

LOGO

MAT Patients with Co-Occurring Disorders

Identifying and Helping Patients with Co-Occurring Substance

During the initial assessment process with new MAT patients, all patients will be screened for co-occurring mental health disorders. Patient will also be routinely re-assessed for mental health issues that occur in combination with a SUD. Given that improvements in the SUD with an accompanying mental health issue cannot occur without treating both issues concurrently, CCHC will use the four quadrant model of treatment endorsed by SAMHSA.

Identifying Patients with Co-Occurring Disorders

Medical providers, such as our organization, are in an excellent position to help their patients with both SUDs and MDs. These disorders may exacerbate or be related to not only each other but other mental health or health problems or such as hepatitis, cirrhosis, depression, obsessive-compulsive disorder or bipolar disorder so patients with CODs may often be identified initially by the MAT program. Hence, the CCHC MAT providers, who have established a relationships with their patients, will discuss theses SUDs and MDs and the treatment plans.

Patient History & Screening

In order to identify patients with CODs, all patients will complete an initial mental health history and substance abuse history, including an ASAM assessment, the PHQ-9, GAD-7, the Mental Health Screening Form-III, and Adverse Childhood Experiences questionnaire. The MAT providers will ask questions about the results of these initial assessments and will use the scores as part of treatment

Treatment for Patients with Co-Occurring Disorders as part of the MAT program

All patients who screen positive for a COD need a thorough assessment of any mental health disorder that have been potentially identified. The Quadrants of Care Model, a framework that classifies persons with CODs into four basic groups based on symptoms and relative symptom severity, helps determine appropriate patient care based on the type and severity of the patient's symptoms (see exhibit 1). The quadrants and treatment protocols are as follows:

- **Quadrant I** – Less severe mental illness and substance use/MAT: Primary health care setting/
- **Quadrant II** – More severe mental illness and less severe substance use/ Probable collaboration with a traditional mental health provider who can prescribe psychotropic medications.
- **Quadrant III** – More severe substance use and less severe Mental illness/ Mental Health or Substance /MAT: Primary health care setting/
- **Quadrant IV** – More severe substance use and mental illness/ Mental Health System/ Integrated Services with Probable collaboration with a traditional mental health provider who can prescribe psychotropic medications.

