## School-Based Health Services Medicaid Policy Manual

Occupational and Physical Therapy Services MODULE 6





### Administrative Requirements



#### BACKGROUND

- School-Based Health Services are regulated by the Centers of Medicaid and Medicare (CMS) and administered by the West Virginia Department of Health and Human Resources (WVDHHR) through the Bureau for Medical Services (BMS).
- Local Education Agencies (LEAs) are enrolled with Medicaid to be a provider. In doing so, LEAs must conform to state and federal rules and confidentiality requirements.
- LEAs must cooperate fully with the Bureau for Children and Families (BCF) and the court systems.
- Service Plans are required.

### Administrative Requirements (continued)



- All Medicaid members (students with Medicaid cards) and/or their parents or guardians have the right to freedom of choice when choosing a provider for treatment.
- All Medicaid providers should coordinate care if a member has additional Medicaid services at different sites.
- Appropriate releases of information should be signed and in compliance with the Health Insurance Portability and Accountability Act (HIPAA) and the Family Educational Rights and Privacy Act (FERPA.



### **MEMBER ELIGIBILITY**

School-Based Health Services includes medically necessary covered health care services pursuant to an Individual Education Plan (IEP) provided by or through the West Virginia Department of Education (DOE) or a Local Education Agency (LEA).

### Medical Necessity



#### **SERVICES AND SUPPLIES THAT ARE:**

- Appropriate and necessary for the symptoms, diagnosis or treatment of an illness.
- Provided for the diagnosis or direct care of an illness.
- Within the standards of good practice.
- Not primarily for the convenience of the plan member or provider.
- The most appropriate level of care that can be safely provided.

### Medial Necessity (continued)



Must be demonstrated throughout the provision of services. For these types of services, the following five factors will be included as part of this determination:

- Diagnosis (as determined by a physician or licensed psychologist)
- Level of functioning
- Evidence of clinical stability
- Available support system
- Service is the appropriate level of care

### Rounding Units of Service



- Services covered by Medicaid are, by definition, either based on the time spent providing the service or episodic. Units of service based on an episode or event cannot be rounded.
- Many services are described as being "planned," "structured," or "scheduled." If a service is planned, structured, or scheduled, this would assure that the service is billed in whole units; therefore, rounding is not appropriate.

The following services are eligible for rounding:

Services with 15 minute units.

In filing claims for Medicaid reimbursement for a service eligible for rounding, the amount of time documented in minutes must be totaled and divided by the number of minutes in a unit. The result of the division must be rounded to the nearest whole number in order to arrive at the number of billable units. After arriving at the number of billable units, the last date of service provision must be billed as the date of service. The billing period cannot overlap calendar months. Only whole units of service may be billed.

### Rounding Units of Service (continued)



Jan. 1	Jan. 2	Jan. 3	Correct Billing
5 minOT/PT	5 min OT/PT	5 min OT/PT	Bill 15 minutes OT/PT for January 3
Jan. 1	Correct Billing		
15 min OT/PT	Bill 15 minutes for OT	/PT for January 1	
Jan. 29	Jan. 30	Feb. 1	Correct Billing
5 min OT/PT	5 min OT/PT	5 min OT/PT	Cannot bill due to a new calendar month beginning
Jan. 1	Jan. 2	Jan. 3	Correct Billing
5 min OT/PT	10 min OT/PT	10 min OT/PT	Bill 15 minutes for OT/PT on January 3
Jan. 1	Jan. 2	Jan. 3	Correct Billing
5 min OT/PT	Absent from school or no Medicaid Services provided	10 min OT/PT	Bill 15 minutes for OT/PT on January 3

### Telehealth



- BMS encourages providers that have the capability to render services via Telehealth to allow easier access to services for WV Medicaid members.
- To utilize Telehealth, providers will need to document that the service was rendered under that modality.
- When filing a claim, the provider will bill the service code with a "GT" modifier.
- Each service in BMS Provider Manual, Chapter 538 is identified as "Available" or "Not Available" for Telehealth. Some service codes give additional instruction and/or restriction for Telehealth as appropriate.

## Telehealth (continued)



- All Medicaid conditions and regulations apply to Telehealth services unless otherwise specified in the BMS Provider Manual, Chapter 538.
- The provider must have an appropriately trained employee of the facility available in the building at all Telehealth contacts with a member. Appropriately trained is defined as trained in systematic de-escalation that involves patient management.
- The health care agency or entity as an enrolled WV Medicaid provider has the ultimate responsibility for the care of the patient. The practitioner performing services via telemedicine, whether from West Virginia or out of state, must meet the credentialing requirements contained within this manual.
- Telehealth providers must have in place a systematic quality assurance and improvement program relative to Telehealth services that is documented and monitored.

## Telehealth (continued)



- The practitioner who delivers the service to a member shall ensure that any written information is provided to the member in a form and manner which the member can understand using reasonable accommodations when necessary. Member's consent to receive treatment via Telehealth shall be obtained and may be included in the member's initial general consent for treatment.
- If the member (or legal guardian) indicates at any point that he or she wishes to stop using the technology, the service should cease immediately and an alternative method of service provision should be arranged.
- For further information and provider responsibilities regarding Telehealth services, refer to the Administration Services Training Module 1.

## **OT/PT** Services



- To be covered by Medicaid, occupational and physical therapy (OT/PT) services must be ordered by a participating physician or nurse practitioner and provided by or under the direction of a registered licensed occupational/physical therapist on an outpatient basis.
- "Under the direction of" means that the therapist is <u>on the premises</u> when the services are rendered and is available for any emergency or question that may arise. As circumstances permit, the therapist must be involved in patient education, including but not limited to, teaching the patient exercise, manipulation, and how to use devices for their own rehabilitation.
- Continuous progress/improvement must be documented for coverage of therapy. The member must show compliance with therapy.



- Continuation of services may be considered, when an exacerbated episode of a chronic condition is clearly documented.
- Member's representative has the freedom to choose services from Medicaid providers outside the school system. However, West Virginia cannot cover this duplication of services, that is, pay claims for the same services provided in the school system and also outside the school system by private providers. The Local Education Agency is responsible to have the Medicaid member's representative sign a consent for treatment form for any occupational or physical therapy services provided at a school that is intended to be billed to Medicaid.
- When school is not in session, continuation of therapy services, if necessary, should be coordinated with a qualified therapist in private practice. The treatment plan established by the school system should be written in a way that the private practitioner can pick up where the school therapist ended.



# Physical Therapy Assistants (PTA) Regulations to Bill under a Licensed Physical Therapist:

All Physical Therapy Assistants must meet and follow the regulations under WV State Code §16-1-1 through §16-1-9.

# Certified Occupational Therapy Assistant (COTA) Regulations to Bill under a Licensed Occupational Therapist:

All Certified Occupational Therapy Assistants must meet and follow the regulations under WV State Code §30-28-1 through 30-28-21.

#### Service Exclusions:

- Occupational/physical therapy services that are rendered to an inpatient in a hospital, skilled nursing facility, or other facility.
- Occupational/physical therapy services furnished to persons who are not eligible for such services on the date the services are rendered.
- Occupational/physical therapy services will not be authorized for members who have reached maximum rehabilitation potential.
- Separate payment for hot or cold packs (CPT 97010). Payment for this code has been bundled into the payment for other services.
- Experimental services or drugs.



#### **Physical Therapy Evaluation**

Procedure Code:	97001 GP
Service Unit:	Event
Telehealth:	Unavailable
Service Limits:	One per calendar year

Staff Credentials: Must be performed by a West Virginia Licensed Physical Therapist.

Definition: Physical Therapy Evaluation.

**Documentation**: Documentation of the evaluation must be completed within 20 days of the date of the date of service and include the following:

- PT diagnosis
- Recent PT therapy
- Prior functional status
- Plan of care
- PT profile and context
- Tolerance to independent activities of daily living (IADLs)
- Tolerance to activities
- Current splint and orthoses
- Recommendations
- Prognosis for treatment
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



#### Physical Therapy Re-evaluation

Procedure Code:	97002 GP
Service Unit:	Event
Telehealth:	Unavailable
Service Limits:	Two per calendar year

Staff Credentials: Must be performed by a West Virginia Licensed Physical Therapist.

Definition: Physical Therapy Re-Evaluation.

**Documentation:** Documentation of the re-evaluation must be completed within 20 days of the date of the date of service and include the following:

- Change or no change of PT diagnosis
- Frequency of PT
- Duration of PT
- Prognosis toward established goals
- Member compliance to treatment
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



#### **Occupational Therapy Evaluation**

97003 GO
Event
Unavailable
One per calendar year

Staff Credentials: Must be performed by a West Virginia Licensed Occupational Therapist.

Definition: Occupational Therapy Evaluation.

**Documentation:** Documentation of the evaluation must be completed within 20 days of the date of the date of service and include the following:

- OT diagnosis
- Plan of care
- Recent OT therapy
- Prior functional status
- Weight bearing activities
- OT profile and context
- Tolerance to IADLS
- Tolerance to activities
- Current splint and orthoses
- Recommendation
- Prognosis for treatment
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



#### **Occupational Therapy Re-evaluation**

Procedure Code:	97004 GO
Service Unit:	Event
Telehealth:	Unavailable
Service Limits:	Two per calendar year

**Staff Credentials:** Must be performed by a West Virginia Licensed Occupational Therapist.

**Definition**: Occupational Therapy Re-evaluation.

**Documentation:** Documentation of the re-evaluation must be completed within 20 days of the date of the date of service and must include the following:

- Change or no change of OT diagnosis
- Frequency of OT
- Duration of OT
- Prognosis toward established goals
- Member compliance to treatment
- Update to tolerance to IADLS
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



Procedure Code:	97112 (GO for OT) or (GP for PT)
Service Unit:	15 minute unit
Telehealth:	Unavailable
Service Limits:	Sixteen-15 minute units per calendar month per discipline

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition**: Neuromuscular reduction of movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities.

- OT/PT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



#### **Occupational and Physical Therapy Services**

Procedure Code: 97533 (GO for for OT) or (GP for PT)	
Service Unit: 15 minute Unit	
Telehealth: Unavailable	
Service Limits: Sixteen-15 minute units per calendar month per disc	cipline

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition:** Sensory integrative techniques to enhance sensory processing and promote adaptive response to environmental demands, direct (one-on-one) patient contact by the provider, each 15 minutes.

- OT/PT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



Procedure Code:	97530 (GO for OT) or (GP for PT)	
Service Unit:	15 minute unit	
Telehealth:	Unavailable	
Service Limits:	Sixteen-15 minute units per calendar month per discipline	

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition:** Therapeutic activities, direct (one-on-one) patient contact by the provider (use of dynamic activities to improve functional performance).

- PT/OT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



97532 (GO for OT) or (GP for PT)
15 minute unit
Unavailable
Sixteen-15 minute units per calendar month per discipline

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition:** Development of cognitive skills to improve attention, memory, problem solving, (includes compensatory training), direct (one-on-one) patient contact by the provider, each 15 minutes.

- PT/OT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



Procedure Code:	97116 (GO for OT) or (GP for PT)
Service Unit:	15 minute unit
Telehealth:	Unavailable
Service Limits:	Sixteen-15 minute units per calendar month per discipline

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

Definition: Gait Training and Stair Climbing.

- PT/OT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



Procedure Code:	97113 (GO for OT) or (GP for PT)
Service Unit:	15 minute unit
Telehealth:	Unavailable
Service Limits:	Sixteen-15 minute units per calendar month per discipline

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition:** Therapeutic procedure, one or more areas, each 15 minutes; aquatic therapy with therapeutic exercises.

- PT/OT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



Procedure Code:	97032 (GO for OT) or (GP for PT)
Service Unit:	15 minute unit
Telehealth:	Unavailable
Service Limits:	Sixteen-15 minute units per calendar month per discipline

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition:** Application of a modality to one or more areas; electrical stimulation (manual), each 15 minutes.

- PT/OT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



Procedure Code:	97140 (GO for OT) or (GP for PT)
Service Unit:	15 minute unit
Telehealth:	Unavailable
Service Limits:	Sixteen-15 minute units per calendar month per discipline

**Staff Credentials**: Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition:** Manual therapy techniques (e.g. Mobilization/manipulation, manual lymphatic drainage, manual traction), one or more regions, each 15 minutes.

- PT/OT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



#### **Occupational and Physical Therapy**

•	
Procedure Code:	97110 (GO for OT) or (GP for PT)
Service Unit:	15 minute unit
Telehealth:	Unavailable
Service Limits:	Sixteen-15 minute units per calendar month per discipline

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition:** Therapeutic procedure for one or more areas, each 15 minutes, therapeutic exercise to develop strength and endurance range of motion and flexibility.

- OT/PT interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times



#### **Occupational and Physical Therapy**

•	
Procedure Code:	97150 (GO for OT) or (GP for PT)
Service Unit:	15 minute unit
Telehealth:	Unavailable
Service Limits:	Sixteen-15 minute units per calendar month per discipline

**Staff Credentials:** Must be performed by a West Virginia Licensed Physical Therapist, PTA, Licensed Occupational Therapist or Certified Occupational Therapy Assistant (COTA).

**Definition:** Therapeutic procedure(s), group (2 or more individuals).

- PT/OT Interventions utilized
- Signature with credentials
- Place of service
- Date of service
- Start-and-stop times

### **Covered School-Based Services**



### **DOCUMENTATION:**

- Original documentation must be maintained at the LEA Board of Education central office. This includes billing forms, progress notes and evaluations. The LEA may keep an electronic version of such documentation.
- Providers may keep copies of the documentation for their use.
- Do not keep Medicaid member records in your car or home.
- For further information regarding documentation requirements refer to the Administration Services Training Module 1.

### School Based-Health Services Contacts

#### **MEDICAID PARTNERS**

West Virginia Department of Education

- **Office of Federal Programs**:
- Contact: Terry Riley 304-558-1965

tjriley@k12.wv.us

#### **Bureau of Medical Services (BMS):**

http://www.dhhr.wv.gov/bms/Programs/Pages/default.aspx

Home and Community Based Services Unit

**School Based Health Services** 

Contact: Cynthia Parsons 304-356-4936

Cynthia.A.Parsons@wv.gov