

**Take Me Home**



# Take Me Home Transition Program

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Contact Us For More  
Information!

Toll Free: 1-855-519-7557

Phone: 304-356-4926

# Helping You Get Home

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The Take Me Home Transition Program works with you or your loved one to try to make it possible to transition out of long-term care and back into the comfort of living in your own home.

Once we receive a referral from the *Aging and Disability Resource Network (ADRN)*, the staff at TMH works with you every step of the way to help you transition back into the community.

# How We Started

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The Take Me Home Transition Program is a federally funded Money Follows the Person (MFP) Research and Demonstration grant program. Congress established MFP through the Deficit Reduction Act of 2005 and expanded the program through the Patient Protection and Affordable Care Act of 2010. MFP supports efforts by state Medicaid programs, such as the Bureau for Medical Services (BMS), to give people with disabilities greater choice in where to live and receive long-term services and supports. Each state MFP program consists of two parts:

A transition program to identify Medicaid beneficiaries living in long-term care facilities who wish to live in the community and help them do so, and;

A rebalancing program through which states make system-wide changes that allow more Medicaid beneficiaries with disabilities to live and receive services in the community

# Let's Talk Qualifications

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In order to participate in the Take Me Home Transition Program, you will need to qualify for our services. Would you or your loved one answer “yes” to the questions below? If so, you should consider contacting the ADRN to initiate a referral to Take Me Home.

1. Do you currently reside in a qualifying institution?
  - a.) Qualifying institutions include:
    - i. Nursing facilities,
    - ii. Hospitals,
    - iii. Or Institution for Mental Disease (IMDs).
2. Have you lived in a qualifying institution for at least 90 consecutive days?
3. Do you have, or wish to transition to, a home or apartment in the community?
4. Are you currently eligible, or likely eligible, for either the Aged and Disabled (ADW) or Traumatic Brain Injury Waiver (TBIW) program?

# Referrals

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The Aging and Disability Resource Network (ADRN) assists seniors and persons with disabilities find appropriate long-term services and supports. To initiate the process of working with TMH a referral must be made to the ADRN.

Referrals can be initiated by calling the ADRN at (866) 981-2372 or by submitting the Take Me Home Transition Interest Form. ADRN staff will help you and your family to identify and understand the community-based service options available to you, including the Take Me Home Transition Program. If you are likely to qualify for TMH, the ADRN will send the referral directly to our Transition Manager to get the TMH process started. If you do not qualify for TMH, ADRN staff will provide the information, referral, and other support to assist you in accessing community-based services if that's what you wish to do.

# Interest Form

**Please note: This is not a referral.**

Information on the status of this Interest Form for the Take Me Home Transition Program can be shared only with you, your legal representatives, appropriate facility staff, and others you designate.

## INTEREST FORM

Individuals wishing to transition from long-term care facilities (such as nursing homes) to the community often face numerous obstacles including a lack of funds for security and utility deposits, lack of basic household items and furniture, limited community supports, and no one to help develop comprehensive plans to transition home. The Take Me Home (TMH) Transition Program is a program of the West Virginia Bureau for Medical Services that can help address many of these barriers. TMH can provide services and supports including Transition Coordination, Pre-transition Case Management and Community Transition Services to qualified applicants.

If you or someone you know would like more information about the Take Me Home Transition Program, please fill out this form and submit it to the Aging & Disability Resource Network (ADRN). A Resource Counselor from the ADRN will contact you and answer any questions you may have. Please note that this Interest Form is not a referral.

If after talking with the ADRN staff, you would like to be referred to TMH, the ADRN will complete a TMH Referral Form and send it to TMH if appropriate. If it appears that you will not qualify for TMH, ADRN staff can discuss other options available to help you meet your goals of returning to the community (such as State Plan Personal Care Services and the Olmstead Transition and Diversion Program).

Resident's/Patient's Name:

Resident's/Patient's contact information:

Facility Name:

Facility contact information:

Legal Representative Name (if applicable):

Legal Representative contact information (if applicable):

If you are completing this form on behalf of a Resident/Patient other than yourself, please fill out the following contact information:

Your Name:  Relationship to Resident/Patient:

Your contact information:

Have you discussed this Interest Form with the Resident/Patient (or legal representative if applicable)?  Yes  No

Please submit this form to the ADRN by:  
Fax: 304-766-4137, Email: [ADRN@wvstateu.edu](mailto:ADRN@wvstateu.edu) or  
Mailing Address: Metro Area Agency on Aging - ADRN, 1400 Ohio Avenue - Suite B, Dunbar, WV 25064

Note: This is not a referral. Information on the status of this Interest Form for the Take Me Home Transition Program can be shared only with the Resident/Patient, their legal representatives, appropriate facility staff, and others they designate.

Effective 8-2020

# What Happens Next?

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Once Take Me Home has received your referral from the ADRN, a TMH staff member will contact you within seven (7) calendar days to schedule your intake interview.

An intake interview is just the formal name for the meeting or phone call with you so that we can give you more detailed information about our program. It is also an opportunity for us to confirm that you are interested in transition to the community and gather the information we will need to determine your eligibility for the TMH.

# Your Transition Coordinator

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A Take Me Home Transition Coordinator will be assigned to help you through the transition process. We have five (5) Transition Coordinators strategically positioned around the state who live in and are a part of the community you will be transitioning into. Your Transition Coordinator will help you every step of the way by:

- Conducting face-to-face interviews with you to share information about options for returning to the community;
- Assessing your transition support needs, including risk factors that may jeopardize your safe and successful transition to the community;
- Developing a Transition Plan that outlines the services and supports you will need to help you transition to the community;
- Providing support to you in applying for the Waiver and identifying and applying for appropriate housing;
- Arranging and facilitating the procurement and delivery of needed services and supports including, but not limited to, Waiver transition services prior to transition.



# Readiness and Eligibility

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Before we can begin planning for your transition, we have to finalize a few things.

1. You must be determined medically and financially eligible for either the ADW (aged and disabled waiver) or TBIW (traumatic brain injury waiver) program,
2. AND have a home or apartment to return to or have initiated the search for housing by submitting at least one housing application within ninety (90) days of qualifying for TMH.! We can help you with that! If you do not have a home to return to yet, **NO PROBLEM!** We can help you with that!

# Housing in the Community

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One of the most significant barriers for anyone transitioning back into the community from long-term care facilities is the lack of affordable, accessible, safe, and integrated housing. Take Me Home has a full-time Housing Coordinator who can help you identify appropriate housing opportunities. This could be:

- Your own home
- A family members' home, or
- Your own apartment

# Take Me Home Services and Supports

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You are not alone if you are worried about certain obstacles standing in your way of returning to the community. You may be worried about a lack of funds for security and utility deposits, a lack of basic household items and furniture, limited community supports, and no one to help you develop a plan to transition home. TMH helps address many of these barriers by providing services and supports including Transition Coordination, Pre-transition Case Management and Community Transition Services to qualified applicants.

- Transition Coordinators work one-on-one with you and your Transition Team
- Pre-transition Case Management is provided to ensure that direct-care services are in place day-one of TMH participants' return home.
- The Community Transition Service covers many one-time expenses needed to establish a home in the community.

# Community Transition Services

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The Community Transition Service is a Medicaid Waiver service that covers many one-time expenses needed to establish a home in the community. Community Transition Services may include:

- Home accessibility adaptation modification
- Home furnishings and essential household items
- Moving expenses
- Utility deposits
- Transition support
- Personal Emergency Response System (PERS)
- Equipment and Specialized Medical Supplies necessary to enhance safety and independence in the community
- Aids such as handheld showers and shower chairs

# COVID-19 Pandemic Services

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The Take Me Home Transition Program can provide three services that can help address challenges faced by TMH participants throughout the COVID-19 pandemic.

These services, which will only be available during the pandemic emergency declaration, include:

- Communication device or other equipment (such as an iPad or other tablet) to support virtual assessments, Service Planning and telemedicine visits.
- Internet connectivity to enable the use of telehealth services or other virtual services.
- Food pantry stocking and cleaning/disinfecting services

# Contact Us!

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Please visit our [website](#) to learn more about the Take Me Home Transition Program!

To make a referral please contact the Aged and Disabled Waiver Program (ADRN).

You can reach the ADRN by calling (866) 981-2372.

Or fill out our TMH Interest form! You can find it on our website [here](#).

For specific questions regarding our Transition Program, please contact

Sara Martin: 304-356-4879, [sara.k.martin@wv.gov](mailto:sara.k.martin@wv.gov)

For general TMH program questions please contact our Director

Marcus Canaday: 304-356-4847, [Marcus.Canaday@wv.gov](mailto:Marcus.Canaday@wv.gov)