

Health Communication/Patient Education

Social Media Caption	Source
Smokeless tobacco products such as chew or spit tobacco are not a safer alternative to smoking	Health Risks of Smokeless Tobacco American Cancer Society
Smokeless tobacco can expose you to health risks. These products contain cancer-causing chemicals, as well as addictive nicotine.	Health Risks of Smokeless Tobacco American Cancer Society
Smokeless tobacco products have not been proven to help people quit smoking. Call 1-800-QUIT-NOW for tobacco cessation resources.	Health Risks of Smokeless Tobacco American Cancer Society QUITLINE (wv.gov)
Smokeless tobacco such as chew or dip, can cause gum disease, tooth decay, and increase your chances of oral cancer. Text 304-583-4010 to enroll in the tobacco cessation program.	Smoking Alternatives MouthHealthy - Oral Health Information from the ADA QUITLINE (wv.gov)
At least 28 cancer causing chemicals have been found in smokeless tobacco	FACT: At least 28 cancer-causing chemicals have been found in smokeless tobacco (cdc.gov)
Patches, gum, lozenges and other nicotine replacement therapies can help ease cravings for tobacco products.	Smokeless tobacco products - Mayo Clinic
Call 1-800-QUIT-NOW and start your quit journey.	Smokeless tobacco products - Mayo Clinic
Your voice is critical to tobacco prevention. Consider joining the American Cancer Society Cancer Action Network.	American Cancer Society Cancer Action Network Home (fightcancer.org)