injured from a fall in the past year was significantly higher among women than men.
Age	There was no age difference in the prevalence of injured from a fall in the past year.
Education	There was no educational attainment difference in the prevalence of injured from a fall in the past year.
Household Income	The prevalence of injured from a fall in the past year was significantly higher among adults with an annual household income of less than \$15,000 (58.7%) than adults with an annual household income of \$35,000 or more.
Trend	There was a no change in the prevalence of injured from a fall from 2012 to 2018.
County	The 2010-2018 West Virginia state prevalence of injured from a fall was 39.6%. Harrison County and Nicholas County had a significantly higher prevalence when compared to the state. No counties had a lower prevalence than the state.

# Table 9.3 Prevalence of Injured from a Fall in the Past Year Among Adults Aged45 and Older: WVBRFSS, 2018

	Men			Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	41,700	36.0	30.8-41.2	69,171	49.9	45.4-54.4	110,870	43.6	40.1-47.0
Age									
45-54	12,340	39.4*	28.0-50.9	19,660	51.7	42.4-61.2	32,000	46.2	38.8-53.5
55-64	16,726	38.0	29.4-46.5	22,131	52.7	44.4-62.0	38,857	45.2	39.1-51.4
65+	12,428	31.4	23.8-39.1	27,279	46.6	40.2-53.0	39,707	40.5	35.5-45.5
Education									
Less than H.S.	11,770	52.2*	37.5-67.0	16,011	55.3*	43.5-67.0	27,781	54.0	44.7-63.2
H.S. or G.E.D.	15,458	30.7	22.9-38.5	27,217	47.8	40.6-55.0	42,675	39.8	34.4-45.1
Some Post-H.S.	8,699	3.0	23.6-42.5	18,432	53.0	44.6-61.3	27,130	44.4	37.9-50.8
College Graduate	5,346	34.2	24.4-44.0	7,511	42.1	33.0-51.2	12,857	38.4	31.7-45.1
Income									
Less than \$15,000	8,963	54.8*	40.7-69.0	15,466	61.3	51.5-71.1	24,429	58.7	50.6-66.9
\$15,000 - 24,999	12,468	44.7*	32.8-56.5	14,394	45.8	36.1-55.5	26,861	45.3	37.7-52.8
\$25,000 - 34,999	5,316	34.5*	20.2-48.8	8,837	48.6*	35.6-61.5	14,153	42.1	32.3-52.0
\$35,000 - 49,999	4,974	28.5*	16.1-40.9	4,688	38.3	23.4-53.2	9,662	32.6	23.0-42.1
\$50,000 - 74,999	1,620	17.9*	5.1-30.7	6,265	47.1*	33.3-60.9	7,885	35.3*	25.1-45.5
\$75,000+	4,165	26.8*	15.3-38.4	7,036	46.5*	33.4-59.7	11,201	36.6	27.3-45.9

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

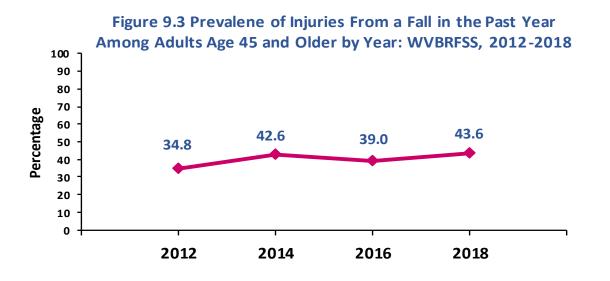
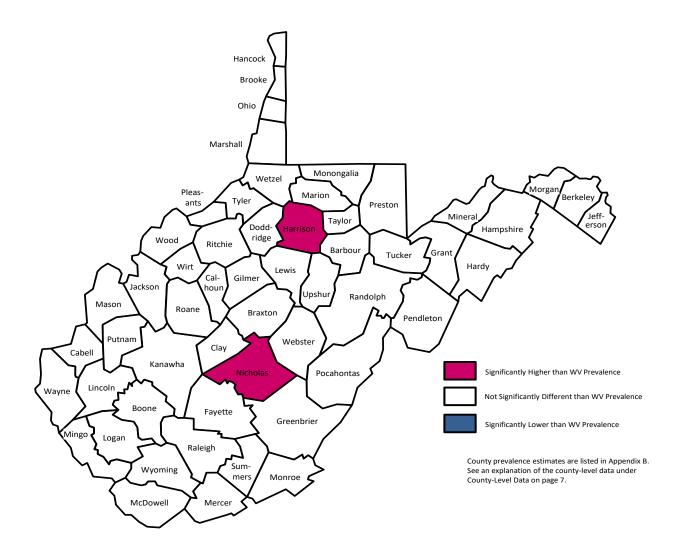


Figure 9.1 Prevalence of Injured from a Fall in the Past Year Among Adults Aged 45 and Older by County: WVBRFSS, 2010-2018

WV Prevalence (2010-2018) - 39.4%



## Inadequate Sleep

Definition	Responding "6" or fewer hours to the question, "On average, how many hours of sleep do you get in a 24-hour period?"
Prevalence	<ul> <li>WV: 41.4% (95% CI: 39.7-43.2)</li> <li>U.S.: 35.1% (95% CI: 34.8-35.4)</li> <li>The West Virginia prevalence of inadequate sleep was significantly higher than the U.S. prevalence. West Virginia ranked the 4<sup>th</sup> highest among 54 BRFSS participants.</li> </ul>
Gender	Men: 41.0% (95% CI: 38.4-43.6) Women: 41.8% (95% CI: 39.4-44.1) There was no gender difference in the prevalence of inadequate sleep.
Age	The prevalence of inadequate sleep was significantly higher among adults aged 25- 34 (48.2%) than adults aged 65 and older (32.9%).
Education	The prevalence of inadequate sleep was significantly higher among adults with less than a high school education (46.9%) than college graduates (35.5%).
Household Income	The prevalence of inadequate sleep was significantly higher among adults with an annual household income of less than \$15,000 (50.4%) than adults with an annual household income of \$50,000 or more per year.
Trend	There was no change in the prevalence of inadequate sleep from 2012 to 2018.
County	The 2014-2018 West Virginia state prevalence of inadequate sleep was 39.6%. There were 4 counties with a significantly lower prevalence compared to the state; Braxton, Grant, Jefferson, and Putnam. There were 7 counties with a significantly higher prevalence when compared to the state; Barbour, Boone, Hardy, McDowell, Randolph, Wayne, and Wyoming.

# Table 10.1 Prevalence of Inadequate Sleep by Demographic Characteristics: WVBRFSS, 2018

	Men			Women		Total			
Characteristic	Weighted Frequen-	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	286,103	41.0	38.4-43.6	301,084	41.8	39.4-44.1	587,186	41.4	39.7-43.2
Age									
18-24	28,902	33.8*	24.2-43.4	25,001	32.5*	22.5-42.4	53,902	33.2	26.3-40.1
25-34	53,176	49.5*	41.7-57.4	47,633	46.8	39.4-54.3	100,809	48.2	42.8-53.7
35-44	49,387	46.3	39.2-53.3	48,190	45.7	39.4-52.0	97,577	46.0	41.2-50.7
45-54	49,311	44.9	38.7-51.0	56,106	51.1	45.5-56.6	105,417	48.0	43.8-52.1
55-64	53,726	43.4	38.4-48.4	55,800	43.6	38.9-48.4	109,525	43.5	40.1-47.0
65+	50,620	31.6	27.7-35.6	64,721	33.9	30.5-37.2	115,341	32.9	30.3-35.4
Education									
Less than H.S.	49,888	53.0	44.5-61.5	44,334	44.2	36.8-51.6	94,222	48.5	42.8-54.1
H.S. or G.E.D.	121,124	41.3	37.2-45.4	118,267	43.4	39.4-47.4	239,391	42.3	39.4-45.2
Some Post-H.S.	70,745	38.8	33.7-43.8	87,929	42.5	38.2-46.8	158,674	40.7	37.4-44.1
College Graduate	43,917	34.8	30.3-39.3	50,259	36.1	32.1-40.2	94,176	35.5	32.5-38.5
Income									
Less than \$15,000	27,515	51.7	42.6-60.8	47,170	49.7	43.2-56.3	74,685	50.4	45.1-55.8
\$15,000 - 24,999	63,353	52.3	45.7-58.9	62,709	45.1	39.6-50.6	126,063	48.4	44.2-52.7
\$25,000 - 34,999	34,039	36.0	28.9-43.0	45,626	44.8	29.2-51.5	79,665	40.6	35.7-45.4
\$35,000 - 49,999	42,733	42.6	35.9-49.4	32,047	38.9	32.2-45.7	74,780	41.0	36.2-45.8
\$50,000 - 74,999	35,448	37.7	30.4-45.0	26,114	33.9	27.3-40.4	61,563	36.0	31.0-40.9
\$75,000+	56,160	39.1	33.8-44.5	45,766	38.4	33.0-43.8	101,926	38.8	35.0-42.6

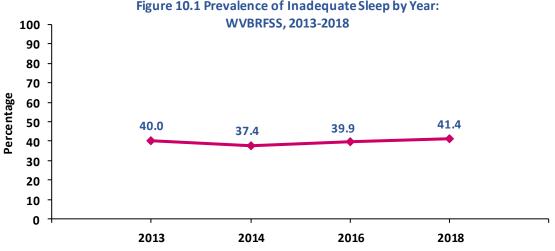
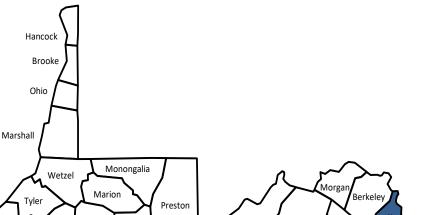


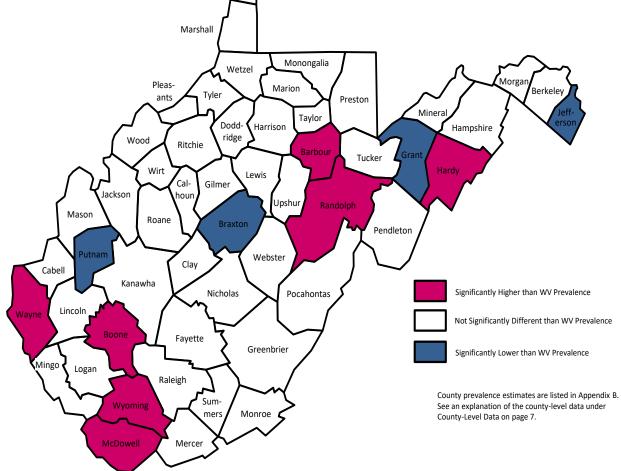
Figure 10.1 Prevalence of Inadequate Sleep by Year:

#### **CHAPTER 10: SLEEP**

Figure 9.1 Prevalence of Inadequate Sleep by County: WVBRFSS, 2014-2018







#### Sunburn in Past Year

Definition	Responding "1" or more to the question, "In the past 12 months, how many times did you have a red or painful sunburn that lasted a day or more?"
Prevalence	<b>WV: 38.1%</b> (95% CI: 36.2-40.0) Because this question was part of an optional module and complete national data are not available, a U.S. comparison was not conducted.
Gender	Men: 43.1% (95% CI: 40.2-46.0) Women: 33.4% (95% CI: 30.9-35.8) The prevalence of sunburn in the past year was significantly higher among men than women.
Age	The prevalence of sunburn in the past year was significantly higher among adults aged 18-54 than adults aged 55 and older.
Education	The prevalence of had a sunburn in the past year was significantly higher among college graduates (45.6%) than adults with a high school education or less than a high school education. The prevalence of had a sunburn in the past year was significantly lower among those with less than a high school education (27.8%) than among all other educational attainment levels.
Household Income	The prevalence of sunburn in the past year was significantly higher among adults with an annual household income of \$50,000 or more than among adults with an annual household income of less than \$25,000.
Trend	Due to a change in the wording of the sunburn question, 2018 results are not comparable to previous years.
County	Due to a change in the wording of the sunburn question, no county prevalence estimates could be produced.

# Table 11.1 Prevalence of Had a Sunburn in the Past Year by Demographic Characteristics: WVBRFSS, 2018

	Men			Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	256,576	43.1	40.2-46.0	207,876	33.4	30.9-35.8	464,451	38.1	36.2-40.0
Age									
18-24	45,175	63.8*	52.9-74.6	34,535	57.9*	45.8-70.0	79,710	61.1	52.9-69.2
25-34	53087	60.1	51.6-68.6	46,043	54.1	46.2-62.1	99,130	57.2	51.3-63.0
35-44	49,401	55.6	47.8-63.4	47,799	51.5	44.7-58.3	97,201	53.5	48.4-58.6
45-54	44,249	45.6	39.1-52.1	31,262	32.7	27.2-38.07	75,510	39.2	34.9-43.5
55-64	34,470	31.9	27.0-37.0	29,107	25.2	20.9-29.4	63,718	28.5	25.2-31.7
65+	29,164	20.8	17.2-24.4	18,349	10.7	8.5-12.9	47,513	15.3	13.2-17.3
Education									
Less than H.S.	29,554	37.1	27.8-46.5	17,863	19.6	13.2-26.1	47,417	27.8	22.1-33.5
H.S. or G.E.D.	105,909	42.7	38.1-47.4	72,303	31.3	27.2-35.5	178,212	37.2	34.1-40.4
Some Post-H.S.	68,730	43.1	37.6-48.5	67,269	36.5	31.9-41.1	136,000	39.6	36.0-43.1
College Graduate	52,382	48.6	43.6-53.6	49,801	42.8	38.2-47.3	102,183	45.6	42.2-48.9
Income									
Less than \$15,000	13,194	31.2	22.1-40.2	24,826	30.4	23.7-37.2	38,020	30.7	25.2-36.1
\$15,000 - 24,999	42,662	40.2	32.9-47.4	32,184	26.8	21.4-32.2	74,846	33.1	28.6-37.6
\$25,000 - 34,999	35,953	41.4	33.7-49.2	28,875	32.5	25.7-39.2	64,828	36.9	31.7-42.1
\$35,000 - 49,999	33,886	38.2	31.3-45.1	21,776	31.5	24.2-38.7	55,662	35.3	30.3-40.2
\$50,000 - 74,999	37,568	50.0	41.9-58.0	26,403	39.6	32.2-46.9	63,941	45.1	39.5-50.6
\$75,000+	66,385	55.1	49.4-60.8	49,592	47.5	41.6-53.4	115,977	51.6	47.5-55.7

## One or More Missing Teeth

Definition	Responding "1 to 5," "6 or more but not all," or "All" to the question, "How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics."
Prevalence	WV: 58.1% (95% CI: 56.3-59.8) U.S.: 42.5% (95% CI: 41.9-42.5) The West Virginia prevalence of one or more missing teeth was significantly higher than the U.S. prevalence. West Virginia ranked the 2 <sup>nd</sup> highest among 54 BRFSS participants.
Gender	Men: 57.2% (95% CI: 54.5-59.9) Women: 58.9% (95% CI: 56.5-61.3) There was no gender difference in the prevalence of one or more missing teeth.
Age	The prevalence of one or more missing teeth was significantly higher among adults aged 65 and older (83.5%) than all other age groups. The prevalence of one or more missing teeth was significantly lower among adults aged 18-24 (11.5%) than all other age groups.
Education	The prevalence of one or more missing teeth was significantly higher among adults with less than a high school education (79.3%) than all other educational attainment levels.
Household Income	The prevalence of one or more missing teeth was significantly higher among adults with an annual household income of less than \$50,000 than adults with an annual household income of \$50,000.
Trend	There was a decline in the prevalence of one or more missing teeth from 2012 to 2018.
County	The 2010-2018 West Virginia state prevalence of one or more missing teeth was 60.0%. There were 8 counties with a significantly lower prevalence compared to the state; Berkeley, Cabell, Jefferson, Kanawha, Monongalia, Ohio, Putnam, and Randolph. There were 12 counties with a significantly higher prevalence compared to the state; Braxton, Calhoun, Clay, Fayette, Logan, McDowell, Mercer, Mingo, Nicholas, Summers, Tucker, and Wyoming.

# Table 12.1 Prevalence of One or More Missing Teeth by Demographic Characteristics: WVBRFSS, 2018

	Men			Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	398,954	57.2	54.5-59.9	423,383	58.9	56.5-61.3	821,737	58.1	56.3-59.8
Age									
18-24	10,709	12.5	5.7-19.3	8,238	10.5*	4.0-16.9	18,947	11.5	6.8-16.2
25-34	33,862	31.5	24.0-39.1	38,144	37.8	30.5-45.1	72,006	34.6	29.3-39.9
35-44	54,735	51.3	44.3-58.4	47,381	44.9	38.5-51.2	102,117	48.1	43.3-52.9
45-54	67,798	62.1	56.3-68.0	74,625	68.0	63.0-73.0	142,422	65.1	61.2-68.9
55-64	94,320	75.6	71.5-79.8	93,340	73.7	69.7-77.8	187,659	74.7	71.8-77.6
65+	135,052	84.8	81.7-87.8	156,439	82.4	79.8-84.9	291,491	83.5	81.5-85.4
Education									
Less than H.S.	75,879	80.7	72.7-88.8	81,319	77.9	70.5-85.4	157,198	79.3	73.8-84.7
H.S. or G.E.D.	186,200	63.5	59.1-67.8	180,633	66.8	62.9-71.0	366,833	65.1	62.0-68.1
Some Post-H.S.	92,983	50.8	45.7-55.9	108,272	53.1	48.6-57.5	201,256	52.0	48.6-55.4
College Graduate	42,864	34.4	30.2-38.5	52,429	37.8	33.8-41.8	95,293	36.2	33.3-39.1
Income									
Less than \$15,000	44,195	82.1	74.8-89.3	68,412	71.9	65.5-78.2	112,607	75.5	70.7-80.4
\$15,000 - 24,999	89,738	73.8	67.5-80.1	100,793	71.9	66.4-77.4	190,532	72.8	68.6-76.9
\$25,000 - 34,999	58,306	62.4	54.8-69.9	58,398	57.8	50.7-64.8	116,705	60.0	54.8-65.1
\$35,000 - 49,999	60,887	61.5	54.8-68.1	53,520	65.7	59.2-72.2	114,407	63.4	58.7-68.0
\$50,000 - 74,999	41,070	43.9	36.7-51.1	37,493	49.8	42.8-56.8	78,564	46.5	41.4-51.6
\$75,000+	54,646	37.9	32.8-43.1	39,435	33.1	82.0-38.1	94,081	35.7	32.1-39.3

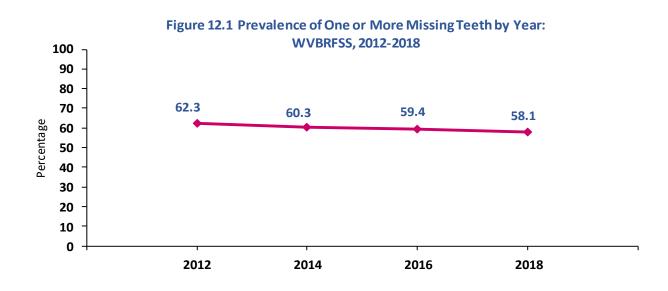
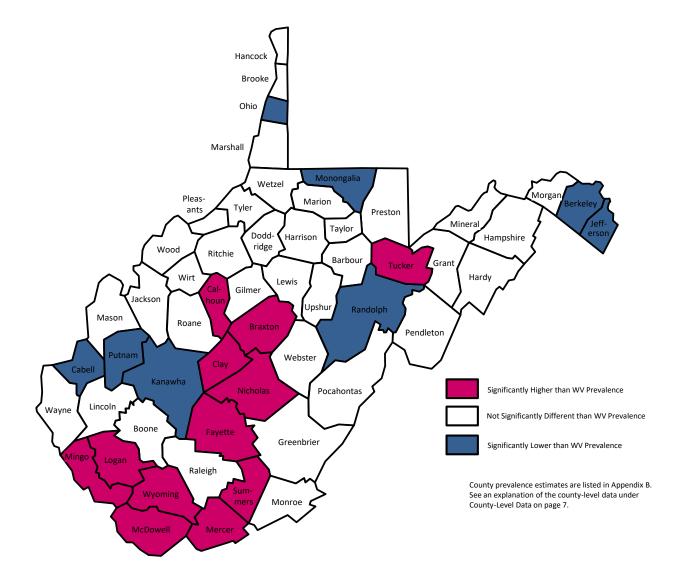


Figure 12.2 Prevalence of One or More Missing Teeth by County: WVBRFSS, 2010-2018

WV Prevalence (2010-2018) - 60.0%



## Six or More Missing Teeth

Definition	Responding "6 or more but not all" or "All" to the question, "How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics."
Prevalence	WV: 28.6% (95% CI: 27.2-30.1) U.S.: 14.3% (95% CI: 14.1-14.5) The West Virginia prevalence of six or more missing teeth was significantly higher than the U.S. prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 26.6% (95% CI: 24.4-28.8) Women: 30.6% (95% CI: 28.6-32.7) There was no gender difference in the prevalence of six or more missing teeth.
Age	The prevalence of six or more missing teeth was significantly higher among adults aged 65 and older (54.8%) than all other age groups. The prevalence of six or more missing teeth was significantly lower among adults aged 25-34 (7.4%) than all other age groups.
Education	The prevalence of six or more missing teeth was significantly higher among adults with less than an high school education (57.0%) than all other educational attainment levels. The prevalence of six or more missing teeth was significantly lower among college graduates (8.5%) than all other educational attainment levels.
Household Income	The prevalence of six or more missing teeth was significantly higher among adults with an annual household income of less than \$15,000 (50.7%) than any other income level. The prevalence of six or more missing teeth was significantly lower among adults with an annual household income of \$75,000 or more (9.6%) than all other income levels.
Trend	There was a decline in the prevalence of six or more missing teeth from 2012 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2010-2018 West Virginia state prevalence of six or more missing teeth was 30.3%. There were 8 counties with a significantly lower prevalence compared to the state; Berkeley, Cabell, Kanawha, Jefferson, Marion, Monongalia, Ohio, and Putnam. There were 11 counties with a significantly higher prevalence compared to the state; Boone, Braxton, Calhoun, Clay, Logan, Mercer, McDowell, Mingo,

# Table 12.2 Prevalence of Six or More Missing Teeth by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	185,259	26.6	24.4-28.8	220,146	30.6	28.6-32.7	405,405	28.6	27.2-30.1
Age									
18-24	1,716	2.0*	0.0-4.9	821.0	1.0*	0.0-3.1	2,537	1.5*	0.0-3.3
25-34	4,048	3.8*	0.6-7.0	1,1329	11.2	6.3-16.1	15,377	7.4	4.5-10.3
35-44	17,339	16.3	10.6-21.9	16,924	16.0	11.2-20.9	34,263	16.1	12.4-19.9
45-54	24,033	22.0	16.8-27.2	34,887	31.8	26.4-37.1	58,920	26.9	23.2-30.7
55-64	48,078	38.6	33.5-43.6	52,573	41.5	36.7-46.3	100,651	40.1	36.6-43.5
65+	89,326	56.1	51.9-60.2	102,024	53.7	50.2-57.2	191,350	54.8	52.1-57.5
Education									
Less than H.S.	48,626	51.7	43.2-60.3	64,480	61.8	54.1-69.5	113,106	57.0	51.3-62.8
H.S. or G.E.D.	90,561	30.9	27.2-34.5	95,327	35.3	31.7-38.8	185,888	33.0	30.4-35.5
Some Post-H.S.	34,805	19.0	15.6-22.5	48,804	23.9	20.5-27.4	83,609	21.6	19.2-24.0
College Graduate	10,840	8.7	6.6-10.8	11,444	8.3	6.4-10.1	22,284	8.5	7.0-9.9
Income									
Less than \$15,000	27,201	50.5	41.4-59.6	48,398	50.8	44.3-57.4	75,598	50.7	45.4-56.0
\$15,000 - 24,999	45,457	37.4	31.3-43.4	61,566	43.9	38.6-49.3	107,022	40.9	36.9-44.9
\$25,000 - 34,999	29,204	31.2	25.0-37.4	30,895	30.6	24.8-36.3	60,099	30.9	26.7-35.1
\$35,000 - 49,999	26,376	26.6	20.8-32.5	20,419	25.1	19.4-30.7	46,795	25.9	21.8-30.0
\$50,000 - 74,999	17,957	19.2	14.0-24.4	10,251	13.6	9.4-17.8	28,208	16.7	13.3-20.1
\$75,000+	14,633	10.2	6.8-13.5	10,761	9.0	5.8-12.3	25,395	9.6	7.3-12.0

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

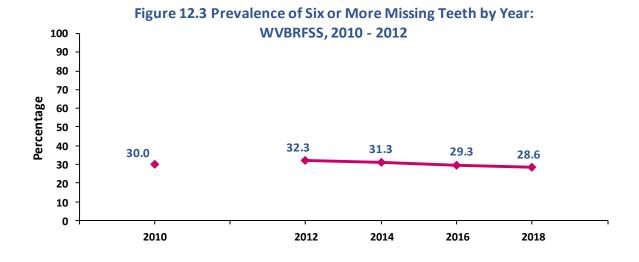
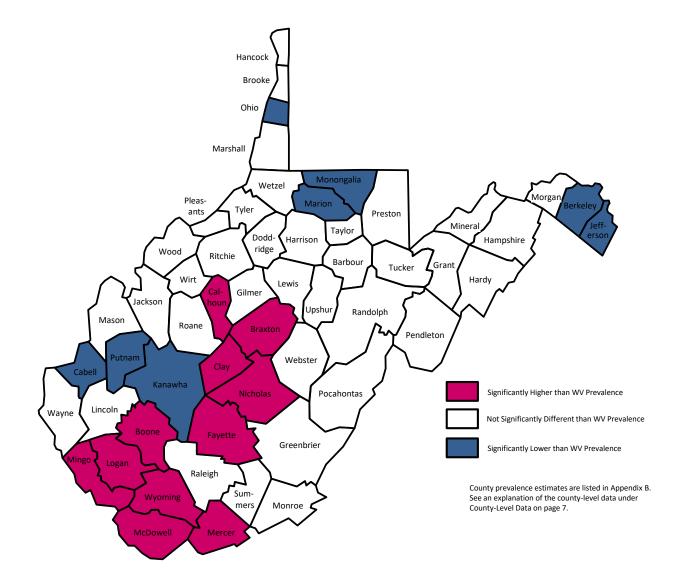


Figure 12.4 Prevalence of Six or More Missing Teeth by County: WVBRFSS, 2010-2018

WV Prevalence (2010-2018) - 30.3%



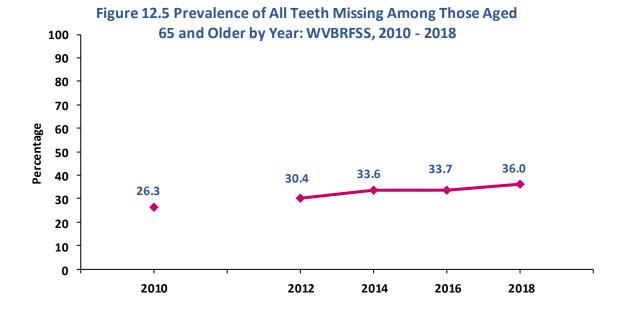
## All Teeth Missing, Aged 65 and Older

Definition	Responding "All" to the question, "How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics." Restricted to adults aged 65 and older.
Prevalence	<ul> <li>WV: 26.3% (95% CI: 23.8-28.8)</li> <li>U.S.: 13.5% (95% CI: 13.1-13.9)</li> <li>The West Virginia prevalence of all teeth missing among those aged 65 and older was significantly higher than the U.S. prevalence. West Virginia ranked highest among 54 BRFSS participants.</li> </ul>
Gender	Men: 26.5% (95% CI: 22.7-30.4) Women: 26.1% (95% CI: 22.8-29.4) There was no gender difference in the prevalence of all teeth missing among those aged 65 and older.
Education	The prevalence of all teeth missing was significantly higher among those with less than an high school education (48.5%) than all other educational attainment group. The prevalence of all teeth missing was significantly lower among college graduates (4.9%) than all other educational attainment levels.
Household Income	The prevalence of all teeth missing among those aged 65 and older was significantly higher among those with an annual household income of less than \$25,000 than among all other income groups.
Trend	The prevalence of all teeth missing in adults aged 65 and older increased from 2012 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2010-2018 West Virginia state prevalence of all teeth missing among adults aged 65 and older was 31.8%. There were 4 counties with a significantly lower prevalence compared to the state; Kanawha, Monongalia, Ohio, and Tucker. There were 9 counties with a significantly higher prevalence compared to the state; Boone, Clay, Fayette, Lewis, Logan, McDowell, Mercer, Wirt, and Wyoming.

## Table 12.3 Prevalence of All Teeth Missing Among Those Aged 65 and Older by Demographic Characteristics: WVBRFSS, 2018

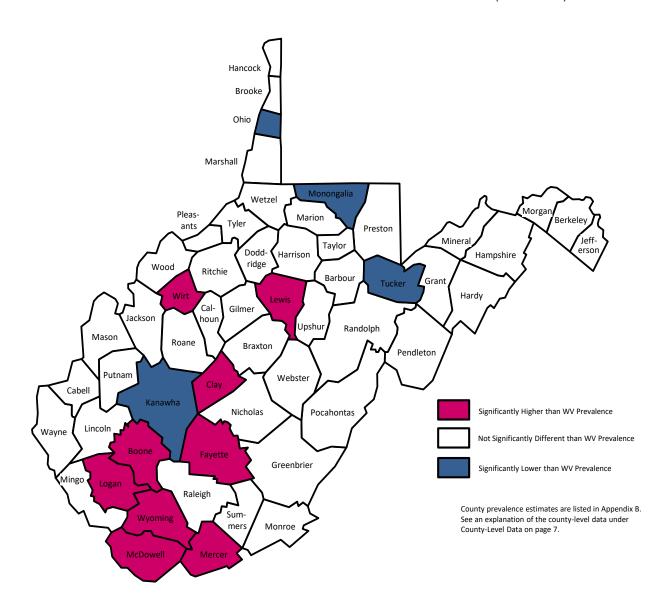
	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	42,279	26.5	22.7-30.4	49,550	26.1	22.8-29.4	91,830	26.3	23.8-28.8	
Education										
Less than H.S.	13,621	50.8*	38.8-62.7	15,623	46.7	36.7-56.7	29,245	48.5	40.8-56.2	
H.S. or G.E.D.	19,787	29.5	23.3-35.8	24,980	29.7	24.8-34.6	44,767	29.6	25.7-33.5	
Some Post-H.S.	6,979	17.3	11.2-23.5	8,018	16.1	11.1-21.2	14,997	16.7	12.8-20.6	
College Graduate	1,465	5.9	2.6-9.3	838.1	3.7*	1.2-6.2	2,303	4.9	2.8-7.0	
Income										
Less than \$15,000	6,617	48.9*	33.1-64.8	8,796	41.2*	30.7-51.7	15,413	44.2	35.3-53.1	
\$15,000 - 24,999	11,502	39.8*	29.2-50.5	16,340	35.0	27.6-42.4	27,842	36.8	30.7-43.0	
\$25,000 - 34,999	5,468	20.9	12.7-29.2	8,192	26.8	18.4-35.2	13,660	24.1	18.1-30.1	
\$35,000 - 49,999	6,857	23.5	15.2-31.7	3,855	17.1	8.3-25.8	10,712	20.7	14.7-26.7	
\$50,000 - 74,999	3,034	15.8*	6.4-25.2	1,283	9.1*	1.2-17.0	4,317	13.0	6.6-19.4	
\$75,000+	1,390	7.7*	2.2-13.1	207.4	1.7*	0.0-3.9	1,597	5.2	1.8-8.6	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



## **CHAPTER 12: TOOTH LOSS**

Figure 9.1 Prevalence of All Teeth Missing Among Those Aged 65 and Older by County: WVBRFSS, 2010-2018



WV Prevalence (2010-2018) - 31.8%

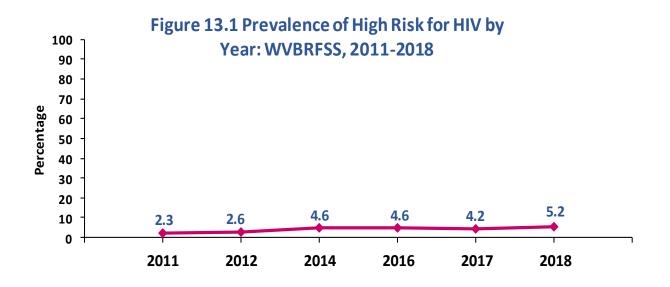
## High Risk for HIV

Definition	Responding "Yes" to the question, "I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one. You have used intravenous drugs in the past year. You have been treated for a sexually transmitted or venereal disease in the past year. You have given or received money or drugs in exchange for sex in the past year. You had anal sex without a condom in the past year. You had four or more sex partners in the past year. Do any of these situations apply to you?"
Prevalence	WV: 5.2% (95% CI: 4.3-6.2) U.S.: 6.3% (95% CI: 6.1-6.5) There was no difference between the West Virginia and U.S. prevalence of high risk for HIV. West Virginia ranked the 44 <sup>th</sup> highest among 54 BRFSS participants.
Gender	Men: 7.3% (95% CI: 5.7-9.0) Women: 3.2% (95% CI: 2.2-4.2) The prevalence of high risk for HIV was significantly higher among men than women.
Age	The prevalence of high risk for HIV was significantly higher among adults aged 34 and younger than all other age groups.
Education	There was no educational attainment difference in prevalence of high risk for HIV .
Household Income	There was no annual household income difference in the prevalence of high risk for HIV.
Trend	There was an increase in prevalence of high risk for HIV from 2011 to 2018.
County	The 2012-2018 West Virginia state prevalence of high risk for HIV was 4.7%. There were 5 counties with a significantly lower prevalence compared to the state; Hampshire, Hardy, Marshall, Preston, and Putnam. No counties had a higher prevalence than the state prevalence.

# Table 13.1 Prevalence of High Risk for HIV by Demographic Characteristics:WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	49,645	7.3	5.7-9.0	22,526	3.2	2.2-4.2	72,171	5.2	4.3-6.2
Age									
18-24	19,629	24.9	15.9-33.9	7,492	10.1*	3.9-16.3	27,121	17.7*	12.1-23.3
25-34	15,860	15.2	9.4-21.0	9,262	9.3	4.9-13.7	25,122	12.3	8.6-16.0
35-44	6,419	6.2*	2.5-9.9	3,090	3.0*	1.2-4.8	9,509	4.6	2.5-6.7
45-54	3,790	3.5*	1.3-5.7	598.0	0.6*	0.0-1.2	4,936	2.2	1.0-3.4
55-64	2,923	2.4*	0.9-4.0	989.1	0.8*	0.0-1.7	3,912	1.6	0.7-2.5
65+	597.6	0.4*	0.0-0.8	972.0	0.5*	0.0-1.0	1,570	0.5*	0.1-0.8
Education									
Less than H.S.	5,655	6.3*	1.7-10.9	1,284	1.3*	0.0-3.2	6,940	3.6*	1.2-6.0
H.S. or G.E.D.	20,764	7.3	4.7-10.0	8,153	3.1*	1.3-4.9	28,917	5.3	3.7-6.9
Some Post-H.S.	15,325	8.6	5.1-12.1	9,493	4.7	2.6-6.8	24,818	6.5	4.5-8.5
College Graduate	7,474	6.1	3.6-8.5	3,595	2.7	1.1-4.2	11,069	4.3	2.9-5.7
Income									
Less than \$15,000	3,789	7.4*	0.9-14.0	5,457	5.9*	2.5-9.3	9,246	6.4	3.2-9.7
\$15,000 - 24,999	10,393	8.8	4.8-12.9	8,133	6.0	2.5-9.4	18,526	7.3	4.7-9.9
\$25,000 - 34,999	5,017	5.4*	1.3-9.4	1,423	1.4*	0.0-3.1	6,439	3.3*	1.2-5.5
\$35,000 - 49,999	5,288	5.3*	1.8-8.7	2,378	3.0*	0.1-5.8	7,666	4.3	1.9-6.6
\$50,000 - 74,999	9,843	11.1	5.3-16.8	1,786	2.4*	0.1-4.6	11,629	7.1	3.7-10.4
\$75,000+	7,215	5.1	2.4-7.8	2,561	2.2*	0.7-3.7	9,776	3.8	2.2-5.4

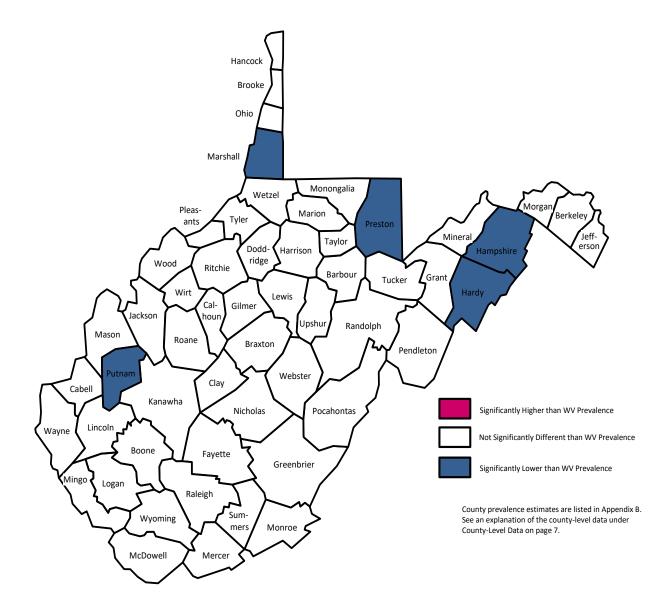
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



#### **CHAPTER 13: HIV RISK**

Figure 13.1 Prevalence of High Risk for HIV by County: WVBRFSS, 2012-2018

WV Prevalence (2012-2018) - 4.7%



# Nest Sumellance System Report SECTION 3: **Preventive Practices**

#### **Dental Visit**

Definition	Responding "Within the past year" to the question, "Including all types of dentists, such as orthodontists, oral surgeons, and all other dental specialists, as well as dental hygienists, how long has it been since you last visited a dentist or a dental clinic for any reason?"
Prevalence	WV: 55.3% (95% CI: 53.6-57.1) U.S.: 66.5% (95% CI: 66.2-66.8) The West Virginia prevalence of had a dental visit in the past year was significantly lower than the U.S. prevalence. West Virginia ranked 53 <sup>rd</sup> highest among 54 BRFSS participants.
Gender	Men: 53.6% (95% CI: 50.9-56.2) Women: 57.1% (95% CI: 54.7-59.4) There was no gender difference in prevalence of had a dental visit in the past year.
Age	The prevalence of had a dental visit in the past year was significantly higher among adults aged 18-24 (63.0%) than adults aged 44-54 (49.2%).
Education	The prevalence of had a dental visit in the past year was significantly higher among college graduates (76.8%) than all other educational attainment levels. The prevalence of had a dental visit in the past year was significantly lower among adults with less than a high school education (32.4%) than all other educational attainment levels.
Household Income	The prevalence of had a dental visit in the past year was significantly higher among adults with an annual household income of \$75,000 or more (74.0%) than all other annual household income levels. The prevalence of had a dental visit in the past year was significantly lower among adults with an annual household income of less than \$15,000 (32.5%) than all other annual household income level.
Trend	There was no change in the prevalence of had a dental visit in the past year from 2012 to 2018.
County	The 2010-2018 West Virginia state prevalence of had a dental visit in the past year was 52.7%. There were 5 counties with a significantly lower prevalence compared to the state; Barbour, Fayette, McDowell, Summers, and Wyoming. There were 3 counties with a significantly higher prevalence when compared to the state; Kanawha, Monongalia, and Putnam.

## Table 14.1 Prevalence of Had a Dental Visit in the Past Year by DemographicCharacteristics: WVBRFSS, 2018

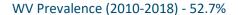
	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	373,105	53.6	50.9-56.2	411,532	57.1	54.7-59.4	784,637	55.3	53.6-57.1	
Age										
18-24	47,694	57.1*	46.6-67.7	52,382	69.5*	59.2-79.9	100,075	63.0	55.6-70.4	
25-34	56,743	53.6	45.6-61.5	59,692	59.6	52.3-67.0	116,435	56.5	51.1-61.9	
35-44	63,119	59.0	52.0-66.0	61,206	57.2	50.9-63.5	124,325	58.1	53.4-62.8	
45-54	53,804	48.6	42.5-54.8	54,467	49.8	44.2-55.4	108,271	49.2	45.1-53.4	
55-64	60,762	48.8	43.8-53.8	69,716	54.7	49.9-59.5	130,478	51.8	48.3-55.2	
65+	88,291	54.9	50.7-59.1	108,247	55.9	52.3-59.4	196,538	55.4	52.7-58.1	
Education										
Less than H.S.	32,520	34.7	26.3-43.1	31,275	30.2	23.3-37.2	63,795	32.4	27.0-37.8	
H.S. or G.E.D.	137,270	47.0	42.7-51.2	145,362	53.8	49.9-57.7	282,632	50.3	47.3-53.2	
Some Post-H.S.	109,503	59.6	54.5-64.6	123,279	59.6	55.3-63.9	232,782	59.6	56.3-62.9	
College Graduate	92,922	74.1	69.9-78.2	110,292	79.2	75.8-82.6	203,213	76.8	74.1-79.4	
Income										
Less than \$15,000	14,993	28.0	19.7-36.3	33,371	35.0	28.7-41.2	48,363	32.5	27.4-37.5	
\$15,000 - 24,999	46,036	38.0	31.5-44.5	60,830	43.3	37.8-48.9	106,867	40.9	36.6-45.1	
\$25,000 - 34,999	45,542	48.6	41.3-56.0	54,636	54.1	47.2-60.9	100,178	51.5	46.4-56.5	
\$35,000 - 49,999	57,798	57.9	51.3-64.5	54,681	67.2	60.8-73.7	112,479	62.1	57.4-66.8	
\$50,000 - 74,999	58,267	61.7	54.3-69.0	56,855	73.4	67.2-79.6	115,122	66.9	62.0-71.9	
\$75,000+	99,307	69.4	64.2-74.5	95,228	79.6	74.7-84.4	194,535	74.0	70.4-77.6	

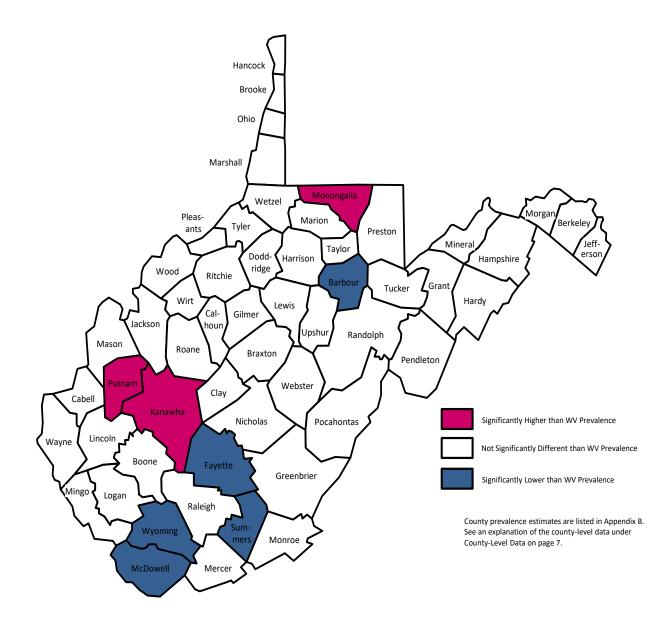




## **CHAPTER 14: ORAL HEALTH**

Figure 13.1 Prevalence of Had a Dental Visit in the Past Year by County: WVBRFSS, 2010-2018





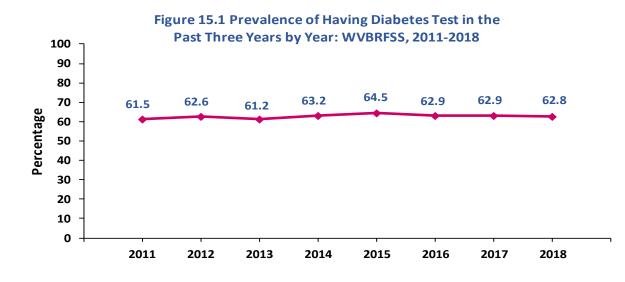
## **CHAPTER 15: DIABETES TESTING**

#### **Diabetes Test**

Definition	Reported not having diabetes and responding "Yes" to the question, "Have you had a test for high blood sugar or diabetes within the past three years?"
Prevalence	WV: 62.8% (95% CI: 60.8-64.9) Because this question is part of a state selected optional module and complete national data are not available, a U.S. comparison was not conducted.
Gender	Men: 61.5% (95% CI: 58.5-64.6) Women: 64.1% (95% CI: 61.4-66.8) There was no gender difference in the prevalence of had a diabetes test in the past 3 years.
Age	The prevalence of had a diabetes test in the past 3 years was significantly higher among adults aged 35 and older than adults aged 18-24 (43.9%).
Education	The prevalence of had a diabetes test in the past 3 years was significantly higher among college graduates (67.7%) than among adults with less than a high school education (56.1%).
Household Income	There was no annual household income difference in prevalence had a diabetes test in the past 3 years.
Trend	There was no change in the prevalence of had a diabetes test in the past 3 years from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of had a diabetes test in the past 3 years 63.4%. Monongalia County and Cabell County had a significantly lower prevalence when compared to the state. Doddridge County and Roane County had a significantly higher prevalence when compared to the state.

## Table 15.1 Prevalence of Had a Diabetes Test in the Past Three Years byDemographic Characteristics: WVBRFSS, 2018

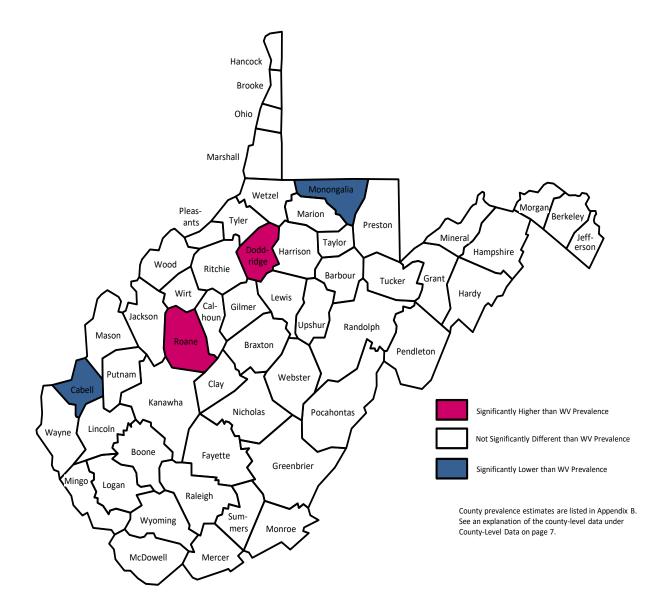
	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	341,358	61.5	58.5-64.6	359,572	64.1	61.4-66.8	700,930	62.8	60.8-64.9	
Age										
18-24	28,666	38.4*	27.2-49.6	32,573	49.1*	37.6-60.7	61,239	43.5	35.4-51.5	
25-34	47,969	50.7	42.2-59.2	50,370	57.4	49.4-65.3	98,338	53.9	48.1-59.7	
35-44	55,743	56.6	49.2-64.0	52,750	57.9	51.1-64.8	108,492	57.2	52.2-62.3	
45-54	58,030	69.9	63.5-76.3	53,797	66.0	60.0-72.2	111,826	68.0	63.5-72.4	
55-64	66,527	72.4	67.0-77.9	69,038	76.6	72.0-81.1	135,565	74.5	70.9-78.1	
65+	82,685	75.4	70.9-79.9	96,859	70.1	66.2-74.0	179,544	72.4	69.5-75.4	
Education										
Less than H.S.	38,939	54.6	44.3-64.8	40,697	57.7	48.2-67.2	79,636	56.1	49.1-63.1	
H.S. or G.E.D.	142,866	60.9	56.1-65.7	134,291	65.4	60.8-69.9	277,157	63.0	59.6-66.3	
Some Post-H.S.	90,364	62.1	56.3-67.9	106,826	62.4	57.5-67.4	197,190	62.3	58.5-66.0	
College Graduate	68,761	67.0	61.9-72.1	77,119	68.3	63.8-72.7	145,880	67.7	64.3-71.1	
Income										
Less than \$15,000	20,324	50.3*	39.3-61.2	39,982	59.7	51.7-67.7	60,306	56.1	49.7-62.6	
\$15,000 - 24,999	58,267	61.1	53.3-68.9	65,722	63.1	56.7-69.5	123,989	62.2	57.2-67.2	
\$25,000 - 34,999	44,222	59.9	51.6-68.3	51,472	63.1	55.1-71.1	95,694	61.6	55.8-67.4	
\$35,000 - 49,999	50,054	65.0	57.5-72.6	47,848	71.2	64.2-78.3	97,902	67.9	62.7-73.1	
\$50,000 - 74,999	48,903	65.0*	56.4-73.6	42,063	70.1	62.8-77.3	90,965	67.3	61.4-73.1	
\$75,000+	79,513	67.3	61.4-73.2	65,012	64.5	58.5-70.6	144,525	66.0	61.8-70.3	



#### **CHAPTER 15: DIABETES TESTING**

Figure 15.1 Prevalence of Had a Diabetes Test In The Past Three Years by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 63.4%

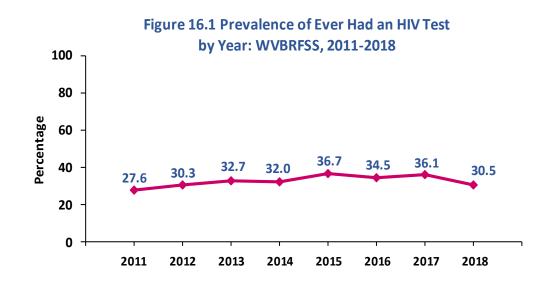


#### **HIV Test**

Definition	Responding "Yes" to the question, "Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth."
Prevalence	WV: 30.5% (95% CI: 28.8-32.2) U.S.: 40.2% (95% CI: 39.9-40.5) The West Virginia prevalence of ever had a HIV test was significantly lower than the U.S. prevalence. West Virginia ranked 46 <sup>th</sup> highest among 54 BRFSS participants.
Gender	Men: 30.0% (95% CI: 27.4-32.5) Women: 31.0% (95% CI: 28.1-33.3) There was no gender difference in the prevalence of ever had a HIV test.
Age	The prevalence of ever had a HIV test was significantly higher among adults aged 25-54 than all other age groups.
Education	There was no educational attainment difference in the prevalence of ever had a HIV test.
Household Income	There was no annual household income difference in the prevalence of ever had a HIV test.
Trend	There was no change in prevalence of ever had a HIV test from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of ever had a HIV test was 33.9%. Pendleton County and Pocahontas County had a significantly lower prevalence when compared to the state. There were 5 counties that had a significantly higher prevalence when compared to the state; Berkeley, Fayette, Jefferson, Morgan, and Raleigh.

# Table 16.1 Prevalence of Ever Had a HIV Test by Demographic Characteristics:WVBRFSS, 2018

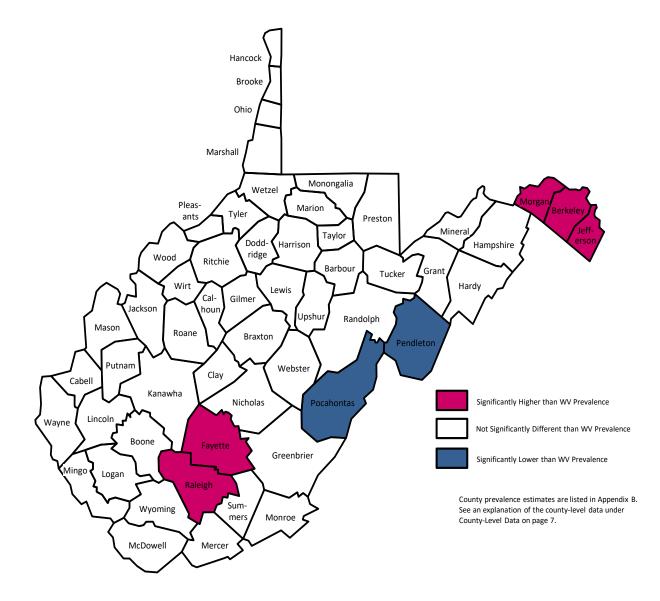
		Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	192,173	30.0	27.4-32.5	209,957	31.0	28.7-33.3	402,130	30.5	28.8-32.2	
Age										
18-24	17,263	22.2	13.3-31.0	18,998	26.3	17.2-35.4	36,262	24.2	17.8-30.5	
25-34	34,476	34.9	27.1-42.7	49,372	51.0	43.4-58.6	83,848	42.9	37.3-48.4	
35-44	44,998	45.3	38.0-52.6	51,078	51.9	45.4-58.5	96,076	48.6	43.7-53.5	
45-54	36,818	35.0	29.0-41.0	42,127	40.0	34.5-45.6	78,946	37.5	33.4-41.6	
55-64	28,871	24.9	20.3-29.4	29,063	24.2	20.0-28.4	57,934	24.5	21.4-27.6	
65+	29,198	20.7	17.0-24.4	17,996	10.1	7.9-12.4	47,195	14.8	12.7-16.9	
Education										
Less than H.S.	28,539	34.1	25.5-42.7	30,516	31.0	24.0-37.9	59,055	32.4	26.9-37.9	
H.S. or G.E.D.	75,475	28.0	24.0-32.0	63,955	25.2	21.6-28.9	139,430	26.7	24.0-29.4	
Some Post-H.S.	55,596	32.8	27.8-37.8	69,385	35.7	31.3-40.0	124,982	34.3	31.0-37.6	
College Graduate	32,562	27.7	23.4-32.0	45,461	35.2	31.0-39.5	78,023	31.6	28.6-34.7	
Income										
Less than \$15,000	19,820	41.0	31.1-50.9	34,165	38.5	31.9-45.0	53,986	39.4	33.9-44.9	
\$15,000 - 24,999	41,067	36.6	29.9-43.2	45,347	34.8	29.4-40.3	86,414	35.6	31.4-39.9	
\$25,000 - 34,999	22,673	25.1	18.5-31.8	22,987	23.3	17.5-29.1	45,660	24.2	19.8-28.6	
\$35,000 - 49,999	27,340	29.3	22.9-35.7	21,234	26.7	20.3-33.1	48,574	28.1	23.6-32.6	
\$50,000 - 74,999	22,045	25.5	18.8-32.3	25,739	35.8	28.7-42.8	47,784	30.2	25.3-35.1	
\$75,000+	43,172	32.6	27.3-37.9	35,782	32.2	27.1-37.4	78,954	32.4	28.7-36.2	



## **CHAPTER 16: HIV TESTING**

Figure 16.1 Prevalence of Ever Had a HIV Test by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 33.9%

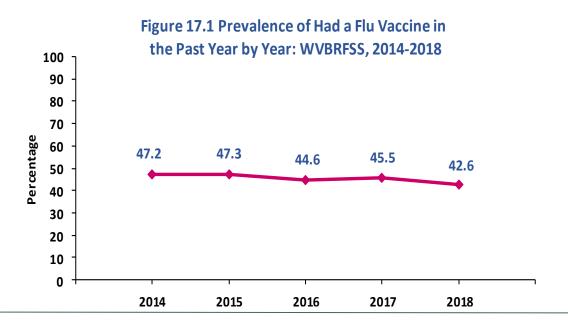


#### Flu Vaccine

Definition	Responding "Yes" to the question, "During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?"
Prevalence	WV: 42.6% (95% CI: 40.9-44.3) U.S.: 33.2% (95% CI: 32.9-33.5) The West Virginia prevalence of had a flu vaccine in the past year was significantly higher than the U.S. prevalence. West Virginia ranked the 2 <sup>nd</sup> highest among the 54 BRFSS participants.
Gender	Men: 39.8% (95% CI: 37.2-42.3) Women: 45.3% (95% CI: 43.0-47.6) The prevalence of had a flu vaccine in the past year was significantly higher among women than men.
Age	The prevalence of had a flu vaccine in the past year was significantly higher among adults aged 65 and older (63.4%) than all other age groups.
Education	The prevalence of had a flu vaccine in the past year was significantly higher among college graduates (51.3%) than all other educational attainment levels.
Household Income	There was no annual household income difference in the prevalence of had a flu vaccine in the past year.
Trend	The prevalence of had a flu vaccine in the past year significantly decreased from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of had a flu vaccine in the past year was 45.5%. There were 4 counties with a significantly lower prevalence compared to the state; Jefferson, McDowell, Mingo, and Randolph. Kanawha County and Putnam County had a significantly higher prevalence when compared to the state.

## Table 17.1 Prevalence of Had a Flu Vaccine in the Past Year by DemographicCharacteristics: WVBRFSS, 2018

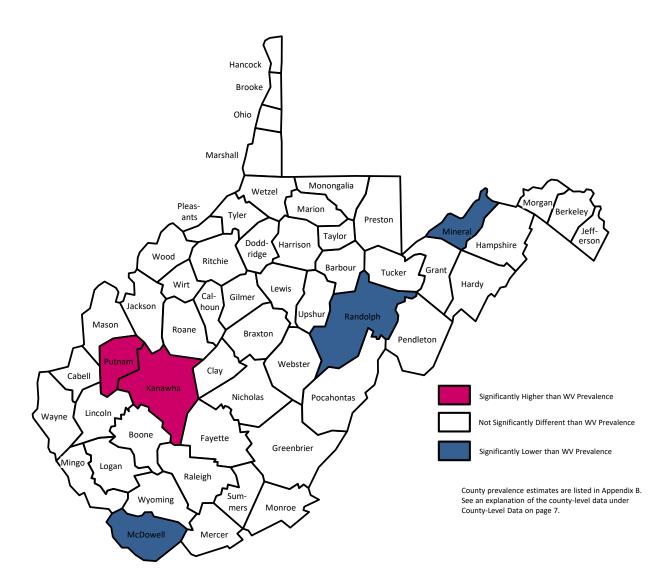
	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	269,937	39.8	37.2-42.3	324,641	45.3	43.0-47.6	594,579	42.6	40.9-44.3	
Age										
18-24	21,515	28.5	18.7-38.4	29,567	38.7*	28.3-49.1	51,081	33.6	26.5-40.8	
25-34	24,419	23.0	16.7-29.3	30,189	29.8	23.1-36.5	54,608	26.3	21.7-30.9	
35-44	29,618	28.1	21.9-34.4	35,497	34.0	28.2-39.8	65,115	31.1	26.8-35.3	
45-54	33,689	31.3	25.6-37.0	40,202	37.4	32.0-42.7	73,891	34.3	30.4-38.3	
55-64	54,820	44.8	39.7-49.8	67,805	53.0	48.2-57.7	122,625	49.0	45.5-52.4	
65+	104,637	65.9	61.8-69.9	118,072	61.5	58.0-64.9	222,708	63.4	60.8-66.1	
Education										
Less than H.S.	34,962	38.9	30.7-47.1	46,675	45.2	38.0-52.5	81,637	42.3	36.8-47.7	
H.S. or G.E.D.	102,500	36.3	32.4-40.2	114,928	42.8	38.9-46.7	217,428	39.5	36.7-42.2	
Some Post-H.S.	72,152	40.1	35.2-45.1	86,419	41.8	37.5-46.0	158,571	41.0	37.8-44.2	
College Graduate	59,470	47.4	42.7-52.0	75,204	55.0	50.8-59.2	134,674	51.3	48.2-54.4	
Income										
Less than \$15,000	19,662	38.2	29.5-47.0	39,799	42.2	35.9-48.6	59,461	40.8	35.7-46.0	
\$15,000 - 24,999	47,344	39.0	32.6-45.4	55,826	39.8	34.6-45.0	103,171	39.5	35.4-43.5	
\$25,000 - 34,999	38,991	41.5	34.5-48.5	50,470	49.4	42.6-56.1	89,461	45.6	40.8-50.5	
\$35,000 - 49,999	41,923	41.6	35.3-47.9	37,480	46.0	39.3-52.7	79,403	43.6	38.9-48.2	
\$50,000 - 74,999	34,976	38.9	31.8-45.9	33,715	44.4	37.6-51.1	68,691	41.4	36.5-46.3	
\$75,000+	55,536	39.2	34.1-44.3	56,343	47.3	41.9-52.8	111,879	42.9	39.2-46.7	



### **CHAPTER 17: IMMUNIZATION**

Figure 17.2 Prevalence of Had a Flu Vaccine in the Past Year by County: WVBRFSS, 2014-2018





WVBRFSS 2018 Report

### Flu Vaccine, Ages 65 and Older

Definition	Responding "Yes" to the question, "During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?" Restricted to adults aged 65 and older.
Prevalence	<ul> <li>WV: 63.4% (95% CI: 60.8-66.1)</li> <li>U.S.: 54.0% (95% CI: 53.4-54.5)</li> <li>The West Virginia prevalence of had a flu vaccine in the past year among adults 65 and older was significantly higher than the U.S. prevalence. West Virginia ranked 4<sup>th</sup> highest among the 54 BRFSS participants.</li> </ul>
Gender	Men: 65.9% (95% CI: 61.8-69.9) Women: 61.5% (95% CI: 58.0-64.9) There was no gender difference in the prevalence of had a flu vaccine in the past year among adults 65 and older.
Education	The prevalence of had a flu vaccine in the past year among adults 65 and older was significantly higher among college graduates (72.0%) than adults with less than a high school education (59.3%).
Household Income	There was no annual household income difference in the prevalence of had a flu vaccine in the past year among adults 65 and older.
Trend	There was a decline in the prevalence of had a flu vaccine in the past year among adults 65 and older from 2015 to 2018.
County	The 2014-2018 West Virginia state prevalence of for had a flu vaccine in the past year among adults 65 and older was 67.3%. McDowell County and Wyoming County had a significantly lower prevalence when compared to the state. Boone County and Kanawha County had a significantly higher prevalence when compared to the state.

## Table 17.2 Prevalence of Had a Flu Vaccine in the Past Year Among Those Aged 65and Older by Demographic Characteristics: WVBRFSS, 2018

Men			Women			Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	104,637	65.9	61.8-69.9	118,072	61.5	58.0-64.9	222,708	63.4	60.8-66.1
Education									
Less than H.S.	14,988	61.1*	49.0-73.3	19,805	57.9	48.0-67.9	34,794	59.3	51.6-67.0
H.S. or G.E.D.	42,004	62.4	55.7-69.1	52,624	61.4	56.3-66.5	94,629	61.8	57.7-65.9
Some Post-H.S.	28,140	69.0	61.7-76.3	29,868	60.1	53.5-66.8	58,009	64.1	59.2-69.1
College Graduate	19,076	73.9	67.3-80.4	15,683	69.8	63.1-76.4	34,759	72.0	67.3-76.6
Income									
Less than \$15,000	8,492	66.2*	51.4-81.1	13,198	60.9*	50.3-71.5	21,690	62.9	54.1-71.6
\$15,000 - 24,999	16,941	58.5*	48.0-69.0	26,386	55.2	47.9-62.5	43,327	56.5	50.4-62.5
\$25,000 - 34,999	19,093	71.5	62.2-80.8	20,693	65.9	57.4-74.5	39,786	68.5	62.2-74.8
\$35,000 - 49,999	19,043	62.6	53.0-72.1	13,247	59.3*	49.2-69.3	32,290	61.2	54.2-68.1
\$50,000 - 74,999	14,311	72.9*	62.1-83.8	9,982	65.7*	54.2-77.3	24,293	69.8	61.9-77.7
\$75,000+	13,607	75.8	67.0-84.5	8,291	64.6*	53.1-76.1	21,899	71.1	64.0-78.2

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

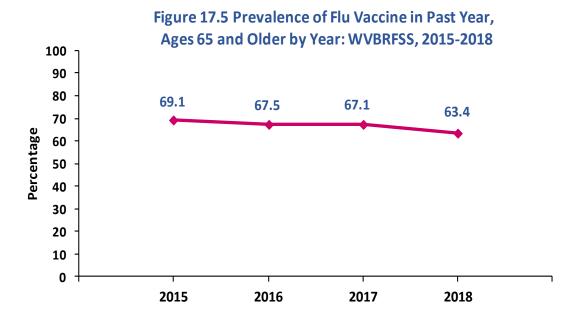
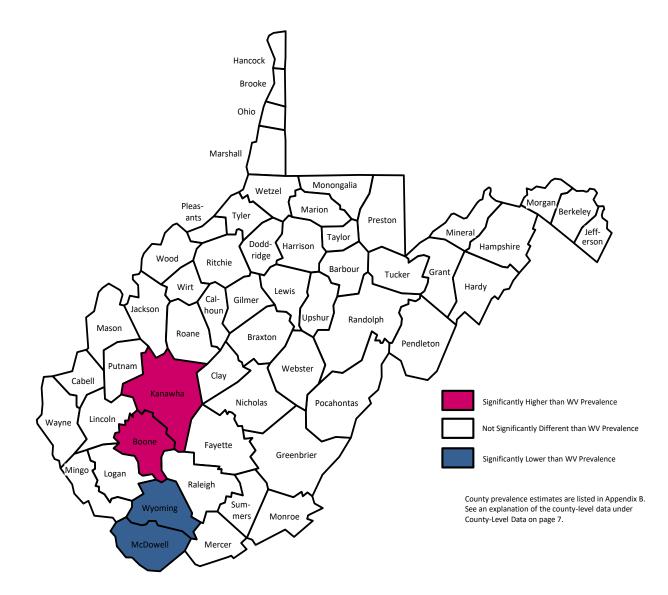


Figure 17.4 Prevalence of Had a Flu Vaccine in the Past Year Among Those Aged 65 and Older by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 67.3%

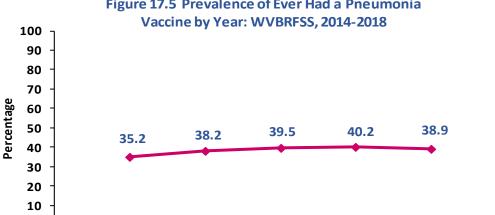


#### Pneumonia Vaccine

Definition	Responding "Yes" to the question, "Have you ever had a pneumonia shot also known as a pneumococcal vaccine?"
Prevalence	WV: <b>38.9%</b> (95% CI: 37.2-40.5) <b>U.S.: 32.2%</b> (95% CI: 31.9-32.5) The West Virginia prevalence of had a pneumonia vaccine was significantly higher than the U.S. prevalence. West Virginia ranked the 2 <sup>nd</sup> highest among the 54 BRFSS participants.
Gender	Men: 35.7% (95% CI: 33.2-38.1) Women: 41.8% (95% CI: 39.5-44.1) The prevalence of had a pneumonia vaccine was significantly higher among women than men.
Age	The prevalence of had a pneumonia vaccine was significantly higher among adults aged 65 and older (73.0%) than all other age groups.
Education	The prevalence of had a pneumonia vaccine was significantly higher among adults with less than a high school education (44.5%) than college graduates (33.4%).
Household Income	The prevalence of had a pneumonia vaccine was significantly higher among adults with an annual household income of less than \$15,000 (46.8%) than adults with an annual household income of \$50,000 or more.
Trend	There was no change in prevalence of had a pneumonia vaccine from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of had a pneumonia vaccine was 38.3%. There were 9 counties with a significantly lower prevalence compared to the state; Berkeley, Hampshire, Harrison, Jefferson, Marion, Monongalia, Preston, Ritchie, and Tyler. Kanawha County had a significantly higher prevalence of had a pneumonia vaccine when compared to the state.

#### Table 17.3 Prevalence of Had a Pneumonia Vaccine by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	228,235	35.7	33.2-38.1	288,279	41.8	39.5-44.1	516,514	38.9	37.2-40.5
Age									
18-24	15,693	24.6	14.8-34.4	20,548	31.1	20.3-41.9	36,241	27.9	20.6-35.2
25-34	14,285	15.0	9.5-20.5	18,677	19.8	13.5-26.1	32,963	17.4	13.2-21.6
35-44	15,957	16.4	11.0-21.7	23,248	23.4	17.6-29.2	39,205	19.9	16.0-23.9
45-54	22,392	21.8	16.5-27.0	29,298	27.8	22.8-32.8	51,690	24.8	21.2-28.4
55-64	44,340	36.9	32.0-41.8	54,121	42.8	38.1-47.5	98,462	40.0	36.5-43.3
65+	115,042	73.4	69.5-77.2	138,863	72.7	69.6-75.8	253,905	73.0	70.6-75.4
Education									
Less than H.S.	30,952	35.4	27.6-43.3	52,137	52.4	44.9-60.0	83,089	44.5	38.9-50.0
H.S. or G.E.D.	94,612	35.5	31.6-39.4	118,046	45.1	41.2-49.1	212,658	40.3	37.5-43.1
Some Post-H.S.	61,173	35.9	31.2-40.7	76,395	39.0	34.9-43.2	137,569	37.6	34.5-40.7
College Graduate	41,070	35.9	31.5-40.4	40,925	31.2	27.4-35.0	81,995	33.4	30.5-36.3
Income									
Less than \$15,000	21,882	43.4	34.5-52.4	43,559	48.6	42.1-55.2	65,441	46.8	41.4-52.1
\$15,000 - 24,999	43,149	38.3	32.0-44.7	67,697	50.6	45.0-56.2	110,846	45.0	40.7-49.2
\$25,000 - 34,999	32,085	35.5	28.9-42.1	41,392	41.5	35.0-47.9	73,476	38.6	34.0-43.2
\$35,000 - 49,999	36,765	38.5	32.2-44.8	28,764	36.1	29.6-42.5	65,529	37.4	32.9-41.9
\$50,000 - 74,999	29,347	34.5	27.5-41.5	26,611	36.3	29.9-42.7	55,957	35.3	30.6-40.1
\$75,000+	36,041	27.0	22.4-31.6	28,839	25.5	21.0-29.9	64,880	26.3	23.1-29.5



2016

2017

2018

Figure 17.5 Prevalence of Ever Had a Pneumonia

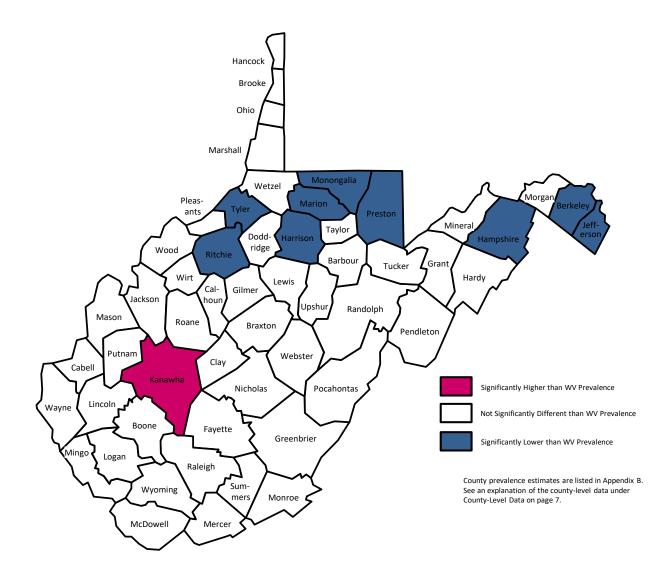
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2014

2015

Figure 17.6 Prevalence of Had a Pneumonia Vaccine by County: WVBRFSS, 2014-2018





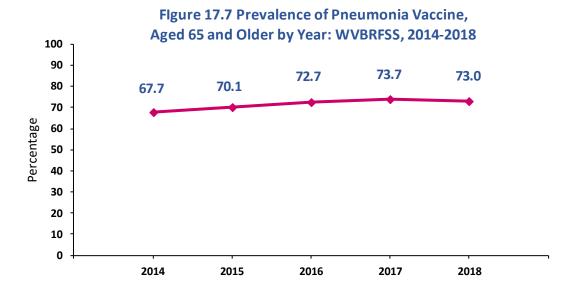
### Pneumonia Vaccine, Ages 65 and Older

Definition	Responding "Yes" to the question, "Have you ever had a pneumonia shot also known as a pneumococcal vaccine?" Restricted to adults aged 65 and older.
Prevalence	WV: 73.0% (95% CI: 70.6-75.4) U.S.: 71.3% (95% CI: 70.7-71.9) The West Virginia prevalence of had a pneumonia vaccine among those aged 65 and older was similar to the U.S. prevalence. West Virginia ranked the 29 <sup>th</sup> highest among the 54 BRFSS participants.
Gender	Men: 73.4% (95% CI: 69.5-77.2) Women: 72.7% (95% CI: 69.6-75.8) There was no gender difference in the prevalence of had a pneumonia vaccine among those aged 65 and older.
Education	There was no educational attainment difference in the prevalence of had a pneumonia vaccine among those aged 65 and older.
Household Income	There was no annual household income difference in the prevalence of had a pneumonia vaccine among those aged 65 and older.
Trend	There was an increase in prevalence of had a pneumonia vaccine among those aged 65 and older from 2014 to 2018.
County	The 2014-2018 West Virginia state prevalence of for had a pneumonia vaccine among those aged 65 and older was 71.4%. Jefferson County and Marion County had a significantly lower prevalence than the state. Kanawha County and Monongalia County had a significantly higher prevalence when compared to the state.

Table 17.4 Prevalence of Had a Pneumonia Vaccine Among Those Aged 65 and	
Older by Demographic Characteristics: WVBRFSS, 2018	

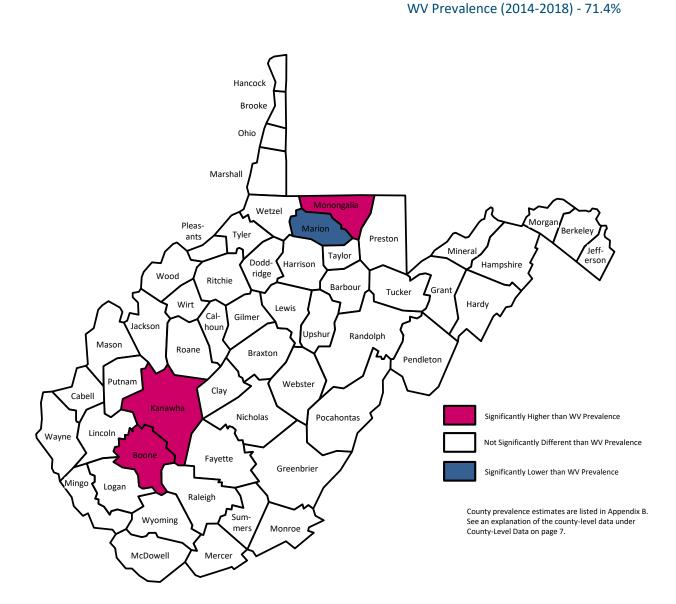
	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	115,042	73.4	69.5-77.2	138,863	72.7	69.6-75.8	253,905	73.0	70.6-75.4
Education									
Less than H.S.	17,356	69.6*	58.4-80.9	25,463	76.5	68.0-84.9	42,819	73.5	66.9-80.4
H.S. or G.E.D.	46,922	70.9	64.4-77.3	60,002	69.7	64.9-74.5	106,923	70.2	66.3-74.1
Some Post-H.S.	30,395	77.1	70.4-83.8	37,358	76.3	70.6-81.9	67,753	76.6	72.3-80.9
College Graduate	19,943	77.4	71.3-83.4	15,950	70.9	64.1-77.8	35,892	74.4	69.8-78.9
Income									
Less than \$15,000	10,115	78.9*	66.4-91.4	14,929	70.2*	60.2-80.3	25,044	73.5	65.6-81.4
\$15,000 - 24,999	18,547	65.8*	55.4-76.2	35,264	74.0	67.8-80.1	53,811	70.9	65.4-76.4
\$25,000 - 34,999	19,916	76.5	68.1-84.8	23,075	74.4	67.0-81.8	42,991	75.3	69.8-80.9
\$35,000 - 49,999	22,814	76.8	68.5-85.1	14,719	67.2	57.8-76.6	37,532	72.7	66.5-78.9
\$50,000 - 74,999	15,303	78.0*	67.4-88.6	12,141	78.5	69.3-87.8	27,444	78.2	71.1-85.4
\$75,000+	14,397	80.4	72.6-88.1	8,867	69.1*	58.3-79.8	23,263	75.7	69.2-82.1

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



WVBRFSS 2018 Report

Figure 17.8 Prevalence of Had a Pneumonia Vaccine Among Those Aged 65 and Older by County: WVBRFSS, 2014-2018



### Lung Cancer Screening

Definition	Responding "Yes, to check for lung cancer" to "In the last 12 months, did you have a CT or CAT scan?"
Prevalence	<b>WV: 4.0%</b> (95% CI: 3.3-4.7) Because this question is part of a state selected optional module and complete national data are not available, a U.S. comparison was not conducted.
Gender	Men: 4.2% (95% CI: 3.2-5.3) Women: 3.7% (95% CI: 2.8-4.6) There was no gender difference in the prevalence of lung cancer screening in the past year.
Age	The prevalence of lung cancer screening in the past year was significantly higher among adults aged 65 and older (6.3%) than among those aged 44 and younger.
Education	The prevalence of lung cancer screening in the past year was significantly higher among adults with less than high school education (6.9%) than college graduates (1.8%).
Household Income	The prevalence of lung cancer screening in the past year was significantly higher among those with an annual household income less than \$25,000 than the prevalence among those with an income of \$50,000-\$74,999 or more.
Trend	There is no trendline available for the prevalence of lung cancer screening in the past year.
County	County estimates are not available for the prevalence of lung cancer screening in the past year.

## Table 18.1 Prevalence of Lung Cancer Screening in the Past Year by DemographicCharacteristics: WVBRFSS, 2018

		Men		١	Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	26,815	4.2	3.2-5.3	24,845	3.7	2.8-4.6	51,660	4.0	3.3-4.7	
Age										
18-24	0	0.0	0.0-0.0	1,496	2.3	0.0-5.6	1,496	1.1	0.0-2.7	
25-34	649.3	0.7	0.0-2.0	1,647	1.8	0.0-3.9	2,297	1.2	0.0-2.5	
35-44	3,374	3.4	0.3-6.5	2,047	2.1	0.3-3.9	5,422	2.7	0.9-4.6	
45-54	3,170	3.1	0.9-5.4	4,959	4.8	2.3-7.4	8,129	4.0	2.3-5.7	
55-64	7,146	6.3	3.2-9.3	6,192	5.1	2.6-7.7	13,337	5.7	3.7-7.7	
65+	12,476	8.4	5.9-10.9	8,312	4.6	3.1-6.1	20,788	6.3	4.9-7.7	
Education										
Less than H.S.	6,193	7.4	3.1-11.7	6,203	6.5	2.9-10.2	12,396	6.9	4.1-9.7	
H.S. or G.E.D.	11,463	4.3	2.7-6.0	9,911	4.0	2.5-5.4	21,374	4.2	3.1-5.3	
Some Post-H.S.	7,447	4.3	2.4-6.3	6,206	3.2	1.6-4.8	13,653	3.7	2.5-5.0	
College Graduate	1,712	1.5	0.5-2.5	2,525	2.0	1.0-3.0	4,237	1.8	1.1-2.5	
Income										
Less than \$15,000	4,180	8.9	3.5-14.2	5,086	6.0	2.8-9.2	9,266	7.0	4.2-9.8	
\$15,000 - 24,999	5,594	5.0	2.4-7.6	5,656	4.4	2.3-6.6	11,250	4.7	3.0-6.4	
\$25,000 - 34,999	2,602	2.9	0.9-4.9	4,216	4.3	1.3-7.3	6,818	3.6	1.8-5.5	
\$35,000 - 49,999	4,749	4.9	2.2-7.7	2,136	2.8	0.4-5.1	6,885	4.0	2.1-5.8	
\$50,000 - 74,999	774.6	0.9	0.0-2.3	1,253	1.8	0.4-3.2	2,028	1.3	0.4-2.3	
\$75,000+	5,796	4.4	1.8-7.1	2,964	2.7	0.9-4.5	8,760	3.6	2.0-5.3	

### **Breast Cancer Screening**

Definition	Mammogram in past 2 years (women aged 40 and older) Responding "Yes" to the question, "Have you ever had a mammogram?" and responding "Within the past 2 years" to the question, "How long has it been since you had your last mammogram?" Restricted to women aged 40 and older. <i>Mammogram in past 2 years (women aged 50-74)</i> Responding "Yes" to the question, "Have you ever had a mammogram?" and responding "Within the past 2 years" to the question, "How long has it been since you had your last mammogram?" Restricted to women aged 50-74, per recommended guidelines.
Prevalence	<ul> <li>Mammogram in past 2 years (women aged 40 and older)</li> <li>WV: 71.1% (95% CI: 68.8-73.4)</li> <li>U.S.: 72.6% (95% CI: 72.1-73.1)</li> <li>The West Virginia prevalence of had a mammogram in the past 2 years among women aged 40 and older was similar to the U.S. prevalence. West Virginia ranked the 30<sup>th</sup> highest among the 54 BRFSS participants.</li> <li>Mammogram in past 2 years (women aged 50-74)</li> <li>WV: 75.0% (95% CI: 72.2-77.9)</li> <li>U.S.: 78.9% (95% CI: 78.3-79.4)</li> <li>The West Virginia prevalence of had a mammogram in the past 2 years among women aged 50-74 was similar to the U.S. prevalence. West Virginia ranked the 40<sup>th</sup> highest among the 54 BRFSS participants.</li> </ul>
Age	<ul> <li>Mammogram in past 2 years (women aged 40 and older)</li> <li>The prevalence of had a mammogram in the past 2 years among women aged 40 and older was significantly higher among women aged 55 and older than women aged 35-44.</li> <li>Mammogram in past 2 years (women aged 50-74)</li> <li>There was no age difference in the prevalence of had a mammogram in the past 2 years among women aged 50-74.</li> </ul>
Education	<ul> <li>Mammogram in past 2 years (women aged 40 and older)</li> <li>The prevalence of had a mammogram in the past 2 years among women aged 40 and older was significantly higher among college graduates (78.0%) than those with less than a high school education (64.2%) and those with a high school degree (69.4%).</li> <li>Mammogram in past 2 years (women aged 50-74)</li> <li>The prevalence of had a mammogram in the past 2 years among women aged 50 -74 was significantly higher among college graduates (86.1%) than those with less than a high school education (71.1%) and those with a high school degree (70.1%).</li> </ul>

Household Income	<ul> <li>Mammogram in past 2 years (women aged 40 and older)</li> <li>The prevalence of had a mammogram in the past 2 years among women aged 40 and older was significantly higher among those with an annual household income of \$75,000 or more (77.9%) than among those earning less than \$15,000 per year (63.2%).</li> <li>Mammogram in past 2 years (women aged 50-74)</li> <li>The prevalence of had a mammogram in the past 2 years among women aged 50-74 was significantly higher among those with an annual household income of \$75,000 or more (84.6%) than among those earning less than \$15,000 per year (69.7%).</li> </ul>
Trend	Mammogram in past 2 years (women aged 40 and older) There was no change in the prevalence of had a mammogram in the past 2 years among women aged 40 and older between 2012 and 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years. Mammogram in past 2 years (women aged 50-74)
	There was no change in the prevalence of had a mammogram in the past 2 years among women aged 50-74 from 2012 to 2018.Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	<ul> <li>Mammogram in past 2 years (women aged 40 and older)</li> <li>The 2010-2018 West Virginia state prevalence of had a mammogram in the past 2 years among women aged 40 and older was 91.0%. There were 3 counties with a significantly higher prevalence when compared to the state; Monroe, Ohio, and Randolph. No counties had a significantly lower prevalence than the state.</li> <li>Mammogram in past 2 years (women aged 40 and older)</li> <li>The 2010-2018 West Virginia state prevalence of had a mammogram in the past 2 years among women aged 50-74 was 72.1%. There were 4 counties with a significantly lower prevalence when compared to the state; Logan, Marion, Summers, and Wyoming. There were 4 counties with a significantly higher prevalence when compared to the state; Greenbrier, Monroe, Ohio, and Tyler.</li> </ul>

## Table 18.2 Prevalence of Had a Mammogram in the Past 2 Years by Demographic Characteristics: WVBRFSS, 2018

	Women	Aged 40 a	and Older	Women Aged 50-74		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	338,127	71.1	68.8-73.4	222,522	75.0	72.2-77.9
Age						
35-44	31,572	58.9	50.2-67.7		•	
45-54	77,900	71.8	66.7-77.0	44,763	71.9	64.8-79.1
55-64	93,569	74.4	69.9-78.9	93,569	74.4	69.9-78.9
65+	135,086	71.9	68.8-75.1	84,190	77.5	73.6-81.4
Education						
Less than H.S.	51,001	65.3	58.2-72.4	36,265	71.1	62.6-79.5
H.S. or G.E.D.	129,911	69.4	65.6-73.2	82,692	70.1	65.3-74.8
Some Post-H.S.	93,340	72.8	68.7-77.0	59,247	77.9	73.0-82.9
College Graduate	63,875	78.0	74.0-82.0	44,317	86.1	82.3-89.8
Income						
Less than \$15,000	39,885	63.2	56.3-70.0	27,001	69.7	61.5-78.0
\$15,000 - 24,999	65,314	71.0	65.6-76.4	42,653	76.5	70.3-82.7
\$25,000 - 34,999	45,769	69.7	63.3-76.1	30,872	72.2	64.1-80.2
\$35,000 - 49,999	40,617	71.6	64.7-78.5	28,092	69.7	61.3-78.1
\$50,000 - 74,999	38,728	72.7	66.0-79.3	27,926	77.7	70.1-85.2
\$75,000+	58,473	77.9	72.7-83.1	36,500	84.6	78.7-90.6

Figure 18.1 Prevalence of Had Mammogram in the Past 2 Years by Year: WVBRFSS, 2010-2018

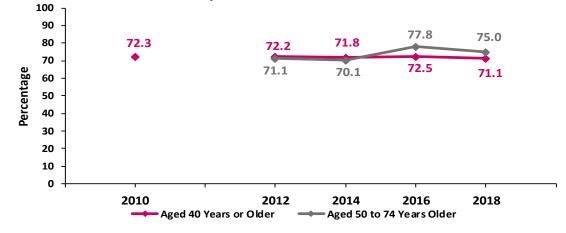


Figure 18.2 Prevalence of Had a Mammogram in the Past 2 Years Among Women Aged 40 and Older by County: WVBRFSS, 2010-2018

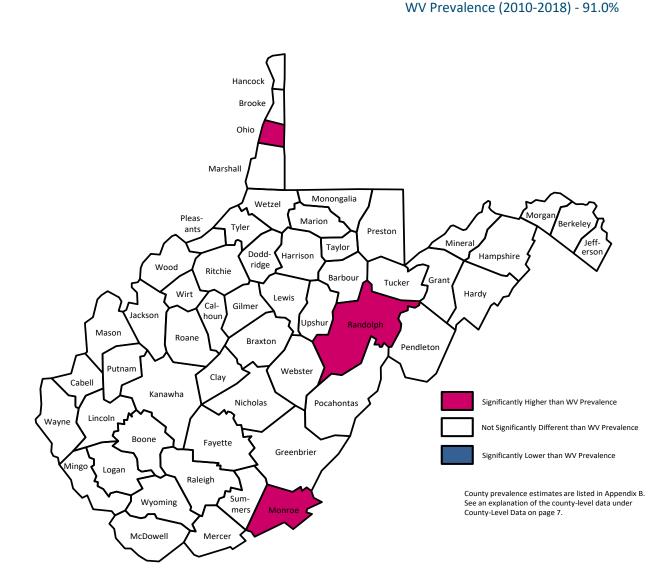
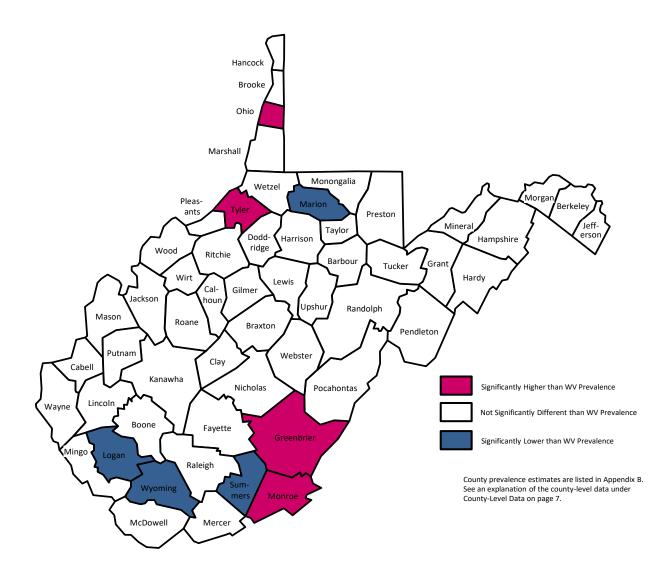


Figure 18.3 Prevalence of Had a Mammogram in the Past 2 Years Among Women Aged 50-74 by County: WVBRFSS, 2010-2018





### Cervical Cancer Screening

Definition	Ever had a Pap test (women aged 18 and older)
	Responding "Yes" to the question, "Have you ever had a Pap test?" Restricted to women aged 18 and older.
	Pap test in the past 3 years (women aged 21-65)
	Responding "Yes" to the question, "Have you ever had a Pap test?" and
	responding "Within the past 3 years" to the question, "How long has it been since
	you had your last Pap test?" Restricted to women aged 21-65, per recommended
	guidelines.
	Ever had a HPV test (women aged 18 and older)
	Responding "Yes" to the question, "An HPV test is sometimes given with the
	Pap test for cervical cancer screening. Have you ever had an HPV test?"
	Restricted to women aged 18 and older.
Prevalence	Ever had a Pap test (women aged 18 and older)
	WV: 93.0% (95% CI: 91.4-94.6)
	<b>U.S.: 89.7%</b> (95% CI: 89.4-90.0)
	The West Virginia prevalence of had a Pap test among women aged 18 and older
	was significantly higher than the U.S. prevalence. West Virginia ranked the 5 <sup>th</sup>
	highest among the 54 BRFSS participants.
	Pap test in the past 3 years (women aged 21-65)
	WV: 80.2% (95% CI: 77.4-83.0)
	<b>U.S.: 79.9%</b> (95% CI: 79.4-80.4)
	The West Virginia prevalence of had a Pap test in the past 3 years among women
	aged 21-65 was similar to the U.S. prevalence. West Virginia ranked the $26^{th}$
	lowest among the 54 BRFSS participants.
	Ever had a HPV test (women aged 18 and older)
	WV: 47.6% (95% CI: 44.7-50.4)
	<b>U.S.: 49.3%</b> (95% CI: 48.7-49.8)
	The West Virginia prevalence of had a HPV test among women aged 18 and older
	was similar to the U.S. prevalence. West Virginia ranked the 37 <sup>th</sup> highest among
	the 54 BRFSS participants.
Age	Ever had a Pap test (women aged 18 and older)
	There was no age difference in the prevalence of had a Pap test among women
	aged 18 and older.
	Pap test in the past 3 years (women aged 21-65)
	The prevalence of had a Pap test in the past 3 years among women aged 21-65
	was significantly higher among women aged 25-34 (89.4%) than among those aged 35-65.
	Ever had a HPV test (women aged 18 and older)
	The prevalence of had a HPV test among women aged 18 and older was
	significantly higher among women aged 35-54 than women aged 55 and older.

Education	<ul> <li>Ever had a Pap test (women aged 18 and older)</li> <li>The prevalence of had a Pap test among women aged 18 and older was significantly higher among college graduates (98.4%) than all other educational attainment levels.</li> <li>Pap test in the past 3 years (women aged 21-65)</li> <li>The prevalence of had a Pap test in the past 3 years among women aged 21-65 was significantly higher among college graduates (88.1%) than women with a high school education or less.</li> <li>Ever had a HPV test (women aged 18 and older)</li> <li>The prevalence of had a HPV test among women aged 18 and older was significantly higher among college graduates (59.0%) than all other educational attainment levels.</li> </ul>
Household Income	<ul> <li>Ever had a Pap test (women aged 18 and older)</li> <li>There was no annual household income difference in the prevalence of had a Pap test among women aged 18 and older.</li> <li>Pap test in the past 3 years (women aged 21-65)</li> <li>There was no annual household income difference in the prevalence of had a Pap test in the past 3 years among women aged 21-65.</li> <li>Ever had a HPV test (women aged 18 and older)</li> <li>The prevalence of had a HPV test among women aged 18 and older was significantly higher among those with an annual household income of \$75,000 or more (60.0%) than among those earning \$15,000-\$34,999 per year.</li> </ul>
Trend	<ul> <li>Ever had a Pap test (women aged 18 and older)</li> <li>There was no change in prevalence of Pap test among women 18 and older from 2012 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.</li> <li>Pap test in the past 3 years (women aged 21-65)</li> <li>There is no change in prevalence of Pap test in the past 3 years among women 21 to 65 from 2012 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.</li> <li>Ever had a HPV test (women aged 18 and older)</li> <li>No trendline is available for the prevalence of had a HPV test among women aged 18 and older. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.</li> </ul>
County	<ul> <li>Ever had a Pap test (women aged 18 and older)</li> <li>The 2010-2018 West Virginia state prevalence of had Pap test among women aged 18 and older was 93.0%. Monongalia County had a significantly lower prevalence when compared to the state. There were 10 counties with a significantly higher prevalence than the state; Barbour, Calhoun, Gilmer, Hardy, Harrison, Lewis, Marshall, Nicholas, Tucker, and Wirt.</li> <li>Pap test in the past 3 years (women aged 21-65)</li> <li>The 2010-2018 West Virginia state prevalence of had a Pap test among women aged 21 -65 was 73.0%. Pocahontas County had a significantly lower prevalence compared to the state. There were 5 counties with a significantly higher prevalence than the state; Clay, Doddridge, Kanawha, Nicolas, and Wirt.</li> </ul>

## Table 18.3 Prevalence of Cervical Cancer Screening by Demographic Characteristics: WVBRFSS, 2018

	Ever l (Women /	Had a Paj Aged 18 a	p Test and Older)	Had a Pap Test in the Past 3 Years (Women Aged 21-65)			Ever Had a HPV Test (Women Aged 18 and Older)		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	663,716	93.0	91.4-94.6	302,037	80.2	77.4-83.0	250,280	47.6	44.7-50.4
Age									
18-24	43,633	57.8*	47.1-68.5	34,475	87.0*	76.8-97.2	28,007	42.3*	30.7-53.8
25-34	98,095	97.2	94.5-100.0	80,315	89.4	84.2-94.5	59,278	73.8*	66.2-81.3
35-44	101,072	97.7	95.4-100.0	69,622	78.8	72.9-84.8	52,966	69.1	62.2-76.0
45-54	105,592	97.1	95.0-99.1	53,101	76.3	70.2-82.4	45,853	57.7	51.3-64.1
55-64	125,347	98.5	97.0-99.9	58,636	73.0	67.3-78.7	38,691	43.0	37.4-48.6
65+	182,866	95.9	94.4-97.3	5,889	66.2*	52.5-79.9	24,647	19.2	15.9-22.5
Education									
Less than H.S.	93,499	92.5	88.0-97.0	32,207	71.5*	61.0-82.1	32,116	43.1	34.1-52.1
H.S. or G.E.D.	245,467	91.4	88.3-94.4	98,860	77.3	72.1-82.5	86,193	44.2	39.3-49.0
Some Post-H.S.	189,437	91.9	89.0-94.9	86,096	80.1	74.8-85.5	71,223	46.5	41.3-51.6
College Graduate	134,584	98.4	97.4-99.4	84,236	88.1	85.0-91.3	60,109	59.0	54.2-63.8
Income									
Less than \$15,000	86,043	91.6	87.2-96.0	33,458	73.0	64.3-81.8	37,428	53.2	45.6-60.8
\$15,000 - 24,999	129,227	93.2	89.7-96.7	51,750	75.2	67.4-82.9	46,043	45.8	39.1-52.5
\$25,000 - 34,999	92,761	91.2	87.0-95.4	44,889	80.2	72.6-87.9	30,981	36.6	28.7-44.5
\$35,000 - 49,999	76,709	94.2	89.9-98.5	36,414	82.0	74.2-89.8	27,317	46.8	38.5-55.1
\$50,000 - 74,999	72,942	95.6	92.2-99.0	37,196	86.6	80.1-93.1	28,735	52.3	44.3-60.4
\$75,000+	112,735	95.1	91.5-98.6	68,817	85.0	80.3-89.7	53,460	60.0	53.6-66.3

Figure 18.4 Prevalence of Cervical Cancer Screening by Year: WVBRFSS, 2010-2018

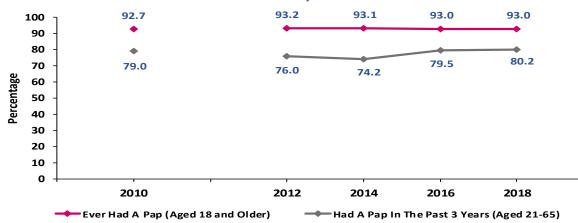
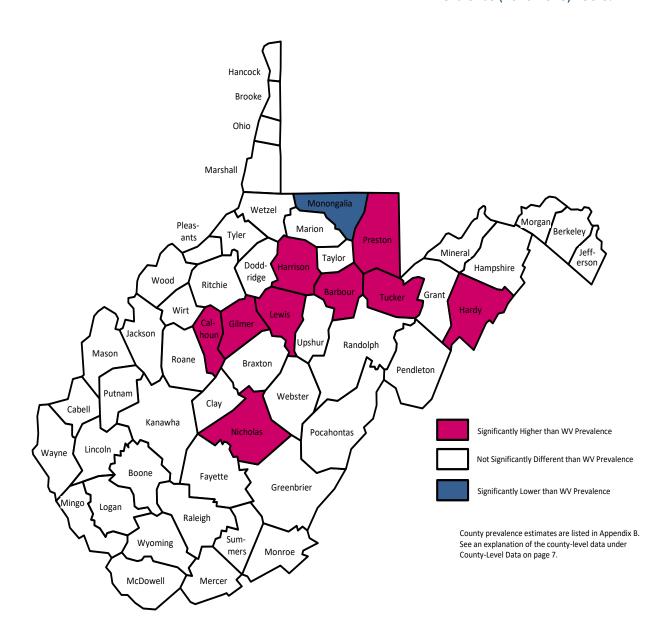


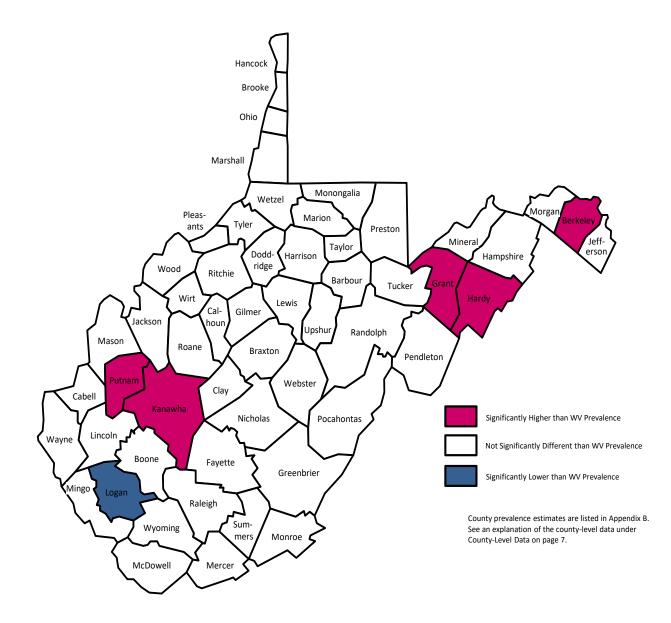
Figure 18.5 Prevalence of Ever Had Pap Test Among Women Aged 18 and Older by County: WVBRFSS, 2010-2018



WV Prevalence (2010-2018) - 93.0%

Figure 18.6 Prevalence of Had A Pap Test in the Past 3 Years Among Women Aged 21-65 by County: WVBRFSS, 2010-2018

WV Prevalence (2010-2018) - 73.0%



### Prostate Cancer Screening

Definition	<ul> <li>Doctor discussed advantages of PSA test</li> <li>Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever talked with you about the advantages of the PSA test?" Restricted to men aged 40 and older.</li> <li>Doctor discussed disadvantages of PSA test</li> <li>Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever talked with you about the disadvantages of the PSA test?" Restricted to men aged 40 and older.</li> </ul>
Prevalence	<ul> <li>Doctor discussed advantages of PSA test</li> <li>WV: 48.3% (95% CI: 45.4-51.1)</li> <li>U.S.: 43.9% (95% CI: 43.3-44.5)</li> <li>The West Virginia prevalence of doctor discussed advantages of PSA test among men aged 40 and older was significantly higher than the U.S. prevalence. West Virginia ranked the 9<sup>th</sup> highest among the 54 BRFSS participants.</li> <li>Doctor discussed disadvantages of PSA test</li> <li>WV: 28.3% (95% CI: 25.8-30.8)</li> <li>U.S.: 19.9% (95% CI: 19.4-20.3)</li> <li>The West Virginia prevalence of doctor discussed disadvantages of PSA test among men aged 40 and older was significantly higher than the U.S. prevalence. West Virginia ranked the 4<sup>th</sup> highest among the 54 BRFSS participants.</li> </ul>
Age	<ul> <li>Doctor discussed advantages of PSA test</li> <li>The prevalence of doctor discussed advantages of PSA test among men aged 40 and older was significantly different between each age group with the highest prevalence among those aged 65 and older.</li> <li>Doctor discussed disadvantages of PSA test</li> <li>The prevalence of doctor discussed disadvantages of PSA test among men aged 40 and older was significantly higher among those aged 55 and older than among those aged 54 and younger.</li> </ul>
Education	<ul> <li>Doctor discussed advantages of PSA test</li> <li>The prevalence of doctor discussed advantages of PSA test among men aged 40 and older was significantly lower among those with less than a high school education (38.3%) than those with some college (53.0%) and college graduates (57.7%).</li> <li>Doctor discussed disadvantages of PSA test</li> <li>There was no educational attainment difference in the prevalence of doctor discussed disadvantages of PSA test among men aged 40 and older.</li> </ul>

Household Income	Doctor discussed advantages of PSA test There was no annual household income difference in the prevalence of doctor discussed advantages of PSA test among men aged 40 and older. Doctor discussed disadvantages of PSA test The prevalence of doctor discussed disadvantages of PSA test among men aged 40 and older was significantly higher among those with an annual household income of \$25,000- \$34,999 (39.2%) than among those earning \$75,000 or more per year (25.3%).
Trend	No trendline is available for these indicators.
County	No county estimates are available for these indicators.

# Table 18.4 Prevalence of Discussed PSA Test with Doctor Among Men Aged 40 andOlder by Demographic Characteristics: WVBRFSS, 2018

Characteristic		Discussed Advantages of PSA Test			Discussed Disadvantages of PSA Test		
	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	210,271	48.3	45.4-51.1	121,900	28.3	25.8-30.8	
Age							
35-44	8,893	16.4	8.9-24.0	5,469	10.2*	3.8-16.5	
45-54	32,792	31.6	25.9-37.3	20,363	19.5	14.8-24.2	
55-64	65,230	54.7	49.6-59.8	39,013	33.0	28.2-37.9	
65+	102,828	66.3	62.2-70.5	56,846	37.7	33.5-41.9	
Education							
Less than H.S.	24,432	38.3	29.9-46.6	14,217	23.0	16.2-29.8	
H.S. or G.E.D.	86,152	45.5	41.0-49.9	50,985	26.8	22.8-30.8	
Some Post-H.S.	57,551	53.0	47.4-58.6	32,756	31.0	25.9-36.0	
College Graduate	41,710	57.7	52.6-62.9	23,514	32.8	28.1-37.6	
Income							
Less than \$15,000	15,433	39.4	29.8-49.0	10,081	26.4	17.8-35.1	
\$15,000 - 24,999	33,120	43.6	36.6-50.7	19,229	25.9	19.8-31.9	
\$25,000 - 34,999	33,702	55.0	47.3-62.7	23,905	39.2	31.6-46.7	
\$35,000 - 49,999	34,991	52.2	45.0-59.5	19,026	28.5	22.4-34.6	
\$50,000 - 74,999	25,325	49.8	41.5-58.1	14,691	29.0	21.7-36.4	
\$75,000+	43,072	46.2	40.3-52.1	23,349	25.3	20.3-30.2	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

### Prostate Cancer Screening (continued)

Definition	<ul> <li>Doctor recommended having a PSA test</li> <li>Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever recommended that you have a PSA test?" Restricted to men aged 40 and older.</li> <li>Had a PSA test in the past 2 years</li> <li>Responding "Yes" to the question, "Have you ever had a PSA test?" and responding "Within the past 2 years" to the question, "How long has it been since you had your last PSA test?" Restricted to men aged 40 and older.</li> </ul>
Prevalence	<ul> <li>Doctor recommended having a PSA test</li> <li>WV: 48.0% (95% CI: 45.1-50.8)</li> <li>U.S.: 40.5% (95% CI: 39.9-41.0)</li> <li>The West Virginia prevalence of doctor recommended having a PSA test among men aged 40 and older was significantly higher than the U.S. prevalence. West Virginia ranked the 2<sup>nd</sup> highest among the 54 BRFSS participants.</li> <li>Had a PSA test in the past 2 years</li> <li>WV: 38.4% (95% CI: 35.7-41.2)</li> <li>U.S.: 33.2% (95% CI: 32.6-33.7)</li> <li>The West Virginia prevalence of had a PSA test in the past 2 years among men aged 40 and older was significantly higher than the U.S. prevalence. West Virginia ranked the 6<sup>th</sup> highest among the 54 BRFSS participants.</li> </ul>
Age	<ul> <li>Doctor recommended having a PSA test</li> <li>The prevalence of doctor recommended having a PSA test among men aged 40 and older was significantly higher among men aged 65 and older (68.1%) than all other age groups.</li> <li>Had a PSA test in the past 2 years</li> <li>The prevalence of PSA test in the past 2 years among men aged 40 and older was significantly higher among men 65 and older (56.6%) than all other age groups.</li> </ul>
Education	<ul> <li>Doctor recommended having a PSA test</li> <li>The prevalence of doctor recommended having a PSA test among men aged 40 and older was significantly higher among college graduates (55.8%) than men with less than a high school education (35.4%).</li> <li>Had a PSA test in the past 2 years</li> <li>The prevalence of PSA test in the past 2 years among men aged 40 and older was significantly higher among college graduates (46.6%) than men with less than high school education (28.8%)</li> </ul>

Household Income	<ul> <li>Doctor recommended having a PSA test</li> <li>There was no annual household income difference in the prevalence of doctor recommended having a PSA test among men aged 40 and older.</li> <li>Had a PSA test in the past 2 years</li> <li>There was no annual household income difference in the prevalence of PSA test in the past 2 years among men aged 40 and older.</li> </ul>
Trend	No trendline is available for these indicators.

**County** No county estimates are available for these indicators.

# Table 18.5 Prevalence of PSA Test Among Men Aged 40 and Older by Demographic Characteristics: WVBRFSS, 2018

	Doctor Recommended PSA Test			Had a PSA Test in the Past 2 Years		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	207,971	48.0	45.1-50.8	160,402	38.4	35.7-41.2
Age						
35-44	6,142	11.3	4.9-17.7	4,294	8.0	2.9-13.2
45-54	31,000	29.5	23.9-35.1	20,604	20.2	15.2-25.1
55-64	66,491	56.0	50.9-61.1	52,156	45.4	40.2-50.6
65+	103,607	68.1	64.0-72.2	83,349	56.6	52.2-61.0
Education						
Less than H.S.	22,446	35.4	27.2-43.5	17,808	28.8	21.1-36.5
H.S. or G.E.D.	90,286	47.5	43.0-51.9	67,040	37.1	32.7-41.4
Some Post-H.S.	54,216	51.1	45.5-56.8	41,964	40.7	35.2-46.2
College Graduate	40,596	55.8	50.7-60.9	33,163	46.6	41.4-51.7
Income						
Less than \$15,000	14,870	37.8	28.4-47.2	8,810	23.9	15.7-32.1
\$15,000 - 24,999	31,740	43.3	36.1-50.5	21,889	30.8	24.1-37.5
\$25,000 - 34,999	31,600	52.9	45.1-60.7	25,092	42.7	35.0-50.4
\$35,000 - 49,999	37,227	55.9	48.6-63.3	29,788	46.1	38.9-53.3
\$50,000 - 74,999	27,167	52.9	44.5-61.2	21,446	43.2	35.1-51.3
\$75,000+	42,137	44.6	38.7-50.4	34,768	37.7	32.1-43.4

### **Colorectal Cancer Screening**

Definition	<ul> <li>Had a Fecal Occult Blood Test (FOBT) in the past year</li> <li>Responding "Yes" to the question, "A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?" and responding "Within the past year" to the question, "How long has it been since you had your last blood stool test using a home kit?" Restricted to adults aged 50-75, per screening recommendations.</li> <li>Had a FOBT in the past 3 years</li> <li>Responding "Yes" to the question, "A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?" and responding "Within the past 3 years" to the question, "How long has it been since you had your last blood stool test using a home kit?" Restricted to adults aged 50-75, per screening recommendations.</li> </ul>
Prevalence	<ul> <li>Had a FOBT in the past year</li> <li>WV: 9.7% (95% CI: 8.4-11.0)</li> <li>U.S.: 11.6% (95% CI: 11.2-11.9)</li> <li>The West Virginia prevalence of had a FOBT in the past year among adults aged 50-75 was significantly lower than the U.S. prevalence. West Virginia ranked the 20<sup>th</sup> highest among the 54 BRFSS participants.</li> <li>Had a FOBT in the past 3 years</li> <li>WV: 15.4% (95% CI: 13.8-17.0)</li> <li>U.S.: 18.7% (95% CI: 18.3-19.1)</li> <li>The West Virginia prevalence of had a FOBT in the past 3 years among adults aged 50-75 was significantly lower than the U.S. prevalence. West Virginia ranked the 28<sup>th</sup> highest among the 54 BRFSS participants.</li> </ul>
Gender	<ul> <li>Had a FOBT in the past year</li> <li>Men: 10.1% (95% CI: 8.2-12.1)</li> <li>Women: 9.2% (95% CI: 7.5-11.0)</li> <li>There was no gender difference in the prevalence of had a FOBT in the past year among adults aged 50-75.</li> <li>Had a FOBT in the past 3 years</li> <li>Men: 16.6% (95% CI: 14.2-19.0)</li> <li>Women: 14.2% (95% CI: 12.1-16.3)</li> <li>There was no gender difference in the prevalence of had a FOBT in the past 3 years among adults aged 50-75.</li> </ul>

Age	<ul> <li>Had a FOBT in the past year</li> <li>The prevalence of had a FOBT in the past year among adults aged 50-75 was significantly higher among those aged 65 and older (11.3%) than those aged 50-54 (6.0%).</li> <li>Had a FOBT in the past 3 years</li> <li>The prevalence of had a FOBT in the past 3 years among adults aged 50-75 was significantly higher among those aged 65 and older (18.9%) than those aged 50-54 (9.2%).</li> </ul>
Education	<ul> <li>Had a FOBT in the past year</li> <li>There was no educational attainment difference in the prevalence of FOBT in the past year among adults aged 50-75.</li> <li>Had a FOBT in the past 3 years</li> <li>There was no education attainment difference in the prevalence of FOBT in the past 3 years among adults aged 50-75.</li> </ul>
Household Income	<ul> <li>Had a FOBT in the past year</li> <li>There was no annual household income difference in the prevalence of had a FOBT in the past year among adults aged 50-75.</li> <li>Had a FOBT in the past 3 years</li> <li>There was no annual household income difference in the prevalence of had a FOBT in the past 3 years among adults aged 50-75.</li> </ul>
Trend	<ul> <li>Had a FOBT in the past year</li> <li>There is a decline in prevalence of FOBT in the past year, among adults aged 50-75 from 2010 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.</li> <li>Had a FOBT in the past 3 years</li> <li>There is a decline in prevalence of had FOBT in the past 3 years among adults aged 50-75 from 2010 to 2018. Because of the change in BRFSS methodology, results from 2017 and later are not directly comparable to previous years.</li> </ul>
County	<ul> <li>Had a FOBT in the past year</li> <li>The 2010-2018 state prevalence of FOBT in the past year among adults aged 50-75 was 11.4%. There were 5 counties with a significantly lower prevalence when compared to the state; Berkeley, Brooke, Hancock, Jackson, and Morgan. There were 4 counties with a significantly higher prevalence when compared to the state; Mercer, Mineral, Pendleton, and Roane.</li> <li>Had a FOBT in the past 3 years</li> <li>The 2010-2018 state prevalence of FOBT in the past 3 years among adults aged 50-75 was 19.1%. There were 7 counties with a significantly lower prevalence when compared to the state; Berkeley, Hampshire, Hancock, Jackson, Logan, Pocahontas, and Wyoming. There were 5 counties with a significantly higher</li> </ul>

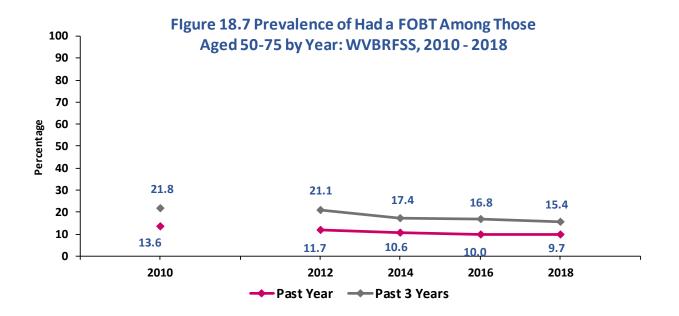
# Table 18.6 Prevalence of Had a FOBT in the Past Year Among Those Aged 50-75by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	29,696	10.1	8.2-12.1	28,051	9.2	7.5-11.0	57,747	9.7	8.4-11.0
Age									
50-54	3,687	5.8*	2.2-9.3	3,927	6.3	2.8-9.7	7,614	6.0	3.5-8.5
55-64	13,814	11.3	8.1-14.6	11,182	8.9	6.1-11.6	24,996	10.1	7.9-12.2
65-75	12,196	11.4	8.2-14.5	12,942	11.2	8.3-14.1	25,137	11.3	9.1-13.4
Education									
Less than H.S.	5,125	11.2	4.9-17.5	5,221	10.0	4.6-15.3	10,346	10.5	6.4-14.6
H.S. or G.E.D.	13,002	9.9	7.0-12.9	11,253	9.2	6.4-11.9	24,254	9.6	7.5-11.6
Some Post-H.S.	7,479	10.5	9.8-14.3	7,943	10.2	6.8-13.7	15,422	10.4	7.8-12.9
College Graduate	4,091	9.1	5.6-12.5	3,633	7.0	4.4-9.6	7,724	8.0	5.8-10.1
Income									
Less than \$15,000	2,909	10.5*	4.0-17.0	35,198	13.1	7.4-18.9	8,107	12.1	7.7-16.4
\$15,000 - 24,999	6,634	11.8	6.6-16.9	5,095	8.9	5.3-12.4	11,729	10.3	7.2-13.4
\$25,000 - 34,999	2,960	7.9	3.3-12.5	4,233	9.7	4.7-14.8	7,193	8.9	5.4-12.3
\$35,000 - 49,999	6,013	12.0	6.5-17.4	2,440	5.9*	1.4-10.3	8,453	9.2	5.6-12.8
\$50,000 - 74,999	3,157	10.7	4.9-16.5	3,570	9.7	4.5-14.9	6,727	10.1	6.2-14.0
\$75,000+	5,409	9.4	5.6-13.3	3,690	8.4	4.2-12.5	9,099	9.0	6.1-11.8

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

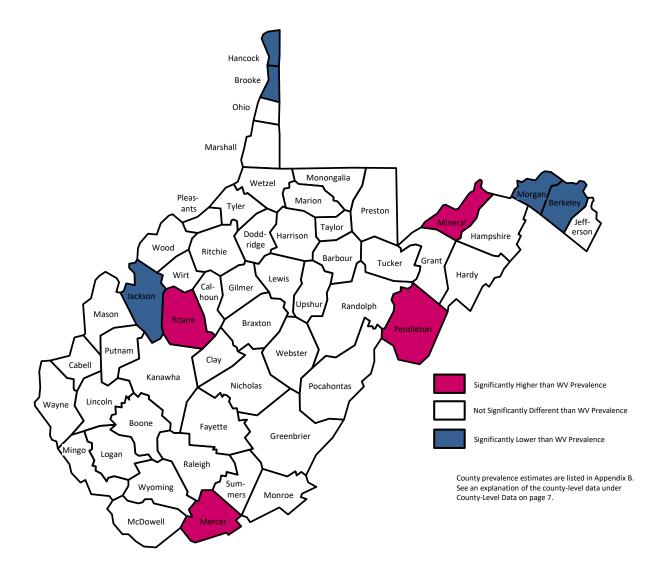
## Table 18.7 Prevalence of Had a FOBT in the Past 3 Years Among Those Aged 50-75by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	48,732	16.6	14.2-19.0	43,211	14.2	12.1-16.3	91,943	15.4	13.8-17.0
Age									
50-54	6,155	9.6	5.2-14.1	5,441	8.7	4.7-12.7	11,596	9.2	6.2-12.2
55-64	21,548	17.6	13.8-21.5	16,602	13.2	9.9-16.4	38,149	15.4	12.8-17.9
65-75	21,029	19.6	15.6-23.6	21,169	18.3	14.9-21.7	42,198	18.9	16.3-21.5
Education									
Less than H.S.	7,526	16.4	9.3-23.6	7,519	14.3	8.4-20.3	15,045	15.3	10.7-19.9
H.S. or G.E.D.	22,164	16.9	13.2-20.7	17,707	14.4	11.2-17.7	39,872	15.7	13.2-18.2
Some Post-H.S.	11,518	16.2	11.7-20.7	12,144	15.6	11.5-19.8	23,662	15.9	12.8-18.9
College Graduate	7,096	15.7	11.4-20.1	5,843	11.3	8.1-14.5	12,939	13.4	10.7-16.0
Income									
Less than \$15,000	4,684	16.9	9.1-24.8	6,272	15.8	9.7-22.0	10,956	16.3	11.5-21.1
\$15,000 - 24,999	9,357	16.6	10.8-22.4	8,565	14.9	10.3-19.5	17,922	15.8	12.1-19.4
\$25,000 - 34,999	5,073	13.5	7.6-19.4	6,162	14.2	8.5-19.9	11,235	13.9	9.8-18.0
\$35,000 - 49,999	9,745	19.4	12.8-25.9	4,057	9.8	4.7-14.8	13,802	15.0	10.7-19.3
\$50,000 - 74,999	4,283	14.5	7.8-21.2	5,267	14.3	8.3-20.3	9,550	14.4	9.9-18.8
\$75,000+	9,829	17.1	12.0-22.2	5,606	12.7	7.8-17.7	15,435	15.2	11.6-18.8



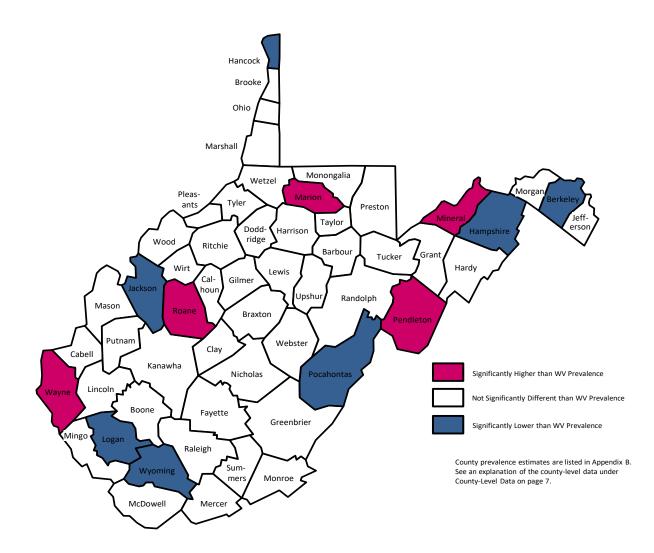
## Figure 18.8 Prevalence of Had a FOBT in the Past Year Among Those Aged 50-75 by County: WVBRFSS, 2010-2018

WV Prevalence (2010-2018) - 11.4%



# Figure 18.9 Prevalence of Had a FOBT in the Past 3 Years Among Those Aged 50-75 by County: WVBRFSS, 2014-2018

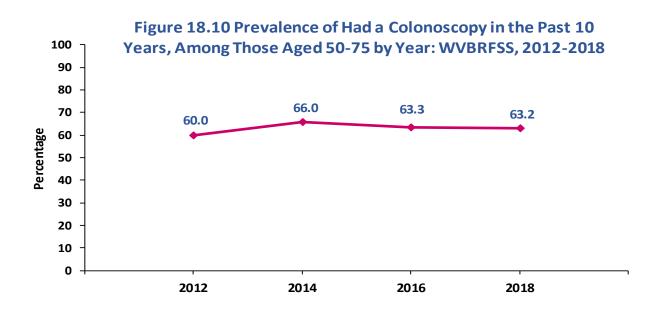




## Table 18.8 Prevalence of Had a Colonoscopy in the Past 10 Years Among ThoseAged 50-75 by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	178,929	61.2	57.9-64.5	197,843	65.2	62.3-68.2	376,772	63.2	61.0-65.4
Age									
50-54	25,208	39.3	31.4-47.2	33,639	53.9	46.4-61.5	58,846	46.5	41.0-52.1
55-64	76,877	63.6	58.6-68.5	83,356	66.3	61.7-71.0	160,234	65.0	61.6-68.4
65-75	76,844	71.5	66.9-76.1	80,848	70.1	65.9-74.2	157,692	70.8	67.7-73.9
Education									
Less than H.S.	24,244	54.1	44.0-64.2	28,940	55.6	46.7-64.5	53,184	54.9	48.2-61.6
H.S. or G.E.D.	74,772	57.0	51.8-62.1	77,195	63.4	58.7-68.2	151,967	60.1	56.5-63.6
Some Post-H.S.	46,609	66.0	59.9-72.1	52,823	67.8	62.4-73.2	99,431	67.0	62.9-71.0
College Graduate	32,877	72.5	66.8-78.1	38,885	75.3	70.6-79.9	71,762	74.0	70.3-77.6
Income									
Less than \$15,000	12,123	44.0*	33.4-54.6	20,602	52.4	43.8-60.9	32,725	48.9	42.2-55.6
\$15,000 - 24,999	32,213	58.7	50.6-66.8	39,361	67.7	61.1-74.4	71,574	63.3	58.1-68.6
\$25,000 - 34,999	22,848	60.8	51.4-70.1	27,213	63.0	54.7-71.3	50,061	62.0	55.7-68.2
\$35,000 - 49,999	32,760	64.9	57.1-72.8	26,186	62.8	54.5-71.0	58,946	63.9	58.3-69.6
\$50,000 - 74,999	20,242	67.8	58.4-77.3	25,924	71.6	63.6-79.6	46,165	69.9	63.8-76.0
\$75,000+	37,828	66.2	59.3-73.2	31,632	71.9	64.7-79.1	69,461	68.7	63.7-73.7

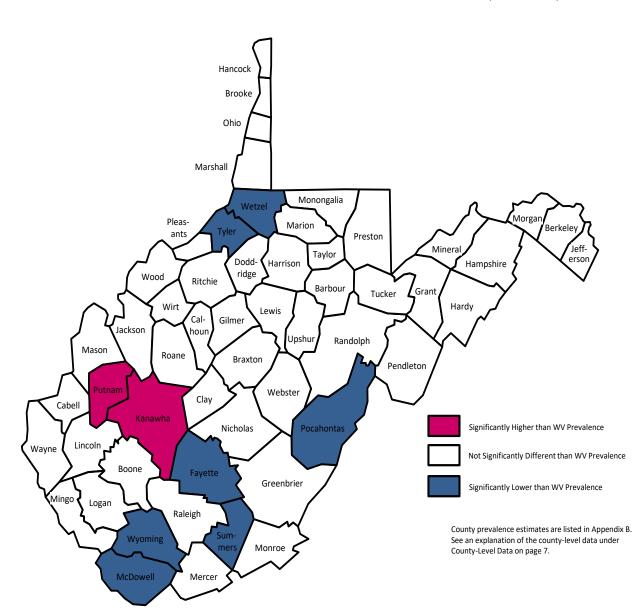
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



### Colorectal Cancer Screening (continued)

Definition	Responding "Yes" to the question, "Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?" and responding "Colonoscopy" to the question, "Was your most recent exam a sigmoidoscopy or a colonoscopy?" and responding "Within the past 10 years" to the question, "How long has it been since you had your last sigmoidoscopy or colonoscopy?" Restricted to adults aged 50-75, per screening recommendations.
Prevalence	WV: 63.2% (95% CI: 61.0-65.4) U.S.: 64.1% (95% CI: 63.6-64.6) The West Virginia prevalence of had a colonoscopy in the past 10 years among those aged 50-75 was similar to the U.S. prevalence. West Virginia ranked the 30 <sup>th</sup> highest among the 54 BRFSS participants.
Gender	Men: 61.2% (95% CI: 57.9-64.5) Women: 65.2% (95% CI: 62.3-68.2) There was no gender difference in the prevalence of had a colonoscopy in the past 10 years among those aged 50-75.
Age	The prevalence of had a colonoscopy in the past 10 years was significantly lower among adults aged 50-54 (46.5%) than those 55 and older.
Education	The prevalence of had a colonoscopy in the past 10 years among those aged 50-75 was significantly lower among those with less than a high school education (54.9%) and those with a high school degree (60.1%) than college graduates (74.0%). Additionally, the prevalence of had a colonoscopy in the past 10 years among those aged 50-75 was significantly lower among those with less than a high school education (54.9%) than those with some college (67.0%).
Household Income	The prevalence of had a colonoscopy in the past 10 years among those aged 50-75 was significantly lower among those with an annual household income of less than \$15,000 (48.9%) than any other household income.
Trend	There was no change in the prevalence of had a colonoscopy in the past 10 years among those aged 50-75 from 2012 to 2018.
County	The 2010-2018 West Virginia state prevalence of had a colonoscopy in the past 10 years among those aged 50-75 was 59.2%. There were 7 counties with a significantly lower prevalence compared to the state; Fayette, McDowell, Pocahontas, Summer, Tyler, Wetzel, and Wyoming. Kanawha County and Putnam County had a significantly higher prevalence than the state.

Figure 18.11 Prevalence of Had a Colonoscopy in the Past 10 Years Among Those Aged 50-75 by County: WVBRFSS, 2010-2018



WV Prevalence (2010-2018) - 59.2%

## **CHAPTER 18: CANCER SCREENING**

## Colorectal Cancer Screening (continued)

Definition	Respondents who received one or more of the recommended colorectal cancer screening tests: FOBT within the past year Sigmoidoscopy within the past 5 years and FOBT within the past 3 years Colonoscopy within the past 10 years Restricted to adults aged 50-75, per screening recommendations.
Prevalence	<ul> <li>WV: 68.1% (95% CI: 66.0-70.3)</li> <li>U.S.: 69.3% (95% CI: 68.8-69.8)</li> <li>The West Virginia prevalence of met colorectal cancer screening recommendation among those aged 50-75 was similar to the U.S. prevalence. West Virginia ranked the 37<sup>th</sup> highest among the 54 BRFSS participants.</li> </ul>
Gender	Men: 66.1% (95% CI: 62.9-69.3) Women: 70.1% (95% CI: 67.2-72.9) There was no gender difference in the prevalence of met colorectal cancer screening recommendation among those aged 50-75.
Age	The prevalence of met colorectal cancer screening recommendation among those aged 50-75 was significantly higher among those aged 65 and older (76.9%) than among all other age groups.
Education	The prevalence of met colorectal cancer screening recommendation among those aged 50-75 was significantly lower among those with less than a high school education (61.1%) than those with some college and college graduates. The prevalence of met colorectal cancer screening recommendation among those aged 50-75 was significantly higher among college graduates (77.3%) than among those with an high school education or less.
Household Income	The prevalence of met colorectal cancer screening recommendation among those aged 50-75 was significantly lower among those with an annual household income of less than \$15,000 (55.6%) than among those earning \$35,000 or more per year.
Trend	The prevalence of met colorectal cancer screening recommendation among those aged 50-75 significantly increased from 2010 to 2018. Because of the change in BRFSS methodology, results from 2011 and later are not directly comparable to previous years.
County	The 2010-2018 West Virginia state prevalence of met colorectal cancer screening recommendation among those aged 50-75 was 71.5%. There were 5 counties with a significantly lower prevalence compared to the state; Hampshire, McDowell, Pocahontas, Summers and Wyoming. Kanawha County and Monongalia County had significantly higher prevalence than the state.

## Table 18.9 Prevalence of Met Colorectal Cancer Screening RecommendationAmong Those Aged 50-75 by Demographic Characteristics: WVBRFSS, 2018

	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	192,232	66.1	62.9-69.3	211,055	70.1	67.2-72.9	403,287	68.1	66.0-70.3	
Age										
50-54	26,816	41.9	33.9-50.0	36,071	57.8	50.3-65.4	62,886	49.8	44.2-55.4	
55-64	83,334	69.0	64.4-73.7	87,608	70.2	65.7-74.7	170,943	69.6	66.4-72.9	
65-75	82,082	77.3	73.0-81.6	87,376	76.6	72.8-80.5	169,485	76.9	74.1-79.8	
Education										
Less than H.S.	27,028	61.0	51.1-71.0	31,704	61.2	52.4-70.1	58,732	61.1	54.5-67.7	
H.S. or G.E.D.	81,156	62.1	57.0-67.2	81,863	68.2	63.6-72.8	163,019	65.0	61.6-68.5	
Some Post-H.S.	49,947	70.8	64.9-76.7	56,637	72.8	67.6-78.0	106,584	71.8	67.9-75.8	
College Graduate	33,674	74.9	69.4-80.5	40,851	79.3	75.0-83.6	74,526	77.3	73.8-80.8	
Income										
Less than \$15,000	13,361	49.8*	38.8-60.7	23,082	59.7	51.2-68.2	36,443	55.6	48.9-62.4	
\$15,000 - 24,999	36,018	65.2	57.4-73.0	41,192	70.9	64.4-77.5	77,210	68.1	63.1-73.2	
\$25,000 - 34,999	24,990	67.0	57.9-76.2	28,746	66.9	58.7-75.1	53,737	67.0	60.9-73.1	
\$35,000 - 49,999	35,981	72.0	64.6-79.5	27,846	67.3	59.4-75.3	63,827	69.9	64.5-75.3	
\$50,000 - 74,999	21,323	71.5	62.2-80.7	28,462	79.1	71.9-86.3	49,785	75.6	69.8-81.4	
\$75,000+	39,053	68.6	61.7-75.5	33,020	75.1	68.1-82.1	72,074	71.4	66.5-76.4	

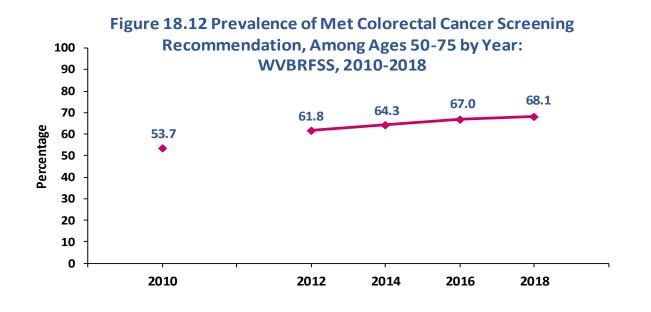
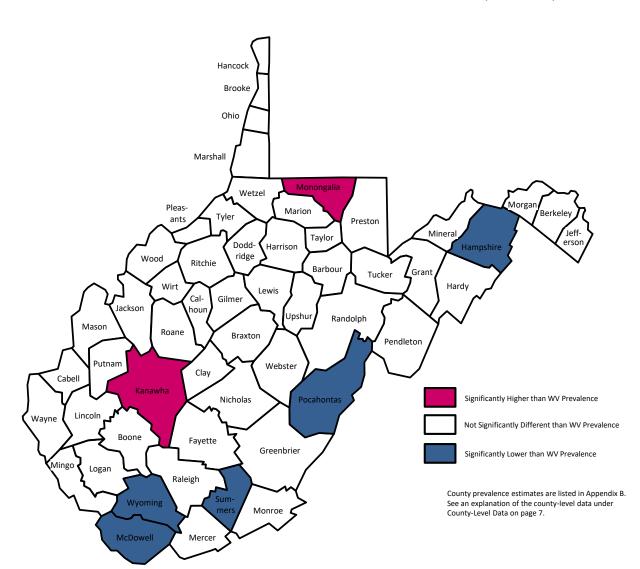


Figure 18.11 Prevalence of Met Colorectal Cancer Screening Recommendation Among Those Aged 50-75 by County: WVBRFSS, 2010-2018



WV Prevalence (2010-2018) - 71.5%

# West Sumeinance System Report SECTION 4: **Chronic Diseases**

## **CHAPTER 19: CARDIOVASCULAR DISEASE**

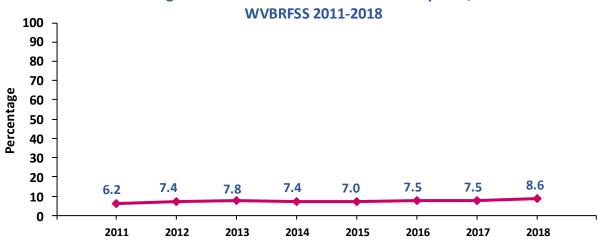
## **Heart Attack**

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?"
Prevalence	WV: 8.6% (95% CI: 7.7-9.5) U.S.: 4.6% (95% CI: 4.5-4.7) The West Virginia prevalence of heart attack was significantly higher than the U.S. prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 9.8% (95% CI: 8.4-11.1) Women: 7.5% (95% CI: 6.4-8.7) The prevalence of heart attack was significantly higher among men than women.
Age	The prevalence of heart attack was significantly higher among adults aged 65 and older (18.0%) than among all other age groups.
Education	The prevalence of heart attack was significantly higher among adults with less than a high school education (18.0%) than all other educational attainment levels. The prevalence of heart attack was significantly lower among college graduates (4.7%) than those with a high school education or less than a high school education.
Household Income	The prevalence of heart attack was significantly higher among adults with an annual household income of less than \$50,000 than adults with an annual household income of \$75,000 or more (3.0%).
Trend	There was an increase in the prevalence of heart attack from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of heart attack was 7.6%. There were 8 counties with a significantly lower prevalence compared to the state; Doddridge, Hancock, Harrison, Jefferson, Mason, Monongalia, Pleasant and Putnam. There were 3 counties with a significantly higher prevalence when compared to the state; McDowell, Mingo, and Wirt.

# Table 19.1 Prevalence of Heart Attack by Demographic Characteristics: WVBRFSS,2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	68,738	9.8	8.4-11.1	55,027	7.5	6.4-8.7	123,765	8.6	7.7-9.5
Age									
18-24	338.0	0.4*	0.0-1.2	0.0	0.0	0.0-0.0	338.0	0.2*	0.0-0.6
25-34	2,489	2.3*	0.0-4.7	2,472	2.4*	0.0-4.9	4,961	2.4*	0.7-4.1
35-44	5,128	4.8*	1.3-8.3	4,974	4.7*	1.8-7.6	10,156	4.7	2.5-7.0
45-54	7,481	6.7	3.7-9.8	6,794	5.9	3.1-8.8	14,036	6.4	4.3-8.4
55-64	16,888	13.4	10.0-16.9	12,525	9.7	6.7-12.7	29,843	11.5	9.3-13.8
65+	36,219	22.4	18.8-26.0	27,973	14.3	11.8-16.8	64,192	18.0	15.8-20.1
Education									
Less than H.S.	17,781	18.8	12.8-24.8	18,134	17.3	12.1-22.5	35,915	18.0	14.0-21.9
H.S. or G.E.D.	29,279	9.8	7.7-12.0	22,929	8.3	6.5-10.0	52,208	9.1	7.7-10.5
Some Post-H.S.	12,838	7.0	4.9-9.1	10,357	5.0	3.4-6.6	32,196	5.9	4.6-7.2
College Graduate	8,840	7.0	5.0-9.0	3,516	2.5	1.3-3.7	12,355	4.7	3.5-5.8
Income									
Less than \$15,000	11,397	21.2	13.2-29.1	14,689	15.2	10.6-19.8	26,083	17.3	13.2-21.4
\$15,000 - 24,999	17,694	14.5	10.5-18.6	17,348	12.3	8.9-15.6	35,041	13.3	10.7-15.9
\$25,000 - 34,999	9,429	9.9	6.3-13.5	7,270	7.1	4.2-10.0	16,699	8.5	6.2-10.8
\$35,000 - 49,999	9,067	9.0	5.9-12.1	2,597	3.2*	1.3-5.0	11,665	6.4	4.4-8.3
\$50,000 - 74,999	6,036	6.4	3.3-9.5	2,568	3.3*	1.1-5.5	8,605	5.0	3.0-7.0
\$75,000+	6,945	4.8	2.7-6.9	1,053	0.9*	0.1-1.6	7,998	3.0	1.8-4.2

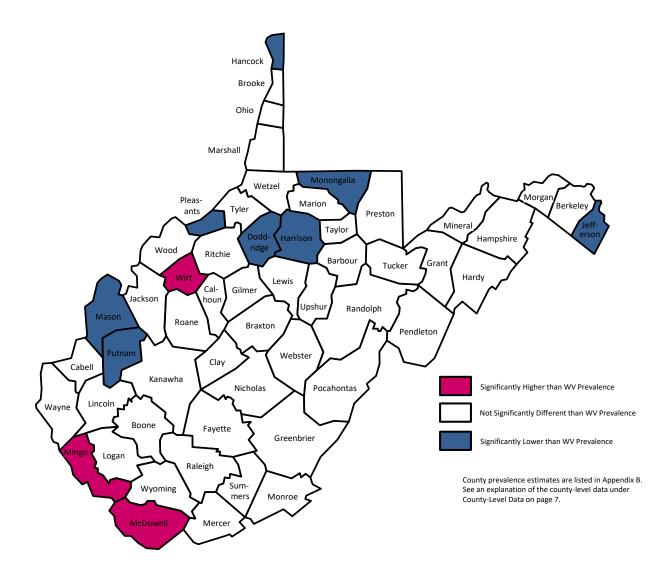
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



## Figure 19.1 Prevalence of Heart Attack by Year,

Figure 19.2 Prevalence of Heart Attack by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 7.6%



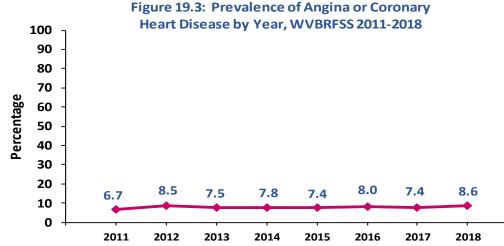
## Angina or Coronary Heart Disease

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you had angina or coronary heart disease?"
Prevalence	WV: 8.3% (95% CI: 7.5-9.2) U.S.: 4.3% (95% CI: 4.2-4.4) The West Virginia prevalence of heart disease was significantly higher than the U.S. prevalence. West Virginia ranked the highest among the 54 BRFSS participants.
Gender	Men: 8.8% (95% CI: 7.5-10.1) Women: 7.9% (95% CI: 6.7-9.0) There was no gender difference in the prevalence of heart disease.
Age	The prevalence of heart disease was significantly higher among adults aged 65 and older (18.8%) than all other age groups.
Education	The prevalence of heart disease was significantly higher among adults with less than a high school education (15.5%) than all other educational attainment levels. The prevalence of heart disease was significantly lower among college graduates (5.4%) than all other educational attainment levels.
Household Income	The prevalence of heart disease was significantly higher among adults with an annual household income of less than \$25,000 than adults with an annual household income of \$50,000 or more.
Trend	There was no change in the prevalence of heart disease from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of angina or coronary heart disease was 7.8%. There were 7 counties with a significantly lower prevalence compared to the state; Berkeley, Doddridge, Harrison, Jefferson, Monongalia, Tucker, and Wood. Mingo County had a significantly higher prevalence than the state.

#### Table 19.2 Prevalence of Heart Disease by Demographic Characteristics: **WVBRFSS**, 2018

	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	61,442	8.8	7.5-10.1	57,433	7.9	6.7-9.0	118,875	8.3	7.5-9.2	
Age										
18-24	1,135	1.3*	0.0-3.9	685.6	0.9*	0.0-2.6	1,821	1.1*	0.0-2.7	
25-34	1,258	1.2*	0.0-2.5	241.7	0.2*	0.0-0.7	1,500	0.7*	0.0-1.4	
35-44	4,760	4.4*	1.0-7.8	4,775	4.5*	1.4-7.6	9,534	4.5	2.1-6.8	
45-54	4,226	3.9	1.7-6.0	9,729	8.8	5.5-12.1	13,955	6.3	4.4-8.3	
55-64	13,229	10.6	7.4-13.8	11,336	8.8	6.1-11.5	24,565	9.7	7.6-11.8	
65+	36,390	22.7	19.0-26.3	30,164	15.6	12.9-18.2	66,554	18.8	16.6-21.0	
Education										
Less than H.S.	15,963	17.0	10.9-23.2	14,538	14.1	9.5-18.6	30,501	15.5	11.7-19.3	
H.S. or G.E.D.	22,887	7.7	5.9-9.6	22,687	8.2	6.3-10.1	45,574	8.0	6.7-9.3	
Some Post-H.S.	13,103	7.2	5.2-9.2	14,511	7.0	5.2-8.8	27,614	7.1	5.7-8.4	
College Graduate	9,489	7.5	5.4-9.6	4,967	3.6	2.2-4.9	14,457	5.4	4.2-6.7	
Income										
Less than \$15,000	8,892	16.8	9.5-24.0	12,483	13.0	8.9-17.1	21,375	14.4	10.7-18.1	
\$15,000 - 24,999	16,336	13.6	9.5-17.6	15,373	10.9	7.8-14.0	31,710	12.1	9.6-14.6	
\$25,000 - 34,999	7,272	7.6	4.4—10.9	6,974	6.9	3.9-9.8	14,246	7.2	5.1-9.4	
\$35,000 - 49,999	9,069	9.1	5.8-12.3	4,677	5.7	3.1-8.3	13,746	7.5	5.4-9.7	
\$50,000 - 74,999	7,077	7.5	4.6-10.4	2,728	3.5*	1.4-5.6	9,804	5.7	3.8-7.6	
\$75,000+	6,163	4.3	2.5-6.0	4,064	3.4	1.4-5.3	10,227	3.9	2.6-5.2	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

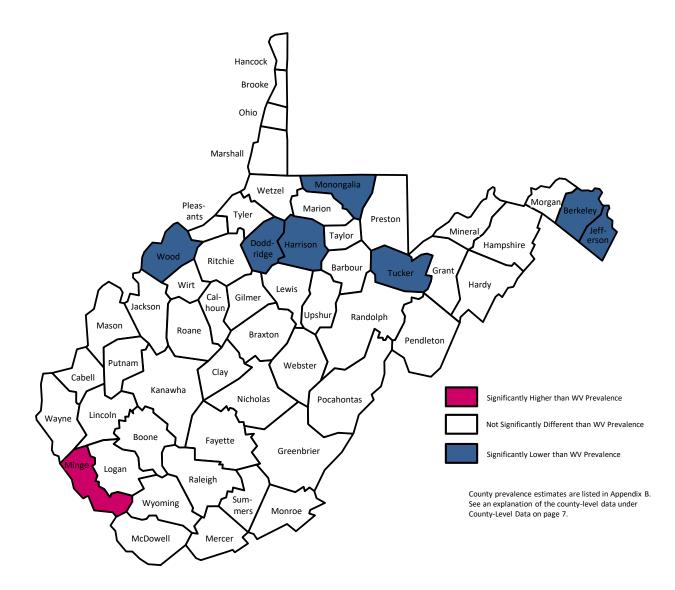


## Figure 19.3: Prevalence of Angina or Coronary

## **CHAPTER 19: CARDIOVASCULAR DISEASE**

Figure 19.4 Prevalence of Heart Disease by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 7.8%



## CHAPTER 19: CARDIOVASCULAR DISEASE

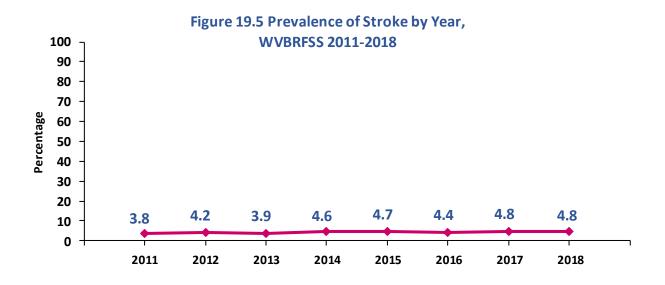
## Stroke

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you had a stroke?"
Prevalence	WV: 4.4% (95% CI: 3.9-4.9) U.S.: 3.4% (95% CI: 3.3-3.5) The West Virginia prevalence of stroke was significantly higher than the U.S. prevalence. West Virginia ranked the 4 <sup>th</sup> highest among the 54 BRFSS participants.
Gender	Men: 4.3% (95% CI: 3.3-5.2) Women: 5.4% (95% CI: 4.5-6.3) There was no gender difference for the prevalence of stroke.
Age	The prevalence of stroke was significantly higher among adults aged 65 and older (10.9%) than all other age groups.
Education	The prevalence of stroke was significantly higher among adults with less than a high school education (10.7%) than among all other educational attainment levels.
Household Income	The prevalence of stroke was significantly higher among adults with an annual household income less than \$15,000 (9.6%) than among adults with an annual household income of \$25,000 or more per year.
Trend	There was no change in the prevalence of stroke from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of stroke was 4.7%. There were 5 counties with a significantly lower prevalence compared to the state; Berkeley, Monongalia, Ohio, Pocahontas, and Preston. No county had a significantly higher prevalence than the state.

#### Table 19.3 Prevalence of Stroke by Demographic Characteristics: WVBRFSS, 2018

	Men			Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	30055	4.3	3.3-5.2	39437	5.4	4.5-6.3	69492	4.8	4.2-5.5
Age									
18-24	0.0	0.0	0.0-0.0	0.0	0.0	0.0-0.0	0.0	0.0	0.0-0.0
25-34	475.3	0.4*	0.0-1.3	925.3	0.9*	0.0-2.3	1,401	0.7*	0.0-1.5
35-44	1,518	1.4*	0.0-2.9	1,533	1.4*	0.1-2.8	3,050	1.4*	0.4-2.4
45-54	3,941	3.6*	1.1-6.0	5,285	4.8	2.3-7.3	9,226	4.2	2.4-5.9
55-64	7,259	5.8	3.3-8.2	9,176	7.1	4.7-9.6	16,434	6.4	4.7-8.1
65+	16,485	10.1	7.4-12.8	22,519	11.5	9.1-13.9	39,003	10.9	9.1-12.7
Education									
Less than H.S.	9,308	9.9	5.4-14.4	11,954	11.3	7.3-15.3	21,262	10.7	7.7-13.6
H.S. or G.E.D.	10,638	3.6	2.3-4.8	15,144	5.5	4.0-6.9	25,782	4.5	3.5-5.4
Some Post-H.S.	6,358	3.5	1.9-5.0	9,097	4.4	2.9-5.9	15,455	3.9	2.9-5.0
College Graduate	3,323	2.6	1.5-3.7	3,152	2.3	1.2-3.4	6,475	2.4	1.7-3.2
Income									
Less than \$15,000	5,144	9.8	5.2-14.4	9,114	9.4	5.9-12.9	14,257	9.6	6.8-12.3
\$15,000 - 24,999	8,457	7.0	4.1-9.9	10,771	7.6	5.2-10.0	19,318	7.3	5.5-9.2
\$25,000 - 34,999	3,358	3.5	1.0-6.1	5,757	5.6	2.9-8.3	9,115	4.6	2.7-6.4
\$35,000 - 49,999	5,107	5.0	2.2-7.9	3,135	3.8	1.5-6.1	8,242	4.5	2.6-6.4
\$50,000 - 74,999	3,290	3.5*	1.1-5.9	1,464	1.9*	0.4-3.4	4,754	2.8	1.3-4.3
\$75,000+	1,761	1.2*	0.4-2.0	1,961	1.6*	0.4-2.8	3,722	1.4	0.7-2.1

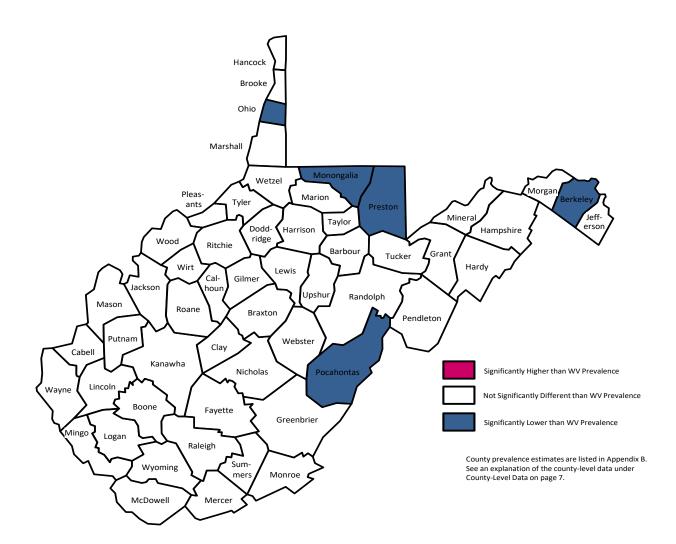
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



## **CHAPTER 19: CARDIOVASCULAR DISEASE**

Figure 19.6 Prevalence of Stroke by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 4.7%



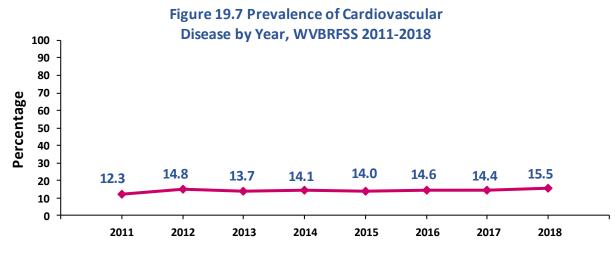
## **Cardiovascular Disease**

Definition	Responding "Yes" to any of the questions, "Has a doctor, nurse, or other health professional ever told you that you had any of the following: 1) heart attack, also called a myocardial infarction; 2) angina or coronary heart disease; 3) a stroke?"
Prevalence	WV: 15.5% (95% CI: 14.4-16.6)) U.S.: 9.1% (95% CI: 9.1-9.4) The West Virginia prevalence of cardiovascular disease was significantly higher than the U.S. prevalence. West Virginia ranked the highest among the 54 BRFSS participants.
Gender	Men: 15.7% (95% CI: 14.0-17.4) Women: 15.3% (95% CI: 13.7-16.8) There was no gender difference in the prevalence of cardiovascular disease.
Age	The prevalence of cardiovascular disease was significantly higher among adults aged 65 and older (33.7%) than among all other age groups.
Education	The prevalence of cardiovascular disease was significantly higher among adults with less than a high school education (30.0%) than all other educational attainment levels.
Household Income	The prevalence of cardiovascular disease was significantly higher among adults with an annual household income less than \$25,000 than all other annual household income levels.
Trend	There was no change in the prevalence of cardiovascular disease from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of cardiovascular disease was 14.5%. There were 8 counties with a significantly lower prevalence compared to the state; Berkeley, Doddridge, Jefferson, Hancock, Harrison, Monongalia, Putnam, and Tucker. There were 5 counties with a significantly higher prevalence than the state; Logan, McDowell, Mingo, Wirt, and Wyoming.

## Table 19.4 Prevalence of Cardiovascular Disease by Demographic Characteristics:WVBRFSS, 2018

	Men				Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	110,186	15.7	14.0-17.4	111,515	15.3	13.7-16.8	221,701	15.5	14.4-16.6	
Age										
18-24	1,473	1.7*	0.0-4.4	685.6	0.9*	0.0-2.6	2,159	1.3*	0.0-2.9	
25-34	3,282	3.1*	0.5-5.7	3,156	3.1*	0.3-5.9	6,438	3.1*	1.2-5.0	
35-44	8,718	8.1	4.0-12.2	9,023	8.5	4.6-12.4	17,741	8.3	5.5-11.1	
45-54	12,340	11.3	7.3-15.2	15,544	14.1	10.1-18.0	27,884	12.7	9.9-15.5	
55-64	23,694	18.9	14.9-23.0	22,758	17.5	14.0-21.3	46,453	18.3	15.5-21.0	
65+	60,092	37.4	33.2-41.5	59,608	30.6	27.2-33.9	119,700	33.7	31.0-36.3	
Education										
Less than H.S.	27,980	29.7	22.4-37.1	31,582	30.2	23.9-36.5	59,561	30.0	25.2-34.8	
H.S. or G.E.D.	44,484	15.0	12.4-17.6	44,384	16.1	13.5-18.6	88,868	15.5	13.7-17.3	
Some Post-H.S.	21,202	11.6	9.0-14.3	25,814	12.4	10.0-14.9	47,017	12.1	10.2-13.9	
College Graduate	16,093	12.7	10.1-15.4	9,005	6.5	4.6-8.3	25,098	9.4	7.8-11.0	
Income										
Less than \$15,000	15,987	29.9	21.6-38.3	24,354	25.2	19.8-30.6	40,341	26.9	22.3-31.5	
\$15,000 - 24,999	26,095	21.6	16.7-26.4	32,976	23.4	19.1-27.7	59,071	22.5	19.3-25.8	
\$25,000 - 34,999	14,149	14.9	10.3-19.4	14,344	14.1	10.0-18.1	28,493	14.4	11.4-17.5	
\$35,000 - 49,999	16,740	16.7	12.3-21.2	7,344	8.9	5.7-12.1	24,083	13.2	10.3-16.1	
\$50,000 - 74,999	12,569	13.3	9.0-17.6	5,423	7.0	3.9-10.1	17,992	10.5	7.7-13.2	
\$75,000+	11,443	8.0	5.4-10.5	6,781	5.7	3.3-8.0	18,223	6.9	5.1-8.7	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

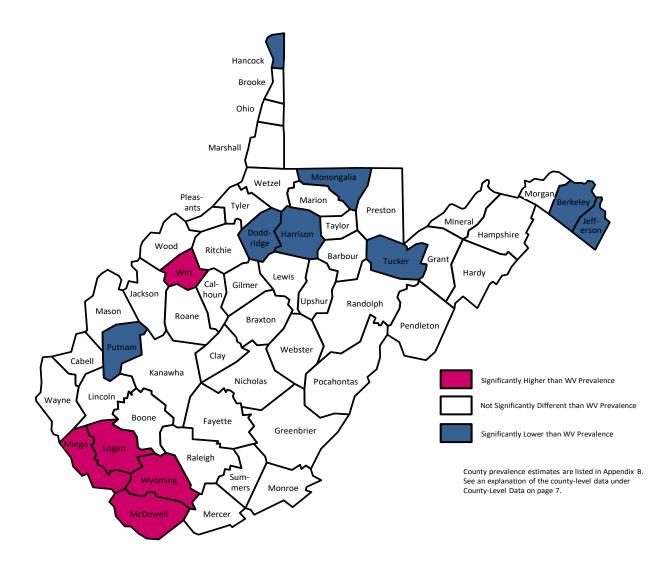


\*Due to changes in sample composition and weighting methodology, 2011-2016 results are not directly comparable to previous years.

## **CHAPTER 19: CARDIOVASCULAR DISEASE**

Figure 19.8 Prevalence of Cardiovascular Disease by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 14.5%



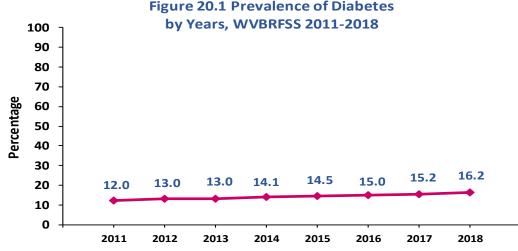
## **Diabetes Prevalence**

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you have diabetes?"
Prevalence	WV: 16.2% (95% CI: 15.0-17.3) U.S.: 11.4% (95% CI: 11.2-11.6) The West Virginia prevalence of diabetes was significantly higher than the U.S. prevalence. West Virginia ranked the highest among the 54 BRFSS participants.
Gender	Men: 14.8% (95% CI: 13.2-16.4) Women: 17.5% (95% CI: 15.8-19.1) There was no gender difference in the prevalence of diabetes.
Age	The prevalence of diabetes was significantly higher among adults aged 45 and older than among adults aged 44 and younger.
Education	The prevalence of diabetes was significantly higher among adults with less than a high school education (24.8%) than all other educational attainment levels.
Household Income	The prevalence of diabetes was significantly higher among adults with an annual household income of less than \$15,000 (23.7%) than adults with an annual household income of \$50,000 or more.
Trend	There was a significant increase in prevalence of diabetes from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of diabetes was 15.0%. There were 6 counties with a significantly lower prevalence compared to the state; Berkeley, Cabell, Jefferson, Monongalia, Ohio, and Putnam. There were 3 counties that had a significantly higher prevalence when compare to the state; Grant, Logan, and Wayne.

# Table 20.1 Prevalence of Diabetes by Demographic Characteristics: WVBRFSS, 2018

	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	104,327	14.8	13.2-16.4	128,009	17.5	15.8-19.1	232,336	16.2	15.0-17.3	
Age										
18-24	1,060	1.2*	0.0-3.1	2,663	3.4*	0.0-7.3	3,723	2.3*	0.2-4.4	
25-34	891.9	0.8*	0.0-2.0	4,917	4.8*	1.4-8.2	5,809	2.8*	1.0-4.5	
35-44	4,337	4.0	1.5-6.5	9,401	8.8	5.2-12.4	13,738	6.4	4.2-8.6	
45-54	20,658	18.6	13.9-23.3	23,560	21.3	16.6-26.0	44,218	20.0	16.6-23.3	
55-64	29,882	23.7	19.4-27.9	34,070	26.4	22.1-30.7	63,952	25.1	22.0-28.1	
65+	47,498	29.1	25.3-32.9	51,665	26.3	23.2-29.3	99,163	27.5	25.1-30.0	
Education										
Less than H.S.	17,967	18.8	13.4-24.3	31,821	30.1	23.7-36.5	49,788	24.8	20.5-29.1	
H.S. or G.E.D.	43,995	14.7	12.2-17.3	54,503	19.6	16.8-22.4	98,497	17.1	15.2-19.0	
Some Post-H.S.	28,331	15.4	12.2-18.5	28,782	13.8	11.2-16.5	57,113	14.6	12.5-16.6	
College Graduate	14,034	11.1	8.7-13.5	12,903	9.2	7.2-11.3	26,937	10.1	8.6-11.7	
Income										
Less than \$15,000	11,243	20.8	14.3-27.3	24,544	25.3	19.9-30.8	35,787	23.7	19.5-28.0	
\$15,000 - 24,999	23,232	19.0	14.6-23.4	31,250	22.0	17.8-26.2	54,482	20.6	17.6-23.7	
\$25,000 - 34,999	15,420	16.2	11.7-20.6	18,063	17.6	13.0-22.2	33,483	16.9	13.7-20.1	
\$35,000 - 49,999	18,751	18.5	13.9-23.1	12,187	14.8	10.3-19.2	30,938	16.8	13.6-20.1	
\$50,000 - 74,999	10,834	11.5	7.5-15.4	9,606	12.4	8.1-16.7	20,441	11.9	9.0-14.8	
\$75,000+	13,076	9.0	6.5-11.6	8,978	7.5	5.0-10.0	22,054	8.3	6.5-10.1	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

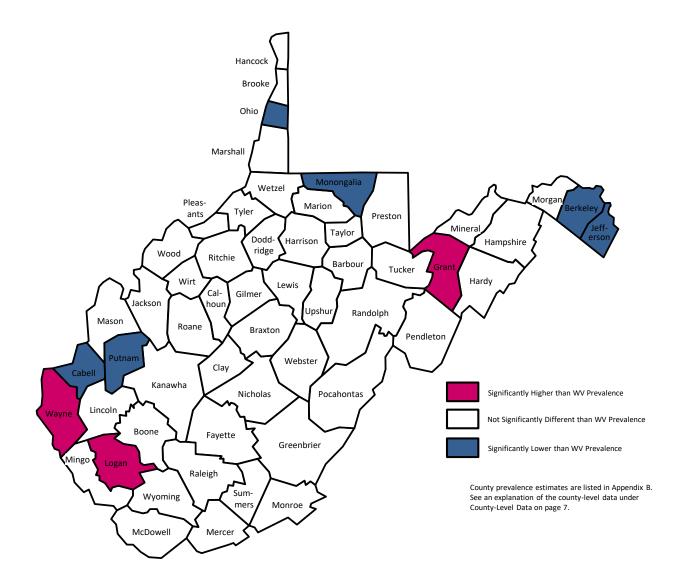


# **Figure 20.1 Prevalence of Diabetes**

## **CHAPTER 20: DIABETES**

Figure 20.2 Prevalence of Diabetes by County: WVBRFSS, 2014-2018

#### WV Prevalence (2014-2018) - 15.0%



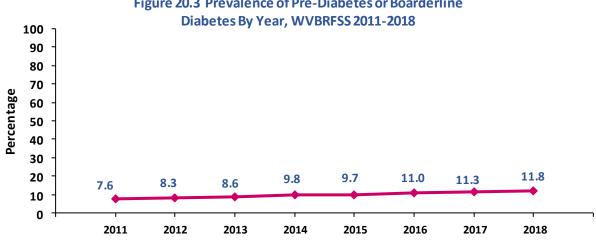
## Pre-Diabetes or Borderline Diabetes

Definition	Responding "Yes" to the question, "Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?"
Prevalence	WV: 11.8% (95% CI: 10.6-13.0) Because this question is part of a state selected optional module and complete national data are not available, a U.S. comparison was not conducted.
Gender	Men: 11.5% (95% CI: 9.7-13.2) Women: 12.1% (95% CI: 10.5-13.6) There was no gender difference in prevalence of pre-diabetes or borderline diabetes.
Age	The prevalence of pre-diabetes or borderline diabetes was significantly higher among adults aged 45 and older than adults aged 44 and younger.
Education	The prevalence of pre-diabetes or borderline diabetes was significantly higher among adults with less than a high school education (15.8%) than college graduates (9.3%).
Household Income	There was no annual household income difference in the prevalence of pre- diabetes or borderline diabetes.
Trend	There was an increase in prevalence of pre-diabetes or borderline diabetes from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of pre-diabetes or borderline was 10.7%. There were 4 counties with a significantly lower prevalence compared to the state; Cabell, Gilmer, Jefferson, and Monongalia. No county has a significantly higher prevalence than the state.

## Table 20.2 Prevalence of Pre-Diabetes or Borderline Diabetes by Demographic Characteristics: WVBRFSS, 2018

	Men				Women			Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	65,250	11.5	9.7-13.2	69,745	12.1	10.5-13.6	134,995	11.8	10.6-13.0	
Age										
18-24	3,638	4.7*	0.0-9.5	1,863	2.7*	0.0-5.8	5,501	3.8*	0.9-6.7	
25-34	7,851	8.0	3.5-12.5	5,645	6.2	2.6-9.9	13,496	7.2	4.2-10.1	
35-44	7,662	7.7	3.4-11.9	6,998	7.5	4.2-10.8	14,660	7.6	4.9-10.3	
45-54	12,575	14.5	9.6-19.5	14,713	17.4	12.5-22.2	27,288	15.9	12.4-19.4	
55-64	12,874	13.9	10.0-17.7	15,310	16.6	12.2-21.0	28,184	15.2	12.3-18.2	
65+	20,649	18.3	14.5-22.1	24,978	17.4	14.2-20.6	45,627	17.8	15.4-20.3	
Education										
Less than H.S.	8,925	12.1	6.0-18.2	14,280	19.5	13.2-25.8	23,205	15.8	11.4-20.1	
H.S. or G.E.D.	32,397	13.4	10.4-16.5	25,210	11.9	9.2-14.7	57,607	12.7	10.7-14.8	
Some Post-H.S.	14,583	9.8	6.8-12.7	18,607	10.6	7.9-13.3	33,190	10.2	8.2-12.2	
College Graduate	8,918	8.6	6.0-11.2	11,648	9.9	7.5-12.3	20,566	9.3	7.5-11.0	
Income										
Less than \$15,000	6,234	15.3	8.3-22.2	8,451	11.9	7.5-16.3	14,685	13.1	9.3-16.9	
\$15,000 - 24,999	12,822	13.3	8.6-18.0	12,935	12.2	8.3-16.0	25,757	12.7	9.7-15.7	
\$25,000 - 34,999	8,972	11.7	6.1-17.3	10,332	12.5	8.5-16.6	19,304	12.1	8.7-15.6	
\$35,000 - 49,999	8,476	10.6	5.8-15.4	9,174	13.5	8.1-19.0	17,650	12.0	8.3-15.6	
\$50,000 - 74,999	8,451	10.9	6.5-15.4	7,892	12.6	8.2-17.0	16,343	11.7	8.5-14.8	
\$75,000+	10,525	8.7	5.7-11.7	8,851	8.5	5.5-11.6	19,376	8.6	6.5-10.8	

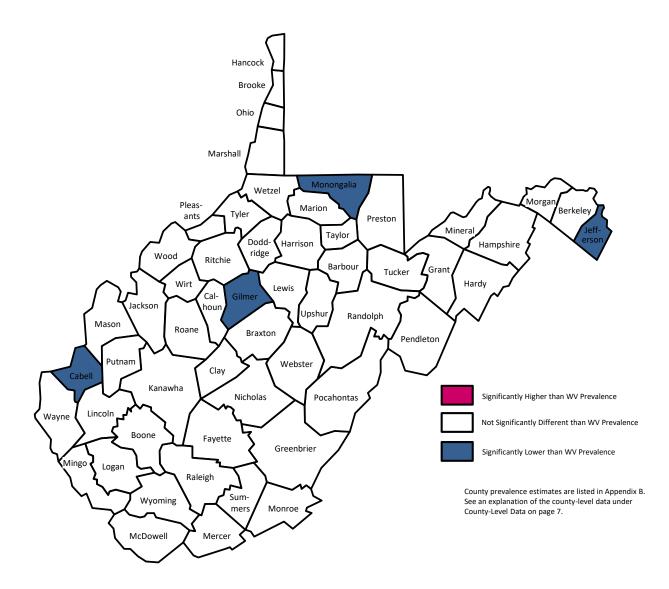
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 6.



# Figure 20.3 Prevalence of Pre-Diabetes or Boarderline

Figure 20.4 Prevalence of Pre-Diabetes or Borderline Diabetes by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 10.7%



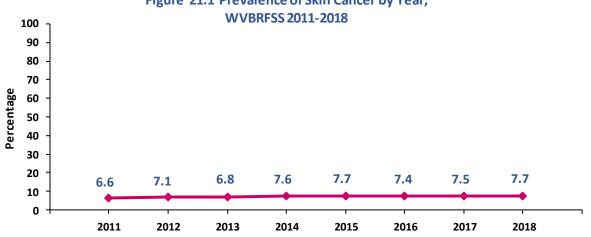
## Skin Cancer Prevalence

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you had skin cancer?"
Prevalence	WV: 7.7% (95% CI: 6.9-8.5) U.S.: 6.2% (95% CI: 6.1-6.4) The West Virginia prevalence of skin cancer was significantly higher than the U.S. prevalence. West Virginia ranked the 6 <sup>th</sup> highest among the 54 BRFSS participants.
Gender	Men: 8.4% (95% CI: 7.2-9.6) Women: 7.0% (95% CI: 6.0-8.0) There was no gender difference in the prevalence of skin cancer.
Age	The prevalence of skin cancer was significantly higher among adults aged 65 and older (19.0%) than all other age groups.
Education	There was no educational attainment difference in the prevalence of skin cancer.
Household Income	There was no annual household income difference in the prevalence of skin cancer.
Trend	There was an increase in prevalence of skin cancer from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of skin cancer was 7.6%. There were 6 counties with a significantly lower prevalence compared to the state; Cabell, Hampshire, Jefferson, Mineral, Monongalia, and Ohio. No county had a significantly higher prevalence than the state.

# Table 21.1 Prevalence of Skin Cancer by Demographic Characteristics: WVBRFSS,2018

	Men				Women			Total	
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	59,437	8.4	7.2-9.6	51,046	7.0	6.0-8.0	110,483	7.7	6.9-8.5
Age									
18-24	0.0	0.0	0.0-0.0	0.0	0.0	0.0-0.0	0.0	0.0	0.0-0.0
25-34	385.0	0.4*	0.0-1.1	2,255	2.2*	0.2-4.2	2,640	1.3*	0.2-2.3
35-44	2,472	2.3*	0.3-4.3	2,776	2.6*	0.3-4.9	5,248	2.4*	0.9-4.0
45-54	4,849	4.4	2.0-6.8	7,404	6.7	3.8-9.6	12,252	5.6	3.7-7.4
55-64	10,748	8.5	5.8-11.2	10,679	8.3	5.7-10.8	21,427	8.4	6.5-10.2
65+	40,516	24.8	21.2-28.5	27,674	14.1	11.8-16.4	68,190	19.0	16.9-21.1
Education									
Less than H.S.	10,079	10.6	6.4-14.9	11,072	10.6	6.9-14.2	21,150	10.6	7.8-13.4
H.S. or G.E.D.	22,919	7.8	5.9-9.5	19,705	7.1	5.4-8.8	42,624	7.4	6.2-8.7
Some Post-H.S.	16,040	8.7	6.4-11.1	11,391	5.5	3.9-7.1	27,431	7.0	5.6-8.4
College Graduate	9,973	7.9	6.0-9.9	8,787	6.3	4.5-8.1	18,760	7.1	5.8-8.4
Income									
Less than \$15,000	4,993	9.3	4.9-13.8	5,933	6.1	3.6-8.7	10,925	7.3	5.0-9.5
\$15,000 - 24,999	11,286	9.2	6.0-12.5	13,463	9.5	6.6-12.4	24,749	9.4	7.2-11.6
\$25,000 - 34,999	5,604	5.9	3.2-8.6	5,487	5.3	3.1-7.6	11,091	5.6	3.8-7.4
\$35,000 - 49,999	11,634	11.5	7.8-15.1	4,453	5.4	3.2-7.6	16,087	8.8	6.5-11.0
\$50,000 - 74,999	8,138	8.6	5.3-12.0	4,067	5.2	2.6-7.9	12,205	7.1	4.9-9.3
\$75,000+	9,486	6.6	4.5-8.7	7,868	6.6	4.3-8.9	17,354	6.6	5.0-8.1

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

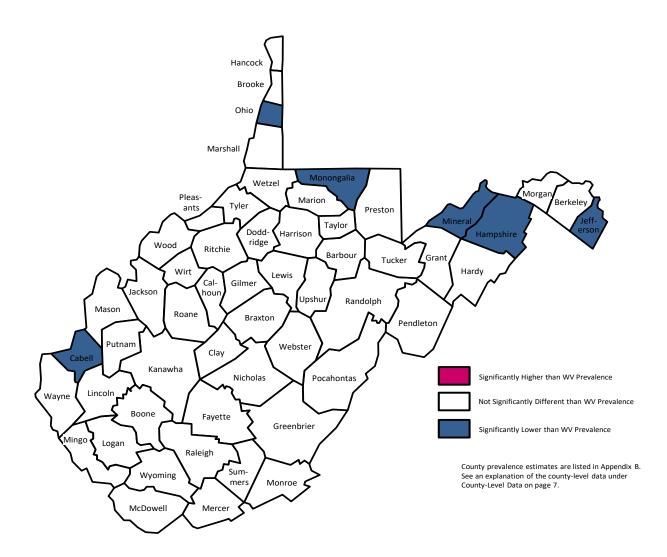


# Figure 21.1 Prevalence of Skin Cancer by Year,

## **CHAPTER 21: CANCER**

Figure 21.2 Prevalence of Skin Cancer by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 7.6%



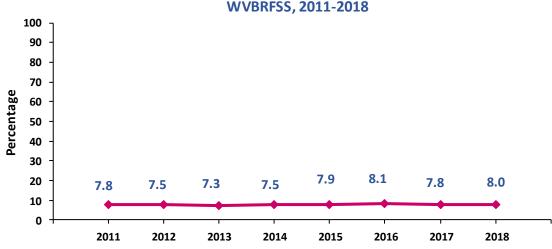
## **Other Cancer Prevalence**

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you had any other types of cancer?"
Prevalence	WV: 8.0% (95% CI: 7.2-8.8) U.S.: 6.8% (95% CI: 6.7-7.0) The West Virginia prevalence of other cancer was significantly higher than the U.S. prevalence. West Virginia ranked the 5 <sup>th</sup> highest among the 54 BRFSS participants.
Gender	Men: 6.1% (95% CI: 5.1-7.1) Women: 9.9% (95% CI: 8.6-11.1) The prevalence of other cancer was significantly higher among women than men.
Age	The prevalence of other cancer was significantly higher among adults aged 65 and older (17.1%) than all other age groups.
Education	There was no educational attainment difference in the prevalence of other cancer.
Household Income	The prevalence of other cancer was significantly higher among adults with an annual household income of less than \$15,000 (11.9%) than adults with an annual household income of \$50,000 or more.
Trend	There was no change in the prevalence of other cancer from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of other cancer was 7.9%. There were 5 counties with a significantly lower prevalence compared to the state; Berkeley, Hardy, Jefferson, Monongalia, and Roane. Calhoun County had a a significantly higher prevalence than the state.

# Table 21.2 Prevalence of Other Cancer by Demographic Characteristics: WVBRFSS, 2018

	Men			,	Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	43,226	6.1	5.1-7.1	72,139	9.9	8.6-11.1	115,365	8.0	7.2-8.8	
Age										
18-24	1,044	1.2*	0.0-3.0	0.0	0.0	0.0-0.0	1,044	0.6*	0.0-1.6	
25-34	734.0	0.7*	0.0-1.7	3,905	3.9*	1.0-6.6	4,639	2.2*	0.7-3.7	
35-44	890.1	0.8*	0.0-2.0	5,986	5.6	2.9-8.4	6,876	3.2	1.7-4.7	
45-54	3,795	3.4*	1.2-5.7	12,689	11.5	7.8-15.2	16,484	7.5	5.3-9.6	
55-64	7,373	5.8	3.6-8.1	17,073	13.2	10.0-16.4	24,446	9.6	7.6-11.6	
65+	29,389	18.0	14.8-21.2	32,119	16.4	13.8-18.9	61,508	17.1	15.1-19.1	
Education										
Less than H.S.	6,612	6.9	3.6-10.3	13,888	13.3	8.9-17.6	20,501	10.2	7.5-13.0	
H.S. or G.E.D.	15,625	5.2	3.8-6.7	28,881	10.4	8.4-12.5	44,506	7.7	6.5-9.0	
Some Post-H.S.	13,306	7.2	5.1-9.4	19,862	9.5	7.3-11.8	33,168	8.5	6.9-10.0	
College Graduate	7,682	6.1	4.1-8.1	9,508	6.8	5.0-8.6	17,191	6.5	5.1-7.8	
Income										
Less than \$15,000	6,534	12.1	6.6-17.6	11,507	11.8	8.1-15.5	18,041	11.9	8.9-15.0	
\$15,000 - 24,999	6,924	5.7	3.3-8.0	15,677	11.1	8.1-14.0	22,602	8.6	6.6-10.5	
\$25,000 - 34,999	4,873	5.1	2.9-7.3	8,766	8.5	5.5-11.6	13,639	6.9	5.0-8.8	
\$35,000 - 49,999	7,600	7.5	4.5-10.5	9,115	11.1	7.4-14.8	16,715	9.1	6.8-11.4	
\$50,000 - 74,999	4,351	4.6	2.3-6.9	5,135	6.6	3.5-9.8	9,487	5.5	3.6-7.4	
\$75,000+	7,093	4.9	2.9-6.9	7,214	6.0	3.6-8.4	14,307	5.4	3.8-7.0	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.

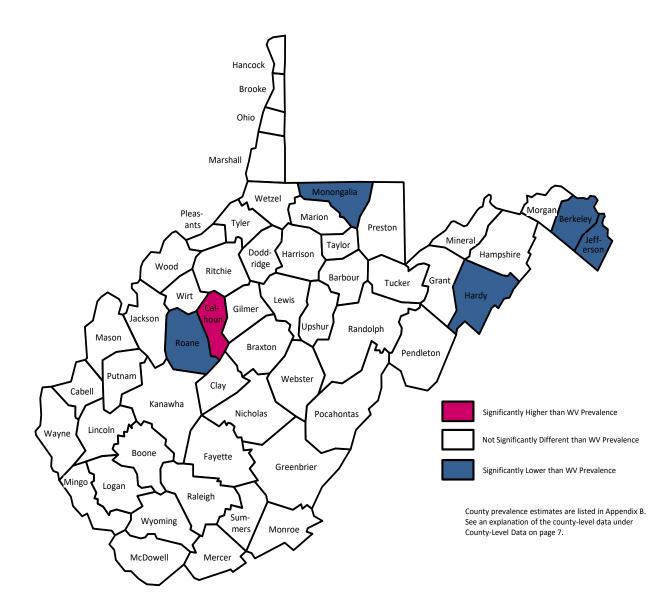


#### Figure 21.3 Prevalence of Other Cancer by Year: WVBRFSS, 2011-2018

## **CHAPTER 21: CANCER**

Figure 21.4 Prevalence of Other Cancer by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 7.9%



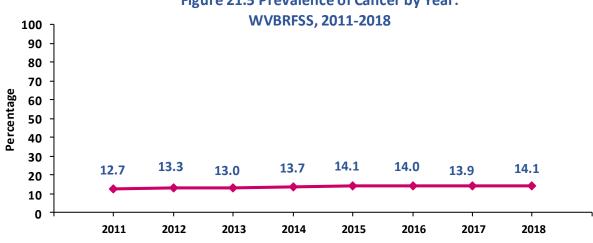
## **Overall Cancer Prevalence**

Definition	Responding "Yes" to either of the questions, "Has a doctor, nurse, or other health professional ever told you that you had skin cancer" or "Has a doctor, nurse, or other health professional ever told you that you had any other types of cancer?"
Prevalence	WV: 14.1% (95% CI: 13.1-15.1) U.S.: 11.7% (95% CI: 11.6-11.9) The West Virginia prevalence of cancer was significantly higher than the U.S. prevalence. West Virginia ranked the 6 <sup>th</sup> highest among 54 BRFSS participants.
Gender	Men: 13.1% (95% CI: 11.7-14.6) Women: 15.0% (95% CI: 13.6-16.5) There was no gender difference in the prevalence of cancer.
Age	The prevalence of cancer was significantly higher among adults aged 65 and older (31.6%) than all other age groups.
Education	The prevalence of cancer was significantly higher among adults with less than a high school education (18.7%) than among college graduates (12.0%).
Household Income	The prevalence of cancer was significantly higher among adults with an annual household income of less than \$25,000 than adults with an annual household income of \$75,000 or more (10.9%).
Trend	There was no change in the prevalence of cancer from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of overall cancer was 14.0%. There were 6 counties with a significantly lower prevalence compared to the state; Berkeley, Cabell, Jefferson, Hampshire, Monongalia, and Ohio. No county had a significantly higher prevalence than the state.

## Table 21.3 Prevalence of Cancer by Demographic Characteristics: WVBRFSS, 2018

	Men				Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	92,477	13.1	11.7-14.6	109,846	15.0	13.6-16.5	202,323	14.1	13.1-15.1	
Age										
18-24	1,044	1.2*	0.0-3.0	0.0	0.0	0.0-0.0	1,044	0.6*	0.0-1.6	
25-34	1,119	1.0*	0.0-2.2	5,412	5.3*	2.1-8.4	6,531	3.1	1.4-4.8	
35-44	3,362	3.1*	0.8-5.4	8,156	7.7	4.3-11.1	11,518	5.4	3.3-7.4	
45-54	8,644	7.8	4.6-11.1	17,564	15.9	11.7-20.1	26,207	11.9	9.2-14.6	
55-64	17,365	13.8	10.4-17.1	24,959	19.4	15.6-23.09	42,324	16.6	14.1-19.1	
65+	60,476	37.2	33.1-41.2	53,130	27.1	24.0-30.1	113,606	31.7	29.2-34.2	
Education										
Less than H.S.	15,504	16.3	11.1-21.5	21,859	20.8	15.7-26.0	37,363	18.7	15.0-22.4	
H.S. or G.E.D.	34,073	11.4	9.3-13.6	43,541	15.7	13.2-18.2	77,614	13.5	11.8-15.1	
Some Post-H.S.	26,710	14.5	11.5-17.5	28,144	13.5	11.0-16.1	54,854	14.0	12.0-16.0	
College Graduate	15,763	12.5	9.9-15.1	16,211	11.6	9.3-13.9	31,975	12.0	10.3-13.8	
Income										
Less than \$15,000	9,863	18.4	12.0-24.8	15,583	16.1	11.9-20.3	25,445	16.9	13.4-20.4	
\$15,000 - 24,999	16,650	13.6	9.8-17.5	24,965	17.6	13.9-21.3	41,615	15.8	13.1-18.4	
\$25,000 - 34,999	9,768	10.2	6.9-13.6	13,254	12.9	9.2-16.6	23,022	11.6	9.1-14.1	
\$35,000 - 49,999	17,689	17.5	13.0-21.9	12,102	14.7	10.6-18.7	29,792	16.2	13.2-19.3	
\$50,000 - 74,999	10,677	11.3	7.6-15.0	85,61	11.1	7.2-14.9	19,237	11.2	8.5-13.9	
\$75,000+	14,877	10.3	7.6-13.1	13,927	11.6	8.4-14.8	28,804	10.9	8.8-13.0	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



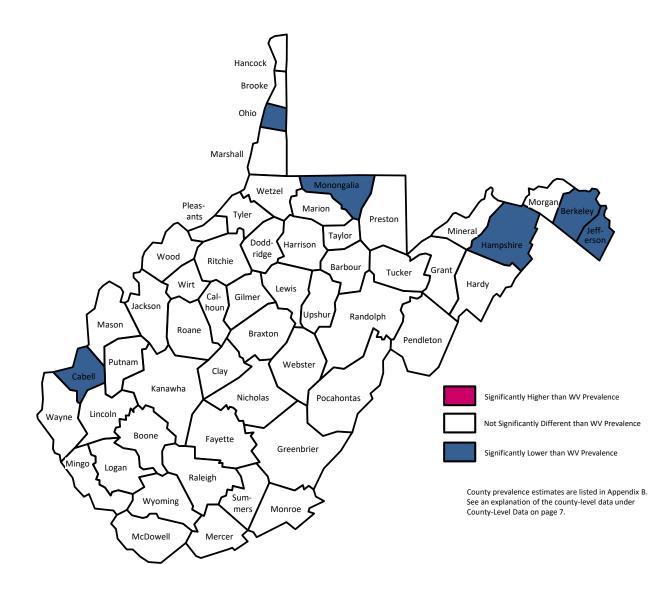
# Figure 21.5 Prevalence of Cancer by Year:

\*Due to changes in sample composition and weighting methodology, 2011-2016 results are not directly comparable to previous years.

## **CHAPTER 21: CANCER**

## Figure 21.5 Prevalence of Cancer by County: WVBRFSS, 2014-2018

#### WV Prevalence (2014-2018) - 14.0%



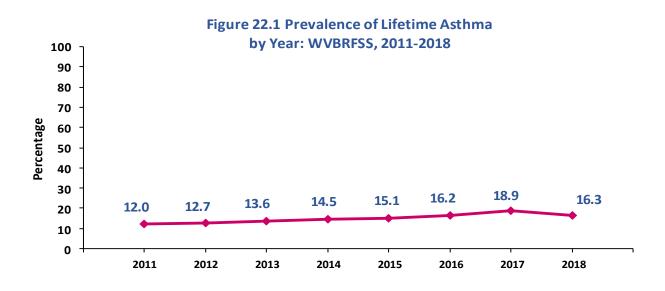
## **CHAPTER 22: RESPIRATORY DISEASES**

## Lifetime Asthma

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you had asthma?"
Prevalence	WV: 16.3% (95% CI: 15.0-17.6) U.S.: 14.5% (95% CI: 14.3-14.8) The West Virginia prevalence of lifetime asthma was significantly higher than the U.S. prevalence. West Virginia ranked the 11 <sup>th</sup> highest among 54 BRFSS participants.
Gender	Men: 13.7% (95% CI: 11.9-15.6) Women: 18.8% (95% CI: 16.9-20.6) The prevalence of lifetime asthma was significantly higher among women than men.
Age	There was no age difference in prevalence of lifetime asthma.
Education	The prevalence of lifetime asthma was significantly higher among adults with less than a high school education (29.1%) than among all other educational attainment levels.
Household Income	The prevalence of lifetime asthma was significantly higher among adults with an annual household income of less than \$15,000 per year (30.3%) than all other annual household income levels.
Trend	There was an increase in prevalence of lifetime asthma from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of lifetime asthma was 16.2%. Jackson County and Putnam County had a significantly lower prevalence when compared to the state. There were 5 counties that had a significantly higher prevalence when compared to the state; Fayette, Lincoln, Logan, Mercer, and Mingo.

## Table 22.1 Prevalence of Lifetime Asthma by Demographic Characteristics: WVBRFSS, 2018

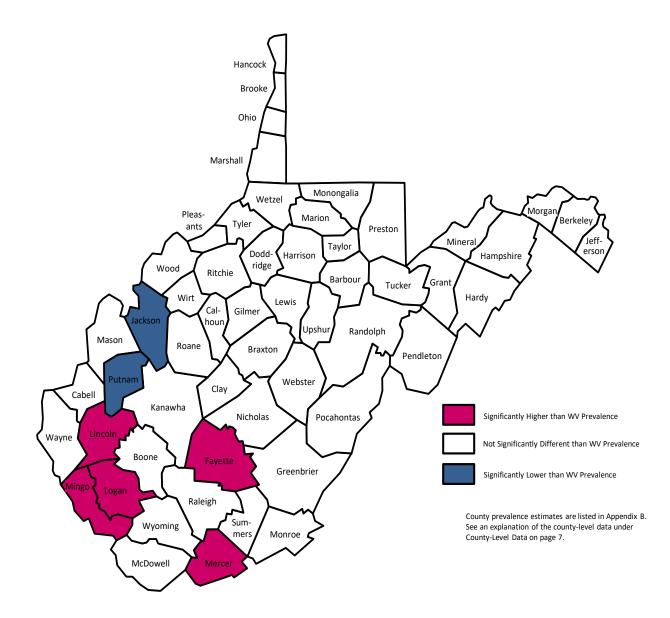
	Men				Women		Total		
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	96,622	13.7	11.9-15.6	136,830	18.8	16.9-20.6	233,451	16.3	15.0-17.6
Age									
18-24	14,357	16.8	9.0-24.6	13,293	17.3	9.8-24.9	27,651	17.0	11.6-22.5
25-34	13,790	12.8	7.7-18.0	17,010	16.6	11.2-22.0	30,800	14.7	10.9-18.4
35-44	19,308	17.8	12.5-23.2	17,530	16.5	12.0-21.0	36,838	17.2	13.7-20.7
45-54	13,382	12.1	8.0-16.2	28,612	25.9	20.7-31.0	41,994	19.0	15.6-22.3
55-64	17,993	14.3	10.6-17.9	27,418	21.3	17.2-25.3	45,846	17.8	15.0-20.5
65+	17,377	10.7	8.0-13.3	32,094	16.4	13.6-19.2	49,471	13.8	11.8-15.7
Education									
Less than H.S.	23,574	24.7	17.5-32.0	34,612	33.1	26.3-39.9	58,186	29.1	24.1-34.1
H.S. or G.E.D.	31,099	10.4	8.0-12.9	44,091	16.0	13.2-18.8	75,190	13.1	11.3-15.0
Some Post-H.S.	27,334	14.8	11.0-18.7	37,084	17.9	14.5-21.2	64,418	16.4	13.9-19.0
College Graduate	14,187	11.2	8.1-14.3	20,357	14.6	11.7-17.5	34,544	13.0	10.9-15.1
Income									
Less than \$15,000	13,556	25.2	16.9-33.4	32,196	33.1	26.9-39.3	45,753	30.3	25.3-35.3
\$15,000 - 24,999	26,038	21.4	15.8-26.9	29,905	21.2	16.5-25.8	55,943	21.3	17.7-24.8
\$25,000 - 34,999	10,092	10.6	5.9-15.2	17,714	17.3	12.5-22.1	27,806	14.1	10.7-17.4
\$35,000 - 49,999	7,294	7.2	3.8-10.6	11,488	14.0	8.8-19.1	18,782	10.2	7.2-13.2
\$50,000 - 74,999	10,505	11.1	6.2-16.0	12,694	16.4	11.5-21.3	23,198	13.5	10.0-17.0
\$75,000+	15,801	10.9	7.6-14.3	13,685	11.4	8.1-14.7	29,486	11.2	8.8-13.5



## **CHAPTER 22: RESPIRATORY DISEASES**

Figure 22.2 Prevalence of Lifetime Asthma by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 16.2%



## **CHAPTER 22: RESPIRATORY DISEASES**

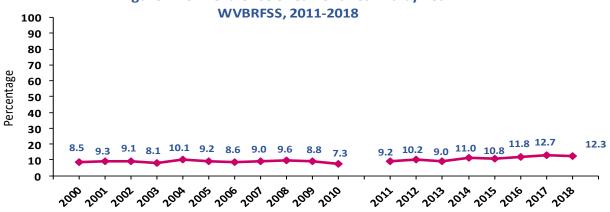
## **Current Asthma**

Definition	Responding "Yes" to the lifetime asthma question and "Yes" to the question, "Do you still have asthma?"
Prevalence	WV: 12.3% (95% CI: 11.1-13.4) U.S.: 8.9% (95% CI: 8.7-9.1) The West Virginia prevalence of current asthma was significantly higher than the U.S. prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 9.0% (95% CI: 7.5-10.6) Women: 15.4% (95% CI: 13.7-17.1) The prevalence of current asthma was significantly higher among women than men.
Age	There was no age difference in the prevalence of current asthma.
Education	The prevalence of current asthma was significantly higher among adults with less than a high school education (23.7%) than all other educational attainment levels.
Household Income	The prevalence of current asthma was significantly higher among adults with an annual household income of less than \$15,000 (27.0%) than adults with an annual household income of \$35,000 or more.
Trend	There was a significant increase in the prevalence of current asthma from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of current asthma was 11.7%. There were 9 counties with a significantly lower prevalence compared to the state; Greenbrier, Hancock, Jackson, Jefferson, Kanawha, Mineral, Monongalia, Putnam, and Tyler. There were 5 counties that had a significantly higher prevalence compared to the state; Lincoln, Logan, Mercer, Mingo, and Wayne.

# Table 22.2 Prevalence of Current Asthma by Demographic Characteristics: WVBRFSS, 2018

	Men				Women		Total			
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	
TOTAL	63,468	9.0	7.5-10.6	111,899	15.4	13.7-17.1	175,368	12.3	11.1-13.4	
Age										
18-24	9,502	11.1	4.3-17.9	10,249	13.4	6.7-20.0	19,751	12.2	7.4-16.9	
25-34	5,146	4.8*	1.6-8.1	13,336	13.1	8.2-17.9	18,483	8.9	5.9-11.8	
35-44	11,055	10.2	5.9-14.6	14,360	13.6	9.3-17.8	25,414	11.9	8.9-14.9	
45-54	9,604	8.4	5.2-11.7	23,822	20.9	16.1-25.6	33,426	14.7	11.7-17.6	
55-64	14,712	11.7	8.2-15.1	23,810	18.0	14.2-21.8	38,522	14.9	12.3-17.5	
65+	13,449	8.3	5.8-10.8	26,322	13.5	10.9-16.0	39,771	11.1	9.3-12.9	
Education										
Less than H.S.	17,834	18.8	12.3-25.3	29,389	28.2	21.7-34.6	47,223	23.7	19.1-28.3	
H.S. or G.E.D.	20,566	6.9	4.9-8.9	35,994	13.1	10.5-15.7	56,560	9.9	8.3-11.5	
Some Post-H.S.	17,212	9.4	6.2-12.6	31,739	15.3	12.2-18.5	48,952	12.6	10.3-14.8	
College Graduate	74,28	5.9	3.8-8.0	14,777	10.6	8.1-13.0	22,205	8.4	6.7-10.0	
Income										
Less than \$15,000	11,648	21.8	13.8-29.7	28,995	29.9	23.8-36.0	40,643	27.0	22.2-31.9	
\$15,000 - 24,999	17,131	14.2	9.3-19.1	26,823	19.0	14.6-23.4	43,954	16.8	13.5-20.0	
\$25,000 - 34,999	7,963	8.3	4.2-12.5	14,799	14.5	10.1-18.9	22,761	11.5	8.5-14.5	
\$35,000 - 49,999	3,917	3.9*	1.5-6.3	8,374	10.2	5.7-14.7	12,291	6.7	4.2-9.2	
\$50,000 - 74,999	4,602	4.9*	1.5-8.3	8,888	11.5	7.5-15.5	13,489	7.9	5.3-10.5	
\$75,000+	10,264	7.1	4.3-9.9	8,712	7.3	4.7-10.0	18,977	7.2	5.3-9.1	

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



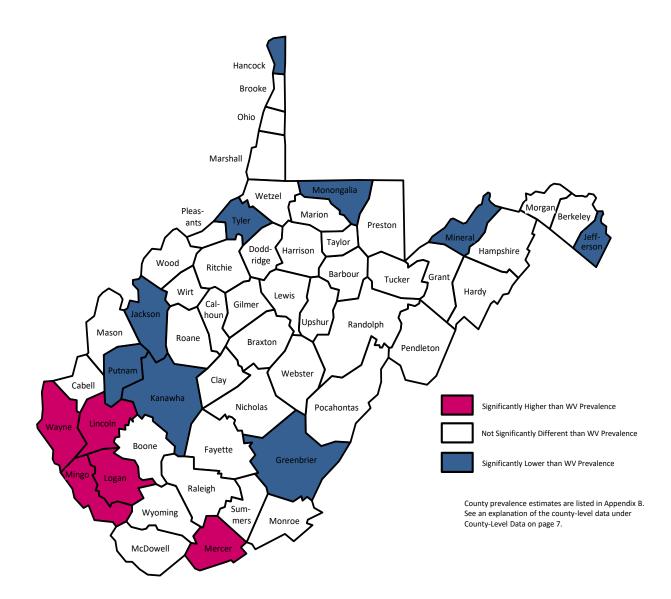


\*Due to changes in sample composition and weighting methodology, 2011-2018 results are not directly comparable to previous years.

## **CHAPTER 22: RESPIRATORY DISEASES**

Figure 22.4 Prevalence of Current Asthma by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 11.7%



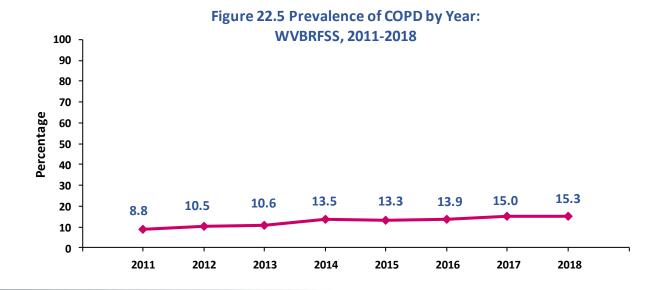
### **Chronic Obstructive Pulmonary Disease**

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you have chronic obstructive pulmonary disease or COPD, emphysema, or chronic bronchitis?"
Prevalence	WV: 15.3% (95% CI: 14.1-16.5) U.S.: 6.8% (95% CI: 6.7-7.0) The West Virginia prevalence of chronic obstructive pulmonary disease (COPD) was significantly higher than the U.S. prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 14.0% (95% CI: 12.2-15.7) Women: 16.6% (95% CI: 15.0-18.3) There was no gender difference in the prevalence of COPD.
Age	The prevalence of COPD was significantly higher among adults aged 45 and older than adults aged 44 and younger.
Education	The prevalence of COPD was significantly higher among adults with less than a high school education (33.2%) than all other educational attainment levels. The prevalence of COPD was significantly lower among college graduates (5.7%) than all other educational attainment levels.
Household Income	The prevalence of COPD was significantly higher among adults with an annual household income of less than \$15,000 (33.3%) than all other annual household income levels.
Trend	There was an increase in the prevalence of COPD from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of COPD was 14.2%. There were 10 counties with a significantly lower prevalence compared to the state; Gilmer, Jefferson, Kanawha, Mineral, Monongalia, Ohio, Pendleton, Pleasant, Putnam, and Upshur. There were 6 counties with a significantly higher prevalence than the state; Fayette, Logan, Mason, McDowell, Mingo, and Wayne.

## Table 22.3 Prevalence of Chronic Obstructive Pulmonary Disease (COPD) byDemographic Characteristics: WVBRFSS, 2018

		Men			Women			Total	
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	98,194	14.0	12.2-15.7	121,512	16.6	15.0-18.3	219,706	15.3	14.1-18.3
Age									
18-24	5,582	6.5*	0.8-12.3	1,861	2.4*	0.0-5.2	7,443	4.6*	1.3-7.9
25-34	5,452	5.1*	1.4-8.8	6,481	6.3*	2.5-10.2	1,193	5.7	3.0-8.4
35-44	9,465	8.7	4.6-12.9	10,820	10.1	5.9-14.3	20,285	9.4	6.5-12.4
45-54	14,843	13.4	8.9-17.9	26,217	23.7	18.7-28.8	41,060	18.5	15.1-22.0
55-64	22,431	17.9	13.9-21.8	32,074	24.9	20.6-29.2	54,505	21.4	18.5-24.4
65+	40,135	24.9	21.1-28.6	42,955	21.9	18.9-24.9	83,090	23.2	20.9-25.6
Education									
Less than H.S.	26,557	28.1	20.6-35.6	39,522	37.9	31.0-44.8	66,080	33.2	28.2-38.3
H.S. or G.E.D.	39,244	13.2	10.6-15.7	48,296	17.4	14.6-20.2	87,540	15.2	13.3-17.1
Some Post-H.S.	24,076	13.2	10.0-16.4	26,378	12.7	10.1-15.3	50,455	12.9	10.9-15.0
College Graduate	7,889	6.3	4.1-8.4	7,316	5.3	3.5-7.0	15,205	5.7	4.4-7.1
Income									
Less than \$15,000	16,936	31.7	23.5-39.9	33,137	34.2	28.2-40.2	50,073	33.3	28.5-38.1
\$15,000 - 24,999	32,677	26.8	21.0-32.7	30,564	21.5	17.3-25.8	63,242	24.0	20.4-27.5
\$25,000 - 34,999	12,195	12.8	8.4-17.3	15,974	15.6	11.0-20.1	28,169	14.3	11.1-17.4
\$35,000 - 49,999	9,799	9.7	6.2-13.2	7,865	9.6	5.0-14.1	17,664	9.6	6.8-12.4
\$50,000 - 74,999	6,907	7.3	3.1-11.5	6,195	8.0	4.7-11.3	13,102	7.6	4.9-10.4
\$75,000+	8,146	5.7	3.2-8.2	8,698	7.3	4.3-10.2	16,844	6.4	4.5-8.3

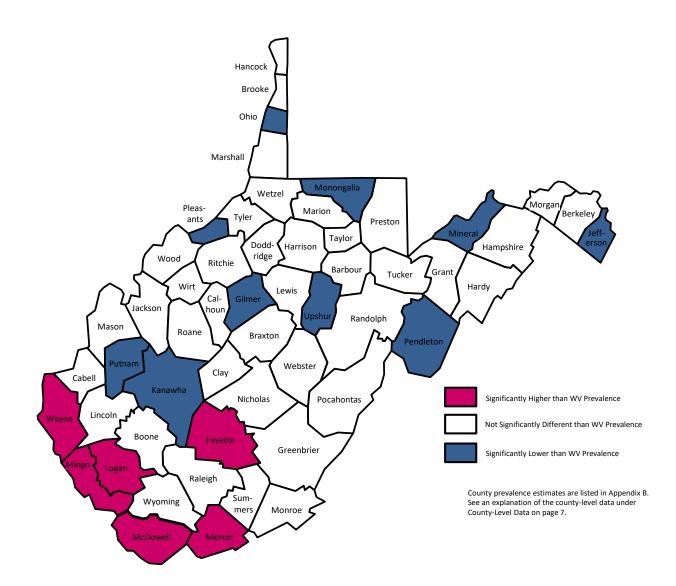
\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 7.



## **CHAPTER 22: RESPIRATORY DISEASES**

Figure 22.6 Prevalence of Chronic Obstructive Pulmonary Disease (COPD) by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 14.2%

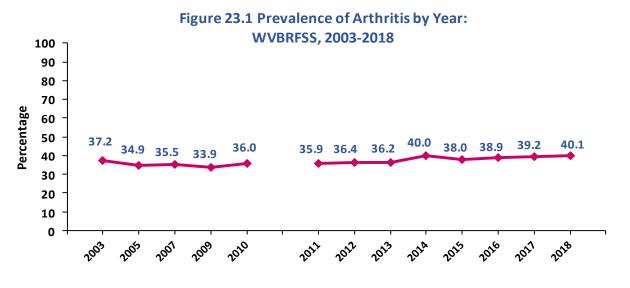


### **Arthritis Prevalence**

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?"
Prevalence	WV: 40.1% (95% CI: 38.5-41.8) U.S.: 25.8% (95% CI: 25.5-26.1) The West Virginia prevalence of arthritis was significantly higher than the U.S. prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 36.3% (95% CI: 33.8-38.7) Women: 43.8% (95% CI: 41.6-46.1) The prevalence of arthritis was significantly higher among women than men.
Age	There were significant differences in the prevalence of arthritis between each age group. The prevalence of arthritis was significantly higher among adults aged 65 and older (65.6%) than all other age groups.
Education	There were significant differences in the prevalence of arthritis between each educational attainment level. The prevalence of arthritis was significantly higher among adults with less than a high school education (60.6%) than all other educational attainment levels. The prevalence of arthritis was significantly lower among college graduates (25.9%) than all other educational attainment groups.
Household Income	The prevalence of arthritis was significantly higher among adults with an annual household income of less than \$15,000 (58.5%) than all other annual household income levels. The prevalence of arthritis was significantly lower among adults with an annual household income of \$50,000 or more than all other annual household income levels.
Trend	There is no change in the prevalence of arthritis from 2011 to 2018. Because of the change in BRFSS methodology, results from 2011 to 2018 are not directly comparable to previous years.
County	The 2014-2018 West Virginia state prevalence of arthritis was 39.2%. There were 8 counties with significantly lower prevalence compared to the state. These counties were Berkeley, Cabell, Hardy, Jefferson, Marion, Monongalia, Ohio, and Tucker. There were 8 counties with significantly higher prevalence than the state. These counties were Braxton, Fayette, Lincoln, Logan, McDowell, Nicholas, Raleigh, and Webster.

## Table 23.1 Prevalence of Arthritis by Demographic Characteristics: WVBRFSS,2018

		Men			Women			Total	
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	25,4352	36.3	33.8-38.7	320,328	43.8	41.6-46.1	574,680	40.1	38.5-41.8
Age									
18-24	4,785	5.6*	0.0-12.3	2,419	3.1*	0.0-6.5	7,204	4.4*	0.5-8.3
25-34	11,993	11.2	6.4-16.0	16,872	16.5	10.9-22.0	28,865	13.8	10.1-17.4
35-44	29,237	27.3	20.9-33.6	25,251	23.9	18.3-29.4	54,488	25.6	21.3-29.8
45-54	47,711	43.8	37.6-50.0	54,102	47.9	42.4-53.5	102,540	45.9	41.7-50.0
55-64	63,102	50.1	45.1-55.1	80,888	62.8	58.3-67.2	143,990	56.5	53.1-59.8
65+	96,797	57.8	55.7-63.9	138,371	70.5	67.3-73.6	235,068	65.6	63.1-68.2
Education									
Less than H.S.	50,739	53.7	45.0-62.3	70,137	66.8	59.2-74.4	120,876	60.6	54.8-66.4
H.S. or G.E.D.	113,609	38.3	34.3-42.2	129,621	46.8	43.0-50.7	243,230	42.4	39.6-45.2
Some Post-H.S.	60,621	33.1	28.7-37.6	80,637	38.8	34.7-42.8	141,258	36.1	33.2-39.1
College Graduate	28,955	23.0	19.6-26.5	39,843	28.6	25.1-32.0	68,798	25.9	23.5-28.4
Income									
Less than \$15,000	30,673	56.8	47.8-65.8	57,762	59.5	53.0-66.0	88,436	58.5	53.3-63.8
\$15,000 - 24,999	53,155	43.6	37.3-50.0	73,606	52.3	46.7-57.8	126,761	48.3	44.1-52.5
\$25,000 - 34,999	35,883	37.9	31.3-44.5	44,714	43.6	37.2-50.0	80,597	40.9	36.3-45.5
\$35,000 - 49,999	41,756	41.2	34.8-47.5	35,095	42.7	36.1-49.2	76,851	41.8	37.3-46.4
\$50,000 - 74,999	25,021	26.7	20.8-32.6	25,449	32.8	26.8-38.9	50,470	29.5	25.2-33.7
\$75,000+	35,518	24.7	20.4-29.0	31,892	26.6	22.1-31.1	67,410	25.6	22.4-28.7

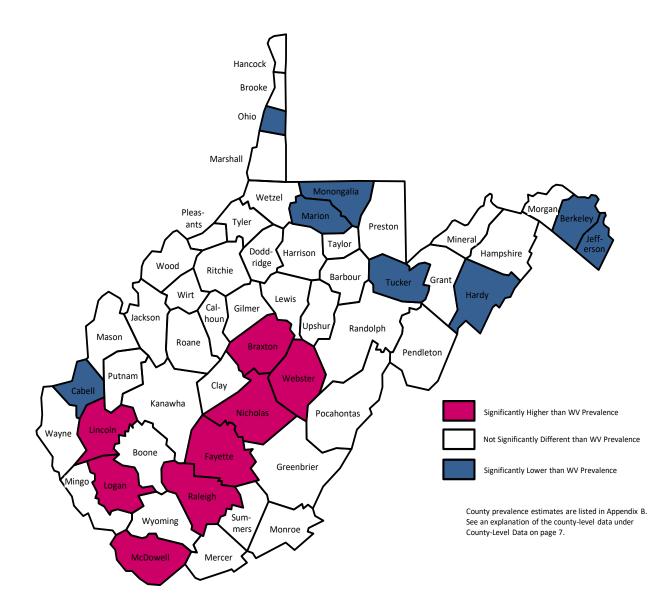


\*Due to changes in sample composition and weighting methodology, 2011-2018 results are not directly comparable to previous years.

## **CHAPTER 23: ARTHRITIS**

#### Figure 23.2 Prevalence of Arthritis by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 39.2%



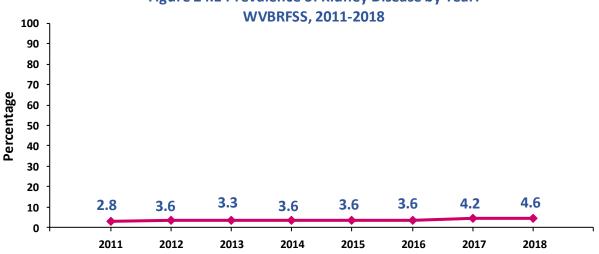
## Kidney Disease Prevalence

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you have kidney disease?"
Prevalence	WV: 4.6% (95% CI: 4.0-5.2) U.S.: 3.1% (95% CI: 3.0-3.2) The West Virginia prevalence of kidney disease was significantly higher than the U.S. prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	Men: 3.8% (95% CI: 3.0-4.6) Women: 5.4% (95% CI: 4.4-6.3) There was no gender difference in the prevalence of kidney disease.
Age	The prevalence of kidney disease was significantly higher among adults aged 55 and older than all other age groups.
Education	The prevalence of kidney disease was significantly higher among adults with less than a high school education (9.1%) than all other educational attainment levels.
Household Income	The prevalence of kidney disease was significantly higher among adults with an annual household income of less than \$15,000 (10.1%) than adults with an annual household income of \$25,000 or more per year.
Trend	There was an increase in prevalence of kidney disease from 2011 to 2018.
County	The 2014-2018 West Virginia state prevalence of kidney disease was 3.9%. There were 9 counties with a significantly lower prevalence compared to the state; Berkeley, Brooke, Doddridge, Gilmer, Jefferson, Monongalia, Pendleton, Tucker, and Upshur. No county had a significantly higher prevalence than the state.

## Table 24.1 Prevalence of Kidney Disease by Demographic Characteristics: WVBRFSS, 2018

		Men			Women			Total	
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	26,890	3.8	3.0-4.6	39,168	5.4	4.4-6.3	66,058	4.6	4.0-5.2
Age									
18-24	0	0.0	0.0-0.0	685.6	0.9*	0.0-2.6	685.6	0.4*	0.0-1.2
25-34	1,107	1.0*	0.0-2.3	1,407	1.4*	0.0-3.1	2,514	1.2*	0.1-2.3
35-44	1406	1.3*	0.1-2.5	2,328	2.2*	0.3-4.1	3,734	1.7*	0.6-2.9
45-54	2,712	2.4*	0.6-4.3	6,433	5.9	3.3-8.5	9,145	4.2	2.6-5.7
55-64	9,112	7.2	4.6-9.9	9,964	7.7	5.0-10.4	19,076	7.5	5.6-9.4
65+	12,317	7.5	5.2-9.9	17,551	9.0	6.9-11.0	29,868	8.3	6.8-9.8
Education									
Less than H.S.	5,359	5.6	2.6-8.7	12,881	12.3	7.8-16.8	18,241	9.1	6.3-11.9
H.S. or G.E.D.	11,317	3.8	2.5-5.1	12,918	4.7	3.3-6.0	24,235	4.2	3.3-5.2
Some Post-H.S.	6,164	3.3	1.9-4.8	9,745	4.7	3.3-6.2	15,909	4.1	3.0-5.1
College Graduate	4,049	3.2	1.8-4.7	3,624	2.6	1.4-3.8	7,674	2.9	1.9-3.8
Income									
Less than \$15,000	5,989	11.1	6.1-16.1	9,381	9.7	6.0-13.3	15,370	10.1	7.2-13.1
\$15,000 - 24,999	3,849	3.1*	1.3-5.0	1,108	7.9	5.4-10.3	14,931	5.7	4.1-7.3
\$25,000 - 34,999	3,091	3.2*	1.3-5.2	6,108	6.0	3.0-8.9	9,199	4.6	2.8-6.5
\$35,000 - 49,999	5,025	5.0	2.5-7.5	1,981	2.4*	0.9-4.0	7,006	3.8	2.3-5.4
\$50,000 - 74,999	3,834	4.1*	1.7-6.5	1,890	2.4*	0.6-4.3	5,724	3.3	1.8-4.9
\$75,000+	1,930	1.3*	0.3-2.3	2,786	2.3*	0.8-3.8	4,715	1.8	0.9-2.7

\* Use caution when interpreting and reporting this estimate. See discussion of unstable estimates on page 6.

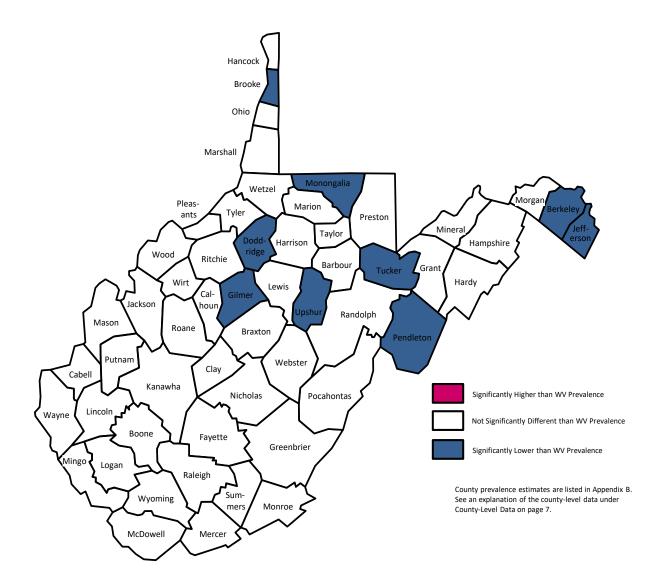


## Figure 24.1 Prevalence of Kidney Disease by Year:

## **CHAPTER 24: KIDNEY DISEASE**

Figure 24.2 Prevalence of Kidney Disease by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 3.9%

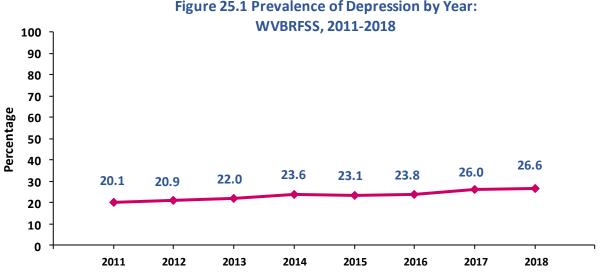


### **Ever Diagnosed with Depression**

Definition	Responding "Yes" to the question, "Has a doctor, nurse, or other health professional ever told you that you have a depressive disorder (including depression, major depression, dysthymia, or minor depression)?"
Prevalence	WV: 26.6% (95% CI: 25.0-28.1)
	<b>U.S.: 18.3%</b> (95% CI: 18.1-18.6)
	The West Virginia prevalence of depression was significantly higher than the U.S.
	prevalence. West Virginia ranked the highest among 54 BRFSS participants.
Gender	<b>Men</b> : 20.7% (95% Cl: 18.6-22.9)
	Women: 32.2% (95% Cl: 30.0-34.4)
	The prevalence of depression was significantly higher among women than men.
Age	The prevalence of depression was significantly higher among adults aged 25-64
	than adults aged 65 and older (18.2%).
Education	The prevalence of depression was significantly higher among adults with less than
	a high school education (41.6%) than all other educational attainment levels.
Household Income	The prevalence of depression was significantly higher among adults with an
	annual household income less than \$25,000 than all other annual household income levels.
Trend	There was an increase in prevalence of depression from 2011 to 2018.
Trend	
County	The 2014-2018 West Virginia state prevalence of depression was 24.6%. There were 8 counties with a significantly lower prevalence compared to the state; Gilmer, Grant, Hardy, Jefferson, Mason, Monongalia, Pendleton, and Pleasant. There were 4 counties with a significantly higher prevalence than the state; Fayette, Logan, Nicholas, and Wyoming.

## Table 25.1 Prevalence of Depression by Demographic Characteristics: WVBRFSS,2018

		Men			Women			Total	
Characteristic	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI	Weighted Frequency	%	95% CI
TOTAL	145,728	20.7	18.6-22.9	234,793	32.2	30.0-34.4	380,521	26.6	25.0-28.1
Age									
18-24	17,215	20.1	11.8-28.5	25,039	31.8	22.2-41.4	42,254	25.7	19.4-32.1
25-34	22,391	21.1	14.6-27.5	39,211	38.4	31.2-45.7	61,603	29.6	24.6-34.5
35-44	29,070	27.0	20.7-33.2	32,483	30.5	24.7-36.2	61,553	28.7	24.5-33.0
45-54	25,613	23.1	17.7-28.6	45,948	42.1	36.6-47.6	71,561	32.6	28.6-36.5
55-64	26,431	21.0	16.8-25.2	50,283	39.0	34.3-43.6	76,714	30.1	26.9-33.3
65+	24,631	15.1	12.1-18.1	40,755	20.8	17.8-23.6	65,385	18.2	16.1-20.3
Education									
Less than H.S.	35,650	37.4	29.2-45.6	47,456	45.4	38.1-52.7	83,107	41.6	36.1-47.0
H.S. or G.E.D.	57,264	19.2	15.9-22.5	90,091	32.5	28.8-36.2	147,354	25.6	23.1-28.1
Some Post-H.S.	32,423	17.7	13.9-21.6	64,944	31.4	27.4-35.4	97,367	25.0	22.2-27.8
College Graduate	19,964	15.9	12.5-19.3	32,303	23.2	19.7-26.7	52,266	19.7	17.3-22.2
Income									
Less than \$15,000	22,083	40.9	32.1-49.7	49,179	51.3	44.8-57.7	71,262	47.5	42.3-52.8
\$15,000 - 24,999	44,743	36.6	30.2-43.1	58,142	41.1	35.7-46.5	102,885	39.0	34.9-43.2
\$25,000 - 34,999	12,857	13.6	8.4-18.8	24,509	24.0	18.2-29.6	37,365	19.0	15.1-22.9
\$35,000 - 49,999	16,377	16.2	11.3-21.2	20,661	25.1	18.8-31.4	37,038	20.2	16.2-24.2
\$50,000 - 74,999	11,327	12.0	7.2-16.7	18,215	23.5	18.0-29.0	29,542	17.2	13.6-20.8
\$75,000+	18,608	12.9	9.2-16.6	28,037	23.5	18.8-28.2	46,645	17.7	14.8-20.6

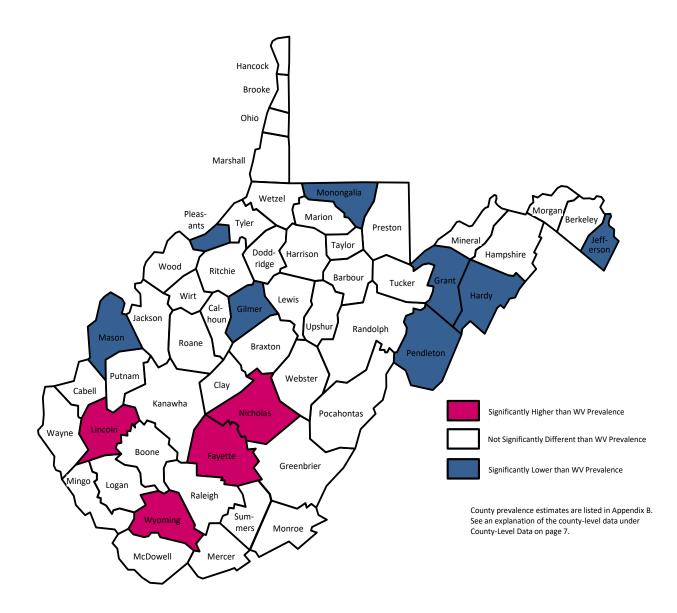




### **CHAPTER 25: DEPRESSION**

#### Figure 25.2 Prevalence of Depression by County: WVBRFSS, 2014-2018

WV Prevalence (2014-2018) - 24.6%

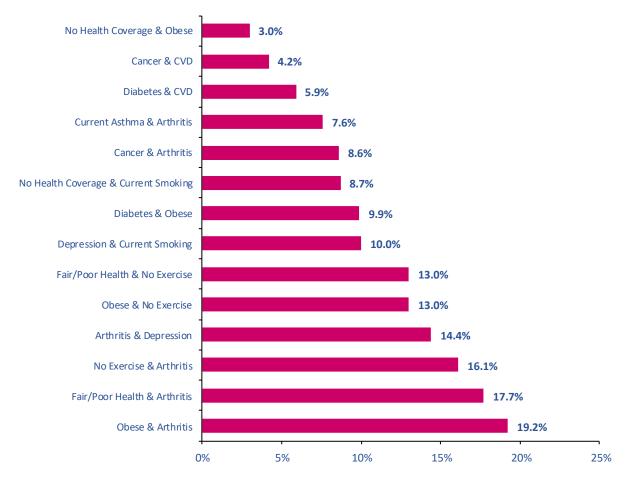


### **CHAPTER 26: COMORBIDITIES**

#### **Comorbid Health Conditions and Risk Factors**

Many behavioral risk factors and health conditions are interrelated. For example, physical activity and nutrition are related to obesity, which is related to cardiovascular disease. Comorbidity is the presence of more than one health condition or risk factor in an individual at the same time. Identifying common comorbid factors is important to understanding how to prevent and reduce serious health conditions and chronic diseases. The purpose of this chapter is to introduce some of the common comorbidities among West Virginia adults in 2018 (see Figure 26.1 and Table 26.1). For definitions of risk factors and health conditions, please refer to appropriate chapter in this report.

## Figure 26.1 Comorbidities: The Prevalence of Multiple Risk Behaviors and/or Health Conditions Among Adults: WVBRFSS, 2018



#### Percent of Adults with Both Conditions/Risk Factors

CHAPTER 26: COMORBIDITIES

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Table 26.1 Comorbidities: The Prevalence of Multiple Risk Behaviors and/or Health Conditions Among Adults: WVBRFSS, 2018

Hair/FoorHealth $263$ $1.6$ $1.0$ $1.0.2$ $1.0.2$ $0.12$ $0.17$ $0.17$ $0.17$ $0.17$ $0.17$ $0.17$ $0.17$ $0.117$ $0.117$ $0.117$ $0.117$ $0.117$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.112$ $0.121$ $0.$	% of Total Population	Fair/Poor Health	No Health Coverage	No Exercise	Obese	Current Smoking	CVD	Diabetes	Current Asthma	Cancer	Arthritis	Depression
elth Coverse $1.6$ $7.9$ $2.0$ $3.0$ $3.1$ $0.6$ $0.6$ $0.6$ $0.7$ $0.4$ $1.5$ $2.0$ elth Coverse $(1.12.0)$ $(1.52.0)$ $(1.52.5)$ $(1.52.5)$ $(2.43.7)$ $(1.32.4)$ $(1.5$	Fair/Poor Health	26.3 (24.8-27.8)	1.6 (1.1-2.0)	13.0 (11.9-14.1)	13.2 (12.0-14.3)	9.1 (8.1-10.2)	9.4 (8.5-10.3)	8.8 (7.9-9.7)	6.3 (5.5-7.2)	6.1 (5.4-6.8)	17.7 (16.5-19.0)	11.5 (10.4-12.6)
kercise13.02.028.213.09.09.07.17.35.15.515.116.1kercise(119-14.1)(15-2.5)(119-14.1)(8.0-10.0)(6.37.9)(6.5.8.1)(4.86.1)(149-17.3)(149-17.3)kercise(130-14.3)(13-94.1)(8.0-10.0)(8.0-10.0)(8.0-10.0)(8.0-10.0)(5.7.8)(4.86.1)(19.2.7.8)(19.2.7.9)kercise(120-14.3)(1.9.14.1)(9.395(8.9-10.8)(5.0-6)(5.0-6)(5.0-6)(5.0-6)(5.0-6)(5.0-6)ent should be area(9.4.1)(2.4.38)(8.0-10.0)(7.4.9.4)(5.2.5.0)(9.3-2.4)(5.2.6.0)(5.2.6.0)(5.0-4)(5.0-4)(5.0-4)(5.0-4)ent should be area(9.4.1)(7.4.9.4)(5.2.6.0)(14.4.16.6)(5.2.6.0)(5.3.4.1)(5.2.6.0)(5.1.4.4)(5.2.6.0)(5.1.4.4)(5.2.6.0)(5.1.4.4)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4.6.)(5.2.4	No Health Coverage	1.6 (1.1-2.0)	7.9 (0.9-9.0)	2.0 (1.5-2.5)	3.0 (2.4-3.7)	3.1 (2.4-3.8)	0.6 (0.3-0.9)	0.6 (0.3-0.9)	0.7 (0.4-1.1)	0.4 (0.2-0.6)	2.0 (1.5-2.4)	2.1 (1.6-2.7)
$e^{1}$ 13.23.013.013.013.039.58.47.09.96.05.719.219.2 $e^{1}$ (12.0-14.3)(2.4.3.7)(11.9-14.1)(37.8-11.3)(7.4.9.4)(5.2.5.9)(5.0.6.4)(17.8.205)(17.8.205)1 $e^{1}$ (12.0-14.3)(2.4.3.3)(8.0-10.0)(7.4.9.4)(7.3.6.5.6.9)(3.9.16.8)(5.0.6.4)(17.8.205)(9.3.11.4) $e^{1}$ (8.1-10.2)(2.4.3.8)(8.0-10.0)(7.4.9.4)(7.3.6.5.6.9)(3.9.4.3)(9.3.11.4)(9.3.11.4) $e^{1}$ (8.1-10.2)(0.3-0.9)(6.3.7.9)(7.4.9.4)(2.3.6.5.6.9)(3.3.4.4)(3.5.3.6)(9.3.11.4) $e^{1}$ (8.1-0.3)(0.3-0.9)(6.3.7.9)(6.3.7.8)(3.9.4.3)(1.4.4.16.6)(3.2.4.4)(1.4.4.1.6.6)(9.9.11.8) $e^{1}$ (9.3.9.9)(6.3.7.9)(6.3.7.8)(8.9.10.8)(3.3.4.4)(1.5.4.1.9)(9.9.11.8)(9.9.11.8) $e^{2}$ (9.3.9.9)(9.3.9.9)(3.3.4.4)(2.3.2.6.9)(3.3.4.4)(1.7.2.7)(9.9.1.8) $e^{2}$ (9.3.9.1)(9.2.9.6)(5.5.1)(9.2.4.6)(3.3.4.4)(1.3.2.1.9.2)(3.9.4.2)(9.9.9.1) $e^{2}$ (5.4.6.8)(5.5.6.9)(5.5.6.9)(3.3.4.4)(1.7.2.7)(3.9.4.3)(9.9.1.8) $e^{2}$ (9.3.9.1)(9.2.4.6)(5.5.6.9)(3.3.4.4)(2.5.3.9)(3.4.2.3)(3.14.4)(3.6.9.7) $e^{1}$ (5.4.6.8)(5.5.6.9)(3.4.4.9)(3.2.	No Exercise	13.0 (11.9-14.1)	2.0 (1.5-2.5)	28.2 (26.7-29.7)	13.0 (11.9-14.1)	9.0 (8.0-10.0)	7.1 (6.3-7.9)	7.3 (6.5-8.1)	5.1 (4.3-5.9)	5.5 (4.8-6.1)	16.1 (14.9-17.3)	10.9 (9.8-11.9)
at function $9.1$ $3.1$ $9.0$ $8.4$ $25.2$ $4.6$ $3.8$ $3.8$ $3.0$ $10.4$ $10.4$ at function $(3.1-10.2)$ $(2.4-3.8)$ $(8.0-10.0)$ $(7.4-9.4)$ $(2.3-5.6)$ $(3.2-5.6)$ $(3.1-4,4)$ $(2.5-3.6)$ $(3.2-3.4)$ $(3.2-3.6)$ $(3.2-1.4)$ $9.4$ $0.6$ $7.1$ $(0.3-0.9)$ $(5.2-7.8)$ $(3.2-5.6)$ $(3.2-5.6)$ $(3.2-4.8)$ $(3.2-4.8)$ $(3.2-4.8)$ $(3.2-4.8)$ $9.4$ $0.6$ $7.1$ $(0.3-0.9)$ $(5.2-7.8)$ $(3.2-4.1)$ $(3.2-5.6)$ $(3.2-7.3)$ $(3.2-4.8)$ $(3.2-4.8)$ $(3.2-4.8)$ $9.9$ $0.6$ $7.3$ $(9.2-0.6)$ $(3.2-4.4)$ $(3.2-6.6)$ $(1.4-16.6)$ $(3.2-7.3)$ $(3.2-4.8)$ $(3.2-4.8)$ $(3.2-4.8)$ $9.9$ $0.7$ $(3.2-9.1)$ $(3.2-4.6)$ $(3.2-4.6)$ $(3.2-6.6)$ $(3.2-6.6)$ $(3.2-6.6)$ $(3.2-6.6)$ $(1.2-17.3)$ $(3.2-6.3)$ $(3.2-4.8)$ $(3.2-4.8)$ $0.7$ $0.7$ $(3.2-6.9)$ $(3.1-4.1)$ $(3.2-6.6)$ $(3.1-4.1)$ $(3.2-6.3)$ $(3.2-4.8)$ $(3.2-4.8)$ $0.7$ $0.7$ $(3.2-6.9)$ $(3.1-4.1)$ $(3.2-6.9)$ $(3.1-4.1)$ $(3.2-6.9)$ <th>Obese</th> <th>13.2 (12.0-14.3)</th> <th>3.0 (2.4-3.7)</th> <th>13.0 (11.9-14.1)</th> <th>39.5 (37.8-41.3)</th> <th>8.4 (7.4-9.4)</th> <th>7.0 (6.2-7.8)</th> <th>9.9 (8.9-10.8)</th> <th>6.0 (5.2-6.9)</th> <th>5.7 (5.0-6.4)</th> <th>19.2 (17.8-20.5)</th> <th>12.4 (11.2-13.5)</th>	Obese	13.2 (12.0-14.3)	3.0 (2.4-3.7)	13.0 (11.9-14.1)	39.5 (37.8-41.3)	8.4 (7.4-9.4)	7.0 (6.2-7.8)	9.9 (8.9-10.8)	6.0 (5.2-6.9)	5.7 (5.0-6.4)	19.2 (17.8-20.5)	12.4 (11.2-13.5)
9.4 $0.6$ $7.1$ $7.0$ $4.6$ $15.5$ $5.9$ $5.3$ $4.2$ $10.8$ $(8.5-10.3)$ $(0.3-0.9)$ $(6.3-7.9)$ $(6.2-7.8)$ $(3.95.3)$ $(3.95.3)$ $(14.416.6)$ $(5.7-6.6)$ $(2.7-3.9)$ $(3.64.8)$ $(9.9118)$ etes $(7.9-9.7)$ $0.3-0.9$ $(6.3-7.9)$ $(6.3-7.9)$ $(8.9-10.8)$ $(3.2-6.6)$ $(2.7-3.9)$ $(3.5-6.8)$ $(3.3-4.4)$ $(9.6-11.5)$ etes $(7.9-9.7)$ $(0.3-0.9)$ $(6.5-8.1)$ $(8.9-10.8)$ $(3.2-4.4)$ $(5.2-6.6)$ $(1.2-7.3)$ $(2.5-3.8)$ $(3.3-4.9)$ $(9.6-11.5)$ et $(7.9-7)$ $(7.9-7)$ $(7.9-7)$ $(1.2-7.7)$ $(1.2-7.7)$ $(1.2-7.7)$ $(1.6-8.8)$ et $(5.5-7.2)$ $(0.4-1.1)$ $(4.8-6.1)$ $(5.0-6.4)$ $(3.1-4.4)$ $(2.7-3.9)$ $(2.6-3.8)$ $(2.7-6)$ et $(5.5-7.2)$ $(0.4-1.1)$ $(4.3-5.9)$ $(5.2-6.9)$ $(3.1-4.4)$ $(2.7-3.9)$ $(2.6-3.8)$ $(2.7-6)$ et $(5.5-7.2)$ $(0.4-1.1)$ $(4.3-5.9)$ $(5.2-6.9)$ $(3.1-4.4)$ $(2.7-3.9)$ $(2.5-3.8)$ $(1.7-7)$ $(1.7-2.7)$ et $(5.5-7.2)$ $(0.4-1.1)$ $(4.8-6.1)$ $(5.0-6.4)$ $(3.2-6.6)$ $(3.2-6.6)$ $(2.2-6.8)$ $(3.2-6.6)$ $(2.6-8.8)$ $(3.2-6.6)$ et $(5.5-7.2)$ $(0.4-1.1)$ $(2.2-6.9)$ $(3.1-4.4)$ $(2.7-6.9)$ $(2.2-6.8)$ $(2.2-6.8)$ $(2.2-6.8)$ $(2.2-6.8)$ et $(5.4-6.8)$ $(2.2-6.8)$ $(3.2-6.6)$ $(3.2-$	Current Smoking	9.1 (8.1-10.2)	3.1 (2.4-3.8)	9.0 (8.0-10.0)	8.4 (7.4-9.4)	25.2 (23.6-26.9)	4.6 (3.9-5.3)	3.8 (3.2-4.4)	3.8 (3.1-4.4)	3.0 (2.5-3.6)	10.4 (9.3-11.4)	10.0 (8.8-11.1)
8.8         0.6         7.3         9.9         3.8         5.9         16.2         3.2         3.9         10.6           (7.9-9.7)         (0.3-0.9)         (6.5-8.1)         (8.9-10.8)         (3.2-4.4)         (5.2-6.6)         (15.0-17.3)         (2.6-3.8)         (3.3-4.4)         (9.6-11.5)           6.3         0.7         5.1         6.0         3.8         3.3         3.2         12.3         (3.5-4.5)         (6.1-1)           (5.5-7.2)         (0.4-11)         (4.3-5.9)         (5.2-6.9)         (3.1-4.4)         (2.7-3.9)         (2.6-3.8)         (11.1-13.4)         (6.7-8.5)           (5.5-7.2)         (0.4-11)         (4.3-5.9)         (5.2-6.9)         (3.1-4.4)         (2.7-3.9)         (2.6-3.8)         (11.1-13.4)         (6.7-8.5)           (5.4-6.8)         0.2-0.6)         (4.3-5.1)         (5.0-6.4)         (3.5-4.8)         (3.3-4.4)         (1.7-2.7)         (6.7-8.5)           (5.4-6.8)         0.2-0.6)         (4.8-6.1)         (5.0-6.4)         (2.5-3.6)         (3.5-4.8)         (1.7-2.7)         (6.7-8.5)         (6.7-8.5)           (17.7)         2.0         14.8         (12.4)         (2.5-3.6)         (3.5-4.8)         (1.7-2.7)         (1.7-2.7)         (6.7-8.5)	CVD	9.4 (8.5-10.3)	0.6 (0.3-0.9)	7.1 (6.3-7.9)	7.0 (6.2-7.8)	4.6 (3.9-5.3)	15.5 (14.4-16.6)	5.9 (5.2-6.6)	3.3 (2.7-3.9)	4.2 (3.6-4.8)	10.8 (9.9-11.8)	5.8 (5.0-6.5)
6.3 $0.7$ $5.1$ $6.0$ $3.8$ $3.3$ $3.2$ $12.3$ $2.2$ $76$ $(5.5-72)$ $(0.4-1.1)$ $(4.3-5.9)$ $(5.2.6.9)$ $(3.1-4.4)$ $(2.7-3.9)$ $(2.6-3.8)$ $(1.7-2.7)$ $(5.7-8.5)$ $76$ $6.1$ $0.4$ $5.5$ $5.7$ $3.0$ $4.2$ $3.9$ $2.2$ $14.1$ $8.9$ $(5.4-6.8)$ $(0.2-0.6)$ $(4.8-6.1)$ $(5.0-6.4)$ $(2.5-3.6)$ $(3.6-4.8)$ $(3.3-4.4)$ $(1.7-2.7)$ $(13.1-15.1)$ $8.9$ $17.7$ $2.0$ $16.1$ $19.2$ $10.4$ $10.8$ $(10.4-10.6)$ $(1.7-2.7)$ $(1.7-2.7)$ $(1.7-2.7)$ $(8.0-9.7)$ $11.5$ $2.0$ $16.1$ $19.2$ $10.4$ $10.8$ $10.6$ $(1.7-2.7)$ $(1.3.1-15.1)$ $(8.0-9.7)$ $11.5$ $2.0$ $16.1$ $10.9$ $12.4$ $10.0$ $(9.9-11.8)$ $(9.6-11.5)$ $(6.7-8.5)$ $(8.0-9.7)$ $11.5$ $2.1$ $10.9$ $12.4$ $10.0$ $5.8$ $5.6$ $5.7$ $4.4$ $1.4.4$ $10.4-12.6)$ $(1.6-2.7)$ $(9.8-11.9)$ $(8.8-11.1)$ $(5.0-6.5)$ $(4.8-6.3)$ $(4.9-6.6)$ $(1.4.4)$	Diabetes	8.8 (7.9-9.7)	0.6 (0.3-0.9)	7.3 (6.5-8.1)	9.9 (8.9-10.8)	3.8 (3.2-4.4)	5.9 (5.2-6.6)	16.2 (15.0-17.3)	3.2 (2.6-3.8)	3.9 (3.3-4.4)	10.6 (9.6-11.5)	5.6 (4.8-6.3)
6.1 $0.4$ $5.5$ $5.7$ $3.0$ $4.2$ $3.9$ $2.2$ $14.1$ $8.9$ $(5.4-6.8)$ $(0.2-0.6)$ $(4.8-6.1)$ $(5.0-6.4)$ $(2.5-3.6)$ $(3.6-4.8)$ $(3.5-4.8)$ $(3.3-4.4)$ $(1.7-2.7)$ $(13.1-15.1)$ $(8.0-9.7)$ $17.7$ $2.0$ $16.1$ $19.2$ $10.4$ $10.8$ $10.6$ $7.6$ $8.9$ $40.1$ $(16.5-19.0)$ $(1.5-2.4)$ $(10.9-17.3)$ $(17.8-20.5)$ $(9.3-11.4)$ $(9.9-11.8)$ $(9.6-11.5)$ $(6.7-8.5)$ $8.9$ $40.1$ $11.5$ $2.1$ $10.9$ $12.4$ $10.0$ $5.8$ $5.6$ $5.7$ $4.4$ $14.4$ $(10.4-12.6)$ $(1.6-2.7)$ $(9.8-11.9)$ $(11.2-13.5)$ $(8.8-11.1)$ $(5.0-6.5)$ $(4.9-6.6)$ $(3.8-5.0)$ $(13.2-15.5)$	Current Asthma	6.3 (5.5-7.2)	0.7 (0.4-1.1)	5.1 (4.3-5.9)	6.0 (5.2-6.9)	3.8 (3.1-4.4)	3.3 (2.7-3.9)	3.2 (2.6-3.8)	12.3 (11.1-13.4)	2.2 (1.7-2.7)	7.6 (6.7-8.5)	5.7 (4.9-6.6)
17.7         2.0         16.1         19.2         10.4         10.8         10.6         7.6         8.9         40.1           (16.5-19.0)         (1.5-2.4)         (14.9-17.3)         (17.8-20.5)         (9.3-11.4)         (9.9-11.8)         (6.7-8.5)         (8.0-9.7)         40.1           11.5         2.1         10.9         12.4         10.0         5.8         5.6         5.7         4.4         14.4           (10.4-12.6)         (1.6-2.7)         (9.8-11.9)         (11.2-13.5)         (8.8-11.1)         (5.0-6.5)         (4.8-6.3)         (4.9-6.6)         (13.2-15.5)	Cancer	6.1 (5.4-6.8)	0.4 (0.2-0.6)	5.5 (4.8-6.1)	5.7 (5.0-6.4)	3.0 (2.5-3.6)	4.2 (3.6-4.8)	3.9 (3.3-4.4)	2.2 (1.7-2.7)	14.1 (13.1-15.1)	8.9 (8.0-9.7)	4.4 (3.8-5.0)
11.5         2.1         10.9         12.4         10.0         5.8         5.6         5.7         4.4         14.4           (10.4-12.6)         (1.6-2.7)         (9.8-11.9)         (11.2-13.5)         (8.8-11.1)         (5.0-6.5)         (4.8-6.3)         (4.9-6.6)         (3.8-5.0)         (13.2-15.5)	Arthritis	17.7 (16.5-19.0)	2.0 (1.5-2.4)	16.1 (14.9-17.3)	19.2 (17.8-20.5)	10.4 (9.3-11.4)	10.8 (9.9-11.8)	10.6 (9.6-11.5)	7.6 (6.7-8.5)	8.9 (8.0-9.7)	40.1 (38.5-41.8)	14.4 (13.2-15.5)
	Depression	11.5 (10.4-12.6)	2.1 (1.6-2.7)	10.9 (9.8-11.9)	12.4 (11.2-13.5)	10.0 (8.8-11.1)	5.8 (5.0-6.5)	5.6 (4.8-6.3)	5.7 (4.9-6.6)	4.4 (3.8-5.0)	14.4 (13.2-15.5)	26.6 (25.0-28.1)

Table interpretation: Each cell represents the percentage of West Virginia adults with both of the conditions/risk factors. For example, 7.6% of West Virginia adults have both asthma and arthritis.

WVBRFSS 2018 Report



# Appendices

#### Appendix A Behavioral Risk Factor Prevlance in 50 States, District of Columbia, and Territories United States, 2018

	Fair o		Obe	esity		sical		rent		ovascular	Diab	oetes	Car	ncer	Artl	nritis	Depr	ession
State	Hea %	Rank	%	Rank	mac %	tivity Rank	%	king Rank	%	sease Rank	%	Rank	%	Rank	%	Rank	%	Rank
Alabama	22.9	6	36.2	6	30.7	7	19.2	12	12.9	3	14.5	3	15.4	2	34.7	2	24.0	5
Alaska	15.6	40	29.5	36	19.6	47	19.1	14	6.9	49	8.8	47	8.8	49	23.5	43	20.2	21
Arizona	19.4	15	29.5	37	22.1	38	14.0	41	9.3	21	10.8	29	14.2	5	25.7	32	16.7	39
Arkansas	24.7	3	37.1	3	31.0	4	22.7	3	13.2	2	13.9	6	15.1	3	33.0	4	22.5	12
California	18.1	25	25.8	48	21.0	43	11.2	51	6.7	50	10.4	34	10.6	46	20.5	51	15.4	48
Colorado	14.1	47	22.9	53	16.4	43 53	14.5	38	6.0	50	7.0	53	12.1	29	20.5	46	15.7	40
Connecticut	13.8	49	27.4	46	22.4	35	12.2	49	7.5	45	9.7	41	12.1	25	26.0	28	15.7	43
Delaware	17.2	47 29	33.5	18	26.8	14	16.5	25	9.1	26	11.9	20	12.2	25	26.0	20	16.9	38
D.C.	13.5	27 51	24.7	52	19.6	48	13.8	42	6.4	51	8.4	51	7.6	51	18.7	52	19.4	29
Florida	20.8	12	30.7	28	26.8	13	13.8	39	11.0	11	12.6	12	15.6	1	26.5	23	15.4	46
	19.1	20	32.5	20	26.2		14.5		9.3	20	12.6	11	10.7	44	25.3	34	17.1	37
Georgia		20 9				16		27								-		
Guam	22.0		29.8	34	30.0	8	21.9	4	8.1	37	13.7	8	3.6	53	13.9	53	7.7	53
Hawaii	16.3	34	24.9	51	19.9	46	13.4	45	7.4	46	11.5	24	9.4	48	22.2	47	12.6	51
Idaho	15.9	36	28.4	41	20.5	45	14.7	36	8.0	38	10.2	36	13.5	10	26.3	26	19.5	28
Illinois	16.8	32	31.8	25	24.6	22	15.5	32	8.3	30	10.0	37	10.7	43	24.8	38	17.7	33
Indiana	19.3	17	34.1	16	27.4	11	21.1	5	11.0	10	12.5	17	12.1	28	28.5	18	19.7	25
lowa	14.3	45	35.3	7	22.9	30	16.6	24	8.1	36	10.0	38	12.2	24	25.4	33	16.4	42
Kansas	17.0	31	34.4	12	22.5	33	17.3	22	8.9	28	11.6	22	12.2	26	25.7	31	20.7	20
Kentucky	23.5	4	36.6	5	32.4	2	23.4	2	12.6	4	13.7	9	14.4	4	33.4	3	24.0	6
Louisiana	22.2	8	36.8	4	30.8	6	20.5	8	11.5	8	14.1	5	11.0	40	29.2	13	23.2	9
Maine	18.1	26	30.4	29	22.5	32	17.8	20	10.6	12	10.6	32	13.8	8	32.8	5	22.8	11
Maryland	15.9	37	30.9	26	22.9	29	12.5	48	8.5	29	12.0	19	11.4	35	26.4	24	15.4	49
Massachusetts	14.2	46	25.7	49	22.4	34	13.4	44	7.3	47	8.6	50	11.3	37	24.2	42	18.1	31
Michigan	19.3	16	33.0	19	23.8	26	18.9	16	9.8	18	11.7	21	12.8	16	32.1	8	23.2	10
Minnesota	13.5	52	30.1	32	20.5	44	15.1	34	7.3	48	8.9	46	11.0	41	22.0	48	17.6	34
Mississippi	23.3	5	39.5	2	32.0	3	20.5	7	9.8	6	14.3	4	11.9	32	32.2	7	21.7	15
Missouri	20.4	14	35.0	9	26.1	17	19.4	11	7.3	16	11.5	23	12.7	20	31.1	9	22.2	13
Montana	15.1	41	26.9	47	22.7	31	18.0	19	11.6	27	9.3	43	13.9	7	28.6	16	21.9	14
Nebraska	14.5	44	34.1	15	23.8	28	16.0	28	10.1	41	9.7	40	11.3	36	25.2	36	17.3	35
Nevada	20.6	13	29.5	38	25.0	21	15.7	29	9.0	22	10.7	31	10.8	42	24.8	39	15.7	44
New Hampshire	13.4	53	29.6	35	21.5	42	15.6	30	7.8	40	10.3	35	13.7	9	29.8	12	20.7	19
New Jersey	16.7	33	25.6	50	28.5	9	13.1	46	8.1	35	10.8	30	11.0	39	23.1	44	11.8	52
New Mexico	21.5	11	32.3	23	22.2	37	15.2	33	8.2	32	12.5	14	11.1	38	27.0	22	17.2	36
New York	17.1	30	27.6	44	23.8	27	12.8	47	7.9	39	11.0	27	10.0	47	22.7	45	15.1	50
North Carolina	19.1	19	33.0	20	23.9	25	17.4	21	10.2	15	12.5	16	12.7	17	27.6	21	19.8	24
North Dakota	13.9	48	35.1	8	22.3	36	19.1	13	8.2	31	9.4	42	10.6	45	25.9	30	19.6	26
Ohio	18.7	24	34.0	17	25.4	19	20.5	9	10.3	14	12.2	18	12.1	31	30.8	10	20.0	22
Oklahoma	21.7	10	34.8	10	27.2	12	19.7	10	11.6	7	12.5	15	12.1	30	28.5	17	23.3	8
Oregon	18.7	23	29.9	33	19.3	49	15.6	31	9.5	19	11.0	26	13.5	11	29.1	14	26.2	2
Pennsylvania	18.9	22	30.9	27	24.0	23	17.0	23	9.9	17	11.3	25	12.4	22	28.7	15	21.6	16
Puerto Rico	35.0	1	32.9	21	47.3	1	10.0	52	11.3	9	15.5	2	6.8	52	24.6	40	19.3	30
Rhode Island	17.3	28	27.7	43	25.3	20	14.6	37	9.2	23	10.9	28	12.7	19	28.2	20	20.8	18
South Carolina	18.9	21	34.3	14	26.7	15	18.0	18	10.3	13	13.3	10	13.1	12	30.3	11	19.9	23
South Dakota	14.6	42	30.1	31	24.0	23	19.0	15	9.1	25	9.3	44	12.8	15	25.1	37	16.3	43
Tennessee	22.7	7	34.4	13	30.9	5	20.7	6	12.3	5	13.8	7	13.0	13	32.5	6	25.2	3
Texas	19.1	18	34.8	11	25.6	18	14.4	40	9.1	24	12.6	13	8.7	50	21.3	50	16.5	41
Utah	14.5	43	27.8	42	17.5	52	9.0	53	5.9	53	8.4	52	12.4	21	21.6	49	24.3	4
Vermont	13.8	50	27.5	45	18.9	50	13.7	43	7.7	43	9.2	45	12.8	14	28.4	19	21.2	17
Virginia	17.3	27	30.3	30	22.0	39	15.0	35	8.2	33	10.5	33	11.5	33	26.0	29	16.6	40
Washington	15.7	38	28.7	40	17.6	51	12.0	50	7.8	42	9.9	39	12.4	23	24.5	41	23.7	7
West Virginia	26.3	2	39.5	1	28.2	10	25.2	1	15.5	1	16.2	1	14.1	6	40.1	1	26.6	1
Wisconsin	15.7	39	32.0	24	21.8	40	16.4	26	7.5	44	8.7	49	11.5	34	26.3	25	19.6	27
Wyoming	16.0	35	29.0	39	21.7	41	18.8	17	8.1	34	8.7	48	12.7	18	25.3	35	17.9	32
United States	18.6		30.9		24.5		15.5		9.1		11.4		11.7		25.8		18.3	

Source: Centers for Disease Control & Prevention, 2018 Behavioral Risk Factor Surveillance System data; West Virginia Department of Health and Human Resources, Health Statistics Center, 2018

## Appendix B 2014-2018 WV Behavioral Risk Factors and Health Conditions by County

County	Fa	air or Poo	or		Health C rage (18			Obesity		Obese	or Over	weight	Phys	ical Inac	tivity
county	%	Rank	Sig	%	Rank	Sig.	%	Rank	Sig.	%	Rank	Sig.	%	Rank	Sig.
Barbour	29.8	17	ns	9.5	34	ns	37.5	36	ns	67.0	45	ns	36.0	7	ns
Berkeley	20.8	50	L	11.9	17	ns	37.5	37	ns	72.4	26	ns	27.7	38	ns
Boone	35.7	7	н	8.6	45	ns	43.2	7	ns	77.2	8	н	30.8	23	ns
Braxton	21.3	46	ns	12.0	16	ns	38.8	29	ns	71.2	35	ns	29.0	33	ns
Brooke	23.0	40	ns	13.1	7	ns	34.5	44	ns	69.6	41	ns	30.4	25	ns
Cabell	21.2	49	L	12.8	10	ns	13.8	49	L	67.6	44	ns	27.1	40	ns
Calhoun	31.3	13	ns	8.8	43	ns	30.7	50	ns	61.3	54	ns	24.9	49	ns
Clay	33.1	10	ns	15.9	19	ns	47.9	2	н	79.1	4	ns	35.0	9	ns
Doddridge	17.8	53	ns	7.0	53	ns	43.1	9	ns	73.8	18	ns	36.1	6	ns
Fayette	35.3	8	н	12.3	13	ns	41.4	16	ns	72.4	27	ns	32.7	15	ns
Gilmer	21.1	49	ns	24.3	1	ns	43.4	6	ns	84.4	1	н	28.7	34	ns
Grant	30.4	14	ns	11.5	20	ns	38.2	31	ns	82.6	2	н	35.9	8	ns
Greenbrier	28.9	20	ns	11.3	22	ns	35.8	41	ns	70.5	38	ns	28.0	37	ns
Hampshire	23.9	35	ns	8.9	42	ns	39.7	25	ns	71.5	33	ns	25.0	47	ns
Hancock	22.7	41	ns	13.5	4	ns	40.3	21	ns	74.6	15	ns	28.6	35	ns
Hardy	22.2	42	ns	7.2	52	ns	37.4	38	ns	70.8	36	ns	31.6	19	ns
Harrison	24.9	33	ns	12.3	14	ns	35.4	42	ns	71.8	31	ns	30.3	26	ns
Jackson	23.3	38	ns	11.1	24	ns	40.6	19	ns	70.5	37	ns	25.8	44	ns
Jefferson	14.1	54	L	9.1	41	ns	33.0	45	ns	65.9	49	ns	22.7	53	L
Kanawha	23.2	39	L	9.1	40	ns	37.6	35	ns	71.4	34	ns	27.7	29	ns
Lewis	24.1	34	ns	12.9	9	ns	43.2	8	ns	75.3	12	ns	34.1	11	ns
Lincoln	35.8	5	н	12.5	11	ns	41.9	15	ns	75.8	10	ns	31.9	18	ns
Logan	39.3	3	н	10.6	30	ns	42.3	13	ns	72.3	29	ns	39.1	3	н
Marion	25.7	30	ns	8.2	47	ns	32.8	46	L	66.0	48	L	24.9	48	L
Marshall	25.6	31	ns	7.8	51	ns	42.0	14	ns	74.4	16	ns	35.0	27	ns
Mason	25.1	32	ns	8.1	48	ns	43.0	10	ns	75.7	11	ns	30.2	10	ns
McDowell	42.6	1	н	17.3	2	ns	48.0	1	Н	77.9	5	н	37.3	4	н
Mercer	32.6	11	н	13.2	5	ns	38.9	28	ns	73.2	23	ns	33.4	13	ns
Mineral	21.4	45	ns	9.3	37	ns	39.1	27	ns	72.3	28	ns	25.6	46	ns
Mingo	41.0	2	н	10.2	31	ns	40.5	20	ns	73.9	17	ns	45.7	1	н
Monongalia	13.6	55	L	10.9	27	ns	28.5	54	L	62.7	53	L	20.2	55	L
Monroe	29.0	18	ns	12.9	8	ns	27.6	55	L	59.9	55	L	26.9	41	ns
Morgan	27.2	24	ns	10.2	23	ns	43.8	5	ns	73.1	24	ns	31.2	21	ns
Nicholas	30.4	15	ns	12.3	12	ns	40.0	23	ns	73.6	19	ns	32.0	17	ns
Ohio	19.9	51	L	9.4	36	ns	30.6	51	L	66.5	46	ns	26.4	42	ns
Pendleton	22.1	43	ns	7.9	49	ns	42.6	11	ns	73.4	21	ns	31.4	20	ns
Pleasants	26.3	26	ns	10.8	28	ns	32.5	47	ns	68.3	42	ns	20.7	54	ns
Pocahontas	28.2	23	ns	13.2	6	ns	31.9	48	ns	65.7	51	ns	23.5	51	ns
Preston	19.6	52	L	10.7	29	ns	38.0	33	ns	73.4	22	ns	29.5	29	ns
Putnam	21.1	48	L	6.7	54	L	39.2	26	ns	75.2	14	н	25.7	45	ns
Raleigh	28.7	21	ns	9.5	35	ns	39.7	24	ns	73.6	20	ns	30.9	22	ns
Randolph	28.5	22	ns	9.3	38	ns	34.9	43	ns	68.9	50	ns	32.9	14	ns
Ritchie	23.9	36	ns	9.7	33	ns	46.5	3	ns	77.3	7	ns	32.2	16	ns
Roane	28.9	19	ns	11.1	25	ns	44.4	4	ns	77.5	6	ns	24.5	50	ns
Summers	36.8	4	н	5.1	55	L	37.0	40	ns	72.6	25	ns	29.3	30	ns
Taylor	26.6	25	ns	8.5	46	ns	40.9	18	ns	68.2	43	ns	29.2	32	ns
Tucker	21.7	44	ns	14.7	3	ns	30.2	53	ns	76.3	9	ns	22.9	52	ns
Tyler	26.3	27	ns	9.3	39	ns	30.6	52	ns	65.3	52	ns	28.1	36	ns
Upshur	25.9	29	ns	11.6	18	ns	38.2	32	ns	70.4	39	ns	26.2	43	ns
Wayne	30.0	16	ns	11.2	23	ns	40.2	22	ns	71.6	32	ns	33.4	12	ns
Webster	33.4	9	ns	10.1	26	ns	42.5	12	ns	79.7	3	н	37.2	5	ns
Wetzel	26.0	28	ns	8.8	44	ns	41.0	17	ns	70.1	40	ns	29.3	31	ns
Wirt	31.4	12	ns	7.9	50	ns	38.4	30	ns	66.0	47	ns	30.6	24	ns
Wood	23.4	37	ns	11.4	21	ns	37.1	39	ns	72.1	30	ns	29.7	28	ns
Wyoming	35.7	6	Н	12.1	15	ns	37.9	34	ns	75.3	13	ns	40.2	2	Н
West Virginia		26			10.7			37.3			71.1			29.5	

Source: West Virginia Behavioral Risk Factor Surveillance System (WVBRFSS), West Virginia Department of Health and Human Resources, Health Statistics Center, 2018. Sig. - Indicates whether county prevalence estimate is significantly different than WV prevalence. H = significantly higher, ns = not significantly different, L = significantly lower. \* Unreliable prevalence estimate - use caution when reporting and interpreting. See discussion on page 6 about unreliable estimates.

## Appendix B, continued 2014-2018 WV Behavioral Risk Factors and Health Conditions by County

		20	11.20	18 14	Boh			ix B, c			Cond	itione	hy Co	untv	
		20	14-20	<b>18</b> W	V Beha	woral	RISK	actor	s and	nealth	rcond	ntions	by Côi	unty	1
County	Curi	rent Smo	king	Smokel	ess Toba	cco Use	Bir	nge Drink	ing	Cardio	vascular I	Disease		Diabetes	s
-	%	Rank	Sig	%	Rank	Sig.	%	Rank	Sig.	%	Rank	Sig.	%	Rank	
Barbour	32.1	2	ns	9.4	33	ns	8.9	32	ns	15.1	19	ns	18.9	6	
Berkeley	27.3	21	ns	5.3	53	L	14.0	7	ns	11.0	44	L	10.5	51	
Boone	25.8	33	ns	14.7	6	н	8.5	34	ns	18.1	8	ns	19.6	5	
Braxton	23.8	42	ns	12.9	11	ns	8.4	36	ns	10.4	48	ns	13.1	44	
Brooke	26.6	28	ns	9.9	28	ns	18.0	2	н	16.7	13	ns	18.3	9	
Cabell	27.6	18	ns	5.5	52	L	12.5	13	ns	12.5	36	ns	12.3	46	
Calhoun	27.5	19	ns	11.6	16	ns	11.0	20	ns	13.7	28	ns	11.2	50	
Clay	27.2	23	ns	13.6	9	ns	7.9	43	ns	17.4	11	ns	17.1	15	
Doddridge	16.4	55	ns	15.0	5	ns	4.0	55	L	7.3	55	L	15.6	23	
Fayette	30.6	5	н	10.7	20	ns	9.8	28	ns	16.6	15	ns	17.9	11	
Gilmer	25.3	37	ns	17.2	2	ns	6.9	48	ns	8.9	52	ns	20.1	3	
Grant	18.1	51	ns	15.0	4	н	6.1	50	ns	17.9	10	ns	23.3	1	
Greenbrier	28.3	14	ns	8.9	37	ns	9.7	30	ns	15.4	18	ns	14.8	31	
Hampshire	24.4	40	ns	11.1	17	ns	13.3	9	ns	14.9	21	ns	12.7	45	
Hancock	27.1	25	ns	5.8	51	L	11.3	19	ns	10.8	46	L	16.7	17	
Hardy	26.2	32	ns	8.6	39	ns	8.3	37	ns	11.1	43	ns	13.2	43	
Harrison	26.5	30	ns	9.3	34	ns	11.4	18	ns	10.3	49	L	15.6	24	
Jackson	23.5	43	ns	8.3	41	ns	8.4	35	ns	12.6	35	ns	14.0	38	
Jefferson	21.8	48	ns	6.1	49	L	17.1	3	н	10.0	51	L	9.3	54	
Kanawha	25.3	36	ns	6.3	48	L	12.4	15	ns	14.2	25	ns	15.9	21	
Lewis	29.6	11	ns	10.6	22	ns	8.2	40	ns	14.4	24	ns	15.5	25	
Lincoln	27.4	20	ns	18.8	1	н	9.8	29	ns	19.3	6	ns	18.5	8	
Logan	30.7	4	ns	10.3	26	ns	8.2	39	ns	19.2	7	н	22.2	2	
Marion	27.1	24	ns	9.1	36	ns	12.4	14	ns	11.8	39	ns	12.1	47	
Marshall	28.2	16	ns	10.6	21	ns	15.9	4	ns	13.0	32	ns	14.4	35	
Mason	30.0	8	ns	7.0	44	ns	10.2	27	ns	13.3	29	ns	13.8	40	
McDowell	30.9	3	ns	10.5	23	ns	8.8	33	ns	22.5	2	ns	18.6	7	
Mercer	26.6	29	ns	9.4	32	ns	7.2	45	L	16.3	17	ns	14.1	37	
Mineral	23.2	45	ns	8.3	40	ns	12.6	12	ns	11.2	42	ns	13.8	39	
Mingo	33.5	1	н	10.3	27	ns	4.2	54	L	21.8	3	н	17.6	12	
Monongalia	18.0	53	L	5.2	54	L	24.7	1	н	7.7	54	L	9.0	55	
Monroe	26.6	27	ns	14.6	7	ns	8.1	41	ns	20.1	5	ns	16.9	16	
Morgan	22.5	46	ns	9.8	29	ns	7.9	42	ns	14.1	26	ns	16.1	18	
Nicholas	28.2	15	ns	10.4	25	ns	11.0	21	ns	14.6	23	ns	11.9	48	
Ohio	25.5	35	ns	5.9	50	ns	13.7	8	ns	12.8	33	ns	9.8	53	
Pendleton	18.0	52	ns	10.8	18	ns	15.0	6	ns	10.8	47	ns	17.5	13	
Pleasants	22.3	47	ns	8.8	38	ns	7.1	46	ns	11.9	38	ns	14.3	36	
Pocahontas	18.1	50	ns	6.5	46	ns	7.5	44	ns	12.6	34	ns	15.4	26	
Preston	25.7	34	ns	10.4	24	ns	13.0	10	ns	11.4	41	ns	15.0	29	
Putnam	20.4	49	L	7.3	43	ns	11.8	16	ns	11.0	45	L	10.1	52	
Raleigh	28.1	17	ns	9.6	31	ns	8.3	38	L	13.2	31	ns	15.2	27	
Randolph	30.0	7	ns	13.0	10	н	12.7	11	ns	14.9	20	ns	14.8	32	
Ritchie	24.5	39	ns	12.8	12	ns	6.9	49	ns	12.5	37	ns	17.1	14	
Roane	26.4	31	ns	11.7	15	ns	5.8	52	L	17.9	9	ns	15.7	22	
Summers	25.1	38	ns	12.0	14	ns	11.6	17	ns	16.7	14	ns	15.2	28	
Taylor	24.2	41	ns	3.7	55	L	6.9	47	ns	11.6	40	ns	14.8	30	
Tucker	23.3	44	ns	6.5	45	ns	10.6	22	ns	8.7	53	L	13.2	41	
Tyler	27.3	22	ns	6.4	47	ns	10.3	26	ns	10.3	50	ns	11.7	49	
Upshur	29.9	9	ns	9.1	35	ns	10.5	24	ns	13.2	30	ns	13.2	42	
Wayne	28.4	12	ns	9.6	30	ns	8.9	31	ns	16.4	16	ns	19.6	4	
Webster	29.8	10	ns	12.8	13	ns	5.2	53	L	14.7	22	ns	18.3	10	
Wetzel	27.0	26	ns	14.0	8	н	15.6	5	ns	17.2	12	ns	15.9	20	
				10.7	19	ns	10.4	25	ns	26.6	1	н	14.5	33	
Wirt	17.7	54	ns					25		20.0			14.5	55	
Wirt Wood	17.7 28.4	54 13	ns	7.4	42	ns	10.4	23	ns	13.7	27	ns	14.5	19	

Source: West Virginia Behavioral Risk Factor Surveillance System (WVBRFSS), West Virginia Department of Health and Human Resources, Health Statistics Center, 2018. Sig. - Indicates whether county prevalence estimate is significantly different than WV prevalence. H = significantly higher, ns = not significantly different, L = significantly lower. \* Unreliable prevalence estimate - use caution when reporting and interpreting. See discussion on page 6 about unreliable estimates.

#### Appendix B, Continued 2014-2018 WV Behavioral Risk Factors and Health Conditions by County

County	Cancer			Current Asthma			COPD			Arthritis			Depression		
	%	Rank	Sig	%	Rank	Sig.	%	Rank	Sig.	%	Rank	Sig.	%	Rank	Sig.
Barbour	15.7	8	ns	14.2	14	ns	16.0	16	ns	42.0	22	ns	30.9	6	ns
Berkeley	10.8	49	L	13.6	17	ns	12.0	40	ns	34.0	48	L	22.5	36	ns
Boone	14.5	18	ns	10.8	32	ns	17.9	10	ns	44.6	13	ns	29.5	11	ns
Braxton	15.4	12	ns	11.1	29	ns	14.4	23	ns	51.7	2	н	24.4	26	ns
Brooke	14.9	14	ns	13.0	20	ns	13.8	26	ns	40.0	30	ns	24.6	24	ns
Cabell	11.6	47	L	11.5	27	ns	13.6	28	ns	32.1	51	L	24.8	23	ns
Calhoun	22.3	1	ns	19.2	2	ns	13.3	30	ns	39.7	31	ns	22.8	34	ns
Clay	13.3	32	ns	8.5	48	ns	12.8	36	ns	45.7	8	ns	27.4	17	ns
Doddridge	14.3	20	ns	8.3	50	ns	8.9	50	ns	47.1	5	ns	23.1	31	ns
Fayette	15.0	13	ns	14.8	10	ns	21.6	4	н	45.2	10	н	30.4	8	н
Gilmer	13.1	37	ns	10.6	33	ns	6.0	55	L	33.0	49	ns	12.7	54	L
Grant	19.8	3	ns	10.5	35	ns	12.0	41	ns	43.2	18	ns	16.1	52	L
Greenbrier	15.5	10	ns	8.4	49	L	17.2	13	ns	41.6	23	ns	20.9	46	ns
Hampshire	9.3	54	L	9.1	46	ns	12.8	34	ns	35.9	41	ns	21.7	40	ns
Hancock	13.6	29	ns	8.1	51	L	11.1	45	ns	36.5	38	ns	20.5	47	ns
Hardy	12.6	41	ns	16.7	4	ns	13.0	31	ns	29.7	52	L	16.1	53	L
Harrison	14.7	16	ns	14.4	13	ns	13.7	27	ns	37.4	36	ns	23.6	29	ns
Jackson	12.3	42	ns	7.9	54	L	13.0	33	ns	36.1	40	ns	20.9	45	ns
Jefferson	9.9	52	L	8.1	53	L	8.5	51	L	22.7	54	L	19.3	48	L
Kanawha	13.4	30	ns	9.5	40	L	11.5	43	L	37.2	37	ns	25.7	20	ns
Lewis	17.4	5	ns	14.5	11	ns	12.7	37	ns	40.5	29	ns	23.3	30	ns
Lincoln	17.0	6	ns	19.4	1	н	18.8	8	ns	46.6	6	н	33.7	1	н
Logan	12.9	38	ns	16.0	8	н	21.7	3	н	51.0	3	н	30.0	9	ns
Marion	12.8	39	ns	10.6	34	ns	12.1	39	ns	34.4	47	L	24.0	28	ns
Marshall	13.9	24	ns	13.4	19	ns	15.5	18	ns	42.4	21	ns	28.9	12	ns
Mason	11.7	46	ns	9.2	43	ns	19.4	6	ns	44.6	12	ns	19.1	49	ns
McDowell	14.0	23	ns	12.1	22	ns	22.8	2	н	49.0	4	н	28.4	13	ns
Mercer	13.4	31	ns	16.5	5	н	17.7	11	н	43.2	17	ns	26.6	19	ns
Mineral	12.0	44	ns	10.1	37	ns	9.1	48	L	34.9	45	ns	21.0	44	ns
Mingo	13.1	35	ns	17.6	3	н	24.9	1	н	45.0	11	ns	30.8	7	ns
Monongalia	8.5	55	L	9.1	45	L	7.5	52	L	21.5	55	L	21.2	43	L
Monroe	12.1	43	ns	9.4	42	ns	12.3	38	ns	38.7	32	ns	22.6	35	ns
Morgan	14.4	19	ns	9.7	39	ns	12.0	42	ns	35.4	43	ns	25.3	21	ns
Nicholas	13.9	26	ns	13.8	16	ns	16.4	14	ns	45.9	7	н	31.1	4	н
Ohio	10.7	51	L	13.4	18	ns	11.4	44	ns	32.4	50	L	22.0	37	ns
Pendleton	12.7	40	ns	8.1	52	ns	6.3	53	L	37.5	35	ns	17.5	51	ns
Pleasants	14.6	17	ns	11.1	30	ns	6.1	54	L	38.5	33	ns	12.3	55	L
Pocahontas	13.2	34	ns	12.6	21	ns	13.6	29	ns	34.7	46	ns	22.8	33	ns
Preston	10.8	50	ns	14.5	12	ns	10.6	46	ns	35.1	44	ns	21.7	41	ns
Putnam	13.3	33	ns	8.8	47	I	9.1	49	L	36.2	39	ns	24.6	25	ns
Raleigh	14.8	15	ns	11.6	26	ns	15.8	17	ns	44.4	14	н	26.7	18	ns
Randolph	15.5	11	ns	14.0	15	ns	14.9	20	ns	41.4	25	ns	27.6	15	ns
Ritchie -	11.3	48	ns	9.4	41	ns	13.8	25	ns	42.6	20	ns	21.4	42	ns
Roane	11.7	45	ns	10.9	31	ns	14.6	22	ns	41.4	26	ns	24.1	27	ns
Summers	21.0	2	ns	10.2	36	ns	16.3	15	ns	44.4	15	ns	31.0	5	ns
Taylor	13.8	27	ns	11.6	24	ns	13.9	24	ns	42.9	19	ns	21.8	38	ns
Tucker	16.3	7	ns	11.2	28	ns	14.7	21	ns	28.1	53	L	19.1	50	ns
Tyler	15.6	9	ns	3.9	55	L	13.0	32	ns	37.6	34	ns	21.8	39	ns
Upshur	18.2	4	ns	9.9	38	ns	9.2	47	L	35.5	42	ns	25.2	22	ns
Wayne	14.2	22	ns	16.5	6	Н	18.6	9	Н	41.4	24	ns	27.9	14	ns
Webster	13.7	28	ns	15.9	9	ns	17.4	12	ns	56.7	1	Н	33.6	2	ns
Wetzel	14.3	21	ns	9.2	44	ns	12.8	35	ns	44.2	16	ns	29.8	10	ns
Wirt	9.5	53	ns	16.4	7	ns	19.4	5	ns	40.8	28	ns	23.0	32	ns
Wood	13.1	36	ns	11.9	23	ns	15.3	19	ns	40.9	27	ns	27.5	16	ns
Wyoming	13.9	25	ns	11.6	25	ns	19.2	7	ns	45.2	9	ns	31.8	3	Н
West Virginia		14			11.7			14.2			39.2			24.6	

Source: West Virginia Behavioral Risk Factor Surveillance System (WVBRFSS), West Virginia Department of Health and Human Resources, Health Statistics Center, 2018. Sig. - Indicates whether county prevalence estimate is significantly different than WV prevalence. H = significantly higher, ns = not significantly different, L = significantly lower. \* Unreliable prevalence estimate - use caution when reporting and interpreting. See discussion on page 6 about unreliable estimates.