



# West Virginia HealthCheck

## When Should You Take Your Child to the Doctor?

“ If my child is not sick, should I still make an appointment? ”

**YES!**

- You will talk about normal growth and development for your child.
- Your child will receive tests for hearing and vision.
- Your child will receive an oral health screen and referral to a dentist.
- Your child will receive a head-to-toe physical exam.
- It is an easy way to keep up to date on your child's shots.

### Well Child Checkups

Well child checkups are important because they allow your doctor to make sure your child is healthy and growing well. They also give you a chance to ask questions and discuss any concerns you may have. Checkups can detect health problems early and, in some cases, prevent health problems from occurring.

Your child's health care provider may be a doctor (MD or DO), physician assistant (PA) or nurse practitioner (NP).

### Schedule of Well Child Checkups

Infancy	Early Childhood	Middle Childhood	Adolescence
<ul style="list-style-type: none"> <li>• Newborn</li> <li>• 3-5 days</li> <li>• By one month</li> <li>• 2 months</li> <li>• 4 months</li> <li>• 6 months</li> <li>• 9 months</li> </ul>	<ul style="list-style-type: none"> <li>• 12 months</li> <li>• 15 months</li> <li>• 18 months</li> <li>• 24 months</li> <li>• 30 months</li> <li>• 3 years</li> <li>• 4 years</li> </ul>	<ul style="list-style-type: none"> <li>• 5 years</li> <li>• 6 years</li> <li>• 7 years</li> <li>• 8 years</li> <li>• 9 years</li> <li>• 10 years</li> </ul>	<ul style="list-style-type: none"> <li>• 11 years</li> <li>• 12 years</li> <li>• 13 years</li> <li>• 14 years</li> <li>• 15 years</li> <li>• 16 years</li> <li>• 17 years</li> <li>• 18 years</li> <li>• 19 years</li> <li>• 20 years</li> </ul>

### Be Prepared for Your Child's Checkup

- Write down any questions you may have about your child's health.
- Bring a list of all medications that your child is taking including prescriptions, over-the-counter meds and vitamins.
- Bring a copy of your child's shot record.
- Ask about a follow-up appointment.



**West Virginia HealthCheck Program**

**1-800-642-9704**

[www.dhhr.wv.gov/healthcheck](http://www.dhhr.wv.gov/healthcheck)