

DIABETES TASK FORCE – NOVEMBER NEWS

Happy National Diabetes Awareness Month! Thank you all for the work you do every day to improve our systems for preventing and managing diabetes!

**Prevention Workgroup Updates:**

- 1) There are now 9 WV organizations that are Diabetes Prevention Recognition Program-recognized to deliver the National Diabetes Prevention Program. Four are **fully** recognized: Diabetes Learning Center of Mon General Hospital, Potomac Valley Hospital, Hancock County Senior Services, and Grant Memorial Hospital.
- 2) At the national level - Emblem Health is the first U.S. insurer to earn **full** CDC recognition of their diabetes prevention program.
- 3) CDC launched their new PreventT2 curriculum in March of this year:
  - Reflects new literature on self-efficacy, physical activity, and diet. Builds on lessons learned from the previous curriculum, including new topics proven to promote success.
  - PreventT2 is an **additional** curriculum option that meets the current Standards.
  - Original CDC curriculum is still valid, as are other curricula that have been approved by DPRP.
  - PreventT2 consists of 26 modules. In order to achieve CDC recognition, a program must complete at least 22 of these modules. The sequence of modules has changed. Some modules have also been combined into fewer sessions.
  - No additional lifestyle coach training is required to use the new curriculum.
  - CDC recommends that an organization begin using the new curriculum when starting a **new** class of participants. The curriculum can be used for both in-person and online delivery.
  - PreventT2 is also available in Spanish.

Link to PreventT2 Curriculum: <http://www.cdc.gov/diabetes/prevention/lifestyle-program/curriculum.html>

Link to PreventT2 Materials and Handouts: <http://www.cdc.gov/diabetes/prevention/lifestyle-program/t2/t2materials.html>

**Big milestone! The first final rule for coverage of National DPP lifestyle program for Medicare has been released. Links to key components are provided here:**

PFS Fact Sheet will be found here: <https://www.cms.gov/Newsroom/MediaReleaseDatabase/Fact-sheets/2016-Fact-sheets-items/2016-11-02.html>

MDPP Fact Sheet will be found here: <https://www.cms.gov/Newsroom/MediaReleaseDatabase/Fact-sheets/2016-Fact-sheets-items/2016-11-02-2.html>

CMS Blog will be found here: <http://blog.cms.gov/2016/11/02/a-healthier-medicare-focusing-on-primary-care-mental-health-and-diabetes-prevention>

**Management Workgroup Updates:**

- 1) As of 10/24/2016 there are 10 AADE-Accredited and 28 ADA-recognized throughout WV.
- 2) Reed Drug Store in Mineral County, WV was AADE-accredited in October 2016.
- 3) Bureau of Public Health Division of Health Promotion Chronic Disease is partnering with WVU School of Pharmacy/Wigner Institute to: 1) add up three sites in high diabetes prevalence areas that do not currently have AADE-accreditation or ADA-recognition; and 2) assist sites with AADE application process (required documentation, funding questions, etc.) to become AADE-accredited or ADA-recognized programs.
- 4) If your organization/agency is interested in learning more about diabetes management of diabetes at work please contact Dasheema.jarrett@wv.gov
- 5) Bureau of Public Health Division of Health Promotion Chronic Disease in the process of updating [DSME webpage and resources](#) to reflect feedback from Diabetes Task Force members and key stakeholders.

Health Promotion Chronic Disease Webpage

<http://www.dhhr.wv.gov/hpcd/FocusAreas/wvdiabetes/Pages/default.aspx>

Diabetes in West Virginia Fact Sheet

[http://www.dhhr.wv.gov/hpcd/data\\_reports/Documents/Big%20Picture%20WV%20Diabetes%20Info%20graphic.pdf](http://www.dhhr.wv.gov/hpcd/data_reports/Documents/Big%20Picture%20WV%20Diabetes%20Info%20graphic.pdf)

**Return on Investment Workgroup Updates:**

- 1) 5 Health Systems have been contracted to do NDPP using Preventive Block Grant Funds (St. Francis Hospital, Charleston Area Medical Center, Boone Memorial Hospital, Randolph-Elkins Health Department, and Berkeley County Health Department)
  - All of the systems except CAMC will do community focused NDPP. CAMC will do employee focused. CAMC is also going to implement the OMADA online NDPP without assistance from HPCD.
  - St. Francis Hospital will be identifying participants through the weekly “Prime of Life Screening Events”.
  - Randolph-Elkins has leveraged support from the YMCA Elkins which has confirmed donating 1-year membership to each NDPP participant, as long as, they continue in the program.
  - Berkeley County Health Department has leveraged 200 Medicaid scholarships for those participants of the Medicaid population.

**Other Updates:**

- Check out the promotion of National Diabetes Month on Change the Future WV Facebook page. Be sure to like the page and share the posts.  
<https://www.facebook.com/changethefuturewv/>
- Sugary sweetened beverages are a major contributor to obesity. For more information about what is going on in WV to raise awareness of sugary drinks, please contact Kelli Caseman at [Kelli@wvsbha.org](mailto:Kelli@wvsbha.org).