

**Tip Sheet**  
**Personal Attendant**  
**Occupational/Speech/Physical Therapy Plan-Home**

TBI Waiver Personal Attendant services are defined as long-term direct care and support services that are necessary to enable a person to remain at home rather than enter a nursing home, or to enable a person to return home from a nursing home.

The Personal Attendant's primary function is to provide direct personal care assistance outlined in the member's Service Plan. Such assistance also may include the supervision of members. . As time permits, Personal Attendants may also provide other incidental services such as changing linens, meal preparation, and light housekeeping (sweeping, mopping, dishes, and dusting). The scope of personal attendant services may include performing incidental services however, such activities may not be the only services provided. Personal Attendants may also assist the person to complete essential errands and community activities and supervision of health and welfare risk factors in the home and community.

**Implementation of a home Speech Therapy (ST) plan**

Communication and cognitive exercises may be a covered activity by the personal attendant with the member if the activity is on the member's Service Plan and there is a written occupational therapy and/or speech therapy home program.

- Oversees any required rehabilitation exercises as written in the Speech Therapy Plan

**Implementation of a home Occupational Therapy (OT) plan and continue with implementation of Physical Therapy (PT)**

Personal attendants may aid with Range of Motion (ROM) exercises, such as walking, if there is a current/valid order from a physical therapist (PT) and/or a doctor. If there is no order, the activity should be provided as Informal Support until the case management agency is able to secure an order

- Passive Range of Motion (ROM) is an example of an activity needing a physician's order which specifically describes the activities needed and the number of times per day and length of time per session needed.
- Oversees any required rehabilitation exercises as written in the OT and/or PT plans.