

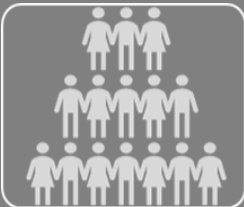
## Recommendations for the Control of Coronavirus Disease 2019 (COVID-19) in West Virginia Communities

### Individuals



- Individuals 60 years and older or people with severe underlying health conditions should avoid non-essential public places.
- All individuals should:
- Practice social distancing.
  - Avoid non-essential travel.
  - Limit social gatherings to no more than 10 people.
  - Use drive throughs, pick up or delivery options for services whenever possible.
  - Practice good prevention measures: wash your hands, cover your cough and sneezes, do not touch your face, clean frequently used items and surfaces.
  - Stay home if you are sick. Practice measures to prevent family spread.

### Community



- Cancel all large mass gatherings with more than 50 attendees.
- Determine ways to continue providing support services to individuals at increased risk of severe disease (e.g., services, meals, checking in) while limiting group settings and exposures.
- Assure essential community services are maintained in ways that promote social distancing.

### Schools



- Dismiss all schools.
- Implement plans for distancing/e-learning.
- Dismiss all extracurricular activities.
- Continue child nutrition programs.

### Businesses



- Encourage staff to telework, particularly individuals at increased risk for severe illness.
- Cancel all in and out of state non-essential travel.
- Identify alternative means of meeting—avoid large groups.
- Identify ways to provide essential services in ways that promote social distancing.

### Long-term Care Facilities



- Restrict all visitation to long-term care facilities and assisted living facilities except for serious medical situations.
- Implement changes to visitor policies to further limit exposures to at-risk residents and healthcare personnel.
- Alter schedules to reduce mixing (e.g. stagger meals, arrival/departure, etc.).