

Wraparound Key Elements: Driven by Strengths & Families



**WELCOME!
JOIN THE
CONVERSATION!**

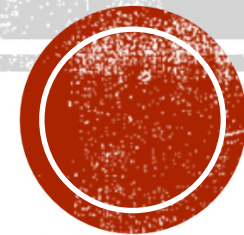


WRAPAROUND KEY ELEMENTS:

Driven by Strengths and Families

Inventory of Strengths, Family Story, Family Vision

Marshall University Wraparound Fidelity Team



WHAT IS THE DART?

Document Assessment & Review Tool (DART)

- **The DART**, is used to take a comprehensive look at your documentation of the wraparound process to assess whether WV wraparound is meeting High Fidelity Standards.
 - It is typically completed annually, and we will begin early 2024
- **What does my agency need to do?**
 - **Lydia will send out an email** with your selected cases and documentation **needed within a timeframe.**
 - **SAH**, typically just audits their info already in the WV CANS System to make sure nothing is missing from the selected cases.
 - **CMHW/CSEDW**, typically uploads **labeled and organized** info for the selected cases into the WV CANS System in the **Case Files** tab or a secured SharePoint folder.



HOW DO MY SCORES AFFECT AND INFORM MY COMMUNITY?



Highlights strengths found in our wraparound community. (DART & WFI-EZ)



Gives insight into training needs for wraparound providers. (DART)



Informs State Partners on needed policy changes for the wraparound process. (DART)



Uncovers the attitudes about & experiences in wraparound. (WFI-EZ)



A close-up photograph of a hand holding a black pen, pointing at a grid of numbers on a document. The grid consists of rows and columns of numbers, with some numbers circled in blue. The background is a blurred image of the same document, creating a sense of depth. The overall tone is professional and focused on data analysis or evaluation.

HOW DO REVIEWERS RATE IF WRAPAROUND IS DRIVEN BY STRENGTHS & FAMILIES?

DART



An inventory of the youth's strengths is present, and at least two strategies included in the plans of care are clearly linked to his/her identified strengths.

An inventory of the family's and/or family members' strengths is present, and at least two strategies included in the plans of care are clearly linked to their identified strengths.

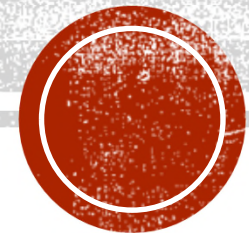
An inventory of the team's and/or team members' strengths is present, and at least two strategies included in the plans of care are clearly linked to their identified strengths.

The inventory of strengths (for whomever is present) is updated at least quarterly.

Detailed and specific examples of the youth's and family's culture, values, and beliefs are provided, especially as they relate to the reasons the family enrolled in wraparound.

There is a clearly articulated, positively worded, long-range vision for the ENTIRE family (not only the youth or only the caregiver). (If the youth is transition-age and does not have family members on the team, the vision can be only about the youth.)

FIDELITY STANDARDS FOR DRIVEN BY STRENGTHS & FAMILIES:





DRIVEN BY STRENGTHS/FAMILIES DART RATING OPTIONS

2 or Yes Clear evidence the item has been fully met

1 Evidence that the item requirements have been partially met

0 or No No evidence the item has been met

N/A Item is not applicable to the youth, family, or team's situation (only an option on certain items)

Missing The documentation needed to score the item is not available in the record (only an option on certain items)





Section D: Timely Engagement

Item #	Event	Data Source	Date(s)	Standard	Performance (# of Days)	Met Standard?
D1 TE	First contact with the family (referral or care coordinator assigned (or to a care coordinator)) <small>(Ideally, the referral date is the day the family was alerted to the family's need for services; however, the provider may decide to assign the family to the care coordinator, depending on referral manual.)</small>					
D2 TE	First face-to-face contact (referral coordinator, youth, and caregiver involved)					
D3 TE	First Crisis/Risk Assessment/ Safety Plan completed	Crisis/Safety Plan	At first face-to-face meeting (D2)		Y N Miss	
D4 TE	First Family Story / Strengths, Needs, and Culture Discovery completed	Strengths, Needs, & Culture Discovery / Family Story	Within 20 days of D2		Y N Miss	
D5 TE	First Child and Family Team Meeting (a meeting including caregivers, youth, and at least one formal and one informal support between more than just the Wraparound staff and youth/family)	Plan of care	Within 30 days of D2		Y N Miss	
D6* TE	First plan of care completed	Plan of care	Within 35 days of D2		Y N Miss	
D7* TE	Last three (or two if fewer than three have been held) Child and Family Team Meetings	Plan of care	No gap greater than 35 days between the last 2 or 3 CFTMs*		Y N Miss	

Comments:

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Section D: Timely Engagement

Item #	Event	Data Source	Date(s)	Standard	Performance (# of Days)	Met Standard?
D4 TE	First Family Story / Strengths, Needs, and Culture Discovery completed	Strengths, Needs, & Culture Discovery / Family Story				Miss

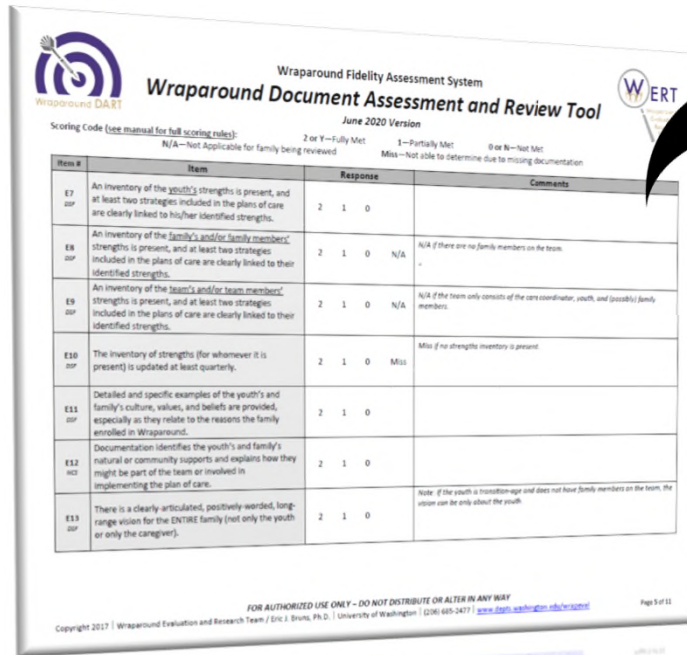
Possible Scores

Yes	First Family Story & the Strengths, Needs, and Culture Discovery is completed w/in 20 days 1 st face-to-face
No	First Family Story & the Strengths, Needs, and Culture Discovery is NOT completed w/in 20 days 1 st face-to-face
Miss	Documentation needed to determine if standard is met is missing from the record

WRAPAROUND KEY ELEMENT: TIMELY ENGAGEMENT

Supporting Documentation: Needs to be determined where this will be housed for all Bureaus





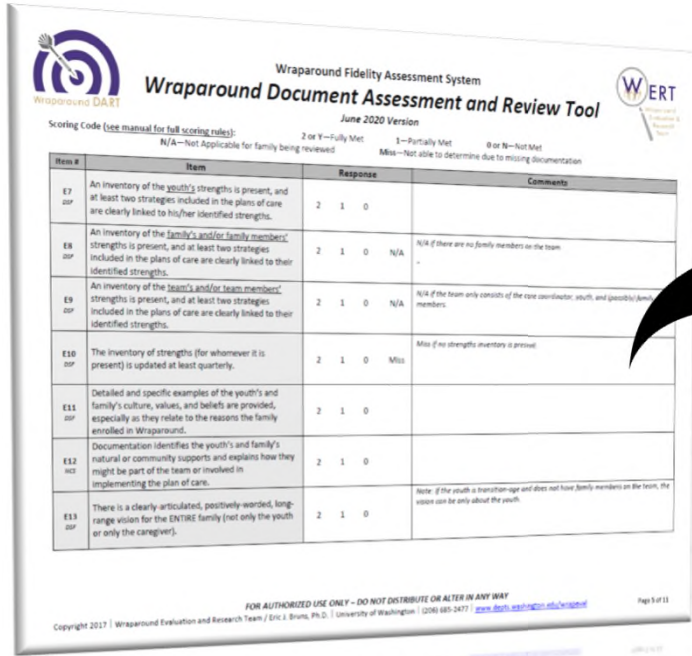
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E8 DSF	An inventory of the <u>family's and/or family members'</u> strengths is present, and at least two strategies included in the plans of care are clearly linked to their identified strengths.
E9 DSF	An inventory of the <u>team's and/or team members'</u> strengths is present, and at least two strategies included in the plans of care are clearly linked to their identified strengths.
E10 DSF	The inventory of strengths (for whomever it is present) is updated at least quarterly.
E11 DSF	Detailed and specific examples of the youth's and family's culture, values, and beliefs are provided, especially as they relate to the reasons the family enrolled in Wraparound.
E12 NCS	Documentation identifies the youth's and family's natural or community supports and explains how they might be part of the team or involved in implementing the plan of care.
E13 DSF	There is a clearly-articulated, positively-worded, long-range vision for the ENTIRE family (not only the youth or only the caregiver).

Possible Scores	
2	If there is an inventory of the Youth's/Caregiver's strengths in the record & 2 or more of the strategies involving the youth are <i>clearly</i> linked to their identified strengths.
1	If there is an inventory of the Youth's/Caregiver's strengths in the record & <i>only 1</i> of the strategies involving the youth are <i>clearly</i> linked to their identified strengths
0	If there is no documentation of the Youth's/Caregiver's strengths AND/OR there is not a clear link between the youth's strengths and the strategies listed in the plans of care.

INVENTORY OF STRENGTHS: CAREGIVER & YOUTH

Supporting Documentation: Case Plans w/ Signature Pages, Meeting Notes, Progress Notes, Monthly Summaries





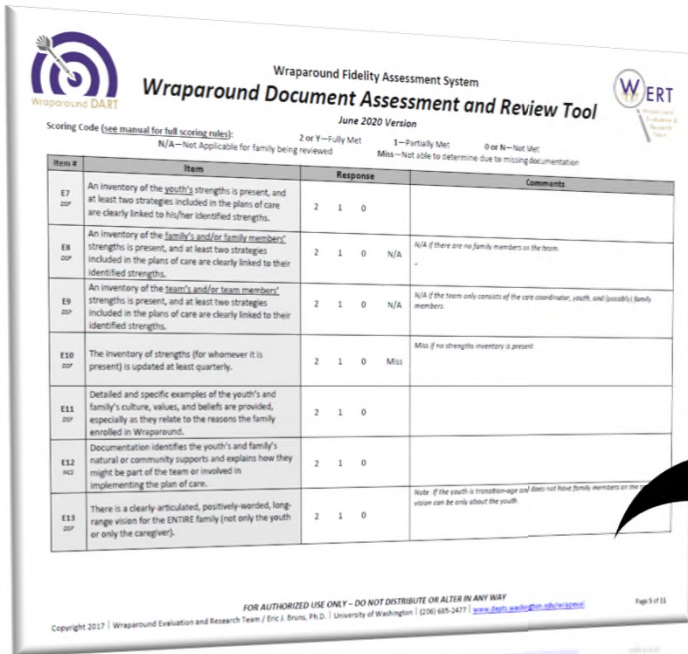
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E12 NCS	Documentation identifies the youth's and family's natural or community supports and explains how they might be part of the team or involved in implementing the plan of care.
E13 DSF	There is a clearly-articulated, positively-worded, long-range vision for the ENTIRE family (not only the youth or only the caregiver).

Possible Scores	
2	If there is an inventory of the team's and/or team members' strengths in the record & 2 or more of the strategies involving the team &/or team members are <i>clearly</i> linked to their identified strengths
1	If there is an inventory of the team's and/or team members' strengths in the record & <i>only 1</i> of the strategies involving the team &/or team members are <i>clearly</i> linked to their identified strengths
0	If there is no documentation of the team's &/or team members' strengths &/OR there is NOT a clear link between their strengths & the strategies listed in the plans of care.
N/A	If the team only consists of the care coordinator, youth, & (possibly) family members.

INVENTORY OF STRENGTHS: TEAM MEMBERS

Supporting Documentation: Case Plans w/ Signature Pages, Meeting Notes, Progress Notes, Monthly Summaries





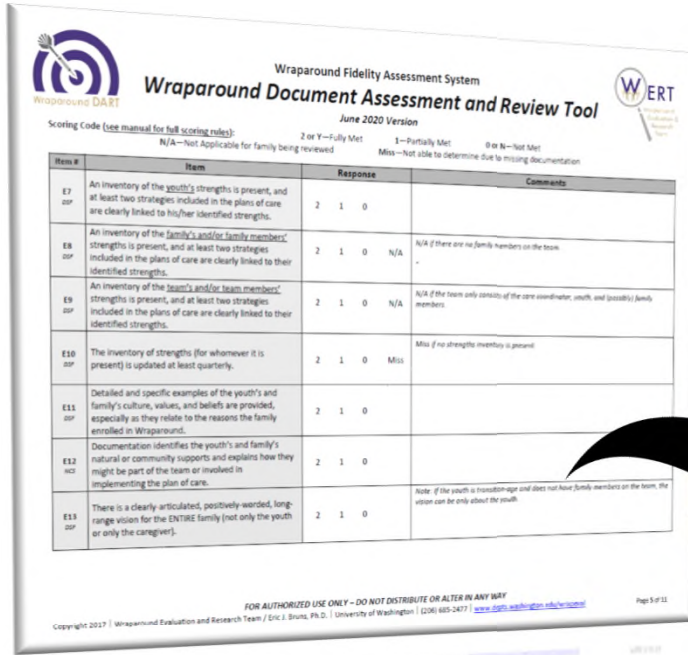
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E10 DSF	The inventory of strengths (for whomever it is present) is updated at least quarterly.
E11 DSF	Detailed and specific examples of the youth's and family's culture, values, and beliefs are provided, especially as they relate to the reasons the family enrolled in Wraparound.
E12 NCS	Documentation identifies the youth's and family's natural or community supports and explains how they might be part of the team or involved in implementing the plan of care.
E13 DSF	There is a clearly articulated, positively-worded, long-range vision for the ENTIRE family (not only the youth or only the caregiver).

Possible Scores	
2	If a strengths inventory is present in the record & the inventory, for whomever it was initially completed, is updated (i.e., new strengths were identified) <i>at least every three months for the life of the record.</i>
1	If the strengths inventory is present and was occasionally updated with new strengths or new team members, but not at least every three months <i>for the life of the record.</i>
0	If the strengths inventory is present, but does NOT appear to have been updated since its creation.
Miss	If no strengths inventory is present.

INVENTORY OF STRENGTHS: UPDATES

Supporting Documentation: Case Plans w/ Signature Pages, Meeting Notes, Progress Notes, Monthly Summaries





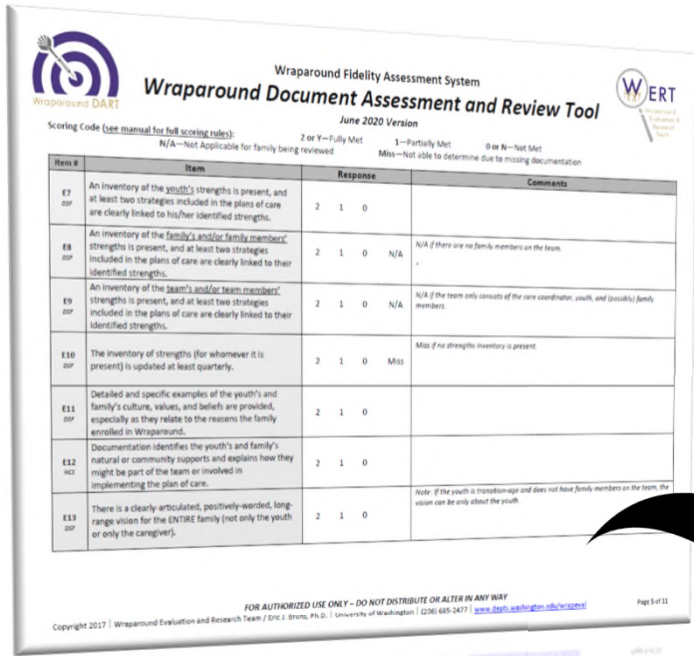
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E13 DSF	There is a clearly-articulated, positively-worded, long-range vision for the ENTIRE family (not only the youth or only the caregiver).

Possible Scores	
2	If there is an inventory of the Youth's/Caregiver's strengths in the record & <i>2 or more</i> of the strategies involving the youth are <i>clearly</i> linked to their identified strengths.
1	If there is an inventory of the Youth's/Caregiver's strengths in the record & <i>only 1</i> of the strategies involving the youth are <i>clearly</i> linked to their identified strengths
0	If there is no documentation of the Youth's/Caregiver's strengths &/OR there is not a clear link between the youth's strengths and the strategies listed in the plans of care.

INVENTORY OF STRENGTHS: CULTURE, VALUES, & BELIEFS

Supporting Documentation: Case Plans w/ Signature Pages, Meeting Notes, Progress Notes, Monthly Summaries





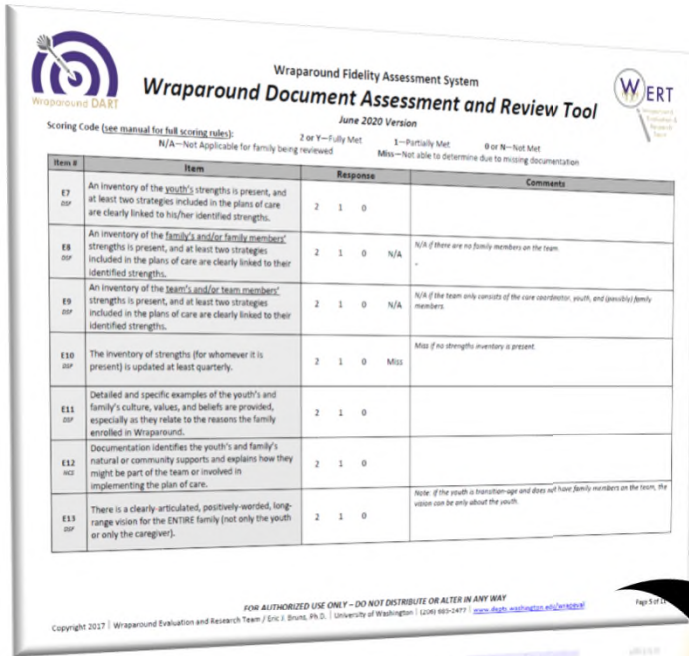
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E10 DSF	The inventory of strengths (for whomever it is present) is updated at least quarterly.
E11 DSF	Detailed and specific examples of the youth's and family's culture, values, and beliefs are provided, especially as they relate to the reasons the family enrolled in Wraparound.
E12 NCS	Documentation identifies the youth's and family's natural or community supports and explains how they might be part of the team or involved in implementing the plan of care.
E13 DSF	There is a clearly-articulated, positively-worded, long-range vision for the ENTIRE family (not only the youth or only the caregiver).

Possible Scores	
2	If there is documentation of extended family members and other natural and community supports, with enough information to explain how they might be part of the team or Wraparound plan, and documented effort(s) to include them.
1	If there is documentation of extended family members and other natural and community supports with enough information to explain how they might be part of the team or Wraparound plan.
0	If there is no documentation of extended family members and other natural and community supports OR if there is documentation of extended family members and other natural and community supports, BUT not with enough information to explain how they might be part of the team or Wraparound plan.

INVENTORY OF STRENGTHS: FAMILY NATURAL/COMMUNITY SUPPORTS

Supporting Documentation: Case Plans w/ Signature Pages, Meeting Notes, Progress Notes, Monthly Summaries





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E10 DSF	The inventory of strengths (for whomever it is present) is updated at least quarterly.
E11 DSF	Detailed and specific examples of the youth's and family's culture, values, and beliefs are provided, especially as they relate to the reasons the family enrolled in Wraparound.
E12 NCS	Documentation identifies the youth's and family's natural or community supports and explains how they might be part of the team or involved in implementing the plan of care.
E13 DSF	There is a clearly-articulated, positively-worded, long range vision for the ENTIRE family (not only the youth or only the caregiver).

Possible Scores	
2	If there is a clearly articulated, <i>positively-worded</i> , long-range vision for the entire family (not just the youth) in the record.
1	If a vision statement was found in the record, but it either does not pertain to the youth & family, &/OR it is not positively worded (e.g., the vision is mainly focused on the behaviors the youth needs to stop, or services they need to receive) or does not include long-range goals.
0	If there was no evidence of an articulated vision for the youth or family in the record.

INVENTORY OF STRENGTHS: FAMILY VISION

Supporting Documentation: Case Plans w/ Signature Pages, Meeting Notes, Progress Notes, Monthly Summaries



WV	Wraparound process centered around “Family voice and choice” .
DART	Wraparound process “Driven by Strengths and the Family” .
Solution	Although the family is in the driver seat, WFs should be their navigation system by using their strengths, beliefs, values, etc. as the roadmap. And that with good rapport and a clear understanding of the depth of the needs, trust in their guidance will continue to grow.

DRIVEN BY STRENGTHS & FAMILY (WV V. DART):



Family Story Worksheet

Every family goes through tough times, but we all still have something we can do to rally together and get through to better days. We know it gets hard to talk about the best parts of us & the parts that may need some help. So please, Fill in this worksheet so we can begin to discuss where the family is now, tools you already have, and how to make better days a reality for your family.

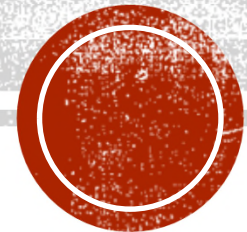
All About Me:

The thing I do best is...	
3 Things that make me feel calm...	
My best friend is...	
Some activities I always wanted to try are...	
The most important thing I own is...	
When I was a kid, I always want to be...	
This is who call when I need help...	
My brother(s)/Sister(s) names are...	
My favorite thing to do with a family member is...	
I feel safest when...	
My biggest goal in life is to...	

All About My Values:

Growing up my family thought about school as...	
Growing up my family thought about punishment as...	
What is important to know about my family's history is...	
What makes me proud about my family is...	
My family handles stress by...	

FAMILY STORY WORKSHEET





If you want a happier family, create, refine and retell the story of a family's positive moments and their ability to bounce back from the difficult ones.

That act alone may increase the odds that a family will thrive for many generations to come.



The Family Story

- Is a comprehensive history pulling from all 5 environmental systems starting with the caregiver's birth and creates a picture of the youth's early care-taking environment including resources and strengths as well as risk factors and challenges
- Is created around the reason for referral, the behaviors placing the youth at risk of out of home placement, events and patterns of behavior.
- Highlights coping skills, resources, supports and aspects of family culture used to manage behaviors and challenges as well as exceptions and times when things have gone well.
- Include the perspective of all family members as well as others who know the family best.

Family Story Tool

Culture/Traditions	Functional Strengths
Team Members	Family Vision

Initial Conditions

Team Perspective Tool

Team member's perspective of current situation	Strengths of family they have noticed
Team Member Strengths	Things they have tried or done

Team Member Agenda

TIPS FOR DRIVING WITH STRENGTHS & FAMILIES



TIPS FOR DRIVING WITH STRENGTHS & FAMILIES

The Family Story

- The family story is not a biopsychosocial or an assessment.
- The family story is a balance between the tough stuff(ICs) and how the family got through

How can CCs ensure they add strengths at every WTM?

- When preparing for the thirty-day WTM the CC should write down any known strengths of the youth, family and the rest of the team prior to the team meeting.
- Ice breakers that focus on finding strengths are helpful to use.
- Throughout the process as strengths come up in conversation the staff should write them down and present them at the next WTM



TIPS FOR DRIVING WITH STRENGTHS & FAMILIES

Linking Strengths to Strategies

- When brainstorming strategies staff should lead the team in brainstorming strategies connected to the youth and family strengths
- When tasking out strategies the staff should assign team members tasks that connect to their strengths

To keep the Family Vision from being about behavior and focused only on the youth:

- The Family Vision *should not be created in the team meeting.*
- Staff should have a conversation with all the family members before the first WTM.
- Family Vision should be about the whole family

*The NWIC Supervisory Checklist can be used by the CC and the supervisor





WHAT ARE THE WV WRAPAROUND GUIDELINES & EXPECTATIONS?

- The Bureaus are dedicated to uniting and aligning policy for WV Wraparound to the standards found in High Fidelity Wraparound.
- These standards are addressed through the expectations discussed from the DART.
- Move toward providing additional training, coaching, focused fidelity reviews and technical assistance to address the development of the Family Story and the identification of functional strengths for all family and team members as well as how to use these identified strengths within the planning process.
- Utilize past tools or other tools to help identify youth and family strengths and to develop a family story.
- Include a section on plan of care that specifically reminds facilitators to update strengths in the strengths section and include a date when reviewed.
- Update agencies on where the family story is to be housed in documentation & WV CANS System (SAH).
- Make sure to put the date of completion on the family story





**QUESTIONS?
COMMENTS?
CONCERNS?**



Successes & Barriers to a Strength
& Family Driven Process



PLEASE SCAN THE
QR CODE TO
ANSWER A QUICK
SURVEY.

THANK YOU!



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2024



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