

# PERSONAL CARE

## Plan of Care

Month

Year

Last Name	First Name	Middle Name	DOB	Service Level <input type="checkbox"/> 1 <input type="checkbox"/> 2
Plan of Care by: _____ RN Signature			Date _____	
			Plan Period (Month & Year):	

Date: Check correct day (Any change in schedule must be pre-approved and documented on back.)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>	9 <input type="checkbox"/>	10 <input type="checkbox"/>	11 <input type="checkbox"/>	12 <input type="checkbox"/>	13 <input type="checkbox"/>	14 <input type="checkbox"/>	15 <input type="checkbox"/>	
	16 <input type="checkbox"/>	17 <input type="checkbox"/>	18 <input type="checkbox"/>	19 <input type="checkbox"/>	20 <input type="checkbox"/>	21 <input type="checkbox"/>	22 <input type="checkbox"/>	23 <input type="checkbox"/>	24 <input type="checkbox"/>	25 <input type="checkbox"/>	26 <input type="checkbox"/>	27 <input type="checkbox"/>	28 <input type="checkbox"/>	29 <input type="checkbox"/>	30 <input type="checkbox"/>	31 <input type="checkbox"/>
Day of Week:																
Time Arrived:																
Time Left:																
Total Hours:																
Member's Initials:																

### Personal Care Tasks

Bath: S P T																
Skin Care: S P T																
Hair: S P T																
Mouth Care: S P T																
Dressing: S P T																
Ambulation: S P T																
Transfer: S P T																
Toileting: S P T																
Positioning: Turn Every ____ Hour(s) Up in Chair __ per day																
Prompt to take Medication																
Meals: <input type="checkbox"/> B <input type="checkbox"/> L <input type="checkbox"/> D <input type="checkbox"/> Snacks ____ # Diet Special Directions:																
List Essential Errands:																
List Community Activities:																

SPECIALIZED TREATMENTS (DCW will be trained specifically on this care delivery): \_\_\_\_\_

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*Travel documentation for Essential Errands and Community Activities if planned.*

**NOTE: Community Activities are not to exceed 20/hours per month.**

Date	What was the destination and Purpose of the travel?	Was the member with you? Yes/No	How much time was spent?	Member Initials

Date: Check correct day	1□	2□	3□	4□	5□	6□	7□	8□	9□	10□	11□	12□	13□	14□	15□	
Note Time assigned for each task:	16□	17□	18□	19□	20□	21□	22□	23□	24□	25□	26□	27□	28□	29□	30□	31□
Making/Changing Bed																
Laundry:																
Dishwashing:																
Dust, Vacuum/Sweep, Mop, Straighten																
Other:																
TOTAL TIME SPENT																

**Total Environmental Tasks must not exceed 1/3 of the total plan of care.**

<p>I have reviewed this worksheet and to the best of my knowledge and belief the reported information is complete and accurate.</p> <p>Date: _____</p> <p>R.N. Printed Name: _____</p> <p>R.N. Signature: _____</p> <p>Comments: _____</p>	<p>By signing, I certify that the reported information is complete and accurate. I understand Payment of the services certified on this form will be from Federal and State Funds, and that any false claims, statements, documents or</p> <p>_____ Date: _____</p> <p>Member/Legal Representative Signature</p> <p>DCW Name: _____ Date: _____</p> <p>DCW Signature: _____ Date: _____</p>
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Comments: