

PATIENT: Chester Drawers

DOB: 10-20-1900

TREATMENT STRATEGY

Treatment will basically follow the WVU COAT model of Medication Assisted Treatment and will include periodic ECHO discussions about the patient's case. Chester's individual treatment strategy will include participating in Medical Group with the physician weekly, with Didactic therapy group weekly and participating in individual therapy for 30 minutes twice monthly. He will be required to go to at least 4 12-step meetings per week. Chester will be subject scheduled and witnesses drug screens. Chester will be subject to random drug screens on a regular basis, no less than on a monthly basis.

GOALS

1. stay clean and sober
2. work on resolving past trauma
3. improve mood and irritability issues starting with meds

CLINICAL ASSESSMENT AND TREATMENT PLAN Unique to the patient

Chester is doing very well in his recovery, but has continuing issues with relationship issues. He has reached a point where He is detaching from his primary relationships as he has accepted and learned he cannot stay clean without "changing his playmates". Chester has grown a good bit in recovery and is making good progress with his mood and irritation issues working with his primary care provider. We will begin trauma work starting with Chester's childhood once his mood is stable, which we anticipate will occur within the next 60 days.

Patient Signature

Date

Therapist Signature

Date

Medical Director Signature

Date